

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Castleton, Vermont

CSC grad slain in Georgia shooting



Former CSC grad Michael Biancosino was the victim of a shooting that took his life.

By Elicia Mailhot and Anders Ax
Castleton Spartan

Michael Biancosino, a Castleton State College graduate, was shot and killed early Saturday morning while driving in Savannah, Ga. with 21-year-old Emily Pickels, who was also shot and killed.

The 2007 graduate and former Sigma Delta Chi president, fondly referred to as "Tuna," worked with his brother, Jaime Casino, at the Casino Law Group

personal injury firm. Biancosino was 30 years old.

In a press release issued by the Savannah-Chatham Metro Police Department, patrol officers in the vicinity heard shots fired at 3:47 a.m. and found the vehicle crashed through a brick fence surrounding the Frazier Homes apartments at the west end of Henry St. and MLK Blvd.

Julian Miller, police public affairs administrator, said the investigation is continuing and that no new information could be

released.

In a telephone interview Wednesday, a somber Casino talked about his brother and how close they had become, especially since he had moved to Georgia to work at his law firm.

"It's almost like we were together from the time we woke up to the time we went to bed," said Casino, "and having that pulled away from you is terrible."

After Biancosino joined the firm in 2009, Casino said the company went

from having a moderately sized client base to a high volume firm.

"Michael is every bit of responsible for that as I am," Casino said. "I'm never going to be able to replace him because he had all the ingredients."

Biancosino's passing devastated those who knew him from the courthouse, the district attorney, and the clients who worked with him, his brother said.

"I have lawyers crying

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Wolk touts success, plans future

By Jill Bassett
Castleton Spartan

Dave Wolk took the stage Aug. 30 in the Casella Theater detailing past improvements and advancements to come.

He said 2012 offers a lot of great reasons to celebrate with December being the college's 225th anniversary, September being the 50th anniversary of the nursing program and the completion of the 2012 master plan.

"We celebrate a mission accomplished and the beginning of a new Castleton plan," Wolk said with a huge smile on his face. Ten years and \$70 million later, the school has built five new dorms, new facilities, and made major advancements in the Huden Dining Hall, he said.

"Huden now feels more like home," he said.

And with the completion of Hoff Hall, the first building in the state ever named after a governor who did more to support higher education than any other, on-campus living will have increased by close to 40 percent in the past eight years, he said.

Wolk also touted the creation of the first certificate for civic engagement, Castleton's polling institute and the planting of 10 Spartan apple trees. The school even set a Guinness World Record and got exceptional feedback during its 10-year re-accreditation process, he said.

His talk then detailed specific projects as part of the 10-year plan from new bathrooms and a roof in Adams Hall to energy efficient LED lighting across campus and major renovations to the science center.

But Wolk stressed that the growth isn't done.

"In the winter we will transform the Pavilion itself into a covered recreational skating rink, open to everyone at the college and in the community free of charge," he announced to thunderous applause.

And now the college is embarking on a new master plan to continue moving forward, he said.

"I can tell you that I have never been more excited about the college, and our future, than I am today."

Sodexo has students salivating

By Erica Bilodeau
Castleton Spartan

It's 12:15 p.m. on a Tuesday. You just got out of class and are heading to lunch. You walk up the steps of Huden and are greeted by the employee ready to scan your key card to let you in. Once you are inside, you take a minute to look around.

Your senses are flourishing.

You see people everywhere. Groups of friends, teams and faculty are laughing and enjoying a lunch together. Some people are waiting in line for a freshly prepared sandwich while others opt for the hot meals.

The very distinguishable "Huden" smell is looming, but is overpowered by the scent of the meals, from the create-your-own burgers bringing you back to the summer barbecues to the stir fry that is being prepared to order next to the salad bar.

You're excited; this is what you expect out of a dining hall.

As soon as the campus community was notified last semester that Sodexo would replace Aramark as the new dining services provider at Castleton, the students were energized. Complaints about food were common in years past and incoming students were be forewarned by their peers.



KATIE SAULT/CASTLETON SPARTAN

Students wait to be served in the newly renovated Huden Dining Hall.

But not any more.

The first meal Sodexo served after all of the students arrived back on campus was a hit. Students flocked the dining hall to get their first look at what was done and with the semester now well underway, students are still happy with their new food choices.

Meghan Hakey, a junior theater major, talked about the extended hours at Huden.

"We usually have late rehearsals and now we are still able to get dinner," she said.

The dining hall is now open until 9 p.m. Monday through Thursday and until 7 p.m. on Fridays. This al-

lows for athletes, students with late classes and those who prefer a later dinner to still get a meal without using points at Fireside or needing to venture off campus.

The meal plan options are similar to those that were offered last year, but senior Corrie Keener said that she was extremely pleased with the commuter meal plan. She said she was hesitant to purchase one but is satisfied with the new food selections and low prices.

Sodexo also installed the "MyZone" kitchen to allow students with food allergies to grab food that is guaranteed to not be contaminated by anything

else. The station features a fridge with different alternatives to dairy products, a special toaster and microwave to use with gluten free bread only, and a variety of other snacks.

And Huden is now offering a vegetarian section on a daily basis. This allows for vegetarian and vegan students to have meal options all the time.

"The vegetarian food is ten times better," said senior Staci Jedlick. "Last year I could only eat salad and cereal!"

According to the website, students are offered "locally grown and produced produce and dairy, fresh fruits and salads, fresh baked pizza and pas-

ta, new options for customizing meals, homemade soups, and more!"

For others, the deserts are a hit.

"They have real ice cream this year," cheered Kenny Thar when asked what his favorite part about the dining hall was. It actually tastes awesome!"

And perhaps the biggest change that students love is how Sodexo allows them to take food out of Huden. For \$5, they receive a plastic to-go container to grab a meal for takeout. When finished, they can bring the container back and swap it with a clean one!

Senior Jacob Schep-

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Animal Planet to use Spartan story

By Courtney Parker
Castleton Spartan

The infamous legend of Bigfoot has left people puzzled for years as they ponder the validity or myth surrounding the creature.

Now Castleton, along with the state of Vermont, is getting in on the action as Animal Planet uses a past Castleton Spartan article to showcase peculiar findings, possibly linking Bigfoot to the Vermont area, in one of its Finding Bigfoot segments.

The article was published in a Spring 2006 edition of the Spartan and written by former Castleton student Kenneth Tyler.

Featuring a past Castleton professor, Warren Cook, it will be used in an upcoming series about Big-

foot findings in and around the Vermont area.

"It makes me miss journalism," said Tyler reminiscing on his time at Castleton and his work with the paper.

He briefly got involved in the journalism field in college after his time in the military and said he was inspired to further pursue it by communications professor David Blow.

After college, Tyler worked at the Post-Star newspaper in Glens Falls, N.Y. for several years and now resides in Dorset as a print technician at McGraw Graphics.

Tyler's article will appear in episode 217, "Green Mountain Bigfoot," as part of Animal Planet's Finding Bigfoot series.

Finding Bigfoot, which

has been on the air since May 2011, consists of four researchers who travel around the globe in search of the infamous Sasquatch.

The crew journeys to various points based on reported eyewitnesses and collective evidence to launch their own investigations, all in hopes of catching a glimpse of Bigfoot.

This fall's season will kick off on Nov. 11 and is scheduled to run regularly on Sunday nights.

Tyler's piece is set to air Dec. 23 and will be used, along with several others, as B-roll as the cast describes recent squatch activity in central Vermont.

"One of our witnesses collects Bigfoot clippings, and he sent us a stack of

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Former student Ken Tyler's story on Bigfoot will be featured on Animal Planet's 'Finding Bigfoot.'

Don't "diss" respect

Spartans. Knock it off.

It's good to be back on campus, it's great to see your friends, it's fine that you want to party. And we do. But it's excessive. There's got to be a limit to the party and the noise. We didn't have such a hot start to the school year making us look good, that's for sure.

The sheer magnitude of students that prowled this town inebriated over the last few weekend evenings was embarrassing and of no end to annoyance for the folks who live here. Not one cent of respect was given to the residents of this town once we got back.

We were very loud. We were very drunk. We were leaving garbage, cans and broken glass on lawns and in the streets. We yelled from house to house, in back yards, blared music, and treated Castleton as if it were literally a stomping ground. As if we owned the place.

But we don't own Castleton. The people who own Castleton are the people who pay taxes and live fifty two weeks out of the year here. We are guests. But we're the kind of guest that arrives completely belligerent, demands to be treated with respect and gives none. And then we hang out for fifteen weeks. How would you like that guest living in your house?

It's ironic that in between all that noise, booze and good times, we were harming ourselves the most. Could you hear the ambulances shriek through the streets of



Students walk South Street on a Friday evening.

ANDERS AX / CASTLETON SPARTAN

the weekends? Did you see the flashing lights of the police?

We think it's a game, that we're just having fun and that we've earned the right to indulge in the atmosphere of the party. Now look ahead. You're an adult, you have children and responsibilities. What would you do if there were groups of rowdy students walking the streets every weekend for the better part of the year?

Put yourself in the shoes of the people that are here throughout the year and think

about how they feel. Ask yourself: Do the cops want to break up a party of drunken students? Do you think EMTs appreciate transporting us when we become alcohol poisoned and need to shove a tube down our throat and into our stomach?

Treat the residents of this town with respect. Treat the people who go out of their way to protect us, the EMTs and the officers who keep us safe and patrol this town, with respect. Deny any of them that simple human right, and they will make our lives very difficult. And treat your-

selves with respect. You determine the legacy of this school.

Think. We're adults now. The gang's all here and have a good time, by all means. But do it in a way that will not hurt and offend those around. You do not have the right to stigmatize future students from the decisions that could have been prevented if it weren't with just some common sense and courtesy.

Remember, we are Spartans. Reign it in and walk tall.

-Anders Ax

Bourbon, scotch...and bath salts?

Thinking about doing bath salts, really?

The use of illegal substances is a funny topic, especially in college. At this age, it seems everyone is enjoying the freedom and living the, "hey, why not?" lifestyle, since they may never get a chance to experiment again. Why not do it now? YOLO, after all.

Well, this unique subculture got a swift kick in the pants this summer when a man allegedly on a new synthetic drug compound dubbed "bath salts" ate most of a homeless man's face before being shot dead.

"Bath salts?" you could hear the community ask. "What are those, I've never heard of them!

Know anyone I can get them from?"

It seems it came on the scene so fast, because within the month there were reports of violent attacks and uncharacteristic behavior across the country, and all of it from people on bath salts. In nearby Utica, N.Y. there was a remarkable seven bath salts-related incidents in two weeks, all involving symptoms very similar to what the country experienced in late May; extreme paranoia, hallucinations, and violent tendencies.

Miami, Toronto, Utica, and even as close to home as Rutland, there have been reported bath salts crimes and deaths in the three short months since the

drug first came into the spotlight in May.

Here's the funny thing: it turns out the man in Miami that started all of this wasn't even on the drug, according to the medical examiner in charge of the autopsy.

Regardless, here's the question everyone should be asking: if a culture's first "exposure" to a drug is that of a violent attack that made some think of a zombie outbreak, what would possess anyone else to try it? According to Sgt. Jeff Glover, a police spokesman in Tempe, Arizona where several bath salts crimes occurred, "More people should be made aware of the dangers."

Who wasn't aware of the dangers from the beginning? The first exposure, no matter how false it was, involved a man's face being eaten off. Isn't that awareness enough right there? Clearly not, because within months a woman is running naked through traffic saying her clothes are electrocuting her, a man is hiding on his roof because all the people around him are "going to ambush" him, and several people end up simply dying on the drug.

There is absolutely no reason for this drug to ever be consumed. Some people online are making claims that marijuana being criminalized leads people to search for other ways to get

high, but that's absolute trash because no one's giving anyone else a drug consumption quota.

We here at the Spartan think it's time for people to be held accountable. If you take a drug that's known to end people's lives, that's your choice and the consequence is with you and no one else. It's outrageous that people are trying to blame the problem on legislation when it's really the fault of the user for not making a simple choice: don't do bath salts.

-Nick Minarik

Castleton Spartan

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tan online!- www.
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com

Nice to meet you: Giovanni Salazar

By Rebecca Roe
Castleton Spartan

Q: What brought you to Castleton State?

A: "My eagerness to teach my own language and my own culture. I want to share it all with the students who want to learn about it."

Q: What's your favorite part about Castleton?

A: "People are so friendly, reliable, and patient. They take their time to listen to me because I need some time for thinking aloud for what I'm going to say. People are wonderful!"

Q: Describe your duties here.

A: "Basically, I teach Spanish. I tutor students and help them to brush up on their skills, conversation and their grammar."

Q: What is your goal here?

A: "To help people to improve and to help myself to improve. Also to get knowledge and to share my knowledge and to join two different cultures."

Q: What was most shocking about arriving in Castleton?

A: "I haven't had something shocking, yet. I don't think I'll have anything shocking because one of the requirements for this program is to be flexible and I'm a quite flexible person."

Q: What do you miss the most about home?

A: "My family, and friends."

Q: What do you think of the Spanish program here?

A: "I think that it's an ideal environment because when a student

comes here to the department with me and the other professors, they have to think in Spanish and we have our cultural backgrounds and they have to understand our backgrounds and they have to express the way we do."

Q: Think back a year ago, where did you think you would be by this time now?

A: "Of course, I knew I would be here. One year ago, I made my decision that I was going to go to Castleton State College. I had to begin to study English."

Q: Are you happy with where you are in life now?

A: "Yes, I'm thrilled!"

Q: What's your favorite part about your job?

A: "I am sharing with people. I'm talking to people all the time. I'm giving people skills for them to be better."

Q: What's your least favorite?

A: "I wish I had more time to talk and give the students the confidence they need."

Q: What's your life-long dream?

A: "To be with people that I love and to have my basic necessities covered."

Q: What's your hobby outside of work?

A: "I like sports like riding bicycles and soccer. I also like to read and learn languages."

Q: How has this experience changed you for the better?

A: "I realized that I'm flexible because here, everything is so different. So that's an important change for me."

Q: How has this experience changed you for the worst?

A: "Nothing. Everything is perfect here. I don't have complaints."



ANDERS AX / CASTLETON SPARTAN
Salazar is the Spanish teaching assistant from Puerto Rico.

Club offering stargazing parties

By Molly Demellier
Castleton Spartan

Castleton State College recently announced it will be hosting on campus parties occasionally throughout the semester. The astronomy club, which is a part of The Green Mountain Alliance of Amateur Astronomers, will frequently be holding star parties in which they will open the school's observatory on specified Friday nights to allow students and residents to come observe the night sky.

"This is the first year we are making a bigger effort to get students to come out," said Castleton physics professor Catherine Garland, who also touted the club's new Facebook

page that will be used for posting astronomy facts and informing students of upcoming events.

The hosting of star parties and opening of the observatory is not a new concept to the Castleton Campus, although it has had limited success in the past.

"Every single one got clouded out last year," she said, adding that the club is still hopeful that this year will bring better conditions for stargazing.

The observatory is home to an antique telescope that is one of 50 that were produced in the 1960's and the only one still in operation. It may be modestly covered with a Volkswagen

Beetle car cover but the GMAAA founder, Ron Lewis, calls the scope a "hidden gem in the hills of Vermont."

Lewis and Garland explained that the telescope had been completely abandoned, but with the help of Castleton State College's President Dave Wolk and antique telescope restoration professionals, the club was able to dust off the cobwebs and repair it for optimal viewing.

Today, the telescope is mounted on an equatorial mount that is powered by a mechanical



MOLLY DEMELLIER/CASTLETON SPARTAN

The founder of the club, Ron Lewis, looks through a telescope.

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You want my FB? Really?

By Elishia Fletcher
Castleton Spartan

You're at an interview for your dream job. Your hands are shaking, palms are sweaty and you're hoping you sound intelligent while answering the questions. The potential boss seems impressed with your credentials and personality. The interview is coming to an end and you are confident that you are getting the job.

Then you are asked one more question. Your potential new boss wants your username and password for Facebook. What do you do?

Employers are increasingly asking potential employees for their username and password for Facebook. They want to login and be you to see what you and your friends are saying and what pictures you have.

"Nobody ever has a right to demand your username and password to Facebook or any other networking site for any reason. Period. Even the police," said Jane Price, career specialist at DePaul University, in an e-mailed response.

According to Facebook's terms of service, if the company learns that you gave your information to someone, your account will be shut down. This breaches the terms of service you sign when creating the account.

Sarah Duncan, a service manager for a chain grocery store, said she would never ask for a person's Facebook information.

"Absolutely not! It's their personal business which should be kept separate from the work place," she said.

But Judith Carruthers, the former director of Ca-

reer Development at Castleton, was less worried about employers asking to pry deep into students' Facebook accounts when interviewed last semester. She said she had actually been advising students on how they can use Facebook to their advantage.

"Use it as a marketing tool, promote the clubs you are in. If the employer wants to see your profile, make it to show them what you have achieved and done," she said.

But there are some who disagree.

"Honestly, if I was ever asked to provide access to my personal Facebook, I'd refuse. What I put on Facebook has never had anything to do with my professional life nor has it ever affected my work performance," said Alex Noble, a former student of Adirondack Community College in nearby Queensbury, N.Y.

While it is illegal for companies to gain access to your account, they can ask you to login and look over your shoulder.

"They could ask you to get on and then look at your profile that way, but no, they can't ask for your username and password. Might as well ask for your bank account information to!" said Kelsey Power, a junior at Castleton.

So, the advice students are getting from Carruthers and other advisors is to clean up your account. If you have any pictures of you chugging alcohol or other things that may be looked upon as questionable, get rid of them. But be aware that the pictures or posts you delete will always still be there to be seen, she said.

Incoming students find family at Castleton



ANDERS AX/CASTLETON SPARTAN

Freshman sit attentively at Playfair during orientation on Aug. 24.

By Bryanna Rickstadt-Allen
Castleton Spartan

He loads up his shower caddy, grabs his towel and heads across the parking lot to Audet House from Babcock Hall. "I am a huge germophobe, and there is no way I can shower in a bathroom shared with everyone else on my floor. Nasty." So Trevor visits friends in Audet to borrow a shower that has seen fewer sweaty bodies.

But that is the only concern the Texas native has so far here at Castleton. Like many students, Fuentes saw appeal in Castleton because of the sports program, football in particular. "The team is like family, I felt welcomed right away."

Many from the incoming class of 700 freshman felt that when they arrived they were part of a family.

"We have a very healthy freshmen class this year," said Emily Wieszalis, assistant dean of enrollment. In fact, the class is so big that even with the new residence hall there were students temporarily left without a room.

Director of Residence Life Mike Robilotto said that there were about half a dozen students who had to

take up temporary residence in two different hall lounges. "It's never permanent," Robilotto said. "There are always a few students who leave during the first week due to various reasons." Robilotto said that it takes a few days for space to open up on campus.

Dean of Enrollment Maurice Ouimet, Jr. says that this is the second biggest class in the history of CSC, with the incoming class of 2010 being the first largest. There were more than 3,200 applicants for admission this year, which is a jump from the 2,400 applicants last year.

"Castleton is a desirable school," Ouimet said. "All a student has to do is visit the campus and they're hooked." Ouimet said that as acceptance standards are increasing many students realize they can get a the same experiences and education at Castleton. That, Ouimet says, makes CSC more desirable.

Transfer students have also been increasing. "The phones are ringing off the hook with students wanting to transfer here from other schools," Ouimet adds.

Not only is the class extremely large this year, but Castleton is attracting students from all over the

globe. Students generally come from New England, with 70% in-state and 30 out-of-state. However, that gap is slowly closing.

This year there are students from Denmark, Bermuda, Sweden, Peru, Honduras and five Canadian provinces. Though sports are a big draw for the college, students admire other aspects of the college that will make for an enjoyable college career.

Freshman Sam Stearns was drawn to Castleton by the constant activities that happen on campus. "I decided to try out a Zumba class to get to know more people and try something new," Stearns said. "It was so much fun!" Although she has struggled with the lack of familiar faces, she is still thrilled with her choice of school.

But the transition into college life can be more difficult than some students expect. Many feel that the idea of starting college is romanticized and that there is not enough focus on the tougher parts that accompany the excitement.

"I'm a big family-girl," said Savannah Currier. "I miss my family a lot, especially my mom. And the dorm life is hard, getting used to living with a stranger."

Former Spartan editor lands reporting job



Megan Davis takes a break from reporting for the Darien News.

By Elicia Mailhiot
Castleton Spartan

During her four years at Castleton, Megan Davis told many stories. She wrote that living in Ellis hall isn't all that bad, that just because we are adults doesn't mean we aren't bullies and she gave us secrets to staying in love.

She interviewed professors and the president, sled dog racers and students who are parentless. Now, the former editor of The Spartan has landed herself a job.

Davis entered CSC in 2008 and quickly became a part of the community. She worked at the college's radio station, a member of the Student Orientation Staff and was a reporter for The Spartan.

She became managing editor her senior year, and according to Jess Lawrenson, Davis's good friend

and former Spartan online editor, it was that drive that made her not only skilled and likeable.

"I thought Megan was a great editor. If you were chill and got your stuff in, she was wonderful. She would put you in line if you didn't though," she said.

Being in charge helped Davis when it came time to enter the workforce.

"I feel like being editor of The Spartan definitely helped me more than it would have at any other school," said Davis.

She began applying for jobs before she graduated, but the road to employment was rocky. Davis applied for a paginator position at the Post-Star, but didn't get it.

"The copy editing test terrified me," Davis nervously admits.

The rejection didn't defeat her. She applied

for nearly every job she found. Then the call finally came.

Davis applied for a reporting job at the New Cannan News and was contacted by the paper's editor Ashley Varese, whose best friend attended CSC.

"Castleton is really the reason my resume stuck out to Ashley. In my interview she was like 'I saw that and was like 'Oh! That hippie school,'" said Davis.

Varese called again saying she had an opening for not one position, but two and that she would like to bring her and two others in for another interview. That also went well and Davis got yet another phone call.

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Spiro balances life as professor and dean

By Martina Marchese
Castleton Spartan

Not many people know what it's truly like to live a double life, but Associate Academic Dean Jonathan Spiro does. Spiro is Castleton State College's new associate academic dean – but he's also still a history professor.

President Dave Wolk had the idea that every two years, the academic dean's office would rotate a faculty member who would be both a dean and a professor.

"It feels great to be both faculty and dean," said Spiro. "It was a really brilliant idea Wolk had to have someone who is half-time faculty and half-time dean. It brings the faculty position to the deans and vice-versa."

Many jobs come with the new position, Spiro said.

He said he is now in charge of mentoring junior faculty on being better teachers, evaluating part-time faculty, expanding summer programs to get more students, revamping honors programs, planning commencement, editing the catalog, and also advising and teaching students.

Regardless of the immense workload, Spiro is happy to be leading this double life.

"I've enjoyed every minute. The day ends far too quickly," said Spiro.

Spiro said he has no concerns about any potential conflict between faculty and administrative duties.

"At any other campus there would be serious conflicts, but at Castleton it really seems to be true that everyone has the best interest of the students at heart," said Spiro with an honest smile.

His fellow academic deans are really happy to be

working with Spiro.

"He is fantastic! He's here and ready to support every student and every professor," said Associate Academic Dean Yasmine Ziesler.

Ziesler said she thinks it's a wonderful thing to work with someone who understands administrative logistics and who is also closely connected with faculty and students.

"I like the idea of having the opportunity to work with faculty in this way," she said.

His colleagues think of him very fondly as well.

"He is brand new and seems to be doing well so far. It's great working with him in the office," said Meredith Fletcher, who handles secretarial duties for the deans.

Spiro takes both positions very seriously and thinks they benefit one another.

"It's important to teach a course. It makes me a far



ERIC DOWD/CASTLETON SPARTAN

New Associate Academic Dean Jonathan Spiro sits in his office.

better dean and teacher because I understand administration as well," said Spiro.

Students lovin' Hoff Hall



NICK MINARIK/CASTLETON SPARTAN

A student enjoys a game from the balcony at newly constructed Hoff Hall.

By JenniLee Mark
Castleton Spartan

As you walk through the halls of Hoff Hall, you may notice that it just smells, well new. The floor has yet to look run down by all the traffic going in and out all day and the walls are clearly freshly painted.

The tables, chairs, lighting, room numbers, even the glass enclosed stairwells all scream modern. There are communal "bar" sitting areas and study spaces throughout the building that add to the contemporary, yet comfortable style.

"The walls are colorful. It feels homey, not like a jail cell," said Lizzi Cota, a senior at Cas-

tleton. She said also enjoys the space given by high ceilings in the rooms, which makes them seem more open.

Students say they also enjoy the new bathrooms and how they are set up. Shelly Audette, a sophomore, likes that the showers have separate stalls with a place to change. Other students spoke about the convenience

of having a parking lot right in front of their residence.

And student Kerri Hoag said it's nice having laundry on every floor; it eliminates the lugging up and down stairs. Other students agreed, but said they wish there would be more than two washers and dryers on each floor. Andre Coutu said the limited number often leaves people waiting.

"It's a nice building to live in, but it still needs some things," he said. "For instance, why bother putting air conditioning in and not using it?"

The choice was made to shut off the air conditioning to cut costs and save energy, school officials said.

Brand new buildings, just like anything else new deserve trial runs. Hoff Hall, without a doubt, is no exception. Area Coordinator Madeline Hope knows that there are still plenty of kinks to be worked out.

For example, an incident has already occurred regarding a safety wire on a third floor balcony. Hope, area coordinator for both Hoff and Adams Halls, assures that it was a minor incident and an easy fix. She says "things happen" and she, along with facilities will deal with them as they come.

As for the balconies, they are a great asset to the new dorm and just one of the many attrac-

tions for students competing to live there. The fact that they provide residents the opportunity to still get outdoors without even leaving their building is a huge plus, students say.

"I love my view of the sports fields," said Hoag. Now a senior, she chose to live on campus to meet people her first year here and has since stayed on campus for that reason. Hoff certainly provides a great environment for that kind of activity.

"Each building on campus has a specific culture and it's interesting to watch how Hoff is developing that," said Hope. "It seems more social because it is corridor and the communal study spaces make it modern."

President Wolk is thrilled with the new dorm. He says the solar panels on top of the building add to the modern scheme and the array is one of the largest in Vermont. The 120 panels generate 28.8 kilowatts of capacity, which, according to Castleton's Dean of Administration, Scott Dikeman, can provide one-tenth of the college's annual need.

The completion of Hoff Hall, named after former Vermont Gov. Philip Hoff, marks the endings of two very large projects on campus. The 10-year master plan is now complete as is Project 2012, which includes the new Facilities barn, the pavilion and Hoff Hall.

"The Dogg" is dead, on to Happy Daze

By Elishia Fletcher
Castleton Spartan

A former DJ at the now-closed "Dogg" is trying to give Castleton State College students an alternative spot to come hear him spin his tunes, maybe play some pool, eat some wings, and sing karaoke.

Scott Reed, owner of Happy Daze in Granville N.Y., is hoping his pub will be the new Thursday night hotspot for students who used to flock to the Bomoseen Inn, aka "The Dogg," a popular hangout among college students for decades until its recent closure.

"I had a lot of fun DJ-ing at 'The Dogg' and I feel bad for the college kids because it isn't going to be there," he said when asked about his effort to lure CSC students to Granville.

And with a sheepish shrug of his shoulders he went on to say, "And to make money, I'm not gonna lie."

Just like "The Dogg," Happy Daze will have college night every Thursday night starting at 10 p.m. while college is in session. The cover charge is \$2 for 21 and over, \$5 for 18- to 20-year-olds.

"You must have proper ID, no ID no entrance," Reed emphasized.

Reed has two pool tables, foosball, is going to have shot specials and \$1 Busch drafts, and a full pub menu, to draw in the

crowds.

But is this enough to entice students to go?

"I would do karaoke, even if I sing poorly," said Jimmy Britt, a freshman at CSC.

Catlin Ryan, also a freshman, said "I would definitely try it once and maybe go back."

And for those who were regulars of "The Dogg," seeing some familiar faces could make the trip worthwhile. Josh Munger, Will Czok, and Ashley Danyou all worked at "The Dogg" along with Reed and are now at Happy Daze.

One issue Reed might face is the long drive and challenges for the college's Safe Ride program.

"Because we are a Vermont college and for insurance reasons, we can't cross state borders," said Alex Davis, an organizer for Castleton's Safe Ride.

But Safe Ride would be able to have a pick up at the Vermont-New York border, which is about a 15-minute drive from the bar, he said.

Others mentioned that designated drivers might work too.

"With it being 18 and up, this helps with the designated drivers and getting people home safely," said Zach Currier, a



ELISHIA FLETCHER/CASTLETON SPARTAN

Bartender Ashley Danyou pours a drink at Happy Daze.

junior at CSC and one of the bouncers at Happy Daze. "This is a good opportunity for a good time at a safe place."

Will Czok, a 2010 graduate from CSC was a regular at "The Dogg" and was also

a bouncer-bartender there. He fondly recalled Thursday nights at the pub.

"It was a dirt hole, but it was my dirt hole, it was fun and ever since it closed there's nothing to do," he said.

CSC Public Safety Blotter

Date	Incident	Location
8/24	Medical	Huden
8/24	Medical	Cam. Center
8/27	Alcohol	Babcock
8/28	Medical	Fireside
8/28	Alc/Marijuana	South house
8/31	Med./Alcohol	Babcock
8/31	Marijuana Poss.	Babcock
9/1	Marijuana Para.	Babcock
9/2	Und. age drinking	South lot
9/2	Domestic assault	Babcock
9/4	Medical	Ellis

Sex &
The Spartan

Rules to live by

By MAE
Castleton Spartan

College is defined by sexual tension. Most of us have sex, enjoy sex, or have awkwardly walked in on our roommates having sex. So why don't we just talk about it?

At Castleton, learning doesn't happen just in class... it happens in the library...or the bedroom. It happens everywhere. I'm MAE and this is Sex & the Spartan.

I've always loved starting a new school year, not because I got new classes and was one year closer to graduating, but because it meant I had the chance to meet new people. I'm sure by now you've met at least a handful of new people.

I'm also willing bet you've thought about sleeping with at least one of them.

I'm not about to tell you that it's a bad idea to have those feelings or even to act on them if the opportunity presents itself.

I am possibly the biggest supporter on Castleton's campus of exploring your sexuality and having your needs met.

So I talked to my closest friends and found a few things we wish would have been more clearly implied before we started undressing that would have saved us a lot of confusion and torment over the past four years.

First, just because you spent a night together, do not assume you two are together, a couple, or any label other than friends. I've made this mistake my fair share and it takes an emotional toll after a while. You see someone every day, you spend the night

together often, you eat a romantic dinner at Huden. That does not mean you're together; it means you're friends who take each other's clothes off.

Second (closely related to lesson one), if you sleep with someone, you can't expect them to want to settle down with you. You know the old saying, "Who wants to buy the cow when they can get the milk for free?" Well.... It's true. Especially when there are hundreds of other people they can get milk from free of charge.

Third, if they say they are not looking for a relationship or anything serious, they mean it. You taking your clothes off won't change that about them. It will only lead to you feeling bad about yourself.

Fourth, there are pathways everywhere at Castleton. If you're on the first or second floors of any building, chances are someone will see you. Save yourself the embarrassment and close your blinds.

And last, but certainly not least, unprotected sex is not "cool," it's dangerous for your health. STIs are real and they are on Castleton's campus.

The Wellness Center offers products between \$1 and \$5 ranging from good old latex condoms to female condoms, dental dams to lubricants.

Don't let the dollar sign throw you off and stop you from stopping by the Wellness center to pick up some protection!

They still offer condoms free of charge. Trust me a \$1 is much cheaper than it costs to treat gonorrhea.

Sex and The Spartan has gone viral! Like us on Facebook and follow us on Twitter @sexthespartan!

brews. But old habits die hard and most good stories don't stem from knowing the layout of the library.

A few of you skipped the speeches and invaded the dorms early to break in the campus. The first weekend was not quite like last year's Irene ragers, but few things in life compare to a hurricane party.

With the start of the new year, it is a refreshing to see how little a summer can change. Babcock Hall is still rowdy and ready to party on any day that ends in "y." The balcony dwellers at the top of the "Cock" are still trying to make their break into the music industry by soundtracking our lives and remains the best place to catch a bird's-eye view of your

classmates sneaking out of one building and entering another early in the morning with their hair disheveled and wearing their clothes from the night before.

The champions of Castleton Hall got an early start to the long weekend Thursday night and decorated the walkway outside the dorm with a pile of vomit to be discovered Friday morning. I think it is safe to say that may be the last time Huden serves a meal with corn for dinner. Rumor has it a Castleton Hall resident awoke Saturday morning to a similar surprise in his bed, however this was not a product of his own irritated digestive system.

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Spartan chooses to party or the routes we take. Overnight a variety of littered cans and bottles create a trail through campus and the town as, by the masses, we follow the beer-bricked road.

Fortunately, these are all things cured by Huden's famous Jose Hangover Omelets. I saw you all in line cottonmouthed from dehydration and heard your stomachs gargling as you watched the tattooed omelet maker prepare the dish that always revives you just enough to do it all again and party on.

Do you know who I am yet, Castleton? Look for more Letters From The Spartan Spy to see if you've been spotted.

Fishtail's open mic is rockin'



KATIE SAULT/CASTLETON SPARTAN

Mihali Savoulidis of Twiddle and Fishtail Tavern Manager Mike Mamunes goof around at open mic night on Thursday.



JIMMY BRITT/CASTLETON SPARTAN

CSC student Patrick Infurna, lead singer of "Morning Comes Early" performs at the Knights of Columbus.

Indie bands invade the K of C

By Jimmy Britt
Castleton Spartan

The sounds of rocking drum beats, heavy bass riffs, mind blowing guitar breakdowns and strong vocals filled the air last Friday night at Knights of Columbus in Downtown Rutland. This concert was one of many popping up around Vermont these days featuring a variety of local unsigned bands who know how to rock out.

The first band, "Nigh is the Hour," is a Christian metal band from Northville, N.Y. whose members have been playing together for two years. The band consists of five members. Eric Turner, 22, of Northville, is the lead vocalist and he has been singing for seven years now. John Ostrander, 21, is Nigh's guitar player and he has been playing since he was 16. Then there is the local member, Brit Davis, from Clarendon, Vt., who has been playing drums since she was 15.

"John wanted to start a Christian band so we did," Turner said. Their faith is major inspiration for them and other famous Christian Metal bands like "The Devil Wears Prada," "In the Mist of Lions," and "Band for Today." Band members said they want to share their faith with others and they respect others thoughts and beliefs. For now they just play for fun, but they truly want to get signed

by a record label and go on tour.

Also featured on Friday night was the local Castleton band "Morning Comes Early." This Pop Punk band has been playing since the summer of 2009. "Morning Comes Early" is made up of five bands members. Patrick Infurna, 20, of Castleton, who is also a Castleton State College student, is the lead vocalist and he has been singing since junior high. Jeff Bruce, 19, of Orwell, Vt. is also a Castleton State College student and is MEC's drummer and he has been playing since he was in fifth grade. Next up from MEC are the guitarist David Atkins and Harry Schroeder. Both of these guys are from Broomfield, Atkins is 21 years old and he has been playing guitar since he was in seventh grade. Schroeder has been playing guitar for a couple of years now. MCE's bass player, Jay Carleton, is 18-years old from Clarendon and has been playing since middle school.

"We all are interested in music and no one else really was and there were really no other bands in our high school. It's something we're really into, we like playing shows and we like music, it was something we wanted to emulate," Infurna said.

"The reason I got into a band was because I like creating my own music," Schroeder said.

"I guess for me, my dad always played music in the house and he al-

ways wanted to start a band. Maybe I'm just manifesting what he really wanted to do, I don't know but I really like it," Bruce said.

Also just listening to punk and pop punk really inspired the band, they said. They said they chose pop punk because it's fun, youthful, has lots and energy, is fast and reflects who they are as people. They play for fun and a little gas money, but say being on tour would great. They said they just want to play music and make their fans happy.

Last up was the New England Hardcore band Conflicted. Conflicted is made up of five band members who have been playing together for about a year and a half. Jacob Worm and Joshua Lacroix are the guitar players for Conflicted. Bass player Joe Bradshaw has only been playing for only a couple of months but is already is playing like a pro. Jake Watkins is the lead vocalist and he has only been singing for a year or so. Dan "Spider" Holway has been playing the drums for 10 years. They started the band because they said they were sick of the New England "BS" music, and it was also an outlet for their emotions and their problems. They do it for fun, but if they had the chance to tour they would.

There are many other of these local and unlabeled bands around us. Check them out.

Letters from the Spartan spy: Who am I?

Dear Spartans,

Welcome back for another round at Castleton! This year we have added a twist to your party glass and planted a spy to report your late night extracurricular activities. I am an on campus student, party dweller, and always watching. Can you guess me? Or will my column just become an aid to piecing together the Castleton party blur, like a morning after review of Facebook pictures and incoherent text messages?

I'm sure by now you have all given your annual post summer speeches to your parents ensuring them that this year your tuition bills will be worthwhile and promising to hit the books and ditch the

brews. But old habits die hard and most good stories don't stem from knowing the layout of the library.

A few of you skipped the speeches and invaded the dorms early to break in the campus. The first weekend was not quite like last year's Irene ragers, but few things in life compare to a hurricane party.

With the start of the new year, it is a refreshing to see how little a summer can change. Babcock Hall is still rowdy and ready to party on any day that ends in "y." The balcony dwellers at the top of the "Cock" are still trying to make their break into the music industry by soundtracking our lives and remains the best place to catch a bird's-eye view of your

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Brother: "I lost my best friend, my brother"

Continued from Page 1

over this," Casino said. "I've had people walk in and start bawling."

Casino said that his brother "loved" Castleton. He humorously recalled that Biancosino's friends and fraternity brothers referred to him as "Tuna." "I thought that was because he was big, but apparently it was because he ate a ton of tuna," Casino said. "We went over to his house and he had tons of tuna over there."

As Sigma's president,

Biancosino had taken other students under his wing. Professors remembered him always appearing a little intimidating, but said that he was kind to those around him.

"It's tragic. It's...I don't know any other word for it...it just punches you in the gut," Deborah Wagget, CSC professor of education, said. "He always had a big 'hi' for everyone."

Wagget added that he was also unafraid to challenge the status-quo.

"He didn't hold back," Wagget said. "He would

answer questions, say things and not be worried what people thought of him. He would just bring his ideas that other people wouldn't even think of."

Members of the community also recall fond memories of Biancosino. Castleton Select Board member Cristine Smith met him when he was hired to teach her daughter piano.

"I remember Michael, although we called him 'Tuna,' as just a big, teddy bear kind of guy. He was always smiling," Smith

said.

She said he made learning fun and added that Biancosino and her husband, Howard, also developed a close relationship.

"He made you feel like he was part of the family. He would just come in, no knock you know?"

Casino agreed that his brother's best characteristic was his amiability, but added that it also was his most unfortunate.

"The same thing that was beautiful about Michael was one of his less desirable traits," Casino

said. "Michael was like a big kid."

The press release didn't state how Biancosino and Pickels knew each other, but Casino believes that his brother was simply trying to help someone out, reasoning that Pickels just needed a ride home.

He believes Biancosino had grown "accustomed to the world he lived in," despite knowing the danger of the area and the greater potential of being accosted. Casino thinks his brother had not taken stock of his surroundings.

"That makes me a bit mad at him that he would use poor judgment," said Casino. "Because what was he doing? Typical Michael, helping someone out."

Biancosino was planning to take the Law Student Admission Test in February. He was planning to become a lawyer.

"It's really destroyed our lives," Casino said. "I lost my best friend, my brother."

Editor praises Davis

Continued from Page 3

This time, Varese had a compromise request. Davis' trademarked bright colored hair was a problem.

"I think I told Megan that was one of the worst phone calls I've ever had to make," said Varese. "I so did not want to do that."

Davis agreed to change her hue and after reviewing her work, Varese offered her a position at the Darien News. Now, Davis works with five other people at the weekly paper. She hasn't forgotten her roots though.

"I feel like without the background I have from Castleton, I wouldn't know what to do," she said.

Varese was instantly impressed with Davis' background.

"In the interview, she was sharp. She had all the right answers. I knew she would hit the ground running," said Varese.

the editor, even after her interview.

"She called two days later asking if we had found someone yet for the job. I was impressed with her persistence. I thought it was good because I knew if I was the town manager avoiding her calls, she wouldn't stop until she got me on the phone," said Varese.

When a New Canaan man was killed in a rockslide near Aspen, Davis got right on the phone calling people while her colleague called the victim's parents. Davis is no stranger to mourners. She covered the memorial for Brian Dagle, a student who committed suicide last November. That story turned out to be one of the most valuable experiences she had at CSC.

"As weird as this sounds, it was covering the Brian Dagle memorial... I got to experience

out of the way early so I feel very lucky about that. I feel more prepared now because every journalist is going to be faced with that someday," she said.

Now, Davis writes about stolen BMWs and school lunches. But she is happy with her new position in a place she calls "a smooth transition from Castleton."

"The hours go by so incredibly fast. That's how I know I'm doing something I want to do," she said.

Ten years from now, Davis hopes to be reporting still, but she's more than content for now.

"I feel so lucky because I know there's so many people out there who graduated in May that are still looking for jobs and I found one in the field I love," she said. "It's really quite awesome."

Wolk looking forward



Castleton State College President Dave Wolk addresses the student body during Convocation on Aug. 30.

SGA approves budget

By Megan Harris

Castleton Spartan

The new semester brings new leadership, new ideas and new challenges for the Student Government Association.

Picking up from where they left off last semester in terms of ideas and tasks, the most looming is still the finalization of the SGA handbook. The lengthy process will continue into the semester with no definite finalization date.

In other SGA updates, the newly seated group is more than enthusiastic to start improvements around campus, draw more students into their organization and to continue the work of student body they represent.

Although the first meeting of the semester was more about tying up

loose ends, deciding a regular meeting date and setting the agenda for the rest of the semester, some real work was also taken care of — like that of passing a \$395,000 budget.

The budget, which provides funds for things like clubs, teams, SafeRide, sustainability on campus and the Campus Activities Board, was passed easily with little debate or discussion.

"We've increased the budget in some places... and this doesn't even include our overflow from what's remaining from last year," SGA President Mike Shalginewicz told members.

This kind of money means more campus improvements, bigger events and new

excitement. The SGA is hoping to increase the number of events both on and off campus, as well as bringing in bigger musical names and more variety.

In addition, they've made it clear that clubs and a more campus involvement will be their focus.

"I really want to focus on advertising and that kind of thing. If we do all of these new things and no one knows than there's no point...really want to focus on publicity," says Vice President Corrie Keener.

Meetings will be held on Wednesdays at 5:30 p.m. and are generally open to students, faculty and staff unless otherwise noted.

They rollin'



Trevor Tracey practices his ollie at the skate park in front of Hoff Hall.

Episode to air Dec. 23

Continued from Page 1

them," said show post-production producer Alison Caraotta, explaining that Tyler's was among the stack.

"Our research team thought it fit nicely into the narrative that we were creating: That central Vermont is "squatchy" as our team would say, meaning it provides the appropriate habitat, wildlife, and natural conditions that they typically find bigfoot sightings," she said.

It is no surprise to Tyler that the article was discovered and connected to the Bigfoot legacy, since he himself found Warren Cook's work to be incredibly captivating.

Warren Cook was a Castleton State College professor of history and anthropology.

He was well known for his research on the controversial topic of ancient Vermont and was nominated for a Pulitzer Prize in 1973. He passed away in December of 1989 at 64.

"He was an extraordinary researcher and an inspiration to his students," said Ida Jane Gallagher, who was a firm believer in Cook's research and worked closely with him for more than 12 years.

Gallagher is thrilled to hear that even to this day Cook's research is still being recognized and read by people interested in the subject.

"He was a real bird-dog" she said. "He was not afraid to plunge in and research anything that was important and interested him, no matter what people thought."

Bigfoot became a primary interest in the last few years Cook's life, as he pursued the truth about the mystical creature and its connection to Vermont.

"He's a really fascinating guy," Tyler said, adding that the piece had started out as a profile assignment.

"The more I read about him the more interested I got."

As far as Tyler is concerned, the legend of Bigfoot will continue to live on, allowing people to judge for themselves whether they choose to believe or not.

"I'm not a fan of saying anything is impossible," said Tyler joking about the myth of the Sasquatch.

"It gives people something to believe in."

Searching for stars

Continued from Page 3

clock-drive which adjusts to the rotation of the Earth to keep images in focus.

According to Garland, one can expect to see everything from star clusters to planets on a given night with the repaired scope.

"Last year we were able to see Jupiter, Venus, Mars, and Saturn in one night," she said.

Lewis plans to further improve the telescope by constructing a solar filter that will fit on the end of the scope and allow them to view the sun. He describes what they hope to observe as, "a roiling sea of moving matter."

In addition to the telescope the observatory itself has undergone renovations. "The observatory now operates completely

on a newly-installed renewable solar energy system," Lewis said.

Massive solar panels store energy in banks of car batteries that rotate the roof and power the observatory.

Garland and club members thanked the school for its support and called the opening of the observatory "a real campus effort."

To-go containers a hit

Continued from Page 1

-mans jaw dropped when he heard about the new meal transferability options.

Students with a meal plan are also now able to choose up to three meals per week to eat at Fireside with no extra cost.

General Manager Jeff Kurto explained that starting within the next few weeks, he will be designating a time where he will sit in the dining hall and allow for students to

join him and share feedback. Student feedback is extremely important to Sodexo and the team encourages everyone to give input.

The Sodexo team will be holding their first big event in the dining hall on Oct. 2. Named after the District Manager, Phil Hardy, the Hardy Cup will be hosted in Huden and will showcase meals from seven district chefs from colleges in the region. Using only local products, these chefs will be creat-

ing meals to try and win your vote for your favorite meal.

"These chefs will try to knock your socks off. They will do what ever they can and create awesome displays for you to try," District Chef Rob McFarlane said.

For more information, visit the dining website at www.castletonstatedining.com or contact Jeff Kurto, general manager.

Women's soccer starts season 2-2-1

By Mike Divis
Castleton Spartan

This past weekend the Castleton women's soccer team hosted the Rutland Herald Invitational. Castleton started off with a 2-0 win against Smith College on Saturday Sept. 8. The first half started off fairly slow, with both teams holding a scoreless game at the half.

The second half began with both Castleton and Smith taking a series of shots at each other's nets, but only Castleton came up with goals. Freshman Emily Osmer dribbled the ball from the 20-yard line and escaped a Smith defender to then shoot off the far goal post for the first goal.

The following goal came from Freshman Mallory Costello who was assisted by a deep pass from senior Kelsey Garceau. Costello then slipped away from two Pioneer defenders to kick the ball past Smith goalie Cody Norris for the second and final goal of the game. Norris had seven saves on the day, while Spartan goalie Sarah Shilstone had three.

"We're progressing each game and plan to be here until the end," said Chapdelaine.

Beating Smith meant that Castleton would face Westfield in the finals, which defeated Elmira College on Saturday as well.

Castleton ended the tournament on Sunday evening with a come behind tie against Westfield. After going into overtime, the Spartans lost, but showed their mentality and toughness can last.

Thirty-seven minutes into the game, the Owls made the first attack when Kayley Miller and Colie Sambrook came charging down the field where Miller drew away a defender, which left Sambrook open to take a shot past Newton into the net. Another goal came shortly behind at the 53rd minute of the game. Brittanie McGregor came down the field and passed it to teammate Ashley Bovat for a one-timer goal and the second for the Owls.

In the second half, the Spartans made their comeback. Osmer got the ball and used it to her advantage, kicking it to the far corner of the net where teammate Jillian Fanfield ran it down and hit it into the far corner past Westfield goalie Jess Habib. Not even a minute later, Osmer came into play again with a huge pass to Hannah Corkum

in the middle of the field. Corkum then fired the ball at the crossbar, tying the game at 2.

Both teams then went into two ten minute overtime periods, which went scoreless. The game came down to a shootout where the Spartans fell to the owls 4-5.

Spartans Jenna Bostwick, Costello, Kelsey Lenney and Sarah Ethier each scored four of the goals during the shootout.

With the Spartans trailing 5-4 in the shootout, freshman Sami Ritter faced the pressure against Habib in net. Ritter ripped a shot to the lower left corner of the net, but Habib made a diving save to seal the victory and the championship for the Owls.

The shoot out was to determine the winner of the tournament, but the game was still considered a tie for NAC play.

Kelsey Lenney, Sami Ritter, and Mallory Costello were all named to the all-tournament team. The Spartans improve to 2-2-1 and they will host MCLA Sept. 12 at 7 p.m.

Field Hockey starting off season strong

By Lucas McGovern
Castleton Spartan

The Castleton State field hockey team started the season off winning two of its first three games. The team came out of the gate with high expectations after being picked to win the NAC in a preseason poll, and so far have lived up to them.

The season opener at Skidmore ended in a disappointing 7-2 loss against the 8th ranked Thoroughbreds. Castleton fell behind 2-0 by halftime and was just not able to recover giving up five more goals in the second half. Rachel Preusser and Blake Wardwell scored for Castleton, while helping Skidmore get their victory was Kelly Blackhurst with three, Sam Skott with two, and Hilary Cranston and Dani DeGregory each with one. Freshman goalie Heather Ploof had 11 saves on the day, while Skidmore's Haley McDougal had seven saves for her team.

"Opening up at Skidmore was a challenge for us, but we learned from it and have since moved on," said Castleton's head coach Tammy Landon.

The Spartans rebounded in their home opener with a strong 3-1 win against the University of New England. Castleton scored first in the 11th minute of the game when intense pressure by CSC caused the UNE to score on their own goalie.

UNE's Casey Clark fought back with an unassisted goal right before halftime as time expired. The Spartans came out with great intensity in the second half and scored two goals within a minute span. Rachel Preusser and Kealy Chipman scored back-to-back to give Castleton a 3-1 lead.

This lead was maintained throughout the rest of the second half, and gave the Spartans their first win of the season. In net for the Spartans was Jessica Galatioto making five saves, while UNE's Kaitlyn Warren made

13.

The third game of the Castleton season resulted in a truly decisive 7-2 victory versus the Mount Holyoke Lyons. Castleton jumped out to a 6-0 lead only 12 minutes into play.

"We started off the game really strong and we played as a team," said Blake Wardwell. Wardwell scored three of the six first half goals in an impressive individual offensive performance. Also contributing to the Spartans victory was Rachel Preusser who had two unassisted goals as well as assisting one of Wardwells. Kristy Pinkham had the third goal assisted by teammate Kealy Chipman who had two assists and one goal assisted by classmate Mercedes Maltbie.

"Our team just really exploded offensively and worked together to earn the win on the road," said Landon.

The Lyons Kristen Kilburn was finally able to score 18 minutes in, putting her team on the board but by that time the game was already well in hand. Her teammate Angelica Pascual also contributed a goal, but it just wasn't enough.

In net for the Spartans was Galatioto, who made ten saves on the day. Mount Holyoke's time was split between Anne O'Byrne and Emma Ross who each made

three saves.

"We are going to continue to work hard, and one season goal of ours is to compete with and beat some opponents we lost to last season," said Landon.

Castleton looks to build on their two recent victories on Sunday Sept. 16 at home against Plymouth State at 2 p.m.



KATIE SAULT/CASTLETON SPARTAN
CSC's Maria Stern controls the ball against UNE.

Volleyball at 2-3

By Andrew Muse
Castleton Spartan

The Spartan volleyball team had a great weekend displaying their explosive offense and tough defense to sweep their double header against Green Mountain and Bay Path College on Saturday.

"We learned a lot about ourselves in these two games," head coach Mary Kate Scardillo said. "We are learning still though and will continue to learn all season."

In the first match against Green Mountain, Castleton put its offense to work compiling a season high 32 kills and a .282 hit percentage. Bridget McCarthy had seven kills and a team high 14 assists for the Spartans and Patrice Herrington had six kills and six aces.

In the first set, the Spartans started out on fire and continued throughout the first set. They scored seven of the first nine points of the set to grab a 7-2 lead. After two more rallies in which six straight points and five more points were scored, Castleton took the first set easily 25-7.

The second set was a more even affair with both teams going back and forth until Castleton went on a streak of scoring ten straight points to take a commanding lead 24-13. Five plays later Castleton finally took the set 25-

17 on a kill by Amanda Chambers.

In the third set, Castleton started slow but turned it on when they needed to, with nine straight points the Spartans took a lead they would never relinquish and won the third set 25-16.

"We have a lot of freshman that can play so many different positions," Scardillo said. "They definitely make us a better team and add depth to our roster."

The Spartans fared just fine against Bay Path winning in four sets.

"If there is one thing we have to improve is our consistency," Scardillo said. "We have been going back and forth against most of our opponents we need to be more consistent."

But Scardillo believes it's tasting victory that's sweet.

"We won our first two games of the season today we are very happy," Scardillo said. "We hope that this momentum will carry into next week."

Following this weekend, the Spartans are now 2-3, which is the first time they have won more than one match since last season after going 1-19.

The Spartans play next against Massachusetts College of Liberal Arts on Sept. 13 and SUNY Cobleskill on Sept. 18.



HANNAH MESSER/CASTLETON SPARTAN
The CSC dodgeball team poses for a picture after breaking the Guinness World Record.

20 CSC students now world record holders

By Hannah Messer
Castleton Spartan

After months of preparation, and 41 straight hours of sweat, tears, injury, and dodge balls soaring through Glenbrook Gymnasium, Castleton students have finally broken a Guinness world record – for the longest running dodge ball marathon, ever.

Twenty student athletes were organized by former CSC hockey player Lindsey Gullett and teammate Brett Zeggil to play dodge ball for an organization called Right To Play; an organization whose mission is to improve the lives of children in some of the most disadvantaged areas of the world by using the power of sport and play for development, health and peace.

At first everything seemed to be going smoothly, until about 3 a.m. on the first night of play, there was a technical issue with the clock. It was

taped to the tripod, and the tape began coming unstuck. This caused the battery to be slightly pulled out, and the clock to tilt, which affected how the hands of the clock were functioning.

After Guinness rep Manu Gautam addressed the problem with Gullett, he received a notification saying "Congratulations! Your claim has been approved."

"When I read this, I was extremely relieved," said Gullett. "Knowing how much was put into this record attempt by so many people, it would have been a tough pill to swallow if it wasn't completed."

Gullett also started a Right To Play chapter at Castleton, and by the end of the weekend, they had raised \$7,353.77 for the organization.

"I'm still on a high from what was accomplished in the money raised

for Right To Play and the commitment that was shown by all athletes and volunteers," said Gullett.

Castleton now has 17 current World Record holders walking around campus, as well as three alumni who graduated this past spring.

"It feels pretty surreal to share a world record with 20 fellow athletes," said record holder Dan Bell. "It's pretty cool to think that Castleton is known worldwide now, especially for such a great cause."

Fellow dodgeballers agreed. "I don't think about it much," said Dan Senif, "so whenever I look at my jersey or the certificate, I just think of how proud I was when I finished."

The trophy is displayed in the trophy case in Glenbrook Gymnasium as well as an honorary-signed team jersey from the tournament.

Spartans roll over Plymouth, fall to Endicott

By Christopher Richardson
Castleton Spartan

On Saturday, September 1st, the Castleton State football team began their season against Plymouth State, who they've never beaten before. The Spartans routed them 35-7.

Shane Brozowski and Kevin Alberque were the stars of the day, Brozowski finding Alberque three times in the end zone. Led by these two Castleton's offense mounted 400 yards and four touchdowns through the air. Castleton's defense was the story of the day though allowing only 33 passing yards and creating five turnovers. It was clear that this game was a team victory.

After the game Coach Marc Klatt said how proud he was of the effort his team put in. He feels as though this year the players are really putting forth their maximum effort and really ratcheting up the intensity.

"We really executed our game plan we had going in," he spoke. "This most certainly a team effort and not an individual one."

He attributed Brozowski and Alberque's connections in the game to the depth at the wide receiver position.

"We have a lot of talent at that position and it is hard for teams to focus on just one or two players. [Brozowski] has looked the best I've ever seen him and he had a great training camp," said Klatt, "when defenses focus on his top one or two guys that leaves another man open and in this game that was Kevin [Alberque]."

Castleton's high flying offense wasted no time scoring in 1:04, 1:29, 1:58, 1:27, and :42. On defense Brandon Bergeron had two interceptions while Cody Tancreti had one.

"Well it was just a great all around performance in my opinion. That was the best that I have seen our team come together as a whole and execute all of the little things to make the big plays happen," Kevin Alberque said after the big game.

The Spartan's took on Endicott Saturday,



Tyler Carpenter breaks a tackle against Plymouth State.

KATIE SAULT/CASTLETON SPARTAN

September 8th. Before the game coach Klatt admitted his team would have to be ready for a challenge, but felt they were up for the task.

However the Spartans fell to Endicott 66-14. Endicott, who forced five turnovers, left Castleton scoreless in the last 53 minutes of play.

The offense turned the ball over a total of six times on five interceptions and a fumble. The defense had their backs to the wall all game due to the turnovers and could not stop Endicott's red-hot offense.

In the beginning, Endicott's Jason Silva intercepted the first pass attempt by Brozowski, and led to a 17-yard touchdown pass to teammate Mike Murphy.

Shortly after, the Spartans came back with Brozowski who led the Spartans 63 yards with 11 plays for a touchdown pass to teammate Denny Wilhelm. After recovering a fumble on the kick-off, Castleton's Brandon Boyle re-

ceived a pass from five yards out by teammate Brozowski, giving them the 14-7 lead. However, the Spartans couldn't hold the lead.

Endicott's Mike Wheeler scored the second rushing touchdown of the game, and this started Endicott's run against the Spartans.

CSC's Brozowski finished 25-for-44 on the game with two touchdowns, and career high five interceptions.

Endicott's Drew Frenette was 12-for-20 for 204 yards and four touchdowns, while Wheeler had 154 yards and three touchdowns on 19 carries in the game.

This brought the Spartan's record down to 1-1, which is their first time since it's inaugural season in 2009 starting off their season with a win.

The team will be back in action at home Saturday, Sept. 15 against Rennselaer at 1pm.



Sports talk with Eric Dowd

The first couple of weeks are done and the small college with a big heart is doing well on the athletic fields and trails, but the question I ask is can they keep it up?

The Spartans put on an offensive showcase in a 35-7 bruising of Plymouth State. While senior Shane Brozowski put on a four touchdown, 400-yard performance, the most impressive thing was the Spartans defense. The last time the Spartans held a team to under 10 points was in 2010 when they defeated Becker 53-6. However the whole Spartans team had a hiccup at the hands of Endicott, losing 66-14. Will this make or break the Spartans?

Last season the men's soccer team was one minute away from forcing overtime and possibly reaching the NCAA tournament when Husson University scored off of a long throw in to end the Spartans season. There is not a doubt in my mind that this is still resonating in their heads. At 3-0 already, the Spartans are looking like a team on a mission - a mission to beat Husson. With a strong nucleus of returners, such as Nick Johnas, and Trevor Kotrady, they could be heading for the big time this year - the NCAA tournament.

The woman's soccer team graduated four-time NAC player of the year, Courtney Chadburn amongst others. This makes this years Spartans team very young. Out of the whole roster, 11 are freshman. They have showed that they are young in this early season at 2-2, but have also shown great signs for the rest of the 2012 season. In Saturday's 2-0 win over Smith College, two freshmen Emily Osmer and Mallory Costello scored goals for Castleton. The future looks bright for this Spartan team.

The field hockey team lost a heart breaker last year 1-0 at the hands of Husson in the NAC semifinals. This should be set in their mind if they want to make it past the NAC tournament this year.

"We are definitely the team to beat this year," said Junior defender Shannon Burns, "the team has set the bar high."

If we continue to beat our tougher non-conference opponents, we have a chance to be ranked"

And while all these sports get a lot of attention, one sport every fall that doesn't is the Men and Woman's cross-country team. Both the men and women's teams swept the Castleton Invitational. This could be due to a tough pre-season schedule.

This weeks Spartan Standout goes to Deanna Tyson. Tyson was just named the ECAC female administrator of the year. I had a chance to catch up with Tyson, who was "very surprised and had no idea" she was getting the award. She also mentioned to me, that a lot of credit goes to President Wolk and the Administration, for allowing her to accomplish what she has done at Castleton. Thanks, Deanna.

Until next time Castleton, keep on keeping on.

Spartans improve to 3-0



KATIE SAULT/CASTLETON SPARTAN

Dillon Zaengle dribbles down-field.

By Hannah Messer
Castleton Spartan

Starting off their season strong, the Spartans men's soccer team won a tournament championship at SUNY Potsdam.

"We went in saying that if we didn't win the tournament, it was not acceptable," said head coach John Werner.

The Spartans were able to take the semi-final vic-

tory against Hilbert College by a score of 2-0.

After heading into double overtime, the Spartans were able to come through on top and defeat SUNY Potsdam 2-1. It took until the second half for anyone to score, when CSC's Spencer Dandurand scored in the 65th minute, scoring on a rebound in front of the net, giving the Spartans the lead.

Potsdam responded

with a goal in the 88th minute of play by also scoring on a rebound.

After the first round of double overtime went scoreless, the Spartans took initiative of every scoring opportunity, and CSC's Dominic Heller was able to grab a ball that was being scrambled in front of the net, and passed it off to teammate Trevor Kotrady who made the ball count giving the Spartans the victory.

"Even though it was a very close game, we dominated a lot," said Werner.

In net for the Spartans was Nate Koenemann, who was named the tournament MVP, made five saves on the game. Potsdam goalkeeper was Jake Gyder, making six saves. CSC's Kotrady was also named to the all-tournament team.

The weekends victories gave the Spartans a 2-0 record, which is their first time starting a season at 2-0 since 2001.

Following the tournament was the Spartans home opener last Wednesday against Southern

Vermont College. The Spartans blew past the Mountaineer's by a whopping 7-1.

"They were a young team," said Werner, "all of our goals were very nice goals."

Contributing to the seven points in the game for Castleton was first year play Danny Favreau with one unassisted, and a cross from Trevor Kotrady. Tanner Lecuyer had a rocket shot which gave the Spartans the third point of the game.

"(Lecuyers) goal really opened the flood gates," Werner said.

Following that goal, Dillon Zaengle gave Spencer Dandurand a long pass from 10 making the connection. Just five minutes after Dameon Young found Kotrady giving him the breakaway goal. Zac Conlogue then got an unassisted goal; his first of the season.

SVC's Derek Snow broke up the momentum by scoring over CSC goalkeeper Emmitt Ackerman's head.

Conlogue then added one more unassisted goal for his team, leaving them

with the victory.

Splitting time in net for the Spartans was Nate Koenemann who played 74 minutes of the game, making three saves. Emmitt Ackerman then played the remaining 16 minutes with 0 saves. Splitting time in net for SVC was Chris Dunham allowing five goals with eight saves, and Brenden Shea allowing 2 and stopping 2.

In most recent play, the Spartans defeated SUNY Cobleskill 4-0 in a rainy match up.

"It was a good win on a wet day," said Lecuyer.

Jake Roswell started off the game with a goal from defense. Teammate Zac Conlogue added a goal, as well as sophomore Bryce Kaler adding two more.

"We did what we needed to do," said Werner, "we totally controlled it, now we're geared up for a big game against Plattsburgh."

This game improves the Spartans to a 3-0 record. They will travel to Plattsburgh on September 12th. They return home on the 15th for a NAC game against Lyndon State at 7 p.m.

Women's tennis 1-0 in NEAC

By Hannah Messer
Castleton Spartan

The women's tennis team started off its season at 2-2, in most recent play, going 1-1 in Maine falling to the University of Southern Maine then defeating Thomas on the following day.

On the first day of play, Castleton was defeated 6-3 by the Univer-

sity of Southern Maine. CSC's Olga McIntyre fell to USM's Mary Moran. Teammate Felicia West fell to Emily Boutin. Castleton's Lauren Fedorka fell to Courtney Aldrich, and Meghan Susslin went three rounds, but was defeated by USM's Monique Giroux.

Castleton's Chelsea Crehan defeated her opponent Molly Morrill, while her teammate Sara Noven-

stern defeated Christine Savage.

Spartan doubles team Olga McIntyre and Felicia West was defeated by USM's Mary Moran and Emily Boutin. Southern Maine's Courtney Aldrich and Molly Morrill defeated CSC's Chelsea Creha and Meghan Susslin. Lauren Fedorka and Sara Novenstein defeated USM's Monique Giroux and Christine Savage.

The following day, Castleton came out on top by defeating Thomas. In single play, McIntyre was shut out by opponent Jessica Bowen. West fell to Dalia Williams after three rounds, while teammates Fedorka, Crehan, Susslin and Novenstein all came out on top.

In doubles competition, CSC's McIntyre and West were shut out by Bowen and Tyler Ventura, while

teammates Crehan and Susslin defeated William and Sarah Marckoon, and Fedorka and Novenstein defeated Emily Howard and Meghan Keene.

The Spartans improve to 2-2, and are now 1-0 in the NEAC. On Sept. 12 they travel to Plymouth State and are back home on Sept. 15 for NEAC play against Johnson State at 1 p.m.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday, September 15, 2010

CastletonSpartan.com

Castleton, Vermont

Skate Park rolling into CSC



Skating around campus. (Left) Krista Goddard, (Right) Will Johnson.

By Kyle Turner
Castleton Spartan

Students at Castleton State College have been begging for a skate park for the past year and with an increase in the number of students who are also skateboarders and bikers, that demand is sure to increase as well.

After having a meeting with students and discussing what they wanted to add to the slab of concrete, Dean of Administration Bill Allen said he has successfully found a company to provide the objects to build the park.

"We finally got a meeting where

students showed up and were able to tell us what they wanted," said Allen.

It has taken a long time, however, for the school to find a company that would provide what students wanted that was also in the school's price range, Allen said. Eventually, the school found the DIY series kit made by the American Ramp Company, which specializes in skate parks. Costing \$15,000, the DIY series kit includes two bank ramps, two grind rails, a planter, two quarter pipes, three grindboxes, stairs and two wedges.

"I think most of us are looking forward to the quarter pipes because it gives us a drop-in, but all

in all, we just want this finished so we can use it," said junior Matt Schlieper.

According to junior Aidan Fortney, school officials initially said the skate park was going to be finished last year, but now won't be completed until the week of Sept. 20. Students will have to continue skating on the bare concrete slab until that time.

"To be honest, it really burnt a hole in my heart when I saw that the skate park still was not finished," said Fortney.

The park features get here on Sept. 14 and then it takes about a week for the construction to be completed, Allen said.

Incident sparks CHANGE meeting

By Kelsey LaPoint
Castleton Spartan

Students everywhere on Sept. 6 received this startling message through e-mail and saw it posted on doors throughout campus: "On Monday afternoon at about 4:45, a female student walking on the rail trail south of campus was approached by an unknown male, approximately 16 to 17 years old with shaggy blond hair, riding a red mountain bike. He grabbed her and then rode off. She was not physically harmed. The police are investigating. The campus community should act with increased caution."

A couple years ago, this alert might not have made it to every inbox on campus. It might have even gone unreported. But CHANGE has recently taken the campus by force with a clever acronym and a new approach to dealing with problems like the one recently experienced on campus.

CHANGE stands for Creating Honoring Advocating and Nurturing Gender Equity, and consists of a group of students, administrators, faculty and staff members who collaborate to create programs that help students deal with issues like sexual assault, sexism and homophobia.

As part of the CHANGE initiative, a group of students have formed the Peer Advocates for CHANGE, who volunteer their time and receive more than 25 hours of training to maintain a 24/7 hotline for victims, along with an e-mail service. They are also available to talk in person if needed and all contact is confidential.

On Sept. 9, Peer Advocates for CHANGE held a forum in the Campus Center in which faculty members and students were able to gather to discuss the effects of the Sept. 6 incident, but also to get the word out about what the Peer Advocates are trying to accomplish here at Castleton.

Dennis Proulx started the discussion off with a general idea of what the forum was about:

"What we wanted to do... is talk about resources on our campus. I like to believe that the whole campus does not want or condone sexual assault or inappropriate sexual contact, and I like to make the assumption that we're all here because we don't want that to happen in our community."

Proulx also pointed out the various changes the campus has made in just a couple years including the blue light emergency buttons can be seen all over campus, Public Safety's 24/7 contact service in which a student can be walked or driven safely to their destination on campus, the locking of residence halls at all times and close communication with state and local police.

Jaklyn VanManen, who was the first student coordinator of CHANGE and is now a part time administrator since graduating from Castleton, talked about training the Peer Advocates received.

"The training was done by Steve Thompson, who is a sexual aggression expert from Central Michigan University... He did training on sexual assault, stalking, harassment, profiles of offenders, how to run the hotline, how it works, and what it's like being an advocate," she said.

Regarding the recent incident on

Continued on page 6...

Silly Bandz = serious profits

By Maria Arnot
Castleton Spartan

Interested in owning a sparkling red seahorse, neon Justin Bieber, or a lime green cowboy boot?

Because now you can. They are pointless yet brilliant. Slender and simple, but vivaciously vibrant. Cheap, but raising millions.

They are Silly Bandz: the multi-colored fashioned bracelets creeping up the wrists of the masses.

The Silly Bandz craze is comparable to other childhood fads such as Beanie Babies, Pokémon cards or Pogs.

Yet this simple-minded creation is not only found on the wrists of the young.

"Silly Bandz are fun a way to express the kinds of thing you like," said Castleton junior Jackie Lockwood. "You are never too old to wear them," she said.

The New York Times reported recently that some trendy adults are falling for the hype and adding them to their outfits, including actresses Mary-Kate Olsen and Sarah Jessica Parker. In addition, the Silly Bandz Web site flaunts major athletes Jewel Hampton of the Iowa football team and Jurgen Melzer at the Rogers Cup sporting their silly bands.

The company behind the madness, BCP Imports LLC, a small business in Toledo, Ohio, has increased its workforce from 20 employees to 200 in the past year



ROBERT BURGE / CASTLETON SPARTAN

(Left) A few favorite shapes. (Right) Three students show off their collection of Silly Bandz.

and just this week added 22 phone lines to keep up with inquiries. The company sells millions of packs a month, at about \$4.95 for a pack of 24.

But why all the hype?

The company sells millions of packs a month, at about \$4.95 for a pack of 24.

"I don't know why they are so popular," said Castleton Junior Shannon Ellis. "It's just one of those things that kids love like Pokémon cards when we were little... They were here all of the sudden and they'll probably die down

real quick too," she said.

Most college students reported that they had not actually spent their own money on the Bandz that they sported though, but had received them as a sign of endearment from younger relatives, siblings, or campers they had counseled over the summer months.

"My favorite Silly Band is the Red Sox one because I love the Red Sox. I got it from the little girls I babysat this summer," said Ellis.

Other students noted that they had them because they kept them occupied in class, enjoyed the color, or just because they represent something they enjoy.

"I think that they are the stupidest things ever," said Junior Chris Mulholland. "But I wear this one because penguins are so cool."

But some students did admittedly spend money on the trivial item.

"I bought some of them," said Castleton Senior Kelsey White. "The glow in the dark ones are so cool, especially the glow in the dark star."

Although neither the Castleton Elementary nor the Village School has placed on a ban on the Bandz, schools in several states including New York, Texas, Florida and Massachusetts, have blacklisted them claiming they are too large a distraction among students.

So far Castleton State College hasn't followed suit, but who knows.

"Well I can't sit still, so when I am in class I just play with them and they keep me occupied," said Castleton sophomore Courtney Donovan.

Convocation 2010- "Securing Our Future"

By Megan Davis
Castleton Spartan

As Convocation for the 2010-2011 school year at Castleton State College began, the Fine Arts Center was packed. Dave Wolk, the college president, even beckoned to students standing in the back.

"There are plenty of seats up front, we're



PAULITA FYSH / CASTLETON SPARTAN
President Dave Wolk speaks to the Castleton community at convocation.

not even looking at you," Wolk said with a chuckle as students began to walk down the stairs and fill in the few empty seats that were left. It was the biggest convocation in the college's history.

Last year the message at convocation was about savoring the moment. This year, however, the message was about securing our future.

"In the future, how can we ensure that we will always remain student centered, as the small college with a big heart?" Wolk said.

He then launched into telling the crowd about a few of the efforts that the college has made -- and will be making -- to do just that.

They ranged from financial decisions, like recent investments and projects that have transformed the college, to efforts to expand study abroad programs to increase the opportunities for students. He also talked about efforts made to diversify the student body.

One new initiative that was officially announced at Convocation was Project 2012.

"It's not the most creative name in the world, but it does guarantee that, as we have with all our prior projects, we will finish the project in 2012, on time and on budget," Wolk said.

This project includes a new 150 bed residence hall and an open air pavilion. The new residence hall will be constructed over the tennis courts behind Ellis Hall and the pavilion will be built where the Physical Plant building



PAULITA FYSH / CASTLETON SPARTAN

Dave Wolk (center) watches the presentation from his seat in the audience.

is now. Several awards were also given out during convocation including: Employee of the Semester to Karen Sanborn of the Media Center, Commuter Student of the Semester to Brooke Surprenant, and Outstanding Castleton Alumni to Richard Richardson.

"It was exciting to hear about the new projects and see pictures," Jaklyn Van Manen, CHANGE coordinator said after it ended.

"I thought it was really interesting. It was a really good way of coming together at the beginning of the year," added freshman Savanna Cortvriend.

Wolk said he is optimistic about the coming year and is proud of what was accomplished in the past year.

"We are making history at Castleton every day. Let's continue to make smart decisions and work together to improve Castleton," Wolk said.

So long, Summer

By David Blow
Castleton Spartan Advisor

It's good to be back at school.

Sometimes I feel that I'm a little unique in thinking that, but in the days leading up to the return of school in the fall, I can't wait.

Not that spending summers at home with a 10-year-old daughter who is constantly "bored" and a newly minted teenage-daughter who texts her way through days isn't fulfilling, but I like to work and I miss the students.

After spending from 1990 to 2005 in a newsroom where every day is chaos, much like when school is in session, slowing down in the summer time is difficult for me. I can only do so many home projects and can't really sit that long lounging by the pool, which people who don't have my level of undiagnosed ADD can't understand.

I like chaos. I like the hustle of school and the not knowing what each second of each day might bring.

Granted, at times it can get a little overwhelming putting out student fires and attending various faculty meetings and making sure this paper gets out six or seven times a semester, but I feel stimulated and useful and energized.

I liken the first day back at school like a box of chocolates, to quote the ever-so-eloquent Forrest Gump. You spend that first class sizing up students, seeing what potential lies in them to participate in class and write great stories. You wrack your brain to remember new names and faces.

I assume they are all sizing me up too. What's this guy all about? Is he going to be easy? Hard? Fun? Boring?

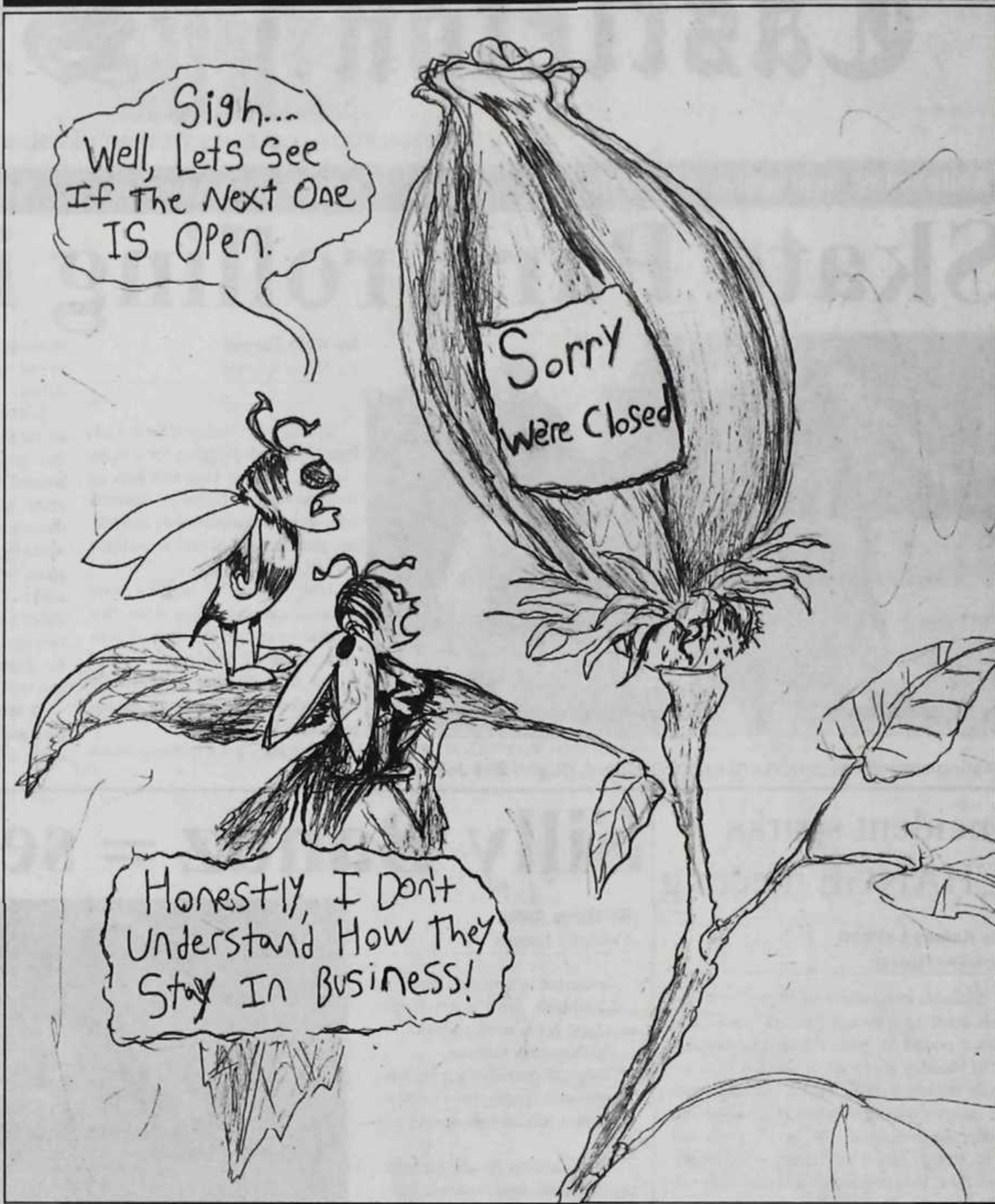
You see the freshmen at orientation doing their best to fit in and be cool. They have gone from kings and queens of the hill as seniors in high school to the low end of the totem pole as freshman and I love watching how they handle themselves in that new role.

And I enjoy seeing my colleagues again, chatting about their summer excursions and catching up.

Many colleagues always comment on how summer was too short and they say they aren't quite ready to begin, to which I always say I'm psyched to be back, usually leading to inquisitive looks. But most of them have been at Castleton a lot longer than I have so maybe that comes with time.

But I hope I never lose that desire to get back to school each fall. I don't think I will.

www.CastletonSpartan.com



JAMIS LOTT

Downloading image

THINK TANK

Welcome everyone! Old thinkers and New! THINK TANK is back and we're fishing for YOUR thoughts. The question is, "WHAT DO YOU THINK?" Do you have passion for a particular philosophical concept or do you have recurring thoughts regarding the bigger picture? Perhaps you just want to inquire about the nature of things.....

Please submit your big question or ideas in a short paragraph and they may possibly be submitted in the next great THINK TANK for further discussion. Please note if you wish to remain anonymous.

Also, if you wish to join the Castleton Philosophical Consortium we are starting to meet Thursdays N period, place to be announced!

Slow internet, fast anger

By Nick Minarik
Castleton Spartan

What issues are most important to students at Castleton? When surveyed, what they had to say was a lot of the same; there should be more parking, the Internet is too slow, the food at Huden is bad, etc.

This is exactly what anyone would expect. It's old news to everyone who's been at the school for longer than a week. But is it really as bad as everyone thinks? Do we really have any right to complain about the parking, food or Internet, the way everyone seems to think we do?

We decided to explore this question in detail, focusing first on the recurring response complaining about Internet speed and the findings were interesting.

Students who were surveyed were asked to take part in an Internet bandwidth test, which provided the average download speed of the Internet at their school.

As a frame of reference, average residential Internet can download a file at 350 kilobytes per second, which can download a song in about 20 seconds or load a three-minute video in 10 seconds.

When the results came in, there didn't seem to be much of a theme. The download speed at Bennington College was lightning-fast by normal standards, clocking in at 4,028 kb/s. However, when compared to the 11,062 kb/s speed at Alabama, it was much less impressive.

In an average from six students in three residence halls in Castleton who took the test simultaneously,

we clocked in at 2,638 kb/s, only beating the last place The College of New Jersey, which had a speed of 1,427 kb/s.

Castleton student Kyle Reed stated, "I'm not happy with the speed of our school's internet. There is a lot of room for improvement."

Based on the results of the tests, this seems justified. However, another factor that must be taken into consideration is the price of rooms charged by the respective campuses. We're going to use a price-to-speed ratio for convenience of comparison, which will divide the internet speed in kilobytes per second by the price of room in dollars charged annually.

The ratio for Castleton is a less than impressive 55 percent, meaning for every dollar a student pays to room at CSC, he is getting a .55 a kilobyte-per-second download speed.

How does that stack up to other schools? TCNJ fell at 38 percent, Marist College achieved 207 percent, Bennington scored an average 65 percent while schools like James Madison and Alabama soared at 298 percent and 220 percent respectively.

When compared to larger and more expensive schools, it seems within our bounds to complain about the Internet speed. JMU beat Castleton's ratio by nearly 6:1. On the other hand, when compared to other equally as expensive schools like TCNJ, maybe we don't have it so bad here after all.

Next time you get aggravated at the Internet here at Castleton, ask yourself if it's really worth getting fed up over when those poor souls at TCNJ are probably waiting twice as long as you are and paying just as much.

Castleton Spartan

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Professor Robert Wuagneux checks his Facebook account which is packed with student friends.

JESSICA LAWRENSON / CASTLETON SPARTAN

Facebooking professors, friendly or intrusive?

By Keith Goulette
Castleton Spartan

Picture this: you're a well-respected educator at an institution who has always been helpful and friendly to your students. You log onto your Facebook account one day and notice that you have a new 'Friend Request' so you click through to see who it's from.

It turns out to be a current student of yours. Do you accept the request?

This is a dilemma growing more and more common lately. What was once a Web site used mainly by high school and college students is now finding new members in adults and in this case, teachers and professors. This inevitably leads to the issue: is it ethical to become a 'Facebook friend' with a student that is currently in one or more of your classes?

Some professors, like professor of communication at Castleton State College Robert Wuagneux, use Facebook as "a tool to connect with people in a positive way."

"I have no policy [on the matter], anyone who wants to can be my friend ... [I use it because] I'm interested in my students. I'm not a troll, I don't do trolling."

"I like to keep it friendly and fun, much like my classes ... I might write a little positive blip [to a student] if they're seeming a little down. Why not?"

Anyone who's had Wuagneux as a professor knows that he is not one

to miss one of his classes unless it's an emergency. One day, however, an emergency situation came up and he knew he wouldn't be able to make it to class.

"So I got on Facebook, sent a message to all of my students telling them I couldn't make it to class the next day, and that was that. That's why I like Facebook."

Roy Vestrich, another communication professor at CSC, originally got a Facebook account "to kill some time" last year after a fall on the ice forced him to spend a week at home, recovering in his bed. He found it to be "great for connecting with old friends and colleagues."

Then came a 'friend request' from a student.

"I had to think about it," he said. "If I'm friends with a student and something came to my attention that I knew was endangering to themselves, [I would have] the professional obligation to address that."

This was one reason Vestrich initially had a strict policy on not becoming 'friends' with current students.

But some students don't see the big deal.

"I think it's okay for students and teachers to be friends on Facebook as long as they keep their relationship professional," said Elsa McLaughlin a senior at CSC. "It's true that it's a social networking site, and people should be able to behave socially while using it, but it's also the Inter-



JESSICA LAWRENSON / CASTLETON SPARTAN

Professor Robert Wuagneux's profile on Facebook.com.

net which is public domain. So anyone has access to what you say and do on your Facebook page."

Unlike Vestrich, Nancy Jarchow, a foreign language/theatre teacher at Williamstown Middle-High School in Williamstown, Vt., feels that "being friends with current students [helps me] learn more about what interests them and we connect on a more individual level. This really carries over into the classroom because I feel as if my student-teacher relationship is very much enhanced by this extra contact. I don't believe there are any cons to it."

Emma Lamson, a senior at WMHS and daughter of Nancy Jarchow, disagrees with her no and is not friends with any current teachers.

"I think there is a lot of stuff that goes on in a student's life outside of school that their teacher doesn't need to see. It could be deemed inappropriate having teachers know everything that you put on Facebook," she said. "I also personally believe that a [teen's] social life and a teacher's social life should be kept separate. Maybe I'm just old school, but I do believe that teachers are in your life to teach, not to be your buddy."

New program launched to reward civic work

By Jill Bassett
Castleton Spartan

Do you do a lot for the community and often go above and beyond to help out in the community? And wouldn't you like recognition for those efforts to possibly help show future employers how hard you work?

Well, now you have that opportunity. With help from a grant given by the David Education Foundation, Castleton State College is now offering a Civic Engagement Certificate.

A committee consisting of Assistant Academic Dean Tony Pepper and professors Melissa Pinto, Cathy Van Yperen, Lilian Jackson, Dave Blow, and Dennis Shramek has been working hard for three years meeting with each other, students, the Student Government Association and even other colleges with similar programs to create this Civic Certificate.

There are special requirements needed to be able to be eligible to get the certificate including attending a two-hour orientation and training session, completing four civic engagement course, completing 160 hours of approved fieldwork, and completing a paper or project at the end. Details are explained in-depth on page 12 of the 2010-2011 student handbook.

"The certificate is designed to fit any major or political background; it is something that doesn't limit students," Pepper said in a recent interview. "The four courses that are required can be classes that students have to already take because of their frames or majors; they are not four extra courses."

"The hours of service can be part of a club, course, or even sport simply anything

that is approved."

The part that excites Pepper is that it teaches any interested student how to be a leader in his or her community and said "the purpose of the certificate is for any Castleton graduate to get and learn skills needed to be an agent for positive change in the community."

As part of the research for the certificate program, the committee visited to Wagner College in Staten Island to see how their civic engagement program was run. There professor David Blow met a girl from the Rutland area who was starting an orphanage in Kenya, an idea that bloomed from their civic engagement project. Professor Blow said the committee learned a lot from the visit and that it helped form Castleton's program.

Blow said he believes the certificate simply "rewards students for going above and beyond."

But one student questioned the motive of the certificate, saying civic service shouldn't need to be rewarded.

"Why would I want a certificate when it's volunteer work," stated junior Jessica Lawrenson.

But committee members argue that because the certificate will be on a student's transcript, it could be the thing that makes the student more marketable to an employer when being considered against other similarly qualified applicants.

"A person involved in the community who makes a positive difference is the kind of person employers want to hire," Pepper said.

Later this month there will be an informative meeting for students to get together ask questions, learn about the certificate and sign up.

CSC Public Safety Blotter

August 2010

Date	Incident	Location
8/07/10	Argument	Castleton Hall Lot
8/12/10	Accidental Poisoning	Glenbrook
8/17/10	Possession of Marijuana	Haskell Hall
8/24/10	Theft	Huden
8/24/10	Theft	Ellis Hall
8/24/10	Alcohol Incident	Wheeler Hall
8/25/10	Alcohol/ Misuse of I.D.	Wheeler Hall
8/25/10	Possession of Marijuana w/ Intent	Audet House
8/26/10	Possession of Marijuana and Paraphernalia	Audet House
8/26/10	Notice Against Trespassing/ Trespass	Sidewalk of Castleton
8/28/10	Alcohol Violation/ 18 y.o.	Ellis Hall
8/28/10	Notice Against Trespassing/ Trespass	Castleton Hall
8/28/10	Notice Against Trespassing/ Underage Intoxication	Castleton Hall
8/28/10	Possession of Marijuana and Paraphernalia	Observatory Hall
8/29/10	Possession of Alcohol/ Lying & Disrespect	College Drive
8/30/10	Underage Intoxication	Wheeler Hall
8/30/10	Vehicle Accident	Observatory Lot

Fresh Perspectives



Bridgit Erin Connors

One thing I've come to terms with here at Castleton is that I can never rely on an alarm clock for anything. My first day of ice hockey conditioning started with me rolling out of bed groggy, mumbling obscenities and showing up five minutes late. Not the best first impression, but I'd be lying if I said I was ever on time for anything. It's comforting in a somewhat sarcastic way to see that some things never do change no matter how old you get.

Well, I guess it's not exactly the best thing that I carry these bad habits as I start my first year as a freshman at Castleton. My plan to be perfectly organized for college hasn't exactly held together too well thus far. I'll get the hang of it one of these days, I guess. But as my constant procrastination shows, it most likely won't be anytime soon.

I'm slowly coming to terms with the fact that I have to be responsible and work for what I want accomplish on my own in college. I feel like I'm not ready to take on that responsibility sometimes though.

I constantly look at the pictures on my desk during the days and wish I was back at home instead. All of these pictures are little reminders of what I have waiting for me in Connecticut. Even if it's the place that I constantly complain about, I still miss it, and I wish I was still there sometimes.

The photos of my newborn self being held by my mom and my dad are just reminders that I'm growing up, and that I need to appreciate all the opportunities they have given me. Maybe I didn't grow up too fast, maybe I just wish that I really made better use of all that they provided me with. I wish I didn't take them for granted so much.

Most of all, I wish I could blame that damn alarm clock for the time that has passed me by so fast. I wish I could go back to the summer with my boyfriend, good friends and a little less responsibility. However, this alarm clock doesn't have a snooze button, and eventually I will have to wake up to college life.



Bin here bin there



Be sure to use the new recycling bins located all around campus!

Campus Quips



Jill Bassett

Question: What brought you to Castleton?



Thomas Nyanti

Freshmen
"Recruited for basketball."



Kenneth W. Cook

5th year senior
"Baseball."



Hannah Blood

Sophomore (transfer)
"Old school sucked."



Ryan Baldinelli

Senior
"Small college with my major and a good atmosphere/ vibe."



Nicole Fish

Freshman
"Friendly environment, good sites and laid back."

The Spartan in the rock

Castleton students and professors embark on a surreal adventure into the American Southwest.

By Wanderin' Wyatt Aloisio
Castleton Spartan

It's amazing what images people can see in other things if they look hard enough. Clouds becoming rabbits, Virgin Mary's in a grilled cheese sandwich or even the faint outline of a Spartan warrior's helmet upon a rock face.

This was one of the first things that greeted the 18 Castleton students as they arrived at the Ghost Ranch educational retreat center in Abiquiu, N.M. on Aug. 30.

"It seemed to stand out naturally to us," student Spanish instructor Paul Chrisman said about the eerie formation of the Spartan outline. "We all looked up and there he was in the side of Kitchen Mesa."

For the next week and a half, this isolated desert environment would be the first of many unique "classrooms." The students then moved into the main facility in downtown Santa Fe.

By the week's end, the southwest students had already experienced visits to local museums, kayaking in the Lake Abiquiu reservoir and touring ancient Native American settlements. All contributed to school credit earned under the Southwest Exploration course.

"We're trying to experience another place and its cultures," said anthropology of the environment professor Paul Derby. "For us to be able to learn about prehistoric cultures and the continuity on native ones today, this is Living Anthropology."

Also heavily embedded into the semester's curriculum is the Southwest Arts. Under the guidance of art professor and longtime New Mexico resident Liza Meyers, students learn valuable art history in the area.

"Immersion of students into art and culture and its numerous realms in Santa Fe through exploration and personal artwork is the goal," she said.

Talks about famous local resident Georgia O'Keefe are frequent in this time and watercolors are a must.

And the free time outside of class?

Students can be found happily bonding with one another and designing ways to better explore the desert area.

Almost every night, the group could be found in the front field of the ranch, taking advantage of the minimal lighting and uninterrupted nighttime view. Meals were preceded with moving three separate tables into one big one for all to sit together.

"There's so much of this place to take in," said student Samantha McClay. "Even though we've only been here a week, it seems as though we've been here longer, and we've all become so close—less of a class and more like comrades."

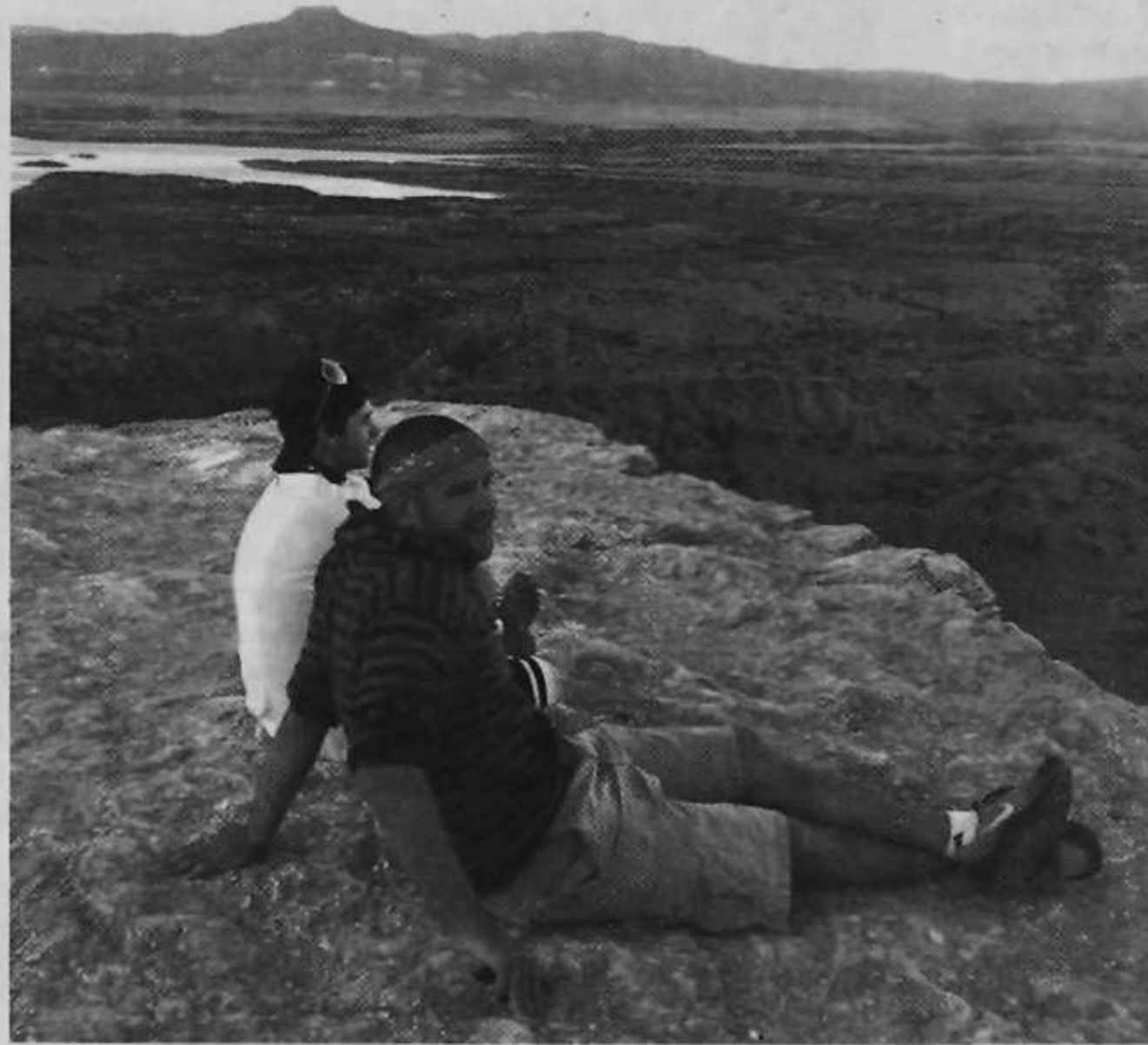
Follow the adventures online on Facebook. Just type: Santa Fe Semester 2010 Castleton State College.



WYATT ALOISIO / CASTLETON SPARTAN
Nostalgia Town, located roughly fifty miles into Kansas, offers the curious traveler a look into the world of the past and some of America's most famous icons.



WYATT ALOISIO / CASTLETON SPARTAN
Can you spot the Spartan in the rocks?



WYATT ALOISIO / CASTLETON SPARTAN
Nathan Dunn and Paul Chrisman look out over the New Mexico desert just before sunrise.



WYATT ALOISIO / CASTLETON SPARTAN
Samantha McClay admires sunflowers near a windmill farm in the heart of Kansas off route 24.

I scream, you scream, we all scream, for Mr. Ding-a-ling, ice cream man

By Aaron Zrenda
Castleton Spartan Contributor

Do do do do do do, -do dooooo. Do do do do do -da da daaaaaaaa.

It's all I hear as I arrive—at 11:30a.m. exactly. The distinct melody of "It's a Small World," blares within my vintage 1970's ice cream, and is just one of seven tunes that I have at my disposal. The same tune bangs out every day. It is the only one I can bare. I can't do the whole Row, Row, Row Your Boat thing all day.

Yeah, laugh now. I am the ice cream man.

Smiles immediately start beaming and every parent's attention is drawn as soon as little pleading eyes hit the Kelley's Ice Cream truck once I appear from under the railroad bridge.

I pull up along the two-foot white cement boardwalk walls of Giant's Neck Private beach club, which also connects with the large Rocky Neck State Park beach in southeastern Connecticut.

Here is where I will be spending the next five hours by myself—chugging waters, chewing sunflower seeds, stretching my back out, reading, stretching my arm, chewing the hell out of bubblegum cigars and watching people enjoy the 300-yard sand bar that the beach possesses—and of course dish out ice cream.

Here is where I will hear the waves ripple as I sit in my chair and lose weight sweating like a Backstreet Boy.

The sweat pours from me.

My long hair is frizzy and the wet tips (would) grab my face every time I reach into the cooler for another ice cream.

It's always 10 to 15 degrees hotter in the truck. The heat gets irritating enough, but what makes the situation worse is the usual dumb question: do you have air conditioning on that thing?

Come on people. My truck's paint hasn't been touched in 30 years, the radio doesn't turn on, and it



smells like diesel fuel mixed with hot garbage and melted sugar.

While on the truck, I had a lot of time to ponder my thoughts as a drug dealer.

Whoops! Did I say that?

Yes.

That's essentially what I was all summer. I was a legal drug dealer. People couldn't get enough. Smiles would jump onto people's faces every time they got an opportunity to make a selection from my truck.

Pushin' cream, is what my buddies and I called it. Running around looking for hot spots to sell my product so my paycheck would climb. I was in the rich neighborhoods and at the beaches for the first half of the day and in the city projects by late afternoon until nightfall.

I had every different kind of customer. The beaches had mostly upper-class families with children who were mainly just there for the summer. I would just drive by grand estates with incredible views dreaming to myself, as flocks of little kids would storm to my truck three times a day, everyday, to feed me their parent's money and in return get deliciousness. These kids had it made.

I also had the other end of the spectrum. The inner city kids whose day you made just by showing up, playing the song and ringing the obnoxious bell

again and again. It was different entering the projects. You either see very poor families with many children or lots of Islamic and Chinese minorities who are stationed close to the Pfizer scientific research plant. I can't lie, sometimes I would cave in to the little girl in the city who couldn't count her own change, and didn't have enough, but wanted a bubblegum snow cone.

"Here! I want that one," the girl yells before following with a pleading smile.

I mean, the devastation it does to kids when you tell them they cannot have ice cream is sometimes too much to bear.

I definitely had to choose my battles though.

Free ice cream can't be for everyone.

Some people are just ruthless and try to scam free stuff, others mean well and deserve it. In this case I would let free candy fly and make it rain crybaby gumballs just to get a laugh at how aggressive some children get when running after candy.

I also would check in with the skaters across town. The young athletes would slam Mountain Dew and eat baseball size jawbreakers all day as their bodies took nicks and bruises from wipeouts. These hyperactive kids could not get enough of a rush.

Then there was granny Thompson across town who needed her ice cream too.

Old people get excited at the site of an ice cream truck just as much as the children. Except usually you have to put up with their stories of how they can't believe the ice cream man is still around, about how the prices were much lower, and how the toasted almond bar is still the best.

No granny, the Twix ice cream bar is.

All in all, I hustled hard this summer. I knew I was being paid based on what I sold. I got a quarter of whatever I sold allowing me to rake in around \$15 (dollars) an hour slinging ice cream.

Yeah, so laugh now everyone who landscaped for less this summer and now have back problems.

Sammy Adams rocks Castleton

By Maria Arnot
Castleton Spartan

The walls of the FAC were lined with anxious students while SGA members prepared themselves for the doors to open promptly at 9:00.

Students filed in, displaying the tickets they had received a week in advance, leaving very few available seats in the energy-packed auditorium.

And as the clock struck 10, students flooded the stage, and chants of "Sammy, Sammy, Sammy" echoed through the auditorium.

It was time.

From the moment word leaked that Sammy Adams was coming to Castleton, students could hardly contain their excitement. Comments accumulated on Junior Bart Kallgren's status the moment he leaked word of the

concert. And as the days approached, the excitement only grew with students wandering around campus discussing plans to be the first in line for tickets, or how they would meet the infamous Sammy Adams.

"[From the very beginning] students were excited," said SGA Vice President Bart Kallgren. "There was even a lot of response that Friday, before the concert, with kids wanting to know what exactly was going on, asking questions like 'can we bring friends, etc.'" he said. "Students were pumped."

The Sept. 3 concert was open to Castleton students only, and featured 23-year-old rapper Sammy Adams, or Samuel Adams Wisner.

"The concert was offered for free, and since students had already paid the activity fee, we decided it wouldn't be fair for students outside



ROBERT BURGE / CASTLETON SPARTAN

to come and take Castleton Students spots," said Kallgren. "And we didn't want to do it in the gym because it would have been about three times as

much with the extra prices of lights, staging and Atomic Crew, which is a renting agency in Rutland," he ex-

Continued on page 6...

Art display in library draws attention

By Megan Harris
Castleton Spartan

The Katherine Aubrey art exhibit currently covering the walls of the student lounge in the Coolidge Library is certainly capturing glances.

"It's interesting—and kind of weird," said student Amanda O'Donnell. "You really don't know what to think of it."

There are 23 pieces on display and they all feature women, either fully nude or somewhat exposed. The underlying theme seems to be of the goddess mother bringing forth life onto both our own planet and seemingly other realms of existence too.

Aubrey, on her Web site, put into words how what she hopes to accomplish with her unique art.

"My purpose for painting is three-folded; re-creation, recovery of self and reconnection. I see painting as a physical and sensual approach to give flesh and bones to a long-buried instinctual voice. I see painting too as an act of

recovery, a personal quest to unity of self.

"As I paint, I gather the pieces, like a meditation in action, fusing the collected parts into an organic vision coagulated into the oil work of the painting. And I want to re-connect the human to a more organic understanding of life, borrowing from the ever-lasting woman-spirit as "LIFE-GIVER," notion today too often derided or forgotten. I project the almost heraldic figure of Womanhood into the one of the Tree as the perfect combination of the sacredness of the Natural Life we are today too often alienated from."

Aubrey's statements are bold, captivating and intriguing much like the actual art. The colors are bold, the images are forceful and the subjects are open for interpretations.

"I really enjoy her paintings. I think most of them are very beautiful," said art professor Bill Ramage, who made arrangements for Aubrey's art to hang in the library.

The exhibit will remain up throughout the month of November.



JOHN SHRAHEK / CASTLETON SPARTAN

Movie Review: Eat Pray Love

By Alison Clark
Castleton Spartan

She eats in Italy, she prays in India and gets on with her life in Indonesia. The film, based on the New York Times bestselling memoir of the same title by Elizabeth Gilbert, tells the emotional story of one woman's journey to self-discovery.

Julia Roberts stars as Elizabeth Gilbert, a woman who finds herself divorced, depressed and in need of change. To reignite her zest for life Roberts plans a trip to Italy, India and Indonesia.

In Italy she learns Italian, makes amazing friends and eats an insane amount of pasta. She learns to eat guilt free and buy a bigger pair of jeans. She leaves Italy to live in an Ashram in India. Her time in India teaches her to pray, to accept and to forgive. The third leg of journey takes her to Bali where she works with a medicine man teaching him English and absorbing some of his wisdom. Oh and she also falls in love... She eats, she prays and she loves.

Directed by Ryan Murphy the producer of Glee, Nip/Tuck and Running with Scissors, the film is well paced and filled with gorgeous

footage of the countries she visits. Roberts captures the emotional complexity of a woman who has lost her way with amazing poise and believability.

The film is beautiful to watch the backdrop of a sun soaked Italy, vibrant India and lush Bali is exquisite. They also take the sting out of the sometimes-dull never-ending discussion of how to forgive, how to be happy and how to find peace. With the combination of Julia Roberts and the word love in the title it's a safe bet to classify this movie as a chick-flick. But it's no love story. There's no guy meets girl, something keeps them apart...yata yata. Even though she does meet a guy...but it's not about the relationship it's about life and Roberts quest to find herself in a world she all too easily gets lost in. If you watching a skinny girl wolf down carbs doesn't infuriate you and women discussing heartache doesn't make you roll your eyes, Eat Pray Love is worth experiencing.



JULIA ROBERTS
EAT PRAY LOVE

Music Review: Britt Nicole

By Megan Davis
Castleton Spartan

In a musical endeavor that took me off the beaten path, I discovered a lesser known, but very talented artist, Britt Nicole. When most people hear the word "pop artist," the first thing that usually comes to mind is someone like Justin Bieber or Ke\$ha. However, Britt Nicole is nothing like your ordinary pop artist. She's a contemporary Christian pop artist who occasionally delves into rock. Though the religious undertones of most of her songs would be apparent to the astute listener, there's much more to it than just that. Her album, The Lost Get Found, which I had the pleasure of stumbling upon, was released in 2009 by Sparrow Records.

Her lyrics are beautiful, her rhythm and tempo are happy and upbeat, and her voice is brilliant. I didn't find a single song on the entire album that I didn't enjoy. The title track of the album, The Lost Get Found, will definitely get stuck in your head; it's got an undeniably catchy melody. That's not the only song you'll find running through your head, even days after you've listened, though. Hanging On is an-

other song with a contagious melody and beat. It isn't the chorus of this one that will get stuck in your head; it's the refrain that will be embedded in your brain.

Taking a break from the dancey melodies, the song Safe begins with soft piano, and a much slower tempo. It slowly begins to build by introducing bass and a quick drumbeat, and then it ends up being a very powerful song before falling back into the softened, slow tempo near the end. Alternatively, taking a break from the religious undertones and jumping right back into the upbeat and happy rhythm, Headphones is a song that begins with a bouncy piano beat and starts right in with a boppy bass beat in the background.

These four songs are only a small preview of the delight that is The Lost Get Found. Whether you like a beat you can dance to or lyrics that provide a heartfelt message, there's something on this album that everyone can enjoy. It's definitely an album that I would suggest giving a listen to as soon as possible.



BRITT NICOLE

Senior Column



Michael DeDotto

So came and went my last, first day of school ever. It wasn't monumental or worth remembering except seeing friends I hadn't had a chance to over the summer. I actually spent some time trying to remember my first day of kindergarten. It was 1994 and in the early morning shadows of my mom's sunflowers that seemed like towers, I waited for a school bus to take me across town. And waiting for me was Detective John Kimble. He asked me who my daddy was and what he did for a living.

But seriously, I am thankful for every day of my education, especially my time at Castleton. I'm lucky enough to have my parents put me through college and not have to worry about a full time job, or any other serious commitments outside school.

Ok, I think I finally have a firm grasp on reality and am ready to move on at some point. I had to learn a few things along the way. I've tried to come up with a short list of things I have learned in school. I have narrowed it down to five key things I will take away from college.

Number 5: Moderation. I had a lacrosse coach in high school who used to joke "moderation, boys" after a big win. Getting all torn up on the weekends can be fun, but also dangerous. Did you know 1 in 10 college students get alcohol poisoning every weekend across the U.S. according to a statistic I made up for this column? Not being able to hold your booze or psychedelic drugs isn't good when you get older and become a young adult. But getting rowdy every once in a while ain't bad if you have something to celebrate; "NAC Champs?"

Number 4: Talk to strangers. Sorry Ma and Pop, but I had to talk to strangers to meet people. But don't worry, I didn't accept any free candy. I'm not perfect even though I look it. So I can admit I've looked at someone before and said to myself, "Aw they look like a douche," and sometimes I've been right and other times completely wrong. Ask my closest buddies and/or ex-girlfriends. I remember FYS and listening to professors and goofy upperclassmen telling me to be approachable, and blah blah, and it really ended up working out like 80 percent of the time. The other 20 percent I looked like a crazy person.

Number 3: Time management, kids. Holy shit, I feel like time management should be number one for some reason. Who hasn't spent a few all-nighters by the time they're seniors? For the most part, I felt way more relaxed getting schoolwork out of the way early the few times I actually did. But I juggle multiple clubs, this gig, a part-time job, and a varsity sport. What are your excuses?

Number 2: Music makes the world go round. I expanded my music library so much in my four years at C-Rock. I was always a fan of writing and am a sucker for solid lyrics. Obviously jam bands and alternative bands kick ass in my book, but if I was never open to more music I wouldn't have believed Deltron 3030 saying, "rap ain't about busting caps and f**king bitches. It's about fluency and rhyming ingenuity."

Number 1: Keep a head on your shoulders. I never really understood what that means or if I even wrote it correctly, but I have come up with my own definition. Be true to yourself while keeping open to others. Being mature and viewed positive in others' eyes all comes down to how you look at yourself. Does that make sense? It sounds cliché. In fact these all do, but they're key things I've learned in college.

Honorable mention: Going to class (probably falls under time management, but really a no-brainer).

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2010/2011 UPCOMING GUIDE



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JOHN HIATT
TUES, SEPT 21
@ 8PM



DEATH OF A SALESMAN
WITH CHRISTOPHER LLOYD
TUES, SEPT 28
@ 7:30PM



PASSAGES AT THE PARAMOUNT
BENJAMIN MOSER
PIANIST
FRI, OCT 8
@ 8PM



RHYTHM OF THE DANCE
WED, OCT 13
@ 8PM



VICTOR WOOTEN
FRI, OCT 15
@ 8PM



RON WHITE
BEHAVIORAL PROBLEMS TOUR
THURS, OCT 21
@ 8PM



KANSAS
FRI, OCT 22
@ 8PM



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CSC student Chelsea Reppin makes her hotel room her quasi dorm.

EMMA RUDNICK / CASTLETON SPARTAN

Ramada Inn— temp. dorm

By Jessica Lawrenson
Castleton Spartan

Two beds with ruffled undone sheets, two desks with miscellaneous items covering the tops, hampers filled with clothes, and posters and pictures everywhere. Sounds like the typical dorm room. But in this hall the maid is in.

As of September 2, 36 students are residing at the Ramada in Rutland until they can move on to the college campus. But 20 of those students are moving on to campus the weekend of the fourth said Michael Robilotto, the director of residence life at Castleton. Students were placed there because they turned in their housing later, when there was no more space in the dorms but instead of turning those students away the school had come up with the alternative to live in the Ramada. The school did not want to force the students to find their own accommodations off campus; they also offered students living on campus already a \$750 incentive to move off campus. About 17 people took that offer said Robilotto.

Some students are okay with living at the Ramada though. Two students asked if they could be the last to leave. Chelsea Reppin is one of them.

"My first reaction was excitement because my brother lives in Castleton Hall and he told me about other people who

had to do it and he said I'd have fun," Reppin said while sitting on her queen sized bed against a wall of pictures she took herself.

Reppin believes that there are more pros than cons to staying at the hotel. For example more space, air conditioning, a queen sized bed and cleaning service twice a week. She is also happy with her room and roommate.

"I don't want a chance it," said Reppin when explaining how slim the chances could be of her getting a good room and roommate she likes a second time.

The students that are at the Ramada are happy with their CA Sam Funk. They said they are happy about the common space in the Enterprise building where Funk sets up activities for them to do. It is like they have their own little community. Paulita Fysh, Reppin's roommate, feels closer with the people there since she has been living there too.

Even though Fysh feels close to those around her she would have rather just been on campus the whole time. She thought it was cool at first when she first found out. But the first night there her toilet broke and the night manager did not understand and told her he was sick of complaints. She also recently saw a mouse running in her room. Fysh was unhappy with how long it took for the laundry room to be completed. However

the biggest problem for all of the students has been the bus schedule that shuttles them back to campus.

"The busses are what screw everything up," said Fysh while she went on to explain how it becomes difficult to use her meal plan on campus because of the busses and if you forget something you can't just run back to get it.

Fysh is always two hours early for class too because of when the busses come. This is a problem for all of the students staying there Reppin has to take the bus at 11 but her class is not until two. Joe Seeger another student residing at the Ramada agrees.

"It's frustrating because the busses are odd times with arrival and pick up times," Seeger said as he arrived at the hotel later in the afternoon.

Seeger said he was pretty upset when he found out that he had to stay there but he thinks he is more "chill" about it than others who are staying there.

As of now rooms on campus have opened due students not coming back, moving off campus, or withdrawing from the school. Most of these rooms are female rooms according to Robilotto. Students are promised to be on campus by at least the end of the semester.

"Moving on to campus will be another first experience for us," said Fysh.

Students advocate for CHANGE

Continued from page 1...

the walking trails, Linda Olson, who is co-chair of CHANGE initiative, said "when something like this happens, it's a trigger for survivors. And even if you're not a survivor, you might have friends that are and might need that kind of social support....there is support for you out there."

Although there are plenty of students involved, most are women. When asked about this, Olson said "This is not just a woman's issue; this is a human issue that affects all of us. So I think that one thing we can do is educate the campus that this is not just a woman's issue, all of our relationships are affected by these events...I think that administrators and faculty can actually nominate men that they think would be good in these roles, and when that happens, the men are more likely to apply. If there is a male you know that would be great as a PAC student, encourage him to apply."

Brittany Baron, a Peer Advocate student, said she thinks more men will sign up.

"I think that will eventually change. Right now CHANGE is still a very new group and I think that a lot of people need to be more educated on it before we can make steps in the right direction. Men have been in the program and there have been

issues with classes and just not having the time to participate, so I don't know if it's really because they think it is a woman's issue. Maybe they just don't see that it's an option to get involved, because many of them don't know what it is."

For some PAC students, the present issues with sexual assault on campus seemed to hit home. Many students decided to join PAC after experiencing sexual violence first hand or second hand.

"I found out about PAC last year because I had class with Linda Olson," student Emily Provo said. "I've also had friends who have been victims of sexual assault and violence, so I thought it was really important for me to get the word out there, to educate people on this problem. A lot of people don't realize that these events can happen to them."

President Dave Wolk told those attending the forum CHANGE is making Castleton better.

"I really like the collaboration that goes on in CHANGE. We can be a leader in this area, and frankly, we are. I think CHANGE is going to grow in the future and be a model for other colleges," he said.

Olson and VanManen urge students to contact them for more information about the CHANGE initiative or if students wish to become a Peer Advocate.



ROBERT BURGE / CASTLETON SPARTAN

Sammy Adams

Continued from page 5...

plained.

The decision paid off, with the auditorium ending up only four or five people below fire code.

"It was cool and very upbeat. It was very energetic and a great atmosphere," said senior Meryssa Wacholder, who was required to attend the concert for a class. "I had never listened to him before the concert and I have been listening to him with my roommate and he's actually pretty good."

Sophomore Kelly Tetrauh agreed.

"I only knew 'I love College' and 'Driving me crazy,' but it was all really good."

Adams, when interviewed after the show, seemed equally impressed with the fans here.

"Yeah it was dope, great energy," he said outside of the theater. "[Castleton] was a lot of fun, you know anywhere we perform when people know the music and people are nice and faded and like to have fun, it's good" he said.

Adams emerged as a rapper while completing a political science major at Trinity College in Connecticut and was, additionally, carrying the responsibility of being captain of their powerhouse soccer team.

"It was really hard to bal-

ance it. Especially with soccer and everything. Basically it was like, you have to make sacrifices," he said. "I had some cool ass teachers, I picked my teachers pretty well. I mean though, in terms of doing a 28-day tour while you are in semester is pretty ridiculous."

In the midst of all this, he was able to debut at number one on iTunes in May for his hit "Boston's Boy."

His most popular song though, and one that resonates most among college students, "I love college," was written "in his room while smoking blunts," he said.

"The one that's out right now," said Adams, "the one that's released, was the one that was recorded in my room. Someone actually ripped it off my computer and put it on YouTube and I didn't know. The next time I checked it was like 12,000 views."

Although the show lasted only approximately an hour, Adams performed a plethora of music, both new and old, keeping the crowd pleased for the entirety.

"This was really cool because it was all student run." This was just one of those things that you aren't going to get at another venue, only at our college," said Kallgren.

Sounding Off

In the past two weeks, we have been privileged to have a number of diverse, educational and entertaining Soundings events. Below is a sampling of student comments:

EVENTS HAPPENING SOON

Minnesota Moon

I identify with Larry most. I am from a small town in Vermont and it took me a long time to finally leave. I have always just waited for things to happen, but I realized you have to make things happen yourself. I needed to be an advocate for myself, and make things happen. Larry will probably stay in Maple Tree for a few years, but when he sees everyone graduating and moving on, he will want more.
Michaela Danielczyk

Frank Vignola Hot Club

Frank Vignola's first arrangement and the quintet's performance of it was inspiring. I was taken by the level of refinement that was the song's "skeleton," around which each player improvised. Not merely a set of chord progressions, the tune had many line and rhythmic changes, and it was neat to know they learned it in one day. I agree with Frank's comment that the guitar is easily accessible to the masses, who can easily create enjoyable music, if only for the player's enjoyment.
Jason Bradley

Phi Eta Sigma Lecture

Justin Carlstrom: Nutrition for Health and Sport Performance

I learned it's better to eat 2-4 hours before exercise because that gives the nutrients time to work in. I also learned alcohol affects your performance 2-3 days after consumption. I think a diet change that would be good for me is to eat a better balance of carbs and proteins. Since I'm playing a sport, I need to have more energy and be able to recover quicker.

Thursday, September 16th, 12:30 p.m.
1787 Room, Campus Center, Ticket Required

Stephen Kiernan: Authentic Patriotism

Award winning Vermont journalist, Stephen Kiernan, offers a prescription to a struggling America. For Kiernan, patriotism is more than a set of beliefs or a matter of opinion — authentic patriotism is the action and courage needed to solve some of today's toughest problems. Both in his new book, and his talk, he shares the stories of ordinary citizens making a difference in their communities, and inspires you to join the movement. Check out his B1 Facebook page and become an authentic patriot.

Tuesday, September 21st, 7:00 p.m.
1787 Room, Campus Center, Ticket Required

Alan Betts: Climate Change, Energy and a Resilient Future

Our society is faced with a major transition as peak oil arrives and climate change means rebuilding an efficient society, powered by renewable energy. How can we develop viable, resilient and hopeful communities with the flexibility to adapt to the transition that is coming? What do we need to know to understand climate change and the Earth? What might we have to let go? Vermont's major atmospheric researcher, Dr. Alan Betts, examines these and other relevant climate questions.

Thursday, September 30th— Sunday, October 3rd
Sept. 30— Oct. 2, 8:00 p.m.
Oct. 3, 2:00 p.m.

Castleton Theatre Arts Department presents Picnic

Labor Day weekend in small town Kansas brings the arrival of charismatic young drifter, Hal Carter, who shakes up the bored and lonely lives of several local women. Written by William Inge. Directed by Steven Small.

Check the Soundings Blackboard site for descriptions of other forthcoming events, grades, requirements, professor contacts, and more.

Remember that most events require a ticket: plan ahead!

Young bloods eager for NAC title

Kristie Dunchus
Castleton Spartan

At the end of last season the women's Field Hockey team fell to the University of Maine-Farmington 2-0 in the NAC Semifinal round at Spartan Stadium. But with that loss still fresh in the back of their minds, coach Tammy Landon and the 11 returning players are determined for a different outcome.

The Spartans opened their season on Sept. 1 at Skidmore College where they fell 8-1. But Landon believes that facing these tough non-conference opponents early in the season will only help her team when it comes time for conference play.

"Not only was it so many players' first game but it was against one of the top teams in NCAA Division III," said Landon. "We went in hoping to learn from it and I do feel as though we did."

But they quickly bounced back by defeating University of New Eng-

land 7-4 at Spartan Stadium on Sept. 4. The Spartans out-shot their opponents 20-8 in the opening 35 minutes of play.

Castleton once again capitalized on its success on Wednesday, Sept. 8 after defeating Plymouth State University. Senior Sarah Flore scored with thirty seconds remaining in regulation to boost Castleton to a 5-4 win over the Panthers. Castleton out-shot Plymouth 25-14, and held a 15-8 edge in penalty corners.

These two non-conference wins at home were major accomplishments for Castleton considering all the new young blood for the Spartans.

Landon knew she was going to have to bring in a large recruiting class this season because of the loss of many seniors in the past two seasons. In addition to the returning players, Landon has brought in a talented recruiting class consisting of 13 freshmen that, according to Landon, will make quite an impact to the team.

"I have been very pleasantly surprised by the overall talent

of the 13 new players that have joined us this year," she said.

Flore agrees with Landon and expects that the team will have a winning season this year despite having such a young squad.

"It's really exciting to play with this young talent who have blended really well with our upperclassmen," said Flore. "It's so exciting to see the freshmen being able to step out on the field and compete in such a higher level of competition."

Flore said that coming into the season the upperclassmen knew that there would be a lot of fresh faces and they would have to really work on getting used to one another's playing styles.

"We had to learn to become com-



Stephanie Paproski takes a ball down field against Plymouth State.

JOHN SHRAMEK / CASTLETON SPARTAN

fortable with everyone on the field," she said.

Overall Landon is very eager about the remainder of the season.

"The combination of our returning players and the new talent are re-

ally coming together," said Landon. "We are trying to work everyone in, get used to playing together, and get experience. So far a I am very excited about how our team is coming along."

Castleton Sports Shorts

Rob Doran
Castleton Spartan

Many times, when any team loses their senior captain they take a step back and usually lose some games they might have won. This can't be said for **women's tennis**. The Lady Spartans have come out strong, beginning their season with a 2-1 record.

After opening the season with a loss to a tough and better opponent in Colby Sawyer, Castleton has not only beaten its competitors down, but also beaten them down handily taking matches from University of Massachusetts-Boston 7-2, and Sage College 8-1.

Rob Purdy, the new head coach, has a young women's team poised and ready to make a run at a North East Athletic Conference title.

Michelle Podnecky has pushed toward the same this week and it earned her NEAC East Player of the Week.

The girls are back at home on the 18 and 19 of September vs. Thomas and Lyndon State.

Cross Country is off to a fast start as well with wins coming against Green Mountain and St. Joseph's in a tri-meet this past week.

The women had an impressive 1st place finish as a team. Maggie Klein, who was awarded North Atlantic Conference Runner of the Week, led the Spartans.

Klein finished with a time of 22:25. Not far behind her was Amber Ruscoe who came in with a time of 22:40. The women finished with 5 of the top 6 runners in the meet.

The men who also ran in this race shared the success of the women and finished first overall as a team, but more impressive than that, they took the top 8 spots in the race.

Nohea King and Isaac French led the charge with times around 31 minutes. The rest of the team followed closely behind, all finishing within 4 minutes of each other to take the win back to Castleton.

The Cross Country teams travel to University of Massachusetts-Dartmouth for the invitational race on September 18.

Despite the success of some of the teams early in the season, the **volleyball** team is experiencing some growing pains.

After losing a number of senior starters from last seasons roster, the Spartans are off to a rough 0-2 start.

With losses coming to Norwich and Mass Liberal Arts, both by a score of 3-0, the young ladies of the Spartan volleyball look to rebound vs. Anna Maria on September 18.



Castleton's Zac Conlogue dribbles past the Colby-Sawyer goalkeeper

JOHN SHRAMEK / CASTLETON SPARTAN

Men even record to 2-2

Mike DelDotto
Castleton Spartan

The Castleton State College men's soccer team evened its record to 2-2 after narrowly escaping SUNY Cobleskill on the road on Sept. 12. The Spartans won the game 2-1 with a late goal from sophomore forward Trevor Kotrady. Kotrady took a feed from senior midfielder/forward Josh Costa and sent it home for his second goal on the year with 15:15 left in the contest.

Coach John Werner, now in his seventh season, was proud of his team's performance.

"[The players] represent Castleton well," said Werner. "Kotrady has stepped up and [sophomore defender] Jake Roswell has played very well. And [senior defender] Anthony Buehler is just a great player."

The Spartans struck first with Costa finishing a Kotrady cross as the duo was no match for the Fighting Tigers' backs. The tally that gave the Spartans a 1-0 lead came just ten minutes into the match and stayed as the lone goal until the second half.

Cobleskill midfielder Aaron Gallusser went long-range when he bent a free-kick over and around the Spartan defenders from about 35 yards out to

level the score at 1-1.

Castleton dominated the shot column 30-9.

Getting the nod in goal for the Spartans was freshman Nate Koenemann who stopped two of the three shots he faced.

"[Koenemann] worked hard in practice," said Werner. "We thought he deserved it."

The Spartans traveled to Southern Vermont College on Sept. 8 where they were upset by the Mountaineers by a score of 1-0 despite dominating the game once again. Castleton outshot S.V. 22-5 and had a 14-2 advantage in corners but could not capitalize and

match a 16th minute goal from Mountaineer, Nick Haggerty.

"We hoped to be at least 3-1 and instead we're 2-2," said Werner. "We got upset on Wednesday because we had trouble finishing and it cost us one win."

Coming up big for Southern Vermont was goalkeeper Aaron Eschler who made ten saves against the resilient Spartan attack.

Castleton travels to SUNY Plattsburgh tonight for a non-conference showdown and returns home Saturday, Sept. 18 to take on SUNY Potsdam.



Ericka Davis makes a save against Johnson & Wales.

John Shramek
Castleton Spartan

After losing its opening game of the season 2-0 to

Rensselaer Polytechnic Institute, the Castleton women's soccer squad won back-to-back games against Johnson & Wales and most recently,

Women on a two-game roll

Colby-Sawyer.

Castleton set the tempo right away against Colby-Sawyer on Sept. 8 as Courtney Chadburn scored her first goal of the season when she danced around multiple Chargers and set off a rocket of a shot that sailed over the keepers head and into the back of the net.

Despite the early lead, the Spartans did not allow themselves to let off the gas, keeping the pressure on Colby-Sawyer's defense.

In the 26th minute of play, Castleton doubled its lead off of a goal by junior transfer student Hilary Cooke. Cooke was able to handle the cross from

Maria Amot and deposited it in the goal for her second score of the season.

"Well we had just found out that [Colby Sawyer] are joining [the NAC] next year, so we were already pumped up because we were competing against a team that would really matter in our schedule next year," said Amot. "They probably felt the same way, so after we scored, we knew that they would want to come back and not let us beat them."

Keeper Ericka Davis secured her first shutout of the year for the Spartans, making five saves during the full 90 minutes of play.

Castleton looked more like the team they are supposed to be in the games against Johnson & Wales and Colby-Sawyer as the defense has held its own, allowing just one combined goal. The offense has also looked more

With the win, Castleton improves to 2-1 on the season.

The Spartans look to continue their winning streak as they take on Mass College of the Liberal Arts tonight at 7 p.m. The Spartans will kick off their North Atlantic Conference schedule on Sept. 25 against Thomas College at Spartan Stadium.



Running back Mick Wong looks for an opening against Utica on Sept. 11

JOHN SHRAMEK / CASTLETON SPARTAN

Spartans show promise

Team opened season with a heartbraker defeat by Plymouth State before a 59-22 loss to Utica.

Mike DelDotto
Castleton Spartan

Castleton head football coach, Rich Alercio, was looking for a better outcome against a Utica team that trounced his Spartans 62-10 a season ago at Gaetano Stadium in Utica, N.Y.

"Our goal is to be able to play with Utica," said Alercio, a few days before Saturday's week two matchup. "If we can be in the game with them late with a chance to win this weekend, we'd be thrilled."

Unfortunately, the Spartans fell hard to the Pioneers 59-22 on Sept. 11, at a sunny Spartan Stadium. But many positives can be taken from the game according to sophomore wide receiver, Evan Cassidy.

"We look where we were at a year ago and we didn't score an offensive touchdown," said Cassidy. "It's a tremendous improvement, we were putting together offensive drives and everything."

Utica came out passing the ball and continued the aerial attack throughout the game. Pioneer quarterback Andrew Benkwitt was sensational going 26-for-40 on pass attempts for 378 yards and four touchdowns.

Utica struck first with a 64-yard drive capped by a two-yard TD by running back, Jake Scott. The Pioneers scored on their next drive and quickly jumped to a 14-0 lead. Utica added another score before half, bringing the deficit to 20.

Castleton's first score late in the first half followed an impressive drive led by sophomore quarterback, Shane Brozowski. The Spartans drove 90 yards down the field using a no-huddle offense. With Utica backed up to their one-yard line, running back Tyler Carpenter punched the ball in for the touchdown. Brozowski passed for 71 yards and rushed for 27 yards on the drive.

Alercio is impressed with the way his young quarterback handles the offense.

"He gives us a chance," said Alercio. "He's going to get even better. To have the maturity to make good decisions on where to throw or who to give the ball to is great."

Utica scored twice more before the end of the half and the Spartans returned to the locker room down 33-7.

The Spartans had a good third quarter stopping Utica multiple times and putting together some noteworthy drives including one early that arrived at the Utica 17-yard-line, but Spartan placekicker Luis Robitaille missed a 34-yard field goal attempt.

Utica's Barrington Wallace blocked a Castleton punt attempt, picked up the ball, and strode into the CSC endzone for a timely Pioneer score putting them up 39-7.

The Spartans responded with a touchdown from running back and former Major League Baseball pitcher, Chad Bentz, which was followed by a Brozowski two-point conversion making it a 39-15 game.

The Utica offense was too much for the Spartans who fell to 0-2 on the season with the loss despite big performances by Cassidy, 10 catches for 66 yards, and Brozowski who completed 22 of 32 for 178 yards. Running back, Mick Wong galloped for a 50-yard touchdown late in the game and finished with a team-high 73 rushing yards on six carries.

The Spartans begin conference-play on Sept. 25 when they travel to Washington, D.C. to play Gallaudet with two tough non-conference games already behind them.

"Those two teams we played are the best we'll play all year," Cassidy said. "We're in conference-play and now it counts. We have two weeks to prepare [for Gallaudet]."

The Spartans fell last Saturday in the opener to Plymouth State 16-14.

In what looked to be a mismatch on paper in favor of the Plymouth State Panthers turned out to be a great defensive showdown. Plymouth won in heart-break fashion with a go-ahead field goal late in the contest.

Castleton had a dilemma early in the game to either try a 50-yard field goal into the wind, short punt the ball, or go for it on fourth down in enemy territory. Castleton decided to go for



The Spartan student section cheers on the team (top) while WR Evan Cassidy evades a Plymouth player (below)



JOHN SHRAMEK / CASTLETON SPARTAN

it and was stopped just short of a first down and turned the ball over.

"We thought we had the right play and they lined up in the perfect defense to stop it," said Alercio of the play. "Because it was into the wind, we didn't think we could make a field goal...the risk/reward was much more favorable for going."

Brozowski didn't like what he saw in the Panther defense when they aligned.

"[Brozowski] said, 'I wanted to

call a timeout', 'well then call a timeout!' I told him," said Alercio laughing. "He didn't like the play, he knew it wasn't going to work. Those are things that happen now for a sophomore QB in his first game. Fourth down, we have 3 timeouts to burn, it's a big play, call timeout lets talk about it, and lets get into a better play."

The Spartans are off this Saturday and return home from the capital on Oct. 2, to play host to conference rival, Mount Ida.

Sports talk



Chadwick Cioffi

It's no secret to those who know me that I am a fantasy sports addict. I spend my life updating my rosters, proposing trades and researching how certain players are expected to perform. I've been trying to get a Castleton fantasy league going, but so far it's just me as the league's commissioner.

Assuming others will finally man up and join my league, I'm going map out my draft picks.

With the first pick in the draft, it's hard to decide between Courtney Chadburn and Josh Costa. It's like choosing between Adrian Peterson and Chris Johnson, Costa leads the men's soccer team with five goals so far this season, making him a tempting first pick. But it's hard to argue with Chadburn's 24 goals last season. She has one so far this season, but I expect about seven more when the team plays Lyndon State. So guess I have to go with Chadburn with my first pick in the draft. She had 21 goals in her freshman season and 24 last season, so I'd say she's the obvious choice.

The pick has to compliment my first round pick of Chadburn. My offense is already solid, but why not load up while the stars are still on the board? Sarah Flore from the field hockey team would be a steal at this point in the draft with her four goals and three assists early on this season. Flore's teammate Courtney Nolan would also be a great offensive pick with her ability to attack the net and rack up assists. Nolan's two goals and three assists make her a consistent player to pick up in an early round. My gut tells me to go with Flore on this one, though. I see her having a breakout year and expect around 20 goals out of her.

I've loaded up my offense so far, but I need one more weapon offensively to give me that extra edge. I narrowed down my third pick to Tyler Carpenter, Shane Brozowski, and Evan Cassidy. These football players being left on the board at this point in the draft makes me embarrassed for the jokers I talked into joining this league because none of them should be available for a third round pick. Brozowski is tempting because of his knack for reading the defense and making smart throws, and Cassidy is a double threat because of his ability to return the ball as well as burning corners at the wide-out position, but if Carpenter is available I'm taking him. This kid is a beast, and I would gladly dub him the nickname of Beast Mode if Marshawn Lynch didn't already claim it. Carpenter has 109 rushing yards and two touchdowns in the first two games of the season, and this kid hasn't even gotten going yet.

I'm happy with my picks so far, in fact I'm ecstatic. I was lucky to draft Chadburn, but Flore was a second round steal in my mind, and Carpenter falling to the third round was a miracle. I have my players, I expect big things out of them, now I just need to find people for my league.



Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday September 26, 2012

CastletonSpartan.com

Castleton, Vermont

A ticket for...Skateboarding?



KATIE SAULT/CASTLETON SPARTAN
Students Kyle Van Gelder and Corey Potter ride their longboards down South Street.

By Will Stuhler
Castleton Spartan

It's a warm sunny Saturday morning and prime time for Huden brunch. A student makes his way there by kicking away on his cruiser skateboard, hair flowing through the air. He looks so peaceful strolling up South Street until a motorcycle passes by him only to immediately turn around and start flashing lights.

The boarder's gracious strides come to a halt. After exchanging words with the officer, the student picked up his board and sorrowfully walked his way to campus, where he could finally get back up on his board.

Castleton has large skateboarding population, but many are unaware

that there is a town ordinance that does not allow any "coaster" to ride on the streets. This includes skateboards, roller blades, toy vehicles or any similar device.

"I've been here for eight years and I know it's older than that," said police chief Bruce Sherwin.

Sherwin said there really hasn't been much enforcement of the ordinance until recently.

"People are becoming more flagrant with riding down the middle of the road. The way to fix the problem is through enforcement," said Sherwin.

Senior Brian McCarthy, a fellow boarder since fifth grade, has never had such a problem. He agrees that students are more flagrant, but he thinks they can coexist with motor-

ists.

"Skateboarders and drivers need to respect each other and be on the same page when it comes to sharing the road," said McCarthy.

Other boarders agree and criticized the enforcement efforts.

"It's BS! If they kept up the sidewalks, I would gladly ride on the sidewalks," said sophomore Alex Denny, who incidentally has been pulled over twice.

Sophomore Ethan Smith has also been nabbed by police.

"I was so angry that that I was pulled over on public roads," he said, adding that he's been stopped at least three times this past year.

"They should find real stuff to deal with rather than pestering skateboarders," said senior Kenny Bourneuf.

SGA plans phase-two think tank

By Megan Harris
Castleton Spartan

The Student Government Association has kicked off the semester with some great new ideas for projects, improvement for campus and insights into the future of our own Castleton State College.

In setting the tone for club spending for the semester, and ultimately the year, the SGA has declined the hockey team's request for funds to help support its trip to Europe. After debate over NCAA standards, it was decided that to avoid penalties from the organization, the SGA would not allot the funds.

"Anything like that would require them to forfeit games and they play on the national stage," said Alyssa Leonard, an SGA delegate member. "It could really affect their record and we don't want to do anything to jeopardize that."

Melissa Paradee reiterated this message.

"The associate academic dean has suggested the SGA stay away from athletics," she said.

She added that the dean wasn't dictating SGA funds, but that there were concerns regarding NCAA eligibility and possible sanctions if the money was granted. Another concern was that of gender equity in giving to this and other teams as well. Dean Jonathan Spiro, who made the determination, couldn't be reached for comment.

This decision by the SGA, however, does not seem to affect some of the other spending for teams. In striking down the hockey team funds, the SGA did offer some support to other teams, though the distinction seems to be the difference between club and team sports. The women's club rugby team has been granted funds to get new jerseys to the tune of nearly \$1,500.

Continued on Page 6

Duling bids farewell

By Anders Ax
Castleton Spartan

Though he carried a camera with him everywhere when working on campus, on the day of his retirement he didn't take any photos. But Ennis Duling was more than just Castleton State College's director of communications; he was a writer, photographer, teacher and historian.

For 24 years until his recent retirement, Duling recorded and published the history of the college through his photography, press releases, newsletters, and annual magazine.

He began taking photos of theater productions in 1988, not knowing he'd capture every performance on stage for 48 semesters.

"I didn't realize I was doing that until fairly recently, that I was documenting something," Duling said. "You could almost look at a history of the theater department through the photographs."

Colleagues marvel at Duling's commitment to the college and its students, like how he provided images for a 1991 theater graduate who contacted him via Facebook.

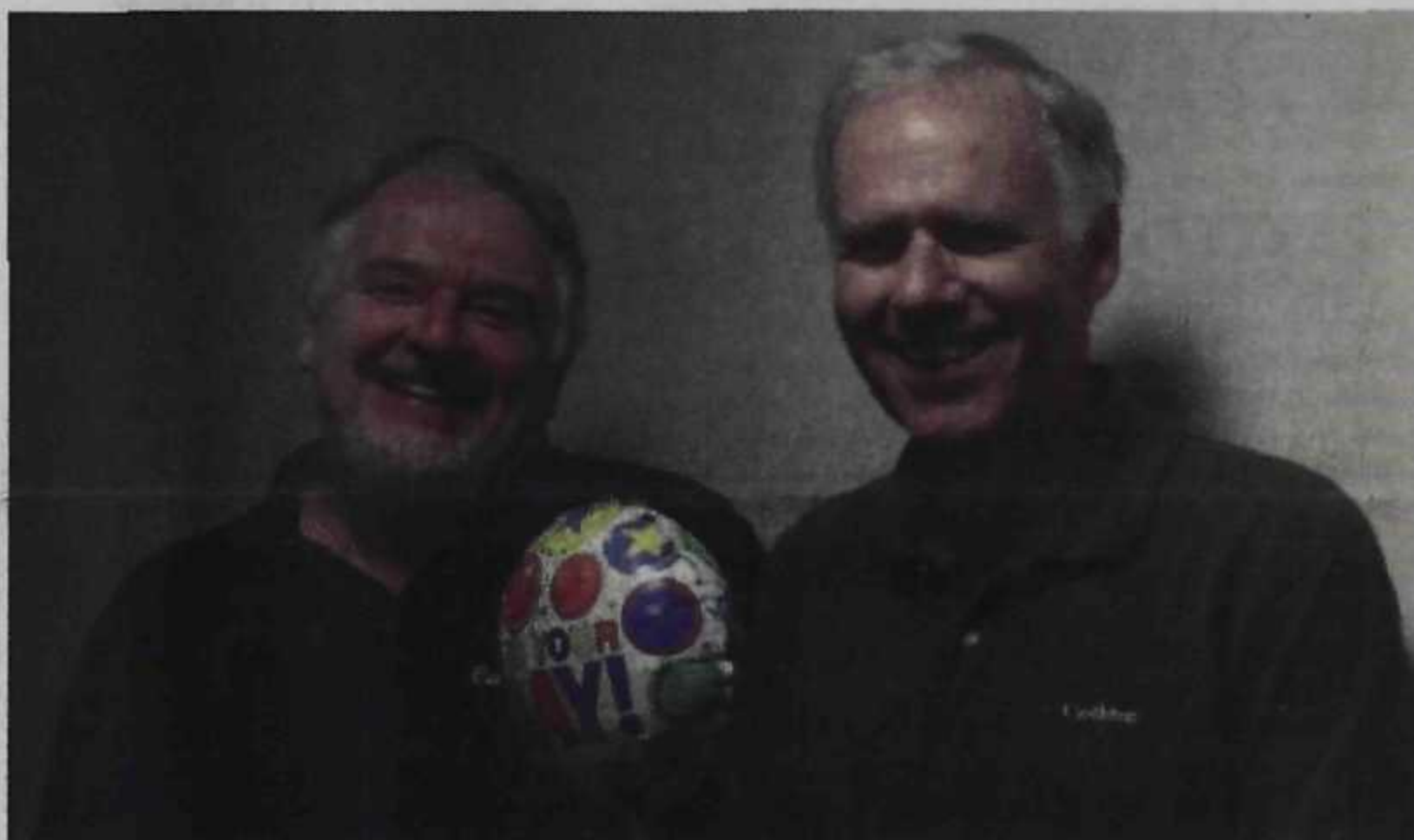


PHOTO CONTRIBUTED BY JANE FOLEY
Former Communications Director Ennis Duling (right) shares a laugh with Academic Dean Tony Pef-fer at the party to celebrate his retirement.

"What made him special is that he was totally invested in the college and its students," Castleton President Dave Wolk, said. "It was more than just a job, it was a passion. He has an affection for the students."

Knowing what was happening at the college is what Duling tick.

"I enjoy learning everything that's going on on campus," he said. "Sports, faculty, work, I love talking

about it. I just like what's going on at a college. I like meeting students."

Karen Trudeau, a 2011 graduate, said when she was a work study student in the communication office, Duling would ask her to tell him something he didn't know.

"Ennis is the role model that everyone should have in their field," Trudeau said. "If I can have the intelligence, persistence and calm that he has then I'll

think that I'm successful."

Trudeau added that Duling was also a compassionate individual who was highly aware of discretion and privacy.

"He thinks about all aspects of a situation and how to protect the people who need to be protected while also giving the public information in which they need."

Jane Foley, who worked beside Duling since 1988, she will miss working with

such a rare, multi-talented person.

"He was very strong," Foley said, adding, "He probably never knew that."

Duling has shown himself to be a capable spokesman for the college, so much so that Wolk pronounced Duling "an unsung hero because of his self-effacing manner."

He, however, would never describe himself so

Continued on Page 6

CSC's mail order minister

By Molly Demellier
Castleton Spartan

With the semester well underway, typical shipments of school supplies, books, and room décor have been flooding the mailroom. This year however, some Castleton students have made amendments to their back to school list and have ordered their ministry degree through an online organization.

The Universal Life Church is a non-denominational organization that provides its members with a certificate that allows them to legally officiate weddings, funerals, baptisms, ceremonial rights, and last rights. Members also have to the power to open their own church - as well as to absolve others of

their sins and they hold the legal title of reverend.

"It's so easy to do, you could just do it on your phone," said Castleton senior and recently ordained Rev. Konstantin Schonbachler IV.

Some may find Rev. Schonbachler's title to be misleading and even sacrilegious due to his lack of belief in any kind of god or even an afterlife. However, his non-existent beliefs in a higher power have not refrained the reverend from blessing dorm rooms about campus with the most holy water of Dasani.

When questioned on his opinion of The Universal Life Church, Father Henry Furman of St. John the Baptist Church of Castleton, did not oppose the organization but rather chose to view it as an entirely

separate entity.

"There is no priesthood apart from Jesus' priesthood," he said.

Castleton Sophomore and member of the Roman Catholic Church, Jeff Blanchette, said The Universal Life Church should be viewed in a positive light.

"Now that anyone can become a reverend, it opens a lot of possibilities. People can be married by their best friend, or have their children baptized by their godparents," Blanchette said. "It can add a level of intimacy to these experiences that may be lacking if one isn't familiar with their local priest."

Aside from the entertainment brought on by this mail order ministry, Rev. Schonbachler said he intends to use his title to do



PHOTO ILLUSTRATION/ MOLLY DEMELLIER
Recently ordained Rev. Konstantin Schonbachler IV blesses a CSC sculpture.

just that. He said he would gladly perform a wedding or other ceremony for a friend if they were rejected by their place of worship or otherwise chose to have a non-traditional ceremony.

"You look at any religious organization and they discriminate in some

shape or form," he said.

This is the appeal of The Universal Life Church to Schonbachler, the freedom it gives him. He is able to hold his title, yet use it on his own terms.

Look at it like an empty building," he said, "you go in and make it a home."

Are we all exceptions to the rules?

Ahh, back to the unfortunately familiar theme. An entitled internet user decides that she is immune to all consequences and tweets something that clearly should not have been put on the internet. 16-year-olds aren't known for their judgment, but this one goes above and beyond.

Shortly after President Obama made his acceptance speech at the Democratic National Convention, Alyssa Douglas tweeted: "Someone needs to assassinate Obama... like ASAP #DieYouPieceOfShit."

Not surprisingly, the Secret Service ended up investigating the situation to make sure it didn't pose a legitimate threat, and agents questioned Douglas personally as well. Clinton Masse High School in Ohio, the school the girl attended, had to make a statement reinforcing that Douglas' tweet in no way reflected their beliefs.

So now this girl that was previously probably nothing more than a spoiled teen like so many junior cheerleaders with twitter accounts are has now been thrust into the national spotlight, made into an icon of stupidity, and is now being alienated from communities she was previously a part of because, let's face it, who wants to say, "Yeah, that girl who tweeted about killing the President is a good friend?"

Some people may see this as overkill for what could be chalked up to nothing more than typical teenage stupidity, just like that phase all of us encountered at some point in our lives between the ages of 14 and 18. Imagine if all

of us had to be reminded of our teenage mistakes by national media. It would be pretty awful.

Here's the problem with that: this is clearly a case of a girl who was never held accountable for anything in her life and who never was forced to consider the consequences of her own actions. It's worrisome that this may become the norm, especially in the age of the Internet where people become ruder by the day because of the anonymity they are granted on Twitter, YouTube, and any other online community. Day after day, people post tirades about anything and everything simply because they can and feel it is somehow going to display to everyone how incredibly intelligent and correct they are.

Well, as hard as this may be to believe, the above scenario will never happen. It's more likely that the Secret Service will investigate your entire life than it is that you'll convert someone to see things your way with a tweet like the one Douglas posted.

It's saddening to see that this editorial has to be written so many times over so many specifics. Whether the internet is making us ruder or we have no concept of how to appropriately voice our discontent, it all comes back to one underlying concept: society is somehow becoming filled with people who feel they are the lone exception to all the rules.

Don't become part of this downward spiral, or you may end up being investigated by the Secret Service.

-Nick Minarik

What song are we singing?



NICOLE CARPENTER/ CASTLETON SPARTAN

"Innocence of Muslims" sparks conflict

A recent video published on Youtube under the title "Innocence of Muslims" has upset the Muslim populations of Middle Eastern countries around the world. United States embassies and consulates have closed their doors amid the protests held outside and hundreds of people have been arrested following the conflict.

Allegedly produced and distributed by Nakoula Basseley Nakoula, "Innocence of Muslims," is a fifteen-minute trailer featuring clips of the longer production that ridicules the prophet Mohammed and depicts him as a womanizer, a child molester, bloodthirsty, and without the qualities of any reasonable man.

It is a poorly produced, poorly acted, over-dubbed production that serves no artistic or practical purpose whatsoever, except to offend those who believe

in the Islamic faith.

To the western observer, the film and the protests that have occurred all over the world seem excessive and outrageous themselves. Why can't people take a joke or turn the other cheek? Why have thousands of people stood up in offense against a silly, inappropriate fifteen-minute montage?

We can say anything (except the desire to assassinate the president) without repercussion and Americans have been preaching our First Amendment rights for over 200 years.

Shouldn't all nations have the rights we have? Doesn't everyone deserve the basic freedoms that make America great? Isn't that what our country has tried to achieve after Middle Eastern conflicts? The establishment of democratic states? Contradiction and belief is as easy as simply saying it in our

worlds.

For others, it's not easy, legal, or expected. It is difficult for people who have not grown up with the rights we possess to think the ways in which we do. They have never seen things that way.

How can the Middle East apply abstract thinking on a social level when their very culture, society, and politics have been based off the fundamental teachings of the Quran and the words of the prophet Mohammed who taught the laws, institutions, and very beliefs that were ridiculed?

It's difficult to quantify. It's like explaining to an eastern observer why the value of independence and singular human life is so important in western society, while eastern social paradigms hold little stock in those values.

Unless we practice and hold reverence to the Islamic faith, or unless

someone says something and hits the right nerve, we will not understand the offense that Muslims all over the world have experienced seeing their religious symbol insulted.

We must accept that there are things we will not comprehend in this world and remain open and withholding judgment upon what we do not understand. Our ideologies grant us the ability to freely believe, speak, and act. We must not give in to ignorance and act as if situations such as this are easily rectified. If we are not compassionate and believe our own beliefs to be the only truths, other cultures, religions, and creeds will be worlds away from our understanding. And we will remain a world divided.

-Anders Ax

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Nice to meet you:

Matthew Smith

By Rebecca Roe
Castleton Spartan

Q: What is your favorite part about Castleton?

A: "The community aspect amongst the faculty and the students. The way that the students have a relationship with each other and the faculty/student relationship is something that I find very unique, here at Castleton."

Q: What is your goal here?

A: "To build a program that is one of the best small college bands in the country."

Q: What are your thoughts about the music department here?

A: "I think it's a strong department with good faculty and I think it always has room for improvement and growth and I think that the larger we get the more that that growth is going to happen."

Q: Think back a year ago, where did you think you would be by this time now?

A: "One year ago, I was writing the topic for my dissertation. So job hunting was no anywhere near my outlook at that point. Did I think I would have a job in a year? Probably! Did I know where, when, why, or how? Absolutely no. Am I happy I found Castleton? Yes."

Q: What's your favorite part about your job?

A: "Making music everyday."

Q: What's your lifelong dream?

A: "Ask me in five year, haven't gotten that far yet."

Q: What's your hobby outside of work?

A: "I'm an avid bowler and I like to ski."

Q: Where are you from?

A: "I was born in Buffalo, New York then I kept moving around. I've moved nine times. I've lived in Kansas City, Kansas; Dallas, Texas; Atlanta, Georgia. Went to my undergraduate at the University of Dayton in Dayton, Ohio. Taught for three years in Charlotte, North Carolina. Did my masters at Morgan Town, West Virginia at West Virginia University. Did three years of my doctorate at the University of Connecticut and now I'm here."

Q: Who inspires you the most?

A: "My parents would be the first inspiration, everyday. My second would be my conducting teacher from UConn. My third biggest inspiration would be my former director of bands."

Q: What instruments do you play?

A: "I'm a French horn player by trade, I play a little trumpet, but guitar would be my next big instrument."

Q: Why did you pick up these instruments?

A: "Guitar was just something that I thought was kind of cool and it was a requirement for the music degree."

Q: Why did you choose music?

A: "I quit band in 8th grade when I was moving to Georgia. My band director saw me while when I was registering for classes and said "You

should be in band. You should stay in this." Since then he had mentored me into going into a music degree. I'm in music because my band director in high school decided that music needed to be part of my life and because of him it's where I am."

Q: How would you convince non-music majors to take a music course?

A: "It's part of your requirements is one answer. Another answer would be if it's something you enjoy then why not try to experience it?"



Matthew Smith is Castleton's newest edition to the music department.

Polling Institute sees success, learns to deal with press

By Erica Bilodeau
Castleton Spartan

When Rich Clark began working at Castleton on Aug. 1, 2011 as associate professor of political science and director of the Castleton Polling Institute, he was required to start from scratch.

He had plans for the Institute, but had to find a suitable location on campus, acquire the necessary equipment and phones and seek out volunteers and clients to conduct the polls before any progress could be made. Having completed all of that, the Polling Institute conducted its first poll in February.

Since then, Castleton's Polling Institute has successfully polled people on numerous occasions. Although the political polls receive the most press attention, there have been polls done that studied everything from policies in Georgia to Hurricane Irene recovery.

The Polling Institute has been recognized on a national level. Chris Matthews highlighted the Institute in his show, "Hardball" and the *New York Times* now uses the

results from the polls as their sole source for Vermont numbers on the Five Thirty Eight blog.

Although the Institute has come a long way from its beginning just over a year ago today, Clark has learned that understanding how to work with the press is not always easy. In August 2012, a misinterpretation of the results of a poll by the press brought less positive attention to the Institute. The results from the survey that polled registered Vermont voters on the Democratic primary race for the Attorney General position showed that 44 percent would vote for William Sorrell, 20 percent for T.J. Donovan and 38 percent were undecided. There was a 7 percent margin of error.

On primary day though, Sorrell won, but by a much slimmer margin — about 700 votes.

The Press called Clark out on the results, stating that the polling institute was wrong because they do not use a likely voter model. Clark was featured on the Vermont Public Radio to explain the process and results of the poll.

"We were up front about the fact that we only poll reg-

istered voters in Vermont," Clark said. "The number of likely voters will change as the election approaches. We weren't hiding anything."

Clark posted the poll results on the board during one of his classes and asked his students who they thought would win the election based on the information. The majority looked at the numbers and chose Sorrell because 44 percent was the largest number. After a bit of discussion, he said students realized that the outcome wasn't so clear.

Considering the 7 percent margin of error and the fact that such a large number of voters were undecided, either candidate could still have a chance of winning based on the results, he said.

The Polling Institute continues to conduct polls and learn from their prior experiences, Clark said. Currently, there are polls being conducted to determine male attitudes and perceptions on issues around domestic and sexual violence. The results will be shared with the Government task force on Domestic and Sexual violence and will be used as a baseline and needs analysis to see what their training should focus on, Clark said.

Letters from the Spartan spy

Dear Spartans,

Have you guessed who I am yet? Your after hours activities have certainly been eventful, but don't worry; I like to party-hop and I don't miss much.

I was wondering how long it would take before some of you Sparty hardy's required medical attention. My questions were answered as students welcomed EMTs back to campus to attend to two girls who were unresponsive before the clock struck midnight.

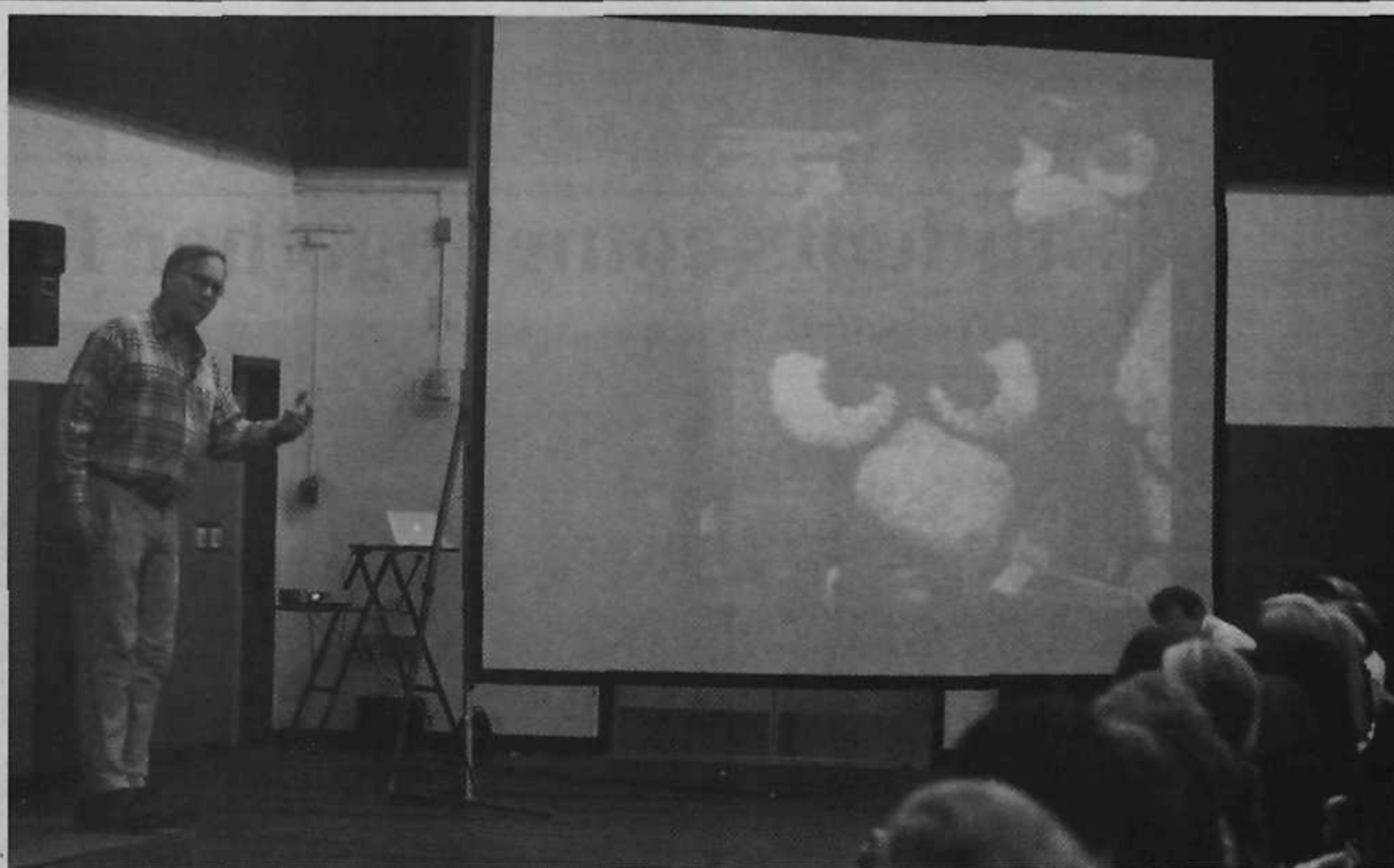
Medical services were on campus, and the police were tending to matters that sent many underage Castleton partygoers running. Congratulations to those who managed to flee unharmed since a few of your fellow Spartans were not as fortunate. I've been told rain gutters and prickly bushes aren't ideal for breaking an inebriated fall. In time, you will learn to appreciate those scratches. Some like to tell tattoo stories, but I've always found a good party scar story will get you a better laugh.

Some of you may have taken this notion a little too far, with the ever-prevalent party fights that seem to be growing in intensity each weekend. I'm sure no one missed the black eyes making their way across campus these past few weeks. Nothing says you have your life together like a black eye and a black out story to match. Obviously there's nothing more attractive to a girl than when it begins to yellow. So as your face begins to turn the color of dehydrated urine, I hope you know how to utilize protection elsewhere better than you do on your eyes, boys.

I hope you're able to keep at least one eye out for the few Castleton ladies who have been walking a little more on the scandalous side. One coy Sparty girl went so far as to seduce a pair of roommates back home from a party with expectations of a triple connection. After making them take turns carrying her back to campus and a little foreplay, she left the aroused roomies sitting cross-legged, facing each other, unclothed and unsatisfied.

As always, your late night shenanigans have been entertaining. Castleton. A tip from my own evening excursions to help you Sparty on is to never forget the duel power of sangria, a drink and a snack.

Can you guess who I am yet? Keep looking for more Letters From the Spartan Spy to see if you've been spotted.



EMMA RUDNICK / CASTLETON SPARTAN

Author John Elder Robison speaks to Castleton students about the challenges of living with Aspergers.

Author: My life with Aspergers

By Courtney Ianni
Spartan Contributor

John Elder Robison paced back and forth in front of the silent, captivated Castleton State College audience, his eyes scanning the room without destination. No one would know, looking from the outside in, that just five years ago he couldn't talk comfortably to his brother in his yard, on his tractor, in his comfort zone.

Robison has come a long way from his turbulent upbringing. He spent what seemed like a lifetime feeling less than the sum of his parts, different from the rest, but unable to put a finger on what that was or even meant.

Now, he jokes warmly

about how Vermont holds a special place in his heart because at 16 it was easy to get beer in the Green Mountain state. The irony of the fact that he was arrested here for illegally sleeping at a rest stop is lost on him.

But life wasn't often full of laughter for John Elder Robison. His first book, a memoir called "Look me in the eye," recounts Robison's unstable childhood with undiagnosed Aspergers Syndrome. Growing up, he couldn't connect with one person, let alone a room full of college students like he did at CSC. Hell, he was even making them laugh. Asperger syndrome is characterized by significant difficulties in social interaction

and restricted and repetitive patterns of behavior and interests. He calls it an "invisible" disability, which makes things difficult because sometimes people don't understand things they can't physically see.

"No one goes up to a man in a wheel chair and says get your ass up," he told the crowd.

All through his childhood he said he heard that he was a "defective kid" and "no damn good."

It wasn't until he was 43 and running his own business that he was diagnosed with Aspergers. In-between that time, he'd dropped out of high school, toured with Pink Floyd, invented the first fire blowing guitar for

Kiss and worked for Milton Bradley as an engineer — all the while feeling like a complete failure and not understanding why he couldn't connect.

"Look me in the eye," the book assigned for this year's incoming first year students, is a first person account of Robison's childhood and search for peace of self told with Robison's dry sense of humor, but it wasn't all laughs and book tours.

"As funny as it is to tell the stories, it was very painful to live," he said.

Megan Breen, an SOS leader for the incoming first-year students, also read the book.

"It shows that everyone should keep an open, understanding mind about

the people around us. We might not know where people come from or what they've been through. Being different isn't less," Breen said.

Student Government Association President Michael Shalginewicz agreed.

"It puts a face to aspergers, and to anyone who'd ever had trouble fitting in," he said.

Robison hopes to touch people and make them see aspergers isn't just some disease that needs to be cured.

"The nature of autism makes us practical. The world needs us," he said.

Philosopher gives lecture on death



ANDERS AX / CASTLETON SPARTAN

Bob Johnson lectures a full auditorium on the philosophy of death.

By Megan Harris
Castleton Spartan

Professor Bob Johnson stands poised, ready to start. He looks around the full auditorium, puts his hands out in front of himself in his typical way and begins.

"This is not about anyone else's death, this is not about the grieving process, this is not about

where you go after you die. This is about you — your death — and the simple fact of ceasing to exist as you know it when you die," said Johnson on Sept. 11, at the first lecture of the death lecture series.

With a packed auditorium and attentive students and professors alike, Johnson presented the first of five lectures as part of Castleton's fall lecture se-

ries.

"I thought that the opportunity to think about my own mortality seemed interesting," said junior Emilio Cibula, after attending the lecture. "I thought he brought up provocative questions. His scenario about surgery — the idea that hours have passed, but that you aren't aware of the time passing, although everyone else is

— you know, are you still you? I'm excited for the other lectures."

Drawing on philosophers and writers alike, Johnson's focus was not, as he said, on grieving or the afterlife, but the notion that life ends for each individual on a subjective level.

"Your death has a structure and role in the natural order of things ... The interesting part, I think, is that we get anxious even though the world went on before we exist and certainly will continue on without us — even though it's difficult for us to imagine," said Johnson.

Jesse Perkins, a junior, said that although many of the students present were required to be there as part of Professor Bill Ramage's seminar class, she felt there was real value in the lecture.

"I thought it was an eye-opener ... You don't get the experience to talk to someone about death. You don't get to talk about it every day," she said.

Another student, a junior, Josh Karosis, reiterated the same feelings. "I thought it was great how he [Johnson] tried to avoid the idea of an 'afterlife' to better fit everyone and all beliefs into the discussion."

Professor Burnham Holmes was also intrigued by the talk.

"One of the things I was struck with was ... his expression of life as the ultimate deadline," Holmes said. "Would that make us live more intensely?"

"I'm actually surprised at the number of people who came," Johnson said laughingly about the nearly full house.

The religious thinkers aspect will be presented Oct. 23. A writer's consideration of death will be presented by professor Joyce Thomas on Nov. 13, and Ramage will complete the series on Dec. 4. All lectures are held in Herrick Auditorium starting at 7 p.m.

Campus Quips

Martina Marchese &
Sondra Olds

Question:

What was the most shocking thing about coming to CSC?



Taylor More

"How friendly the people are."



Desneiges Bride

"How good the food was."



Devyn Potter

"How I'm not homesick."



Alyssa Smith

"People saying hello all the time."

Babcock is party goers paradise

By Nick Minarik
Castleton Spartan

It's the first Friday night of the semester. Throngs of students travel South and Main Street, making their way to and from off-campus houses "getting their Sparty on." Yells from balconies fill the air as music blasts from suite windows, and the number of backpacked students seems only to increase as the night goes on. For students at Castleton, this has become a normal scene for a weekend on campus.

But something in the air is different in fall 2012, as the campus and the surrounding area haven't calmed down in the subsequent weeks. What is it

though?

Marissa Francis, a CA in Babcock Hall where many party-goers come home to roost, noticed the energy earlier than ever before in her three-year tenure as CA.

"Even before the returns moved in, it seemed like there was a little more excitement than usual," Francis said.

Students have taken note of the increased weekend presence as well. David Nelson, a senior who is no stranger to the party scene, has his own take.

"There are less places for the amount of students to go," Nelson said. "The party scene in Castleton seems to be growing."

Katie Curler, also a CA in Babcock, sees a connection between sports and the increased weekend activity.

"There are lots of freshmen on the football team," Curler said.

All these freshmen arrived on campus two weeks earlier than everyone else, which gave them a chance to bond long before the semester got under way.

"I feel bad blaming sports, but it's all I can really think of that's changed in the last few years," she added.

Another contributing factor seems to be the incredibly outgoing nature of the entire incoming class. Vinny Corrado, another

Babcock CA, claims that everybody "got to meet each other real quick." He sees that this scenario is a far cry from his own class.

"I still don't know half my grade," he added.

Francis shares Corrado's stance on the state of the incoming class.

"People formed bonds so fast. It's like they saw each other and boom, they were friends," she said.

Where down the chain did this become a crisis that needed to be addressed by President Wolk himself?

Curler has witnessed several scenarios already that she called "some real big messes."

"The freshmen don't really understand their

boundaries yet," she said. "There's gotta be something happening in high school that's making them really excited to come to college. There are girls wearing next to nothing and drinking straight from bottles."

People need to consider the repercussions of their actions and that this much activity does point to a very cohesive group of incoming freshmen. Francis believes with this many students excited to experience the freedom of college, it may just be a matter of waiting for them to settle down and mature. Even though many see campus as chaos, she sees it in another light: "I see a community."

Students come together for peace

By Bryanna Allen- Rickstad
Castleton Spartan

Dozens of strangers stand hand in hand. Heads are down. A comfortable silence fills the surrounding space.

These students and faculty members may not know whose hand they're holding, but on this sun-drenched fall day, that is the last thing on anyone's mind.

"Peace is all about unity between people. It doesn't matter if you know those people or not. Unity is what connects us," said Castleton student Justin Picou.

Castleton State College celebrated International Peace Day on Sept. 21 by creating a human peace sign on the lawn outside of the Campus Center.

The peace sign was originally created by anti-war activist Gerald Herbert Holtom in 1958, who worked for the Direct Action Committee against Nuclear War. Holtom was inspired by Francisco Goya's painting "The Third of May," in which Goya sought to commemorate Spanish resistance to Napoleon's armies in the Peninsular War.

In the painting, victims are shown with their arms outstretched and downward as a display of peace to the firing squad. This is the symbol that makes up the downward sloping lines of the peace sign.

Holtom also claimed that this part of the symbol represents the letter N and the line down the center of the circle represents two let-



KATIE SAULT/ CASTLETON SPARTAN

Students and faculty join together to celebrate International Peace Day on Sept. 21.

ter D's back to back. These letters are code for the term Nuclear Disarmament.

The iconic symbol was created to hold great power and to deliver a strong message regarding the necessity of peace. However, some students at CSC feel as though the meaning has been lost over the years.

"I find it arrogant that the sign is used everywhere and so casually. It has been so commercialized that we forget what it truly stands for. Peace comes at a price, and we need to learn to respect that again," said student Jacob Wood-

ward, who dislikes the idea that the symbol is now manufactured on everything from baby bottles to shoelaces.

But not everyone at the campus celebration shared his harsh opinion. Most feel an overwhelming sense of optimism about the subject.

Sophomore Karina Lucia was excited to participate and feels a deep connection with the symbol.

"There is so much hate in this world," Lucia said. "It's nice to take a moment like this and reflect; you can feel the positive vibrations from everyone. It's a good change

of pace."

Castleton professor Candy Fox was the cheerful leader behind the campus celebration, and she was delighted at the outcome of participants. Fox believes that peace is a personal choice; it is something you must create within yourself before you can start to spread the feeling.

"We all have different paths to finding inner peace. Just be still and listen to yourself. Respect yourself and you will learn to respect others," Fox said. "Peace will automatically follow."

Spartan apples make their premiere on campus

By Karen Marino
Castleton Spartan

While attending college in Massachusetts, Castleton State College Science Professor Helen Mango discovered "the perfect apple" on a visit to a local orchard. Its purple-red exterior and pure white flesh gives the apple the distinction of being a member of "an old fashioned and unusual variety," Mango said.

The "Spartan" apple she discovered is a cross between a McIntosh and a Newton Pepin, though recent DNA testing disputes the Newton Pepin origins.

The idea to have the Spartan apples planted at Castleton State College

came to Mango when she visited an orchard in Shoreham, Vt. last fall. She thought the Spartan apple would be a perfect apple to plant on the grounds of the Spartans.

President Dave Wolk agreed.

"I was intrigued by the concept of planting Spartan Apple trees when Professor Helen Mango told me about them. I bought and had them planted for obvious symbolic reasons, but also because we are doing everything we can through campus beautification, logos, banners, and signage to imbue a strong and enduring sense of Spartan Pride. I hope that it will be just one more way that students and alumni can identify with their alma mater. It is certainly unique," he said.

With Wolk's endorsement, the facilities department contacted Skip Pratico. After about a month

of searching, Connie Cavanaugh, the nursery manager from Praticos Landscaping and Fence in Rutland, found a company to provide the trees. The order consisted of 10 young trees, to be placed near the observatory. Cavanaugh was ecstatic when she got the news and immediately called boss Skip Pratico and said "You are not going to believe what I found."

The Spartan apple trees were planted and with patience and dedication they will bloom and fruit and provide snacks for those passing by. At convocation, President Dave Wolk spoke fondly about the trees.

"How many colleges get to grow their own mascot?" he asked with a smile.



KAREN MARINO/ CASTLETON SPARTAN

Spartan apples are new to the CSC campus this year.

Can students and residents co-exist?

By Tom Ferruolo
Spartan Contributor

Students of Castleton State College received an email from President Dave Wolk on Sept. 17 about the number of complaints the school has received from the local residents.

In the email titled, "Being Good Neighbors," Wolk essentially pleaded with students to be more respectful.

"Since the beginning of the semester we have had more than the usual complaints of neighbors who live close to the college especially on Glenbrook Road and Main Street, related to late night-early morning disrespectful behavior," he wrote. He said in the email that neither the school nor local law enforcement will tolerate this type of behavior and ended it with "I expect

you to kindly consider all of our neighbors as you would your own family, treating them with the respect they deserve."

Wolk's email may have been intended to help bridge the gap between the Castleton residents and students, but it might have had the opposite effect based on comments from students.

"I think the residents are overreacting, what do

they expect kids to do on the weekends, its college you know?" asked senior Jeremy Cohen.

Other students echoed Cohen's comments.

"We need to be more respectful {to the residents} I can agree with that, but they need to be aware that they are in a college town and stuff like that is going to happen," said Leah Ryan, another Castleton senior.

But some students said they believe even though the residents might be overreacting, there is more the students can do to help the situation.

"Instead of hiding their beer and waiting to get to the party to be loud they are yelling, throwing beer cans in yards, and getting into fights in the middle of the street! They just need to be smart," said Castleton senior Courtney Bates.

While some students said they hope the issue goes away, others have their doubts it will.

"I don't think the students and residents can coexist," Cohen said. "The majority of the residents don't like the college kids despite what we bring to the town and its economy, and we don't like them because they always complain about us, it's just the way it is."

Sex & The Spartan

By MAE

Castleton Spartan

Everyone is familiar with six degrees of separation. The idea that you are only six steps away from another individual. You know, a friend of a friend?

It becomes even smaller at Castleton. You share a lot with other people: showers, rooms, and the people you've hooked up with.

So, does it break "girl/guy code" to hook up with partners from your friends past?

My mother once told me, "You can't be mad at your friends for wanting your ex. That's like taking a bite of the cupcake, then deciding you're full and don't want the other half. You can't just leave a good looking cupcake lying around and expect that no one wants to eat it."

My mother was a smart woman.

It wasn't until my junior year I realized how smart she truly was. I had been seeing someone we'll call "the situation." Fall semester came and went and both of us moved onto other trysts. It was fun while it lasted and "the situation" and I still enjoyed casual late night romps after the Dogg. Then one day I got a text from my best friend.

"The situation just asked if I wanted to hang out."

I felt the heat rise up in my neck. It got hotter after she told me they exchanged numbers. After some choice words that are too inappropriate to share, I got a response that made me question my reaction.

"You know, it doesn't feel good that your sloppy seconds come to me after you throw them away. It doesn't feel good being second best to you all the time."

My friend was obviously dealing with some insecurity at this time. My point is; if you don't want your friends hooking up with someone from your past because you still care, tell them. My best friend thought I was over it because the situation and I weren't as involved as we once were.

Very few guys from my past are off limits and my friends would know because I still talk about them. As far as everyday acquaintances, I couldn't be mad at them for hooking up with my ex's because they don't know it would hurt my feelings. Not all overlap experiences cause drama. Some gave way to the camaraderie of a common experience and a few good laughs.

If you aren't ok with your friends jumping in bed with an ex, say something. You can't hold someone accountable for hurting your feelings if they are unaware they did to begin with. If you want to see what it's like to roll around in the sheets with a friend's ex, just ask. It may sound silly to ask permission to have sex with someone, but it could avoid problems in the long run.

It's also smart to ask yourself; is the possibility of having an orgasm worth losing a friend over?

We want to hear your stories and answer your questions! Like Sex & The Spartan on Facebook and follow us on Twitter @Sex-TheSpartan.

"The Good Doctor" cures

By Anders Ax

Castleton Spartan

Debuting last Thursday at Castleton State College was the theater department's first production on the stage, Neil Simon's *The Good Doctor* directed by Steve Small.

Set in 19th century Russia, the comedy plays out in a series of vignettes interconnected by one character and narrator, The Writer, played by sophomore theater major Benjamin Villa.

Characters converse with Villa, repeatedly break the fourth wall, and frequently rolling onto stage as if fleeting thoughts and memories. The scenes were varied in context and made fun of various Russian idiosyncrasies.

Two elderly Russian veterans, played by junior Rob Valenti and sophomore Michael Tuffy, would meet every Tuesday on a park bench in which to argue, as former military commanders, about lunch.

In another, senior Austyn Bevin plays a Russian General victim to a sneeze upon the back of his head during a theater



Meghan Hakey, left, menaces sophomore Nicole Irwin with a severed hand.

performance. Much to the dismay of his subordinate, Cherdiaikov, played by sophomore Eric Monzel, he attempts to apologize but only insults the General further and then dies (or finds 5 million rubles, the alternate ending Villa pronounces).

Senior Meghan Hakey shined and kept the theater rolling with her energized

portrayal of a wildly eager dental student removing a rotten tooth. Later in the play she returned as a peasant who unknowingly tortures the gout-afflicted banker, sophomore Jeff Blanchette, with her infuriating misunderstandings of everyone around her.

Another gem of the production was sophomore Hayley Ryan who plays

an actress who walked from Odessa to Moscow in order to perform a single audition. Though she misunderstands the majority of what is said to her, she succeeds in begging to perform a single monologue—each character from the ending scene of Anton Chekov's *The Three Sisters*.

The Good Doctor isn't

as accessible as a production with a beginning, middle and end. It flows in an out of context as though it were a subconscious asks the audience to enjoy the vices, oddities and virtues of its characters rather than to interpret them. *The Good Doctor* was an enjoyable and long-awaited return to the Castleton stage.

Review: Borderlands 2

By Dashiell Monder

Castleton Spartan



Borderlands 2 was released in 2009 and was pretty popular and cool, receiving an average score of 85 percent gamer satisfaction according to Wikipedia. The one major criticism was lack of character skills. In *Borderlands 2*, the characters are intriguing. The graphics for the different levels and the design of the weapons are really amazing, and almost realistic, reminiscent of *Bulletstorm*.

On a scale of 1 – 10, the difficulty is a 6 or a 7. The missions are a bit confusing the first time you play the game. For example, on the road to Sanctuary, you are trying to find Corporal Reise who was attacked by Bloodshots and is M.I.A. You may find yourself wandering all over the place until you find the enemies that are attacking him.

The game starts out with in the future on a planet named Pandora.

The player picks one of the Vault Hunter characters, Axton, Zer0, Maya or Salvador. In character, the player follows a little robot, named Claptrap, who points out dangerous enemies that the player will ultimately destroy or kill. Claptrap is helpful, but can be noisy and annoying.

Axton is a commando character. He summons a gun, which shoots armor piercing ammunition at the Psychos. They are enemy bandits who want to kill humans.

Zer0 has deception skills. He is an assassin capable of creating a decoy of himself and becoming invisible for short periods of time. This helps him unleash critical hits on his enemies with swords, guns, and sniping weapons including pistols.

Maya is a siren. She has an ability called phaselock—which can suspend enemies in mid-air.

Salvador is a new character to the *Borderlands* series, and he is a gunzerker; he can dual-wield any combination of guns.

Vault hunter characters can be killed by being shot, blown up or stabbed

with an axe.

When your character dies, he or she respawns in front of the spot where you find a respawn machine—like a checkpoint. You can respawn as many times as you die.

When you play *Borderlands 2* as a one-player game, you are alone in the world with Claptrap and enemies everywhere! Players fight the Psychos, Bullymogs, Skags and tons of other enemies out there.

The base game itself is about \$60, but you can buy a game guide for the entire game for about \$20.

If you enjoyed *Bulletstorm*, you will love this game as much as I did because the content of the missions is sort of similar in both games. You hardly notice the soundtrack in the game because it is almost muted. You do hear growls, sounds of the guns, screams of the Psychos, and the shrieks of annoying little midgets. The sound help you know where the enemy is coming from, and it's almost realistic and is helpful. B2 is rated M because of language, adult content, alcohol use, and blood and gore. Don't let this stop you from enjoying the game.

Review - Resident Evil: Retribution

By Josh Bassett

Castleton Spartan

Resident Evil: Retribution is the equivalent of a hot person with no personality. Everything looks great and you have fun at first, but then reality comes in like a tsunami crushing everything in its path. If you enjoy action horror movies that do not have a lot of substance, then this movie should please you.

It is almost entirely all action with a plot that really only acts as a way of bridging one sequence to the next. As the fifth movie in the series, it largely follows the same premise as the last four movies. Also of note, the movies share very little outside of characters with the games they are based on.

An evil company called

the umbrella corporation released a medicine that ended up turning people into zombies. A rag-tag group of fighters, led by a woman named Alice, try to shut down the corporation and stop them from causing more harm to the world. By this point in the

and many are killed off. They even try to introduce some heartwarming moments, but they fall so flat you should save your money and do something else.

Literally anything, just name something randomly and it would probably be a better idea.



This is not to completely crush the movie, because it did have its moments. It is well filmed and the action sequences are very good from a technical standpoint. However it is just so hard to get over the terrible plot that it just makes everything hard to watch, every second spent in an action sequence is another moment when nothing relatively important happens.

Oh and in case you were wondering, there will definitely be a sixth movie in the series.

A new way to create

By Josh Bassett

Castleton Spartan

Seven students were sitting in a circle around a table in the Campus Center on a Friday afternoon. There was laughter and light conversation, and although most of the people there had not met before, they shared one thing in common, a love of video games.

That love is the premise behind a new club on campus called the Gamecrafters Guild. The goal is to have students create their own video games, and be "a place people can off their creativity and skill," said club founder and Castleton student Zach Scheffler.

By using a computer program called Construct 2, students can create their own games. The group talked about creating an exhibit of sorts where completed projects could be shown at the end of the semester.

The thought of creating your own game is an enticing idea to anyone who loves games, and is the reason why many students joined the club.

"I wanna make something I want to play," said Castleton student Matt

Trombley.

One member of the club has worked on video games before coming to Castleton. Jen Smela is a transfer student who came to Castleton after studying game design at Champlain College in Burlington. She told fellow members that the work is difficult adding that "You have to work non-stop."

The thought of working non-stop does not deter Scheffler, who believes as long as students are committed anything is possible. The club can also use musicians and writers to help in game production, members said.

"I am a writer, I thought I could contribute," Trombley said.

The club is certainly different than any other on campus, and one that has new program advisor Alex Davis intrigued.

"I think it's a great to have a diverse club selection here at Castleton," said Davis before reaching for a book listing all the clubs. He named a few before being surprised that there is an MMA club on campus.

Meetings are in the Campus Center Thursday and Fridays at 4 p.m.

Talkin' Beatles

By Jimmy Britt

Castleton Spartan



Music is always around us. Where ever we go, music follows us. Many us can't live without it, be it through speakers in a car or ear buds in our ears.

Through this column, I wish to share my wide pallet of music with you and I hope you at least experience the sound of it once. I hope to create a music bucket list for my readers and classmates.

And first up on anybody's music bucket list should be The Beatles. Most people have heard of the band and at least a song or two. Many people like them, many don't.

In my opinion, those who don't like The Beatles are missing out on one of the best bands of all time.

A major factor as to why I like them so much is

because they have a song for every kind of mood you can be in. For me, when I'm really happy, I love to listen to the song 'Strawberry Fields Forever' or 'Penny Lane.'

Those songs make think of all the good times I've had and it boosts my good mood. When I'm feeling sad or heartbroken, I might listen to songs like 'Yesterday,' 'While My Guitar Gently Weeps,' and 'Hello Goodbye.' They just speak to my heart and help me cope with what I'm going through.

But one of my favorite songs by The Beatles would have to be 'Here Comes the Sun.' No matter how I feel or how my day is going, that song just makes everything better for me.

I hope someone will relate to me on this. Tune in next issue when I talk about Motown, which has been ringing out in my house a lot recently.

College takes STEPS to diversify student population

By Martina Marchese
Castleton Spartan

Castleton State College is now offering a program to help young adults with intellectual disabilities and autism disorders integrate into the college atmosphere.

The CSC STEPS program Associate Director Lauren Merritt said the group formed a Contract with Community Access Program to find students who have an interest in pursuing secondary education and are a good match for CSC.

"They want a genuine experience much like their peers," said Merritt.

Last year, Johnson State College became the first in the state to adopt the program, officials said.

"Ideally we would like to have a STEPS program for each college in Vermont," said Merritt.

There are four key components to the program: academics, independent living skills, vocational experience and socialization.

The students in the program believe it has been a very beneficial experience to be a part of.

"It has helped me get experience of what it's like to be in college and meeting new friends has been a good experience for me," said Dash Monder, one of four students in the inaugural program.

As part of the experience, each student in the program is assigned to different mentors according to areas of interests.

"I chose to do it because I'm going to be a high school teacher and working with different abilities is good practice," said Megan Franzoni.

Students are not the only ones the program will benefit on campus. Professors

will also get the chance to learn to teach students with different abilities, program officials said.

"Having students with disabilities on campus teaches professors to how to teach ALL students," said Director of Castleton STEPS program, Patricia Moore.

Although the program started with four students, by next year Moore said she hopes to have eight.

The program has helped students make a better future for themselves because of the resources they are given.

"They have access to adult opportunities. Research shows they have more success getting jobs that are meaningful and gainful (because of the college experience)," said Merritt.

Oops! You missed.



MEGAN HARRIS/CASTLETON SPARTAN
Brian Wadsworth waits to be dunked at the hockey team's fundraiser during homecoming.

SGA unveils plans

Continued from Page 1

The distinction here is that the SGA technically owns these and that the club teams are only responsible for making sure the attire is returned, said SGA President Mike Shalginewicz.

"The way it's written," said Shalginewicz, "our constitution says we will pay for the costs 100 percent for team jerseys, but that the jerseys have to be returned at the end of the season."

"My sister plays on the team," said Alex Davis, the new SGA program advisor. "She got smashed in the face at a game and after her teammates made sure she was alright, they had to ask her for her shirt. This isn't a luxury problem for this club."

In other SGA news, four new justices and three new at-large members were approved for College Court. Pat Riley, Ben Pierce, Andrea Cohen and Dan Rivers will join the ranks of College Court as new justices. Justin Derosier, Andrew Lavesque, and David Silverman will come on as at-large members.

They expressed their enthusiasm for the forming of the new Castleton Plan. The college will start holding focus groups for students, faculty and staff alike to discuss the new direction of the school.

"I think it's a great idea to have these plans and goals put in place," said Shalginewicz, "I think direction is especially important for a large institution and it's great to think that these focus groups will help shape what happens next."

The SGA also announced plans to provide a quarter machine for laundry, add lights on the volleyball court, renovate Brough Pond behind the houses, add more gazebos and more picnic tables and possibly create a gender neutral suite.

The Student Government Association meets Wednesday at 5:15 p.m. and it's open for those interested.

Do you know the words?

By Anna Olson
Spartan Contributor

On Sept. 14, 1814, Francis Scott Key wrote The Star Spangled Banner, our country's national anthem. It has been around for almost 200 years, but believe it or not, people still do not know the words to it.

On the sunny morning of Sept. 14, students, faculty and staff of Castleton State College stood on the steps of Woodruff Hall to sing the National Anthem in an effort to commemorate its words to all ages, and to honor its history and importance.

"I think just having this day every single year helps a lot with the learning of the words," said Christy Papandrea, president of Castleton's Collegiate Chapter of the National Association for Music Education.

Castleton State was one of several schools around the country to participate in the event. The goal of this event is to teach students of all ages the words to our country's anthem, because today, many people are un-

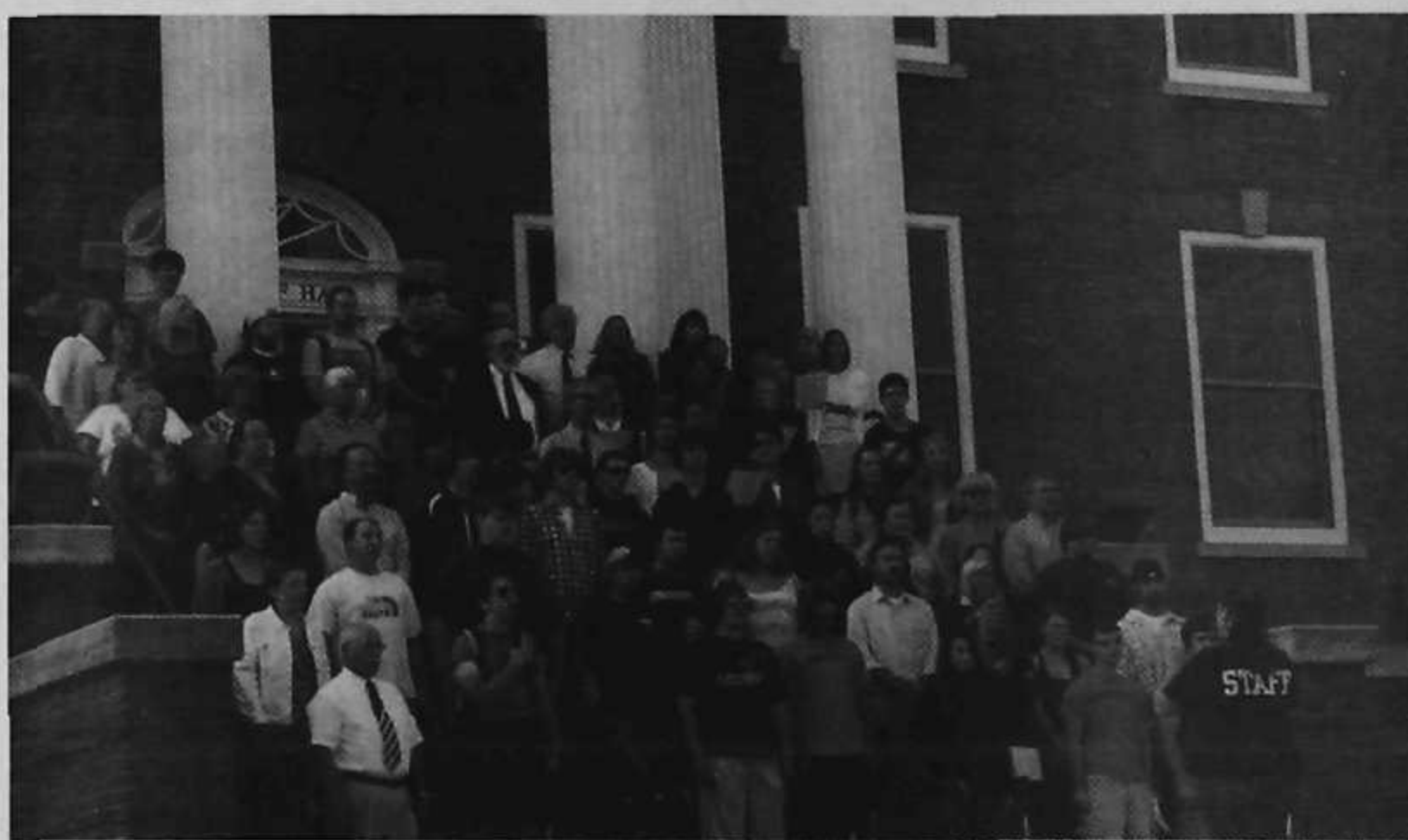


PHOTO CONTRIBUTED BY ANNA OLSON
Students and faculty sing the National Anthem in front of Woodruff Hall on National Anthem Day.

familiar with them.

"So many people don't know the words at all ... I think the single purpose here is to be as one. The National Anthem should be a sense of pride and spirit in our country," said Vicki Matteson, a professor in the music department.

Zach Shambo is a sophomore, and this was his

second year taking part in this commemoration.

"Last year I was kind of just dragged in just for the heck of it 'cause we needed more people ... This year was so much better than last year 'cause we had at least 10 times the amount of people. Just having everyone together singing the national anthem just brings more pride to our country,"

he said.

Glenn Giles, chair of the music department, also praised this year's effort and its mission.

"Today we had a wonderful turnout, and hopefully we've taken this mission of helping the national anthem to be spread amongst people," he said.

Organizers and participants of the event hope that

it will increase student's knowledge of the National Anthem, and why it is such an important part of our country.

"Everyone just being together in one area singing our National Anthem brought a warm feeling to my heart," Shambo said.

Duling working on new book

Continued from Page 1

floridly, much less wish to attract any personal attention. Foley said Duling didn't want to give a retirement speech because he'd been to enough retirement parties and heard all the speeches.

When asked to describe his modesty and reserve, he amusingly responded, "Maybe I'm plotting."

Duling grew up outside Philadelphia and remembers history as always being a part of his life.

"I feel like I'm living in a world and know where everyone is," Duling said.

In college, Duling was an outdoor enthusiast and would sometimes explore caves with a local outing club. Once, after crawling through one cave system for over an hour, the group sat against the wall and saw they were near a wall that had had a Confederate flag carved into the cave wall.

"It was like they had just left and then we had lunch," Duling recalled.

While hitchhiking from Pennsylvania to New York to visit his future wife

and CSC Library Director Sandy, Duling stopped off at the Woodstock festival. He didn't stay, perhaps because he doesn't like large crowds.

But a large crowd didn't stop him later that October from going to Washington D.C. and walking in the Moratorium to End the War in Vietnam demonstration.

The Dulings eventually located in Vermont after hiking the Long Trail and decided they liked the area enough to stay. For almost a decade, Duling taught at Middletown Springs Elementary School and then began freelance writing.

"I learned so much that year," Duling said of his first year freelancing. "Things that year still stand out."

Duling was published in several magazines including The Twilight Zone Magazine and Alfred Hitchcock's Mystery Magazine.

"After that, I was able to get a job at Ski Racing Magazine," Duling said.

He started out as an "assistant to an assistant" in 1982. Two years later Duling was an editor of the

Nordic section.

When writing for Ski Racing Magazine, Duling met many skiers and coaches from around the area and from Castleton State College. He began to entertain the idea of working at a college and after a few years the communication position he'd hold for 24 years opened up.

Since his retirement, Duling still visits Castleton taking photos of theater productions and sports games and doing research in the library for his book projects. Currently he is working on a book about the rivalry between Yankee allies in the Revolutionary war entitled, The Yankee Front, while also acting as photo editor for Castleton's 225th anniversary book.

Foley reminisced about Duling's retirement party and recalled that he was without his usual camera in tow.

"We were having so much fun that he wasn't even taking photos," Foley said. "I'll miss him a lot. Things change, they always do. I'm excited for the future, but I'll miss him."

Students need Uncle Sam

By Mike Patterson
Spartan Contributor

There's a growing trend among student athletes at Castleton State College who are resorting to enlisting in the military to help them afford to stay in school.

"I had planned on joining the military after college, but I figured I would enlist now to help start paying off school," said Todd Carr, who on Tuesday received a ROTC Scholarship for \$46,000 that will cover his upcoming junior and senior years.

Although this trend has grown with the student athletes, it seems to be more prevalent among the out-of-staters. With tuition going up annually, some athletes have struggled to return after completing one year.

"I ran out of options to find funding, so had no other choice but to enlist to afford to come back for me senior year," said Josh Osborne. Osborne is one of several out-of-state students on the Castleton football who enlisted to help pay for schooling.



PHOTO CONTRIBUTED BY MIKE PATTERSON
Lt. Col. Michael Palaza (right) swears in Todd Carr to the United States military.

These students say they view the military not as a punishment, but more as a blessing in disguise.

"I like it because after college I want to go into some kind of governmental work involving the military. So starting it now not only helps pay for my school, but also will give me a heads up when looking for a job," said Kevin Alberque.

Some said they were

leery about their decision at first but changed their perspectives after boot camp and training and after they finish it.

"I dreaded it at first and was not excited about going, but after going through all of it and going through the process, it changed the way I felt about it and I plan on possibly trying to get deployed after school ends," said Shane Brozowski.

Once a Spartan always a Spartan



Michael Heitkamp

By John Kendall
Spartan Contributor

After being one of the top trainers at Castleton State College, Michael Heitkamp started to think about what else he could do with his life.

Heitkamp had always been a hard worker and this work ethic paid off last summer when he learned he had gotten a job as assistant trainer with the Colorado Rapids, a professional men's soccer team.

"While at Castleton, I worked with some of the best athletic trainers, coaches, team physicians, and athletes. I do not ever take for granted that experience and am certain each of those relationships helped me in aspiring to this job. Go Spartans!" Heitkamp said in a recent e-mail exchange.

Heitkamp knew he had to leave because it was a chance of a lifetime. He packed up and headed to Colorado. When arriving, he had the same mind set he has always had.

"Ultimately athletes are athletes. While the different levels create new challenges and experiences, they all want to play to the best of their ability. This makes my job essentially the same at any level. Caring about an athlete's well being is my profession, only now I have to do it in front of 20,000 judging fans," Heitkamp said. "An injured player wants to return not only to play, but also to keep a roster spot and ultimately a contract. This is their profession; it's something we must consider when dealing with injuries."

Heitkamp quickly realized, however, that there

were a few differences between a small division III school and a professional soccer team. One of the biggest changes was nutrition, he said.

"It is very hard to control what a college student eats. Dining hall food, late night snacking, skipping meals, the pitfalls are everywhere. At this level, our post practice and road meals are taken care of to ensure a proper diet. This is such an advantage when working to create the healthiest and optimal environments for recovery," he said.

Another challenge that Heitkamp has is the age range.

"Our athletes can be anywhere from 16 or 17 year-old players, to young men in their 30s with families. The goal is to work together as a team, and with such a large age range, it certainly has its challenging moments," Heitkamp said.

Players and colleagues said Heitkamp is a genuinely nice guy who cares more about others than himself although there was one thing that got him agitated.

"I'll never forget how nice Michael was and how professional he was about his job, yet the only time he would get a little strict with us was when we called him any other name besides...Michael," said Trevor Kotrady. "Michael tells everyone when he meets them that they can call him Michael and by that he meets call him Michael. Not mike, not Mr. Heitkamp, just Michael."

Most of the players from the men's soccer team who had Heitkamp as their trainer last year still stay in touch with him.

"I'm so happy for him and he is greatly missed here in campus," said Jacob Roswell. "Once a great trainer, always a great trainer."

Heitkamp still likes to follow his old teams too.

"Keep up the great work, you lads are killing it! I have the c-state app on my phone, score updates every game! My best to the boys. I miss that Spartan sideline!" he wrote.

Women's soccer improves to 5-2-1

By Mike Divis
Castleton Spartan

Women's soccer advanced to 5-2-1 this past Saturday with a win at New England College. The Spartans beat New England College 2-1 in Henniker, Mass which makes Castleton 2-0-0 in the North Atlantic Conference and puts back NEC 0-2-0 in the conference.

Castleton senior forward Kelsey Garceau was the first to strike in the game with a goal in the 16th minute of the game. Garceau dribbled the ball around an NEC defender and drilled a shot past Pilgrims goalkeeper Tricia Sardagnola for a 1-0 lead.

The Spartans added to their lead nine minutes later with a goal by Jenna Bostwick. Garceau who scored earlier in the game assisted the

ball to Bostwick who then fired a shot into the NEC net, for the Spartans second goal of the game.

Both teams played great defense for the rest of the half with Castleton outscoring NEC 11-3.

Late in the game the Pilgrims scored their first goal to make it 2-1. Freshman midfielder Alyssa Krause fired a shot into the net in the 78th minute from an assist by Courtney Joyal.

Castleton goalkeeper Kaleigh Newton had five saves on the game for a Castleton win. NEC goalkeeper Tricia Sardagnola saved fifteen shots in the game. The Spartans next game is Sept. 24 when they will host Plymouth State University.

Spartans go 1-1 in recent play



KATIE SAULT/CASTLETON SPARTAN

Castleton's Spencer Dandurand looks to make a pass against Plymouth State.

By Hannah Messer
Castleton Spartan

In most recently play, the Spartans have gone 1-1, defeating Plymouth State before falling to New England College, each by a score of 2-1.

Castleton outshot the Panthers 25-13, but it took them 20 minutes to get past Plymouth goalkeeper Bjorn Ohlsson when Tanner Lecuyer took advantage of an indirect kick just inside the box.

"Our first half was in particular the best we have played," said John Werner. "It was a brilliant performance."

The Spartans had the lead at half-time, but just five minutes into the second half, Bryce Kaler took a shot that deflected off a Plymouth defender inside the box.

Though Plymouth's Joss Knol came back to score one, it wasn't enough to give his team the victory. This game was also coach John Werner's 100th win since being head coach at Castleton.

Spartan goalkeeper Nate Koene-

mann made seven saves, while Ohlsson had eight.

Following this game, Plymouth fell to 2-6.

This past Saturday, the Spartans traveled to Henniker, N.H. for a NAC matchup against New England College, which did not end in their favor.

"Our team has been really good about bouncing back after losses," said CSC's Ian Hunter. "We have a really talented team this year, probably the most talent I've seen in my four years here."

The Pilgrims netted two quick goals in the first five minutes, as they took advantage of Castleton's weak start.

"We paid the price for a slow start, especially difficult to come back on such a small field," Werner said.

NEC's Rob Lucas one-timed a

pass right past CSC's Nate Koene-

mann. Just minutes later, Zak Harris got his head on a corner taken by Lucas scoring the second goal. Later in the half, Castleton came back to score one, when Kaler took a free kick which deflected off of teammate Dillon Zaegle. The rest of the game went back and forth as neither team broke down to allow any more goals.

In net for NEC was Robert Millard

who had 16 saves, and Koenemann

who had two.

The loss dropped Castleton to a

6-2 record and is now 1-1 in conference

play.

"We are thinking this season

comes down to NAC or bust," Hunt-

er added.

The Spartans will travel to North

Adams, Mass. to face off against

MCLA on Sept. 26.

Field hockey undefeated in last five games



EMMA RUDNICK/CASTLETON SPARTAN

CSC's Annie Towslee carries the ball down-field.

By Lucas McGovern
Castleton Spartan

The Castleton Spartans have been on a tear, winning their last 5 games. Strong goalkeeping and quality offensive play led to 3 Spartan wins last week.

The week started off with a win against a strong Plymouth State team. The game was tied with just 3:47 remaining until an offensive explosion gave Castleton the win.

The go-ahead goal was scored by Mercedes Maltbie, making the score 2-1 in favor of the Spartans. Castleton added two more goals in the last two minutes to seal the win.

Castleton struck first with 13 minutes elapsed in the first half with a goal by Blake Wardwell who capitalized on a one time rebound off the frame of the goal. Lauren Carroll scored for Plymouth State in heavy traffic to tie the game up.

The next for the Spartans was scored on a penalty corner. Rachel Preusser connected with Maltbie who ripped a shot into the back of the net. This shot fired up the Spartans offense that scored on a goal by Kristy Pinkham two minutes later.

Kealy Chipman, who scored with

five seconds remaining in the game, netted the final score for the Spartans.

"This game showed what type of team we are. It was a tight game but in the end we exploded on offense and earned the win together," said CSC coach Tammy Landon.

The Spartans next game was a close one against New England College. The game resulted in a 4-3 win for Castleton.

Rachel Preusser started the scoring 15 minutes into the game giving the Spartans a 1-0 lead. NEC responded with an offensive barrage, scoring two goals in 4 minutes with Katherine Rich and Rachel Caranoli getting on the score sheet.

Right before halftime Kealy Chipman scored a goal off a pass from Maria Stern to tie the game up at 2.

NEC came out strong in the second half scoring a goal off a rebound. Preusser answered quickly for Castleton scoring on a rebound of her own shot to return the score to a 3-3 tie.

A dramatic breakaway goal put Castleton up for good as a streaking Shawna

Pinsonault scored on a beautiful pass from Preusser.

"I'm really proud of our girls for not giving up after we got down early" said Landon.

The most recent victim of Castleton's hot streak was the Colby-Sawyer Chargers. Kealy Chipman had a fantastic game scoring two first half goals and assisting one more to lead the Spartans past the Chargers.

Preusser netted her eighth goal of the season in the eight minute to put Castleton up 1-0. Chipman added two goals in three minutes to put the Spartans ahead 3-0 going into half-time.

Blake Wardwell continued the Spartan scoring and added a goal with 27 minutes remaining, but the Chargers did not give up and scored on a 62nd minute goal from Katharine Kessler, but that was too little too late as Castleton came out on top.

Chipman said after the game "we moved the ball very well and kept the pressure off of our goalie."

The Spartans hope to continue their winning streak against Lasell on Sept. 29.



EMMA RUDNICK/CASTLETON SPARTAN

Stacy Sullivan fights for the ball.

Spartans roll over SUNY-Maritime



Castleton's Shane Brozowski looks to make a pass against SUNY-Maritime.

By Andrew Muse
Castleton Spartan

Shane Brozowski broke the record for most passing yards in New England Division 3 history, while leading Castleton to a 35-16 victory over Eastern Collegiate Football Conference (ECFC) foe SUNY-Maritime on Saturday at Spartan Stadium for homecoming weekend.

Brozowski who finished with 349 yards on the day, surpassed Middlebury College's Donald McKillop mark of 8,748 yards, and now has 8,959 yards total with six more games on their schedule.

"We've got everything in place now," Head Coach Marc Klatt said. "Our players have bought into our program, our style of play. This is Spartan football."

Along with his 349 throwing yards, Brozowski completed 17-of-25 passes with two touchdowns. Tyler Carpenter had a tremendous game racking up 134 total yards with four touchdowns, three on the ground and one in the air. The Spartan defense stepped up big, as last season against Maritime they allowed 431 yards rushing, while this time around they only gave up 241 yards on 52 attempts.

"Physically we can play with anybody in our conference," Klatt said. "But the key is to match them mentally; you have to just keep plugging away, you can't live and die by any particular facet of the game."

The Privateers started the scoring off with a 68-yard march down the field that ended with a 15 yard run for a touchdown by Joe Guerra.

The Spartans answered in the ensuing drive as the put together an 11 play, 72 yard drive that led to a touchdown as well, as Brozowski hit Carpenter on a 14 yard pass with 7:32 remaining and after a missed extra point it was 7-6 in favor of Maritime.

After forcing the Privateers to punt their next possession Castleton stormed back down the field. After connecting with Kevin Alberque for a 30-yard reception, Brozowski hit Brandon Boyle for a 29-yard touchdown as time expired in the first quarter and after Brozowski rushed in for two the score was now 14-7.

The second quarter was one littered with big defensive plays for the Spartans. On the first play of the second quarter the running back for Maritime coughed up the ball and Cody Tancetti jumped on it for a fumble recovery. Only 1:41 seconds later Carpenter punched it in for his second touchdown of the day.

The Spartans had another big stop a couple of minutes later as the defense stepped up at the goal line and caused a fumble on fourth-and-goal that went out of bounds and was awarded to Castleton on their one yard line. After gaining little yardage, Castleton was forced to punt but the snap went out of bounds resulting in a safety for the Privateers.

As they marched down the field again, after receiving the punt, Maritime was threatening to score again. But the Spartans goal line defense stepped up again as Keith Schneider made a touchdown saving tackle on 4th and goal to force a turnover on downs giving the ball back to Castleton.

"Our front seven is tough, quality players all around from the offensive line to the linebackers," Klatt said. "Our run defense has vastly improved since last season."

The Spartans opened the second half with a 10 play, 65-yard drive which resulted in Carpenters third touchdown of the game on a one yard run to put Castleton up 28-9.

The next Maritime possession ended with a turnover on downs as Castleton took over at their own 44 yard line. After a 25-yard strike to Alberque, Brozowski gave it to Carpenter who rushed in for his fourth and final touchdown on

the day, bringing the score to 35-9.

The Privateers managed to put one last drive together in the fourth quarter resulting in a touchdown as their quarterback Tyler Trodden rushed in from two yards out to close out the scoring for the game. Giving Castleton the 35-16 win.

"We concern ourselves with doing a couple of things," Klatt said. "To play with honor and too execute on key plays throughout the game."

Alberque had a game-high 111 receiving yards, and Boyle also had a big game with 78 receiving yards with a touchdown.

For the Privateers, Trodden had a game-high 119 yards rushing.

With the win Castleton improves to 2-2 (1-0) on the year as SUNY-Maritime falls to 1-2 (1-1). The Spartans have a bye-week and then trek to Norwich University.



The Spartans celebrate a touchdown during Saturday's game.



Sports talk with Eric Dowd

One pass, one misdirection, one shot, and one goal scored by Bryce Kaler were what the Castleton Men's soccer team needed to defeat Plymouth State 2-1 on Wednesday. With this win a milestone was achieved: Head Coach John Werner's 100th win.

This wasn't the first milestone that Werner has accomplished. Before he came to coach at Castleton, he coached at Arlington High School for 31 years. In 31 years he totaled 346 wins, which is most ever in Vermont high school soccer.

"I didn't know how long I would stay at Castleton," Werner said after coming here in 2004. "Castleton is a great place to be apart of, which makes it great to coach here."

While Werner has coached for more than 40 years, he himself was a very good soccer player. He played for Oneonta State College and was an All-Conference defender. While at Oneonta, he got an interest in coaching from his own coach Garth Stam. "He always insisted in doing the right thing."

Werner is doing the right thing here at Castleton. While speaking with him, he told me about his philosophy: family first, and soccer second.

"It doesn't matter if it's a wedding or a funeral, I want them to go to it no matter how important, family comes first."

He spoke that the 100 wins wouldn't be possible without Scott French his goalkeeping coach, Paul Story his assistant coach, his wife and his two kids.

Werner, who became the fastest to win 100 games, is now only 39 wins away from having the most wins as a Castleton coach. It won't be this year, but when it does come, it will belong to a great man who coaches the right way; family first and soccer second.

The Soccer team is showing what they are made of so far, posting a 6-1 mark in the season. This Spartan team has 8 seniors, making the Spartans hard to beat. With senior Nick Johnas, the reigning NAC defensive player of the year, and senior Ian Hunter, who coach Werner calls "the rock of our team" are anchoring the defense, which has only allowed 5 goals in seven games. The offense is just as good, with Bryce Kaler, who leads the team with 5 goals, and Danny Favreau, who was this week's NAC rookie of the week. Come out and watch the fast paced Spartans face in-state rival Middlebury, on October 2nd.

The Spartan standout of the week goes to two people this week. Brandon Boyle and Denny Wilhelm were named to the d3football.com team of the week. Boyle caught a school record 17 catches, while Wilhelm had two touchdowns and four catches that resulted in first downs, as the Spartans grabbed their second win of the season. Congrats guys.

Until next time Castleton, keep on keeping on.

Werner reaches 100 wins Volleyball 3-5

By Hannah Messer
Castleton Spartan

As the Spartans look to improve their 6-2 record, coach John Werner reached a milestone that has only happened three times at Castleton. Werner recently won his 100th game since being head coach of the Castleton men's soccer program, which was achieved in recent play against Plymouth State.

Prior to Castleton, Werner coached men's soccer for 31 years at Arlington High School in Arlington, Vt. He also taught chemistry and physics, as well as serving as the schools athletic director. He now holds the state record for wins in soccer, having 346.

Werner won seven state titles, was awarded NSCAA New England Coach of the Year four times and the NFICA National Coach of the Year in 1995. He is also involved in starting youth soccer in the southern Vermont area, including a league that still exists today, now known as the John Werner Soccer League. The league boasts kids from 10 different towns in Vermont and

eastern New York.

Werner also has a high school tournament and a scholarship named after him, which he said he's very proud of.

He has been a coach at Castleton since 2004, which started with a "very persuasive phone call by President Wolk," Werner said.

"I love being at Castleton," Werner said. "I am grateful to President Wolk as well as Deanna Tyson for the opportunity and all of the support."

The men's soccer program has won three NAC titles, and Werner has been named NAC coach of the year three times. Since being coached by Werner, the program has made three NCAA tournament appearances and three ECAC appearances, reaching the finals in 2009.

"I have always appreciated how much emphasis he's put in school," said Spartan athlete Ian Hunter, who is now in his fourth year at Castleton. "He really understands the balance that a student athlete must have and respects the college and professors by never letting us miss



Coach John Werner

class for practice."

Werner also serves as the director of coaching education for the Vermont Soccer Association.

Werner is also quick to recognize that members of his coaching staff Paul Storey and Scott French have been a huge part of his success, having been with him since day 1.

"Our program values our players above all," said Werner, "and I am very proud of all of the guys who have been part of our 100 wins."

By Chris Richardson
Castleton Spartan

The Castleton Women's Volleyball team jumped out to an early 1-0 lead against the MCLA Trailblazers. The Trailblazers responded by rolling off three victories in a row, finalizing at 3-1.

Despite the loss, Castleton had four players reach double digits in digs. Freshman Bridget McCarthy made 15 digs, 13 assists and 5 kills helping win game one and made sure Castleton always had a chance in the other three.

Castleton then fell again to SUNY Cobleskill by the same 1-3 margin. Sarah Wheeler had a team-high of 8 kills for the Spartans. McCarthy made a strong all-around effort and had 16 assists, 14 digs, five kills and a service ace.

The team then faced both Anna Maria and

Suffolk University in a double header. First playing Anna Maria, the Spartans broke a three-match losing streak. In a nail biting five-game set, Castleton won the first game and dropped the next. Castleton and Anna Maria then were tied 10-10 until the Spartans came out hot and scored five of the last six points in the match winning 3-2.

Castleton then fell in a tough 0-3 match in its second of the day. Suffolk beat Castleton in almost every category though it was close. In all three games, Castleton lost by a combined eight points.

The Spartan now rest at 3-5 and will return to the court on Sept. 29 when they will travel to Green Mountain when they will face off against Maine Maritime, Husson, and Green Mountain.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday October 17, 2012

CastletonSpartan.com

Castleton, Vermont

Group tries to stir political excitement

By Elicia Mailhiot
Castleton Spartan

Groups of students lined up in Jeffords Center with licenses in hand. They approached the table surrounded by red, white, and blue balloons and made a decision that has the ability to change the nation. They registered to vote.

Castleton State College is holding a month-long campaign to increase awareness about how powerful the right to vote is. "Castleton Vote 2012" is organized by professors Carrie Waara, San-

jukta Ghosh, and Rich Clark with assistance from Crispin White at the Center for the Support & Study of the Community and Associate Academic Dean Yasmine Ziesler.

Students in their respective classes are responsible for coordinating events including voter registrations, film screenings and debate watch parties.

Waara says that the purpose of the campaign is to engage students in politics, which professors hope in turn will allow for the American Democracy Project to take roots at

CSC.

But Waara notes a big difference in this election from 2008, and she's not alone. CSC students are feeling the difference too.

"This new voting group doesn't value their vote because they are so anti-government," she said.

It didn't appear that way in 2008 though. College students throughout the country came together for a common cause; they wanted change. And they saw that in Barack Obama. Four years later, the same people who voted in 2008 have lost that energy. Col-

lege students came out last election, but will they show up on Nov. 6?

According to the Center for Information and Research on Civic Learning and Engagement, adults ages 18 to 29 make up 24 percent of the

voting population, or roughly 46 million eligible voters. Fifty-one percent of these young



ANDERS AX / CASTLETON SPARTAN

Students watch the first presidential debate in Hoff Hall.

American's voted in 2008, but experts wonder if they will this time.

Tom Conroy, a com-

munication professor at Castleton, isn't quite sure,

Continued on Page 6

Alums seek SGA funding

By Megan Harris
Castleton Spartan

The Student Government Association is hard at work assigning new projects, finishing up old ones and making stronger alliances with the Castleton Alumni Board.

At their first meeting, board Vice President Ceil Hunt approached the SGA for help. With hopes of building stronger connections between the two groups, as well as getting more involved with students throughout their Castleton career, Hunt asked the SGA for suggestions and funding to help bridge the gap.

Currently, the Alumni Board provides first-year students with I.D. holders and lanyards. In addition, the board is responsible for the Senior Social that takes place every year.

"What we're looking for is \$600 toward funding the costs of the lanyards and holders," said Hunt, "but we are also hoping for suggestions and opportunities to be more involved with students in their sophomore and junior years."

Hunt says the Board is not only open to being more involved, but hopes that the SGA can offer suggestions and opportunities to do so.

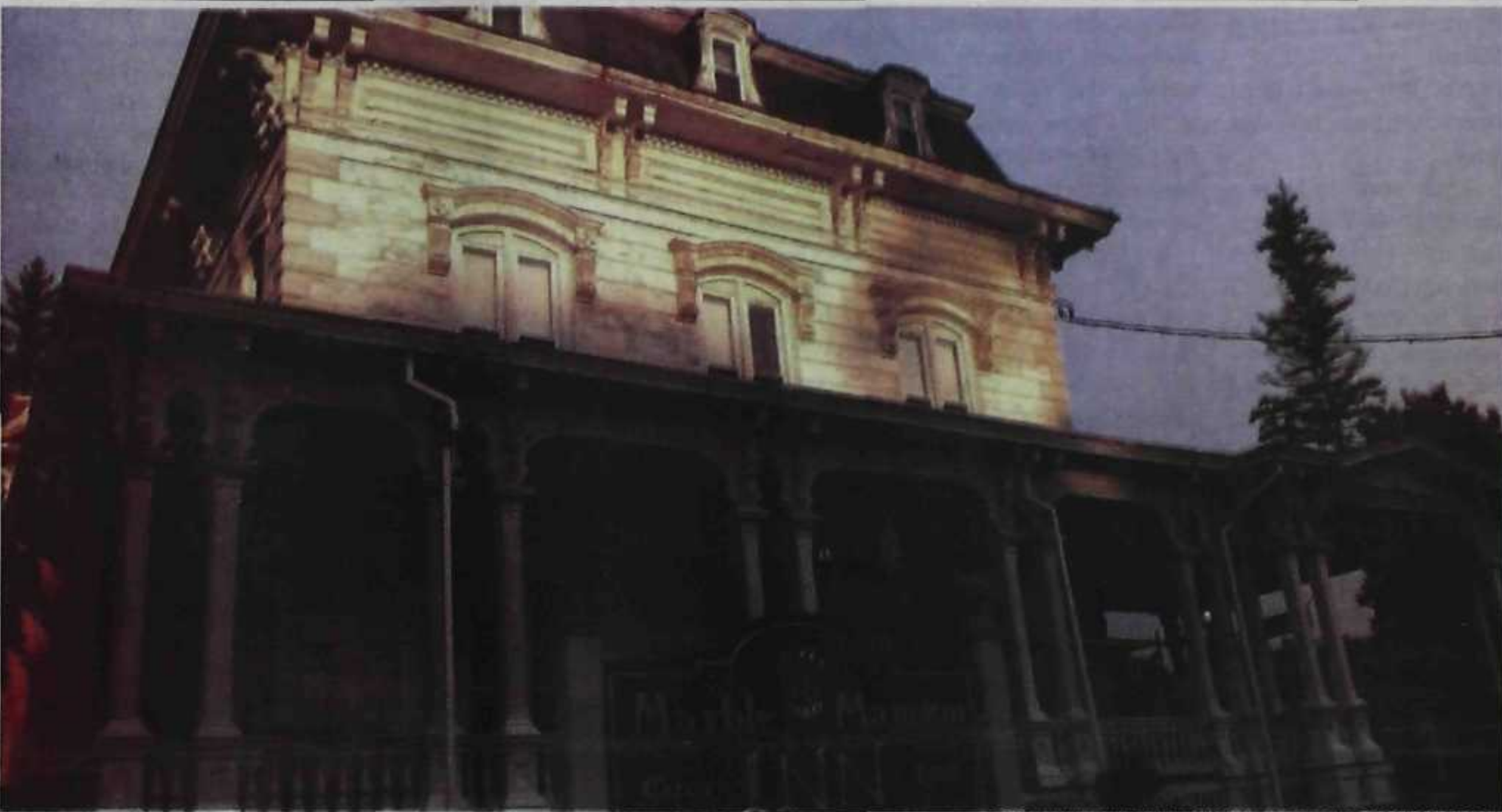
In other news, the SGA is working hard on completing some key projects before the snow flies. Some curious and fun projects being put forth include a new DVDnow machine, additions to the ski park area between Hoff and Wheeler Halls, and the possibility of a bottle redemption area on campus.

In addition to these projects, the SGA has set out to discover why so many blue security poles around campus are out.

"Did any one notice that there are like, I don't know at least four of the security poles down? Especially near Hoff?" asked Carrie Keener, SGA vice president, in their meeting before October Break.

The group echoed her sentiment and freshman delegate Catie Wielgas will be contacting Public Safety and Bob Godlewski for answers.

"It's important because it's a safety thing," said delegate Andre Coutu.



BRYANNA ALLEN-RICKSTAD / CASTLETON SPARTAN

The supposedly haunted Marble Mansion Inn sits on the edge of the Fair Haven green.

Are there ghosts among us?

By Bryanna Allen-Rickstad
Castleton Spartan

Kyler Bland was getting her toddler son, Max, out of his car seat when he suddenly became hysterical. He screamed, sobbed and started throwing his tiny body in the opposite direction of the open car door. Bland was overwhelmed, having no idea what had sent her child into such a frantic state. She tried desperately to calm him down, asking him repeatedly what was wrong.

Then he lifted a small finger, pointed to the woods behind their house and shrieked, "HE'S COMING AT ME! THE MAN IS COMING AT ME. HE'S GETTING CLOSER AND HE'S ANGRY!"

Bland's heart froze and she

whipped around, ready to defend herself and her child.

But no one was there.

"I was terrified," Bland said. "We were in the process of moving out of the house, but we moved that very day."

Bland had always felt that the old Poultny house was haunted by a presence, but that was the first time it had ever felt sinister.

Kyler and Max Bland are not the only Vermonters to come in contact with a paranormal life form.

In Fair Haven, there are several buildings that are said to have ghosts lurking the hallways, or in Dave Nelson's case, the theater. Nelson owns the Lloyd-Jacob's House, a late 19th century brick building that has now been con-

verted into apartments, housing mostly Castleton State College students. Nelson says that he has always felt an unexplained presence in the building, especially in the abandoned theater on the top floor.

"The first time I walked in, I felt it- this energy throughout the room," he said.

Nelson said he loves bringing people up to the theater just to see how they react. They first must climb the enormously wide and creaky spiraled staircase to the theater entrance. Once they pass the old ticket booth and step square into the room, they are faced with a sense of awe. The old stage supports a dusty piano and a mannequin dressed in vintage clothing. The caramel colored wood floors

were once a pride and the high ceilings are elegantly carved.

"When people enter this room, I love watching their faces. They either feel some kind of essence immediately, or they don't notice at all."

A few years back, when Nelson was first renovating the building, one of his construction workers had an encounter with some of the former residents of the Lloyd-Jacob's house. Jonathan Saw was working quietly by himself on the third floor, in the largest apartment in the building. He suddenly felt uneasy and turned around. To his gut-wrenching shock, there was a man sitting in a chair in the corner. Just sitting and looking at him.

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Huden hosts Locavore Challenge

By Anders Ax
Castleton Spartan



ANDERS AX / CASTLETON SPARTAN
Vermont Technical College Sous Chef Bryant Palmer sautés carrots at the localvore challenge.

Gleaming shreds of orange carrots sauté with a flash of hot yellow flame. Simmering, spiced apple and walnut sauce drenches blue cheese ravioli and turkey meatballs. Tangy blueberry balsamic vinaigrette is sprinkled over stuffed turkey and cheddar cheese.

A different kind of competition was held in Huden Dining hall at Castleton State College, Tuesday Oct. 2. Not the kind that required muscles, the kind that required taste. Taste from locally produced food.

Students lined up at the tables of the six Vermont state colleges competing in

The Localvore Challenge, the first even of its kind held at Castleton State College.

Judged and voted by the students and incoming faculty, each schools' Sodexo chefs and personnel competed to create the most sumptuous meal they could with local food at their fingertips. From the butter to the kohlrabi, the goat cheese to the pulled pork. It's all local.

"The mac and cheese was good," Sophomore Seth Harrington said, referring to Keene State College's macaroni and cheese over pulled pork in a waffle cone. "The pulled pork was phenomenal."

Sam Johnson, a freshman in criminal justice,

said he "loved" Lyndon State's ravioli.

"Sam doesn't know what's good for him," Freshman Kevin Santora said across the table. "He should have got one of these," indicating to the aforementioned mac and cheese over pulled pork.

Students felt that the competition was a nice break from the regular foods served at Huden. Some felt the tastes were a bit too innovative.

Santora didn't find Norwich University's apple compote to be very appetizing so he went for the pulled pork twice. Liz Young, a freshman in business accounting, felt

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Don't mess with God

The internet has changed everything, especially the types of things you can easily obtain. Go on eBay and you can buy a helicopter, no joke. Well, it might be a step back from a helicopter, but now people can become an ordained reverend with just a few clicks.

Really?

This started back in the mid 2000's, but it seems things take a little while to catch on. Inevitably though, this strange phenomenon has made its way to Castleton, where the Universal Life Church is now getting more publicity than it deserves. Essentially, becoming part of this "Church" and becoming ordained is as simple as typing in some basic information and clicking submit.

No, that hasn't been oversimplified. It's that easy.

There seem to be two minds about this: one is that it's easy, it's free, and hey, why shouldn't you be able to perform weddings and absolve people of their sins? No harm ever came of that, right?

The second view is that this "mail-order ministry" trivializes something that is sacred to a great many people. Why should someone be able to become not just a reverend, but an ordained one — so they are allowed to perform these tasks in any congregation, even though they technically belong to none — if they have undergone no schooling or training, and may not even practice faith?

We here at the Spartan understand both sides. In our article last issue, the stance came up that it's good to have this ability if you want a personal wedding with all meaningful members, or if you are unable to perform the ceremony

at any local congregation. In a way, this could make the wedding mean more, not less. Why have an unknown member of the clergy do what one of your best friends could?

The above stance is a powerful one, and one that could possibly legitimize something that is otherwise pretty illegitimate. The problem is that that's rarely if ever how it's used. Of the three people encountered who've done this, all did it for kicks.

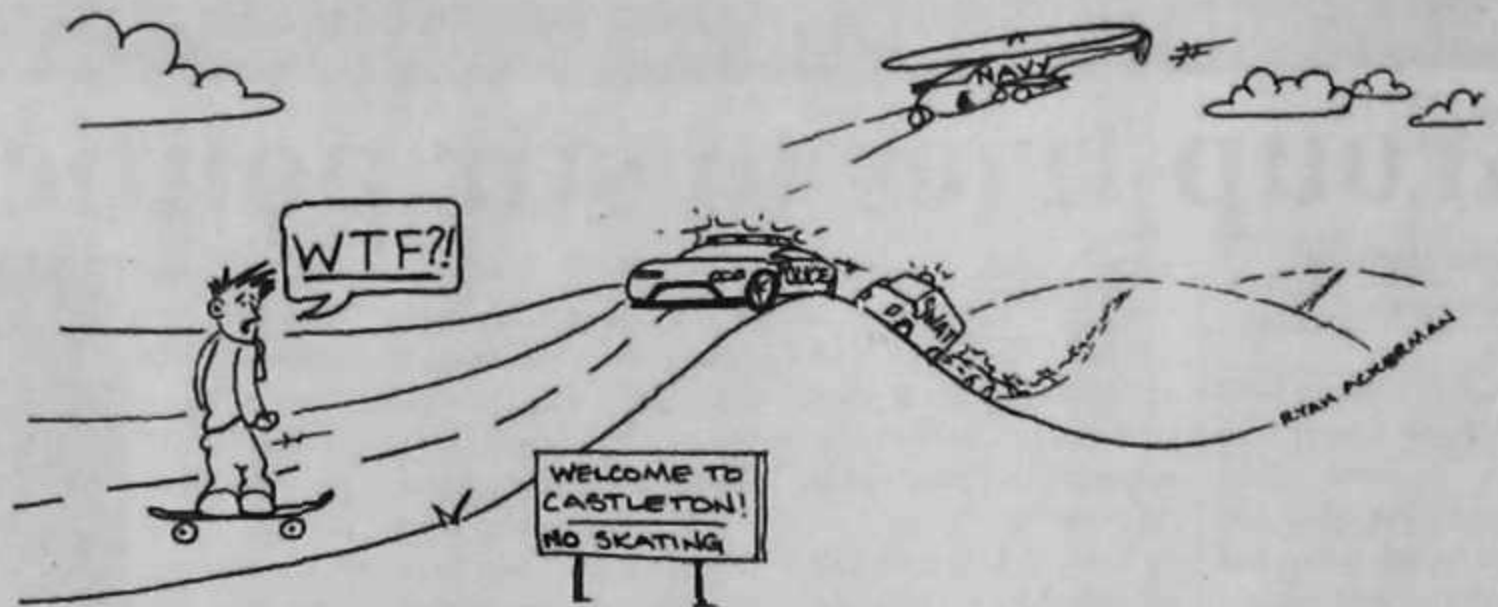
It is completely harmless, yes, but imagine this scenario: you've gone to college for four years, maybe even two more for good measure. You've spent at least \$60,000 learning and becoming better qualified in something you're passionate about, and suddenly you encounter a website that allows you to input your basic information and print out the same degree you received from college.

It's ridiculous that this "Church" exists. You can bet there would be an uprising if a website was launched that allowed you to print a personalized B.S. in Accounting, so why is this any different?

It's not. Just because the topic is religious rather than educational doesn't mean it doesn't affect people looking for work. Congregations are essentially religious companies, with the same level of entry-level job competition.

All we ask is that you consider how you'd feel if someone could get a free degree in the field that you're here for four years to get, and they could do it for free in 30 seconds. Maybe that will shed light on how actual reverends feel when they see Dasani being tossed at dorm doors to be "blessed."

- Nick Minarik



Leave the skaters alone

It's ironic that Vermont is such a green state, that we preach energy efficiency and yet a Castleton town ordinance blocks skateboarders and other wheeled devices from being used on local roads.

With a population of skateboarders, long boarders and people on roller blades shredding down the roads to make a fast commute, it's rather silly that their presence has become such a big deal to warrant ticketing.

Skateboarding has been around since our parents' days. It's become a social norm and we know all skateboarders aren't just mad-hatters looking to pick a fight or mess with people. They're just get-

ting from A to B, doing it with style, and we've become used to that.

So why is it an issue now all of a sudden? Why is the law enforcement cracking down on skateboarders so suddenly? Chances are police officers have let countless skaters over the years ride by on South Street unhindered, but now they're pulling them over to teach them a lesson. It's rather hypocritical to start enforcing a public ordinance that for more than eight years was essentially ignored.

Roads and sidewalks were created for the use of motorists and cyclists, respectively. Skateboarding grew around the fringes and the folds of social norms. It tested the waters.

To condemn skateboarding on the roads, as it is in Castleton, shouldn't it also be condemnable that they shouldn't be used on sidewalks because sidewalks are specifically designed for people walking?

If that's the case, then why are bikes allowed on roads and streets? Aren't they more of a hazard on sidewalks than on the roads because they have the ability to travel at high speeds, but it's OK that they can be on both sidewalks and roads?

Skaters are clearly not criminals. They're athletes and have a gift that deserves to be used and not subjected to a flagrant rise in punishment due to an archaic law that remained

unenforced and apparently ignored for so many years.

That said, skaters need to be respectful too. They need to ride on the sides, not in the middle. They need to observe the rules of the road that cyclists and automobile drivers observe. And if they do, they should be left alone.

Skaters deserve to use the roads for commute and travel. Their existence should be taken with the respect on the road, just as bicyclists and joggers. Plus, enforcing a local ordinance to rid the town of boarders is a glaring waste of time and energy on the part of the officers who patrol Castleton. Isn't it?

-Anders Ax

A small school with a disrespectful heart?

As a member of not only the college, but the Castleton community, I have become greatly aware of the disrespect students are treating this town with. Moving off campus onto South Street, I was quickly greeted with loud, obnoxious students welcoming each other back for another year.

I figured it would last only the first weekend or two, but here we are several weeks in and those students are still greeting me.

Before living on South Street, I was not fully aware how loud, rude and disrespectful the students of Castleton State College can be. Not only are the loud profanities that are shouted throughout the night inconsiderate, but what I find the most disrespectful act of all, is throwing beer cans, bottles and whatnot into community members' yards.

Last weekend I witnessed a student chucking a fifth of alcohol across the street and saw the glass shattering to pieces across my elderly neighbor's yard. I was astounded that a student felt it was okay to do such an act.

I awoke early the next morning — 7 a.m. on a Saturday morning, which is way too early for a college student — to go clean up the mess. As the cars whizzed by me, I crouched on the side of the street picking up pieces of glass from the night before. I felt it wasn't right for community members to have to deal with cleaning up the

glass.

Still, I felt something else needed to be done as I looked up and down the street. Bottles and cans were scattered everywhere, on the side of the road and all over yards. I walked up and down South Street and Main Street at 8 a.m. in the morning with a trash bag picking up bottles and cans so that my fellow community members would have one less reminder that they live in a college town.

Castleton is supposed to be the "small school with a big heart," but where has this big heart disappeared to? The students run amuck, causing chaos wherever they go during the weekend nights. If we want to show this big heart, then the students of Castleton State College need to learn to have some respect for the members of the community they are apart of for the academic year.

I am thankful for this eye opening experience, for I am now fully aware of what community members have been going through for years. I would like to let the Castleton Community know that I am going to what I can to help keep this town in a bit more order. As one person I can only do so much, but in time I am hoping that others will join me and see what sort of impact we, as students, have on our town.

- Katie Sault

Sex & The Spartan: The number game

By MAE

Castleton Spartan

The other night I was on Netflix and came across the movie, "The People I've Slept With." The movie's about a 20-something-year-old girl who finds herself pregnant. The twist? She has slept with so many men she doesn't have a clue who the father could be. The plot may have been terrible, but the idea behind it rings true to our generation.

American culture is obsessed with numbers. We are critical of numbers in our lives in so many different ways: how much debt we have, how much we weigh, and more importantly, how many people we've slept with.

I would be lying if I said I wasn't a product of that culture. I know my number, my best friend's numbers, my ex's numbers. Who doesn't keep track of their body count?

It's kind of funny when you think

about it. How many people you've hopped in bed with over the years has come to partially define who you are as an individual and how other people perceive you. And as we all know, the lines become even more defined depending on if you're born with a penis or a vagina.

Take your age and divide it by two. Have you had sex with at least that many people so far?

Chances are if you're a guy and answer yes to that question, you're a "stud," or a "player." If you're a female though, chances are you have a completely different narrative including some choice words including "slut," "easy," or a personal favorite of mine, a "cumdumpster." Really though...Who comes up with these things?

Men are rewarded for sleeping around while women are expected to navigate the fine line between being the girl who gets around and nun-like.

We care so much about other people's numbers, but why does it matter if we only use it to judge one another?

I came into my freshman year inexperienced. I heard stories about upperclassmen with numbers in the double digits was blown away. I always wondered how people can rack up such high numbers.

My sophomore year, I realized it really wasn't that hard.

I refuse to disclose my number. My boyfriend doesn't even know how many people I've slept with because if he did he would never look at me the same way again. My number doesn't define me. Whenever anyone asks me my answer is, "I think I lost count somewhere between 1 and 100."

Don't judge people on their number. Being in the double digits doesn't mean you're a bad person, it just means you really like having sex. And why would anyone like that?

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Jose Mojica: The man behind the omelettes

By Mike Divis
Castleton Spartan

Twelve years ago Jose Antonio Mojica was serving his country as an air defenseman. Now he has students running to breakfast for his amazing omelettes in Castleton's Huden Dining Hall.

Mojica stands in the middle of Huden every Monday through Friday. Students walk up to the omelette station and pause for a moment to figure out what they want. Mojica sets up the peppers, onions and tomatoes as the students come to his station. He has the skillet ready and begins chatting everyone up.

Laughs and stories are shared between the students and Mojica. The line begins to build at the omelette station. The smell of butter and bacon fill the air. It's breakfast time.

"I love my job, I feel appreciated and trusted," said Mojica.

After graduating high school, Mojica said he worked in various restaurants as a prep cook and a supervisor of a deli until being approached by U.S. Army recruiters.

"My family was very supportive and wanted the best for me," said Mojica.

He decided to join the military and began basic training at Fort Knox, Ky. and was stationed at many different places before finishing in Fort Stewart, Georgia. Mojica served as air defense, which involved him riding around in a Humvee with .50-caliber machine guns on the side looking for enemy planes. He served in the Army from 1997-2000.

After his military stint and jobs in restaurants and doing road work after Hurricane Irene, Mojica saw an opening at Castleton that involved cooking and he wanted it.

Since coming to Castleton, Mojica has become very popular with the students.

"Jose is the reason I wake up in the morning," said junior Chris Evertz.

Mojica makes omelettes five days a week from 7-11 a.m. and also helps with cooking and meal ideas in the back area of Huden. He said he likes to make the environment as upbeat as possible.

"It's great making the omelettes, it's for you personally and I want people to walk away with a good experience," he said.

The interaction with everyone, students and teachers, adds to the experience, he said.

"He is very respectful and always likes to have a good conversation," said freshman Brandon Root.

Last year, omelettes were served on the weekends only. The decision to have him manning the station daily has been applauded by students.

"The omelette station was added to increase student satisfaction and it's extremely popular," said Jeff Kurto, Sodexo's general manager in Huden.

Mojica said he loves being a part of the community in Huden, but his big love is his family. Mojica has his fian-



KATIE SAULT/CASTLETON SPARTAN

Jose Mojica makes Erin Devost one of his famous omelettes in Huden Dining Hall.

cé of four years, Melanie Walker, and two kids, 3-year-old daughter, Adora, and 13-year-old stepson Tyler.

"When I see the students in the morning, I like to use them for role models for what I want my kids to be like," said Mojica.

Letters from the Spartan Spy

Dear Spartyers,

Welcome back to the castle for what I presume to be another five weeks of mayhem. There's nothing like a week without classes to help you keep calm and sparty on.

I've been hearing some rumblings around campus about my identity. I think I have you fattled, Castleton, but keep on guessing because you haven't even started to shake my barstool.

I was afraid that parent's weekend would force some of you Spartyers into a weekend of sobriety. However, I was pleased to discover you up to your usual late night antics. The morning after a chaotic evening always seems to bite a little harder with parents on scene. I saw a few of you in Birdseye, eyes still glazed over and trying to stomach an omelette pretending it had flavor.

With your families so near and the recent police rampages, it became a weekend of narrow escapes. Public Safety and local police secured the front and back entrances to campus and waited as stumbling Spartyers attempted to make their way to the dorms. This sent a few Spartys taking cover in bushes near campus until all was clear.

Rumor has it the king of the castle, John Rehlen, was out on the town in the wee hours of the morning directing local police to check in on some of his properties.

The next weekend, instead of once again awaking the king from his slumber, local police busted a party with the assistance of two state officials. The fleet, which consisted of three local cars and two state, surrounded the house, sending a sea of white tickets back to campus and left one over age resident with an upcoming court date.

The resilience of a true Spartyer is something to be admired, because despite the mass quantity of tickets issued you were right back at it the following evening, theme and all. Pro sports and booty shorts proved to really be just a call for a whole lot of spandex, but I will admit the name does roll off the tongue quite nicely.

There have been many complaints that this years freshman class walks a little too far on the wild side and there's nothing like alcohol and spandex booty shorts to confirm that belief. One baby Sparty missed the pro-sports aspect of the theme and came prepared just for the booty shorts. Her shirt choice proved to be irrelevant, as she hardly had it on fully in order to show off her rib tattoos while she danced provocatively, and furthermore when she flashed the entire party later in the evening.

Can you guess me yet Castleton, or are you still just taking shots in the dark? Keep looking for more letters from the Spartan Spy to see if you've been spotted.



NATHAN DUNN/CASTLETON SPARTAN

Kyle Van Gelder shows off his back-flip skills in the pool.

Pool provides a common ground

By Jordan Mistretta
Spartan Contributor

Kyle Van Gelder stands at the back of the diving board, pausing slightly before taking his approach. He skips right before the end of the board and jumps up just as the board starts to spring back.

As soon as his feet leave the board, he starts to tuck into a ball as he flips forward for two full rotations before opening his body back up and landing in the water in almost a perfect pencil.

The stunned looked on faces of little kids and parents covered the room, but to Van Gelder, it is just another day at free swim.

Like Van Gelder, Castleton students and residents come to free swim at the Castleton State College pool to relax and do what they want in the water for an hour to two.

But is there a peaceful coexistence between the two groups? According to lifeguard Megan O'Brian, there is harmony between students and residents.

O'Brian, who has been a lifeguard at

the Castleton pool for three years, said the residents and students get along just fine in the pool.

"The community members get a kick out of watching the students jump off the diving board, it is almost like a show for them," O'Brian said.

Castleton resident Cathryn Sternfels, who just started using the Castleton pool this past summer, raved about how polite the students are that attend the pool.

"When I was at the pool one day, and I saw all the kids going off and doing their tricks off the diving board, and I just thought I have to take a jump myself," Sternfels said.

She went up to the board and took her first jump in a long time. When she resurfaced, it was to the students' clapping for her. She said she felt great after seeing how they reacted.

"They even hold the door for me and say hello first, they are very sweet," Sternfels said, with a big grin.

According to O'Brian, the pool attracts a variety of students from freshman to seniors. She said half of the students who

use the pool like to use the diving board while the other half like to just use the shallow end to relax or play games with each other.

"I feel like free swim is relaxing because you get to just float around, you really don't need to think about anything, and the mind gets time to wander," said Nathan Dunn, a senior who just started using the pool last year. His friends first convinced him to come one day last fall, and he has been coming back ever since.

Sternfels said she loves floating around in the pool for 45 minutes and constantly moving the whole time for a workout.

Like Dunn, Van Gelder said he comes to free swim to relax, but he also sees the time as a chance to practice for the upcoming snowboard season.

"I like to try and progress my tricks as far as I can, and the practice in the pool keeps my mind focused on the upcoming winter, because I really want to land a backflip this year, and possibly more," Van Gelder said.

Meet the new Judith Carruthers

By Tanner LeCuyer
Spartan Contributor



TANNER LECUYER/SPARTAN CONTRIBUTOR
Renee Beaupre-White is the new head of the Career Services Office.

There is a new face in the Career Services Office at Castleton State College. Renee Beaupre-White has taken over the director position from recently retired Judith Carruthers.

Beaupre-White has been busy working with FYS classes to create floor programs.

She said she has many goals for this year, wanting to get acclimated to the culture and community. She also hopes to bring in alumni to connect with current students.

Beaupre-White is also a big believer that internships are a necessity because of the level of experience students receive from the workplace. She

explained that employers love to see internships on resumes when hiring.

"They are a win-win situation," said Beaupre-White.

It's no wonder she values internships. Her husband, Crispin White, heads up internship programs at Castleton.

"Renee is a big supporter of internships," he said. "She will try to connect students and provide them with what they need."

Beaupre-White is a 1987 graduate of Castleton with a degree in social work. She has worked for 25 years in higher education.

Beaupre-White said she also really wants students to know that the Career Center at Castleton is always available

for them. She said she is here to provide students with support and encouragement for when they take their next step after graduation.

Another goal is to update the school's website so it has more links and options for students to look at when browsing.

"It's always nice to have someone new with fresh ideas," said Justin Rose, a senior, of Castleton State College.

Beaupre-White said her overall mission is to prepare students with clarity, competence and confidence, while leading lives if connection. When asked what accomplishments she would like to achieve she was quick with a broad answer.

"I love to make things happen."

Campus Quips

Martina Marchese & Sondra Olds



Question:
Why do you think people aren't as excited for this election as in previous years?



Stephanie Bosse
"Honestly, I'm too busy with nursing to pay attention to the election."



Dave Carrier
"I feel like everyone is so fed up with the whole game of it. It's turned into a super bowl."



Zack Wiessner
"No choices. No one wants to vote for them and try to find the best candidate out of both of them."



Jimmy Britt
"No real choices between the two, just arguing amongst themselves, it's like who's the lesser of two evils."



Patrick Max
"It appears to me it is over-hyped, as usual."

Students sell Verve! to en\$ure a future

By Molly Demellier
Castleton Spartan

Our generation has grown up in a society where going to college or receiving some form of higher education is expected more than it is revered. We are told that continuing our education beyond high school will direct us down the road to a successful future.

But what happens after graduation, when our undergraduate degrees are not enough to set us apart in the job pool and our loan payments begin knocking at the door?

This is a question currently haunting our nation, and as the first generation predicted to not out earn our parents, there are many of us seeking answers. A few of Castleton's own have joined other college students across the country and taken the initiative to prevent future financial instability and have become brand partners with the drink company Vemma. Their focus is to promote the company's healthy energy drink line called Verve!

"It's a plan B; another stream of income," said Castleton State College junior and Vemma Brand Partner, Andrew Cremmins.

The company is centered entirely on word of mouth and social media marketing. Col-

lege students around the country are creating Verve! networks via Facebook groups, Skype calls, and the hosting of home or dorm room events with samples of the drink available.

The purpose of this networking is to promote Verve! and encourage others to take the plunge and become brand partners. The network expands like a pyramid, and as the pyramid grows so does each brand partners income. This pyramid dynamic creates a residual income that has students on our very campus making hundreds of dollars a week and others throughout the nation collecting thousands weekly.

"I consider this an investment," said Cremmins as he expressed his discontent with settling for a minimum wage job after graduation. "Is \$8.50 really worth an hour of your time?"

Castleton students have actively been hosting events thus far this semester and show no signs of letting up.

"I have been in Vemma for about three months now and I am seeing tons of success," said another Castleton Junior and Vemma Brand Partner Nick Tubolino.

The Castleton network is rapidly expanding and is bringing success to many of its members.

"The best part about it is that you get to

make easy money with all of your friends and be successful together as a team," Tubolino said.

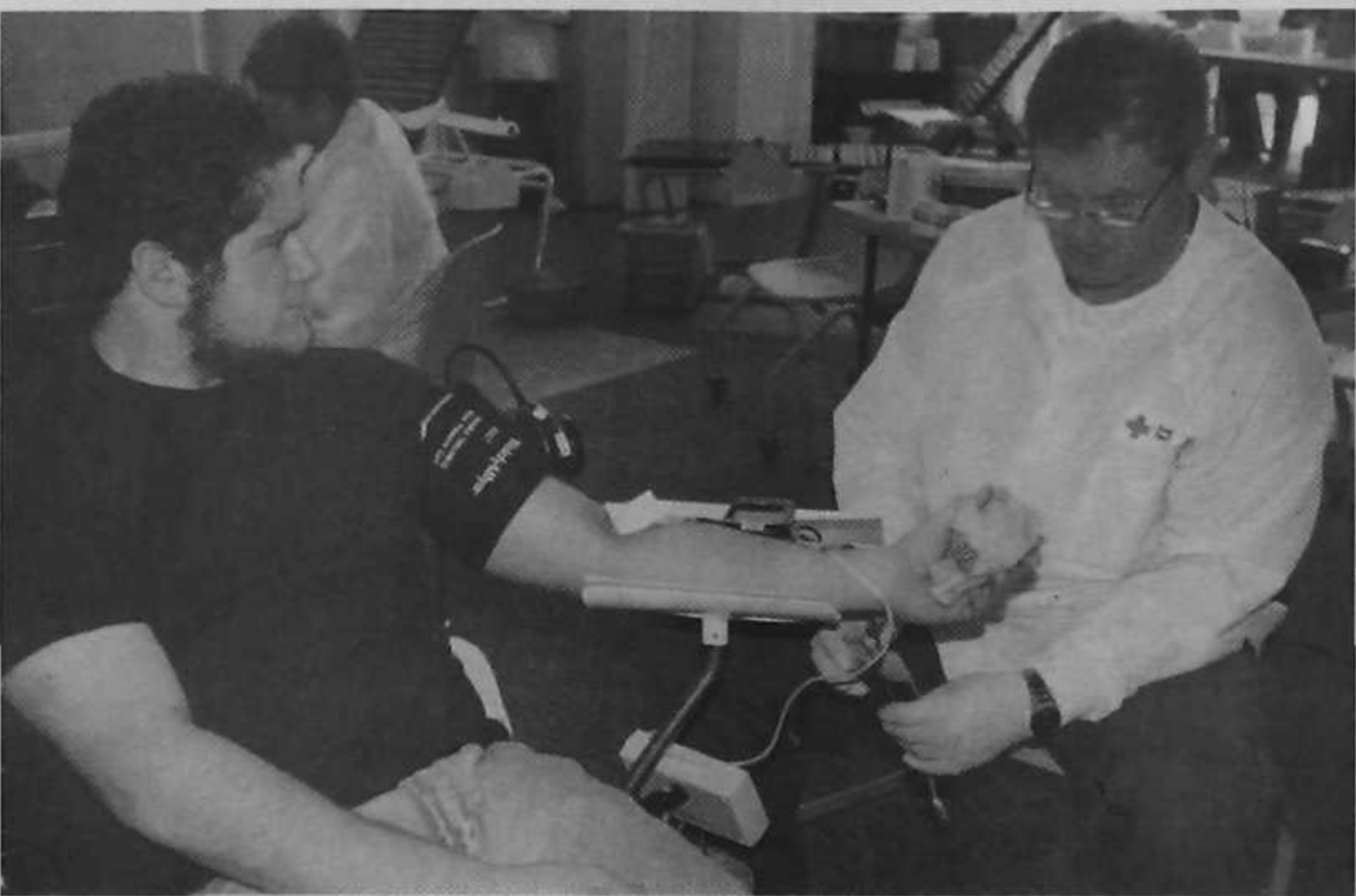
To date, the Castleton network has expanded into other various colleges, including Norwich University, Champlain College, and the University of New Hampshire.

The entire Verve! movement, or the Young People Revolution, has spread to over 100,00 college students. Yet, with the more than 56 million college students across the country, brand partners are still hungry for more.

"We're on the ground floor of this trying to kick it off," Cremmins said.



MOLLY DEMELLIER
Andrew Cremmins is elated over the money he makes selling Verve!



ERIC DOWD/CASTLETON SPARTAN
Freshman Kevin Santora prepares to get his blood drawn at the Red Cross drive on campus.

The stories behind the blood

By Eric Dowd
Castleton Spartan

The needle slides into her vein and the blood starts pumping into the plastic bag. This scene occurs countless times at blood drives, but for many people, including CSC Senior Lauren Fedorka, they donate it for a special reason.

Fedorka has an O-positive blood type, the universal donor, and she goes to blood drives to donate because of her brother, Matthew.

"My brother had Ewing-Sarcoma, a rare type of cancer and he could use my blood to help him get better," she said in a low voice remembering the hardship.

Luckily for Fedorka, blood and chemotherapy has helped her brother recover.

"He has been in remission for a year and eight months," she said.

Every year the Red Cross holds more than 200,000 blood drives across the nation. Every

time the Red Cross comes to Castleton, senior Gabby Brooks is there to help get people drinks and bring her smile to the donors. Since her freshman year she has worked at every single CSC blood drive.

"I work all day, morning to close," said Brooks, who says she loves the volunteering aspect of it. She helps out because of two people, her mom and her brother.

Her mom Lynda is a nurse for the Red Cross. Her brother, Thomas, is a veteran who was injured in a mortar attack eight years ago 20 miles outside of Baghdad. From this attack, he lost part of his leg.

And even those taking the blood from donors have stories about why they do what they do.

Jugo Brkovic has been working for the Red Cross for seven years. In 1992 his home country of Bosnia was in a civil war leading him to flee the country to protect his family. He became a refugee in Serbia and Montenegro until 2002 when he came to

Vermont, by way of Colchester. For him working for Red Cross has a special meaning.

"I left my country to save my life, and now I work for the Red Cross to save other people's lives," he said.

But while some people have heartbreaking or uplifting stories about why they donate or work for Red Cross, some donors just want to give back to the community.

"I give blood because it's a good thing to do and people always need it," said Castleton student Zach Scheffler.

Castleton worker Robin Fortier gave blood for the first time at the most recent blood drive last month because, "my daughter told me too," she said with a chuckle.

According to the Red Cross, someone in the United States needs blood every two seconds.

"If you can give blood you should, just think of the impact you are making on someone's life," said Castleton student Kevin

Santora. "Just try to think of the people that really want to give blood but are turned away, it has to be a big disappointment."

Roger Hill, the head nurse at the blood drive, talked about why some people can't give blood.

"For most people, they aren't able to give blood because they aren't feeling good, their blood pressure is too low, or their temperature is too high," he said.

Sodexo employee Beverly Boyce was one potential donor to be turned away due to low iron levels.

"I had everything I could find to increase my iron levels," she said. "I ate a lot of spinach and baked beans."

But while she was unable to give on this day, she has been giving her blood since she was a teenager -- and she turns 81 next month.

"I will be back the next time they come back," she said.

CSC is ailing

By Josh Bassett
Castleton Spartan

The combination of going back to school, changing seasons and being around other people can do wonders to a student's immune system -- or in this case a lot of horror to a lot of immune systems.

Castleton Wellness Center Director Martha Coulter said the center has seen "significantly more students" this year than in previous years, most with upper respiratory issues.

One that's making the rounds this year is pertussis, otherwise known as whooping cough.

A school-wide email stated that although Vermont is seeing an increase in the number of individuals diagnosed with pertussis, there is no epidemic on campus.

Wellness Center officials did not confirm any number of pertussis cases on campus citing confidentiality issues.

One student however, did admit he had pertussis.

Matt Smith, a sophomore, said he had pertussis over the summer break and it continued into the beginning of the fall semester.

"You cough and cough and cough and then you puke. Then you cough some more," said Smith laughing.

Denise Rhodes, staff assistant for the Wellness Center, said pertussis is spread through "sputum" or mucus from an infected individual.

The Vermont Department of Health has a section of its website that reads "Generally, several hours of close contact with an infected person are necessary to spread the disease."

The school email information sheet notes that "Usual classroom contact is not considered close contact."

Rhodes did add that any students concerned with the possibility of getting pertussis can get what is called a Tdap vaccine.

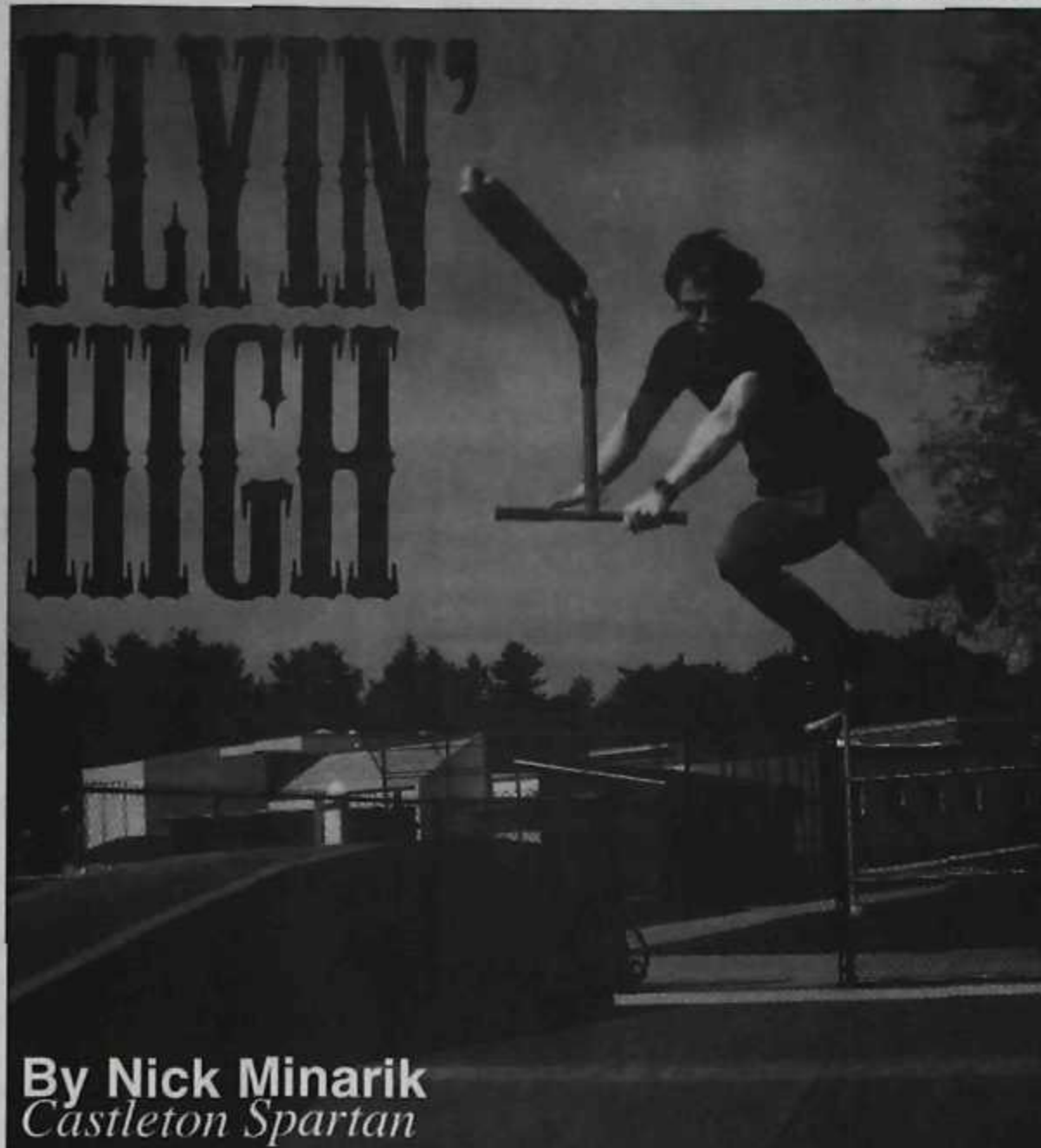
The Department of Health adds that the "effectiveness of pertussis vaccine decreases over time so teenagers and adults who were fully immunized as children do not have full protection from pertussis."

Many students at CSC seem to be under the weather and the Wellness Center is putting together "cold kits" for students after break. They will contain the usual assortment of cold remedies such as cough drops, tissues, facts and even tea.

Smith, with a laugh, said he feels, "just happy to be alive."

Public Safety Blotter

9/15	Underage drinking (9 counts)	Off Campus
9/17	Medical	Hoff Hall
9/18	Student in Crisis	Hoff Hall
9/21	Fight/Alcohol	Babcock Hall
9/21	Medical	Castleton Hall
9/23	Theft	Babcock Hall
9/23	Vehicle Damage	Observatory
9/25	Medical	Chapel
9/26	Misconduct	Leavenworth
9/27	Hit and Run	Science Lot
9/27	Dispute/Weapon	Castleton Hall
9/28	Theft	Ellis Hall
9/30	Vandalism/Theft	Ellis Hall
10/1	Hit and Run	Campus Center



By Nick Minarik
Castleton Spartan

Peter Vaughn throws a "panty dropper."

ANDERS AX/CASTLETON SPARTAN
Peter Vaughn is the latest sensation

He stands at the top of the hill leading to the skate park stairs, helmet securely on his head. Students line the pathway, faces are glued to the windows in Hoff, people watch from balconies, and there's a camera rolling to capture all of it.

Tension builds as he approaches the stairs. He launches himself off the top stair before flipping the scooter over his shoulder. A half second of freefall later, the crowd got exactly what they wanted. Applause and cheers erupt from the small crowd as the scooter champ coasts safely after landing and just like that, a campus legend is born.

at Castleton, and it's not for something you'd expect. This school has had some semi-pro and professional athletes on campus before, but never has there been a sponsored scooter rider. The campus certainly didn't see it coming.

Neither did he.

"It's amazing to me, even," Vaughn said. "In high school people laughed, like 'you're still riding a scooter?'"

The situation is a far cry from the fame he experiences every time he hits the Castleton skate park.

"Football players on the balconies scream at me, 'Do the scooter flip thing,

my friends are here!'" Vaughn said. His ego certainly doesn't show what a hit he's become.

"When I'm riding down there and people stop by to watch for ten minutes and I see the look on their face, it's crazy."

From an athlete of his caliber, it would be expected that he's been riding since he could walk. Impressively, he's only been riding for four years. A house fire caused him to move to St. Albans when he was in 8th grade, and a scooter was his main form of transportation.

"In the beginning when it was just transportation [my parents] didn't think much of it," Vaughn recalls. "Then when I started jumping over gaps and stair sets, they were like 'Alright, just be careful!'"

Those first small hops opened the door to a new world for Vaughn. After a brief stint in skateboarding and participation in every team sport imaginable, he found that nothing replaced the feeling he got when riding scooters.

"With team sports, everyone did it and that's how it was, and I didn't want to be like that. I think it's a lot more rewarding to have an individual sport where you learn your own thing by yourself than to be told by someone else what to do and how to do it," Vaughn explains.

It was this individuality that made Vaughn stand out to a scout at VertX scooters. Vaughn Hanchett, the Flow Team manager at VertX, saw a great attitude shine through the tricks.

"He threw down the tricks that were fun to him rather than showy tricks that every kid would want to see," Hanchett said. "And he made everything look good."

Having only become sponsored in the last month of summer, Vaughn is still new to the landscape of things; that doesn't stop him from turning heads, though.

Nick Coombs, a senior at Castleton who has found no reason to pay attention to the skate park in his previous three years, immediately reacted to the mention

of "scooter kid."

"That kid makes every skateboarder on campus look like a pussy," Coombs bluntly stated. "Everything he does is ten times more dangerous, and he always lands."

He may be taking Castleton by storm, but Vaughn still keeps friends close to remind him of his roots. Nick Cosak, one of Vaughn's suitemates who went to the same high school, shared much of the journey and is now "used to [Peter's] awesomeness."

Fellow students like Cosak have been crucial to Vaughn's blossoming icon status here on campus.

"My suitemates pushed me to do more and more. I'll do a trick on something small at the skatepark and they'll be like, 'Well how about that stair set over there?'" Vaughn explains.

In typical Vaughn modest fashion, he adds, "They take my skills to the next level."

So what's next for the scooter extraordinaire? The X-Games are one option, as Vaughn assures us we will be seeing scooters there in the very near future.

"And [he'll] probably be there winning gold medals," Cosak predicts.

Vaughn plans to transfer from Castleton to pursue a degree in cinematography, which he found engrossing when making his scooter videos. For now though, he is content in his dorm, perfectly situated on the hill next to the skate park.

"It's amazing that I can go there whenever I want, and the guys here have all been really nice," Vaughn said.

While the season for outdoor sports is winding down, you may still catch Vaughn on the skate park throwing down some amazing tricks, and if you ask him to do a "panty-dropper," he'll most likely oblige. By the time you're reading this, he may have invented a new trick that no one has seen before. For Vaughn, mastering the normal is only the beginning.

"There's always more things to do."

What does your future hold?

By Rebecca Roe
Castleton Spartan

Carolyn Mader sat anxiously as Joan Price set the weird deck of cards out in front of her. Biting her lip nervously, Mader watched as Price put three cards in front of her and explained what each card meant. Hanging onto every word, Mader stared intently at Price with wonder in her eyes.

At Castleton State College, students are learning, or have learned to read tarot cards -- but pretty much just for fun.

"I actually went through a bad break-up and I was having a manic moment when I didn't know what I wanted to do, so my friend's mother read me my tarot card and I decided it was very therapeutic and I wanted to keep going with it so I went out and bought my own tarot cards," said Price.

While some students are busy learning how to read these cards, oth-

ers are willing to sit down with these amateur readers and have their cards read.

"I had my cards read because some things have happened in my life that were particularly traumatic and I wasn't seeing a lot of hope on the horizon and I figured might as well turn to something spiritual and see if something happens," said Jeff Blanchette.

Though, the cards aren't always going to be 100 percent dead on, believing in them is up to whomever is being read.

"Before it was done, I really didn't have an opinion. I really couldn't care either way. Then when it was read, I thought it was pretty accurate, but I still don't know if I believe in it or not," said Jeffrey Reed.

Whether one believes in what their cards say or not, they can either help one out with a tough decision or can be just for amusement.

"It helped not so much the healing, but more I have an idea of what

the problem is. And now that I know what the problem is, I have a solution," Blanchette said.

But not all the readings will be negative. Some might be uplifting and happy -- though some may provide shock.

"My tarot cards told me that I was going to have a lot of kids and it told me that I worry too much," said Carolyn Mader. "I was freaked out and scared. I called my mom after and asked her if she thought it was really gonna happen to me," Mader added.

Price said anyone can learn to read tarot cards, pulling out her deck and shuffling as she spoke.

Although the whole reading process is very relaxed and laid back, some may take what they're told a little too far.

"I always tell them in the beginning that this is something that's just supposed to be self-reflective for them and not to take it too seriously," said fellow card reader Krista Flavin.



PHOTO CONTRIBUTED BY JEFF BLANCHETTE
Sophomore Joan Price reads sophomore Rebecca Roe's future using tarot cards.

Game Review: Quake 4

By Dashiell Monder
Castleton Spartan

Quake 4 is a classic first person shooter from 2005. It is the fourth in a line of games that started with Quake back in 1996. The graphics have improved immensely. Despite being 7 years old, it's still a great game and runs on Windows XP and Windows 7. There are also versions for the Xbox 360, Linux and the Mac.

The game is set on the planet Stroggos inhabited by a violent cyborg race called the Strogg. Your character's mission, Marine Corporal Matthew Kane of the fabled Rhino squad, is to land on Stroggos, secure the planet and put an end to Strogg attacks on humans. During the approach to the planet, Kane's ship is shot down and separated from the rest of the squads. He needs to rejoin the force and defeat the Strogg.

Quake 4 has very intense graphics and scenes; there are different kinds of enemies of the Strogg forces on the planet Stroggos and different kinds of drivable vehicles. The vehicles, tanks and mechanical walkers are fun to drive. There are a variety of weapons including blasters, machine guns, shotguns, hyperblasters, grenade launchers and nail guns all scattered throughout the levels as well as, ammo, armor and health packs to keep you going.



just one mission to complete on the first level. Other levels have 5 or 6 missions to complete and some levels require you to kill a boss. Other levels and missions require you to destroy some enemy target. Of course, the final fight is against the leader of the Strogg, the MAKRON. He is protecting the nexus core, which you must destroy. At the end of the game you get a big cliff hanger, but I won't spoil the surprise.

This game has very graphic violence, dark shadows, spooky noises, and when you play the game it will keep you on the edge of your seat. The game has some extreme adult language and it's meant for an adult audience and not appropriate for children.

I really liked this game. It is similar to the DOOM games made by the same company, id Software, Raven Software, and Activision. I think you will really like this game too as much as I have for the last few days. If you like Quake 4, you will probably also enjoy quake 2 and DOOM 1 and DOOM 2. For a rating, I would give this game 9.75 of 10 points and I hope you enjoy the game yourself.

Movie Review: Looper

By Josh Bassett
Castleton Spartan

If you are looking for a movie that really makes you think than look no farther than Looper. It is to time travel what Inception was to dreams in that adds a new perspective when thinking about them.

It coincidentally also features Joseph Gordon-Levitt.

You could consider it a science fiction film, but it could also be considered an action film as it has a considerable amount of action. It is never too much though, and it never takes away from the story that unfolds over the course of the movie.

Gordon-Levitt plays Joe Simmons, who is part of a group of hit men who are known as loopers. Time travel is discovered

and immediately outlawed, used for all intents and purposes only by criminals. They work for a man named Abe from the future who travels back to the present day to control the loopers and guide them.

People from the future in the year 2074 send the target back in time to the present day of 2044. Joe and other loopers kill the target and get rid of the body, because in the future it becomes a lot harder to hide dead bodies.

The setting in the movie is an amusing one. It is the United States, but it does not really resemble it whatsoever, but some twisted image of the country.

Seeing Joe kill a few people is interesting as you delve into his psyche. Seeing people get shot by a blunderbuss never gets any less entertaining, even though you would think they would have a better choice for a gun than those by the time we reach 2044.

The movie really picks up

steam though when Bruce Willis' character is sent to Joe to be killed. The problem is that Willis' character is not just some target, but is actually Joe from the future. It is referred to as "closing the loop" and they make you kill your future self.

Yeah, that part is just a little bit twisted.

For a movie detailing time travel it is actually not overly confusing, except for one part after you meet up with future Joe. A lot of the intricacies of time travel actually make sense as you watch the movie and how they handle future version of the characters is very interesting. It certainly makes you think about the consequences of your actions on your future self.

This movie is top-notch, and Willis just owns the screen as future Joe. If you enjoy a nice science fiction movie with a good story than this movie is certainly for you.

Her voice makes me feel alive with energy. I suggest one of her most popular songs, "Respect" as a great one to get acquainted with her.

And last, but not least, you have to listen to the Jackson 5. The Jackson 5 is a big staple in my Motown diet. Before the fake nose and bizarre behavior, Michael Jackson was fronting this electric band with his brothers.

I suggest the songs "ABC," "I'll Be There," and "I want you back."

Tune in next issue for a chat about the band Man Overboard.

Motown Music Review

By Jimmy Britt
Castleton Spartan

Welcome back for another addition to the music bucket list of must-hear music.

This week I'm talking about Motown.

Motown has been a part of my life since I was very young. My mother was born and raised in Detroit, the Motown capital of the world.

She and my father would play Motown so I could learn about

what music was like back in the day.

And with any discussion of Motown, you almost have to start with Diana Ross and the Supremes, one of my favorite female Motown groups.

I just love the sound they have. The way they are able to harmonize just really brings the group together. I suggest you listen to the song "You Can't Hurry Love," for starters.

And what would a Motown discussion be without Aretha Franklin? She is a power house.

Student: I felt like I was being watched

Continued from Page 1

Saw closed his eyes and when he opened them again, both the man and the chair were nowhere to be found. Saw never stepped foot in the building again, Nelson said.

Just across the park from the Lloyd-Jacobs house is another residence that has had its fair share of ghostly experiences. The Marble Mansion, now a Bed and Breakfast owned by Sharon Parke, was built in 1867. The owner previous to Parke passed away in the Tea Room, and ever since, guests have reported strange phenomena. One guest awoke in the middle of the night to see a man standing at the foot of her bed wearing a grey suit. Two children were once locked in a guestroom from the inside. The door would not open even after Parke had unlocked it with the room key. According to Parke, Kevin Durkee, a family friend and local businessman, was once in the basement of the mansion doing simple repairs. He heard footsteps and when he looked up he saw a young woman standing there. He

asked her to leave; the area was off limits to guests. She ignored him and simply walked into another room. Durkee followed her, insisting that she leave. When he entered the room, she was no longer there. The room was dark and empty.

A few miles down the road in Castleton, students of CSC have similar stories.

Katie Sault and Kyle Van Gelder are roommates on South Street, and both have had so many eerie encounters that they refuse to be home alone at night. They moved into the house in late August, and that's when things began to change.

"Living there was like any crappy horror movie. As we started getting familiar with the house, weird things began to happen," Van Gelder said.

The basement is what gives them the most trouble.

"The light switch is always going on and off and the lock on the outside of the door will be locked one minute and not the next," Sault explained. "We got so freaked out that we duct taped the basement

door closed."

But the creepiest event in the off-campus house happened one night while Van Gelder was up late studying.

"It was 12:17 a.m. and I was rehearsing a presentation. I suddenly felt as though I was being watched. But the house was still. The feeling wouldn't go away; even my biggest sweatshirt couldn't get rid of the chills."

Later that night, once in bed, Van Gelder thought he could hear a man's voice over the sound of his radio. He turned off his music, hoping he had imagined the voice. But the voice continued to speak for several long seconds.

"Since then I find myself doing double takes over my shoulder or thinking I've heard voices," said Van Gelder. "Feel free to send Ghost Busters my way!"

These students are not alone when it comes to their belief in the paranormal; according to a study done by CBS News, 48 percent of Americans believe in ghosts and 77 percent believe in some sort of afterlife presence—be it a ghost, angel or spirit. And not only

do people seem to believe in the paranormal, but the percentage of believers is increasing every year. One study done by Princeton University found that people between the ages of 18 and 26 are more likely to believe in ghosts, and that the idea of haunted houses is the most popular form of belief. In 1990 roughly 27 percent of college aged people believed in haunted houses. By 2001 that number had increased to 42 percent.

So why has the number jumped so dramatically?

Paranormal expert William Roll, who has studied everything from ancient religions and cults to the science of death, says that there could be many reasons.

"There are so many drastic events happening in our world today; both tragedies and miracles. As we live through these events, we begin to open our minds to more possibilities. We accept the unexplainable," Roll said. "Or maybe people are just watching more horror flicks. Who really knows?"

Senior Column



Megan Harris

I walked into the Castleton Corners Mobil, tired and warm. It was Saturday, sunny, and my sweats were not a good choice.

"Could I get \$3.30 on pump four?" I ask the cashier, whose name tag I believe says Mike or Matt, or something that starts with an M.

"Sure have a good day," he said, and then stares. "Hey!" he says, "You're that girl from the Fireside place at the college right?"

I smile, try to avoid the eye roll, and look back. "Yeah, that's me." I start to turn away.

"Well hi, I'm —" insert M name here.

Being polite I respond, "Hi! I'm Megan," but what I want to say is that I'm bad with names.

This is not the first and undoubtedly won't be the last of the reactions I receive outside of my part-time gig at the college café, serving you with a smile with your purchase and an answer to your questions about the exchange program — for the tenth time.

I genuinely like my job, enjoy the chance to people watch, and to see the lost freshman wander. I don't mind cleaning up after my often times overly messy peers and I certainly don't mind the hours I'm forced to keep. I don't even mind much having to ask 400 times a night if you want to do that on points or on exchange.

What I do mind is when you steal, or don't tell me everything you've ordered. Or when you show up five minutes 'til closing and I have to serve you (an opinion expressed by myself, but in no way my company).

The thing is, if you spill, tell me, I'll clean it up for you gladly—that's what I'm there for. If the Mountain Dew is out, by all means let me know, and I'll happily change it for you.

But please, don't make my life any harder than it is. I'm happy to be befriended, to say hello outside of my work place, to have you recognize me outside of my green Sodexo polo and blue visor. But if you attempt to give me your number or explain why your friends call you "Big Sexy" and I should too, then you are not being helpful—however funny everyone else might find you.

I'm a senior this year, and although I can almost certainly smell my victory lap even from the first fall scents, I remain a worker, a producer, a community member, and yes—you got it by now—one of the Fireside Girls.

I'll gladly answer your questions and clean up your messes, but just keep in mind, I have class in the morning too and as a senior, that's what I'm really here for too.

Hot 8 Brass Band



EMMA RUDNICK / CASTLETON SPARTAN
The Hot 8 Brass Band plays for CSC on Sept. 26

Election lacking energy

Continued from Page 1

but he hopes so.

"You got some big problems to engage in, don't you? Big, significant problems," he said. "You know when you get your diploma you're not going to just slide through life."

There were reasons to be excited in 2008. There was a different energy. By the end of the Bush era, his approval rating dropped to between 25 and 37 percent.

"Especially students that lean a bit liberal, it seemed

exciting; whether it was a woman or an African-American, it seemed as though something could change," said Conroy.

Jeremy Odena agrees.

"I think the whole idea of the history behind a black president is what was exciting," he said.

Students have different reasons why they aren't as supportive of Obama this time around.

"I think people probably feel a little cheated," said student Courtney Bates. "I think with the last election, there was just so much ex-

citement. Now, they're just over it."

On Oct. 3, Castleton Vote 2012 hosted its first debate watch party which attracted 36 students.

"The debate party renewed my faith," said Waara. "I couldn't believe the number of students who came up to me personally and thanked me for doing this."

Until Oct. 30, students can register to vote in the library.

With the election quickly approaching, where will you be on Nov. 6?

Castleton chefs deemed supreme

Continued from Page 1

Castleton's smoked bacon was "a little weird," but thought its sweet breeding was the best part.

Brandon Allen, a sophomore in accounting, walked into Huden just after getting up at noon without a clue in the world with what was going on.

"There's too many vegetables for me to want to vote," Allen said opting for the ravioli.

Minutes later, Allen walked by with a plate of Vermont Technical College's Misty Knoll turkey salad with Cabot Cheddar and blueberry balsamic vinaigrette.

"They scared me away, but I went back," Allen said. "This is the best thing. Get the veggie platter."

For the competition, each of the schools was given a protein provided by a locally sourced farm that was distributed by Black River Produce. Over 80 local farms and companies contribute to Black River Produce, and many of them were featured on Tuesday.

For instance, the goat cheese creme drenching Castleton's chicken roulade with smoked bacon and corn muffin crumbles was provided by Troy Peabody's goats of Trevin Farms. Peabody also works for Sodexo in Huden Dining Hall.

"That's about as fresh and local as it gets," Castleton Chef Chuck Brooks said.

A total of 440 votes were cast during the competition, but Vermont Technical College's Bryant

Palmer, a sous chef, expected more to show.

"I'm very happy with the turnout, I was just anticipating more people. Where are you going to get an all-you-can-eat for 5 dollars and 85 cents?"

Though students decided the Localvore Challenge, Sodexo District Chef Rob MacFarlane and District Marketing Specialist Rich Blanchard vote as part of a larger competition for the Harty Cup which will be decided next summer.

For them, the competition is more than just about voting for the best, but for advertising a new way to present food on a local level.

"It's about celebrating culinary passion and ideas," MacFarlane said. Local food is so important to the whole state of Ver-

mont."

When the competition finally ended at 2 p.m., Huden was suddenly quiet and empty, but the aromas still hung in the air.

Before the competition, former 2010 Castleton graduate, Dustin Smith, a Norwich University Sous Chef, was feeling pretty confident about the competition featuring Vermont Family Farm's pork for creating pulled pork sliders.

"This is what I love to do and I'm doing it at the school that I graduated," Smith said. It makes me feel that much more at home. It's like my two worlds colliding."

When tallying finally finished, Castleton was the winner followed by Keene State, Norwich, Johnson State, Lyndon State and Vermont Tech.

"A lot of school pride here, you call tell," Blanchard said when he revealed the results.

Jeff Kurto, general manager of Sodexo campus services, thought the turnout was awesome.

"Knowing that something like this went over so well with the students, we're gonna research different things in the future," Kurto said.

Though the pulled pork sliders didn't outdo Castleton's chicken, Smith was still happy to have had the chance to come back to his old stomping grounds.

Everything was killer," Smith said. "If I was still going here, I would have loved it. It was exciting, fresh and new."

Daley revisits Irene's devastation

By Martina Marchese
Castleton Spartan

Journalist Yvonne Daley wanted Castleton State College students to realize just how hard it can be covering a traumatic experience like Hurricane Irene. The former Rutland Herald reporter and author came to CSC on Oct. 27 and using a Power Point Presentation packed with devastating photos, did just that.

"We know we are changed, we don't know how much," said Daley, reading the first line of a passage from her new book. You could hear the sadness in her voice.

Daley went on to rehash some of the vivid scenes she witnessed and emotional stories she got to be a part of along the way.

"Flood waters ripped through a cemetery in Rochester ripping coffins out of the ground," said Daley, her voice filled with sorrow hoping to paint a picture for the audience.

Daley knew the names of mul-

tiple people in her photos, and their stories. She spoke about how grateful she was to be recording this piece of Vermont history. She was most surprised at how helpful towns were to one another, how people came out of their houses to help pick up the remainders of their neighbors' homes. Daley talked about the woodchip trail where people would walk to get places and how others would sit there and hand out coffee and snacks. She was amazed by the devotion communities had to rebuilding and helping.

"I had never seen so many of the tools people used to build roads. It was just really amazing," said Daley in response to a question from a student in the audience.

The students who weren't distracted by their cell phones or having side conversations were genuinely interested in how powerful the nature of this hurricane was.

"It's tough because I'm from out of state. I only know what happened to Castleton. I know it was bad, not that bad," said Sondra



Yvonne Daley starts her presentation on Hurricane Irene.

Olds.

Many students experienced the hurricane first-hand and were affected by it.

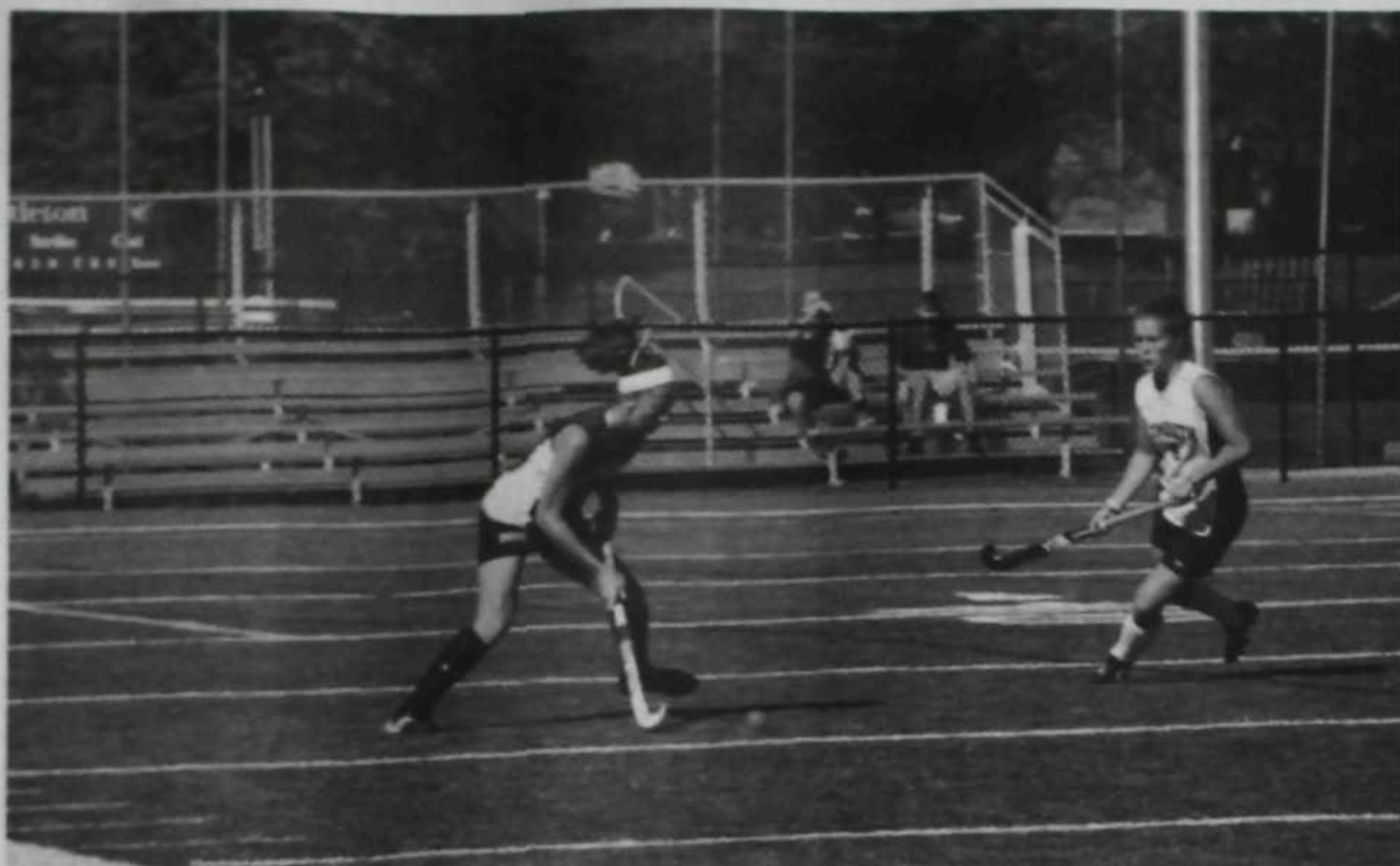
"That was powerful, heavy. My dad was doing the woodchip trail," said Ryan Ackerman.

Daley ended talking about Doug Casella and how he helped

by rebuilding roads. She showed a picture of his effort. She told the audience that Casella said it was the most amazing job he'd ever done because it was reconstruction, not demolition.

"We think asphalt is something strong," said Daley, pausing for emphasis. "Wrong!"

Spartan field hockey unbeatable at home



EMMA RUONICK/CASTLETON SPARTAN

Castleton's Brynn Cayla looks to pass the ball in a home game earlier in the season.

By Lucas McGovern
Castleton Spartan

While the majority of Castleton students were on break, the Spartans field hockey team was busy ripping through opponents. They won all four of their home games this week.

The week started off with a strong showing against Simmons College. Castleton exploded in the second half scoring five goals to secure the victory.

The Spartans peppered the net with shots in the first half, outshooting Simmons 23-1. The Sharks withstood the barrage until the 29th minute when NAC player of the week Kealy Chipman scored the first of her two goals on a penalty stroke.

In the second half, the floodgates opened for the Spartans. Chipman and Rachel Preusser scored back-to-back goals a minute apart from each other.

Preusser added another goal with 29:50 left in the game followed by yet another from Kristy Pinkham. The opponent recorded the final goal as Sim-

mons scored an own-goal in the 46th minute putting the count at 6-0 in favor of the Spartans.

Simmons' Kelly Williamson and Aslyn Dindorf each netted a goal in the closing minutes of the game to make the final score 6-2.

The Spartans next game came against a strong Keene State team. In one of the closest games that Castleton had played all season, they came out victorious in a 7-on-7 overtime session. Blake Wardwell was the player of the game scoring three goals including the game winner in overtime.

Wardwell started off by receiving a picture-perfect pass from Chipman off a penalty corner and dumping it in the back of the net. Keene responded three minutes later when Alex Billert scored to tie the game at 1-1.

The action was knotted up going into half. After the break, Castleton immediately attacked with Wardwell scoring with only 30 seconds away in the half.

The Owls responded quickly with another goal from Lyndsie

Rabenius picking up a deflection in front of the net, tying the game up at 2-2. Billert scored again in the 62nd minute to put the pressure on Castleton and taking their first lead of the game 3-2.

With less than seven minutes remaining and down by one, Castleton freshman Maria Stern scored a goal to tie up the game and eventually send it into overtime.

The overtime period was exciting, both teams had multiple scoring opportunities including 2-on-1 breakaways for both sides, but the defenses stood strong. Wardwell was able to break the tie with her 3rd goal to complete the hat trick and win the game.

An ecstatic Wardwell remarked after the game that "Maria came up huge for us. Our team has tried so hard this season and played so well that it would have been a shame to lose the game."

The third game of the home-stand was especially meaning-

ful for many of the Spartans as it was their purple game to support the fight against cancer. Castleton sported purple jerseys for the game in support of their cause. They were able to ride their emotions to a 5-3 victory against University of Maine at Farmington.

Both the offense and defense contributed in a team win. Mercedes Maltbie started the scoring four minutes into the game. Farmington's Lily Barry took advantage of a scrum right in front of the Spartans net ten minutes later to tie up the game at one a piece.

Kealy Chipman demonstrated her scoring prowess yet again with a goal at the 17-minute mark to give the Spartans a 2-1 lead. Preusser and Chipman added two quick goals to conclude the half making the score 4-1.

Both teams added a goal early in the second half. Barry scored first after peppering the net with shots, and Castleton responded two minutes later with a goal by Brandi Whittemore. Chel-

sea Morley scored late in the half for UMF, but the Spartans proved to be too strong and came away with the victory 5-3.

The final game of the Spartan home-stand was a nail biter against a very strong Thomas team. The Spartans fell behind early in the game and trailed 3-1 at half, only to come alive in the second half and earn a 4-3 win.

After the game coach Landon said that she was "Very proud of our team for winning a potential let-down game. This was a great team win with both our offense and our defense doing what we needed to get the win."

Thomas' Brittany Premo scored two goals in the first six minutes of the game to jump into the lead. Preusser got on the board first for Castleton and scored with eight minutes elapsed in the half. Then Miranda Tinsman responded ten minutes later scoring for Thomas off a rebound in front of the net.

With the score 3-1 going into the half, Castleton had some work to do and rose to the challenge. Wardwell scored in the 42nd minute depositing a rebound for a goal, and closing the gap to 3-2.

Chipman scored soon after to tie the game up, and Stern scored the go-ahead goal for the Spartans with a shot that was ripped at the net and through the Thomas goalie Jasmine Bishop with one minute left.

The game ended in a 4-3 win for the Spartans with Chipman breaking the record for career points (146) with her lone goal in the game. She now has 62 goals and 22 assists in her collegiate career.

The Spartans return to action on Oct. 17 when they are hosted by Union college, and hope to improve their 12-2 record, and remain undefeated in the NAC.

Men's soccer struggles in Maine



Senior Tanner LeCuyer sinks one in the net earlier this season.

By Hannah Messer
Castleton Spartan

Starting off their weekend in Maine, the Castleton men's soccer team fell to Husson 4-1 in a rematch of last years NAC championship game.

There were several scoring opportunities early in the game. CSC freshman Danny Favreau went one on one with Husson goalkeeper Brian Potter, but Potter knocked the ball out from under Favreau's feet as he came out to challenge the play.

Husson's Phil Frost scored the Eagles first goal, heading the ball off a free kick played by James Crockford. Just two minutes later, Frost scored another with his head off a throw in from Andrew Austin to give his team the 2-0 lead.

Castleton's Blake Hart

put the Spartans on the board minutes later giving them a one-goal deficit heading into halftime.

In the second half, Jacob Erskine slid the ball right past CSC's Nate Koene-mann to make the score 3-1. Late in the half, Patrick van Dessel scored the final goal off a rebound to finish the game at 4-1.

Koene-mann had 12 saves for the Spartans, while Potter made five saves for the Eagles.

"Maine weekends are always tough, but this might have been the toughest for me in my four years here," Castleton senior Ian Hunter said.

The following day, the Spartans came up short again, this time in double overtime. Abdullah Al-khayyat drilled a shot past Koene-mann in the late in the second extra period to end the game at 3-2.

Earlier in the game, Nicholas George started off the scoring for Maritime when he received a pass from Al-khayyat and drilled it into the net. Later, Zac Conlogue scored Castleton's first goal off a penalty kick.

In the second half, Bryce Kaler netted the Spartans second goal to make the deficit 2-1. Benjamin Russell came back with a rebuttle for Maritime to send it into OT.

Koene-mann made six saves, while Maritime goalie William Lacour made 11.

"We didn't accomplish our goals but playoffs are soon, and that's a whole new ballgame," Hunter said.

The Spartans look to improve their 9-6 (3-4 NAC) record after a tough weekend on Oct. 17 when they travel to Johnson State.

Hunter added, "I have a feeling we will catch fire at the right time."

Women's soccer 7-0 in NAC

By Mike Divis
Castleton Spartan

This Castleton women's soccer team traveled to Bangor, Maine to play Husson and Maine Maritime. The Spartans came up with a 1-0 victory and a NAC win against the Eagles in the afternoon of Saturday Oct. 13th.

Castleton outshot Husson 22-2 for the game. The Spartans only goal of the game was at 19:34 when senior forward Kelsey Gancous found teammate Sarah Ethier.

In the second half, Castleton outshot Husson 12-2, causing the Eagles Jessica Poulis to make eight saves. She finished the game

with 11 saves on the day. Spartan freshmen Kaleigh Newton played the whole game without having to make a single save.

This win gives coach Chapdelaine his 100th victory at Castleton with a winning record of 100-47-10. He is the fastest coach for Castleton soccer to reach the mark of 100 wins.

On Sunday, the Spartans would then play another NAC game against Maine Maritime, beating them 4-0 and notching another NAC win.

Castleton got on the board early with a goal by Freshman Mallory Costello who made a shot past Mariners goalkeeper Taylor

O'Malley. Costello added to the lead with a header in the goal off a corner kick by Jenna Bostwick in the 37th minute of play.

Just over a minute into the second half, Sami Ritter scored the third goal of the day by a header from an assist by Ethier. The final goal of the day was scored off a free kick by junior Kelsey Lenney in the 86th minute of competition.

Freshman Goalkeeper Sarah Shiltone didn't need to make a save for the Spartans second game in a row. O'Malley had 14 saves.

Castleton will return to action on Oct. 18 when the team travels to Johnson.



EMMA RUONICK/CASTLETON SPARTAN

Mallory Costello lines up for a kick earlier in the season.



Defensive end Cam Laundry gets ready to rush Becker's quarterback during Saturday's game at Spartan Stadium.

KATIE SAULT/CASTLETON SPARTAN

Spartans crush Becker

By Andrew Muse
Castleton Spartan

Shane Brozowski led a very efficient Spartans offense throwing for 417 yards and four touchdowns as Castleton cruised to a 45-13 win over Becker College in the Eastern Collegiate Football Conference (ECFC) play Saturday night at Spartan stadium.

"Our players have invested in our schemes," head coach Marc Klatt said. "They've bought into what we're teaching them."

The Spartan offense exploded against Becker with the help of wide receiver Brandon Boyle who caught 10 passes for 243 yards and a pair of touchdowns and Kevin Alberque who caught five passes for 107 yards and two scores. Tyler Carpen-

ter led the Spartans ground game rushing for 83 yards and two scores.

On the opening drive Castleton was helped by two big conversions on third-and-19. Brozowski hit Boyle for a 63-yard gain. Then on fourth-and-11 Brozowski hit Alberque for 14 yards to convert once again. Carpenter then punched it in for the score which was the only score of the quarter.

Castleton extended their lead to 10-0 after a Dave Fox 29-yard field goal with 9:56 remaining in the half. The kick was a result of an eight-play 61-yard drive that featured a 42-yard pass and catch from Brozowski to Boyle. Just before the end of the half Brozowski hooked up with Boyle again for an 11-yard touchdown catch to bring the score to 17-0 going into the half.

To open the third quarter the Spartans marched down the field with a nine-play 65-yard drive and scored on a 20-yard pass from Brozowski to Alberque.

Becker drove deep into Spartan territory on their next drive but Cody Tancrèti was able to intercept the ball in the end zone for a touchback. This interception led to an 80-yard drive by the offense that included a big catch by Boyle for 25-yards and two big runs for Carpenter the first run went for 21 yards and the second went for nine and a touchdown bringing the score to 31-0 Castleton.

Tancrèti wasn't satisfied with just one interception as he intercepted a pass on each of the next two Becker possessions both of which led to scoring drives. The first drive

was capped by a 46 yard pass from Brozowski to Alberque and the second drive ended with a similar result with Brozowski hitting Boyle for a 44 yard touchdown pass, bringing the score to 45-0.

"Shane and Brandon have very good chemistry right now," Klatt said. "They are both very talented players and they recognize that their success comes through running our offensive system."

Becker got on the board with 9:57 left in the contest on a one yard run by DeJahn Dawkins that was the result of a Castleton fumble. On the next possession for the Spartans they fumbled again with Becker recovering. Nine plays later, Matthew Rosasco rushed it in from 13 yards out for a score. That would cap the scoring off as the Spartans won in

dominating fashion 45-13.

With the win Castleton improves to 4-2 overall but 3-0 in conference play. Becker falls to 2-4 on the season and 1-2 in conference play.

Cameron Laundry led the Spartans defense with 12 tackles, while Todd Carr added 10 tackles and a fumble recovery.

The Spartans travel to face ECFC opponent Anna Maria next Saturday for a 3 PM kick-off.

"Our team is executing with a lot of confidence right now and I'm very proud of their attitude and effort every day in preparation for each new opponent," Klatt said. "We are excited about the challenges that lie ahead of us the rest of the regular season!"



Sports talk with Eric Dowd

The Spartans football team is breaking records and doing things for the first time ever. This past weekend the Spartans beat the Norwich Cadets to win the Sap Bucket game 35-27.

Senior Shane Brozowski threw for 499 passing yards in the game, while Junior Brandon Boyle had 274 receiving yards. Both of those are Spartan records. The two also linked up for the longest touchdown in Spartan history--92 yards.

With the win, the prestigious Sap Bucket is finally home where it belongs--Castleton.

"It feels great to win as a senior," said Senior Cody Tancrèti. "This game showed that all our hard work and dedication to the program is paying off."

With the weather getting cold it reminds us that winter is right around the corner. With this being said, hockey season is almost upon us. While most of us went home on break the Spartan's Men's Hockey team traveled to Austria and Germany.

They played 4 games against Feldkirch and Zell Am See, which are Division two teams, and Kufstein and Kitsbuhel, which are Division three teams.

They played well in all four, going 4-0 on the trip.

"The trip was definitely a bonding experience," said Junior Ben Roberts.

Roberts said of the trip "It helped us get some early team chemistry going. Some of us live off campus and some of us live on campus, so by us staying together for a week helps us bond together."

I'm am looking forward to hockey season since the NHL will be locked out for god knows how long. The men's hockey team will open up the season November 2nd on the road at the University of Southern Maine. Their home opener is November 9th, when they host St. Anselm.

This weeks Spartan standout goes too two teams. The first is the Football team. They were picked 5th in the preseason ECFC poll. They are 3-0 in the conference with their 45-13 victory over Becker. There other two wins were against the top two teams picked to win the ECFC, Norwich and SUNY Maritime. They are proving people wrong and have a legitimate chance to win the ECFC in only their fourth year of existence.

The other team that gets the Spartan Standout is the Field Hockey team. They are 12-2, with their two losses coming against Middlebury and Skidmore, who are ranked 2nd and 11th in the NFCA poll. They have been on a tear lately. They are 7-0 in the NAC, looking to finish the regular season undefeated for the second season in a row, and also beat Keene State 4-3 in a hard fought overtime contest. Late in the season, these girls are clicking on all cylinders.

Until next time Castleton, keep on keeping on.

On the ice a world from home



PHOTO CONTRIBUTED BY ANNA DANIELS

Teammates Nicoline Jensen (left) from Denmark and Anna Daniels (right) from Sweden.

By Alyssa Leonard
Spartan Contributor

Anna Daniels and Nicoline Jensen stepped onto Castleton State College's campus and all they could think about was the abundance of trees.

It was clear they were now in the country, a reality that became clearer when they were met with all the food choices. They were amazed at how often their new American classmates eat pizza, white bread and French toast -- considered junk food in their countries.

But aside from these differences, the duo from Sweden and Denmark, respectively, are adjusting quickly and are loving their new setting -- of course with some considerations.

"There are a lot of mountains and trees, not what I'm used to.

There are some woods at home, but nothing to this," Jensen said.

Jensen and Daniels hadn't even heard of Castleton State College a little over a month ago. They were recruited in August by women's hockey coach Bill Bowes.

"I was working at the National USA Hockey Camp in Minnesota and asking some friends of mine who was still looking for a team," said Bowes.

He soon learned that Jensen still hadn't decided on a school and Daniels' previous arrangement had fallen through. He immediately called them, turned on the charm and sold them on Castleton.

Jensen used a consultant to assist her in the college selection process, but had decided to delay college for a year, anticipating playing in Sweden this year. The timing of when Bowes first contacted her gave her just enough time to start this year. She decided

to come to America to visit Norwich, Manhattanville, Elmira and Castleton. It was Castleton, though, that fit just right.

"I really liked it. I had a good first impression. This school has its own style," said the first year student.

Daniels took a different route to Castleton. She planned to attend the North American Hockey Academy in Stowe, which mainly produces Division I caliber players. This school, however, is a part-time high school that allows students to attend a regular high school during the off-season. This school could not provide Daniels with a full student visa based on its part-time stature. So, instead, she landed 100 miles away in Castleton.

"There are so many trees here," Daniels said, recalling her first thoughts about CSC.

Not much more than a month later, she is adjusting well and is enjoying her new team.

"I think Castleton is great," said Daniels through a thick accent. "I think it's fun, and there are many talented girls on the team. They received me and Nico in a good way."

However, there are definitely things both miss from home.

"I miss the Swedish food the most," said Daniels.

"I miss my mom's cooking. Our meals are a lot more healthy," Jensen said. "We eat a lot of meat, potatoes, rice, salads that are full and good and not a lot of junk food," she said, adding that pizza and cheeseburgers are not always an option.

The classroom structure is also different, they said.

Jensen noted that American teachers give their students a lot more responsibility and less to copy down.

"The tables are different, the way the teachers are in classes.

Everything in class is different," she said. In Denmark, "the teacher just stands and talks and writes everything on the board and you copy down. Here, teachers just talk and you have to write down things they say," she added.

Assisting with their transition at Castleton are Danielle Roberts and Christine Newton, team captain and assistant captain respectively. Bowes sets up every first-year student with a mentor at the beginning of each school year. Both team leaders have enjoyed their time with their new teammates.

For Newton, the hardest part about this relationship is "...the language barrier."

"I have learned that I cannot speak Danish or Swedish. Sometimes things don't come across in the right way," she said.

She also added that "our lives are so different, the way we eat is so different. They were both surprised that we had pancakes and French toast at breakfast every day."

The style of hockey has also been an adjustment for the foreign duo. Coincidentally, both Jensen and Newton said they feel each other's style is more physical.

"Here they go more to the net. There is more plays in Denmark," said Jensen.

The conversation developed into the realization that in Denmark they "dangle" more, meaning the play is fancier there. Jensen also noted that Denmark is more physical overall, especially at the higher levels.

"I first thought where did they come from, how did coach end up recruiting them. But I was very excited, excited for the different ideas, different accents, different cultures and different people," said Newton.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday October 31, 2012

CastletonSpartan.com

Castleton, Vermont

Fake \$50s at Fireside

By Anders Ax
Castleton Spartan

There may be a counterfeiter among Castleton State College. On Oct. 3, a Sodexo employee deposited previous evenings earnings into Citizens Bank. As the money was counted, the teller at the bank discovered two counterfeit \$50 bills from Fireside Cafe.

Dean of Administration Scott Dikeman says it's the first situation of its kind at Castleton.

Buyers are now notified by signs at registers on campus that \$50 and \$100 bills cannot be used to purchase items, a direct result of the infraction, Dikeman added.

Despite the conspicuous nature of the case, Dikeman hopes it was an honest mistake.

"Maybe someone had this passed to them and was unaware of it."

Whatever the reason, video surveillance in and around the Campus Center will not be installed due to the expense. Dikeman said Sodexo employees will have to be more diligent.

Lauren DiGeronimo, vice president senior media relations manager of RBS Citizens Financial Group could not talk about the case, but did detail the bank's protocol when fake bills are found.

"Branches are required by law to confiscate all suspected counterfeit notes presented by customers. The suspected counterfeit note then must be reported to the United States Secret Service," she wrote in an e-mail.

The Burlington, Vt. Secret Service branch was contacted. An official said The Spartan would be contacted, but not by press time.

Sodexo cashier Megan Harris, who cashed the fake bills, was unprepared to be on the lookout for counterfeits.

"I see probably over 600 people in a night working down in Fireside," Harris said. "I feel more bad that I didn't catch it." Harris continued, "I'm not being held responsible in any way. I haven't been asked to repay the money because it was on my watch. I haven't been made to feel guilty by anybody because it happened and because it made it through so many people, but I definitely have a little bit of guilt."

Sodexo General Manager Jeff Kurto said neither ink pens nor watermark identifiers were available for cashiers, but were acquired "about five minutes after" they had found out about the counterfeits.

"We see the student body as very trustworthy and something like this wasn't in our foresight, but now we've instituted some policies to check for counterfeits with every \$20, \$50, \$10," Kurto said.

Castleton Police Chief Bruce Sherwin was unavailable for comment.

Haunted FAC freaks students

By Molly DeMellier and
Alyssa Leonard
Spartan Contributors

Shrieks were heard echoing through the halls of the Fine Arts Center last weekend as 32 theatre arts majors revealed the untold past of Castleton State College.

They told how corpses were ripped from their graves and tunnels were dug to transport the lifeless bodies under Castleton's campus leaving many to believe the campus is haunted by these undead souls.

In 1969, CSC was strictly a nursing school, and these bodies were used as medical equipment due to the expense of proper cadavers.

"They dug up bodies from the cemetery to practice on," said Meghan Hakey, one of the Haunted Fine Arts Center tour guides.

"That's why nursing students

are cursed with the work load," said fellow guide Ben Villa with a smirk on his face.

After months of preparation, the Alpha Psi Omega Theatre Honors Society hosted its annual haunted FAC tours on Oct. 26 and 27.

"This year is much different," said senior Austyn Bevins, adding that aspects of the tour found to be successful in previous years, have been consistently improved upon.

Hakey and Villa led unsuspecting visitors into the Casella Theatre where countless creepy voices were heard through the darkness:

"I see you."
"Come play with me, please."
"I don't want to be alone."
"Please don't go, it's scary in here."

"You can't leave, no, no, don't leave."

These voices only enhanced Hakey's story involving the children of a previous technical in-



ANDERS AX/CASTLETON SPARTAN

Zombies in the music department shuffle after unsuspecting students during the annual FAC Haunted Tour.

structor.

"That catwalk right there," said Hakey pointing upwards, "well there's a hole in one of the catwalks and one of his children actually fell."

After escaping the ghosts of this child and footsteps pattering behind them, guests were lead by Villa through a mock tunnel

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Phillips' story goes to film

By Courtney Parker
Castleton Spartan

When thousands of moviegoers flock to theaters to see one of next years highly anticipated movies, among them will be Castleton graduate Mariah Phillips who will be far too familiar with the story.

Mariah and her family will be watching one of their most disastrous life events unfold on the big screen in the upcoming movie "Captain Phillips" based in the extraordinary true-life story of her father, Capt. Richard Phillips.

The movie, set to be released in early 2013, is based on Phillips's 2010 memoir "A Captain's Duty: Somali Pirates, Navy SEALs and Dangerous Days at Sea" about his 2009 run-in with Somali pirates.

His bravery was recognized around the world as he selflessly surrendered himself to the group of armed pirates in return for the freedom of his crew.

Phillips's book retells his horrific days as a prisoner at sea, describing his personal fear and perseverance along with the relentless efforts put forth by the



PHOTO CONTRIBUTED BY MARIAH PHILLIPS

Captain Richard Phillips and CSC graduate Mariah Phillips sit with actor Tom Hanks who will be playing the captain in the upcoming film, "Captain Phillips."

U.S. Navy and government leaders to bring him to safety.

"At first my parents didn't want anything to do with the movie," said Mariah, adding that after being bombarded by news crews during her father's captivity the family had no desire to further be in the public eye.

But they reconsidered and agreed to film, collab-

orating with Columbia Pictures, part of Sony Pictures Entertainment.

Though Mariah and her family prefer to keep a low profile, they feel that their story is an important one to tell.

"I wonder if I can get in for free since it's my movie," joked Mariah.

The film, which features several well-known names, was written by

Billy Ray and directed by Paul Greengrass, who has worked on films including "The Bourne Supremacy," "Green Zone," and "United 93."

Tom Hanks will play Capt. Phillips, with Catherine Keener playing his wife Andrea Phillips, Gigi Raines as Mariah and John Magaro as her older brother, Dan.

Hanks, who has played

everyone from shrimp boat captain to a toy cowboy, was quick to take on the role of Capt. Phillips and was eager to be part of a movie with such historical significance.

He even made a trip

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Students clean up Castleton

By Megan Harris
Castleton Spartan

Castleton State College students set out on the streets of Castleton Wednesday to make a difference for the environment – and for the school's image.

In honor of the 10th Annual National Sustainability Day, more than 80 students armed themselves with trash bags and work gloves and set out to clean up the streets.

During the clean up, the students and faculty involved discovered that the most trash stemmed from nights of drinking.

"We mostly found beer bottle and plastic. I mean, I'm really excited we had the chance to do this, but

I can understand why we look bad to community as a school – even if it's not everyone doing bad," said Jill Bassett.

"It just looks really bad for everyone that what we found was mostly beer bottles and trash."

In addition to beer bottles, cans and bits of cigarette packs, broken glass and Gatorade bottles were also prevalent.

"It was a great chance to get out there, but I don't think this should be considered a once a year thing," said Tyler LaRose, another Green Intern. "We should be doing this on the regular so we can actually make a change."

In making this idea possible, sociology professor Paul Derby, who coordi-

nates the Green Campus Initiative on campus, said in an email, "This is an excellent community service event and an opportunity to show that students care about the Castleton community."

Although only three full bags were collected from Glenbrook, Seminary, and South streets, as well as North Road, the students involved seemed enthusiastic, and willing to participate.

After a suggestion by student Nick Bruch in Professor Adam Chill's FYS class, Dean Scott Dikeman is looking into coordinating with the greater Castleton community to provide receptacles along these pathways with hopes of reducing roadside trash.



KATIE SAULT / CASTLETON SPARTAN

David Nelson, dressed as C.R. Frog, shows some of the trash collected by volunteers.

The choice is yours; use it

Well, Castleton, it's election time again, and while this election may not be as historic as the last one was, it's still an election and should still be treated as important. However, we at the Spartan have noticed a marked absence of enthusiasm over the upcoming election. Here to discuss are Anders and Nick.

Nick: The first thing that has to be said is that the importance of voting cannot be understated, especially in an election that's going to be as close as this one. That's just why it's troubling that there's not much enthusiasm for this election. I'm not sure why that is; perhaps social media is killing the drive of citizens rather than creating it. I know I'm tired of Obama's 10 daily emails, so if tactics like this can't stir voters, what do you think can?

Anders: I'm not at all surprised at the attitude of our peers concerning this election. Where once it was an election that promised an expansive amount of social change versus the continued support of foreign conflict, for many the choice was obvious — especially for younger voters. Now, that drama is lost. We have seen President Obama in office and his policy making, his bailing of banks and the auto industry, his overhaul of our future of healthcare. What do these mean to people our age? Not much yet. Many are still on our parents' healthcare, and will remain there for several more years. We have not seen corporate America up close in the workforce, owning a home, owning our credit.

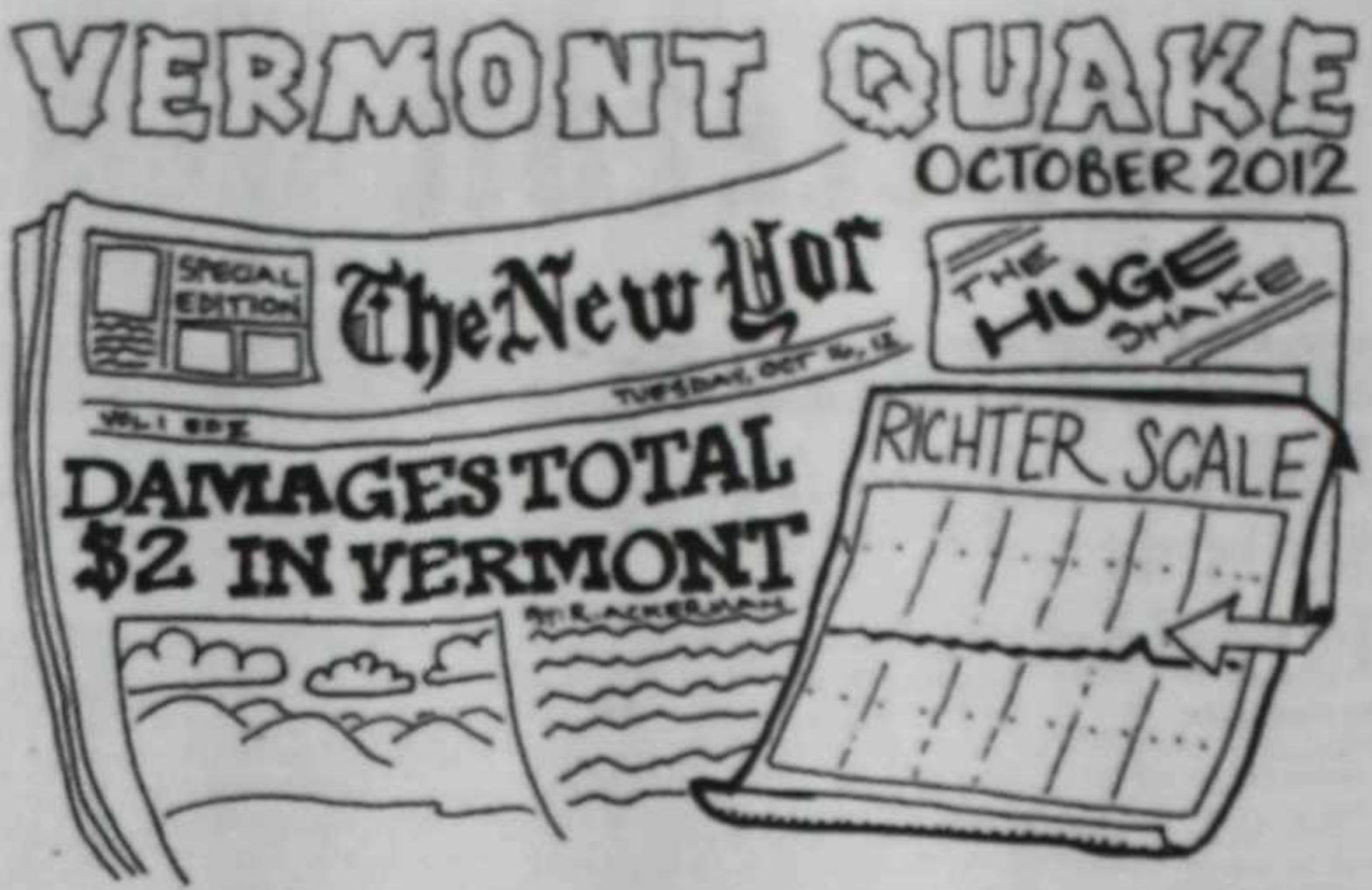
We have not been affected by banks and certain social reforms, but more forgiving student loan requests have been granted. The brilliance of Obama's first campaign was that it tugged at our heartstrings and said that we could do something. Now his campaign struggles to make us emotion-

ally invested because the campaign strives for perseverance. It is most certainly a lesser-of-two-evils campaign hearkening back to the Bush versus Kerry ticket. Furthermore, the Romney campaign is also a culprit in this matter.

Nick: It's true, the entire process has been de-electrified, partially because Romney continues pointing out promises Obama made that didn't come to fruition. Obama clearly has the personal appeal even though he may have struggled pushing policy through in his last term; in this case, the two traits might cancel each other out. So you have one guy that everyone would love to sit down and have a beer with, but who didn't quite meet expectations, and the other guy who most people would feel incredibly awkward having a conversation with and who also has no points that would interest anyone between the ages of 18 and 24. When we look at it this way, it's easy to see why no one cares: do you want the guy you fist-bump who didn't deliver 100 percent or the guy whose shoes you shine who hasn't been proven in action yet?

Anders: Voters need to recognize that though politics appears to be a gritty mess, it's never the type of battle where there is a sure-fire individual to blame; the incumbent just catches the flak — such as the rise of oil prices, taxes and unemployment. Whoever you think is the better option is the clear choice for you. The fact that you've made a choice is important enough because you've bucked the convention of giving up an inalienable right — which millions of people do. Millions of people decide to give up their freedom and their choice in making a difference. The nominees know that, so they exploit it. Get out and vote.

-Anders Ax and Nick Minarik



Spartan Spy imposter ruins column's intent

On behalf of the Spartan staff we think it's time to clear the air about the Spartan Spy. The guessing game column was started as a fun, entertaining way to talk about what really goes on behind closed doors here at the Castle.

However, it has recently been turned into something much worse.

A FAKE Twitter account has been set up posing as the actual Spartan Spy. Let's take a moment to emphasize the word FAKE. The newspaper is in no way affiliated with @SpartanSpy.

Whoever chose to make up this account is ruining the fun for everyone else and basically just needs to get a life. Initials of students are being listed under categories such as "players" and "hoes." Oh and of course my favorite, which has not been "released" yet, the "bitches" and "dickheads" category.

The REAL Spartan Spy doesn't use names, doesn't use derogatory words to describe people and certainly doesn't try to bribe people into following them (how many of you actually got Fireside points for following this account? Don't you feel stupid?).

It was also brought to our attention that people on campus are distancing their association with The Spartan newspaper because of The Spartan Spy. A

Castleton staff member actually refused to be a part of a regular newspaper article citing the last Spartan Spy column.

I guess we question that and hope others don't follow suit. Does the Spartan Spy column undo all of the positive and informative work the Spartan does, like stories about political views, a sponsored scooter rider and student government association efforts? We hope not.

We, on the newspaper staff understand that some of the Spartan Spy's revelations may have struck a nerve, but really guys, don't air your dirty laundry or put yourself in those situations for the whole campus to see.

If people chose to do more productive things instead of flashing people at parties, fighting and making a mess out of a town we all call home, then perhaps the spy would run out of things to write about.

I must say, however, that one good thing has come out of all this. All of you party-goers seem to have toned it down a notch, perhaps for fear of being exposed?

-Martina Marchese

Sex & The Spartan: How do you define cheating?

By MAE
Castleton Spartan

This week, I've decided to tackle the issue of cheating. This is such a grey area around this sexual playground that everyone has different definitions of what cheating means to them. How are you supposed to keep track from one fling to the next?

In this awkward world called college where titled relationships are few and far between, it's a valid question. You sleep in someone's bed every night, go out and party with them and still not be committed. So I asked around, if he/she isn't your partner, then what constitutes cheating?

The most common response I got was something like, "If there's no formal agreement, there can't be any cheating."

How can cheating exist outside of relationships that aren't techni-

cally relationships? When I say that, I mean you've had "the talk" that has morphed getting naked into monogamy where that's the only person you're getting naked with. If the two of you have never discussed where you stand in your relationship, monogamy can't be enforced, or even expected.

But a few females around campus say they would rather know their friends with benefit situation was just fooling around with other girls, rather than developing an emotional connection with females that they themselves were unable to create. As in, they would rather men have a one night stand to burn some sexual tension than text another girl every day.

Is kissing cheating? Is sexting cheating? I can't tell you myself. I know I've been upset after hearing about a hook-up of mine's late night escapades at the Dogg. His response? "How are you gonna be

mad at me when we're not even together!?" Kudos. Point well made. Hats off to you.

I'm not going to sit and tell anyone they can't be upset about finding out the person you like likes someone else, emotionally or just for their body. Your emotions are valid and you don't need my permission, or anyone else's, to feel that way.

I do want you to be realistic about the situations you put yourself in though. I knew that my FWB and I weren't a couple, so I shouldn't have been mad that he was bringing other girls home. But I still got mad enough to move on.

That's not to say if you've had the monogamy talk you should just sit around and let your partner fool around with other people. Recognize your self worth.

The waters are muddy and the jury is out. Now it's your turn to decide what shade of grey you choose when it comes to cheating.

Castleton Spartan

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Need a new coat?

By Mike Divis and
Derek Fallon
Spartan Contributors

The leaves have changed, cold weather is upon us and that means breaking out that winter jacket. But for some people, getting a winter jacket might be an issue.

The Castleton State College community has found a way to help solve that by conducting a yard sale event aimed at keeping students and community members warm this winter, without putting a dent in their wallet.

"Textbooks are expensive, tuition is expensive, the last thing you want to be doing is buying an expensive jacket," said business professor Cathy Kozlik.

Coats can cost hundreds of dollars, but coats at the sale will be significantly cheaper. This sale will give people a chance to buy affordable attire.

Students can also donate gently used coats, hats, gloves and boots to be sold. There will be collection boxes around the school where community can drop off their donated winter items, she said.

The fundraiser idea stemmed from the American Democracy Project in Texas, according to SGA member Erica Bilodeau.

"We are very excited to see this project up and running," said Bilodeau.

Colleagues of Kozlik praised the idea as well.

"Yard sales are something a lot of people like to have. A yard sale is a good way to get students involved and sell clothes to people who need it," said business professor Angele Brill.

All of the leftover clothing generated from the yard sale will be donated to a local shelter called the Fair Haven Concerned.

"There's always a need," said a spokesperson for the shelter.

Students are encouraged not just to donate clothes, but to also help with running the event. Those who donate can also take an item of their choice, Kozlik said.

"There are students who need it, and there are students who can help," she said.

The event will take place at the final football game on Nov. 10 from 10 a.m. and 3 p.m. in Hoff Hall.

CSC mourns former student

By Ellicia Mailhot
Castleton Spartan

Former Castleton student Nicole Cronin died early Saturday, Oct. 20. Cronin's death was a result of an accidental overdose, according to a spokesman with the Matawan Police Department in New Jersey.

Cronin was pursuing a degree in psychology before leaving the college at the start of this semester.

A close friend at CSC, Shea Bryant, remembers Cronin as a great friend.

"Nicole was the sweetest girl in the world. She would do anything for her friends and always had a smile on her face," said Bryant. "If I needed something, she was the one I went to for anything. She was never judgmental and always accepting of others."

Professor Kathryn Sperry was also shocked.

"Oh my god. She was in my FYS a year ago. I can't believe this," she said.

Professor wants to paint history on campus

By JenniLee Mark
Castleton Spartan

Every student who has attended Castleton State College has walked through the academic side of campus past Woodruff and Leavenworth Halls, past the library and on to Stafford and Jeffords. This walkway includes stones set in the sidewalk celebrating the history of Castleton as a school from when it began as a teacher's college to what it is today.

As another way to celebrate the history of our school, our region and our state, Associate Professor Mike Austin has presented the idea of painting the brick walls of Woodruff Hall and the library with murals portraying important historical events.

"It's a blank slate right now," Austin said. "There is lots of space to be used academically and aesthetically."

Austin believes that we can combine the visual arts with history to celebrate our school as a Vermont State College. He also feels strongly about uniting the disciplines since we are a higher education institution.

President Dave Wolk agrees with Austin on the point about celebrating Castleton's and the state's history, but he feels it should be done in a different way.

"I found it curious that someone would want to paint over the beautiful brick facades of our his-

toric buildings," Wolk said.

In order to celebrate the 225th anniversary of Castleton State College, a book titled "Big Heart" has been published by Castleton. The release in December will create an opportunity for people to celebrate and recognize our school's history. President Wolk hopes the entire campus community will attend.

He said he loves the idea of celebrating history and our school, just not by painting on the walls.

Austin, however, pointed to cities such as Montreal and Quebec that have such murals to celebrate their historical events. He believes Vermont has a great history and would love for the campus to reflect that.

"Here's a great way to reinforce celebration of Vermont," he said.

Austin said Castleton is located in the slate valley and there is a lot of quarrying around here. Along with that, he feels Robert Frost, Ethan Allen and the Green Mountain Boys and the Battle of Hubbardton should all be recognized in paint because they all are important to our country, our state and our region.

Austin said he has gotten a lot of positive feedback about his idea from his fellow staff and faculty including Rita Geno, Jonathan Spiro and art professor Bill Ramage.

"I am very supportive of public



CONTRIBUTED BY INQUEBECCITY.COM

Murals in Quebec City provide inspiration for Mike Austin to create murals on campus.

art, and as an historian I am especially appreciative of historical murals," said Jonathan Spiro, assistant professor of history and associate academic dean. But Spiro said he understands not wanting to cover brick walls of a small New England College too.

Over the summer, adjunct history Paul Andrissein, another supporter of Austin's idea, visited Montreal and Quebec and viewed murals on the sides of buildings. He said he likes Austin's idea of bringing that celebration to Castleton.

Austin said they would have to be done in a way to sustain the

harsh Vermont winters, but argues that if they survive in Canada, they can endure Vermont's winter weather too.

He said the murals could add some color and liveliness to the otherwise "blank" brick walls, especially in the dead of winter. There is color all around campus in the fall and spring, but in the winter, Austin says, the place could use some sprucing up.

Austin said he's floating the idea hoping for positive feedback with hopes it can become a reality.

Students build community ties



EMMA RUDNICK/CASTLETON SPARTAN

Alec Alspach plays with his mentee from Castleton Elementary School.

By Emma Rudnick
Castleton Spartan

Laura Schoff, a then 36-year-old single and successful sales executive, was walking down 56th street in Manhattan one day. On the corner was 11-year-old Maurice Mazyck, a homeless panhandler begging for change. Like every other busy New Yorker, she paid no attention to the young boy.

However, something in Laura

changed in an instant. She turned around and briskly walked back to the street corner where the hollow-eyed Maurice was standing. She told him that she wasn't going to give him any money, but she would take him to lunch at McDonald's.

After their first initial meeting, they met every Monday for the next four years and hundreds of times after that. They remain close after 25 years.

What would you do in that very same situation if you were in

Laura's shoes? Would you give the spare change you have in your pocket and keep going? Would you walk on by and not give a second thought about it?

Mentors like Schoff have the power to keep kids on the right path and help them with tough situations, according to officials from Mentor, the largest mentoring program in the United States for the last 20 years.

And it happens in Castleton every year.

"I am a camp counselor for diabetic kids and it really is the only job I've ever liked," said Castleton State College freshman Connor McHugh. "So when I heard I could do it here, I kinda jumped on the opportunity."

Having a responsible college-aged mentor shows that staying positive, playing sports and staying in school is beneficial. It gives them the motivation to stay out of trouble and do well, said Corrie Keener, co-coordinator of the mentor program at CSC.

"They see that college students come see them once a week, that college isn't a bad thing," said Keener.

It is a bond that many kids don't have with anyone else, according to Castleton Elementary School Principal Eloise Ginty.

"The effect of a positive role model is very inspiring to the elementary kids because it's one to one," said Ginty. "Each student has their own individual mentor."

CSC students agree.

"It builds that relationship," said Alec Alspach, co-coordinator of the Castleton program. "It's a big brother, little brother type of relationship."

Alspach is in his 3rd year mentoring. He said he heard it was a great program when he was in his freshman year and how great of an opportunity it was.

Continued on page 6

Quidditch match is of wizardly proportions

By Nick Minarik
Castleton Spartan

Four Quidditch teams, inspired by the "Harry Potter" book series, met on Oct. 18 for a showdown of wizardly proportions. Bludgers flew and so did elbows in Castleton's first ever Quidditch event.

The rules are simple: there are three Chasers, two Beaters, one Seeker, and one Keeper on each team. Chasers try to score goals, Beaters try to stop the opposing Chasers, and the Seeker's only job is to catch the golden Snitch. Each goal is worth 10 points and catching the Snitch is worth 150. Catching the Snitch also ends the game.

The twist is that the Snitch is free to run the entire residential side of campus. After explaining these rules, referee Pete Marciano said the magic words: "The Snitch is loose! Brooms up!"

Team XC wasted no time getting on the board, as their Chasers took advantage and slammed home a goal within the first minute. Only a minute later, they had scored four more and seemed to be running away with it 50-0.

After 25 minutes, the Snitch had been caught. Cassie Pinaire made the call: "The Snitch has been caught, Hufflepuff wins!"

The final score was 160-70. McKynze Works and Shelly Audette combined scored all 70 of XC's points.

"I feel disappointed (that we lost) but it was a good game and we all played well," Audette said.

Game two saw Works hit the court as a sub for both teams, and she dazzled all the while.

Jacob LaBounty took a full-court pass on a bad angle before faking forehand and putting in a backhand shot behind his head. Again, Works' team was running away with it, 60-20.

The night was full of twists and again the Snitch was caught. Team Nana-nana won by a final score of 170-60.

Quidditch might seem like a joke to many, even to some of the participants. Brett Ford was hoping to play basketball, but found himself as keeper instead. Ford enjoyed playing regardless.

Allie Swing, the Seeker who caught the Snitch in game two,



EMMA RUDNICK/CASTLETON SPARTAN

Chasers McKynze Works (left) and Shelly Audette (right) attempt to score against Wheeler Hall AC Shaun Williams.

also found unlikely fun.

"I didn't think it was gonna be fun but I got dragged to it," Swing said between breaths.

Dan Rivers, the Snitch for the night, also enjoyed the game. Upon hearing talk of a possible club team, he became interested in being the Snitch.

"I'd love to. The snitch is allowed to be very physical [in

club]," Rivers said. "I watched videos of the snitch just laying people out."

With the success of the first Quidditch match in Castleton, there may be more events like this in the future with a group interested in starting a club team to play against other schools.

Campus Quips

Martina Marchese &
Sondra Olds

Question: If your trick-or-treat bag could be filled with one kind of candy what would it be?



Zach Scheffler

"Easy! Skittles!"



Shea Bryant

"Reeces Sticks, like Twix but peanut butter cups."



Taylor Greenway

"Candy corn, the regular ones."



Brandon Boyle

"Reeces Peanut Butter Cups!"

Students have power in politics, but will they use it?

By Josh Bassett
Castleton Spartan

Alex Davis could not wait for the day when he would vote in his first presidential election.

He registered before the 2008 election in his hometown of Waterbury and was thrilled to vote as he began his freshman year at Castleton. The presidential race that year was very exciting on campus.

"I was in Huden one night and we had the election on the big TV, and it was the fullest I've ever seen the Spartan room," said Davis as he remembers the evening. "All the chairs were taken; pretty much all the standing space was taken."

And when Sen. John McCain finally conceded the race, "everyone just started screaming, it was great."

Although Davis was excited to vote, according to the United States Census Bureau, only 49 percent of people in the 18 to 24 year-old demographic joined him last election.

If people like New Hampshire State House speaker William O'Brien get their way, college students would not be able to vote

in elections.

He especially disapproves of out-of-state students voting in town elections.

"[They take] away the town's ability to govern itself," said O'Brien in a story from the University of Mary Washington's school newspaper, *The Bullet*.

As a student and leader of a voting registration group, Erica Bilodeau has a problem with O'Brien's thoughts.

"I would be against that," said Bilodeau, adding that people in that demographic are "really affected by the outcome of the election."

With only 2,945 registered voters in the town of Castleton and a school population of about 2,000 students at the college, students could almost outvote townspeople.

But realistically that won't ever happen, according to Castleton Town Clerk Katie Thornblade.

Thornblade can remember "literally only a handful" of students ever voting in Castleton on local town issues.

Richard Clark, a professor and director of the Castleton Polling Institute, also downplayed the idea of students swinging an election.



"Students vote in the presidential race, they may vote in the senate race, but once you get lower in the ticket you see more of what we call an under vote...a lot of times they're not actually voting in those elections," he said.

A way to fix that would be for students to know more about the races and why they should vote.

"People are not as informed as they should be," said Bilodeau.

Sociology professor David Ellenbrook agrees.

"They do not see the pertinence of it," said Ellenbrook.

Davis agrees.

"I think it's something most students don't concern them-

selves with," said Davis.

Students can rest easy when it comes to that right being taken away as O'Brien has suggested.

Clark noted that constitutionally, it was a right given to people 18 years old in the 26th Amendment.

"Legally, one the age of 18 is an emancipated adult," said Ellenbrook.

That is music to the ears of people who look forward to going to the polls.

"I'll never forget it," said Davis, laughingly recalling the Huden event. "I think there were a few McCain supporters who just got up and left."

CSC student tries out for 'The Voice'

By Elicia Mailhiot
Castleton Spartan

On Sept. 18, Castleton student Isaac French posted a status on Facebook that read, "I'll put a cover of Jason Mraz's 'I Won't Give Up' Friday if this gets 50 likes!" In 30 minutes, French's status had 86 likes.

"I was working the crowd and working my friends. It just so happened that like, 90 people liked it in 30 minutes. I was like 'wow, people really want to hear me sing,'" he said.

One week later, French joined music major Ulises Estrada to record the cover his friends had been waiting for.

"We practiced the song for one day and we recorded it at 11:30 at night. I posted it that night and when I woke up in the morning it had over 150 likes and 50 comments. I was reading all the stuff and was like 'this is amazing,'" he said.

French was at a loss for words at the warm reaction the Castleton community showed him.

"You can't really explain how it makes you feel. It's like your birthday party and you're a girl and you get a pony. You know what I mean?" said French, smiling. "You get goose bumps. It's one of the best feelings I've had."

French is no stranger to the enjoyment he feels through music.

Throughout his childhood, French's brother and father have influenced his style, which he calls a mix between "soul and pop." French says his father would play piano for him growing up and that everything he was taught had something to do with music.

"He is a strong believer in music is good for the mind and the soul," said French about his father.

French's brother Dominic is a rapper who performs at various venues in Vermont, including opening up for rapper Moufy at Higher Ground this summer. Dominic allowed French to be a part of that show.

When French came to Castleton, he pursued clubs to allow him to maintain his vocal abilities. He knew that most college's had A Capella groups and eventually CSC's choir director encouraged him to audition. French was one of two freshman to make the Vocal Unrest group and he has been a member for four years now. Vocal Unrest performs at various events throughout the school year including open houses and caroling for the president during the holidays.

French has always had his sights on a larger



PHOTO CONTRIBUTED BY ISAAC FRENCH

Isaac French is a student who is bringing some soul to Castleton after auditioning for 'The Voice.'

prize though. One of the singer's goals since the eighth grade was to audition for "American Idol." Then, in his sophomore year a friend told him about "The Voice."

French didn't audition then, but one year later he found the motivation he needed after seeing a member of the UVM TopCats on the show.

"I was like wow, a kid could actually do it from Vermont," he said.

So in the spring, French packed his bags and traveled to New York City to audition.

"At first I was standing in line at 4:30 and it was freezing cold because it was March. I had to stay outside for five hours until they let us inside," said French.

Even after a rough beginning, French was confident as he entered the room alongside ten other hopefuls where the show's producer was waiting. French sang an A Cappella version of Gavin Degraw's "Chariot."

"The last person went and [the producer] was like, 'alright, thank you!' I never heard anything after that," said French.

Despite feeling disappointed, French said he'll try again and hope for a different outcome.

"There's no sense not to. It's free, really fun, and you meet a lot of people. You never know if you could get that lucky break, which I would love to have," he said.

For now, French is focused on the music he creates for his friends and others at CSC to enjoy.

"I can't believe he didn't make it onto 'The Voice' over some people that are on it now," said senior Jade Werger.

The most powerful responses came with French's cover of "I Won't Give Up."

"I have watched it about 10 times now and it still gives me the chills every time I watch it," said student Cassie Ross.

Letters from the Spartan Spy: Spartyers have large hearts

Dear Spartyers,

It has come to my attention that I have an imposter in the Twitter world. Don't get me wrong it's flattering that someone wants to be me so badly, but did you really think I wouldn't find out before you even posted ten tweets? You should know by now I always hear everything first; #spotted.

It has also come to my attention that many feel my past letters have been too negative. I will admit that I have focused on the unflattering sides of Castleton's nightlife and overlooked all the positive aspects of sparty life.

I would like to take note of all the unsung heroes of the Castleton party life and commend you for your performances. Without fail you continue to do the

little deeds that keep our parties going.

We spartyers are so fortunate to have such gracious hosts who welcome us into their homes by the masses; hospitality like this is hard to come by.

There are times when hosting can seem to be a daunting task but someone always rises to the occasion. These are people with strong leadership qualities to be able to take that kind of initiative.

I have always been astounded by the creative minds of the people who create the playlists for parties. Everyone knows the key to a good party is good music. These playlist gurus have the weight of the entire party resting on their shoulders, a burden I could never imagine. Beyond their remarkable taste in music, I have never understood how they always know which volume level is appropriate.

If the music is too soft no one will dance but if it is too loud then no one can converse. To me this seems like a lose lose situation.

I have decided these music masters must have some mathematical formula related to the number of guests and the rate at which the sound will be absorbed into their clothing. I am just hopeful they have their winter formula figured out.

The generosity of the typical spartyer is not something to be ignored. Around every corner a good deed can be found. Spartyers hold the door for one another and help each other up when they fall.

You can always find someone holding a girl's hair back after her night has gone south. Beer Pong cups are never low and the spectators are always willing to chase down a loose ball. Cigarette smokers go

outside as opposed to exposing the interior of the party to second-hand smoke. They are even courteous enough to let other smokers bum a light.

The Castleton party scene is not one of pure blackout mayhem, but rather a positive environment in which the qualities of the small school with a big heart are revealed.

Can you guess me yet Castleton, or are you too busy re-racking pong cups for your fellow spartyers to pick me out of the crowd?

Keep looking for more letters from the Spartan Spy to see if you've been spotted.

Unfulfilled dream becomes bonding experience



(Left) The author and her grandmother pose at the Alan Jackson concert Oct. 20. (Right) Alan Jackson, country music star.

By Bryanna Allen-Rickstad
Castleton Spartan

The sound of hundreds of screaming voices rises up, filling the enormous room. The darkness is cast aside by the swish of moving stage lights and it smells of hot sweat, stale beer and leather. A huge man with no hair and eight earrings plows into me, dumping his Budweiser down my shirt. He attempts to wipe it off, but is intercepted by my fist. My wheelchair-bound grandmother is yelling at dancing fans to "move!"

This was last Saturday night at an Alan Jackson concert in Glens Falls, N.Y. with my dying 85-year old "Gammie," my mother, who was questioning her sanity, and too many drunk, hardcore Americans wearing cowboy hats. How did I get here?

My Gammie has suffered through a life tougher than most. She left her abusive marriage years ago and raised four young children alone, always working several jobs and still barely making enough to survive.

She never remarried or even dated again; she had lost her faith in love. She never travelled or went on adventures. Her bucket-list remains unfilled, and now there is no time left to complete it.

My Gammie's body is betraying her. She can no longer walk, see with both eyes or live without 24-hour care.

That's why I wanted to help her check off at least one of her life goals; to meet country singer Alan Jackson.

So I set out to accomplish this. I wanted to show Gammie that not every dream of hers had been forgotten.

I sent out countless emails to various Facebook pages, fan websites and forum boards. Finally, I got a response. And suddenly the dream seemed close enough to touch.

The thought of Gammie meeting him made my heart quiver. Maybe he would hold her hand, or sign her shirt with a personal message. Maybe he would tell her how beautiful she looked, despite her dissolving health. Maybe he would bring to life a small part of her that had faded with each passing year.

I wanted all of these things for her, because she missed out on so much happiness that life has to offer.

So I waited for the email that would explain the details of the meeting that night. And I kept waiting. By Saturday afternoon my inbox remained empty and a solid ball of panic nestled itself deep in my belly. It told me that the brief hope I had for Gammie had vanished, and I could feel sadness for her spread through my body, all the way to my fingertips.

But I pushed those feelings aside, and vowed to still make the night enjoyable.

We had dinner at some bustling Mexican restaurant that had a buckin' bronco out front and was decorated with hundreds of Christmas lights inside. We made a scene shoving the heavy wooden table around so her wheelchair to fit, spilling the pitcher of water and knocking off the salt shaker. My mother had maybe one too many mango margaritas while she argued with Gammie about why she should order something more substantial than onion rings from the appetizer menu.

"You're going to be hungry in an hour," mom said, using the same tone she uses with my 5-year old sister when all she wants to eat are peanut M&M's. "And I am not spending \$10 on a boiled hotdog once we get there, so eat something real."

My Gammie huffed and mom ended up ordering for her. Chicken taco salad in "one of those crunchy, greasy shells!" Gammie shouted to our poor waitress before she could walk away.

We finished dinner and made our way to the Civic Center, already bursting with people even though we were more than an hour early.

After wrangling the wheelchair out of the Toyota and getting Gammie into it, the next task was getting her down the hill we had parked on.

Gravity can do drastic things to heavy wheelchairs on a steep decline.

I was the driver, and as we made our way down the hill I realized this was an adventure all by itself.

"Hold on Gammie, we're about to make quite the entrance I'm afraid."

I was using all of my bodyweight to keep that thing from rolling out of control, but it started to pull me faster anyway. Suddenly, my mom is behind me, her hands grasping my belt. We must have looked ridiculous; Gammie sitting in her chair, totally unaware that we are gradually picking up speed, an absent minded grin on her face, me holding on to the handles and leaning as far back as possible, silently praying that my sweaty hands don't slip, and mom just stretching out my new belt, giggling that somewhere out there she had a large dose of good karma coming back to her soon.

But we did make it inside without real harm, even after driving poor Gammie into several doorframes.

The first thing she said when we found our seats; "You must have waited too long to buy the tickets, Beth. But I guess beggars can't be choosers."

My poor mom had actually spent a fortune on these ground floor seats, and we had an excellent view of the stage. She gave me a slightly deflated look then simply shrugged the comment off.

Continued on page 6



Greg has been yearning for. Though Sylvia pleases Greg, she drives an insurmountable rift into Greg and Kate's relationship.

The result was a production that spoke of partnership, love, and acceptance of those closest to you.

"Sylvia's" supporting characters intensify the drama and comedy. Kate's confidant Phyllis, junior Erika Bojarczuk, becomes so disgusted with Sylvia that she renounces sobriety.

Sylvia has the same effect on Leslie, Greg and Kate's ambiguously-gendered therapist, played by English Professor Flo Keyes. She demands that Kate shoot the dog: "I hope you get her right between the eyes."

Greg is not without support, however. When Greg brings Sylvia to the park, he repeatedly meets Tom, played by sophomore in technical theater Chris Belanger, a man with unexpected observations about love and affection between canines and their masters. Tom also tries to help Greg with his predicament between wife and dog.

What made "Sylvia" so enjoyable to watch was its nuance, not its pronouncement of man-brings-talking-dog-home storyline.

There was genuine feeling and life between the characters, especially heart-wrenching moments between Villa and Ryan as they stared into each others eyes not knowing what the future held for them.

"Sylvia" was an outstanding and long-awaited return to the Black Box theater.

Theater Review: "Sylvia"

By Anders Ax
Castleton Spartan

Ever been in love yet still had to compete for the affection of your significant other? Do their loving eyes gaze upon the new tenant, a dog that speaks English and fills the couch with fur.

In "Sylvia," a play written by A.R. Gurney that ran in the Black Box Theater from Oct. 18 until Oct. 21, that's the gist. And it was absolutely hilarious.

Greg, an unsatisfied stockbroker, played by Junior Benjamin Villa, continually ignores his career responsibilities and one day leaves work early only to bring home an Irish setter named Sylvia that he'd found in the park.

Unfortunately for Greg, he did not consult his wife, Kate, played by senior Kelly Sue Allen.

Sylvia, played by sophomore Haley Ryan, is the emotional core of the production. She is a capricious, vibrant and frisky canine prone to moments of intense cursing directed toward other dogs and cats off set.

Ryan plays less a human and more of a dog than expected. She flounders on the floor and leaps on characters demanding attention substituting barks for, "Hey! Hey! Hey!"

In one scene, Greg pulls a red ball from his shirt pocket.



ANDERS AX/CASTLETON SPARTAN

Greg, played by Ben Villa, tempts Sylvis, Haley Ryan, to speak for a dog treat during opening night for "Sylvia."

"Speak, Sylvia," Greg says.

"What do you want me to say?" Sylvia responds, completely absorbed with the red ball.

"Sylvia, no. Speak," Greg repeats.

Sylvia's presence not only ruins Kate's sense of order and cool temperament, but it furthers her sense of neglect. Sylvia is the roadblock to Kate's ability to logically influence her husband's irrational desires.

On the other hand, Sylvia is the roller coaster of fun

"Halo: Reach" game review

By Dashiell Monder
Castleton Spartan

Halo: Reach was released on September 14, 2010 to a psyched and anxious audience. ~ Halo: Reach is the prequel to the Halo first-person shooter series and takes place before Halo: Combat Evolved, Halo 2, Halo 3: ODST and Halo 3. In my opinion, this game is best in the series because the graphics and action is more intense.

Developed by Bungie Studios, and 343 Industries, it is intended for an adult audience and playable on Xbox 360 and PC.

The game takes place on Planet Reach in the year 2552. The objective of the game is to stop the Covenant, a group of various alien species invading from multiple planets from taking over the planet Reach. Marines and Noble Team Spartans, genetically and cybernetically enhanced super soldiers, protect the planet and try to get the artificial intelligence computer program named Cortana off Reach and away from the enemy. Cortana possesses vital information about Earth and the human race.

Spartan Noble Team is comprised of six soldiers led by Carter, Noble 1. Second in command is tech engineer Kat followed by Jun (a sniper), Emile (shotgun bad-ass), and Jorge (heavy weapons and explosives expert).

You are Noble 6; a lieutenant with special skills not revealed until later in the game. As you play the game, you can choose between four levels of difficulty: Easy, Normal, Heroic, and hardest of all, Legendary. If you finish one level, you will want to come back for more.



The enemy force is strong and deadly. Grunts, Jackals, Skirmishers and Drones are easy, but Brutes, Elites and Hunters are hostile. Some fly, others are agile or resist massive amounts of damage.

Weapons spread all over the map for you to find such as rifles, pistols and heavy weapons. Vehicles return in Reach like other Halo games, but are now outfitted with more technology. There is everything from ATVs to tanks.

Halo: Reach has amazing computer graphics. It has very good lighting. The atmosphere is a little creepy, and there are some surprises, but it's not very scary.

Halo: Reach is extremely fun and entertaining! It is very challenging on harder difficulties especially with "skulls" turned on-perks designed to make the game even more difficult.

On a scale of 1-10 I would give this game a rating of 13. At \$30.00 on Amazon.com it is well worth every penny. If you are a Halo fan, you will love this game for its firefight matches, competitive online multiplayer options and so much more!

Movie Review: "Argo"

By Josh Bassett
Castleton Spartan

Argo, simply put is an excellent cinematic adventure. The film has buzz as possibly being a picture of the year contender, and for good reason.

The movie is the story of six American diplomats in Iran who get kidnapped and held hostage by the Iranian revolutionary forces. The Iranians plan on using the American hostages as bait for America to give them their leader back.

It is up to Ben Affleck's character Tony Mendez to recover the six hostages. Mendez, a CIA agent, pretends to be a movie producer making a fake film in Iran, called 'Argo,' and in the process plans to smuggle the six hostages out.

Even though you already know the outcome it still manages a way to get you enthralled in the story. One scene in particular when they go to leave

Iran on their way to the airport is very suspenseful. It makes you appreciate a nice sturdy car window.

It begins with a short film detailing Iran's early years as part of the Persian Empire. The Argo incident took place from November 1979 to January 1980, and then the release of the other hostages in 1981.

The images of an American flag burning and Iranians invading an American embassy in the early minutes of the film are powerful and striking images. It effectively establishes the tone

of the film. Speaking of establishing a tone, the setting of the time period could not be better as every part of it feels authentic for the time period. The clothing appears in line with pieces from the time period and they even use archive news reel footage to establish the realism of the movie and its characters. The acting is sensational. All-



lan Arkin deserves a nomination for best supporting actor due to his role as the fake film producer Lester Siegel. He also has arguably the best line in the whole movie.

Like previously stated, do not be surprised to see the film being mentioned for best picture or Affleck for best director, both would be justified and well deserved.

Music Review: Man Overboard

By Jimmy Britt
Castleton Spartan

Hello readers. I'm back with another band to add to your music bucket list. This week I'm talking about the pop punk band Man Overboard.

I discovered this band from a friend of mine, and I fell in love with them immediately. Man Overboard just makes me feel so alive and energetic.

The band has amazing vocals, "You" is a nice acoustic song about trying to make things right with a past love that you want to be back with.

Talk." is "Dylan's Song." To me, that

I love that album so much that it's hard for me to only suggest one song. If I had to, though, it would be "Montrose" because that song just makes me think of how just seeing someone we loved can make you remember all the good times -- and all the bad times.

But if you want more gentle songs, I have just what you are looking for. The song "Dear the Machines, a band that blends

is "Dylan's Song." To me, that song is about how sometimes letting go of someone is the best thing you can do to help yourself. Last but not least is the song "Decemberism." To me this is a song about young love and reconnecting during the holidays. I hope you will enjoy Man Overboard like I do. Next issue's column will cover Florence and the Machine, a band that blends great vocal harmonies and re-

Another nice acoustic song

From small town to big screen

Continued from Page 1

to the Phillips residence in Underhill, Vt. to get to know the hometown hero and better prepare for his upcoming role.

"He's really a normal guy," said Phillips who shared a few laughs with the mega star during his Vermont visit.

Phillips gave Hanks a taste of his home-life, allowing him to tour his house and meet his family. He even offered the actor a few suggestions on how to better get into his character.

"I told him he might have to put on a little weight in order to look like me," chuckled Phillips.

He said he's sure Hanks will embrace the role and hopes the movie will do his story justice.

"We don't want people to see the story through Hollywood eyes," said Phillips's wife, Andrea, adding that she hopes to production team stays as true to the original events as possible.

But she said reliving the dreadful details of her husband's encounter will not be easy for her, especially in front of a large audience.

Though the family has since moved on and put the experience behind them she said there are still certain details that she would rather forget.

"It's an odd feeling knowing that part

of your life is going to play out on the big screen," she said explaining the experience as strange and surreal. "I don't think I'll be buying it on Blu-Ray anytime soon."

Though Phillips and his wife vow they only plan to see the movie once, the film about the local celebrities will be a must see for people who knew them in the Castleton community.

Former Castleton student and Spartan Editor Megan Davis couldn't believe her ears when she was first told about her friend's recent claim to fame.

"They are actually making a movie about someone I know," said Davis. "That's totally totally awesome."

Davis says she definitely plans on seeing the movie and is eager to see how it turns out.

The movie will most likely feature at least one scene portraying the Castleton College campus, which is where Mariah first received the news of her dad's capture.

"I think it's cool as hell that one of my students has such an awesome family story and is now going to be played by someone on the big screen," said Communications professor Dave Blow who worked closely with Mariah during her time as a layout designer with the Spartan. "So cool!"

Students give back

Continued from Page 3

"It's nice to make a child happy," said sophomore Ethan Smith. "I had a mentor when I was younger and it is a positive influence."

The magical mentor wizard who put this whole program together is Jan Rouse. It started seven years ago when Rouse and the then new principle at the elementary school met at a conference. She told Rouse how much bullying was going on during recess and the school day.

"I never thought that would take place in my town," said Rouse seeming shocked.

The program started mainly in the athletic department, but was so popular it was opened to everyone.

"The mentee wants to be their mentor. They will eventually start to dress

alike, their style begins to look like their mentors," said Rouse fondly. "I've seen it happen."

Castleton graduate Dana Pulkinen and her mentee, Johanna Morse, bonded the first second they met. According to Pulkinen, within the first month of being a mentor, a teacher asked if they were related.

"We would wear identical outfits without even planning it. It was at a point where she didn't even have a cell phone so coordinating wasn't actually possible," said Pulkinen.

Rouse said that building trust between mentor-to-mentee is extremely important. She also said breaking that bond too soon, breaks the mentees hearts.

"The mentees hearts are crying," Rouse said sadly, recalling times when the mentor didn't follow through

Having a mentor, she said, guarantees to a child or young person that someone cares about them. It shows them that they are not alone.

"If I couldn't stay in contact with her, we both would be really upset," said Pulkinen. "We formed such a great relationship over such a short amount of time."

Ashley Haggerty, who helps Rouse out with the program, agrees that the more they work with them, the more the mentees look up to their mentors.

"She's so smiley and happy," said Keener smiling broadly thinking about her mentee. "She's like my little nugget."

"It is definitely something they remember later in life," said Ginty. "Hopefully this will inspire them to go to college. This could be the thing that gets them inspired."

'It put my heart at ease'

Continued from Page 5

Gammie mostly complained while the opening band played. I mostly people-watched. There was a middle aged, bare-foot couple who could not stop straddling each other, despite the fact that they were in public. And then there was a woman dressed from hat to heel in white who apparently thought bringing her newborn son to a concert was completely normal.

While looking around, I noticed the security staff guarding the entrance to the back of the stage. My mother picked up on this as well and suggested that I go flirt with them for a cause. When I protested, I got the response: "Bryanna Leigh, your grandmother is old and sick. You WILL be a good granddaughter and go flirt with those security guys in order to get backstage."

I sighed, walked over and gave it my best shot.

But all I got were four phone numbers, a few free beers and an offer to share a soft pretzel.

Not exactly what I had been after.

When the concert started, the excitement is contagious. The only person who stayed quiet throughout, other than the occasional demand to get out of her way, was my Gammie. She simply sat in her

chair, her good foot tapping the sticky concrete floor, her head bobbing to the beat, a content smile on her weathered face.

My mom and I sat beside her that night, silently sharing the same experience, the same emotions.

Three generations of quirky, almond-loving, blue-eyed Rickstad women were creating an adventure together, and that was the most important part of the night.

On the drive home, I sat in the back, my ears ringing from the noise, my head resting on the cold window. Sleep shifted in and out of me, lulled by the rhythm of the car and the Alan Jackson CD playing low. As I was about to slip into darkness, I heard my grandmother's voice, a soft hum.

"Thank you, Beth. I sometimes feel that you and Bryanna are the only ones who still care. Tonight meant the world to me. I'm glad I could share it with you."

She reached over, and clutched my mother's hand. My mother returned the gesture, gently squeezing her wrinkled, arthritic fingers.

"I'm glad too, mom. I'm glad too."

Hearing that private, intimate exchange of words put my heart at ease. I smiled to myself and let sleep take me.

CSC group, community walk together to raise awareness

By Anna Olson and Will Stuhler
Spartan Contributors

Samantha Barrale walked to a tent in the Diamond Run Mall parking lot on Oct. 21 where she gathered with a sea of pink friends who were laughing, dancing, and eating.

The Castleton State College senior and president of the Social Issues Club was meeting her team of about 30 club members for a breast cancer walk to raise awareness and money.

"When I heard about this, I immediately took action to create a team for this," said Barrale of the Making Strides against Breast Cancer walk, sponsored by the American Cancer Society.

By the time the event started, roughly 60 people had registered for the team, which Barrale named Students for Surviving. Together, there was more than 500 participants, 47 teams, and 29 survivors participating in the walk. A total of about \$73,000 was raised, more than \$1,000 by the Castleton team.

"I am happy with this amount considering that I know everyone is very busy and did not have a lot of time to raise money," said Barrale.

Club member Jazmin Spear, a sophomore at CSC, said she knows people who have struggled with breast cancer in the past.

"Awareness for these issues is of great importance, and that the more people involved, the better. People see cancer as a simple thing, but it's much more complicated than just saying 'Oh you have cancer? Go get chemo!' There are thousands of little steps and issues and complications that can occur and by having walks, it increases awareness of not just the details, but the real amount of people who are affected by cancer," Spear said.

The walk was a good reflection of Castleton's students and faculty.

"To have this led by a student is great. It says a lot about who we are," said Luther Brown, one of Castleton's social work professors.

Junior Meg Morse, who is double majoring in sociology and social work, was working at K-Mart Sun-

day when she noticed an unusual number of people entering the mall's parking lot. As she took a closer look and seeing all the pink, she realized a walk for breast cancer was taking place.

"The overall message being displayed is that cancer patients are strong and able to overcome a lot with the help of a community," said Morse.

By attending the walk, members were able to gain awareness about the issue and spread their knowledge to others, club members said.

"The public and culture look at it as just raising money. It's not necessarily about the money, but raising awareness," said junior member Matt Bloomberg.

The event, Barrale said, opened people's eyes to how serious of an issue breast cancer can be for women, and even men.

"I had a survivor in front of me that yelled with joy when she was going through the finish line, 'I finished' and it almost brought tears to my eyes," she said.



PHOTO CONTRIBUTED BY SAMANTHA BARRALE
Members of the community walk together to raise awareness and funds for breast cancer.

Campus tours spook students

By Erica Bilodeau
Castleton Spartan

Although inclement weather caused community advisors in Babcock, Wheeler, and the Houses to postpone their ghost tours of the campus an extra night, Saturday Oct. 20 wound up being the perfect night for a spooky walk around campus.

After a brief but intense storm passed through campus earlier in the day, campus was dark. Wet leaves plastered the sidewalks and the moon was barely peeking out from behind the clouds. Combined with the occasional gust of wind, the scene was set for a night of horror at CSC.

The ghost tours departed from the main entrance to Wheeler Hall. Donned in green glow sticks, Community Advisors Marissa Francis and Katie Curler were welcoming guests.

"Think Ellis is the only place that is haunted on the campus? Think again! Come and join us on a walk

of mystery -- and truth!" said Francis as she greeted the first group of students.

Have you ever noticed the shoes that are hanging in the trees outside of Morrill and Wheeler? If you had gone on the tour, you would have been told that they belonged to a student who lived on the fourth floor of Wheeler who fell off of the balcony after a night of celebrating with friends.

All of you living in Hoff Hall think that you are safe in a new building? Wrong! According to the tour guides, the mysterious death of an electrician who was involved in the construction of the building is the cause of many residents often smelling smoke throughout the building. Students on the tours were holding each other's arms, listening intently as the guides spoke with flashlights illuminating their faces.

The tour also reminded students of the well known ghost of Ellis, Penelope, as well as stories of strange

occurrences in Adams, Haskell, Babcock, and the old art house. As more information was shared, tension filled the air. Students living in Haskell Hall were noticeably shaken when they heard stories of what happens in there. Cassie Pinaire, resident and CA of Haskell, shrieked "The elevator always moves by itself!"

The ghost tours were a part of residence life's Programming Palooza Week. Starting on Oct. 17, there were a variety of events including a Halloween Bash in the Castleton Hall multipurpose room. Guests enjoyed a night of snacks, dancing, and even a costume contest! For all of the students who enjoy Harry Potter, Thursday night a game of Quiditch was played in the gym! All of these events, as well as a few others, were well attended and enjoyed by many. Be sure to keep an eye out for posters, emails, and other means of information sharing for even more upcoming events on campus!

Voices fill FAC

Continued from Page 1

resenting the pathway Castleton once used to transport bodies.

"This is the hall of fame, the famous hall of haunted. This is the tunnel. Guess where we get to go," said Villa intensifying the moment for his guests.

The other side of the tunnel revealed other unpublished true stories that haunt the FAC.

One aspect of the tour that has been eliminated in recent years involves the art house behind the theatre.

"It was bought by the college for the art students. It used to be a daycare facility and when the kids were up in the attic, there was a nanny on the bottom

floor making lunch for the kids and a fire caught and went up through the staircase, and killed all the kids. They were unable to use the art house," said Hakey with a flashlight reflecting on her face.

Prior to this removal, tours were led through the art house. And one year, it provided a surprise for presenters.

"Wow that girl you had in the art house was fantastic, so scary," said a previous attendee of the haunted FAC.

Hakey then explained, however, that there was no little girl involved in the tour.

"We had an unexpected visitor in the tour," she said.

Season comes to an end for men's soccer

By Hannah Messer
Castleton Spartan

The Spartans ended their season abruptly in the NAC Quarterfinal match after they fell to Maine Maritime 2-1. Heading into the game, the Spartans were 5-4 in conference.

"We knew going into this game that it was NAC championship or bust," CSC senior Tanner Lecuyer said.

Nicholas George scored the Mariners first goal 13 minutes into the game, after receiving the ball from teammate Matt Leblanc to give Maine Maritime the 1-0 lead.

Less than three minutes later, Castleton's Nick Johnas headed a ball from a free kick by teammate Dillon Zaengle to tie the game at one.

For the next 40 minutes, both defenses remained strong until Abdullah Alkhayyat was found by George to add the Mariners final goal and the game-winner.

The Spartans didn't let down, outshooting MMA 20-13, and in the final 10 minutes of the game, Maritime's William Trace Lacour denied Dominic Heller and then later stopped a pair of shots by Bryce Kaler.

Lacour made four saves as did Castleton goalkeeper Nate Koenemann.

Maine Maritime improved to 10-7 and will move on to the NAC semifinal game where they will play against

Thomas College on Oct. 30.

"I am disappointed about not winning a NAC title, especially after how good we've been all four years," Lecuyer added.

Since Lecuyer's freshman season in 2009, the Spartans have gone on and lost in the NAC final twice, and the semifinal once.

"Being a senior and have always felt like we were a presence in the playoffs, this year was definitely not what we anticipated," senior captain Nick Johnas said. "Despite our record and loss in the quarterfinals, I know we were one of the best teams in the NAC."

This year, the Spartans will graduate eight seniors including Lecuyer, Zac Conlogue, Jake Roswell, Trevor Kotrady, Justin Rose, Dillon Zaengle, and captains Johnas and Ian Hunter.

"I couldn't have asked to play with a better group of guys," Johnas added. "It was devastating losing so early in the playoffs, but looking around the field after that loss and seeing seven seniors I consider my brothers is something better than a NAC title will ever bring."

The Spartans end their season at 11-7 and fall even with a 5-5 NAC record.

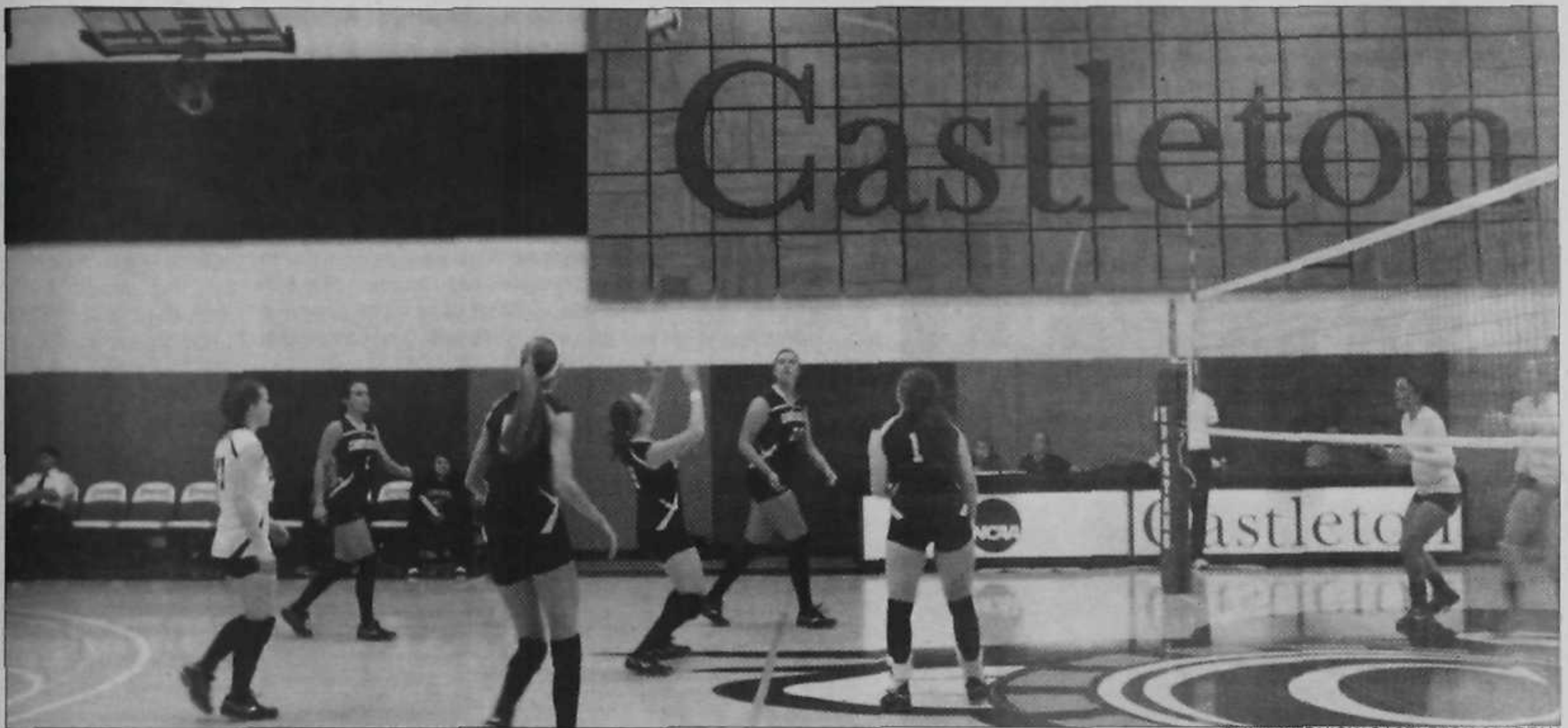
"I look forward to always following the men's soccer team here at Castleton, and know more NAC Titles will



EMMA RUDNICK/CASTLETON SPARTAN

Tanner Lecuyer dribbles the ball against Colby-Sawyer on CSC's senior night.

fall in our favor soon enough," said Johnas. "There is great talent that remains on this team for next season and for seasons to come."



EMMA RUDNICK/CASTLETON SPARTAN

(Top) The Spartan's volleyball team looks to add another point in their most recent victory against Green Mountain College. (Bottom) Bridget McCarthy sets the ball in the game against GMC.

What a difference a year makes!

By Hannah Messer
Castleton Spartan

The Spartans volleyball team defeated Green Mountain 3-1 in its NAC Quarterfinal match, pushing them into the semifinals against Colby-Sawyer.

This match improves Castleton to 9-11 overall, a huge comeback after finishing last year's season at 1-19. Green Mountain finishes its season at 7-14.

Castleton dominated the first set 13-2. The Eagles couldn't make a comeback as the Spartans finished with a 25-11 victory. However, the Spartans had a more difficult time in the second set, as they allowed a Green Mountain comeback of seven

straight points to earn the 25-21 win.

The Spartans were trailing for majority of the third set, until back-to-back kills by junior Grace Schreiber tied it up at 20. Castleton then fell behind but tied it up again at 22, when Bridget McCarthy followed with a kill and Ruth Tomlinson fired an ace to take back the lead, when an Eagle attack error ended the set and awarded Castleton the victory.

The fourth set was evenly matched as neither team could gain the early advantage. Castleton fell behind 18-15, before adding three straight to tie the set up once again. Green Mountain gained a 21-19 advantage

before another attack error gave the Spartans momentum to go on and score the final seven points of the match.

Schreiber came up huge for the Spartans, hitting .667 with a career high 16 kills on 21 attempts. Nicole Valastro and Amanda Chambers each had seven kills for the Spartans and each made double digit digs.

Green Mountain's Madison Wage led the offense, hitting .552 with 16 kills.

Castleton now advances to the NAC semifinals, where they will face the top-seeded Colby-Sawyer, which previously defeated the Spartans 3-0. The teams will face off on Nov. 2.



Running for a title



PHOTO CONTRIBUTED BY JOHN SHRAMER

Dan Regino (above) and the cross country team head to the ECAC championship Nov. 3.

Women's hockey 2-0

By Lucas McGovern
Castleton Spartan

Second-year women's hockey head coach Bill Bowes is hoping that he can improve upon a strong rookie campaign by becoming a serious contender for the ECAC East championship. He has put himself in a great position to succeed with a talented returning roster and a promising incoming class. This year's team includes two talented forwards from overseas, Anna Daniels from Sweden and Nicoline Jensen from Denmark. These newcomers combined with veterans, such as sophomore goalie Paula Stephens and a pair of talented seniors in Jade Werger and Hanna Martini, provide Castleton with an outstanding chance to be successful.

"We return an experienced core that made a huge improvement last

season," Bowes said. "Our goaltending is deeper and better than ever. We have three senior defensemen and we helped our scoring ability with the addition of Anna and Nicoline."

Even though Castleton faces a difficult schedule, their expectations are higher than ever.

"We want to make another improvement and be a real challenger for the league championship," said Bowes. "Although our team has improved, our schedule is stronger with more top teams added, and that's exactly what we want."

The Spartans opened their season by living up to expectations and coming away with a 3-0 home victory against Oswego St.

Paula Stephens played an incredible game stopping 28 shots and earning a shutout on the way to a

Castleton win.

Newcomer Nicoline Jensen made an immediate impact scoring Castleton's first goal of the season with 16:37 gone in the first period.

Only 35 seconds into the second period Jade Werger scored her first goal of the season on a tough shot right in front of the crease.

The Sweden native Anna Daniels got in on the action in the second period scoring her first goal off a pass at mid-ice, taking it down toward the net and ripping a shot past the Oswego goalie.

Castleton took to the ice the next day against Cortland and continued to roll. They trailed 1-0 after the first period but scored three unanswered goals in the second to put them up 3-1.

Werger scored the first goal for Castleton off a breakaway shot with 5:30

gone in the second period. This was followed by two quick goals from defenseman Eileen Coyne to end the period with Castleton up 3-1.

The two-goal lead was cut in half as Stephens let in a goal on a rebound off an shot she initially stopped early in the third period.

The Spartans added insurance with a little more than five minutes left in the game on a 2-1 breakaway. Daniels took the puck into the offensive zone and then passed it to Jensen, who netted a hard wrist shot over the goalie's stick side shoulder to make the final score 4-2.

The Spartans are off to their first 2-0 start in program history and take on a strong Norwich team on Nov. 2 for their ECAC East season opener.

Field hockey looks for strong showing in playoffs

By Lucas McGovern
Castleton Spartan

The Castleton field hockey team started off the week with an intense battle for first place in the North Atlantic Conference. A strong Husson side gave the Spartan ladies the sort of tough competition that they have rarely seen this season.

The game started with Castleton storming out to a 3-1 lead with goals by Kealy Chipman, Blake Wardwell and Rachel Preusser. The Spartans cooled off quickly and gave up two quick Eagle goals right before halftime to tie the score and give Husson the momentum going into halftime.

Action was slow with limited scoring opportunities for both sides as the second half began. Husson finally broke through and took the lead scoring a goal in the 46th minute and then another five minutes later to push the score to 5-3. Husson then scored their fifth unanswered goal in the 52nd minute to create a formidable gap between the two teams.

Castleton finally broke their scoring drought with a Preusser goal in the 58th minute. Castleton furiously tried to catch up in the final minutes, peppering the net with shots, including a last second score by Wardwell. This effort proved to be too little too late and Castleton fell to the Eagles 6-5.

The Spartans then traveled to Rensselaer's Harkness Field for their last game of the regu-



Maria Stern carries the ball up the field against Thomas College.

lar season hoping to finish strong before playoff action. Unfortunately RPI came out a little too strong for the Spartans, scoring two first half goals, and the Spartans just could not rebound losing 2-1.

The Engineers scored their first goal as Tori Elliot scored off a rebound with 10:41 gone in the first half. Alissa Peterson scored 15 minutes later with a long-range cannon shot off of a penalty corner.

RPI had dominated going into halftime, holding a 9-1 lead in shots and a 6-2 advantage in corners.

Castleton refused to quit and came out of the half battling. Rachel Preusser scored on a beautiful give-and-go play to bring the Spartans within one goal. However, Castleton was unable to get through the brick wall that was the goalie for RPI and dropped their second game in a row

by a score of 2-1.

"We just came out too slow and couldn't overcome it. We played well in the second half so hopefully we can build on that going in to the playoffs," Chipman said.

Second seed Castleton then took on No. 7 Thomas and came away with a decisive victory sending a statement to the rest of the conference. Castleton out-shot Thomas 42-2 and came away with a 5-1 win.

The game started off with three Castleton goals in the first 15 minutes by key players Wardwell, Preusser, and Chipman. Mercedes Maltbie then added her stamp on the game with a goal off a penalty corner with no time remaining in the half.

The second half was a story of stifling defense and a relentless offensive attack for the Spartans. Castleton held Thomas shotless while producing 15 of their own.

Chipman netted her second goal of the game, and the final tally for the Spartans off a cross from Maltbie in the 46th minute.

Coach Tammy Landon after the game remarked, "It was really good to see our girls respond coming off two tough losses. I really liked our focus and intensity."

The Spartans return to action on Oct. 31 in the NAC Semifinals when they will face the University of Maine at Farmington.



Kealy Chipman tries to win the ball back against Thomas Oct. 27.

Football earns another win against Gallaudet

Castleton was able to overcome a 20-7 deficit to score 21 unanswered points to defeat Gallaudet University 28-20 in Eastern Collegiate Football Conference (ECFC) play Saturday in Washington DC.

With the win, Castleton earned an opportunity to play for the ECFC title where they would play Mount Ida who is also 5-0 in conference play.

The Spartans offense was led by Shane Brozowski who completed 28 of his 49 pass opportunities for 338 yards and three touchdowns.

Kevin Alberque caught eight passes for 110 yards and Brandon Boyle added six catches for 69 yards and two touchdowns. Tyler Carpenter rushed for 83 yards and one score and had 80 yards receiving with a touchdown.

Castleton started off the scoring with an 11-play 84-yard drive that ended with Carpenter punching it in from four yards out. Gallaudet responded quickly with an eight-play 60 yard drive with Ryan Bonheyo rushing it in from five out to tie the game at seven.

Bonheyo would have himself a day as the next two scoring drives for the Bison's he was able to score. He rushed for an 83-yard touchdown with 2:27 left in the first quarter and a five-yard run for a score with 1:23 left in the second quarter. Mick Wong blocked the extra point on the second touchdown though to keep the score at 20-7.

Wong's block seemed to fuel the Spartans fire as the bison's were not able to put together another scoring drive the rest of the game.

The Spartans, put together a seven play 47-yard scoring drive right before the half with Carpenter rushing in from 15 out to bring the score to 20-14 going into the half.

Castleton was able to put together another scoring drive on their second possession of the third quarter. After a fumble that the Spartans recovered on their own 18-yard line, it only took five plays for them to punch it in on a three yard pass from Brozowski to Boyle to take the lead 21-20.

Gallaudet had an opportunity to score with a minute left in the third quarter but Wong stepped up again for a big field goal block.

The Spartans were able to get some insurance with two minutes left in the fourth quarter as an 18-yard pass from Brozowski to Boyle capped a seven-play 30-yard drive to round out the scoring at 28-20.

"Every win is important," Senior Quarterback Greg Vreeland said. "With every win it keeps us in line for the conference champion-



Running back Michael Toczko carries the ball to the end zone.

ship."

Brandon Bergeron led the defense for the Spartans with ten tackles. Cody Tancreti played well garnering four tackles with an interception. Todd Carr also chipped in with six tackles and a forced fumble.

Castleton improves to 6-2 overall and 5-0 in conference play. With the loss Gallaudet falls to 5-3 overall, 3-2 in conference. Castleton will travel to play at Husson on Nov. 3.

Women's soccer to host NAC semifinal

By Mike Divis
Castleton Spartan

Second seeded Castleton took down No. 7 Johnson State with a 2-0 win in a North Atlantic Conference Quarterfinal on Sunday at Spartan Stadium.

The Spartans controlled play the whole game with a final shot advantage of 46-2.

"We came out and stuck with it, they came with a good game plan but we stayed composed," coach Chris Chapdelaine said.

This win puts Castleton at 13-4-1, while Johnson State ends its season with a record of 6-9-2.

The first half ended with neither team being able to get on the board, but Castleton had multiple opportunities with 24 shots on goal to the Badgers 0. Badgers goalkeeper Katja Langmaid was forced to make six saves in the first.

Castleton finally got on the board seven minutes into the second half. Sophomore mid-

fielder Jenna Bostwick passed the ball close in front of the net where Senior forward Kelsey Garceau was able to go to her left and shoot the ball past Langmaid for a goal.

Ten minutes after the first goal, Garceau added another to give the Spartans a 2-0 lead. Freshman forward Mallory Costello dribbled the ball into the box on the far side of the field before taking a cross back to the 18. Garceau then attacked the ball with a rocket one-timer into the upper right corner of the net past Langmaid.

"It went well coming off a loss against Colby-Sawyer. We're all excited to get back in," said Garceau.

Langmaid ended the day with 12 saves for Johnson State while Spartan goalkeeper Kaleigh Newton didn't make a single save, making it her forth shut out of the season.

Castleton will return to action Wednesday where they will host a NAC Semifinal game against Husson.



Emily Osmer heads the ball in the Spartan's senior game against Colby-Sawyer.



Sports Talk with Eric Dowd

Playoffs are finally upon us, and the Spartans are on a roll, except one team that was expected to contend.

The men's soccer team was expected to reach the NAC finals. Instead, they are going to have to watch from the sideline after being defeated 2-1 by Maine Maritime on Saturday. Injuries on their trip to Maine plagued the Spartans late in the season. They lost senior Tanner LeCuyer to a concussion, but he came back. The biggest loss was to senior captain Ian Hunter who was lost for the season. There is no doubt that if the Spartans were injury free they would have been able to contend for a NAC title, but instead it cost them their chance to play in the NCAA tournament. The Spartans, however, may still have a chance to play soccer if they receive a bid to the ECAC tournament.

The biggest surprise of the fall is the woman's volleyball team. After finishing the season 1-19 just a year ago, the Spartans have bounced back to post a 9-11 record and even earned a playoff victory over Green Mountain College on Saturday. They now play Colby-Sawyer, who they lost to just over a week ago. The Spartans were only able to score 10 points against the Chargers. Let's hope they can have a much better match and try to earn a victory against them.

While fall sports are still going, winter sports have started as the woman's hockey team took to the ice this weekend.

The team has done something already that hasn't been done before -- win its first two games of the season.

The team has been doing well already with veteran leadership and stellar freshman talent. Seniors Jade Werger and Dani Roberts played great over the weekend, both picking up three points.

The emergence of Nicoline Jensen and Anna Daniels is going to pay huge dividends for this team. The two, who have traveled from Denmark and Sweden to play for the Spartans, are already key players in the Spartans attack -- as freshman.

With these two up front along with Jade Werger, mixed with excellent defense provided by Dani Roberts and Eileen Coyne, the Spartans should surprise some people. That first step to surprise some people while be next weekend when they are on the road versus No. 2 ranked Norwich.

The Spartan standout this week goes to Castleton field hockey senior Kealy Chipman. On Saturday's 5-1 win over Thomas, Chipman had four points to raise her total to 59 points, breaking Castleton's season record, which was previously 55 points.

Until next time Castleton, keep on keeping on.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday November 14, 2012

CastletonSpartan.com

Castleton, Vermont

College, police team up to halt drinking

By Molly DeMellier
Castleton Spartan

Throughout the semester, the Castleton State College student body has been criticized for their weekend antics in town. The complaints and verbal warnings have piled too high and now the college and local officials have teamed up to crack down on underage drinking.

"We cannot and will not tolerate that kind of behavior," said Castleton State College President Dave Wolk.

Wolk is so adamant about this statement that he along with college deans Scott Dikeman and Dennis Proulx, and Public Safety Director Robert Godlewski recently met with Town Manager Charles Jacien, Select Board Chairman, Thomas Ettori and Police Chief Bruce Sherwin to discuss resolutions to the recent weekend chaos.

"We agreed to do what we can, within the limited jurisdiction of the college, to help solve the problem," said Wolk. "We asked the town to offer late night police coverage that is not now currently available, and we offered to subsidize that cost with an investment of \$5,000."

Sherwin hopes this increased police force will send the clear message that the disrespectful behavior that has been exhibited thus far this year is not acceptable. Castleton has always had a zero tolerance policy when it comes to underage drinking and Sherwin claims that despite the tighter enforcement, students must still show signs of intoxication to be stopped.

"We don't just arbitrarily pick on students," Sherwin said.

But some students beg to differ and feel the police are targeting students who don't seem drunk.

Sophomore Sean Collins recalled his recent run-in with police that landed him a court diversion. He claims he was running through campus after a friend and came to a stop at the Fine Arts Center, before deciding to turn around and walk back toward Elm Street. When he stopped to tie his shoe he was approached by two officers.

"I was kind of targeted," Collins said. "There was no reason for them to go down that road."

Collins said he was simply running when spotted by police and said he didn't show signs of intoxication.

"I didn't stumble or slur my speech," he said.

Even students attempting to utilize Castleton's own Safe Ride accommodations are not spared from the increased enforcement.

According to Safe Ride driver, Michael Shalginewicz, a group of CSC

Continued on Page 6

SGA tackles disrespectful students issue

By Megan Harris
Castleton Spartan

Emotions were high when members of the Castleton State College community met Wednesday to discuss the issues of alcohol, the community and respect.

The Student Government Association forum addressing the recent attention Castleton students have been getting due to the excessive noise complaints from the community brought together student leaders, on- and off-campus students and administrators alike. Public Safety Director Bob Godlewski was also present.

"We really needed the opportunity to gain different perspectives on these issues. Especially in mov-

ing on in the future, we need to know how to go on if these issues are to continue," said SGA President Mike Shalginewicz. "Depending on the response we get tonight, we will consider having a meeting to invite the greater community of Castleton into the discussion, too."

Despite the inevitable tendency to blame the freshman class as the problem, every CSC community member seemed to be asking the same thing.

"Why is there an increase in this year, more so than any other?" asked senior Brian McCarthy.

The issue centers around flocks of students blocking roadways, parties becoming out of control and police stopping students attempting to use

Safe Ride. Although the issue focused on student behavior, some college members who believe the police have gotten out of hand too.

"In my case, me and a few friends were drinking at my house, kids started showing up that we didn't even know and then we started kicking them out," disgruntled sophomore, Ethan Smith, said. "If you don't know us leave, ya know? And then they get diversion while trying to use Safe Ride and the cops come back Monday morning and give us enabling tickets. I'm not even 21, how does that even work?"

Appealing to Godlewski and Dean of Students Dennis Proulx for explanation, Smith found that both would only cite the



MEGAN HARRIS / CASTLETON SPARTAN

Castleton State College community members meet to discuss noise and alcohol complaints.

law as basis for police action.

"Everyone has that right — innocent 'til proven guilty," said Godlewski, "But my understanding is that when it comes to par-

ties at houses, they aren't going to stop because they see the party, but because of a noise complaint."

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The science of supplements

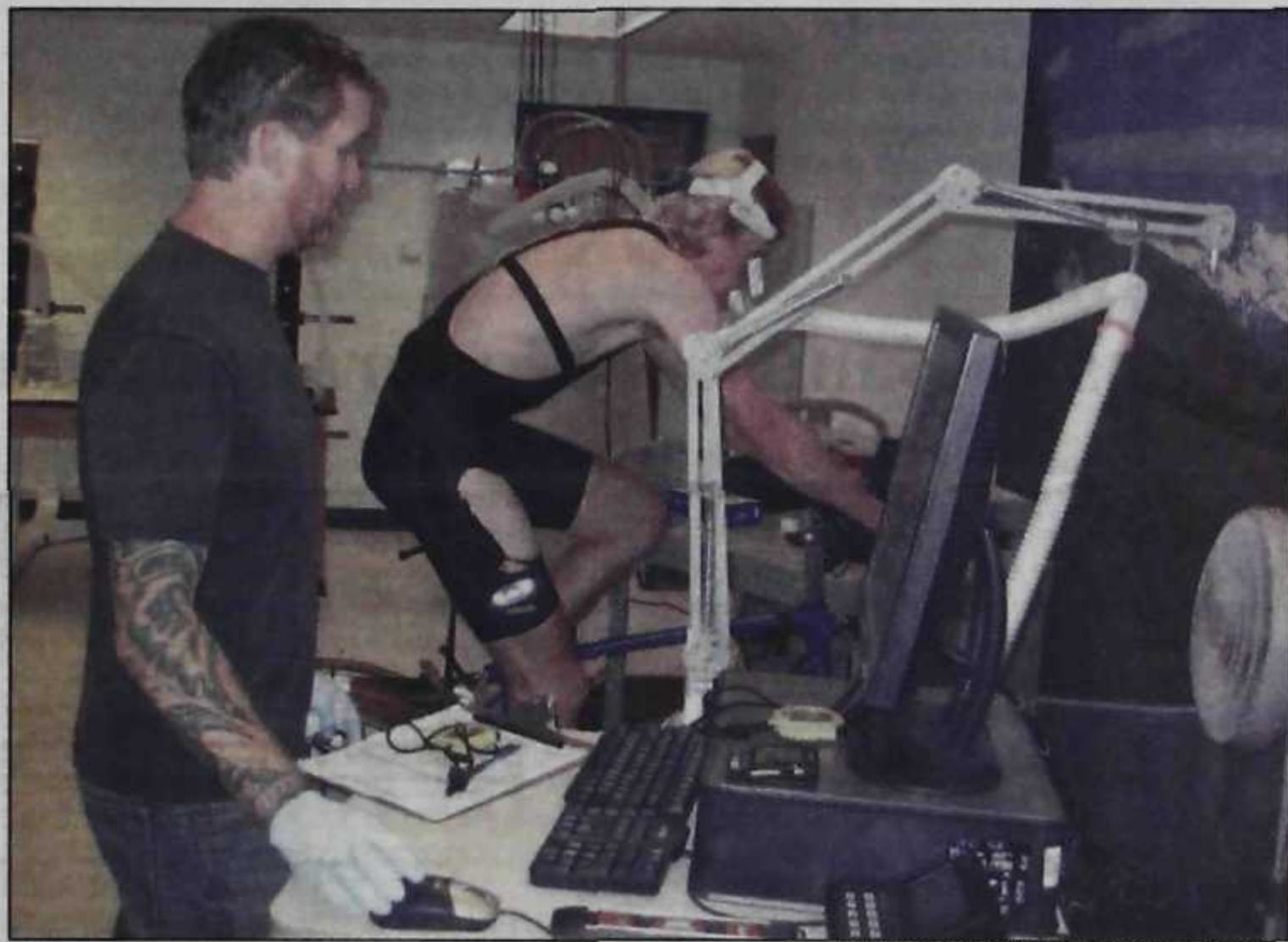


PHOTO CONTRIBUTED BY TIM GROVER

Professor Justin Carlstrom monitors professor Detlef Hagge to gather results for the FRS study.

By Megan Harris and Jordan Mistretta
Spartan Contributors

What do Lance Armstrong and Tim Tebow have in common besides unfathomable strength and name recognition?

It would have to be FRS — a fitness supplement drink utilizing the red wine-like antioxidant Quercetin. Found naturally in the body and in most health foods, it is touted for its benefits in increasing endurance.

However, studies being conducted at Castleton State College in the exercise science department are attempting to show just how beneficial this supplement really

is — or isn't.

After graduate school testing on Quercetin and work with the U.S. Olympic Ski team, associate professor of exercise science Justin Carlstrom had the idea of testing one of the supplements supposedly attributed to athletes' success.

"I saw that nutrition was a huge factor there [with the ski team], and here was this supplement that supposedly could improve endurance—I thought, yes and no," said Carlstrom. "There's been plenty of testing done—especially by companies funded by FRS — but none have tested the supplement on exercise in higher altitudes."

Carlstrom, who describes himself as somewhat of a "supplement

cynic," received funding from the Vermont Genetics Network and started the project last summer.

Utilizing students and faculty with cycling training — especially from the Killington Pico Cyclist Club — Carlstrom designed the study and the lab exercises to get what he hopes are the best results.

"I wanted trained cyclists because I thought it was important to the specifics of the study," said Carlstrom.

One test subject, professor Andy Weinberg, said that the study, if successful in proving the benefits of Quercetin, would, "allow professional bike riders to take a supplement that does not damage the body while still improving performance."

Ashleigh Raub, who also assisted during the study, said it was done by measuring a variety of variables in the participants.

"Since the study was done on humans, it will be hard to eliminate all the other variables that could affect the results," said Raub.

Although Carlstrom is less hopeful about the possibilities of positive effects on riders, he says it is too soon to tell.

"Everyone is so individual with their diets, genetics and training," said Carlstrom. "We started by taking a baseline of all the participants and then, for two weeks, introducing a supplement to most and a placebo to others."

In some cases, Carlstrom said participants got the whole dose of 1,000 milligrams of Quercetin and others got Tang from home.

Weinberg, who admitted he was one of those subjects the received the Tang, obviously saw no change in his performance.

By testing air intake, energy output, body mass, lactic acid levels and a variety of other factors, the results will attempt to show the change in endurance in relation to altitude. With this many variables, the results will take some time to analyze.

Carlstrom hopes the research will find its way into a journal and at very least to an exercise science meeting this summer.

Students like Raub said they're just happy to be a part of such a neat study.

"I would encourage other students to engage in these opportunities if they have the chance because it really helps to gain out of class experiences on topics that interest them," Raub added.

Art majors contribute to heart project

By Erica Bilodeau
Castleton Spartan

The large painted heart that you have become accustomed to seeing outside of the Fine Arts Center was one of 30 similar hearts that was auctioned to the highest bidder on Nov. 2.

The Paramount Theatre hosted the live auction of the four foot hearts, which were painted by local artists and Castleton students and displayed as part of the heARTs of Rutland project.

The project has been raising awareness and funds for victims of tropical storm Irene and other disasters, as well as for children's art education.

Three of the hearts that were sold were painted by students and faculty of Castleton State College. Art students Kristen Partesi and Nicole Ruman painted a heart called "Vermont Everlasting." Jessica Perkins and Molly Hornbeck painted "Renewal." Communications Assistant Kate Richards contributed

a heart called "Heart of the Season" as well.

If one word were used to describe the driving force behind the project, it would be community. Each aspect of the auction event showcased local accomplishments to continue sharing how this community can come together and achieve great things.

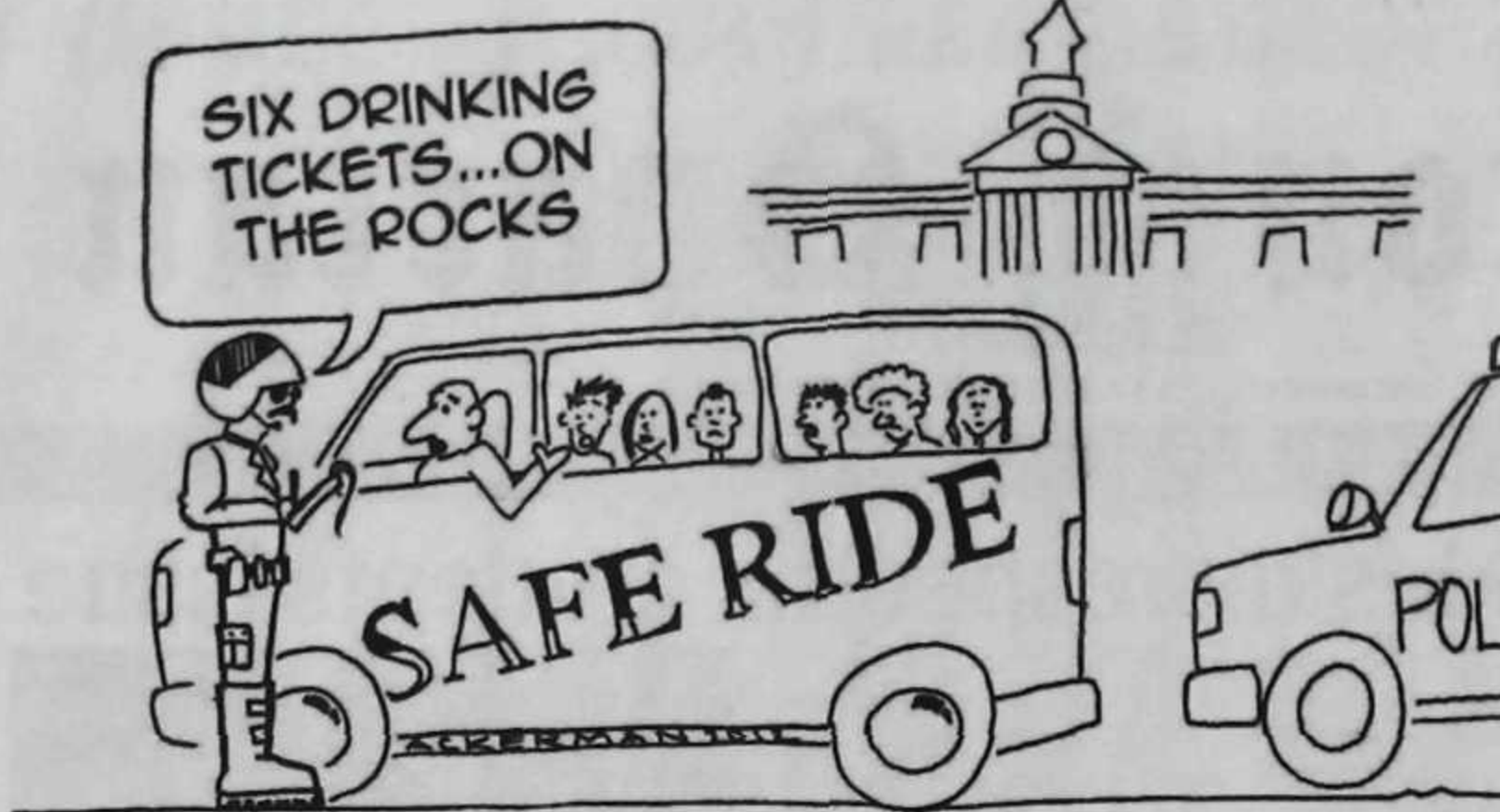
"We are a small college with a big heart. This is a small community with

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ERICA BILODEAU / CASTLETON SPARTAN

Molly Hornbeck and Jessica Perkin's heART project named "Renewal."



HOW SAFE IS SAFE RIDE?

Is the risk worth the little reward?

Once again, Castleton students are at the forefront of an alcohol-related debate and it is becoming more difficult to support their sides of issues.

Nine students were issued Breathalyzer tests after a night of drinking and eight of them failed and were issued tickets by Castleton Police. However, before they were tested, they were making their way toward a safe ride van parked off Exit 5 and attracted the officer's attention by running across the road.

It's understandable that the students were reprimanded based on Castleton's zero-tolerance policy for under-aged drinking, but giving them tickets was overkill.

Issuing them tickets instead of just a warning completely diminishes the point of Safe Ride and the students', for lack of better words, used good judgment in calling for

a ride and not driving or walking home. They made the right decision, and got tickets for it.

There's something to be said for the fact that if a student is underage he or she shouldn't be consuming alcohol. However, what would the point of a Safe Ride be for only students 21 and older? The option to go out drinking is not as amusing for them and, since they're legal and can purchase alcohol, they can drink in their own home and are responsible for their own transportation.

Maybe it was a scare tactic to send a message to students to curb late-night drinking or a desperate push to add pressure to the mounting angst against students' revelry. People of this town have been up to their chins this semester surrounded by an unprecedented turnout of partying. It has gotten bad enough that our school is helping fund Castleton

police with \$5,000 to try to curb late night bad behavior.

And who can blame them? A few days of cleaning our neighbors' yards isn't enough to convince them that we're not a half-bad crowd.

Students need to make their own decisions in order to learn. They need to know when they are right and when they are wrong. And sometimes, such as now, they need to be forgiven, warned, and not made into scapegoats.

It's sad that only the negatives stand out in the spotlight and are remembered even though every day good choices are made, like when Safe Ride is utilized instead of driving or walking. But given the current climate in town, maybe students who are underage and drinking alcohol need to ask themselves is the risk worth the reward?

-Anders Ax

Senior Column

Senior year has brought a lot of things for me, both on personal and academic levels. It led to the realization that this December is the end of my college journey, more questions than answers about my post-graduation plans, and to top it all off a hurricane to my home state, which will no doubt be fun times to recover from when I return home.

I like to take it all in stride; I keep myself busy rather than spend free time worrying, and my 30 hour-a-week job is helping me do that. Sometimes though, just like everyone else, I need a mental health day.

That's where Halo 4 comes in. I've followed that series for a decade now, and I was no doubt excited for the newest version. I planned a day off to enjoy what is, in my opinion, the apex of this generation of gaming.

Well, you would have thought I had taken the day off to spend kicking therapy dogs. I was genuinely surprised at the number of people who took a negative stance against going to a midnight release and then playing the game I've waited five years for.

Why is that? Midnight book releases, midnight movie releases, even midnight music releases on iTunes are reasons to stay up into the wee hours of the morning, so why is dedicating a day off to games so terrible? The reaction was far worse than it would have been if I'd said, "I was still drunk from the night before,



Nick Minarik

sorry."

Why? Why is a videogame now considered less justifiable cause for staying home than blatant substance abuse? I understand the typical outlook on gamers — believe me, it was never clearer than standing in Rutland at 11:50 at night surrounded by the cream of the crop — but people know me, and know I'm not like that. I've busted ass not only to graduate early, but to do it with an unprecedented major in English. I went at these last three years no holds barred, and you know what? I kept my sanity because of taking a day off every once in a while.

Don't drive yourself into the ground over school, cause you'll just burn out. Take a day off to pursue a passion, whether it's reading, sports, going for a drive to Niagara Falls, whatever it is you want. Just make sure you have your affairs in order, because owning that responsibility — not what you're spending your day off doing — is what will determine whether or not you're actually just slacking.

Callous reactions to Sandy are ignorant and offensive

Tuesday Oct. 30 was different for everyone. Cities along the southern east coast were given a look at the damage from Sandy, the West Virginia mountains were experiencing blizzard conditions and the tri-state area of New York, New Jersey, and Connecticut were scenes of absolute devastation.

Castleton was a different story, as the sun shone brightly all day, despite the classes that had been cancelled as a precaution.

It was a strange scene, hearing reports of unthinkable ruin just a few hundred miles south as Facebook statuses of Castleton students kept popping up, claiming what a lame storm Sandy was and how Castleton had really blown it.

"What a joke," you could hear them say. Many people even chose to focus on the one or two "Day After Tomorrow" Photoshopped pictures, using them

as proof that nothing impressive actually happened.

News flash people, this was the biggest storm in the last 100 years, Katrina included. This was an absolute natural disaster of unreal proportions. The actual photos of the damage up and down the coast are genuinely terrifying. That a body of weather that large can bring destruction that complete is something not to be taken lightly.

So why did so many in Castleton and the surrounding areas take it so? It almost seems as if they were disappointed we didn't get hit. Just last year, the damage brought on by Irene, which was Baby's First Storm compared to Sandy, spawned a series of "I Am Vermont Strong" bumper stickers.

How quickly we forget.

In case you don't believe this was everything it's being told to be, here's a list

in no particular order of some damages: A Staten Island couple's house of almost 20 years was blown away. Houses in Mantoloking N.J. have become islands, many of them submerged in the ocean. One hundred houses in Queens were destroyed by a fire, on top of the flooding. Eight million people were without power initially, and many may still be when this goes to print two weeks later. The total cost of the storm is estimated to be \$50 billion, but that estimate is expected to climb significantly.

Shouldn't we have been thanking our lucky stars that we didn't get hit? The storm tore a path of destruction more than 500 miles long and for some reason cut away from Vermont after doing a small amount of electrical damage to Bennington.

If this storm had hit, forget ski season. Forget the nice little skate park and rail

set by Ellis. Forget the newly fixed Glenbrook athletic complex, and many of us could have forgotten our cars too. And that would all be child's play compared to the damage in New Jersey, New York, Connecticut, Rhode Island and Pennsylvania.

Usually an editorial has two sides, but there is no other side to this. The callous reaction to what is being dubbed a Super-Storm and the fact that people lost homes and lives to it was disgusting. It may be two weeks after the fact now, but people will be feeling this storm and rebuilding from it for months and years. It could be you in that situation, but instead, all we got was a day off classes.

And people still complained.

-Nick Minarik

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Sex & The Spartan: 'Fifty Shades' empowers

By MAE

My partner's mom went to Aruba this summer and came back boasting about this great book she had read while she was gone. Reading the back cover, I couldn't help but grin.

"Please tell me you've heard of Fifty Shades of Grey?" she shrieked excitedly.

Well, I had. The book is widely known to be about BDSM. But I definitely hadn't paid much attention. That was, until I had nothing else to read.

I was in the airport waiting to go on vacation in the midst of a three-hour layover with a boyfriend who had just gotten a new iPhone and could care less about me. So I ventured to the bookstore. Surprising even myself, I caved into societal pressure and bought "Fifty Shades of Grey." I got through the first 70 pages and thought, "What's the big deal?" There was no illicit trysts, no whips or chains.

When I opened it again, I realized why many women in America who read the trilogy are crazy about it. I silently prayed that the man dressed in business casual attire wouldn't glance over at my pages. It was hot. I was in a tropical paradise, yet I sat the entire week, fifty shades of red, entranced by this book that has S&M material on nearly every page.

It takes a lot to embarrass me with dirty talk, but Anastasia Steele and Christian Grey managed to do just that.

To make it worse, I was forced to share a room full of bunk beds with four other men the entire week. That's not really conducive to a romantic atmosphere. Christian & Ana's steamy romps filled my lack of just that and for once, I was perfectly ok with it.

But it made me wonder. What makes Fifty Shades so popular among females? Is it the red room of pain? The vanilla sex?

Fifty Shades has girls around the country talking about their sexual desires. I like sex, my friends like sex, but females (and some males) have been suppressed throughout history to not share those desires. Attach a theme of BDSM, something considered taboo in most areas, and you have a New York Times best-seller on your hands.

But women fantasizing about sex isn't anything new; Fifty Shades has simply made it more acceptable to discuss with friends and even engage in more awkward convos like with your boyfriend's mom. Fifty Shades has also made it acceptable for women to communicate with their partners about what they want in the bedroom. Studies have shown that better communication during

sex makes it easier for you to communicate outside the bedroom.

But I think society felt a bit threatened when Fifty Shades became mainstream. Society generally knows what men like because it overwhelms us in culture. There's rarely any confusion on why men like the things they do, even though we may find it disturbing and weird sometimes. When its women's desires being discussed, it turns into a Newsweek article about the fantasy life of working women and how that's either positive or negative for feminism.

With Fifty Shades, E.L. James has done for the sexual lives of women what Julia Childs has done for females in the domestic sphere. Each made different aspects of being a woman ok. Women's lives aren't black and white, especially when it comes to sex. Many times, they are indeed fifty shades of grey.

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tan.com

Student lands prestigious EPA opportunity

By Bryanna Allen-Rickstad
Castleton Spartan

Every year, the Environmental Protection Agency holds a contest inviting thousands of sophomore undergrads to vie for a chance to work side-by-side with scientists researching an environmental topic of their choice.

Students get to choose a topic to study, choose a state to study in and get paid to do the work.

They also get \$50,000 toward their college tuition.

George Grant is one of those students. Grant, a sophomore double majoring in biology and geology, was one of only 40 students chosen nationwide for this research project.

"The application process was exten-

sive and a lot of work," Grant said. "I had to write multiple essays about my future goals, achievements and interests. But it was all worth it."

Professors Cynthia Moulton and Tim Grover introduced the project to Grant, knowing his interests and qualifications would make him a prime candidate.

"I never could have pulled this off without Moulton and Grover. They encouraged me to take this chance," Grant said.

Grant will be spending 12 weeks in the state of his choice researching the effects of degradation on different bodies of water. Alaska is Grant's first choice because of personal interests and the wide variety of natural watershed. Alaska has "pristine water and highly degraded water, perfect for research data," Grant said.

The data Grant pulls will be analyzed by the EPA and could lead to action depending on the results.

Not only is this project going to be contributing to environmental conservation, it is also helping Grant pay for school, a huge bonus in the current economy.

"Money has always been a stress factor. Getting this has allowed me to relax a little, to focus more on school. Also, I got to cut back my hours at my shitty job," Grant said laughing.

The project will fund his travel expenses to and from his destination and pay him for his time and work. The only thing Grant will be paying for are his living arrangements and provisions.

"I might find a cheap apartment or maybe just camp out for the summer," he said. "Either way, this is going to be the



PHOTO CONTRIBUTED BY JANE FOLEY
George Grant stands beside professor Tim Grover, who introduced him to the EPA grant contest.

best experience. I'm making a difference and doing exactly what I love."

#Obama again

By Elicia Mailhiot
Castleton Spartan

Groups of Castleton students gathered under the dim lights in the Spartan Room on Nov. 6. Food and drinks covered the tables and discussions of economics, war and football filled the air. But they gathered because they wanted to know one thing: Who would be the next president?

Earlier in the day, the Castleton community flocked to the campus's Fine Arts Center to vote for their local, statewide, and presidential hopefuls. For some younger students, it was their first time stepping behind the voting machine's striped curtain.

A number of CSC students participated in this election, a result of the various projects around campus aimed at increasing political awareness around campus.

Although there were several statewide elections, students gathered to find out who was going to lead the country for the next four years.

For Republican candidate Mitt Romney's supporters, the night was off to a great start. He almost instantly gained a great electoral lead over President Barack Obama.

Obama's supporters seemed beat down at first. That changed when it was deemed the President had won Ohio, a major swing state in the election.

"It was funny watching it on Fox, I thought media was supposed to be unbiased," laughed Tom Ferruolo.

After the Ohio declaration, students took to social media. Posts on Facebook about the hopefuls were on many newsfeeds and Twitter was swarmed with #Obama and #Romney hashtags.

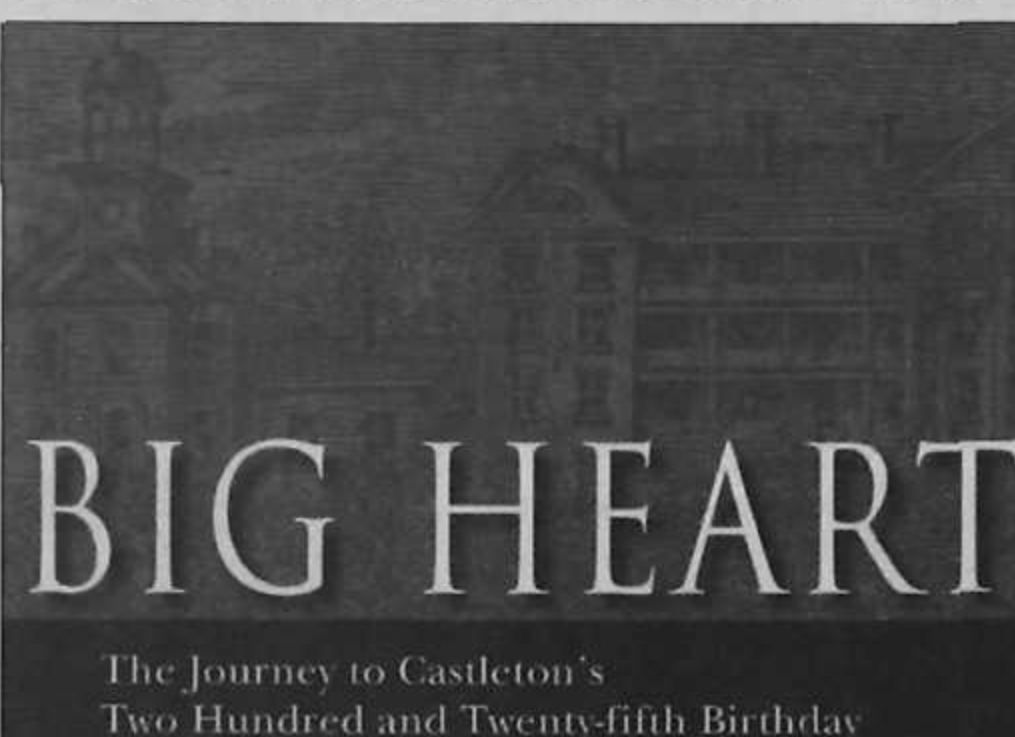
Vermont generally leans liberal, which could explain why many CSC students were excited about the results.

"I feel good about it. I think it was a good turnout," said Juliana Combs. Student Amy Chesley agreed. As a women's and gender studies minor and a mother of three, Chesley knew how important this election was to women like herself.

"I think it was great. It was even and really close," she said. "I love Obama, but I would have liked to see Romney too." Student Dean Sherman would have liked to see a different outcome, but understands why the country favored the President.

"I wasn't as disappointed as others. I'm not in total favor of Mitt Romney and his views," he said. "But I'm not content with the outcome."

Book celebrates CSC's 225-year history



AUTHORS
Ron Powers
Ennis Duling
Marjorie Ryerson
Andre Fleche
Tony Marro
Chris Boettcher
Burnham Holmes

PHOTO CONTRIBUTED BY JANE FOLEY

Castleton is releasing a book of its 225-year history in December, which includes excerpts from professors and others in the community.

By Andrew Muse
Castleton Spartan

It's April 3, 1865 and Capt. Abel Leavenworth is on the outskirts of Richmond, Va. awaiting an order.

He's leading a group of boys into Richmond and is going to be the first to make it to the city dur-

ing the Civil War. Other brigades were closing in though, so Leavenworth made a run for it -- literally. He just took off toward the city, but his clothes were heavy so he began to shed them as he continued running.

He made it to the city first, but only in his long johns. As a reward,

he was appointed assistant provost marshal of Richmond.

A quarter century later, Leavenworth purchased the building where the Rutland Grammar School was and became principal of the State Normal School. Now, Leavenworth Hall stands as a tribute to a man who did a lot for Castleton.

With the 225th anniversary of the college this year, historical stories about people like Leavenworth are surfacing in a new book by CSC faculty and administrators.

CSC President Dave Wolk said he wanted to commemorate the 225-year milestone by writing an account of just how far the school has come.

"There's never been anything written about the history of the college," Wolk said. "Makes sense to do it now for the 225th anniversary."

The plan for the book got underway about two years ago and it will be published in December. For the book, Wolk gathered a group of professors who showed interest in writing the history of the college.

"While writing my chapter for the book it was so interesting to see connections made," English Professor Burnham Holmes said. "It was like a big puzzle and I had to just plug the pieces in and it all started to come together."

Castleton State is the oldest college in Vermont and the 18th oldest in the country. It started in 1787 as the Rutland County Grammar

School, which was started by the leaders of Castleton at the time.

"Grammar schools were like high schools," Academic Dean Tony Pepper said. "They prepared you for college. It was a New England requirement at the time to have one in every village."

In 1828, Rutland County Grammar school became Vermont Classical High School, but for only two years. In 1830, Vermont Classical High School became Castleton Medical College.

The medical school was unique because it was the first medical college to be founded in Vermont and during its time awarded 1,400 medical degrees, more than any other medical school in New England.

But in 1867 after 37 years, Castleton Medical College became the state Normal School, a school to educate teachers.

"Sleigh rides were a big hit for students at the time," said recently retired CSC communication director Ennis Duling. "With no cars during the winter that's what they did for fun."

The Normal School lasted 80 years, before it became Castleton Teachers College.

"The World War II era at the college had quite an effect on the campus and college," said history professor Andre Fleche, who researched the 40s and 50s. "There were quite a few volunteers from Castleton. Both men and women left for war." *Continued on page 6*

Class works to end bullying

By Chelsey McKenney and Krista Goddard
Spartan Contributors

As the 17-year-old boy talks about his experiences in grade school, his eyes start to water. He wipes a tear off of his face as he shares stories of being bullied to Anders Ax, a student in CSC's Documentary Workshop class.

"I do feel somewhat invasive and I do feel somewhat uncomfortable, but the fact that I'm trying to tell a story and delicately bring to light an important issue kind of makes me feel empowered," Ax said.

Ax is one of 15 students in professor Robert Gershon's communication class who are taking action against bullying. The topic for was brought to them by professor Lillian Jackson's

senior social work class. The classes are working together to make a film they hope will create state laws against bullying. The final documentary will include facts and true stories of students who have experienced bullying.

"The thing that video does well is that we can bring important issues to people who would otherwise not have the chance to see," Gershon said.

According to Gershon, bullying is a big problem and video is a powerful way to make people aware of what is going on in schools today. The documentary is designed for educational purposes and to change in the way bullying is handled, students said.

The education department has expressed interest in showing the film to future classes comprised of future teachers.

"The Vermont Department of Education has reconstituted a council this year on bullying. They have pretty strong policies for the school systems on harassment, which includes bullying, but the bullying one is very weak," Jackson said.

Vermont has county laws against bullying, but there are no state laws, causing many bullying issues to be brushed aside or not handled effectively, Jackson said.

The documentary, expected to be complete in December, will be shown to the council in hopes of creating a new legislation. According to Jackson, having a written law about bullying and how to deal with it will help schools with the course of action to take.

"I mean, who doesn't know someone who's been bullied?" said Tom Ferruolo.

Out of one classroom and into another

By Tom Ferruolo and Chris Richardson
Spartan Contributors

Taylor Lively seems out of place in the room. The 21-year-old Castleton State College multidisciplinary education major sits in an undersized chair with tennis balls on the legs and she's surrounded by kids.

But Lively isn't out of place, she is just waiting for her chance to lead the class of fifth graders at Castleton Elementary School as a student teacher.

This semester, she spends her time at the school under the supervision of fifth grade teacher Martha Clifford.

Lively does everything from observing, teaching collaboratively and even teaching some lessons on her own. She said she very much enjoys working with the kids in Clifford's classroom.

"They try to keep us working within our strengths," she said. "They ask what you are good at and if you say math or spelling they let you teach that lesson."

Lively spends two days a week there and needs 150 hours, two videotaped lessons, a literacy case study and a special education case study to complete her work.

"I was really nervous coming in, but I think things have gone very well," she said. "I actu-

ally just got asked if I was married."

Clifford said the kids have a lot more enthusiasm when new people come into the room to teach.

The Inquiry program is similar to student teaching, but has a few subtle differences. The most important is that there are fewer rules governing it. At Castleton Elementary School, the number of student teachers is limited, but less so for inquiry students.

"We keep it to one student teacher every two or three years," Clifford said. "With the inquiry program we can have one or more every semester."

Clifford, who has worked in Castleton Elementary for 13 years, said she loves what the Inquiry program does for both Castleton students and her fifth graders.

"Kids love the extra attention. They love being able to work one on one," she said. She also believes the Inquiry program is a good way for Castleton students to get experience working in a real school setting.

Another Castleton senior, Nathan McMahon, is also loving student teaching.

"It has been a great experience. It has its ups and downs like any other job. The program at Castleton has provided me with a lot of infor-



PHOTO CONTRIBUTED BY CHRIS RICHARDSON
Taylor Lively discusses her life as a student teacher at Castleton Elementary School.

mation and support the last two semesters. To be a part of a student's life has rewards beyond monetary gain and that's what I have learned."

Lively agrees.

"The best part is it's never going to be the same. Every kid every year is different."

Campus Quips

Martina Marchese & Sondra Olds



Question: What are you thankful for?



Kim Obaid

"That I have my parents who could take myself and my two kids in after I lost my job so I could go back to school."



Ana Alexander

"That President Obama just won the election."



Kyle Reed

"Graduating at the end of the year."



Dave Blow

"Family first, but I'm really thankful for this job. I love doing this stuff and I love writing and I get to do both."

Advancement Office hopes to better CSC

By Courtney Parker
Castleton Spartan

Castleton State College has a new strategy to expand the Castleton brand under the umbrella of a new College Advancement Office.

Led by College Advancement Dean Colleen Klatt, the new department looks to create a more centralized approach to current marketing and communications plans focusing on increasing awareness about the college and enhancing the overall image of Castleton, Klatt said.

Since the official announcing of the department in September, members have already begun exploring ways to maximize the digital media presence of the institution.

"We are reaching into markets that we never have before," said Klatt speaking about utilizing a more web and social media based approach to

reach a larger audience.

Klatt also mentioned that in addition to increasing awareness and enhancing the college's image, the group plans to generate additional revenue for the institution through a variety of development and fundraising initiatives, capital campaigns and grants.

"We want people, even beyond the Vermont and New England borders, to know who we are and what we do," she said.

Members of the College Advancement Office staff include Jeff Weld as director of College Relations and Sports Information, Jane Foley as director of Creative Services, Bill Wiles as director of Grants and Special Projects, and Victoria Angis as coordinator of Research Services.

And with a strong passion for the world of digital media, Katye Munger, previously part of the admissions department, was the perfect fit for the new

position as director of Digital Media.

"This position is perfect for me. It incorporates everything that I love doing," said Munger who said she is excited about her new position and the challenges it will bring.

Munger now oversees Castleton's website and social media networks, both important aspects for growing the college's presence online.

"I want people all over the universe to know about Castleton," she joked, adding that the passion and dedication she and her colleagues have for the college is so deep that they "bleed green."

In addition to the office's 11 full-time employees, a total of seven undergraduates and one graduate student have been recruited to help the team.

"Part of our vision was to have students help us create this," explained Klatt.

Students will help



ANDERS AX/CASTLETON SPARTAN

Members of the newly formed Advancement Office pose for a photograph in front of Woodruff Hall.

with writing and designing promotional materials, updating and editing web content, planning and managing tasks and assisting with a variety of other media relations activities, Klatt said.

They also play an especially key role in the brainstorming process.

"I think the biggest benefit to having students working along side the College Advancement Office is that they can get student feedback about

what is working and what isn't working on our campus," said senior Courtney Bates, who has been working with the College Advancement team for about a month.

Bates is thankful for the opportunity.

"They make me feel like I'm one of them and part of the team," said Bates. "It's like being part of a cute little family."



Students (left to right) Anders Ax, Elizabeth Diohep, Megan Harris, Clayton Childers, Taylor Zimmer, James McCormick, and professor Richard Clark visit VPT to view a taping of 'This Week in Vermont.'

Students visit VPT to film 'This Week in Vermont'

By Anders Ax
Castleton Spartan

Political science and journalism students attended a special 2012 pre-election recording of This Week In Vermont at Vermont Public Television's studio Nov. 2 in Burlington.

Invited by political science professor Richard Clark, students also got to talk to professional journalists regarding the pre-election political field.

What students didn't expect was that their questions would be broadcast live.

Taylor Zimmer, a freshman studying secondary education and history, thought she was simply

going to blend into the crowd. That became less likely once stagehands began removing chairs from the audience seating. Students from the University of Vermont and Johnson State College were ALSO in attendance.

"I was really, really nervous," Zimmer said. "It was definitely very scary."

Castleton senior Megan Harris thought talking with a panel of professionals would be a beneficial journalistic experience.

"You don't get that opportunity often," Harris said.

Elizabeth Diohep, a freshman from Rhode Island studying education, found herself very interested in the recent political

elections and was surprised that "negative ads [were] beneficial for candidates, but out of place in Vermont."

"In Rhode Island," Diohep continued, "we have negative ads all the time... coming to Vermont and knowing that they didn't deal with negative ads was a shock."

What students found most interesting, however, was hearing about the less familiar elections in Vermont.

James McCormick, who works for Clark in CSC's Polling Institute, felt better informed when the panelists discussed local races concerning treasurer and house, offices he was less-informed with.

"It was good to hear journalists talk because they do a lot more reporting and research, but it's good to hear them explain," McCormick said. "I thought it was a pretty good balance. I thought it was good to be able to talk to a panel."

Subjects covered during the show included media endorsements dominating the final week before elections, endorsements from media buy-ins dominating PACs focusing on State-house elections and collusion charges surrounding Attorney General William Sorrell.

The four-person panel featured Emerson Lynn of the St. Albans Messenger, Tom Kearney of the Stowe

Reporter, Terri Hallenbeck of the Burlington Free Press and Anne Galloway of vtdigger.org.

Clark, who organized Castleton's participation, felt the panel was "on their best behavior" despite the sensitive nature of the issues.

"It wasn't Hardball with Chris Matthews by any stretch of the imagination," Clark said.

He also mentioned that there could be more visits to the Vermont Public Television studio in the future.

"This was kind of a trial," Clark continued. "If the opportunity presented itself, I would do it again."

Proulx: "Be mindful of what you are drinking"

By Martina Marchese
Castleton Spartan

Recently an e-mail was sent out about multiple drugging incidents at off-campus parties. Dean of Students Dennis Proulx, who sent the email, said the college suspects three different individuals, two male and one female.

"We thought it was important to notify students, however, we don't think it was a date rape drug, it looked more like a bath salts experience and we think it was through beverages," said Proulx.

Proulx said that there haven't been signs outside these events that may indicate an increase in drug use on campus.

Aside from the precau-

tions listed in the e-mail, there are numerous ways to be safe during your party experiences, he said.

"Be mindful of what you are drinking and who is providing it and maintaining it," said Proulx.

Castleton police are aware of the incidents, Proulx said, but there is no active investigation taking place.

Proulx would like to remind students to contact the tip line or public safety if an event like this occurs again.

Proulx said that drugging someone is a criminal offense and the punishment for something of this nature would be dealt with accordingly.

Letters from the Spartan Spy

Dear Spartyers,

By now, mid-terms have come and gone and with the end of the semester approaching, some of your late night BAC's may be reflecting upon your GPA's. When it comes to cracking the books or the brews, I know your choice because there's never a good story told the morning after spending the night with a textbook.

With impending bad weather, Castleton cancelled classes, giving us a break from our typical weekday study grind. While Hurricane Sandy devastated the east coast, Hurricane Sparty unleashed its wrath in the residence halls. Though I have said before that few things in life compare to a hurricane party, I think some of you Spartyers need to learn the proper execution of a hurricane

survival pack. You lose style points when you spend the evening hugging a toilet bowl.

Sandy's presence at the Castle proved to be as weak as some Spartyers' ability to 'spit game.' In attempts to pick up a girl, one baby Spartyer skipped the "hello" and went for something more memorable. Unfortunately, his booze swimming brain only spit out a promise to not vomit all over her. At least you're a man of your word.

Many say that Vermonters are far more relaxed and less attuned to schedules than most. It seems holidays are not even free from this virtually schedule-free lifestyle, as we celebrated our Halloween in November.

But regardless of the number on the calendar, no one can tackle a Halloween party quite like

a Spartyer. The annual Flubb's party was in full swing and loads of anxious Spartyers flocked to the doors.

Everyone's favorite teddy bear, Ted, was spotted on the dance floor. He may have left Mark Wahlberg in Boston, but we were fortunate enough to have another celebrity grace us with their presence that evening. Michael Vick and his stuffed dog danced the night away on stage. In my book, any man who can dance that long with a dog has clearly overcome any former dogfight gambling addictions that may haunt them. And how could you miss the crossing guard directing the party with a stop sign labeled "DRINK"?

What's a true party without those few who can't swallow the night so smoothly? One glitter-covered diva discovered

her table dancing skills to be less than impressive when she hit the floor. But then again, inebriation and heights generally don't mix well. Maybe this Sparty Hardy should stick to the dance floor, the fall isn't as far; heights clearly weren't her forte. The night proved to be a blur for the Twister board caught tripping around the bar. Something tells me his stumbling wasn't an attempt to get into character.

Can you guess me yet Castleton; or is you recollection of your late night escapades still too foggy? Keep looking for more letters from the Spartan Spy to see if you've been spotted.

Sigma Alpha Ome...Gone? A tasty idea



PHOTO CONTRIBUTED BY CHELSEY MCKENNEY

Left to right, Emmalee Stier, Kaity George, Cailyn Jackson are the newest members of Sigma Alpha Omega.

By Chelsey McKenney
Spartan Contributor

"It's nothing crazy, we're not making girls run down the streets naked chugging beers!" said Castleton State College junior, Emmalee Stier with a laugh.

Stier, along with Cailyn Jackson and Kaity George, are members of Sigma Alpha Omega, a new sorority at Castleton. The only catch? They are not actually funded nor recognized by the college, but the three started the sorority last semester hoping to bring Greek life back into the area.

"We didn't play sports or anything and we

just wanted to be a part of something, so we were like, let's start a sorority!" George said.

The group wouldn't specify what they do to pledge one another, however they did make it clear that they were not the stereotypical sorority.

"We do have certain requirements we have to follow. One is community service, another is library hours, can't miss class, and we have to uphold a certain GPA," Stier said.

So if Sigma Alpha Omega is nothing but beneficial to the Castleton community, why would the school refuse to recognize it?

According to the CSC handbook, sororities have not been funded since Jan. 24, 1976.

"A group of students who are trying to form a sorority have to understand there is no recognition from us," said Dennis Proulx, dean of students. "They can't use our facilities, can't use our name, they can't use anything about Castleton in their pledge or recruitment, so it really is a hard dance to play."

Despite that, the group has already started talking to students on campus who are interested in joining and they have community events planned for the future including selling t-shirts and undertaking raffles. Stier, Jackson, and George are running their own show without help from the college, and they're okay with

that.

"It doesn't really bother me because we're on our own and can do whatever we want," George said.

"Yeah it doesn't really matter either way, we're still the same group," Stier said in agreement.

The three girls say they don't plan on breaking their bond of sisterhood even if others may disagree with their effort.

"There really is no reason to create a sorority except to be a part of the college," Proulx said. "There's no recognition based on our policy, but if they want to act as a social group like, The Lions Club, off campus, as individuals they can do that."

So what will it be for Sigma Alpha Omega and Castleton State College? Will Stier, Jackson, and George continue their fight for sisterhood throughout the community without the help from the school or will they succumb to the handbook and fizzle out.

"We were friends before, but pledging and becoming sisters is completely different. Everything we went through together changed things for the better," Jackson said, with Stier and George finishing her sentences in almost perfect unison. "You learn a lot about yourself being in a sorority."

"Judas," a roller coaster stalling in finale

By Nick Minarik
Castleton Spartan

With a text as old and open to interpretation as the Bible, it's no surprise to see thousands of renditions of the stories. One such retelling of a usually dismissed character is "The Last Days of Judas Iscariot," a play that aims to give a closer look at the great betrayer, the one who committed the unforgivable sin.

Castleton's rendition featured some strong acting despite regional obstacles, and the unique set design fueled the overall attitude of despair laced with humor. Several actors stole the show, the most flamboyant of whom being Meghan Hakey as St. Monica, who donned a tu-

tu and high-tops to complement her ghetto-fab dialect for the part. She had the entire audience rolling with perfect deliverance of lines like "C'mon Judas, want to go betray some motherfuckers?" that never felt forced. Unfortunately the natural acting wasn't universal, and some roles suffered as a result of feeling too forced or too static. That happens when Vermont students adopt inner-city dialects; chances are it won't go off without a hitch.

Jeff Blanchette and Chelsea Smith were the lead roles, and did an excellent job bringing life and depth to their characters. As prosecutor and defense attorney respectively, they were foils to each other throughout



ANDERS AX/CASTLETON SPARTAN

Judas, Eric Monzel (center), remains in despair as he is looked upon by Jesus, Austyn Bevins (left), while Satan, Rob Valenti (right), looks on.

and Blanchette's exuberance nicely complemented Smith's more composed demeanor. Smith did an excellent job of phasing out her confidence for the underlying desperation later in the play. Rob Valenti also delivered as Satan, the smooth-talker who made everything sound good when he wanted but who would turn on you in an instant if things weren't going his way. His lines were delivered the most fluidly of all, despite his limited appearance in the show.

Throughout the play, hints were dropped at threads of secondary plots involving the lives of the two attorneys, and the hinting began to crescendo in one scene after the intermission. Just when the plot began to break through and

show the defense attorney becoming more concerned with having her questions of faith resolved than with saving Judas—strangely enough through an exchange with Satan—the courtroom scene came to a screeching halt and the play dropped off the map into an agonizing couple monologues and ended with no resolution. The characters the play initially revolved around had been genuinely interesting, and absolutely nothing ended up being done with them.

Two-and-a-half hours had been spent by the audience investing in characters that, by the end, ended up being completely insignificant; this came as a slap in the face in the form of an exchange between Judas and Jesus that consisted of

"Go the fuck away" and "Love me," respectively.

In short, it was like a really high roller coaster where excitement for the first drop is building—for two hours—and right when you get to the top, it breaks down and you have to walk down the stairs, led by an old guy who stops every 10 feet to turn around and tell you some of his life story. Maybe it was the writing or maybe it was the directing—it's hard to tell based on only one rendition. All that's clear is that the play turned from a 4.5 star rating to a 3 at best just because what was previously enthralling became so excruciating.



ANDERS AX/CASTLETON SPARTAN

Gloria, senior Staci Jedlick, spreads her wings in the play The Last Days of Judas Iscariot.

Halo 4 Review: Lives up to the hype

By Dashiell Monder
Castleton Spartan



Halo 4 was released last week. I picked up my copy and got to playing as soon as I could. I haven't gotten through the whole thing, so these are my first impressions.

The limited edition has bonus items including: a book on the Infinity battle cruiser; cool console additions for your Xbox avatar; and the Forward Unto Dawn live action series, a prequel to Halo 4. Also included are letters describing mission details.

The game picks up over four years after the Forward Unto Dawn—a UNSC battle cruiser-

was cut in half during a portal collapse at the end of Halo 3. After the first level, it crash lands on a cavernous, rocky and mountainous planet named Requiem made by an advanced race called Forerunners. Once again, we playing as Spartans. We still fight Covenant, but there are new enemies. Prometheans come in a wide variety of shapes, sizes and levels of ugliness. These bad guys are tough and harder to kill than the Covenant.

While Halo 3 looked good, Halo 4 looks awesome—sharper images, intense imagery, and insane special effects with lots of explosions. Even the cut scenes are realistic.

The vehicles in Halo 4 are updated. You get to pilot at least four new ones: a Mantis walking tank, two different kinds of Pelican airships, and a broadsword fighter jet—but I've just gotten started, so I have to play with them more to

get familiar with the controls and features.

The weapons are updated from Halo 3 and Halo Reach. Most of the weapons—both UNSC and Covenant—have the same names as previous Halo versions, but they look and work better. They're more accurate, and the sights, HUD's and user interfaces are upgraded. The Prometheans also bring powerful weaponry—so far I've seen deadly firearms and grenades.

The lighting is good and there are enhanced effects, and more dramatic action. Characters are realistic, and they have great personalities. The game features interesting dialog that helps you understand the storyline and you'll feel an emotional attachment to the characters such as Cortana, an AI construct. As you play the game, you get drawn into the story. The game lives up to what Halo fans were expecting! Halo 4 is the most epic game of the Halo series!

Music review: Florence + The Machine: A symphonic storm

By Jimmy Britt
Castleton Spartan

I had a hard time of thinking about which band or artist to review this week.

Luckily the Spartan's Dashiell Monder had some videos he took of a Florence + The Machine concert he went to—and that inspired me to write a review on their album "Ceremonials."

This five-piece English indie rock band really knows how to rock.

The most distinguishing thing about Florence + The

Machine is the vocals of their lead singer Florence Welch. Her voice has so much power and beauty that it makes me tremble.

The chorus singers make the songs sound a little bit angelic, and I couldn't forget about how good the keyboards, drums, guitar, bass, and harps sound together with the vocals. The band sounds like a storm to me. They have calm, like in the song "Lover to Lover," which has a gospel feel to it.

Then the song "Leave My Body" is like when the storm first hits because it's still calm, but it has started to get some strength. Then the storm has come and is

getting stronger and starts to have more depth, just like the song "Only If for a Night." The song has stronger and wilder vocals to make it more powerful.

But when we think the storm has passed, it comes even stronger like with "Shake Him Out." The song tells of trying to release these evils out of you and you having to use all your might to win.

Then the storm comes to the end, leaving a light sprinkle of rain and then it goes away—like in the song "Never Let Me Go." This song has a milder side to it, but not as mild as the calm before the storm.

Next issue I'll be talking about the band Tool.

By JenniLee Mark
Castleton Spartan

There's nothing better than the taste of a warm chocolate chip cookie fresh from the oven or a fresh cupcake that melts in your mouth. With the holidays right around the corner, more and more students and faculty are thinking of baking as a fun pastime to share with family and friends.

And to capitalize on that, Alexandra Johnstone, a freshman communication major, came up with the idea of rounding up students to start a baking club on campus.

"I'm very into baking and it would be so great if students here were into it as much as me," she said.

As a freshman still adjusting to the campus life, she approached professor Robert Wuagneux, hoping he could advise her on how to start such a club. He immediately thought of pairing her with Bryanna Allen-Rickstad, a senior communication major and avid baker.

"I'm purely an advisory person. I hope Bryanna will run with it," Wuagneux said. "People can relate to her and she has a huge passion for baking."

Allen-Rickstad's love of baking goes back as far as she can remember, but working at a bakery in Middlebury has helped her expand her talent and enjoyment. From cashier to "baker-in-training," she has gotten to see the ins and outs of baking. She laughs that it's her fall back if journalism doesn't work out.

Castleton Dean of Campus Life Victoria Angis said she likes the idea of the club and is interested to see where it goes. She advises those interested to first make it an official club to get resources and then figure everything else out from there, including the idea of a bake-off competition.

Allen-Rickstad, Johnstone and Wuagneux thought it would be a good idea to raise money through sales of baked goods from the baking club or a bake-off competition. They thought of donating the money raised to the Castleton Food Pantry. Wuagneux added that, especially with the holidays just around the corner, many families don't have much and this would be a great and fun way to give back to our community.

Sodexo General Manager Jeff Kurto said he is totally on board to sponsor and help out, whether it is by providing ingredients and resources or by lending space for the competition. He even offered potentially lending the participants the baking equipment in Huden Dining Hall.

"I will help and support the students however I can, as long as they do the planning, I can provide resources," he said.

Kurto also added that he will be at the meeting that Rickstad, Johnstone and Wuagneux are planning for Nov. 20 during N-Period. They hope people will get as pumped about these ideas as they are.

"The club would produce a good product while having fun, what a tradeoff," Wuagneux said.

Bernie visits CSC SGA comtemplates solution



From left to right, Samantha Barraie, Megan Harris, and Cara McIntyre pose with Senator Bernie Sanders during his visit to Castleton.

Book celebration

Continued from page 3

In 1962, Castleton Teachers College became what we know it as today, Castleton State College.

History professor Chris Boettcher was assigned to write about Castleton during the 1970s and 1980s.

"In 1971 Leavenworth hall burned down and in 1979 there was an occupy movement on campus," Boettcher said. "It was a very controversial time for Castleton and the country."

Although Castleton has such a long and storied history, it's arguable that since Wolk became president of the college in 2001, the college has gone through more significant changes than it did the 214

years prior.

"We have put \$70 million worth of renovations into its infrastructure," Wolk said. "Including the \$26 million spent on renovations to Spartan stadium and Glenbrook."

Professor John Gillen has seen a lot of this change throughout his career at Castleton that has spanned 42 years.

"Students in the 70s were more political, in the 80s they were more about financial gain, and today's students are really tech savvy," Gillen said. "The students have been sincere and honest throughout though, which is important."

Community complaints

Continued from page 1

students on Nov. 3 made a call to Safe Ride after a party along Route 4 had just been busted. The students ran across the street when Shalginewicz arrived and were stopped by a passing officer as they were getting into the van. The students were questioned, given a Breathalyzer test, and all but one were found to be over the limit and therefore received diversions.

But while students find it odd that police are stopping them for doing the right thing and not driving after drinking, Shalginewicz, the college's Student Government Association president, didn't criticize police.

"Safe Ride isn't immune to any laws, so the students inside aren't immune to the laws either," Shalginewicz said.

Shalginewicz supports Sherwin and the department's right to pull over anyone behaving suspiciously. That said, he added that the incident has him feeling uneasy about the current position on Safe Ride.

"We don't want this to discourage the use of Safe Ride," he said.

Sherwin said he does not take pleasure in cracking down on students and claims he is not entirely against partying, but more so the behaviors that go with it.

"We are looking for a respectful atmosphere for everybody," Sherwin said.

Collins, while sympathetic to the residents who have been victims of the disruption and vandalism, takes a harder stand.

"We're on a college campus, drinking should be expected," he said. "Especially when it's not even a dry campus."

Continued from page 1

SGA Vice President Erica Bilodeau said the issue of the meeting and the community in general was, "not to criticize law enforcement, but to set a better example."

In response, student and off-campus resident Heather Zaykowski, a senior, said that she felt as though even when renters have taken precautions and tried to stop kids from coming, "we aren't being respected by law enforcement."

"It would be helpful for the police to break it up, but they're not just there for that," she adds.

Owen Hartman, a junior, agreed.

"Are we responsible for

what our guests decide to do after they leave?" he asked.

When it came to a response from administrators, Dean of Administration Scott Dikeman said, "We need to really look at the capacity here and say look, what kind of students do we really want at Castleton?"

Students seemed to murmur their agreement that the increasing number of students may be contributing to issues, however freshman student Brian Ward said maybe it wasn't the type of student we admit, but how we acclimate them to the community.

"Maybe we should require two or three hours of community service. We talk about being a small college with a big heart,

but most of us don't even know the neighbors — we don't do a lot to show that to the community," Ward said.

Shalginewicz reminded meeting goers that despite living off campus or on, there are rules of conduct in the handbook that should guide every Castleton student. He added that the handbook is now only available online, and not distributed to students.

Proulx remarked that even when this handbook did come in print, he doubted that it ruled people's conduct or that students knew much about it.

And Andre Coutu, an SGA delegate and Campus Activities Board leader, said more activities on campus won't help.

"No matter how many

programs I can plan or how much more attended they are, the kids causing the ruckuses don't want to attend, so they don't."

Although Shalginewicz marked the meeting as successful in terms of getting ideas out and brainstorming solutions, sophomore Chloe McKeon was not as impressed.

"While I thought it was good to have a chance to talk this out, I thought the point was not to correct people's opinions — as the Dean's seem to do — and instead to give our opinions. We weren't here to talk about the logistics of why cops break up parties, but how our campus is trending toward disrespect."



ERICA BILODEAU / CASTLETON SPARTAN

The heARTs of Rutland were auctioned off at the Paramount Theatre on Nov. 2. to members of the community

Hearts fund Irene relief

Continued from page 1

even bigger hearts!" said President Wolk at the event.

Prior to the start of the live auction, Art from the heART, a silent auction featuring Vermont handmade gifts and artwork was held. Homemade works of art donated by local artists were up for auction.

Paintings from many artists were featured along with a quilt that was donated from the Winter Warm Project. Children and adults in the community painted mini hearts to accompany the paintings and a variety of other goods.

Inside the theater, guests were welcomed by the sound of students from the Stafford Jazz and Contemporary Music program singing and playing instruments.

Rutland High School student who has attended Castleton's Upward Bound program, Courtney Marsh,

said she was excited to perform with the Stafford All-Stars.

"The best part is, we were asked to perform here," Marsh said. "It means a lot. They reached out to us to get involved because they wanted to give us a chance to show our work."

Students from the Stafford Academic Culinary Arts Program prepared and served an abundance of hors d'oeuvres — from meatballs and sushi to cheese and crackers.

When it comes down to it, the night was about the hearts and each painted heart has a story.

The artists designed their hearts based on their own inspiration and style.

Julia Quimby-Cohen, wife of Business Professor Paul Cohen, painted the heart named "Covered Bridge Love."

"I chose to paint a covered bridge because I feel that it is a symbol for Vermont and to help fundraise for the recreation of the covered bridge

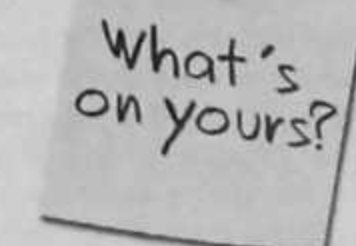
es that were lost in Vermont from Irene," she said.

When the auction started, the auctioneer, Bob Prozzo, told attendees that the hearts were worth a lot of money and countless effort. "These hearts were almost \$1,000 before the artists even added their own work to them," he said. Artists then spent weeks and money on adding their personal art onto their heart.

The money raised from the live auction, silent auction and other fundraising events held since the project began will be distributed to victims of disaster in the Rutland region via the Long Term Recovery Committee of Rutland County as well as children's art education.

The hearts were meant to represent how, even when a disaster such as Irene hits Vermont, the community as a whole comes together to help and support in every way.

BUCKET LIST



By Martina Marchese
Castleton Spartan

Bungee jumping, traveling the world or even getting married might be on your list of things to do before you die. What goals do you wish to accomplish before your final hour? What do you want to leave this world knowing you did? What experience on this planet is going to ensure you a peaceful transition into the after-life?

Did you write it down? Make it real? Go for it?

What's on your bucket list?

History Professor Adam Chill said the top three things on his bucket list are to take a cruise to the Greek islands through the Black Sea, to sky dive and to walk on the Great Wall of China.

Those are things on his list

he has yet to accomplish, but he has many others that he already checked off.

"I always wanted to go to England and Ireland and I've been there several times now for my research. I kissed the Blarney stone after I was told the people that work there pee on it," said Chill with a wide grin on his face remembering this exact moment in time.

Becoming a history professor was yet another goal Chill got to mark off his list, but his most important bucket list dream was completed this past summer.

"I always wanted kids and I had a son this summer," said Chill, smiling like a proud father.

The things on philosophy professor Brendan Lalor's list are much more intimate. Lalor's top three goals are to give and

receive love in a way that fear doesn't play a hindering role, to take the bucket list concept into other areas of his life and to die without regret.

"I would love to go into a classroom with a bucket list, a way my energy can be spent well and not wasted," said Lalor.

Lalor couldn't pick just three things, however.

"I'd like to see Machu Picchu and have a close encounter with a non-human mammal, a whale — maybe swimming with humpbacks," said Lalor with a thoughtful expression on his face.

But he, like Chill, has been able to peck away at items on the bucket list and made some rather interesting memories in the process.

"I ate an iguana once, I'm a vegetarian now..." said Lalor. "On the island of Patmos, a Holy island, I violated the sign that said no nudity allowed on the beach. I figured it's good to do something like that on a sacred island."

These memories, he believes, are what will ensure he live his life to the fullest.

"I'd like to die well, do it without regret, with grace and love and wisdom and joy. To have the opportunity to face the

last gateway with peace of mind — it's been beautiful, it's been great," he said.

Others goals are more personal, like those of English professor Drennan Spitzer. She hopes to complete a couple novels about young adult fantasy that she has been working on.

"I've always done all kinds of writing, but the fiction has been recent," said Spitzer.

Spitzer's bucket list also includes running a marathon, which she is currently registered for in the late fall. She also would like to travel internationally more.

One of her proudest accomplishments on the list was earning her doctorate.

"I finished a Ph.D., that's always been a big thing," said Spitzer smiling shyly.

But professors and older adults aren't the only ones with things they'd like to accomplish before they kick the bucket.

"I want to go to Italy, bungee jump and go to space. I think it would be really cool," said Erika Carter.

Other students like Alyssa Smith have more personal things on their bucket lists. Her mother had a double hip and knee replacement. Smith always wanted to see her mother walk without

pain and she finally got to. Now she can focus on completing the other things on her bucket list.

"I want to own a Dalmatian, marry a firefighter, be friends with someone whose handicapped and write a book — but that will never happen because I'm, like, illiterate," said Smith with a chuckle.

Students like senior Krista Goddard want to focus more on the fun stuff.

"I want to learn to surf, live in California and learn to cook really well," Goddard said.

But even at only 23, she is proud to have accomplished things on her bucket list like learning how to snowboard, getting her license, going to college and living outside Vermont.

The concept of a bucket list, people say, gives a sense of motivation to the lazy, a chance to realize that just because life will end one day doesn't mean you have to sit around anticipating it.

"I think the concept is awesome, even if you don't write it down. When you finally do it you're like OH YES, I finally did that!" said Goddard while clicking away on a Mac during her web content and site development class.

So, what's on your bucket list?

Women's soccer falls to Middlebury in NCAA match

By Mike Divis
Castleton Spartan

The Castleton women's soccer team traveled to Middlebury this past Saturday to play Middlebury College in the first round of the NCAA Division III playoffs. The Panthers came out on top with a 3-1 win over the Spartans.

Castleton started off the day well with pressure on the Panthers defenders in the first 20 minutes.

"We talked about defending as a team starting with our forwards all the way back to our defenders," said senior Lucia Sforza.

Later in the first half, the tables turned on CSC as Middlebury began to pressure the Spartan's defense.

At the 37th minute of play, Panthers Midfielder Carter launched a corner kick in the air to the back post of the Castleton goal. Teammate Colby Gibbs then attacked the ball for a header over goalkeeper Kaleigh Newton into the side of the net for a 1-0 lead.

The second half started with an early conversion at the 56th minute of the game. Panthers forward Scarlett Kirk took the ball from the top of the 18-yard box and kicked it

into the bottom corner of the net for adding to a 2-0 lead.

Castleton didn't stop their efforts, however as freshman midfielder Sami Ritter lofted the ball over Middlebury defenders where Freshman Mallory Costello chased it down and shot past Middlebury goalie Elizabeth Foody for a 2-1 score.

The one-goal difference didn't last long as Middlebury forward Jamie Soroka blasted a shot on goal that deflected off the back of her teammate Hannah Robinson which then redirected past Newton for their third and final goal.

"We've been looking forward to playing a higher level team so playing Middlebury was a great experience," said Sforza.

Foody made two saves on the day for the Panthers, while Newton played 76:15 at net and recorded five saves until being subbed with teammate Sarah Shilstone for 13:45 who made two saves of her own.

Middlebury adds to their record of 13-2-1 and advances to the second round of the NCAA Tournament. The Spartans will lose senior Sforza, as well as classmates Sarah Ethier, Ericka Davis, and Kelsey Garceau as their season comes to an end at 15-5-1.



EMMA RUDNICK/CASTLETON SPARTAN
Halie Roberge defends Castleton earlier in the season.

Men's hockey tries to find groove

By Lucas McGovern
Castleton Spartan

The Castleton men's hockey team had a tough weekend, going without a win and bringing their season record to 1-2-1.

The first game of the weekend came against an undefeated St. Anselm squad that came prepared to fight. Castleton had to play from behind for much of the game and squeaked out a 3-3 tie.

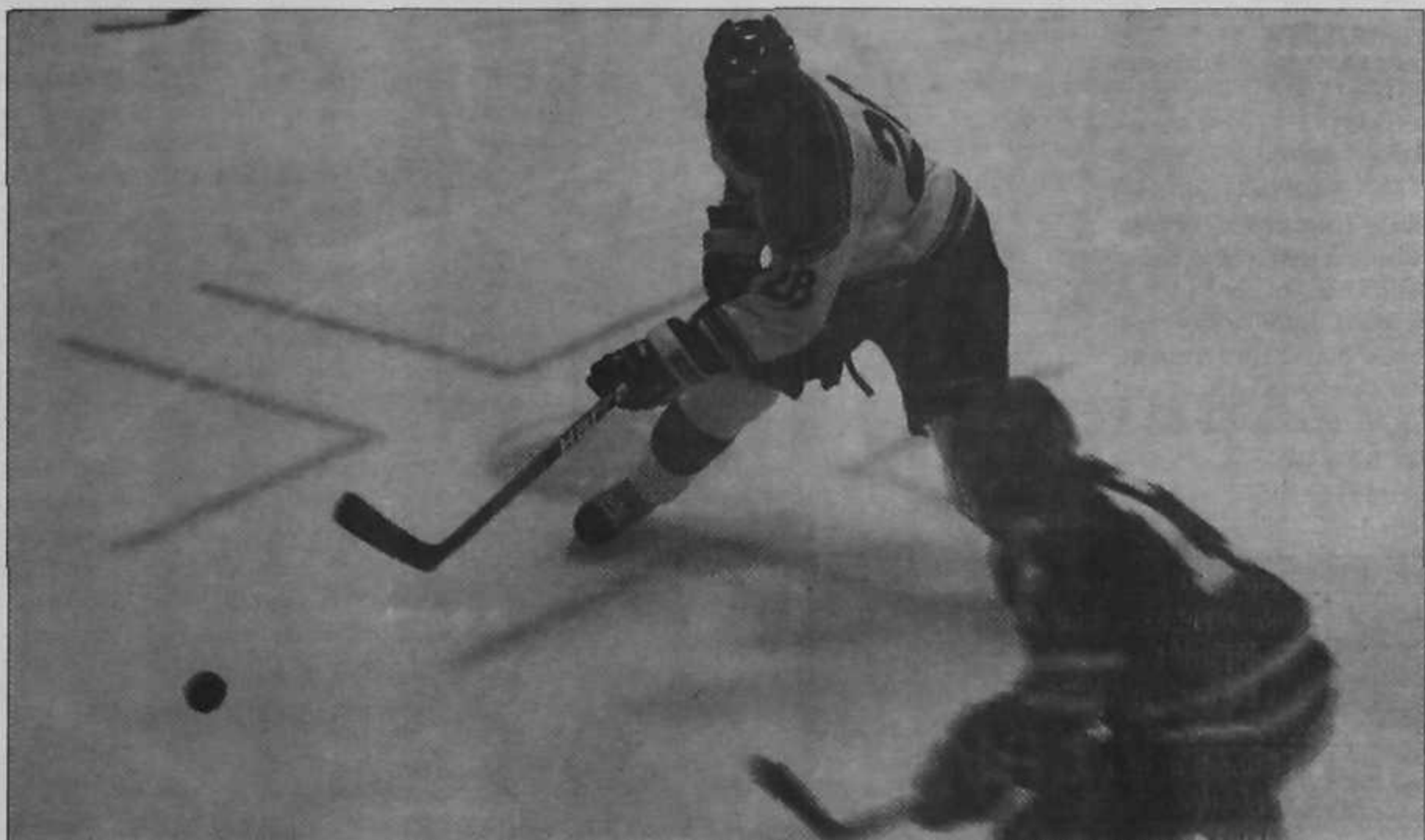
In the first period, St. Anselm went on the offensive, and earned a pair of power plays, including a period of 51 seconds where the action was 5-on-3. The Spartan defense held strong and kept the puck out of the back of the net for the entire period.

With 5:51 elapsed in the second period, the Hawks broke through as Bryan Sullivan scored a goal on a rebound right in front of the net. Minutes later, Castleton's Colin Murray scored the equalizer after defenseman Kevin Van Dyk ripped a shot on net.

Just 30 seconds later, St. Anselm took the lead back on a quick 2-on-1 break when Tucker Mullin made a beautiful wrist-shot into the far corner of the net. The rest of the second was back and forth, with great saves made by both St. A's Robert Kang and CSC's Thomas Shelley.

Castleton came out hot in the third, with the penalty-killing unit scoring a shorthanded goal with just 24 seconds into the period. Nick Lazorko put a shot on net on a 2-on-1 break, and Josh Harris picked up the rebound and deposited it in the back of the cage.

St. Anselm's Mike Richard answered quickly again about two minutes later off a one-timer into the back of the net to take the lead 3-2. Castleton was not discouraged, and managed to tie it up halfway through the



EMMA RUDNICK/CASTLETON SPARTAN
Reid Lesswing skates after the puck against St. Anselm on Nov. 9.

period with a Kyle Richards goal off a pass from Justin Alonzo.

Neither team was able to score for the remainder of the game, with both goalies playing very strong in net. The goaltending remained excellent in the extra period and the game ended in a 3-3 tie.

"Our boys did a good job of responding after their scores, but it was disappointing not to come away with a win in front of our home crowd," said head coach Alex Todd.

The second game was a nail-biter against New England College that was ultimately decided in the third period by a couple of tough penalties. Castleton went down 4-3 on a one-timer that squeezed past Jake Stafford late in the third.

The theme of the game was penalties, with a combined 25 penalties, and 69 minutes spent in the box. Cas-

leton was called for 15 of the 25 penalties, but was able to kill off 11 out of the 12 power plays in the game.

NEC took the lead early off a goal that came just one minute into the game. Andre Stalberg's lone goal of the period and Castleton went in to the second trailing 1-0.

The second period started with a shorthanded score by Ross Herzog, who scored on his own rebound of a breakaway shot. Later in the period Nick Lazorko found Colin Murray on a power play, who deflected the puck into the back of the net to give the Spartans their first lead of the game, as the Spartans held onto the lead going into the third period.

In the third, the Pilgrims earned a five-on-three power play, and scored after Cheyenne Matheson beat Stafford stick side on a rebound. Later in the period with the score tied at 2-2,

Castleton's Ben Schoeneberger found Nick Lazorko for a power play goal, putting the Spartans up 3-2.

Late in the third period, NEC's Jon Boxill scored a short-handed goal when they intercepted an errant Castleton pass, and finished a breakaway to tie the game at 3-3. Four minutes later, the Pilgrims struck again, taking a 4-3 lead on a one-timer that squeezed past Stafford.

The Spartans were unable to tie the game despite many shots on goal, and fell 4-3.

"The guys all played hard, but it was just tough to overcome all the penalties, we have to play smarter in order to win," said Sophomore Ryan Frost after the game.

The Spartans next game is at UMass-Boston on Nov. 16 where they hope to get their season on track and come away with a victory.

Spartan's season falters among Flurries



Rachel Preusser carries the ball up the field.

By Lucas McGovern
Castleton Spartan

The field hockey team saw their season come to an unfortunate end as they lost to Tufts last Wednesday. The weather played a huge factor in the outcome, and slowed down a very fast Spartan team. The snow fell early and often, and was clearly a force to be dealt with.

Castleton fell behind early, with Kelsey Perkins and Emily Cannon each adding an unassisted goal just two minutes into the game, followed by Hannah Park 20 seconds later. Stephanie Wan and Emily Cannon added two more for the Jumbos scored three more times before half putting the score at 5-0.

The second half started after the snow

had been blown off the field. Castleton was able to mount a little offensive pressure, forcing nine penalty corners in the second half, but they were unable to break through and score.

The Jumbos picked up where they left off and added three times before the final horn, thanks to a pair of goals from Missy Karp and a goal from Chelsea Yogerst, to win the game with a decisive 8-0 victory.

This game marks the second straight time this year that Castleton has been trounced by a non-conference opponent.

Blake Wardwell was surprised with the result saying "Talent wise, we

were at the same level as Tufts, we just have to get the mentality that we can compete with the big schools."

The Spartans had a fantastic season with a program-record 17 wins, a NAC championship, and the first NCAA playoff berth since the 2008 season.

The Spartans also had four players make the NAC All-Conference first team as well as NAC Player of the Year, Kealy Chipman.

The Spartans have many reasons to be optimistic next season, as they return a very strong class including All-Conference defender Shannon Burns, last year's Player of the Year Rachel Preusser, and Jessica Galatioto, an impressive goalkeeper.

Volleyball beat in NAC semifinal

By Hannah Messer
Castleton Spartan

After a huge improvement in regular season play, the women's volleyball team lost its NAC semifinal game against No. 1 Colby-Sawyer in three straight sets.

Senior Nicole Valastro led the Spartan's defensively with nine digs.

Offensively, the Spartans were only able to make nine kills on the night, with freshman Amanda Chambers making five of them.

Colby-Sawyer continued on in the tournament to win the NAC against Maine Maritime in another three straight sets. After moving on to the NCAA tournament, the Chargers lost first round against No. 17 SUNY Cortland.

The Spartans end their season 9-12 overall, 4-3 in the NAC.

"Overall, our season

was much improved and very positive," said Castleton's coach Mary Kate Scardillo. This is Scardillo's second season with the team.

"We competed at a much higher level both in and out of the conference," she said.

This was the Spartans first winning conference record since 2009 and the first time they won a post-season contest since 2010.

Last season, the Spartans went 1-19 in regular season, and 0-7 in conference.

As the Spartans look to keep moving forward, they will also be returning 11 of 13 players.

"It will be exciting with the returning experience of so many players and hopefully a strong incoming class," Scardillo says.

The Spartans look to compete further in the NAC next season.

Spartans lose first ECFC championship

By Andrew Muse
Castleton Spartan

Castleton was not able to contain a great rushing attack by Mount Ida as the Mustangs grabbed the Eastern Collegiate Football Conference (ECFC) championship with a 52-28 win on Saturday afternoon at Spartan Stadium.

Mount Ida spoiled the Spartans chance at a conference title in just its fourth year by compiling 342 yards and four touchdowns all on the ground, with Zach March contributing 243 of those yards and two touchdowns. Quarterback Scott Drosendahl added 170 yards and two touchdowns in the air.

"We had a good season going by individual statistics," Junior Wide Receiver Brandon Boyle said. "But it was a great season as a team both on offense and defense."

With senior quarterback Shane Brozowski out with a leg injury, freshman quarterback George Busharis was called upon to fill the void and played a good game completing 19 of his 42 pass attempts for three touchdowns and three interceptions. Boyle also played well, catching 12 passes for 182 yards and a score while fellow receiver Kevin Alberque also



Kevin Alberque runs through the Mount Ida defense on Saturday.

eclipsed the 100 yard mark with 115 yards and a touchdown on five catches.

Mount Ida came out of the gates fast with an eight-play 56 yard first possession that was capped by a March three yard touchdown run. After an interception, the Mustangs scored again on a five-play 29 yard drive finished on a five yard run by Melquan Pinkney.

The high-powered Spartans offense can only be contained for so long though as they answered with a 42-yard catch by Boyle for a touchdown to

cap a short two play 48-yard drive. Mount Ida then scored again on a 26-yard pass to Jordan Hyman to bring the score to 21-7 at the end of the first quarter.

"George played great and he read the defense well," Boyle said. "He is young though and made a couple mistakes, but that happens."

Mount Ida was able to score a field goal on their first possession of the second quarter, and with a minute left Jovan Wilkins intercepted Busharis and returned it 96 yards for a score. The Spartans were able to answer before the half though with a six play 51 yard drive that was capped by a Tyler Carpenter 22-yard catch for touchdown to bring the score to 31-14 going into the half.

Mount Ida kept Castleton scoreless in the third but was able to put together a seven play 80-yard scoring drive that ended with a 61-yard pass to Hyman for the score. They scored

again on their first possession in the fourth on a 30-yard run by March.

Castleton answered with a touchdown of their own as Alberque caught a 13-yard pass from Busharis to bring the score to 45-21.

The Mustangs answered with Pinkney going in from 43 yards out for the score. Greg Vreeland came in for Busharis on the last drive for the Spartans and connected with Zach Howe from ten yards out to cap a six-play 59 yard drive to round out the scoring at 52-28 in favor of Mount Ida.

"It was a great season, we really came together as a team," Boyle said. "We worked hard in the off-season and it paid off during the season."

Brandon Bergeron had a game-high 15 tackles to become Castleton's all-time leader in tackles with 243. Todd Carr also had 15 tackles to bring his total for the season to 106 which is the first time a Spartan had made over 100 tackles in a

season.

Mount Ida clinched a berth in the NCAA Division III Tournament along with the ECFC title. While Castleton finds out if they secured a spot in an Eastern Collegiate Athletic Conference (ECAC) bowl game on Monday.

With the loss, Castleton falls to 7-3 and 6-1 in the conference, while Mount Ida improves to 8-2 and 6-1 in conference play. Even with the same conference record, Mount Ida won the head-to-head matchup as they advance to the NCAA Tournament.

This game was the last for 14 seniors who have been on the team since the programs start in 2009. They were honored before the game along with five other seniors who came to the program later on.

"We set the bar high for incoming classes," Senior Punter Kris Jolin said. "Players leaving this year will be talked about for a long time."



Denny Wilhelm runs with the ball against Mount Ida.

Werner announces retirement

By Andrew Muse
Castleton Spartan

Castleton men's soccer coach John Werner has decided to call it quits after an illustrious 40-year career coaching men's soccer at the high school and college level.

"It was very unexpected," Junior Midfielder Spencer Dandurand said. "He never hinted at it he just told us".

Werner has coached Castleton's men's team for the last nine years and has led the Spartans to three North Atlantic Conference Championships in 2004, 2007 and 2008. All three of those championships led to births in the NCAA Division III tournament. He also won the NAC Coach of the Year award three times and led Castleton to an undefeated NAC season in 2010.

"After 40 years as a head soccer coach and a total of 680 games, it is time to retire," said Werner, in an interview with Jeff Weld, Director of College Relations and Sports Information. "With my wife Judy retiring from Arlington High at the end of this school year, we have plans to travel, enjoy a less hectic schedule and spend more time with our grandson. I am extremely grateful to for the opportunity to coach

at Castleton, with special thanks to President Wolk, Associate Dean of Athletics and Recreation Deanna Tyson, Senior Associate Director of Athletics Tim Barrett, and of course two members of my staff who have been with me the whole time, Paul Storey and Scott French. I plan to still be involved in the beautiful game and will always support Castleton Soccer!"

As a high school coach at Arlington Memorial high school, he became the all-time leader in wins as a coach in Vermont high school history amassing a 346-108-31 record in 31 seasons.

"He was always real excited for our players after games," sophomore forward Bryce Kaler said. "'Just Win Baby' was a saying he would always tell us."

Werner has won numerous awards for coaching including national coach of the year in 1995, four-time New England high school coach of the year and six-time Vermont high school coach of the year.

"Castleton was very fortunate to hire John when he resigned from his many successful years of high school coaching," said Associate Dean of Athletics and Recreation Deanna Tyson, in an interview with Weld. "He has touched the lives of so many of our young



JEFF WELD/CASTLETON STATE COLLEGE
Coach John Werner talks to his team after a game.

men, bringing great success while maintaining sportsmanship in our soccer program. He is a great mentor to our younger coaches and will be greatly missed in our department."

Women's rugby battles, loses championship



PHOTO CONTRIBUTED BY ERIN DEVOST

Castleton's Katie Haley runs with the ball against Roger Williams on Nov. 11.

By Erin Devost
Spartan Contributor

Although already Division III Champions, Castleton's women's rugby club lost 49-0 to Roger Williams in the Eastern Conference

Championships on Sunday.

In the first half, Roger Williams and Castleton were battling for dominance and the Spartans kept it relatively close.

"We gave Roger Williams a run for their money," Castleton coach

Sandy Stragnell, aka Sandman, said.

Castleton players kept their held composure throughout the game and started to get the rhythm before the end of the first half. One try attempt by Caleigh Jones, had to be taken away due to a missed call by the referee.

But while Castleton failed to score, in the first half, they held Roger Williams to only 17 points at the break.

In the second half, however, despite still working hard, the game began to get away. Castleton battled, but Roger Williams was just too much. Injuries played a role too, with several Spartan players going down throughout the game.

When the final whistle blew, Castleton hadn't scored and Roger Williams had 49 points.

And while the loss was tough to take, it was reflective of the team's season.

In the regular season, the team was undefeated and actually never gave up a single point. In last weekend's match, Castleton won the Division III Championship against Westfield State 39-7.

Player-coach Coach Katie Haley said she was proud of the team and said Sunday's game didn't change that.

"The girls played extremely well, not just today, but throughout the season. It was the most legit game we've played yet," she said.

Sandman was also very pleased with the match.

"They came with great expectations and played the best to their ability and I'm pleased to say that they did," Sandman said. "Each player did their best to maintain team cohesiveness."

Team members are already talking about starting back up in the spring.



Sports Talk with Eric Dowd

The fall season of Athletics for most, was stellar, but for others they wished it had gone a different route.

Of course the football team wished they had won yesterday, hell I think everyone wanted them to win. But there are a lot of positives that we can look at. In four seasons, Castleton has now become a contender in the ECFC. They exceeded expectations, by finishing second in the conference. They also beat Norwich for the first time in program history to bring the Sap Bucket to Castleton. The original recruiting cast has left their mark for the underclassmen to continue on the path to an ECFC title in the near future. The football team also should get an ECAC bowl game for the stellar season they had.

The women's soccer team had a tough test by facing in-state rival Middlebury in the first round of the NCAA tournament. While they ended up losing the game 3-1 they showed that they could compete with Middlebury and may have had a chance for the upset if the ball had gone more their way. This team was young, and through this year they have matured. Next year they should be on a quest—to win their first NCAA tournament game.

The field hockey team played in a snowstorm in their NCAA tournament game vs. Tufts. The outcome didn't come the way they wanted, with them dropping the contest 8-0. Despite that loss it was a banner year for the Spartans. They finished with a program record 17 wins. While they do lose senior Kealy Chipman, as well as Mercedes Maltbie, Cori Healy and Caitlin Briggs, the Spartans will have a strong senior class next season. With the experience they had this season they should have a strong chance to win a few NCAA tournament games this week.

The men's soccer team didn't quite finish the way they wanted to, bowing out to Maine Maritime Academy 2-1. They were expected to contend for a NAC championship, but ultimately fell short due to injuries. After this season the Spartans will have a new coach, with John Werner announcing he will be retiring. Werner left an impression at Castleton garnering over 100 wins in just nine seasons.

The Spartan standout of the week goes to John Werner. Like I said in nine seasons he garnered over 100 wins. He also reminded players of his philosophy which is family 1st, and soccer 2nd. Werner helped Castleton to become a top-notch soccer team in the NAC.

Until next time Castleton, keep on keeping on.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday December 12, 2012

CastletonSpartan.com

Castleton, Vermont

Student's van stolen from lot

By Courtney Parker
Castleton Spartan

The Castleton campus encountered a recent high-theft incident when a student's car was stolen on Nov. 8 from one of the campus's parking lots.

A 2003 silver Chrysler Town & Country van had been parked in a handicap space in the northern portion of the commuter lot directly behind the library and was reported stolen at approximately 7 p.m.

The vehicle belonged to a junior social work major named Regina Barney who commutes from Rutland. Barney transferred to Castleton after receiving an associates degree at CCV.

"I think I may have left it unlocked, as I have the keys, but that still didn't give someone the right to take it from me and my son," said Barney who parked her car around 3:30 p.m. before heading to class.

Castleton Public Safety officers held a campus-wide search for the van, but due to jurisdiction issues, the case was turned over to local police to broaden the search.

Public Safety sent out a campus-wide e-mail immediately following informing students of the situation and encouraging anyone with information to come forward.

"In my seven years as director of Public Safety, it's the first time this has happened," said Robert Godlewski.

Godlewski believes that Public Safety officers are constantly out patrolling and monitoring the campus in hopes of catching crimes like this before they happen.

"This is not an area where we've had problems before," he said.

Though the loss of her van was devastating, Barney was more disturbed by the personal items that were taken in the theft.

"The first thing I thought was 'oh my god, my son's things were in there,'" she said, adding that her 18-month-old's stroller, car seat, and winter clothes were all in the van.

Among these items was her son's irreplaceable blanket made by his nanna just a month before she passed away. Just the thought of her son never seeing it again made Barney's heart drop.

"It wasn't until I was with security that I thought about my laptop that took me four months to save for or almost all my school books and work for other classes," she said.

Now relying on public transportation, Barney has been forced to change her daily life and habits to adapt to the unexpected theft.

"I get up earlier, I had to change sitters due to transportation issue and I

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New dean: Castleton's a 'perfect fit'



KATIE SAULT / CASTLETON SPARTAN
New Associate Academic Dean Ingrid Johnston-Robledo poses in her office.

By Jill Bassett
Castleton Spartan

Associate Academic Dean Ingrid Johnston-Robledo is a new face on campus with new ideas.

But she's also quick to point out that one of the biggest early hurdles for a new hire is learning all the faces knew to her.

"It's hard to be in a completely new community. Getting to know a whole new college and its blend is tough. It's a challenge, but also an opportunity," she said in an interview earlier this semester.

She also spoke about how happy she is to be here after relocating from the Buffalo area.

"It's awesome. It's a small community and everyone's so nice. Castleton is a relationship based atmosphere and I'm getting to know a lot of people," she said.

Once a director of women studies and an associate dean, Johnston-Robledo said she was ready to become a dean on a full-time basis, ready to change careers from teaching and get back to New England.

The reasons to apply for the job were both personal and professional, she said.

"Right away I felt like it was the perfect fit, the duties, the size of school and the region, it's important to ask yourself how well does it fit you," she said.

Johnston-Robledo said she's still learning her role but sees a lot of opportunity and challenges, normal in any new job.

"This college is a great place to grow and has great leadership. My biggest goal is to make an impact and serve the college. It's important to me to contribute in a positive way and push Dave and Tony's plan," she said.

She is also working on a new book to make transfer students' transition to Castleton go more smoothly. It is also important to her, she said, to enhance the liberal arts experience, and is passionate about curricular and undergraduate learning.

With all these goals and aspirations what are the downsides of the move?

"I'm going to miss teaching and students, and rearranging my time to a 12-month job when I want to do a lot of my own writing causing an identity challenge," she said. "And also listening is going to be a challenge for me, I want to jump in talk and change things. I need to learn to be a listener," she said.

CSC students to the rescue

By Nick Minarik
Castleton Spartan

The van was packed with students, all talking and laughing as students do. It was a normal Friday in Vermont, New York and most of New Jersey. Nothing seemed amiss until a blanket of silence fell over the group a few miles from Seaside Heights N.J., as scenes of unthinkable devastation appeared in all directions.

Houses, shops, and entire livelihoods lay in ruin, in stark contrast to the places seen just minutes before.

"It's like a whole different world," recalls Samantha Barrale, the brains behind the operation. Originally from New Jersey, Barrale planned to go assist in the Sandy recovery efforts alone. When more and more people expressed interest, she decided to organize a trip through the Social Issues Club. After connecting with the Church of Grace and Peace in Toms River, the group was unleashed to assist in the recovery of several houses.

Students were split in two, but the damage to one man's house was so catastrophic that all 15 assisted him on Saturday. Known only to Barrale as John, his house was smashed by a seven foot wave that plunged inside, filling it with water. He had to be rescued by kayak the next day.

The Cavallos, a couple who owned a house on the same street, had just returned from the hospital after the husband, an 87-year-old



PHOTO CONTRIBUTED BY MEGAN SARGEANT
Students Aimee Hetzel (left) and Samantha Barrale (right) pick up the inside of a home after Hurricane Sandy devastated N.J.

man, had undergone triple-bypass surgery. He suffered another heart attack during the storm and was forced to lie on a kitchen counter for 12 hours before he could be canoed to safety, but the effects of pneumonia and hypothermia had already begun to set in. Ryan Flood, one of the chief organizers along with Barrale, was struck most powerfully by this.

"They had a brand new TV, brand new carpeting... they lost everything. The walls are buckling, the walls are warped, they're

not sure if they'll be able to fix their house," Flood said. "You're in your late 80's. Where do you go, having to start all over?"

As a former Coast Guard search and rescue member, Flood is no stranger to these scenarios.

"It's a whole different thing to have to go in and talk to people, and to find out their lives are ruined," Flood said.

Another homeowner who was touched by the selfless actions of the students was Marrita Wishnia, whose house fortunately only suf-

fered minimal structural damage.

"I live alone and my husband died three months ago," Wishnia said. "The yard was filled with anything that could wash up from the river and the ocean. These girls came and asked if they could help, and they had my yard raked and my neighbor's done in a couple of hours."

"Every time I tried to help they

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Keeping it in the family

By Elicia Mailhiot
Castleton Spartan

At Castleton, it's all in the family. There are two McEnernys, two Culpes, two Kozliks and three Shrameks. And that's just for starters.

There is Jonathan Spiro and his wife Charlotte Gerstein, the Schwaners, the Wilsons and the Klatts.

There are roughly 17 full- and part-time faculty at Castleton who are either married or were at one point, as well as a few who used to have a significant other on campus.

Although many businesses frown upon families working together and have strict guidelines against it, Castleton State College

President Dave Wolk said it works well here, for a variety of reasons.

"I think it's generally acceptable that like-minded people are drawn to similar situations," he said. "It's not surprising that spouses would gravitate toward someplace like Castleton."

He says that the small college with the big heart attracts couple's for many reasons.

"I view us as an extended family, you know I say that all the time and it's true. I think in situations where they don't work together it's a great policy for couple's who are committed to the college and care very much," said Wolk.

He also said that the VSC policy of family members working together prohibits relatives from supervising each other.

"No family should ever be in a supervisory role," he said. "We would never condone a situation like that."

But how do the couple's feel?

Renee Beaupre-White is new to campus, but she wanted two things when she was hired: for everyone to be comfortable with her being here and to not work directly alongside her husband, Chrispin White.

"My biggest thing for everyone was, I don't want you to be uncomfortable if I'm hired," she said.

The pair being on oppo-



PHOTO ILLUSTRATION ANDERS AX/CASTLETON SPARTAN
site sides of campus, Beaupre-White said, is another important factor.

"There should be a separation. I would never want to work in the same department," she said.

She made it clear from the beginning that she didn't want to be near Chrispin.

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Senior column: Student recalls the struggles & joys of time at Castleton State



Elicia Mailhiot

the year I live off campus is the year we get decent food. Thank you Castleton!

I am so happy to leave on Dec. 20, but I can't help to think of the one person who has affected my life the most, yet is unable to share the joy of my accomplishments.

My mother passed away when I was 16-years-old and has missed a large chunk of these important moments in my life.

So when I walk across the stage in May to accept the degree I have worked extremely hard for the last four years, it won't only be for me, but also for her and everyone else in my family who has supported me along the way.

Before I go though, there are a few things I need to share with you all: Important things that I wish someone who have told me when I first got here.

First, be as involved as you can. Join clubs and student organizations.

Second, graduating is scary. Looking for jobs is even more frightening. Start looking early because chances are you'll get numerous rejection e-mails.

And the most valuable lesson I can tell you is to enjoy your time here. Get to know your teachers, take a class you want just for fun, sled down the hill by Ellis at least once.

If you're 20 credits away from graduating, do not take 20 credits to get out of here a semester early. Castleton isn't that bad of a place, so stay a while!

It's hard to believe that I've spent four years here at Castleton.

I remember in high school when I got accepted, running through the halls sarcastically boasting about my big feat.

I had no idea that in a short amount of time I would consider Castleton my second home.

I've been a part of clubs and teams, watched world records be made and plans come together, had a kick-ass internship, been editor of the paper, and so much in-between.

I've met some amazing people during my time here who have undoubtedly shaped my life and whom I owe many thanks to.

Most important of those is a great group of girls who I got lucky enough to live with over the course of my three years on campus who have become more like sisters than roommates.

I would be lying if I said that I never had some stressful times at Castleton. Girls can be mean. Paper work is ridiculous. And I'm cutting it close by taking the Quantitative Reasoning Test this afternoon. Everyone on campus needs to cross his or her fingers for me.

And the real kicker,



It's OK to say Merry Christmas

Merry Christmas everyone! Wait, you can't say that anymore. Happy Holidays! Ah, that's better – or at least safer.

But why does it have to be so politically correct?

It's understandable that when saying happy holidays, it covers all the bases: Thanksgiving, Chanukah, Christmas, Kwanza, and New Year's.

But you should be able to say Happy Chanukah or Merry Christmas without offending the other person, right?

The holidays are supposed to be about celebrat-

ing life and being together, not worrying about offending someone for a wrong greeting.

Just be happy someone is wishing you a happy and healthy holiday, whether they say happy holidays or Merry Christmas.

If the person says happy holidays, it means they're playing it safe, they don't want to offend.

But it's not like that person is saying "screw you" if you're a Christian, Muslim or Jew. They just want to include everyone in that one statement.

But, this is America, where Jews, Muslims,

Christians and those of any other religion can live in harmony.

Sure it's politically correct to say happy holidays because you don't know what a person celebrates just by looking at them.

All companies teach their employees to say happy holidays. If you don't know which holiday or religion they are observing, it may just be easier to say happy holidays.

And again, saying happy holidays also covers Thanksgiving, along with New Year's.

But definitely on Christmas Eve and Christmas

day, it is absolutely appropriate to say Merry Christmas! Even if you don't celebrate, don't get offended because the person saying that statement to you is being nice!

Have some holiday cheer! Drink some eggnog, sing songs and be merry. Whatever holiday or religion you observe, it shouldn't matter.

Just be happy that you're with your family, happy and healthy and that someone took the time to offer you a warm greeting.

-Emma Rudnick

Bells are fine, but tone 'em down a notch?

Students have a tendency to become fixated on whatever is most important in their lives. Presentations, papers, work, upcoming finals and applying for graduate schools are on everyone's mind right now, but surprisingly something else has managed to weasel its way into the collective conscious of the student body.

Even if for only a few minutes every hour.

Students, teachers and faculty members all seem to have their own opinions on the return of the Woodruff bells.

"It seems like everyone in Woodruff hates them," one student claims. "If I make it before the last bell rings, I'm technically not late!" one teacher justifies as she hurriedly enters the room. Perhaps the most telling of all, students have

timed the 4:30 tolling of the bells at seven minutes long.

The school has immense pride in these bells, particularly at midday when they chime the school's alma mater. They seem to harken back to a time when life was simpler and not everyone had immediate access to the time on their cellphones. Maybe the fact they are now seen as an annoyance to some indicates how much time has changed, literally and figuratively.

The bells are part of our school's heritage as one of the oldest institutions in the country, and their ever-so-slightly-but-distinctly-out-of-tune chimes point to the fact that time has changed things, but that we have met the challenge of keeping up with those changes.

This idea of pride in our long-standing academic traditions would be undeniably valid, were it not for one fact students point to: the bells are not actually bells, but a large speaker.

This in mind, it seems very strange that the bells are intentionally tuned slightly off. Are we trying to mimic times past with the new tools technology has given us? Is the return of the chimes not a monument to the advancement of the college, but a wish for the return of the old days?

No matter how much depth or shallowness you view the bells with, one thing is for certain -- they are incredibly loud. Teachers have adapted by either talking louder over them or simply waiting until they finish to continue the les-

son. Is it a good thing that the chimes have become a bother?

We at the Spartan appreciate very much what the college is trying to do here in keeping alive a tradition that is dying out. The chimes should remind us all that we didn't always have immediate access to everything, a fact we have absolutely taken for granted. The sense of nostalgia is irrefutable, but it unfortunately seems to have aggravated some.

Perhaps students and teachers alike should take this as a lesson to stop every once in a while and focus on something outside themselves. Maybe, a simple decrease in volume would be all it would take for this shift to occur.

-Nick Minarik

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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By MAE
Castleton Spartan

Four years ago, I got out of my last monogamous relationship. Since then, I've jumped in and out of bed with handfuls of people. I had fun... lots and lots of fun. That was until I met a man we'll call BJ.

New Years Eve I was tramping around the bar on the hunt for who I would bring home that night. Then, I ran into a good friend and her boyfriend, who had a tag-along with them for the night. Turns out that tag-along was BJ. I exchanged the normal "Hi! I'm ____" script and went about my night. Until the next day, when I woke up and the first thing I thought about was the mysterious man I had met the previous evening, except I couldn't remember if his name began with an R or a B because of how much I had to drink. I just knew something about him intrigued me.

Turns out, his name started with a B, he was 28, had a good paying job, a stable home life, and was according to my friend, "genuinely

sweet."

But even then I decided not to pursue anything. In the following weeks, I forgot BJ even existed.

On Feb. 11, I got a Facebook friend Request that once opened I realized was from the man I forgot about at the bar. He asked if I wanted to join our mutual friends for a double date the following week. Hesitantly, I agreed. One week later, we had our first date and nearly a year later, here we are.

I can say one thing about BJ; I didn't want to be with him at the beginning. I was curt, short, and apprehensive about giving up my single status. That was until I realized I didn't enjoy talking to any of the other men in my life as much him.

I haven't been to the bar (with the exception of the Dogg with my girlfriends) since things started to get serious with BJ because I know how what happens at bars all too well. The bar is a breeding ground for salacious one-night stands and hosts some really good-looking people.

One of these (really hot!) people ended up being an acquaintance of mine through work and came up to me and started chatting. As he was undressing me with his eyes, I grew increasingly more uncomfortable. After a short amount of time, he dropped the question I had been waiting for.

"Do you have a boyfriend?" Without hesitation, I said yes. But then, I apologized. I'm not sure why since I would rather know I have someone at home waiting for me than to be searching for that someone at The Local. But, I also know what rejection feels like.

To my surprise, the guy just walked away.

That made me realize something. I'm very happy with the situation I'm in. I have someone who's mentally and emotionally supportive and who challenges me. At the end of the day, I know I can talk to him about most anything.

Being single was fun, but I'm not sorry for being monogamous now.

**The Spartan is the official student newspaper of Castleton. It functions to inform, educate and entertain readers accurately and responsibly. The College, its administration, faculty, student body and staff are not responsible for the content of the newspaper.*

Student models for Orvis, Bean

By Martina Marchese
Castleton Spartan

Presentations, finals -- and photo shoots?

Bryanna Allen-Rickstad's uncle, a former writer for Orvis, recently sent in a family photo that photographer Jay Martin, got his hands on.

He found his new inspiration for the next Orvis catalog.

Allen-Rickstad was contacted through e-mail days later and asked questions about her height, weight, shoe size and bust size.

She was a little taken back when she read "wear a bra and underwear you're comfortable in because you'll be standing there in it while they dress you."

Most girls dream of having a stylist and racks upon racks of clothing to try on, but for Rickstad it's a reality.

"I'm pretty excited. I have stuff booked for like six months," said Allen-Rickstad, who also will be working for the L.L. Bean catalog.

For a college student, \$90 an hour alone speaks for itself, but getting your picture taken in brand new threads is a total bonus. She gets both while judges decide which clothes look good together. When they think the outfit is perfect and complete they photograph it in a photo shoot.

Right now the modeling will take place in Manchester, Vt. but Orvis has a UK London clothing line which Allen-Rickstad hopes to be a part of.

Modeling is a demanding world, she said. She said girls have to be a certain height and weight and she's happy her height has finally meant something.

"Finally my awkward height has paid off. Now I can make some bank and just run with this," she said.

After the first day of modeling, Allen-Rickstad said it went much differently than she had imagined it would. She started out doing something called a Style Out, which consisted of going through at least 100 outfits.

"My favorite things were a Burberry trench coat and a funky retro one piece bathing suit in lime green. It kind of reminded me of something Marilyn Monroe would wear," she said.

She said this was just the preview and she will be going back soon to photograph for the actual catalog.

Allen-Rickstad is psyched about this new opportunity and doesn't think it's going to interfere with her school work.

"Both school and modeling are really important to me, so I will find a way to make it work," she said.



EMMA RUDNICK/CASTLETON SPARTAN
Bryanna Allen-Rickstad poses for a photo outside Leavenworth Hall.

Senior Social set for Dec. 12

By Molly DeMellier
Castleton Spartan

With the end of the first semester just around the corner senior class events are beginning to get underway for upcoming graduates. On the list of events for the class of 2013 is the Senior Social, which will be held on December 12 in the 1787 room from 7pm-8pm.

"It's a welcome to those graduating into the Alumni Association," said Alumni Association President Stephanie Blackwood.

The event is an opportunity for seniors to socialize with some of Castleton's alumni and learn more about the association. There is no RSVP necessary and Blackwood encourages all graduates to attend, establish connections, enjoy refreshments, and take their chance at winning door prizes, which include a Kindle Fire.

Though Blackwood along with a few of Castleton's deans intend to speak, she claims the speeches will be kept to minimum and describes the event as, "mainly a social time."

Those graduates who do get involved with the Alumni Association will become familiar with their tradition of providing gifts to Castleton's incoming freshman class each fall as well as the scholarship they award to one student each year.

In order to fund these efforts the Alumni Association is currently sponsoring a quilt raffle. A date for the raffle has not been set but will be announced once it is decided.

"We want to be sure we reached everybody," Blackwood said.

The quilt is on display in the library and all those interested are to contact Blackwood to purchase a ticket.



ANDERS AX/CASTLETON SPARTAN
Erica Bilodeau (center) chats with Sodexo General Manager Jeff Kurto and students about food services at CSC.

Student does just short of everything

By Josh Bassett
Castleton Spartan

It's 7:30 a.m. on a Monday and Erica Bilodeau is wide awake in Hoff Hall getting ready for the day, probably her longest of the week.

She gets up early to work in the Media Center before going to class at 10, then back to the Media Center. She gets lunch, has another class from 3:00-4:15, does homework and then heads to a meeting from 7:30-9.

It's a normal day, less hectic than many actually.

Everyone knows an over-achiever like Bilodeau, a person who devotes countless hours to projects, is upset they cannot do more to help -- and generally doesn't sleep much. Friends say she gets an average of three or four hours of sleep, six on a good night.

Bilodeau is vice president of academics in the Student Government Association, treasurer of the Habitat Club and an intern for student activities.

She is a writer for The Spartan newspaper, a math tutor, student orientation staff program coordinator, Campus Center building manager and she works for the

Media Center.

Oh yeah, she is also on the steering committee for the Habitat for Humanity Club in Rutland and was a CA for one semester in fall 2011.

"I do so much I don't even know what I do...I started in the SGA and it kind of built on from there," said Bilodeau who hails from Castleton, N.Y., which she said is usually good for a laugh here at school.

When she closes the Campus Center on Tuesdays, a steady stream of friends visits her. On Election Day, she was seen going back and forth between her computer, friends and the TV. She is nervous as the early votes come in and her candidate is quickly behind in Electoral College votes.

They talk about Gov. Peter Shumlin as he comes on the screen before quickly switching the conversation to the annoying bass sound the cable has at CSC.

Soon after, someone from the Tuesday evening veterans meeting brings Bilodeau down a plate of chicken. She is thankful, but said it is usually pizza and diet coke.

But what drives her?

A lot of students get by with C averages, doing as little as possi-

ble between parties on the weekends and thirsty Thursdays.

"MY dream is to be dean of students," she says matter-of-factly.

You might wonder why a math major with a budding interest in journalism would want to become a dean?

"I don't have the desire to teach math anymore," she said, attributing part of that decision to having five rough math classes the same semester. "(It was the) first time I was actually struggling with getting straight A's."

Her mom is very influential to and both parents encouraged her to do well in school, which certainly rubbed off on her.

"A C to me is failing," said Bilodeau.

Melissa Paradee, director of student activities, has also factored into Bilodeau's life plans. Paradee frequently refers Bilodeau to conferences or conventions that she believes will be helpful for her. She said Bilodeau took nine pages of notes at their last conference and makes sure to share the information she gets with other SGA members. Paradee said Bilodeau is always zipping in and out of the SGA office, always busy.

"She's one of the more involved students I know of," she

said.

Math professor Dale Kreisler said he loves Bilodeau's work ethic, noting her assignments were "always on time, usually flawless" though he may not love her new found lack of enthusiasm about math.

She is also highly regarded by Victoria Angis, assistant dean of campus life, who was Bilodeau's supervisor over the summer when she was the SOS program coordinator.

"She has a good combination of people and administrative ability...She figured out what had to be done and did it," she said.

Bilodeau is also well respected among the SGA, especially by delegate Tim McIntosh, who pointed to one example of her integrity on a vote for a particular club's funding.

"She voted against it, not because she didn't like the club, but it was just a principle thing. It was kind of awkward, because everyone was kind of looking at her 'like seriously, you're the one who's going to vote against this,'" he said.

Continued on page 6

SGA doles out loot, plans second alcohol forum

By Megan Harris
Castleton Spartan

After a decent turnout at the SGA led alcohol forum, members are planning another more open and better advertised forum to discuss the recent complaints and issues of disrespect. The next discussion won't only include only college community members, but the police and community residents as well.

Campus Activities Board member Andre Coutu agreed that another meeting might be useful,

but asked, "Where do we really go from here?"

In attempting to answer the ongoing outcry from the community, Vice President of Academics for SGA, Erica Bilodeau said she hoped to get more insight from the faculty before proceeding.

"I think it's important to get the faculty more involved. We need to have an open discussion with the faculty and really ask them what's the difference between this year and previous ones," said Bilodeau.

In addition to surveying

faculty, Bilodeau thought that another similar survey aimed at the community and police department would help to gain a better scope of the issues, changes and possible solutions.

While still tackling the recent complaints aimed at students, the SGA's attention hasn't wavered from their duties on campus as well.

In the last two meetings, the distribution of funds has proven to be less controversial issue for the group, as they have awarded more than \$10,000 to various groups requesting

funds.

Two of the biggest checks were to send cheerleaders to support the football team at the ECAC Northeast Bowl Championship and funding the Social Issues Club's clean-up effort in New Jersey after Hurricane Sandy.

The SGA approved an additional \$3,400 for a Science Club trip in April to New York City.

Another looming task is the redesign of the Constitution. While the Constitution was left unfinished by the preceding SGA members, Vice President

Corrie Keener is hopeful that revisions will be ready for SGA member review and a vote by the end of the semester.

Also at the last two SGA meetings:

- Megan Breen was voted into the open CAB membership position.

- Coutu is attempting to plan a "Headphone Disco"—an outdoor rave where everyone listens in via connected headphones, for the spring.

- The Food Committee is still struggling with membership. Bilodeau urges students to get in-

involved saying that it is far less formal than people often think of a committee and that "It's not that hard and Jeff is awesome." The committee meets Thursdays at 5:30 in the Alumni Room of Huden Hall.

- Safe Ride volunteering is down. "In order to continue to offer this service, people have to get involved," said Shalgine-wicz. Those interested in volunteering should contact Adam Diemar at is CSC e-mail; adam.diemar@castleton.edu.

Campus Quips

**Martina Marchese
& Sondra Olds**



Question:
What is most
stressful about finals?



Benjamin Cram

"Two of my teachers never said anything about a final test, no one knew till now so it's last minute."



Hayleigh Stillson

"That everything is due at once."



Megan Moore

"That there is more than one project beause I'm in art classes."



Christian Doran

"Trying to fit time in to study."



PHOTO CONTRIBUTED BY MARK SLADE

Mark Slade served a tour of duty in Afghanistan shortly after 9/11. Now, Slade is a student at Castleton.

From Afghanistan to Castleton:

"I couldn't just stand by; I wanted to be part of something bigger"

By **Bryanna Allen-Rickstad**
Castleton Spartan

They tread through the tall grass, quiet as a whisper. Their prey is spotted, a dash of red-brown between the green blades. The three of them make darting eye contact and silently drop to their soft bellies. Breaths are held, afraid that any noise will give them away. The target moves into sight. Their muscles ready for action. Their camo-painted faces tense.

Suddenly, they spring. The beast is wrestled to the ground, giving up easily due to the sheer amount of force.

The warriors rise. Holding their prized bear.

Their prized wooly-bear that is. Mark Slade and his two young sons, Hunter and Cole, have many favorite daily activities. Going on stealth wooly-bear hunting trips is one of them.

"Sneaking up on them is key. We practice sneaking. They're getting very good at it," Slade says of Cole, 4 and Hunter, 3.

Slade spends as much time with his kids as possible, having only returned from a tour in Afghanistan about 16 months ago.

"When he left, Hunter was only 10 weeks old," Slade's wife Kate says, remembering how difficult it was to have him leave.

Slade joined the Army National Guard in April of 2002, after watching the twin towers crumble.

"I could not just stand by; I wanted to be a part of something bigger. Defend my family and this country."

But serving overseas was much different than Slade had in mind. Mistakes were not an option, he says. So being afraid was not an option for him either, claiming that fear leads to mistakes.

"At one point, my guys and I were living in a makeshift tent that

we built out of busted parachutes and plywood. We lived there for weeks," Slade said.

But it wasn't all difficult. Small things made it better. Skyping his wife and baby boys "brought

"When I was 18, I was a male stripper. I had a job, but needed the extra cash."

-Mark Slade

light" during his year away from them.

"So did playing Lady GaGa songs, trying to annoying the Taliban camped nearby. Oh, and the Wild Turkey whiskey Kate illegally sent me," he says with a laugh.

"It's true," Kate chirps in. "I would send it to him in Listerine bottles. Although after he hinted that it had a slightly minty taste, I switched to sending it in maple syrup bottles. Better after-taste."

Although Slade is back in Manchester, Vt., he still sometimes has trouble with memories. A snowplow or car will backfire, and he immediately goes into defense mode, literally hiding from what his mind tells him are gunshots.

"It's like he can't even control it. It's just his normal reaction now," says Kate.

But Slade just shrugs when that happens and moves on. He now focuses on being a family man and student at Castleton State College. When he isn't taking classes, he is working on finishing his house.

"His house is amazing, he does great work," says close friend Tyler Emond. "But everything he does is for his family, even the house. He built his kids an indoor jungle gym! Even at my age I'm jealous."

Slade may seem like the ideal father and husband, but there was an off-kilter time in his life when he was younger.

"When I was 18, I was a male stripper. I had a job, but needed the extra cash. It worked well. The song I stripped to the most was....Oh god; I can't believe I'm saying this....'It's Raining Men,'" Slade admits, his face turning a deep shade of rose.

The job didn't last very long, several months at the most. Instead, he decided to become a fire fighter and was recently honored for 10 years of service.

"Ten years. That makes me feel old. Especially here with all these 18 year old kids zipping around on skateboards. I feel like Billy Madison sitting in a classroom full of little first graders. I mean, I'm MARRIED," he laughs.

Slade has been with his wife Kate since they were seniors in high school, but their history goes back much further.

"Mark and Kate knew each other in kindergarten," says mutual friend Molly Smith-Leach. "Although back then Mark was shy, kind of fat and hated Kate. Always said she had 'the cooties.'"

Slade has gotten over the cootie phase he says, and is always anxious to spend more time with his family. On any given night, you can find the four of them in the kitchen, making goat cheese pizza together. The dogs barking at their feet, the boys "Tebowing" in their footy pajamas, and Kate half wondering why she didn't have a daughter.

"This is my world," Slade says, a smile on his lips that only a parent could understand. "It's chaotic, expensive, exhausting and completely wonderful. I would never change a thing.... Okay; I might change the whole stripper thing."

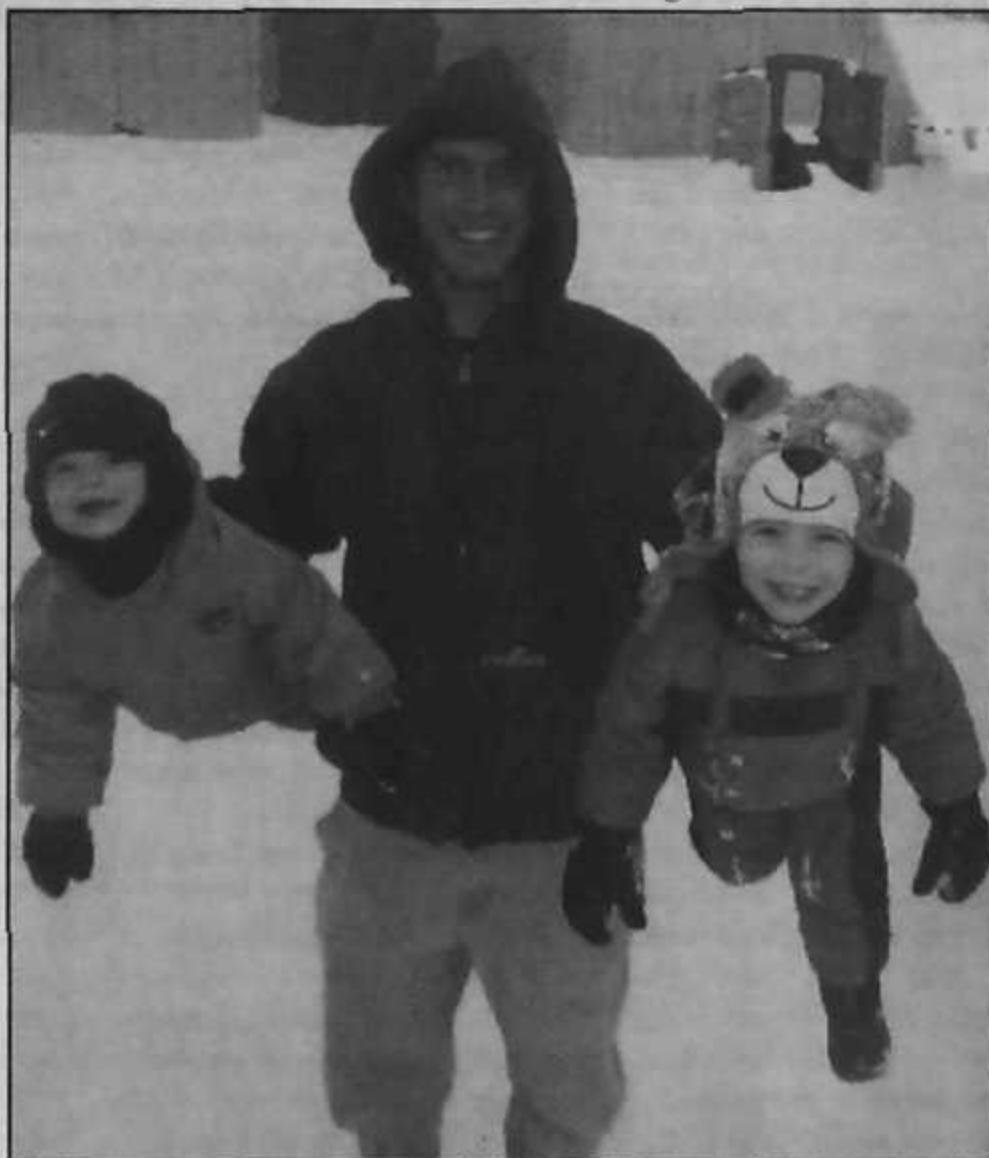


PHOTO CONTRIBUTED BY MARK SLADE

Mark Slade enjoys some winter fun with his two children, Cole and Hunter.

Letters from the Spartan Spy: Who am I?

Dear Spartyers,

"Twas the nights before finals and all through the town the students did stir, until their evening events were merely a blur..."

Happy Holidays Spartyers! Checking to see if you made my naughty list?

Well, some of our hosts will be kicking off the holiday season in a courtroom this year. Because just as Santa has a sleigh for eight magic reindeer to carry his toys, Castleton has \$5,000 for a fleet of police cars and nine officers to gift out tickets.

Some call the event hosting enabling, I prefer to see it as hospitality, but regardless of the term there are still some sparty throwers who will be writing their Christmas letters to a judge this season.

As our gracious hosts took the fall, swarms of partygoers made their break; a real "dashing through

the snow" moment, Sparty style. A few weren't exactly the brightest bulbs in the box when they tried to flee by strolling out the front door.

With one-ninth of the party-busting brigade shinning a light in their eyes when they stepped out on the porch they did what any true Spartyer would do; scatter.

There must be a clause about officers not doing extra sprints in the contract that goes along with Castleton's \$5,000 gift, because the sprinting Spartys made it back to campus unharmed and un-ticketed.

Another Sparty dressed in jeans that match Santa's suit didn't quite get the hint to leave when everyone yelled "Cops!" and ran out the doors. This little mix up left the Sparty hiding in the shower until all was clear.

Rumor has it she made it back to campus safely, but was later discovered snoozing on a bench outside Castleton Hall.

More recently, festive Spartyers have been getting into the holiday spirit. Lights and other decorations are brightening the residence halls. However, a few may be taking "decking the halls" a little too literally.

If some of the woods are looking a littler barren these days, perhaps someone should check the dorms. Leave it to Vermonters to chop down pine trees behind their residence halls.

Have you guessed me yet, Castleton? Or have I just been your semester long aid to defogging the party blur?

See you in the New Year Spartyers, and remember I'm always watching.

Stay tuned next semester for more Letters from the Spartan Spy to see if you've been spotted.

Standing guard



KATIE SAULT/CASTLETON SPARTAN

Sam Talbot-Kelly's exhibit titled "Sculptures" is being displayed in the Fine Arts Center.



Wayne Thornton plays with one of the toys he sells.

KATIE SAULT/Castleton Spartan

A big kid and his toys

By Josh Bassett
Castleton Spartan

Many come to Castleton State College for degrees in business, hoping to one day have one of their own. One student isn't waiting until after graduation.

Junior Wayne Thornton, runs his own business called JR's Toy Box and Hobbies. He mainly sells antique toys, dating back to the 1980s and before.

"A lot of stuff from the 80's is (big) money," said Thornton.

But he doesn't restrict his toy busi-

ness to just 80s goods.

"I want to encompass everything in the realm of fun," said Thornton.

He said he got the idea for buying and selling toys from his father, who collects and sells slot cars. He told of how his father had about \$1,500 worth of slot car items and how a lady came in and bought it all for \$4,000.

That kind of profit margin was eye-opening for Thornton. But profitability aside, he also said he just enjoys playing around with toys.

"My father always said, 'If you don't sell any, you'll always have toys to play

with,'" he said.

Thornton also has a major interest in video games, though plans to buy and sell a lot of those will likely happen once he gets an actual store next summer either in Fair Haven or Castleton.

"If you're just going to get a video game, why travel?" he said, already pitching sales at his yet-to-be-determined location. "My goal is to put GameStop out of business in the long run."

His goal is to have a place for college students to hang out, with a few toys on display, games on the shelves, and possibly even an arcade.

For now though, he's selling toys on eBay and through Facebook accounts for his store. He said a large portion of his profits right now come from him just buying things on eBay and reselling them for more money.

"I work four hours a month...\$300 or \$400 for four hours of work."

Thornton said he will also sell toys of others, for a commission of course.

He has sold things to a few people around campus, but he does not divulge his sources easily as he does not want people to cut into his market share.

"He's fair, and seems to know his stuff...I thought it was pretty good," said Public Safety Officer Floyd Morey who bought a BB gun from Thornton, who

works with him for Public Safety.

He also has the backing from students around campus, like Jaren Carpenter, a junior, who has two classes with Thornton and said he could be a future customer.

"If the price was right and I wanted the toy. I have little brothers and sisters," he said.

Carpenter said his dream toy was a Sega Genesis game console, like he had when he was younger.

Like Carpenter, Thornton has his eyes out for a special toy from his youth. He tells a story about his father looking for years and years unable to find a Voltron toy, from the cartoon TV show which was on during the 1980's. He eventually did find it, showing persistence pays.

For the younger Thornton, his special that toy is the original Megazord from the TV show "Mighty Morpin' Power Rangers," which can be quite expensive. He said they can sell anywhere from \$100 to \$300.

"That's my Voltron," said Thornton.

Thornton said his business isn't something he does every day, but when he does work, it's almost like not working.

"I got to try and rescue all the toys I can...I want to be able to try and bring fun," said Thornton.

Despite the risk, longboarders ride on

By Anders Ax
Castleton Spartan

They sail down the black road hunched over longboards like speed skaters, hands locked behind their backs. Their eyes glare forward into the streaming wind, back heels lifted off the boards just a few inches. They're in complete control reveling in their downhill sprints as they curve alongside the yellow lines.

"It's totally surreal," said Castleton sophomore Reece Gesick. "I used to play sports all the time, but nothing compares to the rush I get from longboarding."

Gesick became interested after watching longboarding videos on Youtube four years ago. Soon after, he and his father, also a boarder, built his first longboard.

Despite the risks of road rash, oncoming traffic, debris in the road and not being strapped to the board, Gesick feels more comfortable on his longboard than on his snowboard.

"I can stop myself by sliding. There's multiple ways I can slow down, that's one of the big ones."

That's the major difference between skateboarding and longboarding.

Unlike skateboarding—a bombastic breakdance of spinning gyrations—there's a sweeping elegance to longboarding that cannot be wholly achieved by its smaller brother.

Longboarding is a tango. Elegant and smooth until with a snap they lean into the road, dragging their hands in special gloves on the asphalt with a rending grind of rubber. After the switchback, they stand up and keep going leaning into their boards to carve side to side picking up speed.

But Gesick and fellow boarders take precautions with the sport. They clear the road, set spotters at the bottom of their route, warn neighbors of their presence — then bomb the hill.

Zach White, who also boards with Gesick, says going fast is necessary to break the wheel grip and slow down around corners.

It seems counter-intuitive, but White says you can't worry about fear. You have to accept the fact you're going to fall in order to progress.

"If you don't commit to a trick or a maneuver 100 percent, that's when you're going to fall," White said. "You've gotta just go for it — don't think, just do it."

If you're curious, he hasn't been in any serious accidents.

"Nope," White said rapping the wooden windowsill with a knuckle. "Nope, not yet. I haven't taken a good, hard, rag doll of a fall. But I'm definitely due."

White competed in a Burlington race this fall and made to the semi-final round. He hopes to enter in next year's spring and summer races and keep pushing himself forward.

Universal with both riders is the accessibility of the sport.

"It's more freeing," Chris Krebs, a Castleton senior, said. "You can grab your board and go...and it's free to go. You're not limited to certain terrain."

Krebs, who also snowboards, wasn't able to convince himself to go snowboarding sometimes because of the expenses for traveling and tickets.

"I wanted to snowboard year round and, now I can," Krebs said. "I just wish Castleton cops didn't have an ordinance against it."



NATHAN DUNN/CASTLETON SPARTAN

Zach White (front) and Reece Gesick (back) race down a hill in Ludlow.



NATHAN DUNN/CASTLETON SPARTAN

Reece Gesick slides around a corner.

Call of Duty: Black Ops 2 game review

By Dashiell Monder
Castleton Spartan



As good as the first Call of Duty: Black Ops was, Call of Duty: Black Ops 2 is better. The graphics are excellent, it's more intense, and characters are also more realistic. Unlike its predecessor, which takes place in the 1960's, the second game jumps between the 1980's and 2025.

The campaign has an amazing story line between past and future sections of the game

. You play Alex Mason in the 1980's flashbacks, while David, his son, is the hero in 2025.

Because it's in the future, weapons are much more high tech than the weapons in Black Ops. They are powerful, accurate and sometimes difficult to find around the map but that part of the fun. So far my favorite gun is the HMMR — it holds a lot of ammo, and it is smaller than the other light machine guns (LMGs), and it has a fast rate of fire.

The multiplayer in Black Ops 2 is extremely different from the popular multiplayer in Black Ops. In online multiplayer, up to sixteen people can play as two or three teams against each other. The more you play multiplayer and the more enemies you kill, you unlock better weap-

ons. However, you will die — and die often.

Black Ops 2 also has a Zombie mode like Black Ops as well in which you fight hordes of zombies wave after wave. The zombies in this game are a little tougher and challenging. They still don't use weapons, but you take them down with an assortment of guns and melee weapons. Zombie maps detailed and intense.

On a scale from 1-10, I would give this game a 13 for the most awesome game in Black Ops series. I like the dialogue and the characters; the conversations about tactics are intense; the language is graphic, so it's not a game for kids (rated M). This is a great game and you feel like your fighting alongside David and Alex.

Tool: Alternative metal music review

By Jimmy Britt
Castleton Spartan

Welcome back readers! Hope your break was well and I hope exams are successful.

This week I'm talking about the band Tool. This alternative metal band knows how to rock. If you mixed System of a Down, Metallica, and Godsmack together you would have Tool. I have three favorite Tool songs, but the only thing I don't like about the band is that most of their songs

are five minutes or longer.

First is the song "Sober." Sober has got rocking guitar part that ties in perfectly with heavy bass line. The bass line itself has this eeriness that sets this tone of anger, fear, and loneliness.

At the same time it has comfort to it. The drum part has a great amount of symbol and bass drum to it, like most metal songs. The vocals have this angry, but sad sound to them. By connecting each part together, it creates this amazing song.

Next is "Schism." It starts out with this

eerie sound that can only be described as a warped cello kind. As soon as that sound is over there is this semi-warming bass and guitar part that leads into this hypnotic bass with a tribal drumbeat. The vocals have an angrier tone to them which gives it a more edgy vibe. It has this dark, but inviting feel to it.

Last but not least is "Right in Two." This song also has a strong, alluring bass line, tribal style percussion, and a rocking guitar part. But what makes this song different is that the percussion part is the

most important part to the song. Also, the guitar leads more in this song. The vocals describe questioning what you believe in and what you think is right. Later on in the song, the vocals have answers to the questions they ask.

Everyone should listen to Tool at least once in their lifetime. I enjoy them, and I hope you enjoyed reading about them. Enjoy your break!

Theft discouraging

Continued from page 1

don't have books for my classes or my computer to do school work on," she said.

With the van yet to be located, members of the community have reached out to help Barney replace some of her valued lost items.

Barney states that several teachers have aided her by providing rides home so she did not have to leave class early in order to catch the bus, as well as donating essential items that were taken.

"I've been a mom returning to college, so I know how hard it is," said English Professor Elizabeth Ashworth, who provided Barney with a stroller for her son.

Ashworth believes that a lot is done to help others on this campus, such as food drives and blood donations, but we sometimes lose sight of our own students here on campus who may be in need.

"I wish I could do more," she said.

Barney is very grateful for the help and support that she has received and hopes that the college will consider putting cameras in all areas of campus to prevent further thefts.

"I will not stop coming to college," she said stressing the hard work she put in as a single mother to get her first degree before furthering her education at Castleton.

"But it is discouraging to know that this might have not needed to happen if we had security cameras and people were aware of them."

A handful of couples work alongside each other at CSC

Continued from page 1

"I love him dearly, but he would drive me crazy!" she said laughing.

Chrispin shares similar feelings.

"A lot of people say 'do you really want to work with your spouse?' the answer's usually no, but it works for us," he said.

The couple's attitude about working together has also changed over time.

"Early on in our relationship, we always said that we could never work together," he said. "But then again, that was 25 years ago."

For this couple, location is key.

"She'd drive me mad!" he says, laughing about the thought of working in the same building as his wife.

Chrispin and Renee believe his status here had little to do with her hiring, as does Wolk.

"I didn't think twice that Chrispin was here," he said.

Wolk said positions have never been created for spouses for the sake of employing a couple, but he said sometimes a couple's talent and credentials make it an obvious choice to hire spouses when positions open.

For example, when Marc Klatt was offered the position as the Assistant Football Coach in 2009, his wife Colleen was also hired on to teach communication courses and is now Dean of the College Advancement Office.

"Without him I wouldn't have known about her," he said.

Librarian Sandy Duling worked with her husband, Ennis, for more than 20 years until his retirement last spring. Despite being on the same side of campus, she believes their situation worked.

"There was no supervising going on. That would be a big problem," she said.

The fact the two worked together was a "coincidence," according to

Duling. She was working part-time in the library before she went back to school to obtain her library science degree just as a full-time communications position had opened, which Ennis took.

"We kind of talked about do we really want to work together?" she said. "Ultimately, it wasn't a problem."

Duling notes the perks of working alongside her husband. It made commuting easy and the pair discussed college happenings over dinner. But there was one thing that never happened during the 24 years they worked together.

"We never had lunch together. He used to come into the library during lunchtime, but not because he wanted to see me," she said smiling. "He wanted to read the newspaper."

Student relief efforts

Continued from page 1

took everything out of my hands. It was marvelous, it would have taken me three months," Wishnia said.

Colleen Kunz, another student who assisted the efforts, was struck by how severe the impact of the storm was.

"People here don't think anything happened," Kunz said. "And none of these people would have thought this would happen to them."

"Then it happened."

The Sandy relief effort has been arguably one of the most impactful outreach efforts in campus history. College President Dave Wolk has received numerous communications from families that Castleton has helped.

"I'm very proud of the students," said Wolk, who received "unsolicited letters of gratitude from virtual strangers who are now a part of our family."

"When those kids went to New Jersey, they never knew we would get such accolades from those they helped. They did it out of a sense of altruism, and it warms my heart," Wolk said.

The impact of what Barrale, Flood, and the other 13 students in their group did is more than what most students can comprehend. Wishnia herself even found it difficult to explain.

"They were marvelous, marvelous people. Thanks is not a big enough word."

Trying to wrap the fat away



Loren Sylvester attempts to lure CSC students into fat wraps.

By Leah Ede
Spartan Contributor

The minty-smelling cloth was laid on the reporter's bare stomach. She quickly felt the cold chill of the slimy cream as it seeped into her pores. Her midsection then became a partial mummy to saran wrap as it was layered over the cloth.

Then – she waited.

She moved little, not wanting to disrupt the magical process or allow anyone to hear the saran wrap crinkling beneath her shirt.

Forty-five minutes later, the wrap was unraveled. She rubbed the rest of the

cream into her skin and out came the tape measure.

She'd lost 3.2 inches around her waist.

Not bad for \$25.

In an age where appearance is such a high priority, it can be difficult for people to maintain that impossibly thin look of supermodels.

It Works Body Wraps officials boast that their natural products that wrap around your fatty areas will ensure inch loss in only 45 minutes.

"I found this product, it's amazing, it's this, this and this. Like all natural, it's not a quick fix, you know one wrap isn't going to fix all your problems,

we don't say that. I'm not trying to make a quick buck, I'm actually trying to help people," said Loren Sylvester, a former CSC student who markets the wraps.

Sylvester, frequently comes to Castleton State to sell the products. He said it's not a quick fix to weight loss, but can sometimes help motivate people to do more to lose weight. Some who don't see drastic results after one wrap, however, think it's a hoax, he said.

"People will lose an inch, inch and a half, but because they can't physically see the difference in their appearance, they won't use it again," Sylvester said.

Nicole Langevin, a senior at CSC, took it upon herself to find a cheaper alternative to the It Works Body Wraps. Using Pinterest, she found her solution.

"I was curious, it was cheap, and I'm lazy... I'd try the real one, but they're too expensive. We just did the alternative for \$20 and it did three wraps," Langevin said with a slight

laugh.

Langevin used Vitamin E oil, Goodbye Cellulite Serum, ace bandages and saran wrap. After a little mixing, she placed the snot-like concoction on her stomach and proceeded to wrap her body in an ace bandage and Saran wrap. After waiting the 45 minutes, she was re-measured and found out she had lost a total of 2.3 inches around her waist.

"It's such an easy project to do with some great results!" Langevin said. "The only difficult part would have to be the saran wrap."

Sylvester, however, questioned whether the concoction could work as well as the It Works Body Wraps.

"It's completely bullcrap!" he said. "You can't false advertise ingredients."

Susie Chagnon, who is married to CSC alum Michael Martell, has tried two wraps with no significant results.

"I did everything it said. It was the initial, 'Yay!' when I saw I lost

1.5 inches. But, when I woke up the next morning and re-measured myself it was like nothing had happened," Chagnon said.

Chagnon said she isn't interested in investing money into something that isn't going to show promising results.

"It's really hard to want to continue with the product if you know it's not going to stay," Chagnon said. "I'd rather get my nails done!"

But some people view this product as an easy weight loss solution.

"I'm smaller and I didn't even have to work out," Langevin said with a smile on her face.

Sylvester is a dedicated distributor with many loyal customers and said he is always up for the challenge of changing a skeptic's mind.

"They'll say, 'This product can't give you these kinds of results in this amount of time,'" Sylvester said with a slight shrug of his shoulders and smile playing on his lips. "I respond with, 'Well, try one and prove me wrong.'"

Bilodeau: 'I'm no superwoman'

Continued from page 3

"She wanted to make sure, she was not 100 percent sure that we were approving something that we were supposed to approve. She didn't feel comfortable putting her name as part of unless she was 100 percent sure it was legitimate."

Bilodeau started getting involved in clubs early, joining the science club in third grade. She also recalled her first invention. She called it the "do-do shoot" and it was designed to go under bunny cages and collect their poop. She wanted to help her neighbors who had rabbits.

But being so involved on campus is stress-

ful though, she says. To relieve that stress, Bilodeau said she likes to run. She also likes an occasional beer, and likes Schock Top best.

"I like to do something relaxing at least once a day."

If there's a flaw in her, Bilodeau said she has trouble saying no. It got her in trouble when she was supposed to oversee the voter registration drive on campus.

She told the faculty members in charge she just could not do it. They kept insisting she do it, until after about the fourth email when they finally understood she just could not do it.

"It was going to be physically impossible," she said. "I get burnt out more often now...I have to be selfish sometimes."

She also acknowledged that despite her façade and others perceptions of her, she has her own shortcomings at times.

"I'm not superwoman," said Bilodeau, adding that being known all over campus also can be "like living in a fish bowl."

And despite being about \$100,000 in debt from deciding on CSC and not getting paid for all her volunteer efforts, Bilodeau said she has no regret.

"I can't picture myself anywhere else."

Love of the Jersey shore inspired student

By Samantha Barrale
Spartan Contributor

I remember the last time my family and I arrived at Seagull Motel in Seaside Heights, N.J. I always enjoyed the salty smell of the ocean, the warmth of the sand on my bare feet and the screams in the distance from the rides on the pier. I loved walking on the boardwalk and riding the Jet Star, the first roller coaster I ever went on. Our vacations were the same, but this is where my favorite memories are.

A storm destroyed it all. Hurricane Sandy washed away both piers including the Jet Star, which still lays in the ocean, most of the boardwalk, and destroyed homes and buildings, including Seagull Motel. I saw be-

fore and after pictures, and I did not want to believe that this was really happening.

Two weeks later, my friend Ryan Flood talked to me about going down to New Jersey to help clean up from the disaster. Our trip started off small until the word was spread. Over 30 people emailed me about wanting to volunteer and we ended up going with 15 people total.

We did not go to Seaside Heights because police officers only allowed authorized people in. Although I really wanted to help people there, I am thankful to have helped others in Toms River, N.J. The families cried about our presence and kept telling us that they were blessed for our arrival.

Ryan and I want to thank a few

people for helping us. President Wolk for supporting us and paying for dinner one night, Student Government Association for funding our trip, Melissa Paradee for helping us through the process, Sodexo for providing us food, The book store for donating Castleton State College t-shirts, Woodruff for donating more t-shirts and Dr. William Frey for donating \$100 for dinner one night. Also, Tina Betit, Erik Berthiaume, Leah Van Buren, Michelle Rossman, Nick Tubolino, Ethan Jones, Molly Stratton, Aimee Hetzel, Colleen Kunz, Jessica Lusher, Emily Burke, Megan Sargent, and Emily Berthiaume for volunteering with Ryan and me.



PHOTO CONTRIBUTED BY SAMANTHA BARRALE
Student's Jessica Lusher, Samantha Barrale, and Aimee Hetzel take a break in N.J.

Lady Spartans improve to perfect 8-0



EMMA RUDNICK/CASTLETON SPARTAN

Stephanie Bull looks to make a pass in the game against University of Maine- Farmington.

By Mike Divis
Castleton Spartan

On Friday, Dec. 7 the Castleton women's basketball took down Husson with a 69-47 victory.

The Spartans went on a 20-3 run midway through the second half after being up only by 3 to keep a steady lead and take the game for to 7-0 record on the season, and 3-0 in NAC play. This loss drops Husson to a record of 0-4 and 0-2 in NAC competition.

Tarryn Bolognani led scoring with ten points and was one of 13 teammates to record a point. Sophomore Meghan O'Sullivan greatly contributed to the Spartans win with nine points, five rebounds, three steals and two blocks. Liz Douglass helped in part off the bench with nine points, three rebounds and three steals.

Castleton held the lead for the entire game after grasping it in under five minutes of the contest starting, with

six of the nine points belonging to Bolognani. The Eagles came back within three at the 11:27 mark. Husson could not take a lead when the Spartans made a 10-3 run, putting the score at 23-13 with 5:27 left in the half. The Eagles closed the half within five in the final four minutes, but Castleton led at the break 33-32.

In the second half, both teams went back and forth for the first five minutes. Heather Murdough put Castleton 40-29 with a layup at the 15:17 mark. However, Husson would go on an 8-0 run started by Stephanie Comstock closing the gap to three points. The score was then left at 40-37 with 13:36 remaining.

O'Sullivan drained a shot from beyond the arc to push the lead back to five, 43-37. The Spartans next possession went for a 20-3 run over eight minutes to take a their biggest lead of the night, 60-40. The teams went back and forth the final five minutes as Castleton won it's second straight game by at least 20 points.

The following day, Castleton took a 50-47 victory against Maine Maritime. The Spartans held the Mariners to 34 percent shooting while forcing 19 turnovers. This win puts Castleton at 8-0 and 4-0 in the North Atlantic Conference. Maine Maritime drops to 3-3 overall and 2-1 in conference.

Jade Desroches led the Spartans with 13 points, six rebounds and two blocks. O'Sullivan recorded six points and eights boards, while Freshman Stephanie Linder added six points and six rebounds.

Castleton led by two with 57 seconds left after Courtney Dufour made a pair of free throws to make the score 47-45. O'Sullivan shot a jumper 10 seconds later to give the Spartans a 49-45 lead until the Mariner's Alexis Bennett made a pair of free throws with 16 minutes left to make it a two-point game, 49-47. The Spartans were able to hold their lead when Desroches made a free throw with 14 seconds left. Maine Maritime got two shot attempts in the final 10 seconds as Castleton took the win.

The Mariners went on a 7-2 lead six minutes into the game. Hannah Lyons and Karl Jones both scored on layups and Everest drained a three for Maine Maritime. Their lead would not last long with a 6-0 run by the Spartans. Two points were scored each from O'Sullivan, Shelby LaBarge and Heather Murdough, to go up 8-7, with 9:28 left in the opening half.

Maine Maritime earned a run of one of its own, Jackson and Everest made two each to make the lead 15-8 with 6:49 left in the half. The Spartans ended the Mariners scoring surge with a 9-0 run which put them ahead by two, 17-15, with 2:21 left in the first. Desroches began the run with a pair of threes; Alyssa Leonard hit a jumper and LaBarge followed up with a free throw for the Spartans. Everest tied up the game with a jumper to make it 17-17. Castleton went on a 6-2 run to lead 23-19 at the half.

The first half went back and in the first 14 minutes, both teams were even 40-40 with 6:09 left in the second. The Spartans put a nail in the coffin with six unanswered points to take a 46-40 advantage with 3:02 left in the game. Castleton held a two-possession lead until the final minute of play.

The Spartans will return to action on Tuesday, Nov. 11 when they travel to face Norwich at 7 p.m.

Women's hockey hopes to get wins in new year

By Lucas McGovern
Castleton Spartan

The Castleton Spartans women's hockey team split a pair of games in most recent play, bringing the program to a fantastic 6-3-1 start. The first game was a 1-0 victory over New England College Friday afternoon at home. The win came on a late goal in the third.

Spartan goalie Paula Stephens was lights out and earned her third shutout of the season and had a total of 17 saves in the game while forward Anna Daniels scored her team-leading seventh goal of the season.

The Spartans got off to a hot start, peppering shots on the Pilgrims goal. Midway through the first period the Spartans gained a two-man advantage on a 5-on-3 power play. The Spartans were unable to break through and despite outshooting the Pilgrims 12-7 in the first period; the Spartans came away empty and the score stood at 0-0 after the first.

Castleton dominated the game, applying constant pressure on the Pilgrims. The Spartans held their opponents without a shot on goal for the first 12 minutes of the second period, outshooting them again 18-6 in the second, but still couldn't slip one by the Pilgrim goalie Laura Hopps.

Finally at the 14-minute mark of the third period the Spartans were able to get on the board. Anna Daniels stole an errant pass and brought it in to the offensive zone. She dished it off to Nicoline Jensen, who drew the NEC defenders and gave it back to Daniels for the score on the backhand. The Spartans maintained the lead for the rest of the game and came away with the win.

"Anytime we put Paula in net, we have a great chance to win. Good goalkeeping makes the game easier for the rest of the team," Castleton coach Bill



EMMA RUDNICK/CASTLETON SPARTAN

CSC forward Nicoline Jensen fires a shot at NEC goaltender Laura Hopps.

Bowes said after the game.

The Spartans suffered a tough 3-0 loss the next day to a strong Middlebury squad. Despite Stephens 34 saves, the Spartans came up empty.

The Panthers struck early in the first period, when Anna Van Kula netted a goal under the pads of a sprawling Stephens to take an early 1-0 lead.

The Spartans used their exceptional penalty kill to their advantage, forcing the Panthers to a 0-for-4 mark with the man-advantage, and keeping the score close throughout the first two periods. Castleton was able to kill off back-to-back penalties, resulting in a 5-on-3 to stay within one goal of Middlebury in the closing minutes of the first.

Middlebury, who outshot the Spartans 14-2 in the period, controlled the second period. The Spartans had a power play chance but were only able to get one shot off before losing the advantage.

The Spartans had their best chance at the 4:40

mark of the third period. Jensen skated into the zone with Jade Werger and Anna Daniels close behind. She took a wrist shot that grazed the net, but was unable to deposit it.

The Panthers added two goals in the third period to stretch the lead to 3-0 after Emily Fluke and Molly Downey each snuck the puck past Stephens. The Spartans were unable to mount any sort of significant pressure and the end result was a Spartan loss.

"The defense played really well tonight, but we just were not able to create enough scoring opportunities," Castleton's Jenna Dugan said.

The Spartans take a break with their next game coming on Jan. 8, as they hope to get on the winning track in the new year.

Men's basketball gains lead in conference



EMMA RUDNICK/CASTLETON SPARTAN

Chris Barletta dribbles the ball down the court during the game against the University of Maine-Farmington earlier this season.

By Andrew Muse
Castleton Spartan

The Castleton men's basketball team was in Maine over the weekend for two games as they faced conference rivals Husson and Maine-Maritime on Friday and Saturday.

On Friday, Castleton had trouble putting the ball in the basket as they shot only 39 percent from the field, shot 6-for-29 from three-point land and committed 13 turnovers as they fell 94-69 against Husson.

"They played with a lot more desperation than we did," Coach Paul Culp said. "We never matched their intensity they just played better that night."

Logan White led the Spartans with 17 points and Chris Barletta added six points and seven assists in the loss.

On Saturday it was a different story for the Spartans as they defeated Maine-Maritime 91-71.

Castleton was down at half but was able to outscore Maine-Maritime by 23 points in the second half to secure

a big win.

"We changed the way we were playing in the second half," Culp said. "Everything we did was flowing nicely; we did a great job of rallying."

White had himself a game scoring 30 points on 12-for-21 shooting and hitting three-threes.

Dammy Mustapha also had a great game scoring 13 points and grabbing 13 rebounds in the win.

"MMA (Maine-Maritime Academy) was tough," Barletta said. "They had a ton of perimeter threats."

After the weekend the Spartans have improved to 4-4 overall and 3-1 in the conference.

The Spartans play again on Dec. 10 against Springfield College at home.

"We are 3-1 in the league," Culp said. "We are still trying to figure out the right way to play but we made great strides over the weekend."

Mens hockey finally finding its groove



EMMA HUDNICK/CASTLETON SPARTAN

The Spartans celebrate their goal against the Norwich Cadets on Dec. 1.

By Hannah Messer
Castleton Spartan

After getting a rough start to their season, the Spartans have finally found their strides in the last few games, according to senior captain Brett Zeggil.

The Spartans have started their season at 5-4 after returning home from Europe, which wasn't exactly the start they were looking for.

"We kind of had a bad start to the year," Zeggil said. "It wasn't exactly what we wanted, but we've really started turning the corner and playing to our potential."

On December 1, the Spartans hosted the conference-rival Cadets of Norwich.

"We were really excited going into that game," Kevin Van Dyk

said.

The Spartans however, suffered a 2-1 loss that could only be described as heartbreaking when the Cadets scored to break the tie with 15 seconds left in the game.

After the Cadets killed off a power play with just minutes remaining, the Cadets offense made a breakaway and Dean Niezgoda passed off the puck to Colin Mulvey who fired a wrist shot over Spartans goaltender Erick Cinotti.

The Spartans scored first against the Cadets in the first period when junior Nick Lazorko blasted a shot to give Castleton the early lead.

Travis Janke scored for the Cadets late in the second period to tie it up.

The game then continued with

several Castleton power plays, however the Spartans were outshot 19-11, including the second period when they were outshot 11-1. The Spartans defense remained strong until the end of the contest when they broke down to allow the Norwich victory.

Norwich improved to 9-0 in the season while goaltender Chris Czarnota made 10 saves, Castleton's Cinotti made 17.

More recently, the Spartans faced off against Skidmore College at Spartan Arena where they had a better outcome, defeating the thoroughbreds 5-2.

The scoring started 10 minutes into the game when freshman Charlie Bando scored. However, less than a minute later, Skidmore tied it up when Chris Powers was found by teammate Brad Schuler.

In the second period, senior captain Dan Bell scored on a power play after receiving the puck from Ryan Delorme.

Just over a minute later, Kyle Pichler fired a shot after receiving a pass from Justin Alonzo, but the puck bounced off the post and Alonzo picked up the rebound to score the goal. This goal was Alonzo's 100th point as a Spartan.

"It was cool to get my 100th at home in front of my friends and family," Alonzo said. "It's a special moment to reach that goal because not many people have, and it was great having it be a game-winning goal."

In the end of the second period, Skidmore added its final goal on a power play when Brendan Cottam picked up a rebound in front of Cinotti and slid it into the net.

In the third period, freshman Tyler Gaudry fired a shot glove side of Skidmore's Spender Sodokoff to make it 4-2. Bell later scored on an empty net, finalizing the score at 5-2.

Cinotti made 20 saves, while Sodokoff made 30.

"We're making steps in the right direction," Bell said. "We are feeling confident going into our break."

The Spartans improve to 6-4-1.

"We've finally started playing our game and just having fun," Alonzo said.

The Spartans will return to the ice on Dec. 30 in the Oswego Hockey Classic at SUNY Oswego, where they will face off against Lawrence.



Sports Talk with Eric Dowd

The winter season is UPON us and the Spartans are starting the season of in surprising fashion.

The men's hockey team got off to a rough start with an opening weekend loss to University of New England. UNE is usually a foe that the Spartans can handle, however this is showing the ECAC East is becoming more tough. The Spartans went on to win the Rutland Herald Invitational, but I believe it was the 2-1 loss to the Norwich Cadets that proved to be the most effective game thus far this season. This game proved that the Spartans can compete with the best of them. This mentality helped in a 5-2 crushing of Skidmore. Let's hope they can keep it up and hopefully avenge that loss later on in the season.

Despite the losses to Norwich, Middlebury, and St. Anselm, the women's hockey team has been playing brilliant hockey. They are on pace to beat the previous record for wins in a season as there record stands at 6-3-1 with more than half the season left to go. They have many key contributors such as Dani Roberts on defense, and an eccentric front line of Jade Werger, Anna Daniels, and Nicoline Jensen. Look for these Spartans to surprise some people in the ECAC.

The biggest surprise this winter is the woman's basketball team. They have a perfect 8-0 record. They beat in-state rival Middlebury for the first time in 25 years. They have been impressive in their eight contests. They have great leadership with Seniors Tarryn Bolognani, and reigning NAC defensive player of the year Kelly Conway. Sophomore Meghan O'Sullivan and junior Alyssa Leonard have been pacing the Spartans offense thus far. They have been playing very well and lets hope they keep it up against Norwich and make their record 9-0.

The men's basketball team hasn't reached their full potential yet. Last year they were second in the nation in scoring, behind Grinnell College, 138-point scorer Jack Taylor's team. They picked up a win against Maine Maritime Academy this weekend to bump their record to 4-4 and 3-1 in the NAC. If they can find their groove and start producing more points, I think that these Spartans can be tough to beat. Let's hope that they can reel off some wins in the near future.

This week's Spartan standout of the week goes to women's hockey player Anna Daniels. Daniels scored the only goal in a 1-0 game over New England College this weekend. Daniels now has 13 points on the year through 10 games, which is tied for first on the team.

Until next time Castleton, keep on keeping on.



EMMA HUDNICK/CASTLETON SPARTAN

Shane Brozowski looking to make a pass earlier in the season at Spartan Stadium.

The legacy of Shane Brozowski



Senior Shane Brozowski

By Andrew Cremins
Spartan Contributor

The crowd was electric with just seconds left in the fourth quarter at Spartan Stadium. First and 10 from the Mt. Ida 15 yard line and senior Quarterback Shane Brozowski fakes the pass to the right and runs it up the middle for the game winning touchdown against the hated conference rival!

It was that day, that comeback drive, that play on Oct. 2, 2010 that some might say really started Brozowski's legacy. He led the team to victory in what was then one of the program's biggest games. But it would be only one of countless impressive performances orchestrated by the nationally ranked quarterback.

Brozowski has been the most prominent name in the Castleton football program and everyone, especially the coaches, know that.

"Shane will be forever known as the first starting quarterback when the program started," said Head Coach Marc Klatt.

Of course, like with most All-Stars, there comes the bumpy road. Brozowski, even with the great career, has been put into some tough situations along the way.

After a stellar season in 2010, an issue regarding NCAA violation led to the resignation of former head coach Rich Alencio. Brozowski was forced to learn an entirely new offense the following season. This past summer, leading into his senior year here at Castleton State College, his home in Rensselaer, N.Y. caught on fire on July 1 while he was away during military business.

The team rallied together and helped him and his family out by giving them things that they needed including blankets, pillows, sheets and clothes.

But the killer news came in recent days as the team was on its way to the program's first conference championship when Brozowski in the week prior was plagued with a season ending injury to his leg and was unable to play.

As he told his offensive line to change their protection scheme, Brozowski snapped the ball saw that no one was open and elected to run it himself straight up the field. He made it seven yards be-

fore being dragged down from behind with giant arms draped around his neck. He fell awkwardly to the ground snapping his leg.

"I knew instantly my season was done," said Brozowski.

But being the leader he is, immediately following the game the week before the championship, Brozowski stressed to his teammates that he had full confidence in them to go on without him.

Brandon Boyle, junior wide receiver and Brozowski's favorite target, attests to that to the resiliency Brozowski shows on a consistent basis overcoming every obstacle put in his way.

"He [Brozowski] was never satisfied. Very humble...always studying and very smart," said Boyle.

Humble is the perfect word to describe Brozowski. He understands the game of football and knows the full recipe for success.

"Feels good all the hard work has paid off...individual accolades are nice, but doing it as a team is better," said Brozowski.

While taking the snaps for the Spartans, teammates felt very confident Brozowski would make decisions that would almost always bring them success.

"Nothing to worry about with him at quarterback. He always put us in the right position to win the game," said senior offensive linemen Ron Daigle.

Brozowski's collegiate career is finished, but he doesn't intend to stop doing what he loves most.

"[I want to] play football and actually get paid to play something I love. After that, try and be a state trooper and while owning my own landscaping business," he said of his goals after CSC.

Through his ups and downs during his tenure at Castleton, he's overcome great adversity and has become one of the greatest quarterbacks in division three and to this point the best in Castleton State College history. Football has always been his sanctuary and got him through it all.

"A lot of stuff went wrong off the field, but football has always kept me on track. It has really helped with my life experiences," said Brozowski.

By the Numbers

Shane Brozowski's 2012 National Rankings among all Quarterbacks for Division 3:

- 2nd in passing yards per game.
- 5th in passing.
- 4th in total passing yards (3,294 in 9 1/2 games. The NFL's passing leader last year was 5,476 in 16 games...and currently holds the record for most ever.)
- 5th in total offense.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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CastletonSpartan.com

Castleton, Vermont

Thief steals food from prof.

By Kalie Dunican
Castleton Spartan

There's a thief in Leavenworth Hall.

On Jan. 25, two employees of Castleton State College had their food stolen from a refrigerator in the Spanish lounge.

One was Ana Alexander, a professor who resides in Burlington and lives in Castleton during the school week in order to reduce her commute. Because she's here all week, she stashes a week's worth of meals in the fridge – and has for years.

Leavenworth custodian Tita Ennis also keeps her meals in the Spanish lounge fridge to quell her cravings during her night shift from 4 p.m. to midnight.

Both had their food stolen and were not too pleased.

"I left it Friday, came back Monday, and it was all gone," Alexander said. "I have been here 24 years and no one has ever taken my stuff."

But who at a school of such spirit and compassion would do such a thing? Alexander said resorting to stealing isn't necessary.

"I mean if there's somebody hungry, just leave me a note and I'll bring more. It wouldn't be the first time we bring food in for students; they study late and need snacks," she said.

The thief must not have been only hungry, but feeling somewhat religious as well. Alexander lost not only a collection of yogurts, pasta, stew and some of Vermont's own Cabot cheese, but also a wooden angel she got in Peru. It was about two feet in width and rested above the entrance of the lounge.

"I was shocked," she said. "Food is one thing, but to steal an ornament, that's just beyond the pale, it really showed that the person is selfish and doesn't care about anyone else."

Despite her anger, Alexander was very polite in asking of two things from the thief: One, to bring back the angel when nobody can see, and two, to leave a note if you are hungry.

"This school is for everybody, I think we should all be able to trust each other," she said.

Students charged in beating



MEGAN HARRIS
Nick Bruch shows his injuries after an alleged assault.
By Molly DeMellier
Castleton Spartan

Two Castleton State College students have been arrested and face felony charges following the alleged assault students Nick

Bruch and Josh Mannings that occurred in the early-morning hours of Jan. 27.

Chris Barletta, sophomore and starting point guard for the Spartans, also faces a misdemeanor assault charge relating to the incident. Barletta pleaded not guilty to both charges. Fellow sophomore Sean Mowry, is also facing a felony assault charge following his confession during a police interview, court papers show.

Sophomore Doug Krouse, also a guard on the men's basketball team, was also charged with a felony count of aggravated assault and misdemeanor simple assault. However, the state's attorney Marc Pierre dismissed these charges on Feb. 4.

"He was unfairly accused," said Krouse's attorney Matthew Branchaud.

"I don't believe the case was actively investigated by the Castleton Police Department," he said. "It's disappointing."

To Branchaud's surprise, Krouse still faces a misdemeanor charge of simple assault, to which he pleaded not guilty.

According to Branchaud, Krouse was not involved in the incident and was in his building the entire night.

"There weren't bruises or scratches on him or evidence that he just beat up someone," he said.

After originally being banned from campus, Krouse has recently been allowed to return.

"It is now apparent to the college that Mr. Krouse was unfairly accused of the crime and he will resume all activities at the college," said Director of College Relations and Sports Information, Jeff Weld.

Barletta and Mowry are banned from campus and Barletta has been expelled.

Barletta was escorted from campus on the evening of Jan. 27 by Public Safety Director Robert Godlewski and Castleton Police Officer Justin Szarejko and taken to the Marble Valley Correctional Facility.

According to court records, he was later released on \$5,000 bail

Continued on Page 6

Fishing for funds

By Bryanna Allen-Rickstad
Castleton Spartan

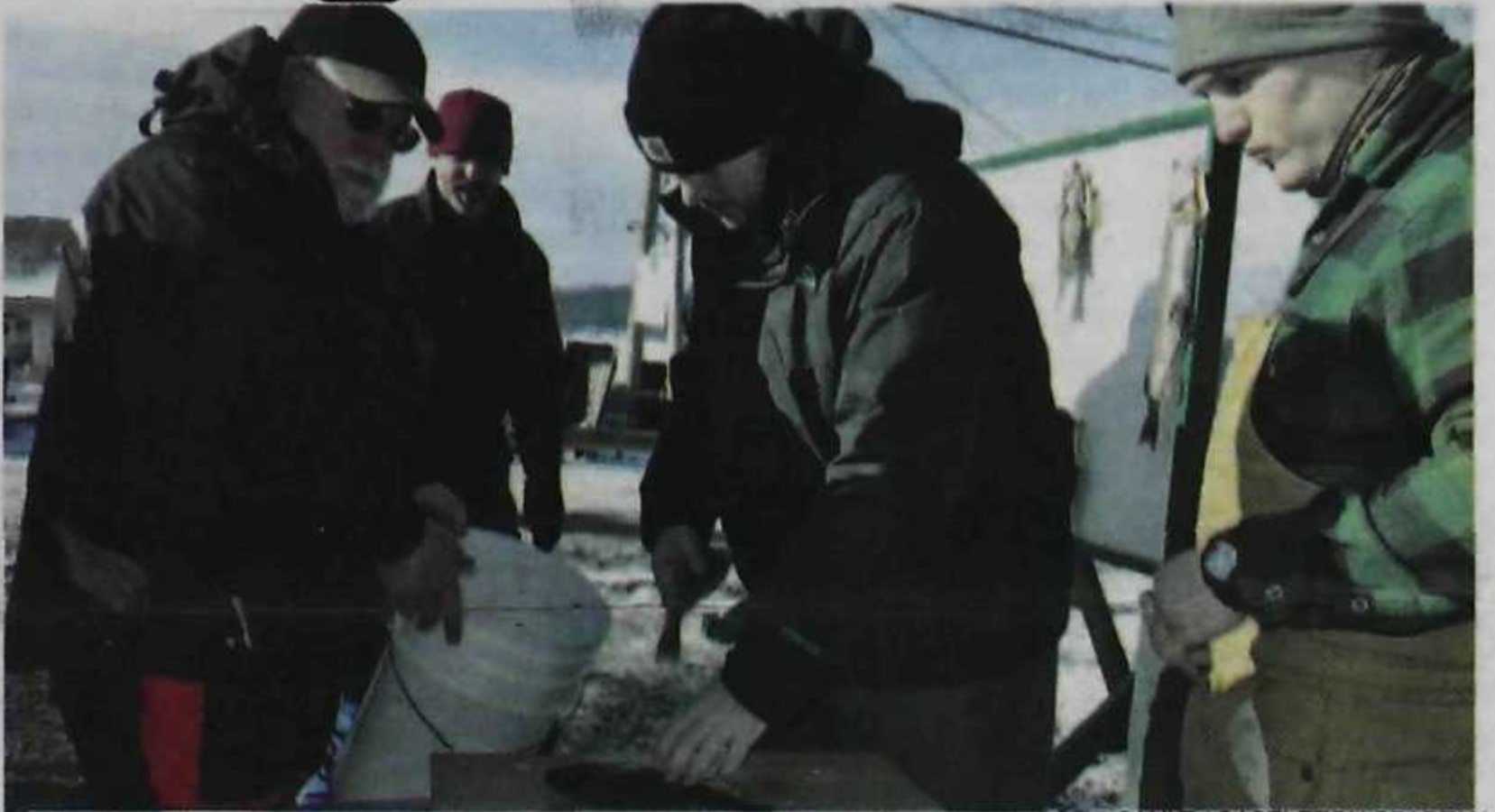
The wind thrashed across the frozen lake, kicking up swirls of snow. The temperature dipped well below freezing, burning lungs and stinging eyes.

And yet dozens of fisherman braved the open ice, hoping to become the champion of the first annual Lake Bomoseen Ice Fishing Derby fundraiser.

The derby, hosted by the Castleton State College football team, took place on Saturday, Jan. 26.

Football coach Marc Klatt wanted the team to host the event to get more connection between the college and residents from the surrounding towns.

"It's my hope that people in town recognize the faces of the players," said Klatt. "I want them to be more than just a sports team; I want them to be part of this community. And I want the community



KATIE SAULT / CASTLETON SPARTAN
Past and present Castleton State College football players assist an ice fisherman at the Castleton Spartans Ice Fishing Derby.

to support the team."

The planning of the fundraiser began to take shape back in November. They coordinated with the Fishtail Tavern of Lake Bomoseen to help host and offer a warm place to grab a bite to eat throughout the day.

The team also worked

on various forms of advertising for the event, including posters in local fishing shops and announcements on ice fishing websites.

"Our goal was to get the word out there and to generate some excitement," said Colleen Klatt, dean of College Advancement and Marc's wife, who helped

with the organization.

The word did indeed circulate, with 83 overall entries and many participants from out of state. The registration fee for a participating adult was \$30 and \$10 for a youth participant.

There were four different types of fish being

targeted: perch, trout, bass and northern pike. Each fish species represented a category in which the fisherman could take home first, second or third place, depending on the size of the fish caught.

Continued on Page 6

Pink the Rink game a 'whole-hearted effort'

By JenniLee Mark
Castleton Spartan

Pat Pranger, a cancer survivor from Wallingford, sits in the stands at Spartan Arena laughing and joking with many of her friends all around her. Decked out in all shades of pink, this group of women looks on as the Castleton women's ice hockey team crushes St. Michael's College 4-1 in the annual Pink the Rink game on Jan. 25.

What is usually a sea of green and white to support Castleton athletics became embellished in pink hues to show Castleton's support of a greater cause. Fans flooded the arena dressed in head-to-toe pink sporting everything from pink hats and scarves to pink t-shirts and pink Mohawk wigs to show their support.

"There is so much universal support from the college, the team and all the ancillary groups like the nursing program," Pranger said. "It's a whole-hearted effort and I am so appreciative because it's helping future generations by raising funds."

One of Pranger's friends, she explains, was diagnosed (just) with breast cancer two months after her husband died from cancer. But

these women, like so many around the country, have pulled through with help from support groups and family and friends. Pranger and her friends all are part of "Women 2 Women," a cancer support group sponsored by Rutland Regional Medical Center.

"We meet once a month to talk, laugh and cry and do things together like take art classes or snowshoe," she said.

The money from Pink the Rink goes toward Rutland Regional's breast care program, which takes patients by the hand through the whole program from surgery to treatment.

Loreen Eddy, who is in charge of the Breast Care Program, is overwhelmed with what the ice hockey team does. She's thrilled with how much time, energy and funds the team gives in support.

This is the team's fourth year hosting Pink the Rink and the first time it won the game. Players took to the ice sporting pink jerseys, socks and laces. The team's head coach, Bill Bowes, is in his second year coaching and fully supports the cause.

"Who doesn't know someone who's been affected by cancer? The more we can do to get rid of it, the better," he said. "The crowd



DEREK FALLON / CASTLETON SPARTAN
Members of the Castleton women's hockey team watch from the bench during the Pink the Rink game on Jan. 25.

was great. It's so much better being on home ice with support for the cause and our team. It's like having another player when you have the crowd with you."

Pink the Rink has grown each year with help from the Rutland Herald and Rutland Magazine publicizing the event and with all the students' and players' help. With last year's total at \$8,004, this year's goal was to raise over \$8,000 and keep progressing each year through donations, T-shirt and ticket sales, chuck-a-puck and raffle tickets.

Bowes credits Castleton senior Katharyn Dembowski for organizing the event along with sophomore Dani Crawford and the

entire team. They gathered sponsors from all around Castleton and Rutland to get donations and raffle prizes.

Not only was the community impressed with the team's efforts to support cancer, but other Castleton students were impressed with the community's support for their school. Taylor Vile, a freshman, and Patrick Gadwah, a sophomore say they're excited to see community members, like Pranger and her friends, come out to support the team and support the cause.

"It's great to see the community support our hockey teams and breast cancer," Vile said. "It really shows their support for our school and the cause."

Fresh Perspective



the amount of responsibility that goes with it. There are many new responsibilities we now have to deal with not completely alone, but without someone telling us every move to make. As free individuals we have the responsibility of making new connections, getting involved in clubs or

sports, keeping our grades up, and trying to have a little bit of fun here and there as well.

As a part of this responsibility, we have to take note that our old studying habits may have worked in high school, but in this new setting they may not.

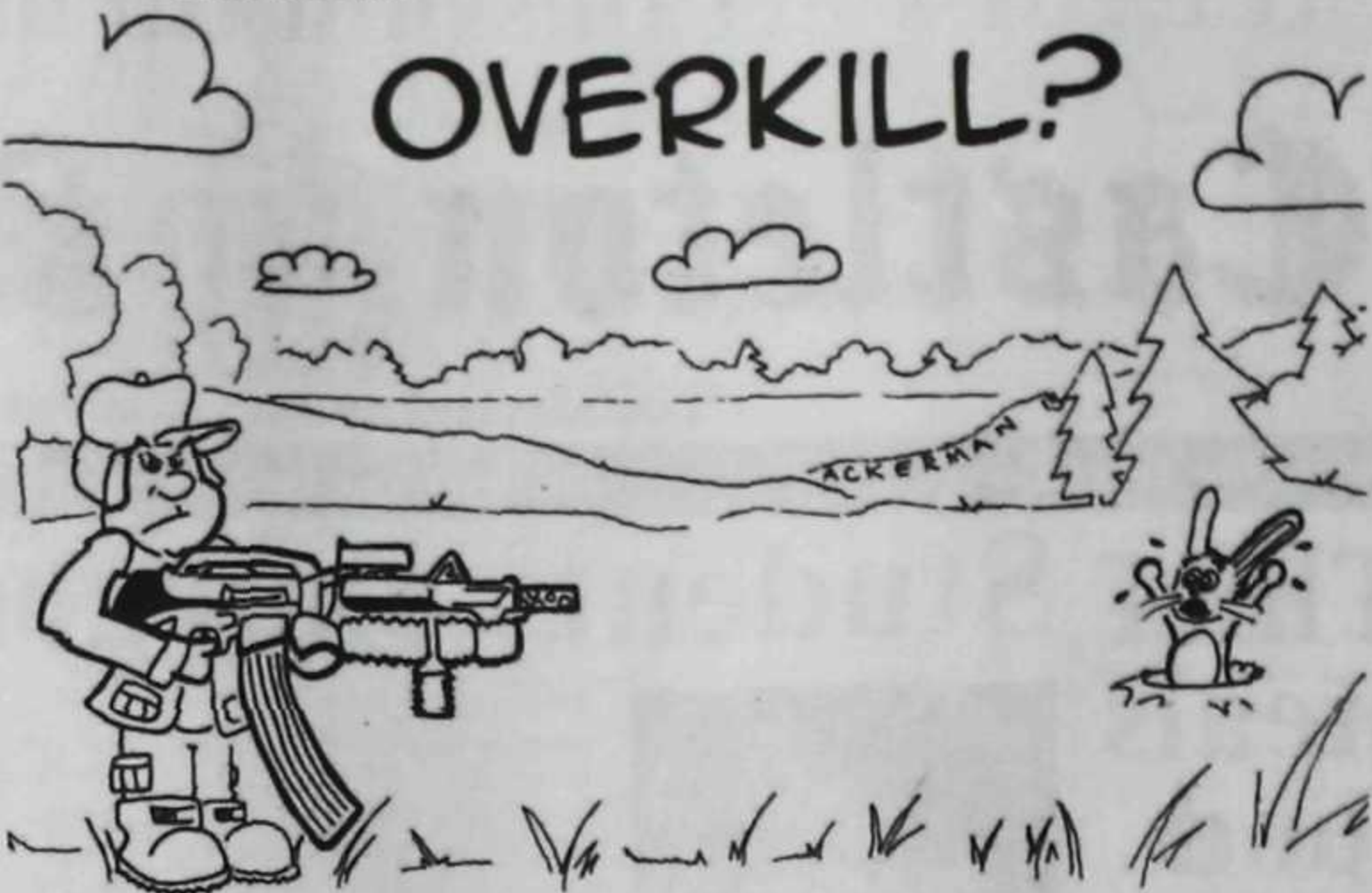
And there are other challenges we may not have foreseen. I believe everyone can agree that the dining hall's food is nothing like a home-cooked meal that our mom would prepare for us. Getting used to the food was not as easy as I presumed.

Another common challenge that I figured out was the amount of effort it takes to open mailboxes. I have only visited mine twice and each time someone has opened it for me.

The last, and possibly most frustrating dilemma that everyone can relate to is the tedious process of registering for classes. The "site crashing" rumor is not a joke. My first time registering as a freshman was right before the second semester, and when the site crashed I was very upset - not to mention nervous and anxious.

But while all of these things may sound like a nightmare, as I enter the new semester I realize that things really do settle down. Instead of focusing on being in a new environment, I am now looking into clubs and sports that I can involve myself in.

- Kaylee Pratt



100 bullets too many?

Automatic weapons are a little extreme

The recent ban on assault weapons and large magazines has stirred up some serious discussions. Is it necessary for a normal American citizen to have access to weapons the military uses to defend this country? We don't think so.

A simple handgun with a round or two is enough to protect your family, yourself and your home in emergencies. So why are people buying and building guns that can shoot 100 rounds at a time? Sounds a little extreme doesn't it?

Gun owners would argue that people need to be prepared for all situations including the unlikely zombie apocalypse. Just a little too much Walking Dead, no?

Vermont is a state that widely participates in hunting;

which again brings us back to the first question. Is it necessary to shoot animals with an assault weapon that shoots off 50 bullets at a time?

Overkill, literally.

In lieu of the recent shooting in Newtown, Conn., we can see the down side of owning and having access to assault weapons but the other side of this argument might be that if someone in the school was able to carry a gun, they could've stopped or at least minimized this occurrence.

The discussion divides; Do tragedies mean we should make gun laws stricter or in contrast, should decrease the severity of gun restrictions to protect ourselves?

We don't live in a third-world country where it is necessary for survival to have military grade weapons to protect and defend our community, so why is it that people are able to get their hands on these things so easily?

The final argument would be that there are still ways to get around the ban of assault weapons and excessive amounts of ammunition so why even bother banning it? President Obama had to take a stance towards the situation with all the recent shootings and this seems like the best way to go. Although it may not fix the problem, hopefully, greater restrictions on higher-powered guns and their ammunitions might at least contain it.

-Martina Marchese

Achieving the perfect symmetry

Student A is in his freshman year at Castleton and life is pretty sweet for him. He skips class to go hang with his seemingly always thirsty group of peers, shows up to Soundings with his shall we say "high spirited" crew of companions and demonstrates promiscuity with his female contemporaries by pretending to be anything and anyone but himself. To put simply in freshman terms, he is a hero.

Student B is a sophomore at Castleton; life is rigorous for this student.

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ERICA BILODEAU / CASTLETON SPARTAN

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Sports teams on this campus are no stranger to scandal and rumor has it that a student manager may be putting in some "extra effort" to get her players ready for game day; and who says you can't mix business with pleasure?

Can you guess me yet Castleton? Hold on, with this start something tells me it's going to be a blurry spring. But don't worry; I'll shed light to those nights you lose to your blackouts. Keep looking for more letters from the Spartan Spy to see if you've been spotted.

Ed student program begins

Kaylee Pratt
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Education professor Monica McEnery wants to make Castleton's students aware of a new Brown Bag Luncheon series that is being launched by the Education Department. It is being held in the Alumni Room in Huden Dining Hall and takes place monthly with the next scheduled for Feb. 20.

It will be co-sponsored by the Education Department and Career Services.

It's intended to be a gathering for anyone interested in education, especially students, McEnery

said. Students in Inquiry I, Inquiry II and beyond are greatly encouraged to attend and hear from all different experts in the education field. The motto, she said, is "come early, stay late, bring a friend, catch up!"

The first guest for the series, started last month, was Ned Castle, who is a digital media outreach instructor from the Vermont Folklife Center in Middlebury. He discussed the Discovering Community Education Program that helps students understand experience from the perspective of the person to whom that experience be-

longs, while also utilizing specific tools and strategies including digital video, audio and photography.

On Feb. 20, Bianca Rotmil McKeen, a former 2004 graduate of CSC, will be sharing her experiences as a 7th and 8th grade science teacher at the middle school in Rutland. She is also an education faculty member at the College of St. Joseph College. As a 2013 Darwin Day Scholar and the 2012 Vermont Academy of Science's Outstanding Science Teacher of the Year, McEnery said she has a lot to offer.

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Fresh Perspective



the amount of responsibility that goes with it. There are many new responsibilities we now have to deal with not completely alone, but without someone telling us every move to make. As free individuals we have the responsibility of making new connections, getting involved in clubs or

The second semester has finally arrived! It is now time to reflect on the experiences you have faced and assess your progress.

Some of you fellow freshman may find your growth to be successful and shocking, while others may continue to struggle.

As freshmen we have faced our share of change and adversity. Surrounding us is unfamiliarity. We have to wake up in a new bed that is a whole lot smaller than our full or queen size bed at home we are used to sprawling out on. We have to go through the trouble of going to class 20 minutes early just to find your classroom while also making sure that we are in the correct building.

You also have to go through the awful process of adding and dropping classes that unfortunately, does not get any simpler. You still have to get an add and drop sheet, write down the classes you're adding and dropping, get the new professor you're adding to sign the sheet, then get your advisor to sign the sheet and FINALLY, hand it in to the ladies in student services.

However, the best thing to think about is that you are not alone. Everyone is experiencing mixed feelings of anticipation, uncertainty, excitement and even anxiety. All these feelings will eventually fall into place.

For many freshmen, freedom is what we have wanted for some time, but we may not have realized

sports, keeping our grades up, and trying to have a little bit of fun here and there as well.

As a part of this responsibility, we have to take note that our old studying habits may have worked in high school, but in this new setting they may not.

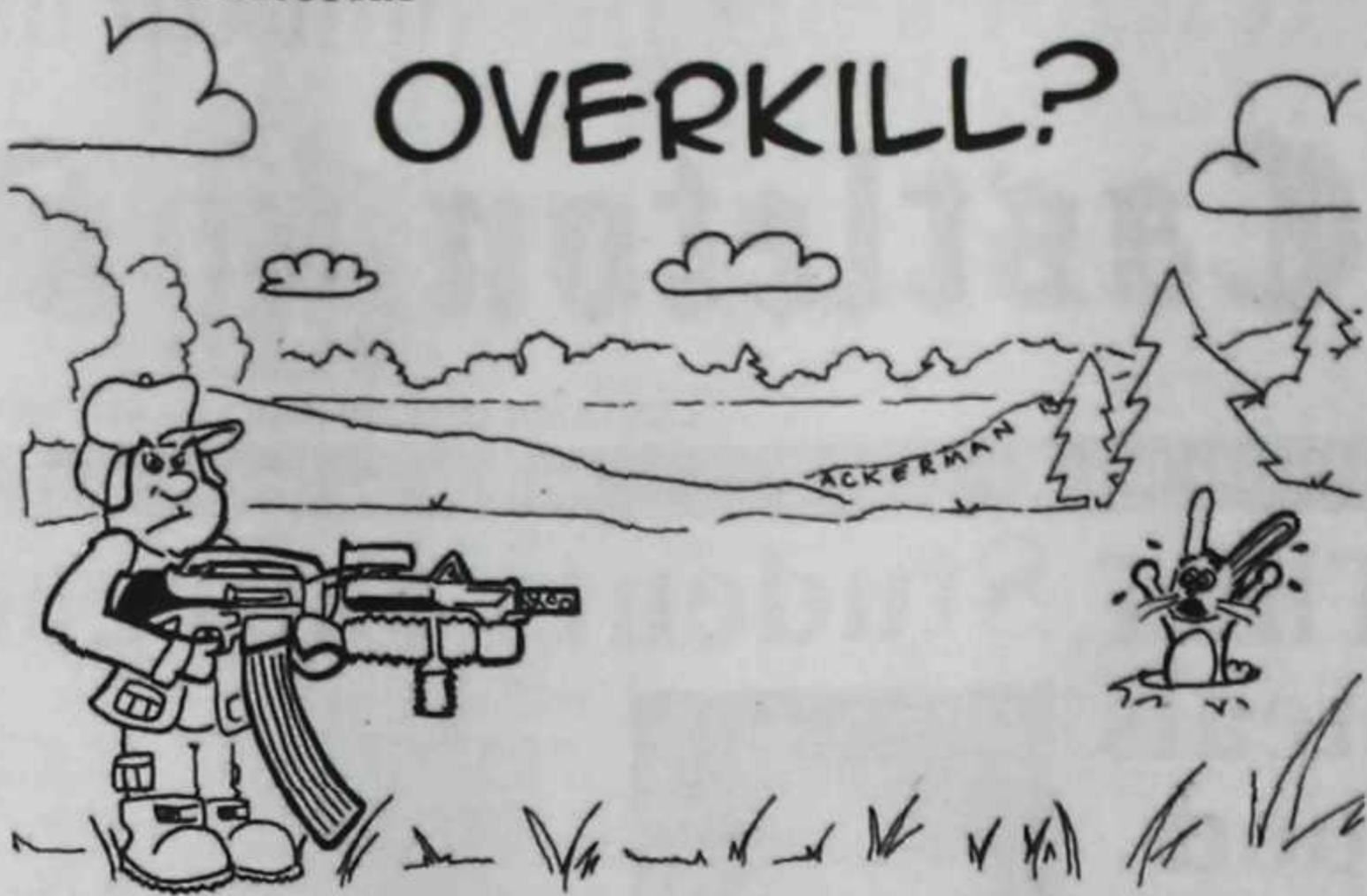
And there are other challenges we may not have foreseen. I believe everyone can agree that the dining hall's food is nothing like a home-cooked meal that our mom would prepare for us. Getting used to the food was not as easy as I presumed.

Another common challenge that I figured out was the amount of effort it takes to open mailboxes. I have only visited mine twice and each time someone has opened it for me.

The last, and possibly most frustrating dilemma that everyone can relate to is the tedious process of registering for classes. The "site crashing" rumor is not a joke. My first time registering as a freshman was right before the second semester, and when the site crashed I was very upset - not to mention nervous and anxious.

But while all of these things may sound like a nightmare, as I enter the new semester I realize that things really do settle down. Instead of focusing on being in a new environment, I am now looking into clubs and sports that I can involve myself in.

- Kaylee Pratt



100 bullets too many?

Automatic weapons are a little extreme

The recent ban on assault weapons and large magazines has stirred up some serious discussions. Is it necessary for a normal American citizen to have access to weapons the military uses to defend this country? We don't think so.

A simple handgun with a round or two is enough to protect your family, yourself and your home in emergencies. So why are people buying and building guns that can shoot 100 rounds at a time? Sounds a little extreme doesn't it?

Gun owners would argue that people need to be prepared for all situations including the unlikely zombie apocalypse. Just a little too much Walking Dead, no?

Vermont is a state that widely participates in hunting;

which again brings us back to the first question. Is it necessary to shoot animals with an assault weapon that shoots off 50 bullets at a time?

Overkill, literally.

In lieu of the recent shooting in Newtown, Conn., we can see the down side of owning and having access to assault weapons but the other side of this argument might be that if someone in the school was able to carry a gun, they could've stopped or at least minimized this occurrence.

The discussion divides; Do tragedies mean we should make gun laws stricter or in contrast, should decrease the severity of gun restrictions to protect ourselves?

We don't live in a third-world country where it is necessary for survival to have military grade weapons to protect and defend our community, so why is it that people are able to get their hands on these things so easily?

The final argument would be that there are still ways to get around the ban of assault weapons and excessive amounts of ammunition so why even bother banning it? President Obama had to take a stance towards the situation with all the recent shootings and this seems like the best way to go. Although it may not fix the problem, hopefully, greater restrictions on higher-powered guns and their ammunitions might at least contain it.

-Martina Marchese

Achieving the perfect symmetry

Student A is in his freshman year at Castleton and life is pretty sweet for him. He skips class to go hang with his seemingly always thirsty group of peers, shows up to Soundings with his shall we say "high spirited" crew of companions and demonstrates promiscuity with his female contemporaries by pretending to be anything and anyone but himself. To put simply in freshman terms, he is a hero.

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It's intended to be a gathering for anyone interested in education, especially students, McEnery

said. Students in Inquiry I, Inquiry II and beyond are greatly encouraged to attend and hear from all different experts in the education field. The motto, she said, is "come early, stay late, bring a friend, catch up!"

The first guest for the series, started last month, was Ned Castle, who is a digital media outreach instructor from the Vermont Folklife Center in Middlebury. He discussed the Discovering Community Education Program that helps students understand experience from the perspective of the person to whom that experience be-

longs, while also utilizing specific tools and strategies including digital video, audio and photography.

On Feb. 20, Bianca Rotmil McKeen, a former 2004 graduate of CSC, will be sharing her experiences as a 7th and 8th grade science teacher at the middle school in Rutland. She is also an education faculty member at the College of St. Joseph College. As a 2013 Darwin Day Scholar and the 2012 Vermont Academy of Science's Outstanding Science Teacher of the Year, McEnery said she has a lot to offer.

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Campus Quips

Martina Marchese
& Sondra Olds

Question:
What was your worst
Valentine's experience?



Emily Weidman

"Elementary school. I was supposed to bring in a decorated box for valentines and I forgot so I didn't get any."



Dan Inferno

"I took my girlfriend out and she cried because I didn't show enough effort in planning the day."



Flo Keyes

"I blocked it out it was so bad. We went to Burlington to get away for the weekend and we weren't speaking to each other that weekend."



Amber Ruscoe

"Having to make my own reservations for a restaurant."

Dual citizen now calls CSC home

By Martina Marchese
Castleton Spartan

Walking through the hallways of Leavenworth in a dark green beanie with blonde hair trying to escape from the sides, a gray-striped, hooded sweatshirt and regular wash blue jeans, he appears to be a normal American teenager.

Even when he engages in conversation with Bob Gershon, his documentary workshop professor, nothing seems off or irregular about him.

He rides a bike, goes to the gym, lives in a messy dorm and hangs out with friends like any typical college student.

What sets Ben Carstens apart from everyone else is his dual citizenship – and neither are from this country. Oh, and not every 20-year-old college student can say they've done 135 mph on the autobahn in Germany, although they may dream of it.

Carstens was born in Cork, Ireland, where he lived for nine years before moving to Germany with his mother. Both countries consider him a legal citizen.

Carstens describes Ireland in comparison to Vermont, but adds that it's much more cultural and traditional.

Germany, he said, is more crowded.

"I definitely prefer Ireland. It doesn't matter if you don't know a person, everyone says hello to everyone and the seafood....ahh, I love the seafood," said Carstens.

Communication Professor Bob Gershon thinks Carstens' multicultural background will significantly enhance his future.

"It serves any young person well to know two, three, languages," said Gershon.

One of Carstens' close friends and past roommates, Nate Dunn, recalls the unfortunate circumstances of how they met in high school.

"We actually met because his

girlfriend, Mikayla, broke up with him to go out with me," said Dunn apologetically.

Dunn went on to say how awful he felt because it was right after Carstens came from Germany and he was still a little shy. But they were both communication students and both videographers at Randolph Technical Career Center and by senior year they were good friends.

They decided to room together when coming to Castleton, which is when Dunn found out that Carstens sometimes talks in his sleep, possibly in other languages, but is mostly tough to make out mumbles.

"Sometimes he would come into the room shouting things in German, which was always pretty funny," said Dunn with a chuckle.

Carstens inherited a little something else due to his foreign culture.

This past summer he met a girl who was traveling across Europe with her friend. Carstens' uncle Chris invited the girl and her friend to stay at his home while they were in Germany and Ben happened to be there visiting. After arriving back in the states, they decided to meet up again because they only lived about four hours away from one another.

Elena Neszevesco, Carstens' girlfriend, lives in Les Cèdres, Quebec, Canada. She is grateful to Carstens for understanding the position she is in.

"Ben is a patient guy since I'm just learning English and it's not always easy to develop a relationship with the difference of language," said Neszevesco in a Facebook message.

Although Carstens' life may seem perfect on the outside, he has endured a tragedy he isn't all that comfortable sharing.

On Jan. 8, 2005, he lost his mother.

She was recovering from an initial brain hemorrhage before this and was getting better. She was just about to get out of intensive



PHOTO CONTRIBUTED BY BEN CARSTENS
CSC student Ben Carstens, a dual citizen of Ireland and Germany, poses for a photo in Austria.

care when it happened again.

That time they couldn't save her.

"I could talk to her about everything. We were as close as you could get. I wasn't afraid to tell her if I smoked a cig or something like that, or got into trouble. Somehow she'd never get angry with me," said Carstens, not making eye contact.

He recalled when he and his mother would wake up in the morning and have fart contests and how the second to last Christmas they shared together was the happiest he had ever seen her.

His stepmother and father took

him in once he moved to Vermont. When they split up and Carstens came to Castleton, he continued living with his stepmother while his father moved back to Austria, so he could attend school.

Coming to Vermont opened many doors for Carstens.

Best friend, Miles Goad says he met Carstens when he was 14 and still had his heavy German accent. As many young people do, Carstens found a second home with Goad's family.

"I think he has always thought of my mom like a mom, to him," said Goad.

Convocation brings healing words

By Ben Carstens
Castleton Spartan

As the first week of classes was fading by, it was time again for spring convocation. Classes were shortened or pushed to later in the day so everyone could ring in the new semester with words that healed and beautiful performances by Castleton's Jazz Ensemble and Collegiate Chorale.

President Dave Wolk wel-

comed new faculty and staff and reminded the college community of an important message unity and respect. Dr. Michael Kiernan continued with a very moving story about a school shooting in 2006, followed up by Glenn Giles giving a very powerful speech originally spoken by President Ronald Reagan the day the crew of the Shuttle Challenger perished.

Student Yared Lacey recited U.S. Representative John Lewis'

speech from the 2012 Democratic national convention and students Chelsea Smith, Meghan Hakey and Haley Ryan shared a reciting of Martin Luther King Junior's "Love Your Enemies" speech.

A theme of comforting words seemed fitting with the recent Sandy Hook shooting and Hurricane Sandy.

Wolk, along with welcoming new staff and faculty members, praised people who have been exceptionally helpful in the college community, like the people that helped those affected by Hurricane Sandy. He also commented on King's speeches saying, "we celebrate that unity and dignity was something very special."

Some students seemed moved by the comments.

"It gave a pretty powerful message to the student body," said junior Brandon Boyle.

Kiernan also spoke healing words, commenting on the tragedy of the most recent school shooting and giving a story of how the parents of people killed in a shooting in 2006 were able to reconcile with the shooter's parents and could respect, comfort and understand each other.

Giles rendition of President

Ronald Reagan's Challenger address also seemed to evoke emotion from attendees. In a time where recent tragedy is still close to our hearts, it provided a certain comfort and words of grief and healing.

John Lewis' speech, recited by Yared Lacey, reminded us how important it is to live in unity and harmony and have dignity and love for those around you. Lewis was one of the Big Six leaders in the American civil rights movement and played a significant role in the struggle to end legalized racial discrimination segregation.

Students Chelsea Smith, Meghan Hakey and Haley Ryan reminded us with Martin Luther King's speech, Love Your Enemies, to respect and appreciate those around you, and to treat everyone the same as you want to be treated, even the people you don't like.

When asked what he liked about convocation Professor Harry McEnery said "I like how it's [Convocation] different every time, but it's always positive and it always resonates."



BEN CARSTENS / CASTLETON SPARTAN
CSC President Dave Wolk speaks at convocation.

SGA seeking more student involvement

By Leah Ede
Castleton Spartan

The Student Government Association is getting ready for election time and with this comes a hope for new members and fresh ideas.

Members spoke a lot at the Feb. 6 meeting about bringing new faces into the SGA, even making a bullet point on the agenda to talk about "Bring a friend to SGA day." The thought is that if members bring a friend to a meeting, it might spike some interest in them to join.

The SGA is also trying to change its constitution by stating that in order to apply for an executive position, such as president, executive vice president, treasurer, vice president of academics and student director of activities you will have to spend an entire semester as a delegate or a student at large.

Erica Bilodeau, vice president of academics, wel-

comes the change to the constitution.

"I think that it's necessary. Until now, there have been three copies of the constitution. It has left room for conflicting policies and procedures," Bilodeau said with a pause. "Now everyone can be on the same page when it comes to the SGA carrying out its activities."

Delegate Tim Mackintosh shares the same enthusiasm about the change in the constitution.

"This change requires that students play a serving role as a SGA delegate before they take a more serious role, thus weeding out the interested versus the driven," Mackintosh said.

But any student interested in joining, whether for delegate or an executive position, will need 25 signatures on top of filling out the application, which is due Feb. 22.

In other news, delegate Colleen Kunz has been trying to find an approved location for Castleton State College to install a redemption center on campus. Her thoughts

are that when a student hands in bottles, they will get a slip that can be exchanged for money.

Another delegate, Catherine Wielgasz, is trying to inspect and make sure all the "blue lights" are working on campus. A few of them have notes on them saying "out of order" and the SGA wonders when and if they will ever be fixed.

The SGA also discussed trying to find ways to decrease the number of students drinking and causing trouble in the community. Mackintosh is also trying to get magnetic signs to go on the Safe Ride van so people will be aware of what they're looking for when they're pulling up to bars and parties. He is also trying to get another fleet van running as a second Safe Ride van so they can be more efficient and help more people.

Professor reflects on a lifetime of London



PHOTO CONTRIBUTED BY ROY VESTRICH

From left to right, students Hannah Josselyn, Erika Bojarczuk, Emma Rudnick and Eric Dowd pose with Prof. Roy Vestrich.

By Roy Vestrich
Castleton Contributor

Castleton offers a semester-long program at Roehampton University to students in all majors. Seven CSC students spent a semester there two years ago, and four students are studying there this spring. The students will be sharing their impressions and experiences with the Castleton community from time to time. There will be an information meeting about the program on Feb. 21 at 12:30.

in the President's Conference Room. Interested students can contact professor Roy Vestrich, who shares some of his thoughts about London in this issue.

I made my first trip to London the autumn of 1978. I was 25 years old and trying to figure out how to support myself as an aspiring poet and painter in world that did not seem to value such pursuits.

My uncle, a well-known modern dance choreographer working in London, invited me to spend time with him in England

and then in France to help restore a rambling stone wreck of a house he had purchased in a small village in Provence.

So, I got out my passport, quit my job at a Boston art gallery, said goodbye to my girlfriend and took my first flight across the Atlantic. And as one love affair ended, others began, this time with the city of London, with the countryside of France and with travel itself. Over the years, I have spent time in many other cities in the States, in Europe, and more recently in Australia and China, but there is something about London that always draws me back.

And much like the Clash's "London Calling," which is often used as a tourist anthem for the city, my London is not the idealized version of polite people riding double-decker buses, or having tea and scones at Harrods, but a much earthier place that is both beautiful and ugly, and a culture that is both familiar and strange. It is a place that can

feel welcoming one minute and closed off the next.

For more than three decades, I have watched the city change in the manner that only an occasional visitor might, sort of the way distant relatives might react to the changes in a child they only see in five- or 10-year intervals. "My have you grown," elder cousins might observe, pinching a cheek, or patting a head with a sudden sense that the image in their heads no longer matches the reality.

Seeing London in spurts over time is like that. Despite the visible history as you walk the streets, the Roman ruins, the Medieval architecture, and even shops set in alleys that look like sets from a Shakespeare play, London is a vibrant, contemporary and ever-changing city.

In January, as I walked along a path in the Tower of London with our group of four Castleton students, I was awed by all the new glass buildings rising high in the skyline. Though I had been in London several times during the past five years, I was struck at how quickly the city evolved. Through the lens of my camera I could see the reflections of ancient towers in the fresh ultra-modern facades.

It hit me that for these Castleton students, this view would

be part of the yardstick by which they would measure the cityscape for decades to come. What will London look if they return in 35 years?

But it not just the skyline that has changed, the culture itself has been altered. In the seventies, London was already a modern international city, but it felt very British from the food to the accents. Now it is likely you will hear conversations in Polish or French or Italian as you ride the tube.

You are also more likely to encounter a familiar American fast food outlet or a Thai or Greek restaurant, than a corner fish and chips shop. Even though the British did not adopt the Euro as a currency, the impact of the European Union and international immigration is very much in evidence in the city.

I know that my travels in Europe, Latin America, Australia, and Asia have been as important a part of my education as my years as an undergraduate and graduate student. They are a part of what defines me, of what inspires me, and of how I come to see and understand the world we live in.

For me, London will always be a special place, a place that opened a door to the world.

Game Review: Call of Duty 4

By Dashiel Monder
Castleton Spartan

Call of Duty 4: Modern Warfare 2 came out worldwide on Nov. 10, 2009. A first person shooter, it is the second bestselling game in the Call of Duty series in the UK and USA with 4.7 million copies sold - worldwide - about 22 million!

Modern Warfare has single player campaign, cooperative special ops and online multiplayer. You can play as Private First Class Joseph Allen (U.S. Army Ranger, stationed in Afghanistan who later goes undercover in Russia for the CIA), and Private James Ramirez (member of 1st Battalion and 75th Ranger Regiment stationed in USA).

You can play as Captain John "Soap" MacTavish; who becomes playable in the final three missions. There are Non-Playable Characters such as Captain Price (voiced by Bill Murray) and Lieutenant Simon "Ghost" Riley. They are members of Task Force 141. One enemy, Vladimir Makarov, is a former protégé of Imran Zakhaev, hero of New Russia.

There were a lot of positive reviews from G4, X-play, GameSpy, GameSpot, Famitsu (a Japanese Video Game Critic orga-

nization), GamePro, and Game Informer. Famitsu gave it a 39 out of 40! Most critics loved the game because the story line is unique, and the weaponry is powerful and user-friendly.

There are more than 100 different guns, such a Model 1887 Lever action shotgun. It is handy, and even though it takes time to reload, it is powerful and accurate at close and mid-range. (I really love that gun!) A Ranger is a sawed-off double-barrel break action shotgun, and there are many different kinds of killstreaks like the Predator missile strike, AC-130 Gunship or Chopper Gunner, and Harrier Strike. The final kind is the Tactical Nuke Strike that is timed (You have to get out of the vicinity before it blows up.).

The graphics are extremely intense and really amazing to play around in all of the different multiplayer and campaign maps. Game Informer gave this game a rating of 9.75/10. I'd have to agree; on a scale of 1-10, I give it a 13 for the most amazing game in my stacks of video games. In this game, for the special ops missions, I recommend avoiding civilian casualties when fighting on either of the missions and have a blast.

Movie Review: 'Hansel and Gretel: Witch Hunters'

By Martina Marchese
Castleton Spartan

Once upon a time there was a little boy and a little girl who fell into the trap of eating candy off the candy house and became prey to the evil witch...

Hansel and Gretel: Witch Hunters puts a dramatic, sometimes hilarious and very graphic twist on the well-known childhood fairytale. From innocent children to witch hunters, we see this familiar story expand into a violent, spoof-like movie.

Who knew Hansel and Gretel could slaughter witches like that? The blood and guts was enough to put this movie

in the R rated category but throw in a hot little sex scene and you've got a pretty decent movie.

I was a little taken back by the direction they chose to take with the movie, especially having grown up on a very specific fairytale. It was almost a comedy but not quite fully there. The candy house witch was absolutely horrifying though; A+ for the make-up efforts.

For a childhood tale this movie was absolutely NOT for children but I have to say the candy-house was everything I always imagined it would be, brought to life YUM-MM!



REBECCA ROE / CASTLETON SPARTAN

High school students from around the region perform as part of Music Honors Festival.

Regional high schoolers play their hearts out

By Ali Mazzola
Castleton Spartan

A variety of musical pieces were performed at the FAC on Jan. 25 in Casella Theater at the Third Annual Honors Festival.

Beautiful melodies were both sung and rehearsed tirelessly throughout the day by a selection of choir and band students from 17 high schools all over Vermont.

The students arrived early in the morning and were given until 7 p.m. to learn and rehearse several songs that were later performed for various parents and community members.

Despite the long hours, it was clear the students enjoyed themselves and had a true passion for the musical arts.

For Otter Valley Union High's senior Elyas O'Classen, this was her second year performing in the festival.

"Last year made me want to come back. Every year is different," she said.

O'Classen has been playing the oboe for nine years and said his interest in music "just kinda happened."

Caitlin Long, also a senior, was the only student from her school, South Burlington High, and was

excited to get on the stage and perform for everyone. She said that her favorite piece to play was the "Irish Rhapsody."

The students were very professional and well guided through the events of the day thanks in large part to the coordination efforts of Castleton's Music department.

Castleton sophomore Cassie Papandrea said she loves the annual event.

"It's a great chance for students to come have fun, meet new people, and work with a new conductor," she said.

Music Review: Beyoncé at the Super Bowl

By Jimmy Britt
Castleton Spartan

After a much-needed break, it's time again for some new music reviews. I thought I would start with the Beyoncé's half-time show.

I thought that the show was a big letdown.

I'm not a big fan of Beyoncé's music or the genre she sings, but don't get me wrong she's one hell of a

singer.

Her performance, however, was weak and flashy.

At first I thought the show was going to be good because of the light show and how lively the crowd was.

But, as soon as she started to sing, things just got bad. The lifting platform for an entrance wasn't that impressive. She then started to sing and then stopped to do a little striptease,

which wasn't shocking or provocative at all.

When she stopped to have the guitars player's pyrotechnics go off, it seemed like an attempt to distract viewers away from Beyoncé's lack of singing. The backup singers sounded better than she did.

Then things got worse.

When Destiny's Child came onto the stage, I thought that the show would get better.

But no, it turned into bigger crap.

After the show was over I was relieved that I didn't have to bear with any more of that hell. For those of you who liked the half time show, I will not judge you or think less of you.

I just felt like Beyoncé could have done a lot better.

The power outage was nearly more exciting.

Leonidas Chalepas at the Calvin Coolidge Library



DEREK FALLON/CASTLETON SPARTAN

Student sit among Chalepas art in the Calvin Coolidge Library.

Fisherman loves 'quiet darkness' of Bomoseen

Continued from page 1

Fisherman Gavin Brough had trudged out onto the ice before sunrise that morning, with plans to take home the prize winning perch.

"It was damn cold out in here in the dark, but you need that kind of commitment if you wanna win," he said, with small ice crystals already having formed on his eyelashes. "Commitment, moral support and of course some ice cold beer," Brough laughs as he and moral-supporter Kevin Ellis raise Coors Light cans in their chapped, un-gloved hands.

Brough has been fishing for more than 20 years, but only during the winter. His thrown together shanty, constructed out of two by fours and torn blue tarp, and leans slightly on its side in the snappy wind. Brough's original shanty, a handsome, solid little building, now sits on the bottom of the lake, under a thick blanket

of ice.

"I brought my shanty out here a few weeks ago, and then we got that warm spell," Brough said, peering at it through one of the holes he drilled that morning. His shanty sank through the softening ice before he had time to recover it. But even this cannot dampen his spirits on such a bright winter day.

"It could have been worse, the only casualty was my box of Strawberry Poptarts," he laughs.

Brough wasn't the only fisherman dedicated enough to overcome the many obstacles of the sport.

Castleton alumni Dave Wood woke at 3 a.m. to make the drive over from Whitehall, N.Y.

"I love being out here, on my own in the quiet darkness of the frozen lake," Wood said, bundled around a steamy mug of coffee. "I get to think and enjoy the outdoors."

The Beayon brothers Austin, 11 and Noah, 5, also en-

joyed the outdoors, skipping from hole to hole, racing each other to check their lines.

"I am going to win, I can feel it," chirped Austin, who despite his young age, is no stranger to ice fishing competitions. "It's not even cold, I don't know what the grown-ups are complaining about," added Noah, only his rosy cheeks and grin visible beneath the layers.

As the afternoon drew to a close, the participants gathered around the board that displayed the largest fish, some still throwing out an occasional twitch as a last attempt of freedom.

Overall the day was a success, with a majority of the entry money going toward the purchase of new football equipment.

"Everyone seems to be having a good time," said Coach Klatt. "I think this is a good start to something that will benefit the team and the town."

Winners of the adult categories include:

Perch: 1st- William Dubrey; 2nd- Mark McGinnis; 3rd- Shaen Dufresne
Trout: 1st- Matt Moore; 2nd- Bill Bunker; 3rd- Steve Tiff
Bass: 1st- Ron Ritchie; 2nd- Mark Young; 3rd- Sean Hesse
Northern Pike: 1st- Tom Martin; 2nd- Ron Ritchie; 3rd- Alden Foss

Youth division winners in each category include:

Perch: 1st- Parker Morse; 2nd- Parker Morse; 3rd- Hayden Sheldrick
Trout: 1st- Jaden Mead; 2nd- Shania Goyette; 3rd- Eric Grolears
Bass: 1st- Parker Morse (only fish entered)*



KATIE SAULT / CASTLETON SPARTAN

The leader board at the recent Spartan football team's fishing derby displays the some of the winning fish.

Student unsure of sled dog future

By Molly DeMellier
Castleton Spartan

In winter months most young children marvel at thoughts of going skiing or building snowmen, but the Gast brothers had their eyes set on something much greater; dog sled racing.

It was a dream that began in former Castleton State student Eddie Gast's third grade classroom when a musher made a presentation to the students.

"It just exploded from there," said brother and CSC sophomore Dillon Gast.

It took a year and a half to convince their parents, but now 13 years and 17 countries later, Dillon is still pursuing his childhood dream and still racing.

Since the age of 12, Dillon has been travelling for races across Europe and much of the northeastern United States and Canada.

In Europe, he spends most of his time in Hamburg, Germany where he actually lived for a year after high school with his mentor, Ullrich Kuhn.

"He's like family," Dillon said of Kuhn. "Basically I have two homes. I have my home here in Vermont and my home over there."

While living in Hamburg Dillon worked as a dog handler where he cared for 17 puppies and 16 race dogs.



PHOTO CONTRIBUTED BY DILLON GAST

Sled dog racer Dillon Gast training for an upcoming sled race.

"It was a 24/7 job," he said with a laugh.

Over the semester break, Dillon had the opportunity to return to Europe for yet another race with Kuhn. This time they ventured outside Hamburg to The Dolemite Mountains between northern Italy and Austria where they would race the Alpen Trail.

With a team of six German Short Haired Pointers crossed with Alaskan Huskies that he borrowed from four different people, Dillon spent six days conquering the three-stage trail. Each stage is approximately 40-50 km and is completed twice.

"Everybody, including my mentor, said I wouldn't be in the top 10, and I came in third," said Dillon.

This recent placing is just an extension to Dillon's already long list of racing accomplishments. In addition to competing in the World Championships twice and receiving the bronze medal once, Dillon has also received the bronze and gold medals in the U.S. Championships.

Dillon said he is still unsure of his future plans with dog racing and its potential for career opportunities in Europe.

"I have a lot of decisions to make," he said.

CSC assault

Continued from Page 1

and is set to appear in court at a later date.

Bruch said the attack left him with a broken eye socket that may require reconstructive surgery as well as bruised ribs and numbness in his teeth and lips.

The altercation allegedly began with Barletta and Krouse against Mannings outside of Haskell Hall.

According to the court affidavit, Mannings said he was bitten by Barletta and punched by another person, who he later identified as Krouse. Mannings declined to comment on the case.

Bruch said his beating came following his attempt to come to Mannings' aid.

"I got a call from a friend around 4 a.m. on Sunday. He said he was being chased by five guys who wanted to kill him and to meet him on the rail trail," said Bruch.

Bruch said he heard rustling along the dark trail and called out to Mannings. His calls were

answered instead by three others, one of whom he identified to be Barletta.

Bruch said he was punched in the eye by Barletta and struck from behind by another.

Despite his statement in the police report that he was positive Krouse also punched him, Bruch told Spartan reporters that he had taken out his contacts and could not identify his other attackers.

"I'd love to see the other guys get into some trouble, but I don't really know them and didn't really see them—at least not to the ability to positively I.D. them," Bruch said in an interview with a Spartan reporter.

In an email to campus regarding the incident, Godlewski warned students to, "be aware of your surroundings and to take appropriate action to assure your safety and the safety of others." But he also assured that this was an isolated incident.

Despite two phone calls Barletta could not be reached for comment.

Spartan reporters Courtney Parker and Megan Harris also contributed to this report.

Professor Conroy, more than just PR

By Elishia Fletcher
Castleton Spartan

Sitting in his office Tom Conroy is engrossed in his work. There are papers and books of all kinds covering his desk and shelves. Even though he is busy, he stops to make time for a student who needs help or just to talk. He is a quiet, reserved man, but his life has not been.

Few may know that the public relations professor was a helicopter medic in Vietnam from 1970-71, having been drafted within 90 days of graduating from Boston University.

"I was a political conservative who got more liberal as time went on, but by the time I was drafted I was completely against the war," he said.

His unit would check for mosquitoes, spray, check for water pollution and, inspect mess halls. He also did volunteer work at a nearby orphanage.

That volunteer work has followed him throughout his career and he is still very heavily involved in the aspects of war today.

Conroy worked for Vietnam Veteran's Social Service Agency in Providence, R.I. before coming to Castleton. He counseled vets in jobs and careers and wrote grants for the agency. He

worked for groups like the Veteran's Education Project, Vietnam Veterans of America and is currently involved with Veterans for Peace. He educates high school students about the war that the recruiters don't tell them about.

"I just don't understand why people go to war today. Many of them going in based on lies and misconceptions," he said. "The only people who benefit are the ones who don't go to war and make money on it. It's a real capitalist kind of adventure."

Conroy came to Castleton in 1992 as a public relations professor. He is well respected and genuinely seems to care about every aspect of a student's life.

Bob Gershon, a colleague in the communication department, describes him as a model of what a professor should be.

"He is number one a teacher, that's probably what he does best. He spends time not only on the subject matter and how students react to it, but he cares about what's going on in their life beyond college," he said.

Conroy understands that students aren't just these beings who are there to soak up information in class and spew what they have learned back out. He is always on top of their situations, checking to see what courses they are going to need

and directing them so they don't get closed out of classes and can graduate on time.

He is a scholar in the practical sense. Everything he does has a purpose. He is interested in the impact the knowledge carries and he said his studies of war propaganda and using images for advocating peace aren't just important as scholarly work, but has the potential to impact people and show them how peaceful it could be, at least in a small way.

After coming home from war, Conroy met his wife, Joan.

"I knew she was special on the first date, she said," he said chuckling.

They met through a mutual friend, dated for eight years and have been married now for more than 30 years.

"He is a kind, generally understanding and thoughtful man," Joan said in a soft voice.

When he's not working or teaching, Conroy likes to go to Montreal with his wife.

"We like to walk and that is a great place to go," he said. "We go to all the little shops, farmers markets, wine bars and check out the free jazz concerts. We don't go so much to the concerts because they have gotten so big and my wife is so small I'd lose her," he said with a laugh.



AMANDA MESISCO / CASTLETON SPARTAN

Public relations professor Tom Conroy recently reflected about his life and Castleton State as he prepares to retire.

Their favorite restaurant to go to is a little vegetarian place called the Commensal in Montreal or the Single Pebble in Burlington.

When home, Conroy likes to tend to his garden. He has blueberry bushes and garlic patches. He also likes to cook and bake, mostly bread. He also collects papers.

"We go anywhere and he will bring home these papers, they are everywhere because he doesn't like to throw anything away!" Joan exclaimed.

He likes all sorts of music, especially jazz and folk, and reads short stories by Fitzgerald and Cheever and novels by authors including Zadie Smith and Michael Ondaatje.

Conroy plans to retire in a year but also says he might teach part-time at a couple of colleges in Rhode Island or go back to working for non-profit organizations.

"The key is to stay active and out of trouble, you know?" he said with a chuckle and slight shake of his head.

Women's hockey ties Huskies

By JenniLee Mark
Castleton Spartan

Coming off an 11-1 victory over Nichols College, the Castleton women's ice hockey team traveled to the University of Southern Maine Sunday night and settled for a 1-1 draw with the Huskies.

With four saves in overtime play, Paula Stephens made a total of 27 saves to keep the Spartans in the game. Freshman Rachel Bombardier had the Spartans only goal of the night making it the second of her career.

"The team came into this weekend in really good shape," said Head Coach Bill Bowes. "We had never played better than we did against Nichols."

Bowes said it was hard to believe they escaped this one with a tie though, and praised sophomore goalie, Paula Stephens' consistent efforts.

"She robbed them of some goals to keep us in it and did a great job in the net," Bowes said.

Despite Stephens' efforts, the Huskies still managed to steal the first point after a shot from senior Alex Smith was tipped in by sophomore Julia Pearl.

The Spartans found themselves down 1-0 and with 1:17 left in the second period, finally found the net. Bombardier received a pass from senior Brianna Narodowy to beat Maine's goalie, Liz Bergstrom on a power play.

Overall, the Spartans were outshot 28-23 in the game, outshot their opponents in the scoreless third period. However, out of their eight shots, the Spartans just couldn't find the game winner. This forced them to take the ice in overtime, relying on the defense and goaltending to hold the tie.

Bowes said his team was its own enemy here, but his goal is to pick it up for the rest of the week.

"We just need to be more consistent with our play and our energy," he said.

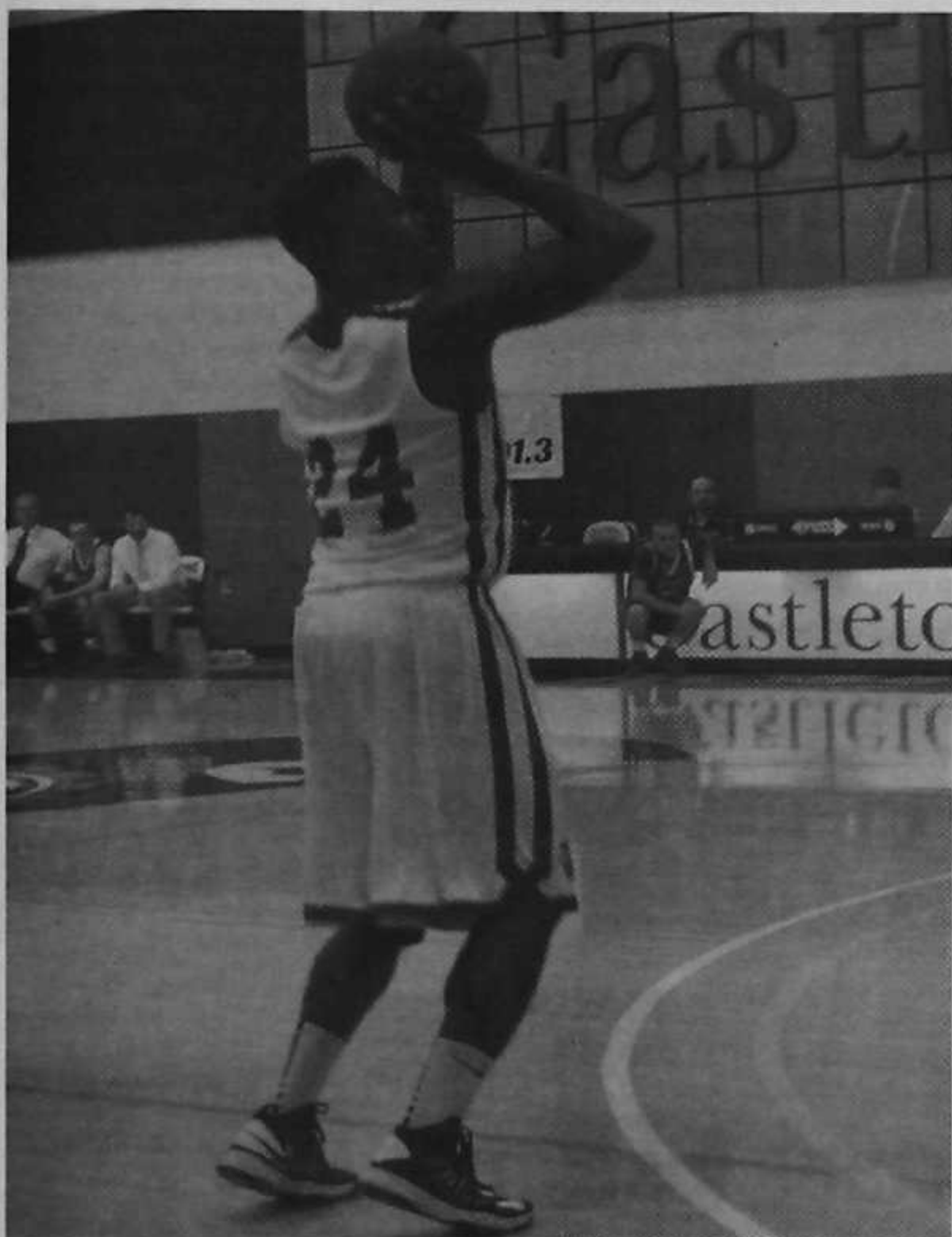
The Spartans are now 9-9-4 overall and 6-5-4 in the ECAC East conference.



PHOTO CONTRIBUTED BY CHRISTOPHER THAYER / VERMONT SPORTS NOW
(From left to right) Danielle Roberts, Eileen Coyne, Hanna Martini, Christine Newton and Jade Werger, seniors of the women's hockey team pose after their Pink the Rink game at Spartan Arena.

This places them sixth in the conference.

Castleton is gearing up for their final weekend of regular season play. They will face off against Holy Cross Friday, Feb. 15 at 7 p.m. and Salve Regina Saturday at 2 p.m.



KATIE SAULT / CASTLETON SPARTAN

Dammy Mustapha takes a shot against Maine Maritime.

Spartans squeak by Green Mountain

By Ryan Cave
Castleton Spartan

The wrath of winter storm Nemo couldn't stop the Castleton men's basketball team from handling business on the court Saturday versus Green Mountain in an 89-87 Spartan victory.

Junior Logan White dropped seven 3-pointers, finishing the day with an icy 29 points.

"It was a great win for our team," White said. "I was really feelin' my shot in the second half."

Senior Mark Comstock led the Spartans with a career-high 35 points and 10 rebounds.

"We let them hang around too long, but we grinded it out" Comstock said. "I wasn't really thinking about how many points I was scoring, I was just trying to win."

With only 1:23 left in the game, Comstock hit a huge free throw to put the Spartans up 89-84. Green Mountain responded with a 3-pointer with less than a minute on the clock, mak-

ing it 89-87.

The Eagles got one final chance with less than 20 seconds left on the clock. Down by two, Green Mountain's Carnelius Green launched up a buzzer-beating 3-pointer, but defense from Castleton senior guard Tyler Ackley made Green rattle the rim to leave the Spartans victorious.

"We knew he hit a game winner in the last game they played, so I wanted to force him right and make it hard for him to get a shot off" said Ackley. "We knew he was gonna take the last shot, I just wanted to make it as difficult as possible for him."

The Spartans will travel for their last away game of the regular season to New England College on Feb. 14, and will host their final home game of the season on Feb. 16 at 6 p.m.

The NAC tournament starts Feb. 19, where the Spartans will begin their journey to defend the NAC title.

The men's record stood at 12-10 and 10-5 in the conference as of Monday's press time.

Domination by Lady Spartans continues

By Deven Savage
Castleton Spartan

The Castleton Lady Spartans showed no sign of letting up on their record-breaking season as they came out of the gate running and never looked back as, winning yet again over Green Mountain 76-29.

Alyssa Leonard led the Spartans with 14 points and 12 rebounds for the game's only double-double. Teammates Heather Murdough and Stephanie Bull came off the bench to score double figures combining for 23 points. Meghan O'Sullivan was another offensive force for the Spartans scoring 10 of her own.

Green Mountain's offensive attack proved not enough for Castleton's defenders and had no players score double figures. Chelsea Paul took charge for the Eagles and dropped nine points, eight rebounds, four assists and three takeaways for her side. Jacque Caster scored eight points with a rebound while teammate Maria Lafond has six of her own off a pair of threes.

The Spartans came prepared and started the game with a 27-2 run capped off by a layup by Alyssa Leonard. Shortly after, Caster pulled up and drained a shot from beyond the arc for her first three points. The rest of the half wasn't much different and the Spartans slowly added to their tally eventually giving them a 20-point lead as the first half came to an end.

The first five minutes of the second

half gave Green Mountain a glimmer of hope as they battled back and forth for points but it was short-lived. With 15 minutes remaining, the Spartans scored 15 points in just 7 minutes led by Murdough, Leonard and Bull. The run was halted by a layup from Chelsea Paul with eight and a half minutes in regulation. The next five minutes were back and forth, turnover after turnover, and neither team seemed to be able to find the basket until Maria Lafond made her second 3-pointer of the game.

Green Mountain failed to establish an offensive attack and the Spartans were too much for their defenders to handle. The Eagles drop to 3-17 overall and 1-15 in the NAC. Castleton improves on its outstanding season to 21-1 and 14-1 in NAC play. The Spartans are on their way to their best record in over 20 years.

Castleton had 10 different players score in Saturday's game and had four players hit double digits.

Leonard commented on the cause of their success saying, "I think the biggest difference is this year anybody can step up at any given time and give us a lift," she said. "We have a very balanced score attack and don't rely on any one person every game. Every win is a team win."

The Spartans travel to play New England College Feb. 14.



KATIE SAULT / CASTLETON SPARTAN

Kelly Conway plays defense against Maine Maritime in the Spartans most recent home game.



Senior Connor O'Brien races in the Spartans solo home race at Pico Mountain in January.

Nationally ranked ski team heads to regional championships

By Hannah Messer
Castleton Spartan

After having their races postponed due to weather this past weekend, the men's and women's ski teams have both been nationally ranked according to the United States Collegiate Ski Association. The women, who are ranked for the first time ever, have been placed sixth in Alpine. The men's team are ranked seventh.

This is their second season competing in the Eastern Collegiate Ski Conference MacConnell Division. The MacConnell Division is known as one of the toughest USCSA divisions of the country, according to head coach Christopher Eder.

"Our goal is to always finish first in the division," Eder said, "If we don't it's not a big deal, we just want to be competitive."

Both teams have qualified for the USCSA Eastern Regional Championships, which will be held on Feb. 23 and Feb. 24 at Mt. Abram in Maine.

So far this season, the women's team has been competing back and forth with St. Anselm, while the women's team from Brown has been dominating the division.

The Spartans have had contributions from all levels; with junior Ali Spencer, freshman Simona Croccolo and senior Bri Kullberg all leading the team. Spencer is ranked 10th in the division with one podium result and five different top-15 finishes. Croccolo has five top-ten results and is also ranked 11th in the division. Kullberg is ranked 14th with five top-15 finishes.

The men's team has had a very back-and-forth season, finishing a few races in first but also finishing as low as sixth so far this season.

"It is nice to enter a race not knowing which team is going to win each day," Eder said. "It is very competitive and we like that, as it gets us ready for the USCSA Eastern Regional Championships."

In the men's fourth race of the season they suffered the loss of senior Steve Zotter, who tore his ACL, putting him out for the rest of the season.

"Luckily, our team has a lot of depth," Eder said.

Sophomore Patrick Burke, who is ranked seventh overall out of over 80 racers; has two podium results so far this year, while senior Connor O'Brien is ranked ninth and has

two podium results.

Despite Zotter missing most of his season, he is still ranked 20th and is the only Spartan racer to have earned a victory this season.

Up next for both teams are the Eastern Regional Championships.

"Dale Solotruck (co-head coach) and I are very pleased with the way things are lined up for the regional championships," Eder said. "If both teams take care of business and finish two clean runs on both days, we should have a good result and hopefully advance to the USCSA National Championships with both teams."



Freshman Simona Croccolo races at Pico Mountain this past January.

Harris breaks record as Spartans lose in OT

By Andrew Muse
Castleton Spartan

Josh Harris became the Spartans all-time point leader on Saturday night as he scored his 44th goal and 122 career point in a tough 5-4 conference loss to St. Michaels on Saturday.

"It shows me that all the hard work is finally paying off," Harris said. "I was keeping a close eye on it and I'm glad I was able to get it."

Harris scored in the second period to get his record of 122 career points passing Castleton's Brandon Heck on the all-time list. The goal was his 44th on his career and combined with 78 assists gives him 122 points.

"He is one of the most hard-working players I have ever coached," head coach Alex Todd said. "He may not be the best but his consistent hard work sets him apart."

Although Harris was able to get the record it wasn't the best weekend for the Spartans, as they lost to Norwich on Friday then St. Michaels on Saturday.

Against Norwich, Castleton started the scoring with Harris scoring a short-handed goal 5:07 into the game to tie him for the all-time points record with 121. Assisting was Justin Alonzo, who then passed Harris as the all-time assist leader at Castleton.

Norwich then went on to score six unanswered goals to defeat the

Spartans 6-1.

"We played smart against Norwich, we were in good spots and had good opportunities," Todd said. "We relaxed though and became content and they just out-worked us."

The next day at St. Michaels College, the Spartans looked to rebound from the loss the day before but were unsuccessful.

Eleven seconds is all it took for Ryan Delorme to score the first of the game for the Spartans. Three minutes later the Purple Knights were able to capitalize on a power play to tie the game at one.

In the second period, the Purple Knights lit the lamp just 59 seconds into play but the Spartans responded quickly tying the game again only 22 seconds later as Tyler Gaudry was able to score on an assist from Alonzo and Ryan Delorme.

Harris then made Castleton history at the 6:51 mark in the second period. The goal put the Spartans up 3-2 in the contest.

St. Michael's was not fazed and with 57 seconds left in the period were able to score to tie the game. Just before the end of the period on a power play St. Michaels was

able to score again to take a 4-3 lead going into the third period.

With only 3:15 left in the game; Kyle Pichler was able to capitalize on a good pass from Ross Herzog to score, to send the game into overtime.

Both teams went back and forth until A.J. Pieprzak scored for the Purple Knights, four minutes into overtime for his second goal of the game.

With the two losses the Spartans fall to 13-9-2 overall and 8-8-1 in conference.

"We have to look at all the positive things we have done this season," Todd said. "The postseason is the beginning of basically another season and we just have to stay happy and stay relaxed."

The Spartans play again Saturday for their season finale away at Skidmore, then playoff hockey starts on Feb 23.

"We just want to win every game," Colin Murray said. "It's win or go home in the playoffs and we have been playing well, been in a lot of close games and we are confident in ourselves going into the playoffs."



(From Left to Right) Seniors Dan Bell, Josh Harris, Ben Schoeneberger, President Dave Wolk, Brad Barber, Brett Zeggil and Justin Alonzo pose for a photograph after their senior game at Spartan Arena on Feb. 2.



Sports talk with Evan Michaud

While students have been getting back into the swing of things, Castleton sports teams are in midseason form. The women's ice hockey team destroyed Nichols College 11-1 with Nicoline Jensen, Anna Daniels, and BriAnna Norodowy each netting two. The men, after not losing a game in January, fell off with four straight losses to start February.

In basketball, there is no stopping the Lady Spartans. They have won an astounding nine games this year by at least 30 points, and are one game behind Colby-Sawyer, who comes to town for the regular season finale on Feb. 16. It's been a rough couple of weeks for the men with two players kicked off the team due to legal issues. Maybe I'm wrong, but if players are making questionable decisions off the court, are they really the people you want running your offense?

In the wide world of professional sports, a few noticeable events caught my attention. Phil Mickelson shot a 60, 12 under par, in the first round of the Waste Management Phoenix Open last week. Attempting to become only the sixth player to shoot a 59 in PGA Tour history, he came up short on the 18th green where his final birdie putt circled the cup 270 degrees and then popped out, leaving his caddy on his knees as his celebration was cut short. It was a brilliant first round for the future Hall of Famer on his way to his first win in nearly a year. Being a Tiger Woods fan, it was tough to watch Phil waddle up the fairway towards victory, however only a week after Woods lifted his 75th career trophy, I was OK with it.

Unfortunately, the "steroid cloud" over baseball continues to grow. New information that trainers allegedly injected players such as Alex Rodriguez and Gio Gonzalez has become the off-season buzz.

Being one of the biggest A-Rod fans there is, this news was hard to take but not completely shocking. HGH and other hormones have been a massive part of our national pastime since Mark McGwire and Sammy Sosa chased down Roger Maris' home run record in 1998. The league can issue as many random drug tests as deemed necessary, but the sport has little to no chance of ever being completely clean. So what can we do with that inevitability? Should we be suspicious of every record since the rise of performance enhancing drugs following the players' strike in 1994? Excused players like Roger Clemens or Barry Bonds from the Hall of Fame? When will people realize, in high-stake situations, there are those who will risk whatever is necessary to succeed? And with the amount of money on the line for professional athletes, can you really blame them?

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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CastletonSpartan.com

Castleton, Vermont

Starting next fall South House goes dry



JOSH BASSETT / CASTLETON SPARTAN

South House dorms are being transformed into substance free housing.

By Kaylee Pratt
Castleton Spartan

Castleton State College students not into the living the party scene will soon have a living space to accommodate them.

There has been a lot of talk about this so-called "substance free" housing option that will start next semester, but there seems to be a bit of confusion on what it really is. Michael Robilotto, director of Residence Life, and Area Coordinator Madeline Hope, described the "substance free living option" as Wellness Housing.

It will be located in

South House starting next fall, they said.

"Wellness housing will be a living environment focused on the pursuit of individual and community wellness," said Hope. "The community pursues wellness

in many different ways: physical, mental, social, intellectual, spiritual, and environmental."

Hope and Robilotto both said that there are many different ways to define wellness, which is why there was a wellness-housing contract that will be put into place for those living in South House.

This contract notes that it does not guarantee you a place to live nor does it obligate you to live in the Wellness House. On the other side of the contract there are also three questions each person will have to answer on what wellness means to you.

Everyone living in or those desiring to live in this building still have to go through the normal process of housing selection.

And once accepted to live there, they have to adhere to the rules of the house.

"Students who live in the Wellness House will be expected to abstain from use of alcohol and other drugs in South

House, however if they are of age they are permitted to use alcohol and tobacco outside of the building," Hope said.

But living there isn't just about abstaining from drinking and drugs while there.

"The house will provide wellness specific events and activities for students and students will be encouraged to share their own passions with the community," Hope said.

Castleton President Dave Wolk said he likes the idea of Wellness Housing.

"I support the concept of themed housing whereby like-minded students can choose to live in an environment that best suits their needs and interests. I expect that there will be other groups of students who align themselves in the future, perhaps around interests such as a foreign language or commitment to our green campus and sustainability. I expect these choices will further enhance the quality of student life at Castleton," Wolk said.

SGA aids WIUV

By Leah Ede
Castleton Spartan

Castleton State College's WIUV radio station recently contacted an engineer to look at some damage to radio equipment caused by a recent windstorm.

In the process, engineer Neil Langer found that one vital piece of WIUV equipment that receives emergency messages was years outdated, which could have resulted in a fine of up to \$10,000, radio station leaders say.

WIUV General Manager Michael Mitrano was shocked by the announcement.

"Our EAS system, which receives weather forecasts (and emergency announcements), was outdated for about five to six years," Mitrano said. "And if we kept using that, then the college could have been fined up to about \$10,000 by the FCC."

According to the fcc.gov website, the Emergency Alert System requires TV and radio broadcast providers to offer the president the communications capability to address the American public during a national emergency, for example AMBER alerts for missing children.

You may wonder how the members of the station had neglected this for so long. According to Mitrano, the lack of funds allotted for regular equipment check-ups was the main cause for this oversight.

Radio station advisor Robert Wuagneux said he has little to do with the inner workings of WIUV, but does agree that there should be annual check-ups and program updates.

"You gotta remember, that a new crew comes in and they're not thinking about program updates," Wuagneux said. "All they're thinking about is just getting behind the microphone and promoting WIUV awareness."

Continued on Page 6

Battle of the burger

By Josh Bassett
Castleton Spartan

A Sodexo employee flips hamburgers on Fat Tuesday at the grill in Huden, but these are no ordinary burgers, and no regular spatula.

They were five pound burgers about the size of a party platter tray and he was flipping them with a pizza shovel.

But why such big burgers? Fat Tuesday brought a fat competition to Huden Dining Hall.

Between a five pound burger, and the toppings of lettuce, onions, cheese, three olives and a pickle, the total weight was about eight pounds, according to Jeff Kurto, General Manager of Sodexo at Castleton.

Kurto said the food preparation took between an hour and an hour and a half, and that between five seven-pound burgers and eight spaghetti and meatball bowls, the total weight of the food was about 70 pounds.

He said he thought of the idea as a way to involve Huden in the school community.



KATIE SAULT / CASTLETON SPARTAN

Sodexo General Manager Jeff Kurto presents a challenger with a seven pound burger as part of Fat Tuesday's challenge.

For the burger competition there were about 70 people just standing and eating as Eric Mimnaugh won the burger competition over Cyle Machia, Mike Perrore, Jon Wright and Josh Puckett.

It was a close competition, with Mimnaugh beating Puckett by about four ounces to win the \$50 Visa prepaid card. The other

contestants received Fire-side points for trying.

"It was a rock," said Puckett of the monster burger.

Wright agreed, and critiqued the preparation of his burger.

"It was overcooked on the bottom of the burger," he said, with both adding that it tasted more like meatloaf than a hamburger.

There were jokes made by the competitors at each other's expense and even a little showboating for the crowd.

"No pain, no gain," said Puckett to the crowd followed later by his mock request "can I get another one of these?"

Within 10 minutes, each student's face had gone from a look of amusement

and excitement to a look of dread. They were red and their cheeks puffed out as they struggled to choke down the food.

People in the crowd were in awe at the eating display with comments like "oh my God," and "holy shit" ringing out.

"It has to hurt to chew

Continued on Page 6

CSC group mobs for a cause



PHOTO PROVIDED BY AMY BREMEL

Members of Castleton's PAC club huddle together after participating in the V-Day Flash Mob in Rutland.

By Martina Marchese
Castleton Spartan

On Feb. 14 the Wal-Mart parking lot in Rutland was filled with men and women supporting and raising awareness about violence against women and girls.

They were participating in the 15th anniversary of "V-Day" cre-

ated by Eve Ensler, the author of The Vagina Monologues. A form of activism evolved from the V-Day idea called "One Billion Rising," which signifies that one out of three girls internationally are affected by gender based violence.

Angela Buffman, the Rutland County Women's Network and Shelter's child and youth legal

advocate, organized the event in Rutland. It was planned as a flash-mob where men and women would learn a dance that goes with the song "Break the Chain." A car sat in the middle of the group as a poem by Eve Ensler was played first and then the song lyrics "it's time to break the chain" blared through the speakers.

Sarah Carpenter, an advocate on the Castleton State College campus and at the Rutland County Women's Network and Shelter, informed Peer Advocates for Change members about the event and along with student Samantha Barrale taught them the dance.

"Angela brought it to my attention and asked me to get friends and community attention so I brought it up at a PAC meeting and to some professors and that's how the Castleton community got involved," said Carpenter.

Professor Linda Olson said she really enjoyed participating and learning the dance even though

she joked that she learned it badly and stood at the back so no one would see her. She said that the school has been long time community partners with the shelter.

"It was a good way to increase awareness on relationship violence to a global standpoint," said Olson.

Members of the Castleton community made up the majority of the participants, said CHANGE coordinator Amy Bremel.

"I definitely saw many faces I knew," said Bremel.

She was also very grateful to see that law enforcement came to support the cause and event, she said.

"One female officer was involved and cheering us on," said Bremel, clearly ecstatic about the support.

New members of PAC said they were moved by the event.

Continued on Page 6

Fresh Perspective



One thing I can personally say I enjoy about winter is the snow, that is when I can go sledding or snowmobiling. The cold weather is something you learn to get used to, especially when you live in or around Vermont. However, when you have to trudge through the wet, snow-covered sidewalks of college campus, it becomes something you dread.

Not long ago I sat and waited for the horrible storm that the weathermen called "Nemo." I was banking on the fact that class would get cancelled the next day, but sure enough I found myself freezing on my way to classes. Those are the days everyone wishes summer were here already.

Looking around the campus, it seems as though everyone has a case of the "winter blues." In every class you here people sniffling or coughing because of a cold, and then eventually everyone is sick. Nobody wants to go outside.

Whenever there has been a warm day, you see people everywhere, taking full advantage of it. It will be so much nicer when I can walk to class without putting a ton of layers on.

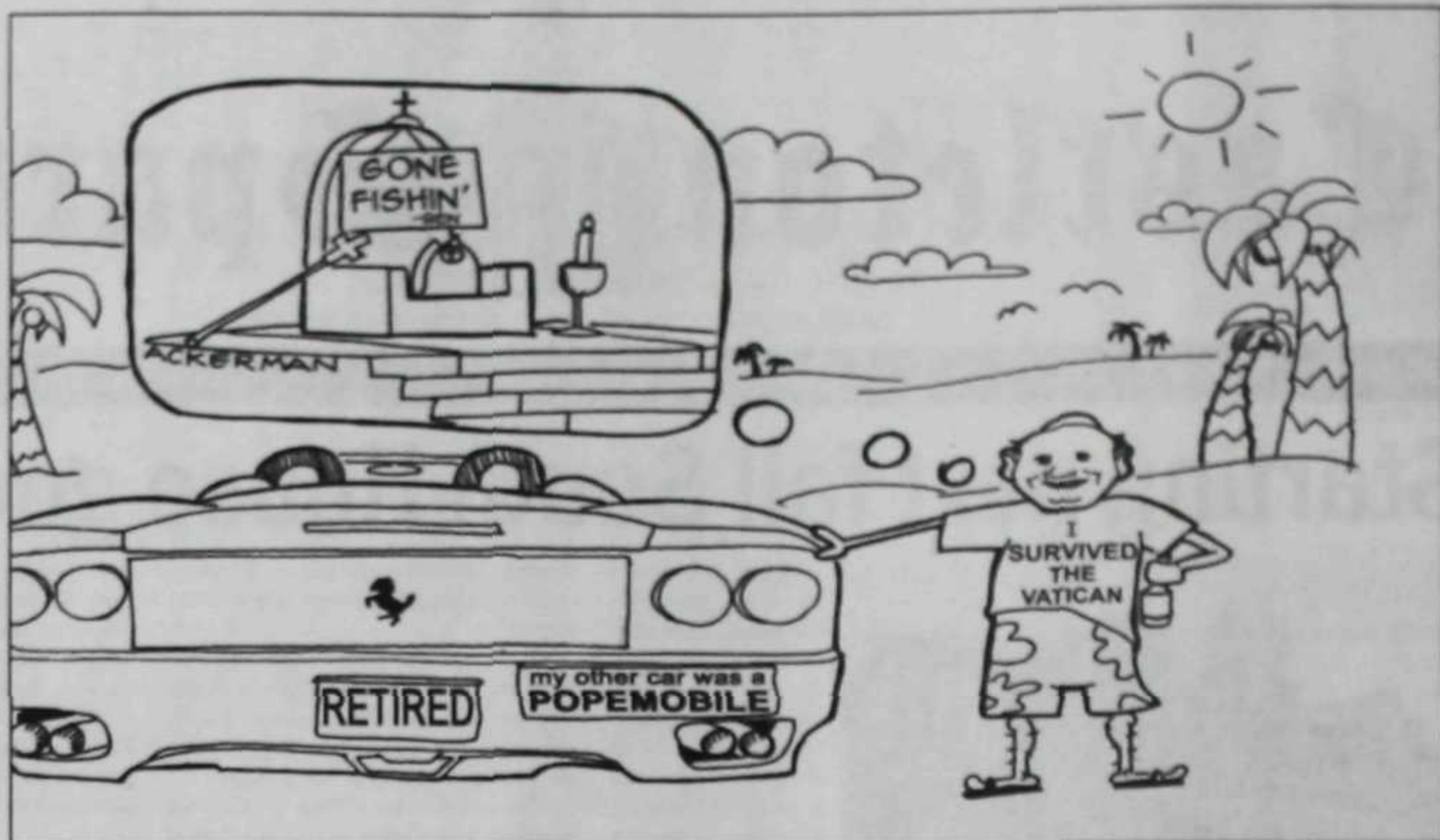
Along with the cold weather comes unhealthy eating habits. My goal when entering college was to not gain the "freshman 15." This goal doesn't seem very difficult, but there are only so many healthy choices you can make in a dining hall.

The way I am avoiding the "freshman 15" is by going to AI workouts three times a week like the rest of the sports players, and also going to the gym every day. After a while you have to literally drag yourself out of bed to workout early in the morning, but by the end of the day you're glad you got it over with.

We have another break ahead of us and before long, it'll be finals time.

Then let summertime begin!

-Kaylee Pratt



Leave the Pope alone

When we start a career, we know it will most likely be a long term commitment. However, we reserve the right to leave or resign from that job if we no longer feel a connection with it, or have the opportunity to move on to something more fitting.

Most people would not look down upon this action, in fact, most would respect the decision to step aside and let the job be better handled by someone else.

This is what Pope Benedict the 16th announced he would be doing on Feb. 28 of 2013 due to his age and increasing fatigue.

That is when the controversy started taking place. Many people from all over the globe feel as though his resignation is causing instability in the Catholic Church. It is thought by many devout Catholics that once you have taken on a position that requires such spirituality and leadership, you must dedicate yourself to it entirely, through thick and thin. Through sickness, old age and even death.

Death?

Can you imagine having your current job until DEATH? Granted, the Pope is a really honorable job and he most likely knew that death was viewed as the only noble form of escape.

But everyone has a breaking point, even the Pope.

He is only human, and it isn't like he is the only person who has ever bowed out of a high profile career. I mean, look at actor Joaquin Phoenix; he had a promising career after Gladiator and Walk the Line and then decided to grow a beard and call it a day.

Again, it may be farfetched to compare an actor to the leader of the Catholic faith, but Pope Benedict the 16th is not even the first Pope to step down. Pope Gregory the 12th bowed out in 1415 during a leadership crisis, knowing that someone else would be more equipped to handle the situation.

Now THAT could be considered noble.

Aren't we taught that if we are struggling with something we stop and ask for help? Better to get assistance than to screw it up even more. Or if we cannot do a certain task properly, no matter how many times we may try, to scoot out of the way and let someone who feels more confident handle it?

Pope Benedict the 16th is almost 86 years old. At that age, most do not even contemplate work. Most people are living life on Easy Street, watching reruns of The Price is Right and hanging out with their cats and grandchildren, saying and eating whatever their slowly-beating hearts desire.

So why should anyone have the right to judge the Pope on why he wants to step down? Although rare, there is no law against it and it's doubtful he made this choice hastily.

So let him resign. He deserves it.

-Bryanna Allen-Rickstad

Castleton gets complimentary

Facebook is a social network, a way to keep in touch with friends, a way to communicate, a way to find long lost family, a way to procrastinate all homework assignments and a way to brighten someone's day.

You may be wondering about this last one. How can it boost someone's day? Yes, you may have 30 people like your status or someone comment on your newly-posted selfie. You may even get a friend request from the highly attractive person you met on Saturday night. These are all things that put a smile on your face when you hop on Facebook instead of doing the 20-page paper that's due tomorrow.

However, lately, there's been a new way to express your thoughts to anonymously make someone's day 100 times better. It's the Castleton Compliments page on Facebook.

It works like this: you have something nice to say to a person, but for some reason you don't want to say it to their face. You send it, along with the person's name in a message to Castleton Compliments. The creator of the page takes it from there, posting your kind words and tagging your friend in it.

This initiative began at Queen's University and aims to spread happiness and joy. This social project has received lots of positive feed-

back around Castleton. If you're super shy or just don't feel like telling the person to their face, it's a great way to compliment someone without them knowing who it came from.

Along with this type of thoughtful initiative comes people who think they're funny and can make a joke of it. They try to be sarcastic by sending in rude and negative comments. To all you practical jokers, the joke's on you this time. The site specifically says that hateful remarks will be completely disregarded. So if you think you're being funny by sending an offensive message, think again. You'll only look like an ignorant idiot.

The goal of this page is to bring happiness to a place where many people get made fun of. With all the new technology and social networks, cyber bullying has become one of the biggest issues among young adults these days. This social project aims to fight against online bullies and prove that people still have nice things to say to one another. It's a great thing for this campus to take part in so keep sending in your compliments and looking to see if someone said something nice about you too.

-JenniLee Mark

Castleton Spartan

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Letter to the editor

Dear Editor:

I was pleased to read the article about Pink the Rink in the February 13 issue of the Spartan.

The Women's Hockey Team is to be congratulated, not only on their sportsmanship and commitment to community service, but for their support of this important cause.

I would, however, like to acknowledge the "unsung" heroines (and hero) who were not mentioned in the article.

Castleton librarians Sandy Duling, Frances Ryan, and Ginger Johnston made the gorgeous quilt for the

raffle. This was a time consuming, labor of love to create this work of art.

Karen Sanborn and her friends and family, Jean Cadoret, Hope Slade, and Kyri Cimonette, made the beautiful "pink" items that were sold. Karen's husband, Al, hand-carved the clever pink wooden "wizards."

These folks spend many, many hours each fall and holiday season making hats, mittens, scarves, blankets, toys, and bags for "Pink the Rink." Thank you all for your contributions!

-Victoria Angis

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New club achieves more than just a few kicks



PHOTO CONTRIBUTED BY DAVID IEVOLI

Hacky sacks are set to be distributed to the local Castleton Elementary School from the Hacky Sack Club.

By Matt Bloomberg
Castleton Spartan

David Ievoli is freshman at Castleton and founder of one of the college's new Hacky Sack club.

But why is the Spartan featuring a Hacky Sack Club on its pages? You might try asking the several hundred underprivileged individuals this group just helped.

This past fall, Ievoli and his club be-

gan collecting gently used shoes to give to Donateyouroldshoes.org; a California non-profit organization that assists schools, churches and businesses in organizing shoe drives. The family-run program works to provide shoes to needy people across the globe.

The Castleton effort began shortly after the Hacky Sack Club was made official in early October and concluded on Valentine's Day. The club, Ievoli said, was initially met with a little skepticism.

"At first they didn't take it seriously and questioned if we were just going to hacky sack all day," said Ievoli. "I thought of it as more than that."

The group started by setting up donation boxes across campus. But what originally began as just a small idea, quickly emerged into something much greater.

"In the back of my mind, I always said we wanted to get involved with the community," Ievoli said. "I never imagined what it became."

Soon club members found themselves expanding their cause to the greater Castleton Community, including paying a visit to local establishments like Citizens Bank.

"I go in there to use the bank all the time," said Ievoli. "One day it just happened to come up that I was doing the shoe drive and they loved the idea."

Then came the idea of merging the shoe drive with the college's mentoring program.

The club worked in tandem with senior Corrie Keener, the student head of the program at the time. Keener granted the club permission to send flyers home with the mentees and set up a box in the elementary school for faculty, parents and students to donate.

Finally, as a special treat, Ievoli arranged for his team to accompany the

mentors on their scheduled Feb. 14 visit, where the club passed out hacky sacks for all of the mentees and taught the kids some of the finer points of the game.

"Everyone was smiling," Keener said when asked about the day's turnout. "The mentees loved the event and enjoyed donating shoes to a good cause. It was all around a great success."

When asked about the reason behind investing so much time into a single cause, Ievoli smiled.

"I grew up with giving back, to the community, I've just loved to see people smile and be happy."

By the end of the fundraiser, the Hacky Sack Club collected 14 large-sized boxes of shoes, roughly 100 pairs in all. As for the shipping, it was covered by the college's financial committee.

So what is next for this civic-minded club? Ievoli was tentative when asked, but said the club hopes to work with the elementary school again soon, possibly hosting a fitness-oriented event for the mentees here at the college.

He also noted his club is always looking for new members to as he puts it "come kick it" and spread a passion for physical activity and giving back to the community.



REBECCA ROE / CASTLETON SPARTAN

From left to right, Matt Haley, drummer Tim Duch, Josh Cote, and Joe Plotts rock out at the TBA concert event.

TBA event rocks Castleton

Venue change brings performers closer to audience

By Rebecca Roe
Castleton Spartan

Chad Voghell sits back behind a soundboard and enjoys the ten-hour music performance of Total Backstage Access, better known as T.B.A.

This ten-hour performance is a free concert that has many different genres of music and performers.

"The whole show takes place backstage, a place very few people ever get to go," said Voghell, the founder of the event.

The theater department's tech service crew runs the whole show. They set up the night before the big day and they tear everything down the minute the concert is over the next night.

"One thing I'll never forget about

this year was sitting on the stage playing with the moving lights at 2 in the morning making the eye of Sauron and the Deathly Hallows with the Movers," said John Lucas, a crew member.

This year, T.B.A took place on Feb. 9 in the Campus Center. However, in the past the concert took place in Casella Theater.

"I like the venue, a lot! It gave people the opportunity to mix and mingle. The Fine Arts Center is sometimes very huge and I prefer intimate audiences. I don't like that stadium type of feel," said Robert Wagneux.

"You can literally see people keeping time, singing along, or moving their lips."

Along with Wagneux performing

were many other genres and styles of music. At 2 p.m. when the whole event started, Mike Mitrano and R.J. Leite took the stage upstairs of the campus center. They performed mainly covers like "Hey Ya," by Outkast and "Black Hole Sun," by Soundgarden.

"I was very excited to perform! I was also satisfied when I was done and I hope to do it again next year," said R.J. Leite.

The night ended with Wagneux performing songs such as "When I'm Sixty-Four," by The Beatles.

"The best part about performing at this event is connecting with students at another level rather than being a faculty member. They get an opportunity to see me as an artist," said Wagneux.

The Spartan Spy

Dear Spartyers,

Suffering from a case of cabin fever? Or perhaps the recent flu epidemic has caused you to take a few too many over the counter pills with your evening cocktails. Nevertheless, your after hours activities have been anything but tame lately.

I am disappointed to say that some Spartyers still haven't mastered the Castleton keycard system. Jumping from bed to bed is complicated enough, so don't wander outside your own residence hall if you can't budget your time properly. After all, you don't want to end up like one Sparty who tried to have her rendezvous after the 11 p.m. curfew and was spotted having an earlier than anticipated walk of shame.

While classy isn't typical a word used to describe most evening events attended by Castleton students, some have managed reached an all time low.

I'll be the first to admit that hopping on a bike and riding around a dorm while your friends snap your picture sounds like a blast and I'm sure your handle of Goldschlager still seemed to be a rewarding beverage choice at the time.

However, things take a serious turn when you finish your evening with your head in the toilet and then proceed to drink from the bowl in hopes of rehydrating. In the future you may want to put a little more thought into your liquor purchases and seriously consider getting tested for E. coli.

Another Sparty-too-hardy had one of her not so finest evenings when she crashed a game a "King's Cup" and proceeded to chug red wine from a Dasani bottle. A word from the wise, if you plan on getting sloppy white wine is always more forgiving and if you need the rules repeated every turn you should probably stick to simpler games like "Go Fish."

Around the Castle some say a Spartan is only as strong as the one next to him and others say strength is measured in the drinks you mix. My only comprehension of this is that to stay strong you have to sparty on.

Can you guess me yet Castleton? Or are you still too busy trying to reclaim your lost dignity? Keep looking for more letters from the Spartan Spy to see if you've been spotted.

Spreading random acts of kindness

By Molly Demellier
Castleton Spartan

Often times the smallest acts of compassion or generosity have the ability provide the greatest impact. On Feb. 11, Castleton State College joined the nationwide movement to spread random acts of kindness.

Senior Erica Bilodeau learned of the Random Acts of Kindness Foundation through her civic engagement courses here at Castleton and has since been eager to introduce the weeklong project to campus.

"I was excited to bring it here," she said. "Showing someone you care and an act of kindness can change the culture."

Bilodeau kicked off the week by designing postcards in the Campus Center with instructions for ways to perform acts of kindness in the community. After completing the task students wrote their name on their card and passed it along for someone else to follow its instructions. Each card had room for five people to record their name and act of kindness. Once the card was full the final person was to mail it back to the school.

"It was to see just how far one act of kindness can reach," Bilodeau said.

The rest of the week followed suit as

Bilodeau sought to involve her fellow classmates in the movement.

Tuesday's "Cards for a Cause" event brought students to the Campus Center to design Valentine's Day cards for community members who participate in the Meals on Wheels program. After a day of Crayolas and construction paper, Bilodeau hit the kitchen to begin baking for Wednesday's events.

Around midnight, as most college kids were getting into bed, Bilodeau began her day by delivering Dunkin' Donuts Box 'O Joe coffee and boxes of donuts to the overnight public safety staff. Later in the morning, she delivered platters of baked treats to different departments around campus.

"They never really get recognition," she said. "I wanted to thank them for all of their behind the scenes work."

Bilodeau wrapped up the week with a project called "The Clothespin Movement." Students gathered in the MPR room of Castleton Hall to decorate plain clothespins in expressive themes and colors and filled them with inspirational sayings.

The next step of the project was for the clothespins to be randomly distributed throughout campus. They could be clipped to an unsuspecting persons back-



ERICA BILODEAU / CASTLETON SPARTAN

Student David Ievoli makes a Valentine's Day card as part of Random Acts of Kindness week.

pack or simply left out in the open for someone to find. Bilodeau says this was a creative way for people to say something kind.

Overall, Bilodeau said she found the

Random Acts of Kindness Week to be a success.

"I didn't think I would have gotten so much out of it," she said. "I'm hoping it's something that can continue."

Campus Quips

Martina Marchese &
Sondra Olds



Question:

How do you feel about the Pope's retirement?



Andrew
Alexander

"I'm ambivalent."



Brendan Lalor

"Oh he's old,
good for him!"



Elizabeth Ashworth

"I just really don't think it's a big deal. The Pope doesn't have as much sway in the United States. It's a modern era!"



Flo Keyes

"I'm not Catholic so it doesn't affect me personally, but if he is sick it's best for him to step down."



Kelsey McDonald

"I don't agree with Catholicism so it's good that he stepped down."

Prof: School needs recreational equipment

By Erica Bilodeau
Castleton Spartan

Have you ever wanted to take advantage of the different facilities or leisure activities that Castleton has to offer? Were you unable to because you don't have the necessary equipment?

A new proposal submitted to the Student Government Association could prevent that from happening in the future.

Castleton State College has facilities and programs on campus to provide the Castleton community with many ways to stay active and have fun. With two gymnasiums, racquetball courts, a swimming pool, and the multi-use stadium, there is something for everyone. The Castleton Campus also offers a beach volleyball court and baseball and softball fields.

The downfall is that the majority of these options require you to

bring your own equipment.

"We have great sport facilities on campus, but students do not have any access to shared items to enjoy these facilities," said Andy Vermilyea, a natural sciences professor who reached out to the Student Government Association about purchasing equipment to fix that problem.

Vermilyea suggested providing basketballs, soccer balls, racquetball equipment and ice skates. Depending on available space, he also proposed that the items could be signed out from the desk in the Glenbrook lobby in exchange for one's Castleton ID.

"Just an idea, but this might get students together utilizing our facilities more," said Vermilyea.

Student Josh Budzinski, in response to an online poll on the subject, said he would suggest some of the more common sports balls and "ice skates for sure." Another

student, Chelsea Burke, agreed that students should definitely have access to ice skates. With the new skating rink installed under the pavilion, 23 out of 25 students interviewed in the dining hall said that they wish they had skates so they could use the facility.

But it's not just skates, school officials say.

"I feel bad. I had a kid come into my office and ask if I could get a basketball for him to use from the PE department and I had to say no," said Diane Saltis in the athletics office.

She said that there are always people asking for equipment, but she also said that supervision for the loaning program would be an issue.

"There would need to be someone working at the front desk all the time. With the overlap of winter and spring sports, the local schools' vacations, and the

student's desire to play, the traffic flow in through here is already increasing."

Members of the Student Government Association have received similar proposals in the past. Last year, the SGA helped purchase new ropes and shoes for use in the Rock Climbing Gym. The SGA also plans to assist the Outing Club in obtaining updated outdoor equipment for students to use in the near future. When presented with the idea of also providing items for the traditional recreational activities, members said they would consider it.

"We will have to look into the logistics of maintaining such a program, but the student government is always looking for ways to provide more recreational activities to students at no cost to them," said SGA President Michael Shalginewicz.



Jennifer Aubin works with a community member during a recent Exercise Leadership class.

Class helps benefit Castleton community

By Leah Ede
Castleton Spartan

Castleton's new health science class has become a hot topic around the campus community as the students work toward helping improve the health of the community members through personal training sessions.

The Practicum in Exercise Leadership class, run by Gail Regan, allows students to work one on one with community members on a regular basis helping them to develop better health skills.

The program was brought to Castleton State College by partnering with Blueprint for Health and the Community Health Centers of the Rutland Region. These programs help people with chronic health problems, which could be improved by physical activity.

John Feenick, chair of the physical education department, helped create this class and spoke highly of how well the students and the clients

worked together.

Many of the former practicum students boasted about the experience and getting to know their clients on a personal level.

"This was definitely a good class for both the clients and the students because it gave us hands-on experience," said Eric Pollica a senior majoring in Exercise Science.

Graduate student in education Courtney Chadburn enjoyed the class thoroughly, but found it slightly difficult to help clients with different health issues.

"It's hard working on a lot of different health issues and getting the right program for the right person," said Chadburn.

The class runs three days a week. New client evaluations are Wednesdays, in which all of the students discuss and assess suitable actions for the participants. They begin with a comprehensive functional fitness evaluation, which consist of 5 areas: cardio respiratory endurance, muscular endurance, muscular strength,

flexibility and body composition. This evaluation gives the students and clients a base line to start from.

Regan explains that their main goal is to help people who haven't been exercising to become healthier.

"Our goal is to educate the community members about proper form and the value of different exercises," said Regan with an eager smile on her face.

The class uses a wide variety of workout techniques designed to increase the client's stamina by including walking, weight lifting, and water aerobics.

Jade Werger, who is majoring in health psychology and minoring in sports fitness, explained how she helped one client.

"He had a hip issue so I had to modify his workout so it was beneficial to him. We had to adjust his program to what he'd be able to do," said Werger with a pause. "Each of our clients had individual goals and our objective was for them to reach them."

Males dominate yoga class

By Stephanie Arndt
Spartan Contributor



Students practice the greeting pose in yoga class.

The bodies shook and were contorted in a variety of awkward and painful looking positions. Sweat streamed down the grimacing faces as soothing instrumental music played in the background.

Welcome to yoga at Castleton State College, held Tuesdays and Thursdays in the Glenbrook Gym.

The male students are dressed in t-shirts and shorts while the females sport the typical yoga pants. The class is held in the far side of the gym so when you walk by the glass doors you can peer in on the class. The instructor, Tammy Brown, sits facing the class on her yoga mat leading the group through a variety of moves.

Her class consists of 15 students and only four are girls.

"Yoga is a good stress reliever for a college student.

I choose to do yoga because I have taken classes before and have enjoyed it. Yoga is good for your mind and body. I'm a health science major and care about my health, so this is why I chose this class," said junior Jessica Nutter.

Most of the girls in the class say they are there by choice whereas the boys are in it for athletic reasons.

"I always wanted to take a yoga class. I was surprised that there were only four girls total in the class of about 15, but I think it's because more girls attend yoga classes outside of Castleton's curriculum," said senior Jade Werger.

Class members say people misjudge yoga as a relaxing class with a few stretches and breathing techniques.

"Parts of the class are more difficult than I expected it to be. When we

Continued on Page 6

Psych. group heads west

By Cody Arsenault
Spartan Contributor

Castleton State College's psychology research team is headed to Portland, Ore. on March 7 to present research at this year's annual American Psychology and Law of Society conference.

"This is THE conference to attending for psychology majors," said professor and research team leader Kathryn Sperry. "I ask for funding to attend one conference a year and this is it."

Sperry, who has been teaching at Castleton for about four years, has taken four handpicked psychology students to the APLS conference each of the last two years. For the students, it's a great learning experience and a chance to meet other professionals in their field.

"I'm excited about listening to the lectures," said Chelsea Sheehan, one of the students going to the conference this year. "It's not something you can read about."

Other team members are equally thrilled.

"I'm really excited to get the opportunity to listen to the lectures and network with graduate schools," said team member McKynze Works. "We are all excited to present the research we have found."

The team will be presenting their research on the influence of perceived victim blame, such as intoxication versus sympathy of the victim statement on jurors' evaluation of them in rape cases.

"In the future we will try to reduce the level of blame to see if it affects sympathy," Sperry said.

For some of the researchers, the APLS conference will not be their first.

"The Eastern Psychological Association conference last year changed my life," member Cassie Pinaire stated "It confirmed my interests in the psychological world. At the conference I was able to see just how many people were interested and working in the career that I have chosen and it was inspiring to see so many people come together to share their knowledge and interests."

"The experience allowed me to confirm that I am working toward(s) goals that really are possible and that I am sure that I want to accomplish."

As well as presenting, Sperry and her team members will also be running in an APLS sponsored 5k race as well as attending a networking dinner while in Portland.

Game Review: Rage

By Dashiell Monder
Castleton Spartan

Rage is a first-person shooter game made by the same company that made the entire Quake series called ID Software. The graphics in this game are extremely amazing. The game was first shown as a demo on June 11, 2007 and was released in October 2011.

It is set in a post-apocalyptic near future, following the impact of the asteroid 99942 Apophis on Earth. The game has been described as similar to the movie Mad Max 2 and to video games such as Fallout and Borderlands. Rage is inspired by the driving and racing gameplay included in games such as MotorStorm and Burnout. Cars can be upgraded with certificates won from races.

In Rage's story, the asteroid 99942 Apophis impacts the Earth on Aug. 23, 2029 leaving few survivors. Survivors have come together to form settlements around an oasis and other practical or habitable locations, including racetracks. Unstable scrap-metal houses are well defended by inhabitants against bandits and mutants who are divided into various gangs and organizations.

The protagonist, the "Ark Survivor," emerges into this set in 2135, 106 years after being put into a deep sleep inside an underground shelters called Arks. The underground shelters are the result of the Eden Project, a huge international undertaking to control hundreds of Arks. These Arks contain cryogenic pods sealed under the surface of the earth in order to preserve enough of the human population to rebuild civilization in the future.

The Ark Survivor, with no memory of his identity or objective, rises to the surface.

He is attacked by members of the Ghost Clan. Dan Hagar (voiced by John Goodman) a wasteland settler, saves him and brings him to his settlement, the Hagar Settlement, on the Plains. He informs the Ark Survivor that The Authority, a hostile faction, is looking for him and other Ark survivors for an unknown pur-

pose. The Survivor helps Hagar's settlement and others by completing a few easy jobs. During this time, it's revealed that the Nanotrites injected in the Ark Survivor's blood before he was put to sleep have granted him superhuman abilities to help him survive the dangerous elements outside the underground Ark. It's the Nanotrites that makes him valuable to the Authority.

While at the settlements, the Ark Survivor helps out with various jobs like fighting bandits and mutants, and ferrying supplies. Then he meets with Dr. Kvasir, an elderly scientist who used to work for the Authority. The doctor tells him about the inhumane experiments the Authority was responsible for, such as the creation of the mutants and puts him into contact with the Resistance, an anti-Authority group who wants to take down the Authority for good.

On a scale of 1-100, I would give this game a rating of 125.75 for amazing graphics of post-apocalyptic scenery, and the style of the weaponry.

I hope you have a blast playing Rage™ for however long you want to play in the amazing areas of the plains!!!

Music Review: Weezer

By Jimmy Britt
Castleton Spartan

It's an oldie but goodie; the Weezer "Blue Album." Weezer had a rough start with it's first album like most bands do, but yet they have become a huge success. This album in my opinion has six amazing songs and four good songs.

The album starts out strong with "My name is Jonas," which gives listeners a feel for their music. This song has an alternative, indie, and punk feel to it. The next song comes on good and strong, "No one else" is a classic break up song. It gives you a heavy beat with catchy lyrics about how lead singer Rivers Cuomo wants to find a girlfriend who will stay with him even when he's on the road. The next song starts to lose its good vibes. "The world has turned and left me here" in my opinion is a continuation of "No one else" but focuses on the aftermath of the break up. I can hear the regret and loneliness within the lyrics.

"Buddy Holly" turns the beat around, giving more good vibes and an awesome beat that you can move around to. The next song "Undone-the Sweater song" is one of my favorites because it starts out with this awesome mellow song that's good for chilling, but then it turns into a heavy and lively rock song. Unfortunately "Surf Wax America" is a more juvenile song that has a decent rhythm but lacks the depth I felt from the other songs.

"Say it ain't so" is my favorite song on this album because I can feel the anger, sadness, and yearning for love in it. To me this song is about forgiveness and patching things up not only with someone else, but also with himself.

The song "In the garage" was just too boring for me. It was about nerds whose only escape is a garage. I can relate to feeling of not being liked by others but serious you don't need a whole song just to tell people you have little to no friends. Luckily "Holiday" brings you back to the good vibes and great rhythm of the album. My favorite part of this song is in the middle, which has a doo-wop style to it. Also I like how the song is about just taking a vacation or holiday to escape everyday life.

Lastly "Only in dreams" makes a decent attempt at making a good closing song. Don't get me wrong it's a good mellowish song but I feel as if "Holiday" and "Only in dreams," should have switched places. I think that "Holiday" could have wrapped it up better.



PHOTO CONTRIBUTED BY NICOLE IRWIN

The male ensemble practices dance with Kelly Sue Ellen in the Fine Arts Center dance studio.

Behind the scenes with 'Scoundrels'

By Nicole Irwin
Spartan Contributor

"Alright, not bad, but it can still be better. Let's run it again," said Julianne O'Conner, the choreographer of the upcoming musical Dirty Rotten Scoundrels," that will open in the Casella Theater at Castleton State College on March 14.

O'Conner walked to the stereo, pressed play on her iPod and the song "Oklahoma" started playing triggering the group of male dancers to start kicking and doing their best country dance.

A lot goes into putting on the shows each year at CSC and it all starts with Harry McEnerny, the director and chair of the Theater Department. He first chooses the play and then organizes the production team.

"Usually we have a reason for choosing the plays we do here. 'Dirty Rotten Scoundrels' doesn't have a reason, it's just fun," said Angela Brande, costume designer for the show.

Once a play is chosen, there are production meetings to collaborate ideas between the different departments. This involves lights, set, costume, makeup and hair, the director, stage manager and countless other minute details to many to mention.

"The pallet for this show is a lot of bright colors," said Brande as she displays her pallet of pinks, yellows, greens and blues for costume inspiration. "There are a lot of colors, but no purple. Steven Gross is using some purple in the lights so it will stand out."

While there is a lot of technical work in these productions, the

actors drive the show. Rehearsals most nights run from 6-9 p.m. and actors also deal with mandatory gym time. They're also warm up for 30 minutes before dance rehearsals. Memorization and physical fitness is key.

"Physical strength and endurance are very important for breath support," said O'Conner. "It takes a lot to be able to sing and dance the way we do in this show."

There are lifts, dips, kicks and fast paced music all throughout "Dirty Rotten Scoundrels." O'Conner even struggled keeping time with the song, "The More We Dance," which performers say will be one of the highlights of the play with awesome light design and some saucy tango.

The rehearsals begin in the dance studio and then progress to the stage.

"The hardest part will be when we work with the band for the first time," said Christopher Belanger, an actor in the show. "We rehearse dances with the recording first and we could be working with a different tempo than the band. There is a learning curve."

With only a few weeks left before the show opens and with losing a week due to February vacation, it's crunch time these days.

"I hate when people say 'Oh, it will come together,'" said McEnerny. "It doesn't just come together; it is put together with a lot of hard work and dedication."

Dirty Rotten Scoundrels runs March 14-17 and March 22-24. Tickets are available in the Fine Arts Center Box Office.

Movie Review: Identity Thief

By Leah Ede
Castleton Spartan

Don't judge a book by its cover.

That message, in this movie, is almost as strong as, "don't trust anyone with your information."

The well-behaved stick in the mud, Sandy Patterson, played by Jason Bateman, has his identity stolen by the short rambunctious Diana, played by Melissa McCarthy.

In the process of Patterson trying to capture Diana, he gets into a rollercoaster of trouble, such as being arrested, being shot at and breaking free from the police.

This film is hilarious with its high-energy activity, from the beginning where Sandy Patterson finds out his identity had been stolen and fly's

to Florida to bring the perpetrator back to save his job and conserve his pristine image.

The occasional violence and inappropriate suggestive sex scenes made this an R-rated movie.

I believe this was a well-made film; it kept you sitting at the edge of your seat and left you with a stitch of pain in your sides due to laughter.

McCarthy is well known for her sense of humor but does a superb job showcasing her other sides. In one scene she shows joy and sadness and you can't help but be trapped in her web of emotions.

Overall, this movie is thoroughly amusing and the moral is to never trust anyone with your personal information.

Theater Review: The Pillowman

By Jimmy Britt
Castleton Spartan

Sitting in a chair with a black bag on his head, the stage lights pointed on Benjamin Villa. Student director Meghan Hakey said that Villa had been sitting on stage like that for about 20 minutes, which showed dedication to his role as the main character Katurian. The lights then went down and the announcer said, "There will be a gunshot during the play."

Some people may think that being told there's going to be a gunshot will ruin the surprise of the play. Personally, it only makes you think more about when it's going to happen and increases ones curiosity.

"The Pillow Man" had an amazing plot, great cast, and a lot of emotion. The play is about how a writer named Katurian is being accused of the murder of three children because the murders resemble ones in



JOSH BASSETT / CASTLETON SPARTAN

Benjamin Villa as Katurian in The Pillowman.

his stories. We learn that Katurian is innocent of the three murders and that his developmentally challenged brother, Michal, with John Lucas playing the part of Michal perfectly, is the murderer.

Michal killed the children because Katurian wrote of them. Out of anger and love, Katurian then kills his brother and confesses to the police of the murders. There are many more twist and turns to the play.

The cast really brought the play to life. The way that Villa spoke and his mannerisms made you really believe that he was Katurian. Nick Marshall and Justin Gardner made their characters, Detective Tupolski and Officer Ariel respectively, very believable.

When Gardner started to "beat" Benjamin, the audience could really see the emotion in Gardner. Marshall definitely made me laugh when he told

the story of the dumb and deaf Chinese boy in China. The story was funny, but it had undertones of seriousness.

My favorite thing about the play was the shadow people. They would act out the stories that Katurian was telling behind a screen and it was an amazing touch. I want to give credit to each shadow actor for their wonderful performance that really brought the side stories to life.

FCC fine averted CSC blood drive

Continued from Page 1

Student Government Association Treasurer Tiaunna Leddick explained that WIUV does not have a set annual budget, however Mitrano says they have requested more money in light of these recent events.

At the last meeting on Feb. 13, the SGA approved a budget increase of \$199, for a total of \$2,199 just for this semester.

With this money, Mitrano says they were able to purchase a new EAS program, another programing system for sports broadcasting and a wireless receiver.

Also, the SGA covered the \$2,300.43 bill for the engineer, SGA officials.

WIUV Co-General Manager Jaren Carpenter believes that the fault of the station's outdated programs does not sit with the staff.

"The biggest problem is cutting back the budget and it cuts back on check-ups," Carpenter said. "We didn't have the money to pay it."

Mitrano explained that to have the engineer come for a check-up, it would cost about \$150 an hour and the engineer generally stays five to seven hours.

Though the SGA funds the club, some members wonder if the col-

lege should fund WIUV instead.

"I personally would like to drop WIUV funding and let the college pay for it," said SGA President Michael Shalginewicz.

Shalginewicz thinks that it's a hefty amount of money that the SGA is giving to the radio station, especially when none of the SGA members know how the station is run.

But Dean of Students Dennis Proulx says that all student media should go through the SGA.

"Anything that is purely student run should be paid for by the SGA," Proulx said.

Langer is pleased that he caught the problems and has been at the college for five days fixing everything so it can be FCC ready.

"I think we're in better shape," Langer said. "All they have to do is keep it up."

In other SGA business, at the same meeting delegate Jordan King spoke briefly about how she's been working on getting door hangers to hang off of the doorknobs around campus showcasing CAB events and SGA election news.

And due to current events, delegate Lacey Boleyn is creating a violence forum that will allow students to talk about issues that have been happening around campus.



BEN CARSENS / CASTLETON SPARTAN

Eric Pollica gets his blood drawn at Castleton's annual blood drive on Feb. 20 for the American Red Cross Association. Castleton State College collected over 90 pints of blood during the drive.

CSC dominates event

Continued from Page 1

"I just started with PAC this semester. I really liked it, it was so powerful," said Elizabeth Hubbard.

Barrale said the main reason to get involved was the important message behind the event.

"Once I heard the lyrics in the song, I heard how powerful it was and wanted to get more people involved," she said.

She said that it was so important for PAC members to get involved because it relates to what they do as a group and it's very important

to stand up against gender based violence. She also went on to say that the PAC members wore their "Got Consent" shirts to go along with the red and black theme.

"[Valentine's Day] was a really unique time to do it because people think about happy and healthy relationships, but they don't think about people experiencing violence and abuse," said Barrale.

Just being involved in giving a voice to someone who can't speak for themselves is a powerful thing, she said.

"I like being actively involved because I know it makes a difference," said Barrale.

Continued from Page 1

after that long, said one bystander to another, to which her friend replied, "they're boys."

Senior Dave Carrier was trying to energize the crowd between clapping, yelling "eat the burger" and telling one student "Show me your war face!"

It got even better toward the end when Perore called for the bucket, almost puking into it, which the crowd was cheering for.

When the burgers were done it was time for spaghetti and meatballs and Ben Carstens devoured the eight pounds worth placed in front of him in Huden.

Carstens was one of five students competing, joined by

Jackson Boutin, Andy Hale, Brandon Root and Julie Carryer.

Carstens won, but he struggled mightily with the eight pounds of food, eating only two and a half of the one pound meatballs.

Round two of the competition wasn't as well attended with only about half the crowd left.

All five looked very full within five minutes, with one student noting "I'm getting full just watching them."

No one went after the meatballs, other than Carryer and Carstens.

"Once I got into the second meatball, it was kind of bland," said Carstens who said he joined because he likes eating

food. "I didn't expect to win."

Winning a competition like that might make someone think about being a professional eater, but not Carstens.

"Probably not, gotta watch my figure," joked Carstens.

Kurto was very happy with the event and it appeared the school community was too.

"We'll probably make it an annual thing," said Kurto. "It was a lot more popular than I thought."

Carstens said he is up for the challenge next time around.

"Gotta defend my title," he said.

But not everyone was in love with the thought of eating so much food.

"It makes me feel gross," said student Jacob Swane.

Former student makes it big



PHOTO PROVIDED BY IMDB

Former Castleton State College student Molly Brady is appearing with Owen Wilson in the upcoming film "The Internship."

By Josh Bassett
Castleton Spartan

Molly Brady is an actress striving to make her way in Hollywood. However, she has something in common with us

at Castleton-- she is a 2001 graduate of CSC.

She classifies herself as a working actress acting out in San Francisco, which, she says, has its strength and weaknesses.

"I have a sales job I've been working for a long time. As a working actress, you're not constantly working. It's more of auditioning and trying to get a part...living in San Francisco is not inexpensive, so you definitely have to have another source of income to live here," Brady said.

She has a few cameo roles in the shows like "Alcatraz", and "Trauma," even working

with Owen Wilson in her new movie "The Internship" which comes out this on June 7.

"I just have a small part, but it's fun to work with Owen Wilson. Yeah, it's pretty

exciting," she said.

She even played a shooting victim on "Trauma", adding it was one of her more enjoyable roles.

"It was great; you get all the makeup, and the fake blood and all that. They used a real gun, and really shot using blanks so it made everyone feel like it was a real shooting going on inside an office, which was actually kind of scary," said Brady, before laughing.

She has met a few actors and actresses in her time in San Francisco especially when attending First Take Acting Academy. When meeting professional actors and actresses, she was happy to debunk one stereotype.

"You see them in the movies and you think they're a certain way, and a lot of them are different in real life," said Brady, adding that she has not had a bad experience yet.

Brady was actually an art major here at Castleton State, saying she was more concerned about a career.

Brady said she has had a lot of fun acting in Hollywood, even meeting famed science fiction director J.J. Abrams while she had a cameo role on "Alcatraz".

"We filmed it on the island and started filming at four in the morning and we

went until almost midnight one day. It really felt like you were trapped on Alcatraz," said Brady laughing.

Even though she is working on her way to being a successful actress, she was not as well-known back here at Castleton.

Rita Bernatowicz, the art department chair could not remember having Brady as a student.

Even though she was an art major, she knew growing up she always wanted to be an actress.

"I always wanted to [act]. I loved watching movies and TV, and probably too much of it, because I was always so into watching the actors and always had a knack for seeing people and knowing what they'd been in."

Gina Isabelle, a senior and also an art major likes the prospects Brady brings to the department as an actress.

"Maybe I can become make-up artist [in Hollywood]."

Mark Cohen, a student, thinks about what that must mean for students in the theater department.

"I bet it pisses off a bunch of theater majors," said Cohen laughing.

Males join yoga to improve

Continued from Page 4

try different types of poses it's difficult to focus on form," Werger said.

Another student agreed.

"Yoga is definitely more difficult than I thought. When you're sitting there for periods of time it's a lot more difficult to maintain your focus. I thought it was going to be this easy thing where you were mostly stretching. Most occasions it's pretty difficult and takes a lot of strength, focus, and flexibility," said junior Derek Osborne.

Osborne, a baseball player, said he took the class to improve his athleticism.

"Since I'm on the baseball team, as a pitcher, I figured it would help with my overall flexibility," he said.

John Kendall, a junior soccer player, said he's in there for the same reason.

"I took the class to become more flexible in order to prevent injury on the soccer field. I know most of the guys in the class are on sports teams here at Castleton so I would assume they are in the class for the same reason I am," he said.

A male dominated yoga class is not something the instructor has seen in the past.

"Every class is different, but this class sticks out because of the fact that it is mostly boys. It's exciting though because men have more upper body strength so I get to see how they do in different poses. What I also like about this class is the awesome participation and group work," Brown said.

For Brown, yoga is like eating.

"I've been practicing yoga since 1999. My babysitter when I was a young child was actually the one who taught me so really I've been practicing yoga my entire life," she said with a laugh.

Assault update

There has been little movement in the alleged assault of Castleton State College students Nick Bruch and Josh Mannings as the events of Jan. 27 continue through the court process.

Three Castleton sophomores still face charges regarding the incident. In a police interview, Sean Mowry admitted to his role in the beatings, which led to a felony aggravated assault charge, court papers show.

Court records also show that Chris Barletta has pleaded not guilty to both his felony aggravated assault and misdemeanor simple assault charges. According to public records, Barletta is set to appear before the court March 4 for a status conference.

Doug Krouse's felony charge of aggravated assault was dismissed on Feb. 4 by the state's attorney, Marc Bierre. Krouse still faces a misdemeanor charge of simple assault and public records show he was set to appear before the court on March 4 for a status conference.

The charges stem from an altercation both on and off campus that left one Bruch with serious injuries to his face. The Spartan went to print on Monday before Krouse's court appearance, but check out castletonspartan.com for an update.

Women's hockey falls to UMB

By JenniLee Mark
Castleton Spartan

In post season action, the Castleton women's ice hockey team fell to UMass Boston by a score of 5-3 last Saturday, Feb. 23 at Spartan Arena.

Head Coach Bill Bowes and his squad had been preparing all season for this and were eager to put everything they learned to good use. They came out looking for that first goal, outshooting UMB 17-13. The Beacons' freshman goalie kept her team in it though by stopping all of the Spartans' shots.

Despite the Spartans' effort, they just couldn't find the net. With 1:24 to play in the first period, a goal from UMB's senior Emily LaRosa helped her team reach the scoreboard first.

UMass Boston scored two more quick goals in the second period to put the Spartans down by three.

With this, Bowes made the decision to pull his starting goalie, Paula Stephens and try freshman Jess Cameron in the net.

"I wanted to calm her [Stephens] down and let her refocus," Bowes said. "I didn't want to pull her out of the game completely." Bowes went on to make 12 goalie switches in the second period.

"Jess did a good job for us and shared the load," he said. "I wanted to disorient the other team too which seemed to have helped since we climbed back in to tie it with three goals."

Sophomore Jessica Spidle started the Spartans' three goal scoring streak. Later on in the second period, Brianna Nar-



Molly Howard skates with the puck in the Spartans last home game of the season.

odowy and Anna Daniels both found the net to tie the game with just one period left to play.

The Spartans continued to shoot on the Beacons' freshman goalkeeper, but weren't able to make it past. With 7:11 left in the game, UMB scored to make it 4-3. With only a short 2:53 remaining, LaRosa scored again and put the Beacons up 5-3.

Despite the loss, Bowes was happy with his team's efforts.

"It was disappointing to lose," he said. "We wanted to win, we played to win. We played hard and played with a lot of heart, even when down three goals."

Overall, Bowes said this was a terrific season with lots of improvements. With more tied games than usual, Bowes was happy with fewer losses and lots of good, close games. He was also proud of the success his team had.

Looking ahead to next season, Bowes said he and his coaching staff are "re-

cruiting like maniacs." He's excited to see the new talent coming in and is impressed with the work the returners have put in this year.

The team will be missing six seniors next season including Jade Werger, Dani Roberts, Eileen Coyne, Christine Newton, Hanna Martini and Kat Dembowki.

"They were good players and terrific people with all their community service," Bowes said. "They were fun to work with and I'll miss them a lot."

Spartan standout



Alyssa Leonard

By Ryan Cave
Castleton Spartan

Alyssa Leonard has been a force to be reckoned with on the court this season, leading the lady Spartans to one of their greatest seasons on the hardwood ever. I sat down with the Amherst, Mass. native to find out a little more about this Castleton hoop star.

Q: Who was your favorite basketball player growing up?

A: Diana Taurasi, she's the most intense player on the court.

Q: Do you have any pre-game rituals?

A: Oh God yes, I'm the most superstitious person in the world. Before every home game I eat the same turkey grinder,

bag of chips, and Vitamin water from the Castleton deli. I also wear the same sports bra and underwear for every game, and listen to the same playlist on my ipod before every game.

Q: What was your most epic moment on the court?

A: Winning the NAC Championship last year. It's the only Championship I've ever won.

Q: Can you describe the feeling you had in best game you ever played?

A: The best games I ever played were the most fun. Everybody is energetic and engaged and everything just seems to click. The biggest thing I remember though, is it just being so fun.

Q: Who is your favorite basketball team growing up?

A: Notre Dame Fighting Irish!

Q: Can you describe a "bad" day on the court?

A: Days where I struggle shooting are frustrating but you just have to find other ways to contribute like getting the assists, the rebounds, the steals and just be an active member on the court so other players can step up and score.

Q: Where do you see yourself after Castleton?

A: I'm definitely want to work in athletics, I want to be an Athletic Director. I want to be around sports the rest of my life. I don't know if I want to go down the coaching route just yet, but I definitely want to be working in athletics.



KATIE SAULT / CASTLETON SPARTAN

Chad Copeland looks to make a pass against Colby-Sawyer.

Spring is among us



PHOTO CONTRIBUTED BY CASTLETON ATHLETICS.

Lacrosse season is in full swing as both the men's and women's teams faced off on March 2. Zack Davidson, above, and the rest of the men's team was victorious against the University of Southern Maine 12-10. The men trailed 6-2 at the end of the first half but then went on a 6-0 run in the third and fourth quarters to tie the game. They then went on to win in the last four minutes of the game, outscoring the Huskies 3-1 to seal the victory in their season opener. The men are now 1-0 and host RPI on March 5 then will travel to Western Connecticut on March 9. The Lady Spartans however started off slow, after only scoring one goal as they fell to Geneseo State 17-1. The Lady Spartans will return to the field on March 6 as they host Keene State, hoping to turn the season around.

Mens basketball falls to Westfield State

By Ryan Cave
Castleton Spartans

After trailing most of the game, the Castleton men's basketball team stormed back against Wentworth of Boston last Thursday to win their first ever ECAC tournament game off a dramatic tip in with only four seconds remaining. The high of the win would be short lived however, as the Spartans lost their next game at Westfield State in the ECAC semi-final game.

With just 12 seconds left on the clock, CSC's Tyler Ackley received the inbounds pass and drove past his man down the lane and threw up a desperation shot with time running out.

"Coach just told me that if we didn't get the look we wanted, to flash to the ball and I just attacked from there," said Ackley, describing the last moments of the game.

The ball would rattle off the rim but would be tipped in on the rebound by a high flying Dammy Mustapha with just four seconds left on the clock to put the Spartans up 80-79.

"I knew we needed a basket at all costs, so I just crashed the boards like coach al-

ways says, and I happened to get a hand on the ball," said Mustapha.

The Spartans would hold on for the first ECAC playoff victory in team history knocking off the no. 5 seed in the tournament and moving the team to a record of 17-12 with the victory.

Castleton went on to face the number one seed in the tournament, Westfield State, in the semi-finals of the ECAC tournament. The Spartan's battled in the first half, down by 37-34 at halftime, but strong play from Westfield overpowered the Spartans in the second half, losing with a final score of 88-72.

Logan White led the Spartan's in scoring with 19 points.

"We had a game plan that we wanted to execute going into the game and we did a good job in the first half," said White on the loss. "We knew the game was going to be about getting defensive stops and we weren't able to do that in the second half."

Castleton wraps up its season with a record of 17-13. As the Spartans will lose the skills of seniors Mark Comstock, Mustapha, Dave Brandt and Corey Kimball, they look to move forward are looking to rebuild for next season.

We are the champions!

Lady Spartans win first ECAC title in Castleton history

By Devon Savage
Castleton Spartan

The Castleton State College girls' basketball team came out on top yet again with a 51-42 victory over Suffolk to earned the team's first ECAC New England Championship on Sunday afternoon.

The Spartans were led by a dominating defensive effort from Senior guard Kelly Conway, who was named Most Outstanding Player. Although she only scored

three points, she more than made up for it with five rebounds, two steals and a pair of blocks. She showed everyone why she has been named Defensive Player of the Year three years in a row. She was locked in on Suffolk's guard Jacqueline Vienneau causing seven turnovers. The Spartans held their opponents to shooting 29.6 percent from the floor, which was the 15th time they have stopped a team from shooting over 30 percent.

Although it was a defensive battle to the end, Castleton had no shortage of offensive weapons, which has been a key element to their success. According to Conway, "the biggest factor to our teams amazing success this year was the fact that we had such diverse players. We had so many threats it was hard to stop us."

Sunday's game proved this statement to be true and the Spartans defense seemed to communicate without even looking at each

other. When one player stepped up or was slightly out of position, another Spartan would slide in and cover the seams.

Castleton's offensive attack was led by junior Alyssa Leonard and sophomore guard Jade Desroches, who came off the bench to score 13 points, snaged five rebounds and had a career-high three blocks. Leonard scored 14 of her own, along with eight rebounds, four assists and three steals. Senior Tarryn Bolognani dominated the boards bringing down a total of nine rebounds for her side.

Vienneau was the high-scorer with 15 points, six rebounds and three assists for Suffolk. Forward Jennifer Ruys also contributed to Suffolk's attack, adding nine points along with seven rebounds and was a force in the paint blocking six shots.

Castleton can only hope their success carries into the next season; the returning players have big shoes to fill. When asked what she thought the team could do different next season to continue their success, Conway replied, "If it's not broken, don't fix it. I wouldn't change a thing!"



CONTRIBUTED BY CASTLETON ATHLETICS

The women's basketball team celebrates its ECAC championship win on Feb. 4.

Spartans welcome John O'Connor

By Evan Michaud
Castleton Spartan

Replacing a soccer coaching legend like John Werner will be no easy feat. But an experienced person who has won at both the Division I and III levels is just what Castleton State College was looking for.

John O'Connor is looking to share more than a first name with the former head coach, and he understands how important Werner was to the community.

"(Werner) is a legend in the state," O'Connor said. "Not only with what he accomplished at Castleton, but also at the High School level and development programs."

John Werner says he has been enjoying retirement and knows the coach is the right man for the job.

"The program has been valued by the college and is in great hands with John (O'Connor) and he was a great hire," said Werner.

O'Connor is looking to continue the success of Werner and says

adjusting to a new home and new players will be the main ingredient.

"My door will always be open. I want to meet with all the players and be a part of the community," O'Connor stated. "The key is to not move too quickly or be someone your not."

O'Connor comes to Castleton from the University of Rhode Island, where he won a conference championship in his six years. His family is also extremely important to him and wants his kids to be a part of the team.

O'Connor was one of 150 quality resumes the college received to fill Werner's post, according to Castleton Senior Associate Director of Athletics, Tim Barrett.

"He has a wealth of experience and his coaching philosophy is a perfect fit for the program and the community. We saw how successful he has been at every step and it was a unanimous decision," Barrett said.

If people are worried about the transition between coaches,

both Barrett and Athletic Director Deanna Tyson agree O'Connor will not be "coming into an empty cupboard. The team will be just as effective as last year."

Also concurring is junior center midfielder John Kendall.

"I enjoyed playing for Coach Werner but am very excited for the new coach to come in," the

midfielder said. "Plus he has the best name on the planet so he is already off on the right foot."

It is never easy filling the shoes of a Castleton sports idol but O'Connor is ready and eager to plot his competitors' termination.

"I love a new challenge and want to set the standard high. We want to win the league."



PHOTO CONTRIBUTED BY CASTLETON ATHLETICS

Coach John O'Connor in an interview earlier in the year.

Mens hockey ends season in ECAC East semis

By Andrew Muse
Castleton Spartan

Castleton visited the Norwich Cadets on Friday for the ECAC East semifinal round game, a rematch of last year's finals matchup. Unfortunately the Spartans met the same fate as last year, as the Cadets beat the Spartans 6-2.

"It's just a good conference with a lot of good teams," head coach Alex Todd said. "We played our hearts out this season, but it wasn't enough."

The Spartans came into the game looking to avenge two regular season losses to the Cadets, one back on Dec. 1 where they lost 2-1 and the other on Feb. 8 where they lost 6-1.

Castleton fell behind early in the contest. After turning the puck over in their own defensive zone the Spartans were unable to stop the Cadets as forward Tory Allen collected the puck and quickly passed it over to Colin Mulvey. Mulvey then centered the puck to Travis Janke

who was all alone in front of the net and Janke punched it in to put the Cadets up 1-0, just 3:45 into the game.

Less than two minutes later the Cadets were able to convert again. This time, it was Blake Forkey with the goal. Forkey was able to poke the puck from goaltender Erick Cinotti, who had the puck seemingly covered up, to score Norwich's second goal of the night. Cinotti was pulled after the goal to give freshman Jake Stafford a shot in net.

Going into the second period the Spartans needed to make stops and get on the scoreboard. The Cadets though were not having that and 4:58 into the second period they scored again. This time Pier Olivier-Cotnoir lit the lamp on a rebound goal that he lifted over the lunging Stafford.

The Cadets again capitalized on a defensive zone turnover four minutes later as Olivier-Cotnoir gathered the puck and flung a pass to Shane Gorman who one-timed it by Stafford

for the goal.

"They didn't do anything really special," Todd said. "They just put shots on net and were fortunate to score, we put shots on net and weren't."

Castleton finally got on the board with 3:50 remaining in the second period. Looking to capitalize on their first power play opportunity, Justin Alonzo passed up ahead to Ryan Frost who scored his seventh goal of the season. The goal brought the score to 4-1.

Going into the third period, Castleton needed to find a spark if they wanted to extend their season. Just 59 seconds into the third, senior Brett Zeggil picked up a loose puck and brought it down the ice on the penalty kill. After getting by on defender, he duked the goalie to score, which cut the cadets lead to two.

The Cadets responded swiftly though only 40 seconds later that deficit was back to three as Dean Niezgoda beat Stafford glove side to put Norwich up 5-2.

Castleton pulled their goalie with 3:42 left in the game in hopes of a comeback; it was in vain though as the Cadets scored an empty net goal with 2:22 left to make it 6-2 and that is how it would end.

The Spartans graduate six seniors this year Brad Barber, Justin Alonzo, Ben Schoeneberger, Dan Bell, Brett Zeggil, and Josh Harris.

"They are just a group of really good hockey players," Todd said. "Statistically they are the best senior class from a hockey standpoint from Castleton, their number speak for themselves."

Castleton finishes their season with an overall record of 15-10-2, while Norwich improved to 23-2-1 and advanced the ECAC Championship game for the fourth year in a row, but fell to the Babson Beavers 2-1.

"Great kids, but just a rough year with injuries and some really tough losses," Todd said. "We are not overly excited about the season but we battled through the tough times and at the end of the day it was a fun season."



PHOTO CONTRIBUTED BY CHRISTOPHER THAYER / VERMONT SPORTS NOW

Senior Dan Bell faces off against NEC in the Spartans final home game.



Sports talk

with Evan Michaud

As most of the students went home for February break, the Castleton sports teams never took a minute off. The men's basketball team made a great run to the NAC Championship game where they fell just short against Husson. Their ECAC tournament bid began with a one-point thrilling win over Wentworth. The women, after dropping a heart-breaker to Colby Sawyer in the NAC championship, responded brilliantly to win their second straight ECAC Championship over Suffolk.

For the hockey teams, there were similar results in tough losses during the ECAC tournament. Our women lost to UMass Boston, while our men suffered a loss to rival Norwich in the ECAC Semifinal.

As we look forward to wearing shorts and t-shirts while watching our spring teams dominate the conference, I want everyone to think about the state of Division I College Basketball.

With the recently new "one and done" rule, 18-20 year old star athletes are either staying in college for one year and bolting to the NBA, or going to Europe to play overseas and then registering for the draft. Either way, college basketball is diminishing. Could you imagine if there was no March Madness? Nobody would care about the regular season, which few do now anyway.

What happened to the days of college rivalries and dynasties? Of course, nobody will ever win 88 games in a row like UCLA did in the 60's and 70's, but what about Duke's back-to-back titles in the 90's or the Fab Five at Michigan? While the NBA was struggling in the 80's and early 90's, college basketball was flourishing. There were teams who had four-year starters and, when you saw them in the tournament, you knew who they were.

Last year I found myself, a huge college basketball fan, watching the tournament and literally trying to learn names. When players like Kyrie Irving or Carmelo Anthony, or Kevin Durant stay one year in college, it hurts the game. Is it possible to establish a different set of rules?

Personally, I do not believe you can make someone stay at college for at least two or three years. There is no law that states kids must attend a school for four years, but, if college basketball wants to regain its integrity, a rule must be passed. But can you? Can you tell an 18 year old kid who clearly possesses the skills to be in the NBA that he must go to college and risk injury and millions of dollars? No, you cannot. Kids need to get the right information from their loved ones and make a decision based on their future, not their bank account.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Castleton, Vermont

SGA voting going online

By Leah Ede
Castleton Spartan

College Court is pleased to announce that Student Government Association election is going wireless.

Online voting for SGA positions will take place from March 18 to 22 so, this year Castleton State College students will be given the opportunity to vote in the comfort of their own dorms and homes.

College Court Chief Justice Kyle Reed is expecting a great turnout in this year's election.

"I'm excited to see the response to the online voting," Reed said. "We're expecting to break our voting record."

According to Reed, the record number of votes is approximately 650. College Court hopes to reach about 800 votes this year.

Advisor to College Court and Residence Life Director Michael Robilotto said online voting may cut back on some of the errors in of the past with paper ballots.

"This will help eliminate ballots that are filled out incorrectly," said Robilotto.

Robilotto also believes that online voting will help commuters to vote on their own time instead of having to make a special trip to the Campus Center. Junior political science major Ryan Flood says he has spent a lot of time creating these online ballots and believes they should be easier for students to vote.

Reed said every student will receive an email the day online voting starts. Within that email they will get a link, directions and a personalized password. Each student will get one chance to vote online, which will close at the end of the week.

SGA President Michael Shalginewicz said he is optimistic about the online voting.

"It works for some schools," Shalginewicz said. "We'll just have to see how it goes."

Those who miss the chance to vote online can still cast their ballots in a more traditional way from March 25 to 29 in the Campus Center.

In other news, the SGA debated about abolishing WIUV as a club. Advisor to SGA Melissa Paradee said she hopes that in doing so, the college would pick up the bills for any technical equipment that may be out of date or against regulations.

The SGA decided to take no action until all parties have been spoken with and more research is done.

The SGA also debated funding the Social Issues

Continued on Page 6

Students find wellness light

By Sarah Clark
Spartan Contributor

When Jess Cameron, a freshman at Castleton State College flipped the switch on the pearly white box that sits perched on a table in the waiting room in the Wellness Center, she was blinded with a brilliant light.

"I thought that it was the UV light," Jess said. "I had read a sheet from the Wellness Center somewhere so I wanted to see what it was."

Although Cameron knew what it was, she had not expected the light to be so bright and strong.

While this new addition to the Wellness Center may look like a space heater, it is a full spectrum light which mimics the sun's natural light. Though it will not give you that perfectly tan beach bod, it can help lessen the symptoms of depression and seasonal affective disorder.

When asked if the light was useful, "I think for some people it certainly is, it's a little boost," Wellness Center staff member Barbara McCall said.

McCall gladly pointed out her own personal light, which resembled a large night light that she uses in her office daily.

The full spectrum light for use by students was inherited it from the Reiki Club, and has been sitting on a shelf in the ROTC office for some time now,"



Student Sarah Clark catches some rays from the happy light in the Wellness Center.

McCall said.

"Some people come in just to use it, but others will use it when they are waiting for other reasons," she said.

McCall said that she and other staff members constantly remind users to not stare into the light for fear it will hurt their eyes.

While box of sunny rays has been usefully to users on campus who struggle with depression and SAD, Wellness Center staff can only guess why more students are seeking their help

for a range or troubles.

"We cannot be sure why there is an increase in students seeking counseling. One reason might be that students and their families have a greater awareness of and education about counseling services," said Martha Coulter, the Wellness Center Director.

"Depression, anxiety, and stress are the most common issues that students present when they come for counseling in the Wellness Center."

The Wellness Center

staff is glad to see the rise in students seeking help. Whether more students are seeking help then before due to the increased knowledge about the Wellness Center, or because society has an increase in those who may need help or an outlet, the Wellness Center is thrilled that students know there is free help for them on campus.

"We hope that we can help to reduce the stigma that some students have about seeking support. We also hope that students will

seek assistance earlier, so that they can continue to be successful in their college experience," said Coulter.

Although the news of Castleton's full spectrum light may not be known by all, the word is slowly beginning to sneak about campus and the students here are thrilled and excited about the potential that the box holds.

"None of my friends have used it yet, but hey if it works that's great!" said Cameron.

Red carpet alumnus returns to CSC



Castleton alumnus Mark Noble poses with television producer Michelle Salvatore at a post Golden Globes party.

By Molly DeMellier
Castleton Spartan

It was a spontaneous leap out of the Bronx and into the Green Mountains that landed Castleton State College alumnus Mark Noble on the red carpet.

And at a Soundings event on April 3 at 7 p.m., this senior field producer for Access Hollywood will take the stage of Casella Theater to discuss the journey from living his small town Spartan days to fulfilling his Hollywood dream.

The 1989 graduate says he intends for the event to be an interactive session where he will shed light on the importance of taking advantage of all the tools Castleton has to offer, preparing for internships and maintaining contacts

along the way.

"I think it will be insightful in terms of the journey," he said.

As a reporter and producer for Access Hollywood, Noble has the opportunity to interview celebrities from across the globe. He says he has met and worked with all kinds of people, from comedians to humanitarians and everyone in between.

"I've been able to interview incredible people," he said.

Last June at an FX premiere event, Noble found himself in front of the camera with Russell Brand interviewing him about the debut of his new show, "Brand X." In the interview the famously scandalous celebrity took Noble's

Continued on Page 6

Club searches for sasquatch and funds

By Leah Ede
Castleton Spartan

On a cold January evening when you were bundled up cozy and warm, two Castleton State College students were walking through the woods of Hubbardton looking and listening for signs that will point them to the legendary Sasquatch.

Zachary Davidson and Andrew Nevins have formed a Sasquatch Club on campus and are hell bent on finding the elusive critter.

Davidson, president of the club, and Vice President Nevins, believe Sasquatch was in Hubbardton before the TV show "Finding Bigfoot" came to Castleton's backyard this past semester.

"We started this club because we are excited about challenging

the myth," Davidson said.

The college's Student Government Association recently approved the Sasquatch Club and is currently deciding if they will approve \$250 toward t-shirts for club members.

Freshman Tyler Smith has allowed the club to do some excursions on his property in Hubbardton. He admits to sometimes not being prepared for what they find.

"It's a lot of fun, but kind of scary and dark," said Smith. "We once saw a couple of tracks and when we got back to the cars there

was a large handprint on a car window."



better understand and how to track Bigfoot.

So far, club members say they only use flashlights for their ad-

ventures, but hope to eventually get recording devices to hear the calls and hand held video cameras to document their adventures.

Despite being a new club, it already has about 25 members.

"I was actually surprised," Smith said. "We had a good amount of people who have joined and who want to join."

Among the members are a certified EMT, a firefighter and an Army soldier.

Though the club has been out on a handful of excursions and has found little evidence that Bigfoot does reside in the Hubbardton area, members have high hopes that the creature is among us and hope to find him.

"He's out there somewhere," Nevins said. "We just have to keep looking."

NYC needs some Vt.

Yellow cabs whiz past, ready to kill if you happen to end up in their way. Hot dog carts dot every corner harassing you to pick up a quick, yet expensive snack. Lights shine bright even in the wee hours of the morning and strangers grope, pull, and push their way through you like you are an invisible wall.

Welcome to the city that never sleeps.

The hustle and bustle of New York City is rough for born and bred New Yorkers, but throw a Vermonter or two in the mix and pray they make it out okay.

Last weekend, some of the Spartan newspaper staff got the opportunity to be planted in a beautiful 24-story Sheraton hotel in the middle of Time Square. Some had never even stepped foot in the city before. Just imagine that.

Vermont is the kind of place where people make an effort to smile and say hello to passers-by, where people go out of their way to hold a door open for you even if you are a few feet behind them and where everything is clean and green. So similar to Dorothy being thrown into the middle of Oz from her small town in Kansas, we were thrown into New York, blind, unaware of what to expect and a little naïve.

What happens when people are naïve in an area they know little about? They get taken advantage of.

Some staffers decided to get adventurous and tried scalping tickets for the Knicks game at Madison Square Garden. They purchased tickets outside from an unknown man for \$50 each and proceeded to go inside.

The students stood in line as other Knicks fans' tickets scanned properly while entering the arena. As there turn drew near they were confident theirs would do the same. Several seconds after reaching the gate, their tickets were found to be counterfeit and the students quickly realized they had been scammed.

Vermonters are known for being nice and trustworthy, so why wouldn't they have expected the same from the professional scam man outside MSG.

Is Vermont friendliness debilitating outside of this state? We think so. What is known as common courtesy in Vermont is frowned upon in bigger areas. Smiling at some random person in Times Square is an invitation for a creeper to start up a conversation and possibly rob you, not befriend you.

On the other hand, if Vermonters gave up the friendly act and kept their guards up, this wouldn't be a small college with a big heart. People wouldn't get to know each other as easily and everyone would think it was just rude. Isn't it amazing what can differ between state lines?

-Martina Marchese

Award nominees sought

The Castleton State College Alumni Association is seeking nominees for two annual awards to be presented at graduation.

The Outstanding Faculty Award is presented to the faculty member whose "excellence in teaching influences students well beyond graduation," according to alumni officials.

Castleton administrators, faculty, staff, alumni or graduating seniors can nominate. The winner gets a plaque and a \$250 check.

The Leonard C. Goldman '59 Distinguished Senior Award goes to a senior at graduation who "best exemplifies the qualities of Leadership, spirit, and service to the college community and beyond," alumni officials said.

The same college representatives or graduating seniors may nominate. This award comes with a \$1,000 check.

Nomination forms are available on line at www.castleton.edu. Nominations close at 4 p.m. April 5.



Kudos to the interveners

When we hear the word "intervention," what comes to mind? Most likely the dramatic and increasingly popular reality show on A&E.

This show displays intervention for the most extreme scenarios; eating disorders, drug addictions and family violence.

These televised issues may seem so far away, so distant, that they are easy to ignore. We see something horrific on TV and then go back to our daily routines.

However, there are people with similar struggles suffering in silence right here on campus, and for them, there is nothing distant about these struggles.

Enter the Early Intervention Team, a group of eight administrators from across campus who created the program to help students overcome obstacles that may be harming their chances of success here at Castleton.

And think beyond drug and other substance abuse; this program goes much deeper than that. It can assist students who are struggling financially, emotionally, socially or simply having a hard time adjusting to a new life in college.

Dean Jonathan Spiro was one of the founders of the program.

"It's crucial to identify struggling students as early as possible in order to help them explore solutions to their difficulties," Spiro said.

Most think that this is a great program to offer on campus. Usually, a student must acknowledge and address a personal issue alone. But now, we have professors, students and faculty looking out for each other and offering a way to get professional help.

Although some may feel as though this is an invasion of privacy, all the services offered are confidential and no judgment is passed. Sure, it can be difficult and even embarrassing to admit that you need help; who wants to leave home and gain independence just to turn around and seek guidance?

But you know what, EVERYONE needs help once in a while; whether it is a tutor to help you through intro to Spanish or a counselor to help you deal with the winter blues...asking for help should never bring shame.

So next time you're tempted to have one more drink, or if opening that chemistry book makes you want to sob...you don't have to look far to find the help you're needing to accept.

-Bryanna Allen-Rickstad

Guest Essay:

Log off Facebook and Twitter

Most people use and are basically addicted to social networking sites such as Facebook and Twitter. People fear that if they don't have a social site they will miss out on job opportunities, or most importantly what's going on with their friends at all hours of the day. Why do we rely so heavily on social networking sites? It's our way to stay connected.

With Facebook and Twitter we can be in tune with everyone's schedules and know if our best friend's cousin's friend's boyfriend is having a bad day. Why do we care? Social networking sites are bringing us down, and distracting us from what we should really be focusing on - ourselves and our future.

When people get a "like" on Facebook or a re-tweet on Twitter it's as if they have just won the lottery. What is the real prize we get from a "like" or re-tweet? Nothing. We get no tangible prize from someone else agreeing with what we posted.

By getting a thrill when someone likes our status, we are using social networking sites to get gratification. But the gratification we get is false. We should get gratification by having a conversation with someone, face-to-face, and making him or her laugh. Laughing is the Facebook "like" of real life.

Do you ever see someone's status and think "wow that is so stupid, why did they post this?" The real question is: why do you care what they post? Ask yourself these questions: How does someone else's status affect your life? Does this status help or hinder your goals in life? Is this status directly threatening me? If the status doesn't affect your life, then why do you care what that person posts? If it doesn't help or hinder your goals in life, it's not worth your time, and if it's not directly threatening you, you don't have a reason to worry.

We're so caught up in what other people are doing and

posting that we lose sight of what we want and what our goals are. Why can't people on the Internet relax and let each other post what they want without getting involved?

Deleting your social networking site will completely eliminate any unnecessary comments from unimportant people in your life. It will eliminate any useless drama coming from outside people commenting on your posts.

Deleting your profile will take some getting used to. You'll have withdrawals - because social networking has become an addiction. Maybe make a goal to only post three times a day, then only three times a week, and then not at all. Start keeping a journal and write down all the things you would post in there.

Finally, completely delete your profile. You will feel like a weight has been lifted from your shoulders. No longer will you be subjected to annoying posts by people you don't even know in real life. You might feel a little out of the loop, but no longer can a secret crush keep tabs on you just from looking at your profile. They'll actually have to talk to you in real life.

Can you even imagine that?! Hardly anyone is introduced face-to-face anymore. They meet on social networking sites.

When you take a step back and start thinking about how stressed social networking can make you, what's the point in even being a part of it? You should start living life off of the Internet and start make real life connections. If someone wants to meet you, they can do so in real life.

Deleting your social site can be freeing and make you realize that life is more than just a computer screen. It will allow you to become who you really are, and start focusing on your future and goals.

-Alexis Esposito

Attention Students - Avoid Paying Late Fees!

Fall 2013 Billing Changes

Fall semester bills must be paid by August 9, 2013

- Payment plans need to be set up prior to this date
- Apply early for Parent PLUS Loans and Private Education Loans

Check Web Documents in the portal to make sure that all financial aid requirements have been satisfied.

Financial holds will be placed on all outstanding balances beginning September 24, 2013.

- Late fees will be applied to past due accounts starting October 1, 2013.

Be sure to monitor your Castleton email account and visit the Student Services and Financial Aid websites for up to date information!

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Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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*The Spartan is the official student newspaper of Castleton. It functions to inform, educate and entertain readers accurately and responsibly. The College, its administration, faculty, student body and staff are not responsible for the content of the newspaper.

Safe Ride struggles to get the campus involved



KATIE SAULT/CASTLETON SPARTAN
Students Nick Tubolino, driver, and Kevin McCarthy, passenger, stand with the Safe Ride van on a Thursday night

By John Bertrand
Spartan Contributor

Out of 25 students asked if they had ever ridden on Safe Ride, only four of them said they hadn't. But if it is so popular campus wide, why is there such a shortfall of volunteers willing to drive?

With incentives like food and getting paid, why wouldn't any hungry and money-lacking college student want to drive or volunteer?

"The problem that I run into is that the same people are volunteering for Safe Ride. Something does not sit right with me calling on the same people night after night to make Safe Ride happen for all these people," said Adam Diemar, senior and first-year coordinator of Safe Ride.

Diemar explained that the Safe Ride program is extremely popular with most college students on campus, but the number of people coming forward to volunteer is far less than what is expected. And with the increase of enrollment at the college and the new hype that a bar in Rutland the Local has created, demands from students are coming for Safe Ride to expand their nights.

With Safe Ride already planned for every weekend of the year and volunteers already slim for those nights, Wednesdays – another popular night for partying – has been tough to cover, Diemar said.

"The biggest problem with Safe Ride, I would assume, from the point of view of the person using Safe Ride, is that it has not run every night that we had planned to run," said Diemar.

"The point I'm try to make is that for Safe Ride to run, there will have to be more of a shared effort from the campus community."

-Adam Diemar

Another reoccurring problem with Safe Ride seems to be the abuse by people using it as an easy way to get from one party to another. The purpose of the program is to get parties home safely, home being the key word.

But driver Wayne Thornton said that intent isn't being adhered to.

"Yeah it's something that happens all the time because you don't know if they live there or not," he said. And when asked how often this happens he said "I don't know quite a bit, hard to put a number to it, but at least six to seven times a night."

Sophomore Grant Davis spoke about how Safe Ride has been different

throughout his two years here and also spoke about how the idea is a great way to be safe.

"I think Safe Ride is a great campus idea giving the students a safe alternative to get where they're going," he said to start off.

But when asked about his thoughts about the lack of volunteerism, his tone changed.

"I think that is quite a problem. For the amount of people that use it there should be more people stepping up to help," he said, adding that he would consider it, but he can't because to get a fleet license you have to be 21.

With the campus growing every year and with people looking for more ways to explore and get out and get home safely, some like Diemar question whether Safe Ride will continue to be a viable option.

"The point that I am trying to make is that for Safe Ride to run, there will have to be more of a shared effort from the campus community as to not put all the strain on the select few that always seem to be helping out," he said.

Digital age brings change

By Courtney Parker
Castleton Spartan

Since the onset of the Internet, the electronic craze has spread rapidly over the years, replacing most things print with a digital form. Castleton State College has finally caught onto the trend as they make the transition from print archiving to digital.

The Castleton Archives Digitization Project, run by a select group of five administrative committee members, focuses on transforming the college's current archives into digital form, beginning with Spartan newspapers.

"Digitization is the wave of the future," said committee member Victoria Angis, who has been heavily involved in the project.

Angis believes that the process of digitization will not only eliminate the need to hunt for archived information by hand, but will also make the documents more easily accessible to all.

Students, faculty, alumni, and researchers alike will be able to obtain the documents online in a PDF format, searchable by name and subject matter.

"Many of these documents are the only source of information of that era," said Angis, stressing the importance of preserving such documents.

The digitization process has been in the works for several years, but without the proper funds has never seen the light of day.

In February 2013, a presentation of the digitization initiative was made to the Castleton State College cabinet, which the committee hopes will help carve out a budget for the project.

"We are a school who needs to spend our financial resources carefully," said Angis.

Digitizing the Spartans alone is estimated to



COURTNEY PARKER/CASTLETON SPARTAN
Karen Sanborn shows an archived Spartan that was recently digitized.

range anywhere from \$7,000 to \$10,000.

"These are little, but important parts of Castleton's history," said Coordinator of Media Services and committee member, Karen Sanborn.

As a pilot, a bound version filled two years worth of archived Spartans was digitized utilizing the services of Boston Photo Imaging, who helped the University of Vermont with their transition to web based archiving.

The trial allowed committee members to visualize the potential final product of digital archives and showcased the extent of the pieces searching abilities.

Though there were small issues, such as words near the paper's crease being cut off, Sanborn was overall pleased with the finished product.

Without digitization Sanborn worries that the preservation of the archives are in great danger.

Due to their old age, many of the documents are in a fragile state and risk ripping or crumbling if they continue to be handled.

"If there was ever a disaster we would lose everything," she said.

Digitizing archived Spartans is just the beginning of a much larger project that Sanborn and the rest of the committee hope to eventually put in motion, which involves digitizing the whole archive collection.

With everything from Spartan newspapers dating back to the 1930s to class photographs and records from the 1870's to present, the college's full archive collection holds countless years of the schools history.

"I don't think you can put a price on the college's history," said Sanborn, adding the benefits of digitization outweigh any dollar amount associated with the project.

"And this is a big part of it."

Fireside changes exchange

By Kaylee Pratt
Castleton Spartan

Taking a trip to the Fireside Café may be a little different than what you're used to.

Many students are a little ticked off that they can't get the same meals exchanged as part of their meal plan that they could before leaving for winter break.

What many may not realize, Sodexo officials say, is there is almost the same number of meals to exchange. And there have been newer options added to replace items removed from the exchange menu.

Students are also complaining about the smaller drink size for meals and having to pay for sauce sides.

Jeff Kurto, the general manager of Sodexo, tried to explain the changes.

Kurto described the meal exchange program as "unique," and said the reason it was added to campus was to "offer variety, convenience, and to relieve stress off Hudon during dining hours."

He went on to say that a meal exchange is an "add on" or "an addition to the resident dining plan."

But why were these changes needed to be made in the first place? Kurto said they were made to "put parameters on certain things to control business, the size of the lines in Fireside, and for the equipment." There have been a few issues with the fryers, he said, which also had made business more hectic. Kurto said he always asks the same question: "what can we do to make things better?"

"Our main priority is the students, school and business," he said.

Castleton is one of very few colleges that has this exchange program available to its students and Kurto said it should be looked at as a privilege.

He also said that he is open to suggestions about food changes and he would like to create "a group of kids to meet and give input on a regular basis."

"I encourage people to come and see me to get any explanations needed," he said. He said students can contact him through email or in person.

Soundings disrespect continues



PHOTO ILLUSTRATION

By Serena Farrell
Spartan Contributor

The lights dimmed and you could already hear chuckles and whispers rising above the music streaming from the speakers in the theater. The performers continued to dance around the stage with grace, nailing every move with near perfection.

Every now and again you will catch a glimpse of flickering lights from cell phones popping up in the sea of students. You can just make out the irritation on faces of guests turning around and glaring at a group of students who are making gestures and remarks loudly and rudely.

But the show goes on.

Disrespect at Castleton Soundings events is an ongoing challenge. At any given Soundings event, you are guaranteed to find rude students scattered throughout the audience. Their behavior has offended performers and other audience members alike.

"Sometimes the Soundings students are a challenge, not all of them though," said Mariko Hancock, director of cultural programming. "All it takes is one 'Bad Apple' to destroy the atmosphere in the theater."

Some students say the selection of events may have something to do with the poor student behavior.

"I don't mind the requirement of Soundings, but I just wish that some of them were more interesting," said Freshman Stephanie Cleveland.

There have been several occasions where performers have made complaints about these 'Bad Apples,' indicating that maybe Castleton students are not ready for these types of events, said Hancock.

"Soundings counts as a coarse credit, it's a class. Do you disrespect the professors of your other classes?" asked Soundings professor Robert Wuagnuex when questioned about behavior at Soundings events.

Although the disrespect at some of the

Soundings events can be discouraging, Soundings faculty and directors are focusing on how they might find a solution.

"I think positive peer involvement is important, and cultivation of a bystander culture so that people take personal responsibility for themselves and are willing to call out their peers for doing things that are disruptive to others," said SallyAnn Majoya, assistant director of cultural programming.

Other Soundings officials believe that help could come from FYS instructors, Soundings instructors and professors who could help educate classes on the upcoming events.

"I believe that if faculty would prepare students for Soundings events by showing the relationship from what they are learning in class to whatever the event might be, they will know what to expect, and even query students about the event," said Wuagnuex.

In an attempt to avoid negative behavior due to the simple lack of curiosity or interest, Soundings officials believe the idea of encouraging students to pick and choose events that are potentially interesting to them beforehand could help drastically.

But the Soundings officials know that word of mouth and encouragement can only go so far. Hancock, Majoya and Wuagnuex all agree that students need to embrace the special opportunities that Castleton State College offers through Soundings. The leadership of faulty, instructors and peers can only help so much. Assuming respectfulness, responsibility, open mindedness and maturity lies in the hands of the Soundings students who attend these events.

"Come with an open mind, you might discover something you never knew," said Hancock.

Campus Quips

Martina Marchese &
Sondra Olds



Question:
What's your craziest
St. Patty's Day memory?



Max Walker

"My mother used to dye everything green, like the milk, the cream cheese. I'd wake up and there would be green things everywhere."



Tyler Fontaine

"I saw a girl fall off the balcony of Wheeler."



Courtney Bates

"I was giving a presentation wasted. My whole presentation was upside down. The professor said we could come drunk if we were coherent."



Ryan Ackerman

"I played with Mihali from Twiddle after a little liquid courage."



Tom Conroy

"I saw two Castleton librarians at Middlebury 8 or 9 years ago, they play in an Irish band, which was cool when you see someone in the library for years."

New prof. brings passion to the classroom



Marybeth Lennox

By Anna Hartmann
Spartan Contributor

The professor puts her stuff down on the lectern, paces to the light switch, flips it on and wastes no more time before getting into the prepared lesson. In no time, the petite athletic

looking professor encourages students to participate as she fires questions and comments at them.

Meet Marybeth Lennox, the new assistant professor for physical education and the Sports Administration Intern Coordinator. Although she just started last semester, colleagues and students are already signing her praises.

"She brings practical experience to the classroom along with context," said professor John Feenick who helped hire Lennox.

Despite her short time at Castleton State, Lennox said she already feels at home.

"The staff and the students are all very genu-

ine," Lennox said.

On top of the four classes she teaches, Lennox is also administering the sports administration program.

Students say her worth can be measured by more than just classroom lectures.

"She's helped me come out of my shell and taught me how to be more confident with whom I am and where I am going to be in the sports world," said senior Sharon Lewis.

And when Lennox is in the classroom, students say she always seems excited about what she is teaching and relates her experiences to lessons.

"Marybeth is outgoing, hands on and willing to

meet with students whenever," said Lewis.

Lennox graduated from Binghamton University with a bachelor of arts in mathematics and in psychology and a master degree in social sciences. She is currently working on her master's degree in business administration from Oswego State University.

Her ambition and accomplishments don't stop there though.

She was an assistant women's soccer coach then interim head women's soccer coach at Binghamton University. She was also an assistant to the athletic administration, assistant athletic director for internal operations and an associate athletic director. Af-

ter leaving there in 2005, Lennox was then athletic director at Trinity University for a short time before becoming the athletic director of Green Mountain College in Poultney.

Lennox's passion in the classroom is easily recognized by the way she gets so into a topic, giving countless relatable examples. When something is less serious, she'll pace to the front row of desks and smile with such sincerity. She will call students out, mocking them but quickly assuring them she didn't mean it offensively.

"The students are authentic and are all here for the right reasons," Lennox said.



JOSH BASSETT/CASTLETON SPARTAN

Spartan staff members look out onto the Wollman ice rink in Central Park.

Big love in the big city

By Martina Marchese and
Josh Bassett

Castleton Spartan

From rural Vermont to the madness of Times Square, members from the Spartan staff shared more than information sessions during the College Media Association's annual conference on March 9-11.

Although the purpose of the trip was to attend at least six sessions, the experiences shared between the 10 staff members were just as valuable as the information gained, they said.

The bonding experience began from the moment they left Castleton and were crammed into a 10-passenger van for five hours.

"I grew close with a lot of people. New trusts and friendships were built and I got to know my fellow editors," said Becka Roe.

Similar attitudes were shared about the sessions attended.

"I felt like I learned a lot. I went

to a couple [sessions] that were out of my element but I decided to go out on a limb and learn something new," said Bryanna Allen-Rickstad.

Allen-Rickstad mentioned that one of the most informative sessions she attended was Sports and Controversies and how the Penn State issue is a great example of how even sports writers need to be prepared to deal with emotional issues.

For Roe, the highlight was keynote speakers Willie Geist from the Today show and Jason Wagenheim from Teen Vogue.

"The keynote speakers were very inspiring. How people work their way up from the bottom," said Roe enthusiastically.

Discussions about the sessions flowed openly through the group during the weekend.

"I thought they were very motivational. Some of the things they had to say were really inspiring.

The blogging session encouraged people to go out and make a blog so the day after I got home I made one," said Spartan Co-Editor Courtney Parker.

Although loads of information was obtained during the sessions, some good old fashion city common sense escaped a few. Some decided to buy scalped tickets to the Knicks game at Madison Square Garden. While standing outside MSG, they were approached by a guy who sold them counterfeit tickets.

"When I handed my money to him I was like 'yup just go have dinner on me,'" said Parker who claims she saw this coming.

Although it was an unfortunate turn of events, it ended up being yet another bonding experience.

"I think there were some groups that clicked really well and I got to know some people a lot better than I really thought I would and made some new friends instead of some-

one I just work with," said Molly DeMellier.

Professor Dave Blow, advisor for The Spartan, said he was impressed with both the conference and the bonding of the staff.

"I thought it was neat to see friendships being made, including some among people who I didn't think would bond," he said.

Blow also learned a few new tricks himself and even had the opportunity to talk to other advisors.

"I attended one session where professors were sharing tips and lessons for the classroom," he said. "I spoke about my ethics compassion lesson where I bring in an actress to portray the mother of a kid who died in an alcohol related crash and make select students interview her. They seemed to really like the lesson."

The trip, staff members say, left them more motivated and refocused for last few issues this year.

Green group hopes to ban bottles

By Emmy Hescock
Spartan Contributor

Castleton State College's Green Campus Initiative group is trying to get rid of plastic water bottles on campus.

Senior Megan Harris, the student coordinator of the group, recently announced plans for a "hands free water bottle project."

The project would involve handing out reusable water bottles in the beginning of the year to incoming freshman. The idea is that freshman will use the water bottles instead of always having to buy plastic ones. They would install hand free water fountains in all the buildings on campus for students to fill up. The project would cost \$10,000, but Harris said it will be worth the money environmentally.

"Why waste giving out lanyards to freshman when they can reuse water bottles," Harris said.

Harris also talked about how they are trying to keep the web site more up to date with information and trying to increase the use of wind and solar power on campus. She said Hoff Hall had solar panels installed and it's saving money for Castleton.

"The meters change every day with how much power is saved with the solar panels," she said.

Physical Plant is also trying out wind turbines to see if it's viable but to date there hasn't been much savings, Harris said.

But not all is perfect with Green Campus Initiative. Paul Derby, chair of organization and its leader since its inception, said the program is dwindling out with interested students. Derby was in charge of the service learning project that started Green campus initiative in 2005 with a class of his students.

But even with less interest on

campus, Derby says Castleton's Green Campus Initiative group is still the biggest in the country. Green Campus Initiative is student run and managed and has made numerous changes over the years, from the small things like changing to florescent light bulbs to making sure that every building started recycling.

In the past, the group also started a garden by the president's house, but in the last few years no one has volunteered to help take care of it. The idea arose again recently, Harris said.

The struggle is that students would not be on campus in the summer to take care of the garden, so Castleton would have to get the community involved to do so.

Student Shea Bryant said Green Campus Initiative efforts just make sense.

"I initially joined it to help a friend [Megan Harris] out. But, it



PHOTO BY BEN CARSTENS

Greg Bachilas refills his water bottle at a hands free refilling station.

turned into more of a good cause to join. The earth is our only planet. We need to take care of her in order to keep living on her," she said.

Theater review: 'Dirty Rotten Scoundrels'



Cast members of Castleton's "Dirty Rotten Scoundrels" performs a scene from the show.

By Rebecca Roe
Castleton Spartan

Cunning tricks and comedy sounds like an odd mix for a musical, but not for "Dirty Rotten Scoundrels."

This is a story about two charming men cunning enough to "woo" wealthy women and use them for their money.

But when the lovely Christine Colgate steps into the picture,

a bet is placed between these two men and things get kind of twisty.

Every musical has its ups and downs and thanks to Castleton's hard work and commitment the majority of their performance was phenomenal.

The curtains opened after the band played the intro to an upbeat piece and audience members immediately set their eyes on the scene for the entire musi-

cal.

Kudos to the backstage crew for building such a realistic set. The tiles on the ground and the deck in the background looked so real that one would think they were purchased.

The dancing, choreographed by Julianne O'Connor, was nothing less than eye candy for viewers, especially in the song "Great Big Stuff" sung by Robert Valenti (Freddy Ben-

son). The scene reminded me of "Fresh Prince of Bel-Air". The scene got even better when Valenti walked down a flight of silver plates, literally!

However, some of the dancers were a bit stiff throughout the entire show and looked like they didn't want to be there. It could have been just the first night jitters, but it was a little too obvious that they were tired.

The singing was absolutely

outstanding despite some minor microphone problems. I noticed throughout the show that one character would come in bold and clear, but then another would come in soft and as if their microphone wasn't on at all.

The color changing background was the highlight of the entire show. With each scene the background colors would change to match the mood or theme of the current song. For example if characters were singing a romantic ballad, a moon and dark blue night sky would appear, setting the mood for the entire audience.

With great acting, an amazing set and upbeat music to go along with it, who wouldn't enjoy this show? However, there was one particular quote in the entire musical that was a bit unnecessary.

"I feel like Rihanna at Chris Brown's house!" said Valenti as he hops across the stage with his arms and legs tied.

The whole situation between Rihanna and Chris Brown is definitely not something to joke about. I understand the words were changed so the audience would better relate, but this joke was taking it too far.

I would definitely suggest students and staff of Castleton to see this performance. But heres a warning: the tunes are pretty catchy.

Shevy Smith serenades F-side

By Jimmy Britt
Castleton Spartan

Welcome back readers to this week's music review. A couple weeks ago, Shevy Smith came to perform at Fireside Cafe. Smith's style of music is country rock with a hint of blues. Her solo performance was wonderful. Her singing is beautiful and she plays guitar effortlessly. She performed many of her own songs, and I will be reviewing a few of them. You can find her songs on her website www.shevysmith.net.

"Rocket Fuel" is more of a soft rock song that starts and ends strong. Even though the song is sad, it has this slightly happy undertone at times. The song is powerful and moving, perfect ingredients for a great tune, and the guitar work is great in this.

"Moccasin Feet" is more of country song that in my opinion tells

about her life. Smith seems to be reflecting on her life in the lyrics, which tell of her ups and downs. This song also has a wonderful guitar part, but this one ties into the song more.

"Ad Astra Per Aspera" is a country rock song that tells about the difficulties of life. But it also tells us that even though we will have our difficulties, we will all end up in the stars up above. The keyboard or piano part is a great touch to the song to give it an uplifting feel.

"FGT: Friendly Grenade Toss" is a great country song. The tempo of the lyrics and the melody of the guitar give it that great country feel. The lyrics talk about anger for what has happened in the past, but how the past can't be forgotten. Also you have to live with the choices you have and will make.



Shevy Smith, right, performs country, rock and blues in Fireside Cafe.

Indian rape case brings awareness to CSC

By Martina Marchese
Castleton Spartan

On March 8, communication professor Sanjukta Ghosh hosted a brown paper bag luncheon in the Campus Center 1787 room in honor of Women's History Month. The event was a presentation about the gang-rape that took place in December in Delhi, India. CHANGE coordinator Amy Bremel suggested the topic to Ghosh, who was in India when it happened. The audience consisted of about 10 women who were very active in the discussion of the topic and had many reasons for attending.

"I used to direct women's studies at another institution. I want to celebrate International Women's Day and I try to attend as many women studies events as I can," said Associate Dean of Academics Ingrid Johnston-Robledo.

On Dec. 16, 23-year-old Jyoti Singh Pandey, was attacked while returning home after going to see the Life of Pi with friends. Her

and a friend were waiting for the bus when a bus appeared that was not part of the public transportation system, but looked similar. During the 19-mile bus ride, Pandey was brutally raped by five men. A metal rod was used in the rape causing her internal organs to be massacred.

Once found by the police, she was transported to Singapore to receive organ transplants. She died Dec 28.

"This is just brutal. I didn't know the rape was that brutal. How do you change the mentality of these people when a 17-year-old is the worst offender. If they [India] are so intellectual why are they so backwards?" ranted a physical plant employee who preferred to remain anonymous.

Within 24 hours, the rape stirred up a series of rallies and movements all throughout the country. The protests took place from the president's house all the way to the Indian Gate.

"There were miles and miles of people, it was just beautiful," said

Ghosh.

The protests centralized around a few specific themes of patriarchy, women's rights, shame of India and violence with violence.

"The government is corrupt, the police are corrupt, and the judicial system is corrupt."

- Prof. Sanjukta Ghosh

"[The Protesters] were trying to shame the government into doing something," said Ghosh.

Some signs displayed messages of death, as well as castration for the rapists. Others were messages shown through artwork, often done by many college students.

One of the most important factors of the rallies was how much male participation occurred. Men stood below to hold women protesters above them so their voices could be heard and their images could be seen.

"The government is corrupt, the

police are corrupt, and the judicial system is corrupt," said Ghosh in her speech about punishment for the rapists.

Ghosh showed images of police using tear gas and water cannons against the protesters.

Even though the president of India is a woman, as is the chief of police in Delhi, Ghosh said "that doesn't change the fact that we live in a patriarchal society."

The men involved in the rape were indicted and the minor among them was sentenced to a juvenile home.

"The 17-year-old was the primary aggressor and he won't be convicted or held to the standard that the other men will be," said Bremel.

Even though many can see how wrong these events are, it still takes time to change the fact that they happen.

"Attitudes take a long time to change even when people have voting rights," said Martha Coulter.

Movie review: Jack the Giant Slayer

By Leah Ede
Castleton Spartan

"Fee fi fo fum, ask not whence the thunder comes."

Nothing is more terrifying than a children's story about giants coming to earth and snacking on human bones.

Or maybe there is.

In the movie "Jack the Giant Slayer," Jack played by Nicholas Hoult, is confronted by a giant from the fairy tale that his father used to read to him.

Princess Isabelle, played by Eleanor Tomlinson, is carried to the land of the giants by a bean stock that has sprouted under Jack's house.

Jack, overwhelmed with love of the princess and guilt over her capture, goes after her.

When seeing the commercials on TV for this movie, I will admit, I wasn't too thrilled. It seemed slightly boring but I was wrong.

When Jack and the knights finally reach the top of the bean stock and are wandering the land of the giants, I was captivated and on the edge of my seat.

At the first sight of a giant, I cringed. They were more gruesome than I had expected but after the initial shock, you start to get over it.

What was really enjoyable was the contrast between the intentions of good and evil.

Roderick, played by Stanley Tucci, was supposed to marry the princess but throughout the movie you see his wrong doings from wanting to control the giants and take over humanity.

How do mere humans fight for their lives against race of giants that are determined to conquer them and survive?

You'll just have to watch the movie and find out.

SGA elections, funds

Continued from Page 1

club's request to go back to Seaside Heights in May. Due to issues that complicated their last trip—underage drinking, driving the fleet van without a fleet license and minor damage to the Castleton's van—the SGA also postponed decision on this matter.

Meet the candidates

The candidates for contested SGA races: Why do you think you deserve this position?

President:

Samantha Besette: I think I deserve this position because I am a responsible adult who is very creative and determined to make a difference in this community.

Zachary Howe: I am looking to help this campus continue to improve; this would include more green up days. My main goal is to strive for community compost. This would decrease the waste from our dining halls. Give back to the local farms and farm animals. This may also lead to somewhat of a community garden that could possibly provide jobs to high school students.

Timothy Mackintosh: I think actions speak louder than words. I was a freshman for two weeks and then I became Vice President of the business club and ever since then I have tried to incorporate myself into every event possible because I love being apart of the Castleton community.

James McCormick: I have been at Castleton for four years and understand the student body. I can find common ground between disagreeing groups. Finally, I want students to enjoy being involved with our school.

Andrew Levesque: I deserve the position of SGA president because of my hard work, diligence, and integrity. I will truly work hard to ensure that the wants and needs of the student body are represented.

Treasurer:

Jessica Galatioto: I think I deserve the position I'm running for because I'm dedicated to what I get involved in. I'm also very responsible.

Elizabeth Young: I think I deserve this position because I have the energy and the determination to get the job done. I'm reliable, organized, honest, and responsible. Count on someone who can count; vote Elizabeth for Treasurer.

VP of Academics:

Antonietta Girardi: I am really passionate with fixing problems. There are a lot of things about Castleton that I feel I can help change. I think students don't realize they have a voice and I'd love to be the go-between and give them that voice. It would be great to bring more excitement to campus.

Daniel Rivers: As the VP of Academics I will strive to facilitate a consensus decision making process between the student body and the Academic Policy Makers here at CSC. Also, I'm just like Yoda, only prettier.



PHOTO CONTRIBUTED BY ROY VESTICH

Students studying in London walk by the Tower Bridge.

Notes from London

By Hannah Josselyn

Spartan Contributor

I'm just a small town girl from Vermont, where the most exciting thing that happens is when Ben and Jerry's comes out with a new kind of ice cream. I've always loved coming from a small town, but I was eager for something more, to see more, experience more and to meet new people. There is a saying that I came across one day that stuck with me: "Life begins at the end of your comfort zone."

I truly believe that in order to become a better person, and to get more out of life you have to do something you normally wouldn't do. I've always loved traveling so when I found out about Castleton's study abroad program in London for a semester I was very intrigued.

Now after being here for more than two months, I realize that it was the best decision I have ever made. The endless opportunities, unlimited travel experiences and the fresh new faces I get to meet is the breath of fresh air that I needed. I joined the social program at the university and since I have been here I have been on many different trips with them to place like Stonehenge, Bath, Greenwich, Wind-

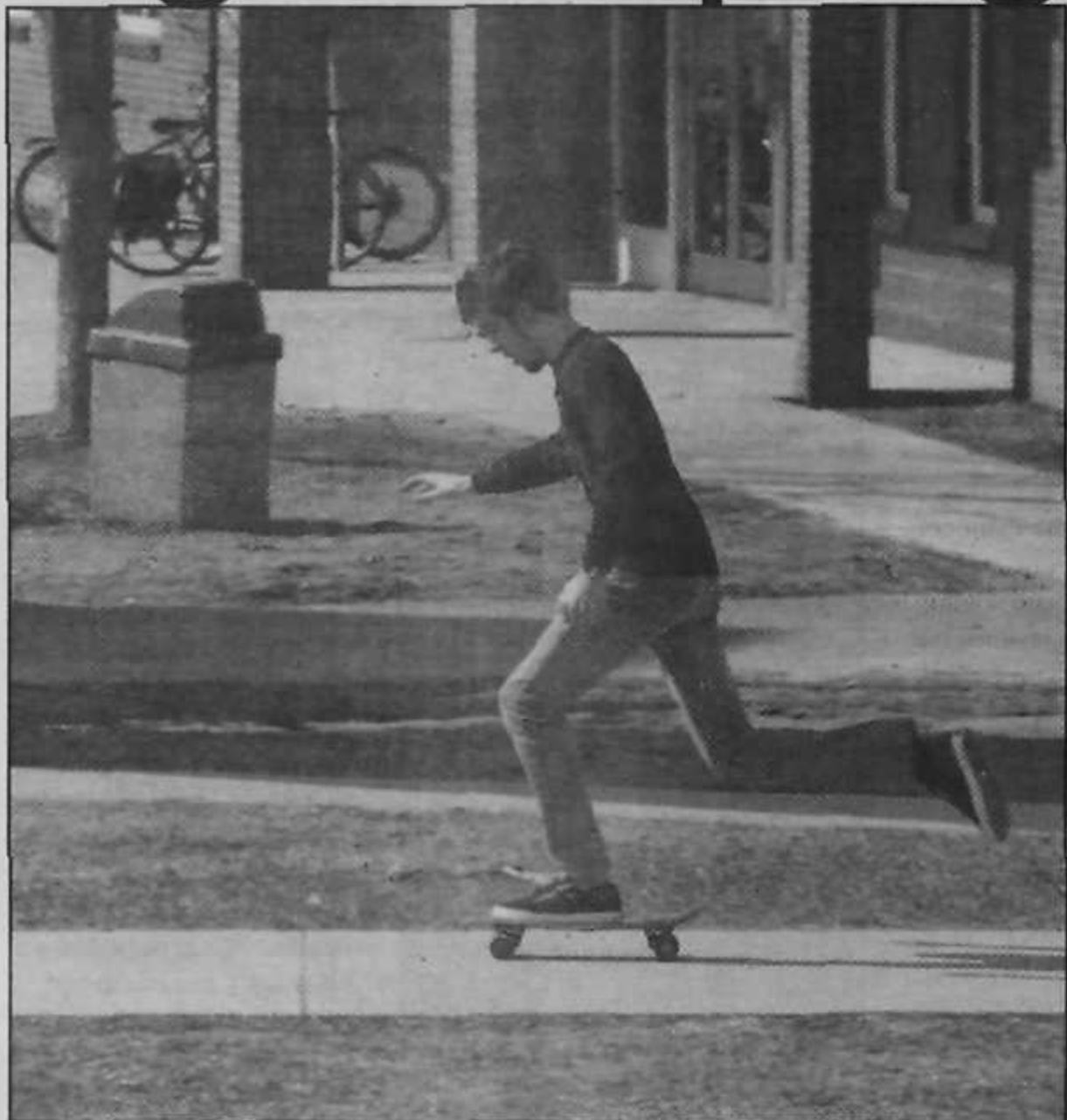
sor Castle and I just got back from a week-end in Wales.

On my own travels I have been to Holland and on a last-minute decision my friends and I went to Edinburgh, Scotland for a weekend. It's spur of the moment decisions like that one that I will always remember. It is so easy to access different countries once you are over here and even if you are on a tight budget like I am, you can still do a lot of different things for cheap.

At the end of this month, my sister is coming over for three weeks and I have planned a trip to France, Italy, Holland and Ireland. Then two weeks after she leaves, me and three of my friends are going to Morocco where we will travel to Marrakech, Rabat, Fes and Casablanca. We have also planned a two-day camel riding tour in the Sahara Desert.

Life is too short to just sit back and let it fly by. These are the opportunities that you need to take advantage of. I have loved every minute since I have been here. I have met some great people that I will never lose touch with. I have become more independent and feel like I have gotten more out of life already by stepping out of my comfort zone.

Signs of spring



BEN CARSTENS/CASTLETON SPARTAN

A lone skateboarder takes advantage of the some of the nice weather.

Bullies beware

By Mitch Francis

Spartan Contributor

Bullying is a huge issue, not only in schools, but in all of society. It is all over the national news right now and has been proved to cause serious psychological harm to its victims.

But there's one Castleton State College student who has decided not to take it any more.

His name is Brian Ward and he's passionate about stopping bullying. After going through the Student Government Association and gaining a ton of support, he founded the Anti-Bullying Club and serves as club president.

Bullying has affected Brian since he was a kid, which is why he decided to take a stand. He said he really wants to help kids who get bullied around campus.

"Our ultimate goal is to create events on campus to spread awareness of bullying," Ward said.

And his efforts seem to be working, having already signed up 67 club members.

They plan to create a student support

network for kids who are bullied on campus. They would be able to talk to other students and get help, he said.

Some students around campus are somewhat skeptical.

"Bullying is a big problem, but I don't think it can be solved easily," said junior Emily Brookman.

But other students, like sophomore Brian Bird, are a little more hopeful and think this club can lead to good things.

"It makes you feel worthless," said Bird when asked about his experiences with bullying.

He said he thinks the student support network would be very good for students.

"It's a great idea. They'd be able to talk to someone they feel safe with," Bird said.

Spreading awareness is important, club members say. They say there are students who are against bullying, but aren't sure what they can do about it. The Anti-Bullying Club, they hope, will help show students that there is a lot that can be done.

For more information on how you can get involved, check your E-mail for messages from Brian Ward.

#TwitterTakeOver

By Sondra Olds

Castleton Spartan

Alanah Fortin just has to follow Kim Kardashian.

For Katharine Hobart it's Mumford and Sons.

And for Bryan Wadsworth, believe it or not, it's sex facts of life.

Twitter, which many speculate is overtaking Facebook in social media popularity, allows people to keep track of every waking moment in the lives of their favorite celebrities.

As Twitter became universal in 2006, major corporations and organizations jumped on the trend band wagon by "tweeting" company updates to their employees and followers.

Hard news companies, like New York Times and Wall Street Journal, update their Twitter, on average, every 30 minutes.

"I've attended a lot of conferences where Twitter was the main source for updates," said Erica Bilodeau, Castleton State College senior. "I follow the speakers and my mentors from those conferences who share information that I will use in my future career in higher education."

As for the younger generation, 9 out

of 10 Castleton students interviewed said they only subscribed to follow the current trend. But, a recent San Francisco University study has shown that younger age groups ranging in their early to mid-teens have a greater attachment. Many believe it's their first exposure to social media, which derived their addiction, while late teens, early adults have already experienced media sites like MySpace and Facebook.



"My friends made me get it. I don't use it a lot, maybe once or twice a week," said Castleton sophomore Ashley Billings.

Four other Castleton students said the same thing and proclaimed they made an account, but never find the desire

to log in.

On the contrary, experts have predicted that Twitter's fate rests in good hands, unlike previous social media sites before it.

"Eventually Facebook will go the way of MySpace. It will come back incarnated as something else. That's exactly what happened to the newspaper. The newspaper died and came back as Twitter. But, Twitter is here to stay," said The Street blogger, Bruce Springsteen, and no, not the singer.

Hollywood access for Noble

Continued from Page 1

phone and called his parents.

"Mark's dad, this is Russell," Brand said into the phone.

According to Noble, his parents, who live on the east coast, were awakened by the call. However, his father's grogginess was not enough to defer the prank-driven Brit.

"I just wanted to say that Mark is doing a wonderful job here. You've raised a fine — if a little overly erotic son," Brand continued. "You've raised a fine young man, sir. Now I need to talk to your wife."

When Noble's father did not put his mother on the phone Brand ended the chat with an "I love you, Dad" and hung up without ever putting Noble on the line.

"They have no idea who Russell Brand is," Noble said of his parents.

He also recalled a more recent incident at the Oscars when he was scheduled to interview Elton John, but couldn't get through security.

Fortunately, Noble was recognized by John and his manager, who quickly handled the security fiasco.

"Ya made it!" said John.

"It was like I was his best friend," Noble said.

Noble hasn't always lived in the fast lane and been ushered through security by the Elton John's of the world. As a kid, he grew up in the Bronx and after viewing the opening scene of The Bob Newhart show he found himself itching to know

life in the Green Mountains.

"I thought, 'Oh my God! This place is gorgeous, I want to go to college there!'" he said.

So Noble pulled out a catalog of Vermont colleges, closed his eyes and pointed to a random school on the page.

"I knew I wanted to go to a school that was journalism and communication," he said.

The first school his finger landed on didn't have these programs, so Noble closed his eyes and dropped his finger again, only to land on Castleton.

He never actually visited the school before making his decision to attend Castleton. He trusted the reviews of a friend who had toured the school, read the catalog, and called the residence halls a few times to talk to students.

He said the people were helpful, the location was beautiful, and his desired programs were available, and so Noble became a Spartan.

"Site unseen. Based on a catalog and a couple of phone calls," he said.

While at Castleton, Noble said he benefited most from the hands-on aspect of his courses that allowed him to get familiar with media equipment. He was also able to intern in the field and this experience landed him his first job at WABC.

Noble called communication professor Robert Gershon his "primary shepherd" while at Castleton.

"He gave you the tools," Noble said.

Gershon recalled his time with Noble fondly as well.

Baseball struggles

By Hannah Messer
Castleton Spartan

After traveling to the Dominican Republic, the baseball team wasn't quite ready to spend some time at home as they traveled to Virginia on St. Patrick's Day Weekend where they went 1-3 against Apprentice School and Tufts.

"Even though it's early in the year, I think we are getting better each and every game so far," said Connor Hoagland, new to the Spartans lineup this season.

In their first matchup against Apprentice on Thursday, March 14, the Spartans played even through two innings, however they couldn't hold the Builders back over the final seven innings, starting off their season with a loss.

Hoagland had an impressive debut for the Spartans as they started off hot scoring in each of the first three innings. The Spartans scored six runs on 11 hits as they fell 10-6.

Hoagland went 4-for-4, getting a double and two RBI, while teammates Macyn Clifford and Ryan Zielinski each recorded two hits.

Zielinski singled to start off the game, landing him at second on an error, sending him to third on a groundout by senior Cameron Curler. Hoagland then hit a single up the middle to give the Spartans the 1-0 lead, however it was quickly diminished when the Builders gained a 4-0 advantage, as two batters got on base and two came around to score, then added a pair of runs.

The Builders then maintained the lead the rest of the game. Even though the Spartans came in hot in the ninth inning after Hoagland doubled home Zielinski.

Four Spartans shared time on the mound. Senior Pat Riley went 2 innings giving up four earned runs. Ethan Hanson, Geoff Brisco and Conner Johnson each saw playing time as well.

The following day, the Spartans earned its first win, after scoring five runs in the forth inning alone.

Earning the win on the mound was Adam Greenlese who only allowed six hits over seven innings with just two earned runs. The Spartans scored nine runs on 12 hits and had nine walks. Hoagland finished with a pair of hits, a pair of runs and two RBI.

While the first three innings were scoreless, the Spartans blasted through five runs in the fourth and wouldn't let go of the lead.

The Spartans weren't so lucky in their next matchup hours later against Tufts as they fell 13-4.

Zielinski went 2-for-5 while Matt McNamee knocked in two RBI, however it wasn't enough to pull off the victory.

In the top of the second, the Jumbos got on the board with one unearned run. Derek Osborne gave a walk to Tuft's James Howard, who was then followed by a double by Matt Luciani. The first run was then brought in to start off the Jumbo's rampage against the Spartans.

"I think we lost a little focus after having a big outburst in game one," Hoagland said. "It's always tough to play three games in 24 hours. It's a challenge to stay both mentally and physically, but we learned a lot."

The following day, the Spartans faced off against the Jumbos one more time, seeking revenge. Unfortunately, the outcome was very similar.

In the 14-4 loss, the Spartans took a 4-2 lead to start things off. They earned four runs on three hits, but gave up four errors. This allowed Tufts to score eight unanswered runs. After losing the lead, the Spartans went on to have a scoreless final six innings, only getting one hit the rest of the game.

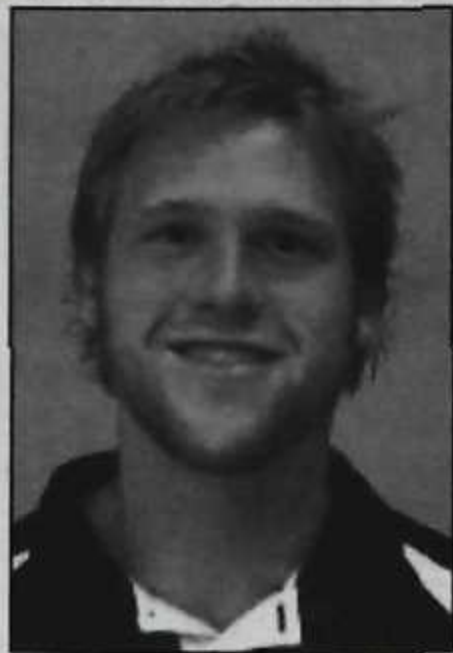
Tyler Lord finished 1-for-3 with two driven in. Riley took the loss, as he allowed three earned runs in four innings pitched.

"We have to throw more strikes," said junior Ethan Macura. "We need to pound the strike zone and let the fielders make the players behind us."

Starting their season at 1-3, the Spartans will travel to Norton, Mass. where they will face off against St. Joseph's (Maine) at 1 p.m.

"We are growing as a team. We have to keep going out and playing hard like we have (in Virginia)" Macura said, "and we will have a chance to win a lot of games."

Meet Max



By Emma Rudnick
Castleton Spartan

Kicking back at his kitchen table with his elbows resting on the wood, Maxim Fantl, more commonly known as Max, thoughtfully chewed his gum contemplating why he loves the game of lacrosse.

"I love the history behind it and how the Native Americans embraced it and used it to solve conflicts," said Fantl. "I feel like it's our original game."

The 24-year-old graduate of Eastern Connecticut State University is the new Spartans men's lacrosse graduate assistant. He is taking over for recently graduated, Dan Groot. Although Groot came from a Division 1 school and plays professional lacrosse in the summer, the men's lacrosse team is embracing the change to Fantl – even if his credentials might not measure up.

"It's nice having someone say something nice to me in practice instead of making us run laps," said sophomore lacrosse player Cody Katzenberger.

Groot, who was known for his intensity, is the polar opposite of Fantl, who always has a smile on his face. And he's got a lot more experience than just playing lacrosse at Eastern Connecticut. Fantl was chosen to coach lacrosse in Manches-

ter, England.

"They're trying to grow lacrosse and they take an American who played college lacrosse and they put that American in the different clubs they have," said Fantl. "I was the only American in this little English town."

Besides helping to implement lacrosse into physical education programs, he was able to play, travel and teach.

"During the day I'd teach in two or three schools...during the afternoon I would coach my junior club teams. And during the weekends I would play for the club," said Fantl, his eyes shining with excitement.

Fantl has a deep affinity for teaching. Before traveling across the pond, he worked for about seven years assisting special needs classrooms as a paraprofessional. Fantl is also certified to teach health and physical education classes. His goal is to either continue coaching at the collegiate level or become a health and physical education teacher while coaching high school teams.

"If I'm going to be a phys. ed teacher, I actually want to have a good program and not be your standard cliché of a gym teacher," said Fantl gesturing with his hands.

But while being very optimistic and passionate about everything he does, Fantl has certainly had his fair share of struggle and hardships. His close friend, Jon DeCasanova has been diagnosed with Aplastic Anemia and is in need of a bone marrow transplant.

Unfortunately as of right now, DeCasanova has no match. He went through a similar situation with his best friend Colin Leroy. He was diagnosed with colon cancer on his birthday in September and passed away July 4, 2011.

"We were best friends since 6th grade," said Fantl rubbing his hands over his face while looking off in to the distance channeling memories. "He was my neighbor, grew up playing soccer together and in high school we were captains of the soc-

cer team. He meant a lot to me."

As if that wasn't enough to deal with, Fantl's uncle, his dad's twin brother, was diagnosed with esophageal cancer. With all this stuff going on, life has been a little tough, he said.

"He had to be strong. Max was a pillar of strength," said Fantl's mom, Bonnie Fantl, her voice filled with sadness. "He gave him [Colin] a sword and said 'here's a Kill Bill sword, fight this disease,'" she said.

Looking at Fantl, he's a typical man in his mid 20s. He has piercing blue eyes, an infectious smile, a charming personality and his hair color is a very distinct strawberry blonde with copper undertones. According to Connor McHugh, a freshman lacrosse player, "he's got no soul" because lore has it redheads or gingers as some may call it are soulless.

But there are actually two kinds of redheads. A ginger; really red hair, pale, freckles and no soul -- and a day walker; not as red hair, no freckles and they have a soul. Fantl claims he's actually a day walker.

"It's unique, we're a dying breed," said Fantl laughing. "And I don't know many red heads that can tan, if I get sun, I get some nice color."

Co-Captain of the men's lacrosse team, Alex Brands isn't 100 percent sure how the self-proclaimed former Lord of the Rings nerd will hold up during season.

"It's like black and white between Groot and Fantl. He's got some big shoes to fill," said Brands.

But despite that, he's got support from his team.

"It's a nice change going from basically a hard-ass really intense coach to a more laid back, but just a passionate coach," said sophomore lacrosse player Alex Denny.

And his mom isn't too worried about him because she knows he has a secret weapon on his side.

"He's got the luck of the Irish," she said laughing.

Halftime speech fires up Spartans

By JenniLee Mark
Castleton Spartan

After hearing an inspiring half time speech from their head coach, the fired up Castleton men's lacrosse team was able to notch a 7-6 win on Saturday against Plymouth State at Spartan Stadium after a second half comeback. Senior Nohea King was the Spartans' leading scorer of the game with three goals, including the game winner.

The visiting Panthers grabbed an early lead when Shawn McEvoy put his team on the board just 3:43 into the game. Five minutes later, Stephen Patch, the Panthers' leading scorer found Brett Miller to give Plymouth a lead of two goals in the first quarter.

With 5:01 left in the first, senior Luke Titus drove to net to get the Spartans on the board. Zach Davidson also beat the Panthers goalie to tie the game at two by the end of the first frame.

"When it went back and forth, it was nail biting," said sophomore defender Ethan Smith. "We made a few poor decisions, but we were able to pull our act together and prevail."

The second quarter included two more goals from Plymouth before halftime; including one from Patch and Chris Annunciata.

The Spartans came out rumbling in the second half after a speech by head coach Bo McDougall.

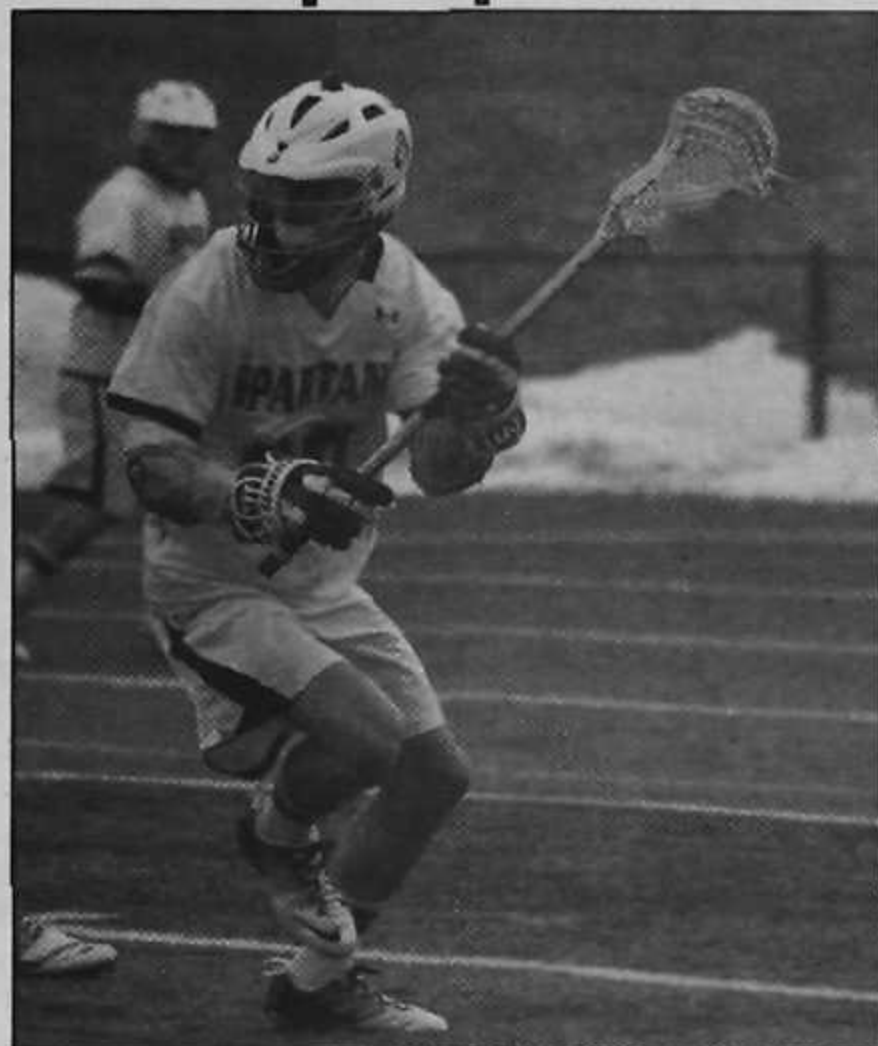
According to the team, he told them to remember why they played lacrosse and to do it for themselves and the team. McDougall told them to play for the brother standing next to them and to put it all on the line. If they were holding back, they weren't reaching their full potential. He believes his team will do huge things this year and that all starts with how bad they want it.

This fired up the Spartans as King stepped up with consecutive goals and was followed by two more from junior Alex Green. The four goals went unanswered until Patch found the net again by a pass from Aaron Boss. Nick Morello of Plymouth made the tying goal with 5:06 remaining in the game.

"(The speech) really fired us up," said senior Ryan Cave. "We definitely had a chip on our shoulder after not scoring in the first half."

The Spartan seniors stepped up in the last few minutes of the game as Sam Bailey assisted King's third and final goal of the game with 2:57 remaining. This put Castleton up 7-6.

The Panthers just couldn't convert plays into goals anymore as



KATIE SAULT/CASTLETON SPARTAN
Castleton's Graeme Pike carries the ball up the field against Plymouth.

time ran off the clock. The Spartans sealed the victory by one goal.

"The last twenty seconds were the longest moments of my life," Smith said.

Panther goalie Jesse Kutz made ten saves for Plymouth while Castleton's sophomore goalie, Sam Polas, made seven first half saves and freshman Peter Latulippe made two saves for the Spartans.

Plymouth earned its first loss of the season and the Spartans advance to a 2-2 record.

Castleton will travel to Johnson State to open their North Atlantic Conference play next Saturday, Mar. 23 at 1 p.m.

Mark nets three, Spartans 0-4

By Andrew Muse
Castleton Spartan

Junior JenniLee Mark netted a hat trick in the first half to help the Spartans as they came back from a four-goal hole, but the team couldn't score in the final 12 minutes as they fell 12-10 to Southern Maine in Gorham on Saturday.

"They were able to win the draws and had control of the ball at the end of the game," Head Coach Mary Kate Scardillo said. "The draw is crucial and we were not able to win as many as them toward the end of the game."

Southern Maine got started 1:50 into the game on a goal by Jacki Kelly. Castleton was able to respond with three unanswered goals by Mark, Sarah Clark, and Mariah Lesure.

The Huskies responded with four, two of which were scored by Kelly, leaving the he score at 5-3 with 12:35 left.

Mark was able to come through as she scored on a free position shot with 9:48 left to bring the Spartans within one. Kelly scored 41 seconds later, but Mark struck again with to bring the score to 6-5 in

favor of Southern Maine.

The Huskies came out strong in the second half with three goals in a two minute period to take a commanding 9-5 lead.

The Spartans refused to just peel over. After nine minutes into the second half, Kate Auer was able to score on a free position shot. Just over a minute later, Amanda Flodstrom found the net for the Spartans. A minute later, Sam Bonasera and Jessica Taplin also joined the goal scoring party.

The Huskies had an answer as Sarah Pelligrinelli was able get one past Spartan goalkeeper Meghan Els. Less than a minute later, Clark came through to tie it up at ten.

Southern Maine scored two more as Kelly got her fifth of the game and closed out the scoring as the Spartans fall 12-10 to the Huskies.

The Spartans fall to 0-4, and will host Rensselaer at home on Thursday, March 21.

"There is always room for improvement," Scardillo said. "We just need to play more consistent and finish harder and finish better."



KATIE SAULT/CASTLETON SPARTAN
Kate Auer looks to catch the ball in the Spartans last home game.

Softball looking to make improvements

By Ryan Cave
Castleton Spartan

The Castleton Softball team heated up the bats this past weekend, but failed to come home with a victory after traveling to Virginia. The first game of the road trip versus Shenandoah ended at 13-2, with strong play from senior Caylee Fluery in the fourth inning leading off with a deep triple. Chelsea Crehan was walked and would end up in a pickle that would allow Fluery to score while Crehan slid in safely back to first base avoiding the out.

"I wanted Caylee to put us on the board, so

I tried to be the best distraction possible and it worked," said Crehan.

The following day, the Lady Spartans struggled at the plate losing a pair of games versus the No. 16 nationally ranked team, Roanoke, and Mt. Aloysius of Pennsylvania.

At the mound for the Spartans was senior Emily Sweeney, playing four innings and giving up eight runs. Sweeney struck out one batter.

The second game of the day versus Mt. Aloysius was tight through the first six innings, but a grand slam in the sixth would lift the Mounties of Mt. Aloysius to the final score of 5-0, as the Spartans struggled to make a

comeback.

Mt. Aloysius pitcher Kelsey Bues struck out six and finished with pitching a perfect game, while Castleton senior Taylor Lively pitched six innings, to allow five earned runs and two walks while striking out eight batters.

"Our trip to Virginia isn't meant to give us easy wins," Crehan said. "It's meant to challenge us and make us better as a team."

Castleton wrapped up the six game week-end road trip with a record of 0-6, putting them at 0-8 for the season.

The lady Spartan's look to move forward as they travel to Skidmore on March 23.



Sports talk with Evan Michaud

Though it may not look like it outside, spring sports are upon us. The men's lacrosse team wrapped up their non-conference schedule with a 2-2 record as they prepare for conference play to begin on March 23. In baseball, the team ventured south to Virginia looking for kind weather and similar results. Unfortunately they could only muster one win in their first four tries. A good recovery will be vital as their next six games are on the road before facing Wentworth on March 30 at home.

The women's lacrosse team got off to a tough start with four straight losses. Their next three games are home, so hopefully the friendly confines of Spartan Stadium will help turn things around. The softball team has yet to record their first win, but they will have a clean slate when conference play begins.

In the mid to late season dog days of both the NBA and NHL, it is nice to take a few weeks off and turn our attention to the NCAA Tournament. Yes, I'm talking about March Madness, when no name schools battle against lineups full of future pros, and where 15 seeds can knock off two seeds and ruin everyone's bracket.

Even as I watched the conference tournaments last week, I could feel the excitement through my TV. Being at the America East final at UVM was even crazier, and watching Albany's players and fans storm the court at the final buzzer gave me chills. Especially for the lower level conferences who only get one bid to the dance, this may be the only time to both compete against the best, and to just be able to say you were in the tournament.

After the last few conference tournaments finished on Sunday, I was ready with all my empty brackets to start putting the pieces in place. Over the three and a half days between Selection Sunday and the start of the tournament on Thursday, millions of people log on to numerous sites for their chance to predict the entire tournament. Bets are placed between friends, colleagues, and classmates.

I marked March 21 in my calendar about six months ago and I will certainly be locked in to as many games as possible. Yes, I even formed my class schedule to not have anything in the afternoon for days such as these. Some think the day after the Super Bowl should be a national holiday, but if there is one sporting event worthy of taking a day or two off, it's the NCAA Tournament.

If you're lacking drama or excitement in your life, fill out a bracket this week and tune in to see these college kids give more than they thought was possible. My advice, pick a No. 12 to beat a No. 5. It's almost a given.

CSC baseball gives back

Spartans donate time in Dominican Republic

By Jennilee Mark
Castleton Spartan

When most athletes pull on their jersey before games, they know they are a part of something bigger than themselves. They know the team name on the front of their jersey is more important than anything they do individually. Castleton Spartans know that to represent their school well, they must act respectfully and give everything they have.

The Castleton Spartans baseball team did just that as it began its season in quite an unusual way. Over February break, the players escaped the cold Vermont winter and found themselves in the sunny Dominican Republic for their first five games of their season.

"It was awesome to represent our college and community," said senior Kyle O'Brey.

The team has been fundraising not only this year, but in the past to save enough money for this trip. In total, it cost about \$45,000, but since the players were expected to pay their airfare out of pocket, the team had to raise approximately \$30,000.

To do this, they worked non-stop doing everything from ushering at football games to selling merchandise, like Spartan winter hats. They host a golf tournament every year, run camps and clinics, sell ads for media guides and used a letter-writing campaign-anything to raise funds for this opportunity.

The team's goal wasn't just to face incredible competition, but also to give back to the community. On their first day, they spent time with over 100 kids in a San Pedro orphanage and really got to see what life was like in the Dominican.

"I think it's an incredible privilege to be able to go to college in the United States and to play college baseball," said head coach Ted Shipley. "And when you're so privileged, I think you're obligated to give back to those who are not. I don't think it's a lot to ask our guys to give back to people who haven't been as blessed as them. We want to give back-we're not always about getting and that's a lesson I hope the players grasp in life."

The team said the kids were very receptive to them. According to the team's trip blog, the kids' favorite games to play with the team involved being chased around because they stole the players' hats.

"The experience was more exciting than

winning," said junior first baseman Joe Borowski.

In keeping with their community service there, the Spartans held a free clinic where they gave out free tee shirts and worked with kids who may not otherwise have had an opportunity to play.

"The kids there are tremendous. Very nice, young kids and they love baseball," Shipley said. "It was easy to work with them."

It was clear the kids loved baseball, but it was even more evident they loved being around the team. Even when the team had games, the "baseball-crazy kids" would blast Dominican music and hang out in the dugout.

"It was really awesome to communicate with people from that country," O'Brey said. "It's something that probably won't happen again."

The Spartans planned to face some good competition in the Dominican. They went through the organization, Dominican Baseball Camp, and had a "well-connected" guide, Sam Labeau, who set everything up for them.

Every major league team in the United States has a Dominican team where they put players to develop them, with hopes to later draft out of their own system. Labeau set the Spartans up to play the Chicago White Sox and the Minnesota Twins, along with the Dominican Army, Air Force and Police teams.

Though the competition was tough, the Spartans did come out with a win in an unusual way against the White Sox. They didn't get any hits, yet they scored four runs via walks and errors. This outscored the three runs acquired



PHOTO CONTRIBUTED BY MATT MCNAMEE
Castleton's Tim Smith poses with a local in the Dominican.

by the Sox.

"We faced good competition there and it will help us face the competition here, said senior Ryan Zielinski. "The slowest pitching we saw there was around 85 mph, which comes close to the fastest we see here."

This trip was special to everyone on the team, but especially the six seniors: Zielinski, O'Brey, Cameron Curler, Mat Pause, Greg Vreeland and Patrick Riley. They described it as a "once in a lifetime experience" and they enjoyed seeing another country.

The seniors that it was worth the extra effort to fundraise and worth the four year wait, as they hope it will continue in another four years because they believe it's a good way to prepare for the season.

"We hope to dominate again. It's our senior year and we want to leave it all on the field every day," Curler said.



A boy applies eye black to CSC senior Cam Curler (left) prior to a game. Right, Taylor Vile poses with a group of boys after a clinic where the Spartans gave the boys lessons on how to play baseball.



PHOTOS CONTRIBUTED BY MATT MCNAMEE AND MACYN CLIFFORD.

Spartan Standout: Lax attack Alex Green



By Ryan Cave
Castleton Spartan

For the past three years, junior Alex Green has been ripping the nets off the pipes out on Spartan stadium, tallying just over 80 goals in his first two

seasons at Castleton. I sat down with the Vermont born and raised lax sensation to catch a glimpse into the life of a Spartan sharp shooter.

Q: What's it like getting smacked by a six foot pole everyday?

A: It's not fun. Once I get hit it reminds me that I have to get my feet going and start running right by 'em.

Q: What's your most epic story from the lacrosse field?

A: Winning the NAC Championship my freshman year and playing Middlebury in the first round of the NCAA

tournament. I grew up watching Middlebury and was always imagining what it would be like to play at that level, and next thing I know I was playing against them in the NCAA tournament.

Q: What's your favorite song to listen to before a game?

A: Cowboy by Kid Rock

Q: Who inspired you, growing up?

A: I was inspired by my older brother Andrew. He always pushed me. Watching him be successful through hard work has made me want to do the same.

Q: What's the biggest hurdle you've had to leap playing sports your whole life?

A: This past summer I had brain surgery and it has really been tough, more mentally than physically. After the surgery trying to convince myself that I can get back and play my heart out on the field without having to worry about anything else has been the hardest part.

Q: What was your favorite childhood TV show?

A: Rocket Power for sure.

Q: Do you have any pre-game rituals?

A: I like to go out on the turf and shoot to get a chance to visualize and focus on what I've got to do.

Q: Who's your favorite pro athlete?

A: Tyler Seguin, he never takes a game off and he's not afraid to have a good time.

Q: What are your plans after Castleton?

A: I want to do the coaching program in England where I will live and travel around Europe getting paid to coach lacrosse. Then I want to be a high school athletic director and coach.

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday April 3, 2013

CastletonSpartan.com

Castleton, Vermont

WIUV streaming music and talk across the pond

By Josh Bassett

Castleton Spartan

Karena Ashton tunes into WIUV just like students on the Castleton State College campus, locals and alumni. But she's a little different.

She never attended Castleton, lives in the United Kingdom and tunes in to a weekly show by communication adjunct professor Robert Wuagneux, also known as the Rock Doc, over the WIUV web stream.

Ashton, like many others in today's Internet age, has decided to listen to radio channels and shows over the internet instead of over a radio.

Based on the fact WIUV has had about 1,060 listeners to their online web stream in the last month, Ashton isn't alone.

"It's obviously a very useful concept to be able to connect with radio shows, other musicians and presenters across the world and be able to listen to them live from anywhere in the world," said Ashton.

WIUV has offered streaming since 2008, but since the beginning of the school year it has seen a real increase in usage after a needed software upgrade and application installation.

"We've been broadcasting since 2008, but it's been a little more under the radar ... I knew we needed better

online streaming, so I just donated the stuff," said WIUV program director Zach Scheffler, who added that the software wasn't that expensive.

Scheffler hosts a show on WIUV with fellow student Matt Trombly where they discuss what people should watch on Netflix. He hosted a music show last year, which he said averaged around 10-12 online listeners per show.

He also spoke quite enthusiastically about the increased number of online listeners the station gets for their collegiate sports broadcasts.

"We had 40-50 people listening in our sports broadcasts, which was huge," he said.

Online streaming is also great for people like Wuagneux, a musician himself.

"I tweet, I Facebook, whatever else it takes," he said.

By just watching Wuagneux for a half hour, you can see how consumed he is with WIUV's social media aspects, which led to him almost forgetting to play a new song twice.

He has many listeners from as east as the United Kingdom to the southern United States in Houston.

Though the streaming has come a long way, there is room for improvement. The software WIUV uses for streaming called Nicecast keeps track of how long a listener tunes in for, whether they are using the TuneIn ra-



BEN CARSTENS / CASTLETON SPARTAN
Zach Scheffler and Matt Trombly host a regular talk show on WIUV.

dio app or web browser.

It also tells you the total number of connected listeners and how long they listen for on average, which was at 11 minutes and 36 minutes.

"We're working on making this a better station," said Wuagneux.

Scheffler knows there is still work to be done, but has high hopes for the future of WIUV.

"Five years, I can only see it getting bigger," he said.

SGA votes are in



Recently elected Student Government President Timothy Mackintosh

By Leah Ede
Castleton Spartan

The results are in and the next Student Government Association president is Timothy Mackintosh.

Mackintosh, minutes after the votes were tallied, said he was very excited to hear that he had gotten the position and is eager to work with the group that was elected with him.

"If I had to sit down and hand pick the people for those positions," Mackintosh said, "they would have been the people who won, so I am very excited that I get to work with them."

Mackintosh was talking about Executive Vice President Alice Johnson, Secretary Colleen Kunz, Treasurer Elizabeth Young, Student Director of Campus Activities Board Eric Dowd and Vice President of Academics Daniel Rivers.

Current president of SGA Michael Shalginewicz said he was willing to work with who ever was elected as president.

"I was going to be pleased with anyone who was willing to be trained," Shalginewicz said. "But, I believe Tim will do a great job."

Shalginewicz said he is also pleased with the students elected.

"I'm glad that a lot of people elected to the positions are currently members of the SGA," Shalginewicz said.

Even though Mackintosh said he thought he had

Continued on Page 6

Ramage colors Rutland



MOLLY DEMELLIER / CASTLETON SPARTAN
A featured portion on Bill Ramage's exhibit in the Castleton Downtown Gallery.

By Molly DeMellier
Castleton Spartan

Local players are making gains to clean up downtown Rutland and boost the local economy through the Creative Economy Initiative project. Castleton State College art department tossed their hat into the project ring with the opening of the Castleton Downtown Gallery.

Though the gallery officially opened Feb. 27, the grand opening was held March 15 with the display of the Castleton Faculty Exhibition. This first exhibit, which is open until May 11, features the work of 13 of the college's faculty members.

Star of the show, Bill Ramage said, "I've been thinking about these installations for a long time."

Ramage's piece filled an entire room next to the gallery that observers entered through a glass door covered with a life-size cutout sticker of his son, Jake. Above his head is a cartoon word bubble that says: "Please Wipe

Your Feet".

Inside are more life-sized cutouts of Jake, accompanied by some of his sister, Whitney, and Ramage himself.

"It was really important that I had my kids in the piece," he said.

The cutouts fill the room in varying positions. In one corner they may appear to be creating art on the walls and a few feet to either side, another cutout may be found observing the art about the room. Regardless of the position, the people are always the art.

"Oh my God! It's wild," said one observer as she walked through the door.

"It was a fun thing to do," Ramage said as he recalled the process.

Next door, a dozen other faculty members from the college are featured. The pieces range from paintings of nature to intricate pieces using technologies such as iPhones and projectors.

The gallery feeds into the future home of the Center Street Market Place, which by the con-

clusion of 2013 is anticipated to be a communal gathering spot.

According to Mayor Chris Louras, a \$970,000 grant from U.S. Sen. Patrick Leahy will transform this seemingly dysfunctional space into a commercially driven congregational area.

Louras said the plans are in place to make the area entirely level in hopes of creating a functional space for the public. He said the area is not intended to be events ridden, but rather a draw for the public, due to its anticipated aesthetic appeal and the commercial space.

"That's what it was created for 30 years ago, was to be an events driven place," he said. "It just proved to be unworkable."

Though the area is not intended to be used solely for hosting events, Louras said there will be opportunities for public events to be held in the market place.

"It's kind of a long process to make things happen, but things are moving along well right now after a lot of hiccups," he said.

The opening of the art gallery is a step in creating attractions to the area. In addition to leveling out the area, construction plans also include a water wall on the back of the Paramount Theater said Louras.

"It's just another piece of the puzzle of the revitalization of downtown," he said.



MOLLY DEMELLIER / CASTLETON SPARTAN
Which one is Prof. Bill Ramage? Neither. They're both cutouts.

Cartoons, guitars and graphic design



PHOTO CONTRIBUTED BY RYAN ACKERMAN
Junior Ryan Ackerman and alum Ali Flewelling perform.

By Bryanna Allen-Rickstad
Castleton Spartan

He has jammed with Twiddle, gotten his thumb bitten off by a dog and run a half marathon in two hours and two minutes.

Ryan Bradley Ackerman is not superhuman

- but he seems it sometimes.

Ackerman, a communication major with a digital media concentration at Castleton, has a lot on his plate.

With three jobs, an internship and school, it's easy to imagine where stress would fit in nicely among that chaotic schedule. But Ackerman enjoys staying busy.

"I find stuff that I love to do and focus on that," he says, penciling in another task in his novel-sized day planner.

Ackerman isn't all about work though. He taught himself how to play guitar in high school and has not put it down since. He and his girlfriend, former Castleton student Ali Flewelling, often perform together at local restaurants and taverns.

"He taught himself how to play in high school," says Flewelling.

"He picked up a guitar and within a week knew 3 hours worth of songs. It was a long week."

The two can often be found together playing at various gigs around the community.

"The first time I heard Ali sing, I couldn't stop smiling," Ackerman said. "It's the same way now. Even if I've heard the same song a hundred times, I can't help but smile."

Although his musical skills are apparent, his artistic skills may be even more impressive. Ackerman works for several local companies, undertaking marketing, merchandising and website tasks. He also offers design consultations and recently redesigned the menu at Kellvan's, a restaurant in Rutland.

But Ackerman also gives Castleton students a taste of his creative passion by drawing the editorial cartoons in the Spartan newspaper.

"He's really talented," says the paper's Online Editor Martina Marchese. "Those cartoons are a huge hit. I hear people talking about them all the time."

Castleton students aren't the only ones praising his art. Recently, Ackerman won a contest to design the new logo for the annual SolarFest

Continued on Page 6

It's finally time for equal rights

Who has ever heard of equal rights? Apparently no one.

Facebook, Twitter and various other social networking sites have been blowing up this week with equality posts, pictures and statuses.

Marriage is a sanctity of God and gay marriages would destroy this; kind of like Kim Kardashian spending millions of dollars on a 72 day wedding. Children of gay parents would become gay; kind of like children of mass murders become serial killers. Being gay isn't natural in society's eyes; but plastic boobs, homeless families and weapons that can wipe out entire continents are.

In a country that has recently voted for a black president, for the second time, you would think we would be open-minded. So why is it that even until the "Don't ask, don't tell" policy for the U.S. military was lifted, even American soldiers fighting for this country couldn't come out as openly homosexual. You can't be homosexual but by

all means you better take a bullet for this country if it's aimed at you.

We see equality as something that shouldn't even have to be discussed in such great depth or questioned. It should be a mere existence like heterosexual marriage.

Who are we to say who someone else is to love? Love has no gender.

Wear that red equal sign Facebook badge proudly in honor of the Human Rights Campaign.

The rising support of this campaign is making it difficult for the Supreme Court to decide if the DOMA (Defense of Marriage Act) should be changed. Right now the act denies same-sex partners access to benefits because it states that marriage is between a man and a woman.

We've made changes to interracial marriages, why is this issue any different? Marriage is marriage.

We are in the 21st century, it's just about time.

-Martina Marchese

Fresh Perspective



Everyone can say they have, at some point in their lives, been faced with certain unfortunate events. When these events happen, our normal every day routines suddenly change course.

About five years ago, I was a freshman in high school. While being a three-sport athlete, maintaining a very good GPA and just being an everyday kid, I had to face the harsh reality of my grandfather passing away.

My grandpa was an incredible man and one who worked hard and gave all his heart to the many people in his life. From the time I heard about his illness to visiting him in the hospital and then hearing of his death, my life suddenly felt very unstable.

I didn't know how I was supposed to deal with everything while also trying to go on like I normally would.

I never wanted to face anything like that again.

Unluckily, a similar event

occurred on March 21. The last two to three weeks have been very upsetting. My Uncle Larry was diagnosed with cancer that had spread throughout his body. I went and visited him in the hospital once before he decided he didn't want to go through chemotherapy anymore. The second and the third time I visited him everything was different. My uncle, like my grandfather, was such an inspirational man. Every person he encountered had nothing but positive things to say about him. Another inspirational thing about my uncle was that he decided to be an organ donor. Anyone who decides to be an organ donor in my eyes has a lot of courage.

Since this sad event happened, my family and I have had to get through it the best we could. The best thing to know is that your friends and family are there for you every minute and I can personally say that was the case for me. To everyone who can relate, know that it is such a great feeling having people who care about you and will be there through all of life's ups and downs.

-Kaylee Pratt

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EVOLUTION OF HEADPHONES



1993



2013

Grow up! Log off and shut down Castleton Hookups

The recent creation of the Castleton-Hookups Facebook page has stirred up unnecessary drama around the Castleton campus and we believe something needs to be done about it. It's a misguided attempt at humor and it is simply not funny.

These posts enhance the already all too common rape culture that exists in college communities.

Our school has programs and organizations like the CHANGE Initiative and PAC that attempt to help guide and remind students that sex, relationships and abuse are very big part of societal problems. According to student Sam Barrale, the hookups page has outraged these groups. This Facebook page goes against everything this school works so hard to rid itself of and bring awareness to.

Posting statements about sexcapes on campus is violating and immature. Some things are supposed to remain private for a reason.

Referring to girls as sluts, hoers

and whores is part of the problem that men and women face daily. Unfortunately this seems to be a double standard where women are subjected to these names more often than men. Women are even referring to one another by these derogatory terms; girls, you should band together and stand up for each other not against one another.

When Castleton is typed into a search engine, Castleton-Hookups is one of the many things that pops up. Is this really how we want our school to be portrayed? Is this what we want our parents and prospective students to look at?

One person posted that he or she was watching from their window as girls come out of the Babcock shower and masturbating to it. In case you are unaware, this is sexual harassment.

These hookups are taking place on and off campus, in academic areas, sober and under the influence. Al-

though the site remains anonymous it still says something about a persons character if they support a page like this and even more so to post on it.

We all need to take into consideration that yes, perhaps these things are taking place within our school community but they need to remain private. We are sure people are aware that these types of posts are being written and it can't be a good feeling especially for some involved in the more detailed, embarrassing posts.

Sex is not a game and it is not a joke. If we acted like the 18-year-old and older adults that we say we are we would already know this.

We think whoever started this site should man-up and shut it down. There are better and more appropriate ways to get your point across.

-Martina Marchese

Letters from The Spartan Spy

Dear Spartiers,

It's been a while, but I'm back to fulfill your twisted obsession and reveal those not so flattering moments that tend to occur after hours. Hold on Spartiers, my absence has given me plenty of ammunition.

But first I must say not even Spartan staff members are free from those lapse in judgment moments. One of our own has been flirting with revealing my identity. Needless to say that certain someone should come out from hiding behind their aviators and review the codes of journalism about refraining from revealing anonymous sources.

It has also come to my attention that I am once again a topic of discussion on social media. In a desperate cry for attention the Castleton Hook-Ups Facebook page challenged

me to write about them. So here it is: if I wanted to reveal fictional raunchy sex stories I would have simply printed excerpts from 50 Shades of Grey all year.

However, some Spartiers could learn a thing or two from Castleton Hook-Ups about hitting the right hole. A game of pong turned rather dry as two experienced Sparty boys failed to sink a cup and in front of the entire party took a late night run around the Village Store in just their boxers.

Others should look for hints in shaking those stage five clingers that have a tendency to keep appearing in their suite at the most inconvenient times.

The St. Patrick's day festivities proved to be a bit of blur on Castleton's campus. Perhaps that is partially due to the fact

that Jameson wasn't meant to be funneled.

Nevertheless, the Spartan green was put to good use and Huden became a feeding ground for the inebriated. A few tested their luck and serenaded the dining hall with a slurred rendition of "Build Me Up Buttercup," twice for our listening pleasure.

If that wasn't enough of a display of the lack of a Sparty's rhythm, then another Sparty boy's table dancing attempts should suffice. One step a little too close to the edge brought him tumbling down and caused a shattering demise for a few shot glasses.

Other Sparty Hardy's have brought the city club life to our quiet world up in the mountains. Somewhere between the flashing lights and DJ, Spartiers turned the apartment in to a humid

pool of sweat and body oils until approximately shirtless-o'clock.

On the week night party scene some residents have been skipping the liquid remedies and dealing out ways to get chocolate wasted. Another tried to show off his power lifting skills using pieces of school property. An intoxicated slip led to a shattered piece of slate outside Castleton Hall and an upcoming incident report.

The year is quickly coming to a close, Castleton, can you guess me yet? Or is your memory drowning in a whirlpool from your late night consumption? Keep looking for more letters from the Spartan Spy to see if you've been spotted.

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Read us online at
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New club strives to make shy kids comfortable



Erika Wolf

By Sarah Clark and
Danielle Isabelle
Spartan Contributors

Attending parties,

sporting events and other large social gatherings may not be at the top of the list of things to do for members of Castleton State College's new Shyness Club.

But maybe someday, with the help of the club, that could change.

At the beginning of this year, students Garrett Covey and Erika Wolf created the club because Covey said "we wished to bring a club to campus which suited a different subgroup of people and help them feel comfortable in their shyness."

Although the club was created for others, psychology professor Terry Bergen explained that creating the club was a win-win situation for all.

"I think they were shy people, so it was a natural thing for them to get involved in," said Bergen about Wolf and Covey.

Covey was in Bergen's Applied Behavioral Analysis class three years ago, while Wolf joined this year. The class allows students to collect baseline data and decide to implement a solution to a problem, which in this case is

shyness and the Shyness Club.

They later gather data to determine if the club was successful. Through the study, they do research and other studies that may help improve the shyness of others and make them more extraverted.

There are five members of the club and they meet every Tuesday at 12:30 p.m. to discuss shyness and share their experiences with being shy. They also do some fun group activities and games to get each other talking.

"I think that the indi-

viduals in that group feel like it is personally helping them. First week was icebreakers, games and activities that help them build their confidence and to be more comfortable," said classmate Stephany Churchill.

Wolf said she believes it is working.

"I feel really good about it, and it's going really well," Wolf said.

Wolf and Churchill are not the only ones who believe it has been beneficial to both the leaders and the participants.

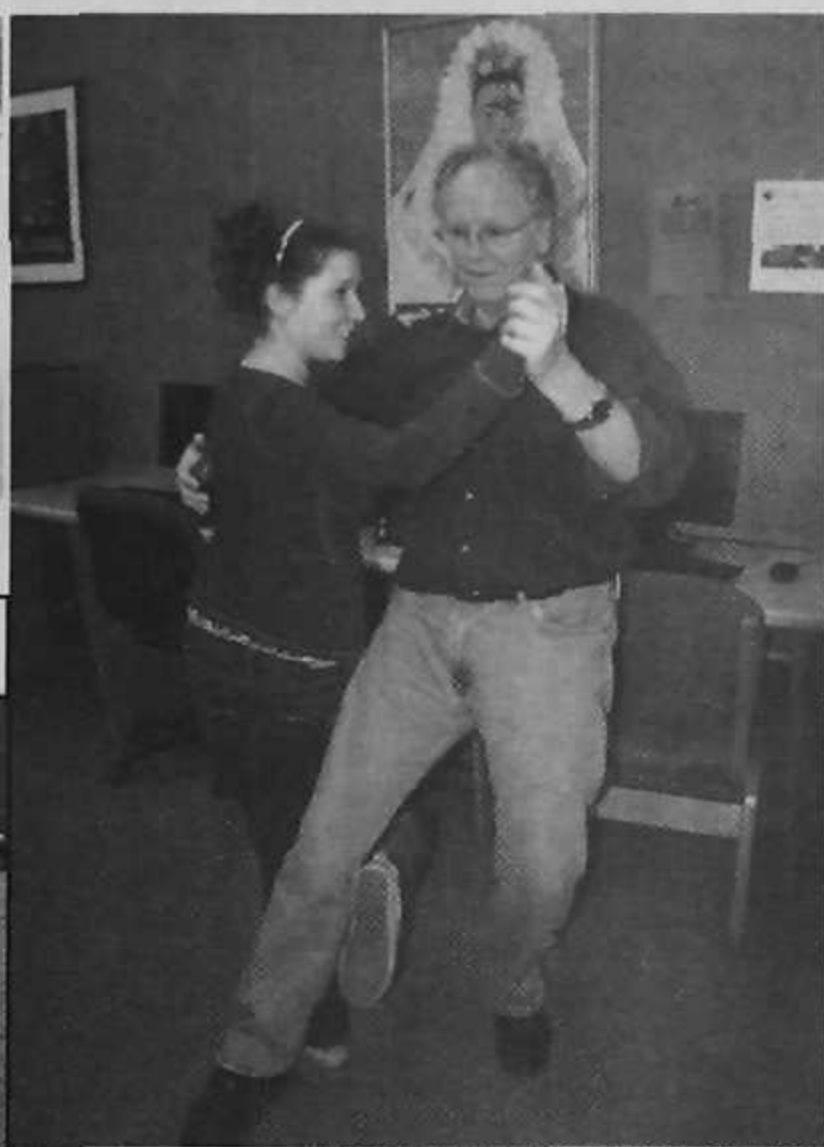
"Just the fact that they

got people out of their room to participate in a socially active group, proves they have had some success," Bergen said.

Club members also stress that the Shyness Club is not just for people who are shy. Everyone is welcome to come join the group as well. Wolf said it would be nice to have some extroverts join and create a better experience for the introverts to open up.

"It's celebrating ourselves and being comfortable with ourselves and around people," said Wolf.

Philosophy, flyin' and the tango



PHOTOS PROVIDED BY BOB JOHNSON

(Top left) Philosophy professor Bob Johnson flies his Piper Cherokee. (Bottom left) English professor John Gile stands with Johnson before a flight. (Right) Johnson gives a student a brief tango lesson.

By Sarah Clark
Spartan Contributor

Admit it. We all picture our teachers spending their weekends grading our papers and coming up with next week's grueling assignments. But from flying high to cheek-to-cheek soul-soothing dancing, philosophy professor Robert Johnson's weekend life may be just as exciting and crazy as ours!

"If you look at how much you spent on renting, you can probably buy one," a close friend of Johnson's told him years ago.

It was those words that encouraged and aided Johnson in the final decision to buy a Piper Cherokee airplane 10 years ago, which he still continues to fly several times a month.

When it comes to flying his plane, Johnson practices regularly and takes pride in the skills and techniques he has learned.

He also remembers one interaction with an instructor particularly well.

"He looked at my log book to see how many hours I had flown, and I was pretty new at the time so it was only a couple hundred hours or something. But he said 'Oh 150 hours that means a lot of decisions.' And I thought, that's a really interesting way to look at what flying time is. It's time making decisions because whenever you're up in the air you're constantly making decisions. You're not just fiddling around," Johnson said with a serious look on his face.

Looking back, Johnson also remembers how what was supposed to be a relaxing trip with his wife ended up pretty harrowing due to bad weather.

"We got into a really bad storm and we ended up having to call air traffic control and had to ask where the nearest airport was. We were flying through the clouds getting bumped around," he said.

After flying around in a sea of clouds they finally came close to a landing spot.

"I was just so impressed. Here we are going through the clouds and they are getting thinner and thinner as we were de-

scending. And we were hoping we would see ground soon, and there it was just growing. The trip was supposed to take us 5 1/2 hours, but it ended up taking three days and 10 hours. It took only five hours to get back," said Johnson.

Philosophy colleague Brendan Lalor and his two kids have flown with Johnson and got a special treat.

"Bob lets you steer! He will take his hands off and say 'give it a try you won't crash,'" Lalor said.

With the fuel prices on a constant climb, flying is not a cheap interest, he said. He has flown to Keene, N.H., Bar Harbor, Maine and Burlington and in general, often finds himself headed toward the coast at about 5,000 feet.

"Reality is you can only go to an airport," Johnson said.

Once he lands at his final destination, he could either rent a car or walk.

But when he isn't flying, few probably realize that Johnson often can be found elegantly swaying and twirling his partner around while dancing the Argentine

tango. Learning to dance six years ago "satisfies his desire," he said. Johnson said the tango is a smooth social dance that he can improvise and change with each partner and song. You can find Johnson and his partner, Beth, in Rutland on Friday nights when they are teaching a group called Rutland Tango.

"Periodically we would fly down to Keene because there is a really good teacher down there, a friend of ours who teaches tango. We would land at the airport and then do a lesson there in the lobby. And people would gather to watch us. The people that managed the airport were really happy about that," said Johnson.

Although dancing in lessons can be fun, the decorum at a dance hall, known as a milonga, is something completely different.

"There is certain etiquette there... That if you come with a partner and you sit together, then you will dance together. If you want to dance with other people, then you will sit at a separate table rather than with your partner. Then what you do is look around the room and you look for people who you might like to dance with. And if you catch their eye, you go like that," Johnson said jerking his head in the direction of an imaginary dance floor. "Then the two of you get up and meet up out on the dance floor."

When Johnson first began dancing outside of classes, he was not eager and quite ready for what was in store for him.

"I was looking around and I notice this woman just staring at me and I thought 'Oh my God, I think this is that thing they are talking about. I was really embarrassed; I didn't know what to do. I just wasn't ready. So I just got up and left. I felt horrible. I knew how it worked, but I just wasn't ready to get out there and do it," said Johnson.

Little did he know, he would spot the same woman staring at him the next night in another club. This time he was able to muster up the courage to dance with her.

Although he has been doing these activities for years now, it sometimes difficult for people to picture him dancing and flying.

"It was a surprise to me! I think it's awesome that he does it. You would never know, but I can see him doing that," said student Erica Bilodeau.

Graduation changes foster mixed feelings

By Leah Ede
Castleton Spartan

At this year's graduation Castleton State College will be starting a new tradition.

The 2013 class will not be walking the chapel green on May 18, but instead will march into the recently finished pavilion to get their diplomas.

Class secretary Emily Sweeney said the pavilion is an upgrade from tent used in previous years.

"It's nicer than a tent," Sweeney said. "It was built with a purpose."

But the tent isn't completely going away.

Senior class Treasurer Corrie Keener said there will be one added to the south side of the pavilion.

"We will be able to seat over 3,000 people," Keener said.

Senior class president Michael Shalginewicz is

pleased with the number of seats available.

"That's way more than what we were able to seat before," Shalginewicz said.

Keener also said that graduating students will be given four tickets, but can receive two more once they have received and completed a senior survey.

Senior exercise science major Levon Fitzgerald is pleased with the number of tickets that the students will receive.

"It's not too bad, it's a fair number when you think of the amount of people graduating," Fitzgerald said.

Assistant Dean of Campus Life Victoria Angis said that students and some guests will be seated under the Pavilion, but the remaining guests with tickets can sit anywhere under the tent.

Senior class vice president Erica Bilodeau said

there might be less room for extra guests and students to attend the commencement than was provided on the Old Chapel lawn.

"There won't be as much space outside of the Pavilion or tent," Bilodeau said.

Bilodeau also said that they will not be letting people sit in the Fine Arts Center to watch the commencement on screen like they have in the past.

Another change to graduation is that it will now take place at 11 a.m. instead of the traditional 2 p.m.

Angis said there are a lot of reasons for the time change.

"When it was at 2 it made for a very long day," Angis said.

Angis also said they found that it would be easier and cheaper to provide breakfast instead of lunch. Sweeney isn't crazy



JOSH BASSETT/CASTLETON SPARTAN

The new pavilion adjacent to Spartan Stadium will house the 2013 commencement ceremonies for the first time this May.

about the time change.

"I don't like it because of the people traveling out of state," Sweeney said. "My parents now have to come up the night before."

But aside from the time change, Sweeney said she's pleased with plans for commencement.

"I think it's a great move," Sweeney said.

"The school is all about tradition, but it's great that our class will be starting this new tradition that will continue for years to come."

Campus Quips

Martina Marchese &
Sondra Olds

Question:
What do you think of
the Castleton hook-ups
Facebook page?



Ashley Mossey

"I thought that was
kind of awful."



Kyle Van Gelder

"I don't really see
the issue."



Cameron Scully

"It's offensive and
vulgar. Everything
sounds made up, like
weird fantasies of
lonley men."



Ali Jones

"I think it's enter-
taining."



Graeme Pike

"Just people trying
to have fun. I'm not of-
fended by it"

Philosophize for \$150



PHOTO CONTRIBUTED BY STEPHANIE ARNDT

Philosophy professors Brendan Lalor and Bob Johnson display a flier for the Plato Prize contest.

**By Stephanie Arndt
and Stacy Sullivan**
Castleton Contributors

The philosophy department is once again hosting the Plato Prize contest and all students are welcome to enter an essay addressing anything in the philosophy field.

The winner of the contest will receive a \$150 check, funded by the English department.

Submissions should address a subject in philosophy, which could include issues, theories or figures in history, religion, science

or ethics. This chosen essay may have been used in previous classes and can be reworked to fit the requirements of the contest.

"The things we are looking for are philosophy subjects. The essays must be well written, organized, show a good understanding of the issue, and have originality," said philosophy professor Brendan Lalor, one of the judges of the contest.

Fellow philosophy professor Bob Johnson elaborated.

"On average we have about 7-10 applications for

the contest. We look for essays that that we shouldn't normally see for undergraduate students," said Johnson, who also will be judging the submissions.

The Plato Prize is an annual contest by the philosophy department, which currently has about 15 majors.

"I picked philosophy because I wanted to learn to think critically. Philosophy is something I can really sink my teeth into," said philosophy major Dave Carrier.

"My favorite class is Buddhist Philosophy. I'll write my essay on Eastern Buddhism."

Lalor said people may question philosophy as a major, but he said to him, it makes perfect sense.

"Philosophy is a cool thing to study, and helps you be a better human being. Some people may be able to say I can fix a car, but can they say they understand how to be happy? The study of philosophy helps you live a better life," Lalor said.

Deadline for essay submission is Friday, April 19. The award will be announced Monday, April 29.

Admissions is on the move

By Molly DeMellier
Castleton Spartan

Castleton State College had a public hearing before Castleton's Planning Commission on March 28 to discuss expanding its boundaries and altering the college zone.

According to Dean of Admissions Scott Dikeman, the college has purchased land and a home off South Street that was once the Rhineford Estate. Dikeman said the college approached the Castleton Planning Board about expanding the campus zone and using this building as a new Office of Admissions.

Some members of the commission as well as members of the community are in opposition to the project because of the concern that expanding the college could jeopardize the historic look of downtown.

"Our intent is not to change the exterior outlook of the buildings," Dikeman said.

He said the plans for the project include construction of a parking lot to hold eight spaces and the clearing out of trees to make the

area more accessible to the campus. The college plans to maintain the residential appearance by having the real construction occur inside the building, which Dikeman said they plan to turn into offices.

According to chairman of the Planning Commission, John Hale, members elected to hear the college's proposal by a 3 to 2 vote.

"It was a split decision," he said.

Zoning Administrator Dave Skidmore addressed the issue of the college's flat-roofed brick buildings clashing with the character of Main Street. He said this should be a time of unified transition for the college and the town.

"Both the town and the college are going to grow over the years," he said, "and I think we want to grow together."

Due to the absence of board members, the commission could not vote on the issue and suspended the hearing until April 9 at 7 p.m. in the municipal offices on Main Street.

Nontraditional students finding common ground

By Karen Marino
Castleton Contributor

With a glass of wine in her hand, 33-year-old Elishia Fletcher curls up in her recliner during a rare quiet moment at home and begins chatting about her experiences as a nontraditional student at Castleton State College.

Her eyes grow wide as she describes the utter chaos that her life has become, because in addition to school work she is also a single parent to two children.

She describes getting up at 4:30 a.m., getting the kids up and on the bus by 6:50 to be ready to leave around 9 for class, or one of the two jobs she juggles. Some nights she stays awake until midnight or later finishing assignments. Fletcher said she manages this chaos by always putting her family first.

Whether it's having "mommy and James time" or never missing her daughter's cheerleading competitions on Saturdays, Fletcher believes that balancing her priorities is what makes her successful as a parent and as a student.

Even though some traditional students are often a decade younger than students like Fletcher, she said she has found common ground with those who are serious about their studies like her.

"I do have some traditional students who I consider friends and I

know younger students who just don't take their education as seriously as an older student does," she said. "Some students, who may not be as goal oriented, don't grasp how tough it is. I can't wait until the last minute to do assignments and if they took a year off from high school before starting college to get a taste of real life, then they wouldn't blow off class."

But Fletcher admits that sometimes her life gets in the way of her schoolwork, and it bothers her.

"Sometimes I feel like I haven't pulled my share of the weight with group projects because I have so many more demands for my time," she said.

Fletcher is not the only CSC student with the impression that your attitude determines your success.

Kelli Hennessey, a 27-year-old English literature major, thinks that a driven attitude rather than age is what makes you a serious student. Hennessey is also a non-traditional student trying to balance her time between work, parenting and classes, and she does this with a sense of humor.

"Oh those kids," she says as she rolls her eyes jokingly about her younger classmates. "But I would never say that to them."

And while Hennessey may want to give advice to her younger classmates, she abstains.

"I think that some older stu-



PHOTO CONTRIBUTED BY KAREN MARINO

Nontraditional student Elishia Fletcher studies in the Coffee Cottage.

dents may be perceived as acting superior and I don't want to give that impression," she said

Even though there are times when she notices new students not speaking up in class or acting foolish and wondering why they aren't taking life more serious, she

doesn't feel she should be the one to chastise them. This is frustrating for her, but she said there are also students who are there for the same reason she is: to get an education.

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Keeping the athletes taped up



PHOTO BY JOHN BERTRAND

Chris Wieland tapes the foot of Mariah Lesure.

By Evan Michaud and John Bertrand
Castleton Contributors

Rip, wrap and repeat. Senior Chris Wieland has taped so many ankles in his three years as a stu-

dent athletic trainer, it has become second nature.

Wieland is part of an elite group of 10 to 12 students who get chosen each year to participate in the training program.

"We had over 100 applicants for 10-12 spots this year," said Reese Barber, the Athletic Training Education program director. "Having been here for 15 years, the number of applications has grown exponentially".

Accompanied by four professional supervisors, the students are assigned to cover two teams per year, but are only allowed to travel if joined by a certified trainer.

"The kids must have experience with men and women, upper body dominant sports like softball or baseball and lower body sports such as soccer or cross country," Barber said. "We also try to have everybody work a semester with

a collision sport like football or hockey."

And Barber did warn them ahead of time about the amount of time and dedication needed out of the classroom in order to graduate.

"Everyone must complete 1,500 hours outside of school. They need to be a part of the conditioning, nutrition and orthopedic aspects of the teams as well. It's not a career, it's a lifestyle," Barber said.

Wieland has worked with softball, women's lacrosse and men's basketball and was adamant about how important the 1500 hours is.

"The observation hours are really where you learn the most. You can only get so much from the books without seeing it live and in person," Wieland said.

Watching him systematically tape her ankle was Mariah Lesure, sophomore midfielder on the

Castleton women's lacrosse team. She was getting ready for a game against RPI as she usually does; getting both ankles taped.

"The guys do a great job here. I get both ankles taped before every game and I always feel comfortable during games," Lesure said, while leaning back on the trainer's table surrounded by ice bags, stimulation machines and cold baths.

There are six tables in the middle of the training room and the stench of sweat and heat filled the air.

The program director added a bit of advice to future students and even current ones looking for it.

"It's not a 9 to 5 job, but each game is new and different," Barber said. "You have to be ready for anything and everything."

Giles sings with some of the best

By Max Walker and Juliana Combs
Spartan Contributors

Castleton State College music professor Glenn Giles had the recent honor of performing the Star-Spangled Banner with a best-of-the-best chorus at a John F. Kennedy tribute in Dallas, Texas.

During the performance, 30 doves were released, which shocked Giles and his fellow performers who were never told about the explosion of birds.

"I had to keep performing, it was completely a surprise," said Giles.

Giles was in Dallas for the American Choral Directors Association. He was joined by students Haley Shahan, Juliette Iffland, Zac Shambo, Nick Masterson and Jessie Pierpont.

"I loved the experience," said Masterson. "I was very excited to spend a week with not only the current choral conductors in the United States, but also the future of choral education."

Every other year, 5,000 directors come together to perform songs by some of music's great composers. This year it was music by John Rutter.

"Rutter is very well known in the choral world. He's

done a lot for music," said Pierpont. "It was so amazing for Giles to be a part of that".

Students were recommended to join ACDA by fellow music professor Sherrill Blodget, which gave them access to the event.

"We had the largest representation of choral students from Vermont," Giles said "I'm proud that we represented this small school in such a big way."

The audition process for Giles and other directors involved sending in an MP3 of their vocal range. Giles chose to record himself unaccompanied by an instrument to better show off his voice.

He was chosen as one of 26 basses from 22 states.

"It doesn't matter who I'm singing with," said Giles. "I love it and being at that level was amazing."

It was only hours into his weeklong trip he discovered that he would be performing at the event honoring JFK.

"I prepared for Rutter and then this happened," Giles said.

The honor came to Giles after government officials cancelled the originally scheduled performance of 40 military men because they had been deployed. The new chorus had only several hours to prepare.

"It was a once in a lifetimes experience, I still feel like I'm on a cloud," Giles said.

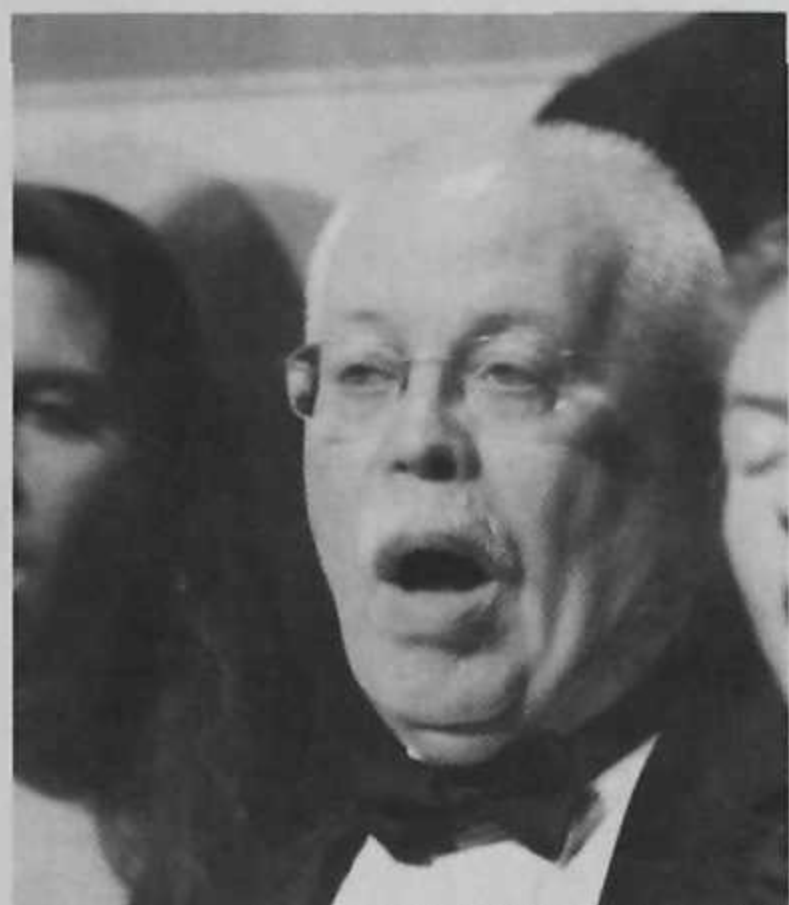


PHOTO CONTRIBUTED BY JANE FOLEY

Professor Glenn Giles sings with his chorus of students.

'Hit Men' take over Casella stage



CHRISTOPHER WILLIAMS / CASTLETON SPARTAN

Castleton adjunct Professor Wuagneux joins Hit Men on the Casella stage during their stage rocking performance on March 28.

Music review: Billy Joel

By Alexandra Johnstone
Spartan Contributor

Don't you love that moment when a song explains everything going on in your life?

Goosebumps run through your body as the familiarity flows into your ears.

For me, Billy Joel is one of the best artists to listen to. Waking up Sunday mornings as a kid, I could hear Billy Joel playing and the aroma of pancakes and bacon drifting into my room. I grew up with Joel and continue to listen years later.

One of his songs, "Vienna," from the album "The Stranger," made me think deeply about my own life and re-evaluate views and goals I have. While listening to this song I feel a wave of relief and happiness and the song's meaning grows in my heart. It

was written after Joel returned from Vienna, Austria visiting his father.

Another amazing aspect of Joel's music is the instruments he incorporates within his songs. Joel plays instruments varying from piano and guitar to lower key instruments like the harmonica, keyboard, accordion, and organ. Each new song I hear has an instrument included within the song that completely throws me off guard.

While listening, I turn my headphones up, wanting the music to surround me almost as if it's overpowering anything else in my life at that moment.

The album "Piano Man," his second album, was released in 1973 and contained 10 hit tracks. "Travelin' Prayer," the first song on the album, includes a guitar, piano and banjo. Joel writes all his

own music and I admire him for singing about a huge variety of subjects, many of which I haven't experienced yet.

The songs he wrote are each meaningful in a completely different way, giving me an entirely new emotion for each. As I sing along to Joel's songs, I can feel myself getting so lost in his music.

In "Travelin' Prayer," Joel tells a story of how his "baby" is far across the sea. While singing, he is praying to the Lord that she'll be safe until she's home with him.

The story of a man fully loving another and praying for her safe return seems uncommon these days. The fact that Joel's music is still relevant while being written 40 years ago is impressive.

Some of his songs take a more serious route and address serious problems like the song "Captain Jack,"

also off "Piano Man." The song was written while Joel was searching for inspiration in his apartment and saw kids buying heroin off a dealer who was called Captain Jack. This song is still relevant, with drug use rampant in the world.

Joel stopped recording and toured for years, including playing in a concert to benefit the victims of Hurricane Sandy in December of 2012, which I would have killed to be at.

He announced that he'd be writing an autobiography, but later canceled plans saying the best expression of his life is and always will be his music. I will forever remember Billy Joel for his unique music and my kids will be hearing it Sunday mornings, as I make pancakes just as my father did for me.

'Lil Black Box

By Corey Rewenko
Castleton Spartan

Down a side hallway in the Fine Arts Center sits a room that many students don't know exists, but those in the theatre department refer to as The Blackbox Theatre. The theatre is a new stage for students to work on smaller, more detailed plays and learn to direct show of their own.

Professor Anna Gross talked about the Blackbox as an experimental place for actors in the department to try smaller stages and work more closely with the audience. Gross said the venue is new to students and it's the first year that different series have been launched there.

Junior Megan Hackey, who just produced the show "The Pillowman" in the theatre, described the Blackbox as a new and challenging space to work in.

"One of the limitations was the set and having to be talked down from some of my bigger ideas due to the lack of space," she said.

Hackey described the show as a learning experience for her and her actors and said it allowed for learning on a different stage with such a close crowd and small space.

"It definitely made us more aware of our surroundings, and learning to project our voice more since there were no microphones in the theatre," she said.

One of the problems with Blackbox is that it is few know its there.

"It is a shame that students aren't even aware that the theatre exists," said Soundings Director Sally Ann Majoya.

Majoya said it's important for fellow students to support the actors and their shows in the Blackbox.

One problem with attendance is that most events that take place aren't Soundings events. Hackey said that making the shows Soundings events would bring out more people and could keep shows open longer as long as the seats were filled.

Majoya said she's open to the idea, but said problems could come arise if shows are on the main stage in the Casella Theatre at the same time because they share an exit door.

Movie review: The Land of Oz

By Martina Marchese
Castleton Spartan

Ever wonder what Emerald City looked like before the wizard showed up? Now you have the chance to see...

Vibrant animation fills the screen from start to finish as porcelain figures, personified animals and wicked witches show a different view to the Land of Oz, before the wizard. James Franco plays Oz the Great and Powerful.

The wizard starts out as a simple magician from a traveling circus and ends up on a

magical hot air balloon ride through a twister to the Land of Oz. This story focuses on the arrival of the mighty wizard and how he came to be.

Mila Kunis, the Wicked Witch of the West, first shows up as a friend and love interest to the wizard until he breaks her heart and then, like any female, she turns green and raises hell.

The movie was a little disappointing because it didn't live up to all the hype but overall it was still pretty good.

After the original movie, the Broadway play and the book Wicked, a story from

the wizard's point of view was bound to be in the near future.

We grew up on the wizard being the man behind the loud voice in Emerald City and this movie shows how that whole set up came to be. Oz creates a contraption to scare the evil witches into thinking he is the almighty powerful being that everyone thinks he is, but in reality he is just a regular man with no actual magic. This is how the voice and face we see in Emerald City came to be.

Even though the movie didn't live up to its expectations I think we can all agree it can all be majorly over-looked

because even as a wickedly hideous green witch, Mila Kunis is still pretty hot!

Oh and let's not forget the adorable Finley, second hand man to the wizard, a monkey dressed as a bellhop who signifies the wizard's friend from back home in the Midwest.

If nothing else works for this movie at least Kunis and the cute little creatures make up for whatever is lacking.

Man of many talents

Continued from Page 1

weekend in Tinmouth, Vt. Ackerman had nearly half of the votes throughout New England.

"I just looked at the previous designs and wanted to do something original; something that really captured the idea of SolarFest, even though I've never been," Ackerman said, looking slightly guilty.

That will change this year because his winning design gives him free admission to camp out for the entire weekend, something he is very much looking forward to.

"I love being outside. Someday I will live in a place where I can go right from kayaking to snowboarding," Ackerman said.

With all of his combined skills, Ackerman could easily go down many different career paths. But what he really wants to do is help people. He thinks he "could make a real difference in the lives of those who need it most," but he is not yet

sure where exactly that will lead him.

One path he has been down, that he can cross off his list for career choice, is dog training. Right out of high school, he worked for a compa-



Ackerman's winning SolarFest T-shirt design

ny in Rutland. Not only did he train dogs, but he was a training device for dogs. He often volunteered to wear the "bite suit" and allowed government dogs to attack him for practice. After receiving massive bruises from

the bites, Ackerman helped redesign the bite suit.

After retiring from the canine business, Ackerman bounced around a bit, enjoying school in Boston for a year before finally feeling settled back in Vermont.

With every serious aspect of his life, there is a quirky one to match it. On any given night you may find him watching "The Office" reruns, quoting every episode line for line while munching on his favorite snack of tuna fish and Saltine crackers.

You might also see him tearing it up at Killington, his only goal to survive the black diamond trails to be able to celebrate with a local beer at the end of the day.

No matter what he is doing, Ackerman finds a way to make the most of it.

"I remind myself everyday that I live in a beautiful place and have great opportunities. It's just up to me to go make them happen," he said.

Profs love what non-trads offer

Continued from Page 4

"I know some bright and intelligent first-year students who I have become friends with because we have a lot in common academically," Hennessey said.

Hennessey's friend and traditional second-year English Literature major Carleigh Ervin is one of them.

"Whether or not freshman are as driven as an older student to be successful seems to have more to do with their brains than their age," the 23-year-old said. "More serious students do more of the work."

"It's a smart people thing, not an age thing," Hennessey chided in.

Some traditional students agree.

Cameron Scully, a traditional freshman who is a member of the Campus Activities Board and Peer Advocates for Change, talks about what he sees as the strengths and weaknesses during his interactions with nontraditional students.

"Non-traditional students seem to be focused on learning and don't need the whole college experience, I think that it is also commendable that they are trying to better themselves." But, he also said the "cultural" differences are noticeable.

Professors wish that some of the younger students, who are more focused on partying, would follow the example given by nontraditional students. Professor Tom Conroy said he wonders "how they do it" balancing work, kids and school.

"I wish I had more of them, they value their edu-

cation," Conroy said.

Professor Robert Wuagneux contends that "a lot of young kids are very serious" but "non-traditional students are much more focused on completing their tasks."

Emily Wieszalis, assistant dean of enrollment, sees a benefit as a non-traditional student herself in having classes with all types of students.

"You're enhanced by having an experience alongside a traditional student," Wieszalis said, adding that "whether you are there to enhance your profile or there for various other reasons, everyone has a different perspective."

Other staff members agree saying that the benefit of having the multicultural experience is an important indicator for success.

"Know your resources," said Melissa Paradee, director of student, adding that it's important to do so even if it's just to "get to know the person next to you"

Paradee encourages all students to be engaged while in school, even in student government affairs.

"The Student Government Association loves to have people of all ages, but if you can't engage on that level, because of family or jobs, get to know people in your classes," she said.

Shhe said little things make a difference and "feeling like your part of the college community at any age leads to staying in school."

Feasting on fire



DEREK FALLON / CASTLETON SPARTAN

Dalton Hartye chows down on a hot wing during the 2013 Sodexo wing eating challenge.

March Madness hits CSC campus

By Alexandra Johnstone

Spartan Contributor

As soon as March came this year, so did talk about the NCAA mens basketball tournament.

Printers were frantically printing bracket sheets as students prepared their personal picks for the unpredictable games to follow. Shouts can be heard across campus as teams like Florida Gulf Coast University upset larger school opponents.

Students are known to pile together around television sets during games and turn into rambunctious youngsters all screaming to speak over others in the room.

Senior Chris Richardson participates in March Madness for the bragging rights.

"I like making predictions and knowing that I'm betting against multiple people. This is my favorite time of year," he said.

Richardson watches all games intensely with his suitmates and loves to rub it in when they lose.

Junior Tyler Hartley also takes his picks seriously, even more seriously than Richardson.

"I spend time on my bracket. I want it to be as accurate as possible", said Hartley as he debated on who to include in his final four. "I know people who spend hours on one bracket, I'm not that into it but I do care."

Since the prize for winning is a glorious \$35, choices are being made very cautiously.

As you walk into the suite where Richardson and Hartley reside, you will notice a wall filled with bracket

ets from many members of the suite. Sophomore Lily Gaechter also has a bracket up on the wall, the only girl in the group.

"Just because I'm a girl doesn't mean I can't play too," she said in a voice louder than normal. "I may not win or be right at all, but it's always fun to play just in case you do win."

Gaechter laughed as the guys from the suite booed as she spoke, all in good fun of course.

Sophomore Sean Collins enjoys it for its unpredictability.

"You never know what could happen. It's totally unknown," Collins said while

checking his brackets. "I always like seeing the upsets on TV when everyone gets mad."

Collins also created a bracket that he filled out by flipping a quarter.

"I just picked a team for each side and whichever team's side is up wins. I like doing it but it never does very well."

Junior Cody Hodgson, said the excitement of March Madness is hard to match.

"Since anything can happen, it's always interesting," he said without moving his eyes from the television as Indiana played Syracuse in the background.

The suite during the madness is filled with junk food, beer, brackets -- and men.

As fewer teams remain in the tournament, the games are getting more intense



MEGAN HARRIS / CASTLETON SPARTAN

Chris Fleury and friends watch one of the semi-finals March Madness basketball games.

and so are the people who watch it. Yelling is getting increasingly louder as each game is a chance to reach the final four.

"It's always interesting to see how it really turns out," Sophomore Codi Scribner

said about the events. "Usually I don't win, but I've come close before. I just enjoy

watching the games with all my suitmates and friends. It's really fun to gather all together and watch the games while arguing too."

Well, of course.

Mackintosh wins over student body

Continued from Page 1

a pretty good chance of winning based on students telling him they voted for him, he still wasn't 100 percent sure until the votes were in.

"I had a good idea I was going to win," Mackintosh said. "A bunch of students last year came up to me and asked me to run for SGA President. They believed I could win."

Mackintosh said he is thankful for everyone who supported him and for all the candidates who ran. He said he has already started to put forth his plans for next year.

"I've already contacted some faculty and asked them what they believe SGA could do to help the school,"

Mackintosh said. "They see and hear the raw unedited version of what the students say and that's what I want to hear."

This year's election also saw online voting for the first time, which College Court Chief Justice Kyle Reed said was a hit. He said they received 493 votes between online and paper ballots, 26 percent of eligible voters.

"We did much better than last year," Reed said.

Reed said they were meticulous with counting to save them time so they didn't have to recount.

"It took a while counting the votes," Reed said. "We counted and tracked votes and everything matched up and we're happy we didn't have any of the added drama of recounting."



MEGAN HARRIS / CASTLETON SPARTAN

Students cast ballots in the recent SGA elections.



Spartan Standout: Bri Kullberg

By Ryan Cave
Castleton Spartan

Bri Kullberg, senior captain of the girls ski team, earned All-America honors this past March at the USCSA National Championships out at Sun Valley, Idaho. Kullberg capped off her career in style, becoming only the second lady Spartan to take home the honors in school history. I sat down with Kullberg to find out a little more about Castleton's downhill diva.

Q: How'd you get into ski racing?

A: My dad was one of the best downhill racers on the west coast back in the 1970's, so I was brought up around it my whole life. My younger brother just won the GS Junior National title out in Mammoth, Col.

Q: What's your favorite mountain?

A: Squaw Valley, California. They have a pool and a hot tub spa at the top of the mountain with an awesome umbrella bar for some afternoon drinks.

Q: Taking a break warming up in the lodge, Hot Chocolate or Coffee?

A: Coffee, black with a French vanilla creamer.

Q: What was your favorite day on mountain this season?

A: National's this year at Sun Valley, Idaho, on our day off when we got a foot and a half of powder and the women's team had a great day on the snow and goggle tanned outside the lodge, in the snow.

Q: Deep Powder or corduroy groomers?

A: If I got my "pow" skis definitely powder, but with my race skis groomer's are my favorite.

Q: What's your ideal day on the mountain?

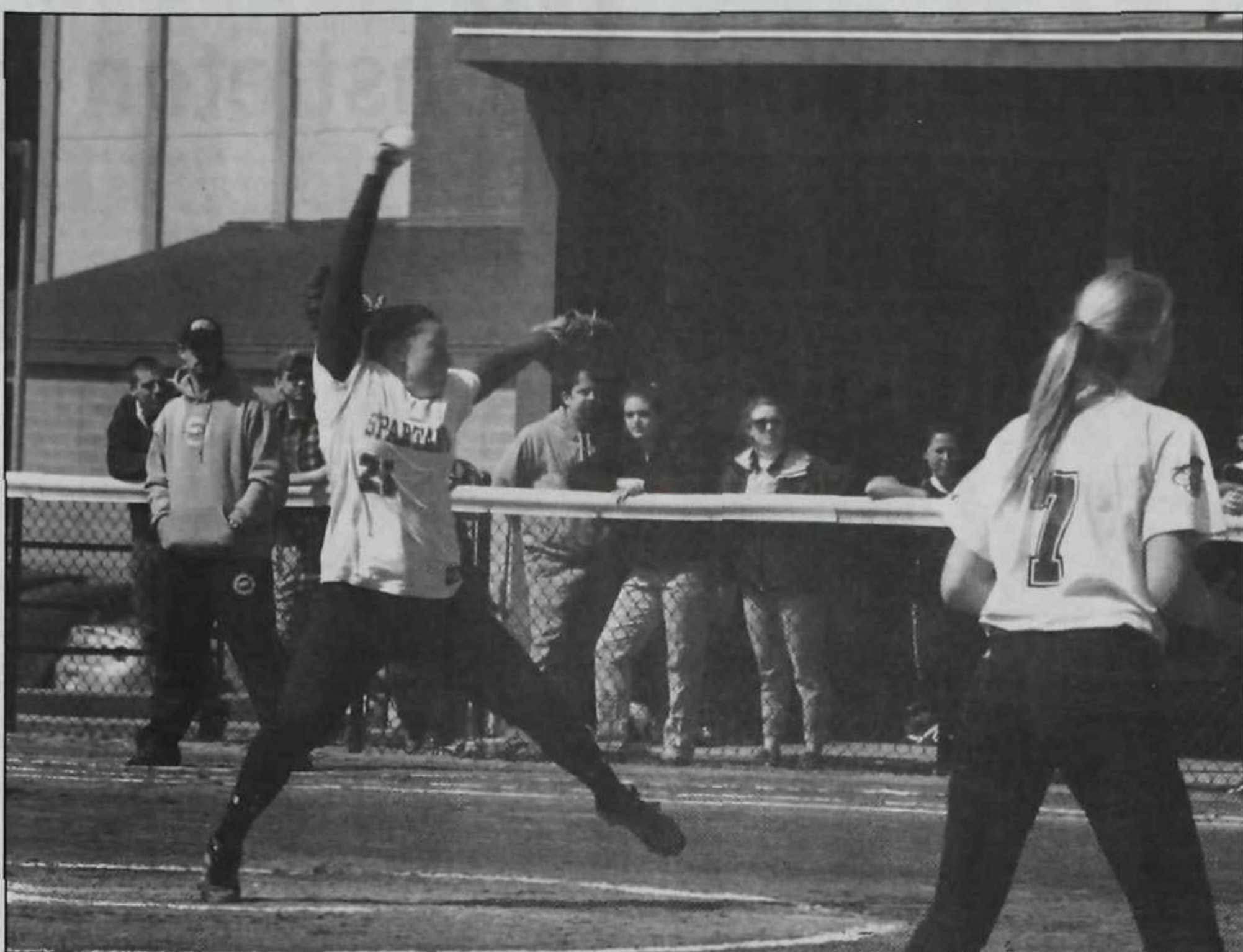
A: "Bluebird" day with wide open fresh corduroy trails on my GS skis with all my ski ladies. Finishing the day at the new outdoor bar at Killington with a Switch-back and a juicy burger.

Q: What're you going to remember most from your last ski race?

A: One of my best friends and old teammates, Courtney Donovan, gave all of the seniors a red rose at our last in-season race. It was a really surreal moment, that's when I realized how much I was going to miss this team next year.

Q: What's next after Castleton?

A: I'm graduating in May, and will be taking a year off and working as a RN in Boston. After that I want to go back to school and get my bachelors in Nursing.



Taylor Lively winds-up a pitch against Green Mountain. The Spartans won a double-header against the cross-town rival.

Warm weather helps heat up softball

By Ryan Cave
Castleton Spartan

The Spartan's were off to the races in the first game of their double-header against Skidmore College, scoring a season high, eleven runs on March 25. Senior Chelsea Crehan lead the way at the plate, spanking two doubles and bringing in four RBI's for the day, helping the Spartan's to 21 hits and 19 runs in both games.

"It felt really good to drive in some needed runs" said Crehan. "We all really wanted to earn our first couple of wins."

Senior pitcher Emily Sweeney had a strong game with six strikeouts, which was just what the Spartan's needed. Sweeney pitched a full game allowing only seven runs, helping the Spartan's to their first win of the year.

"It sets a good pace for the rest of the season" said Sweeney. "We still have to work hard from here on out and battle each and every game!"

The bats remained hot in second game of the double header, scoring in the first inning off a single from freshman Jessica Babcock. Senior Tori Fearon added to the total off of a bunt to give the Spartan's a

3-0 lead at the end of the first inning. Senior Taylor Lively pitched a strong game, holding Skidmore to four hits and only two runs, helping Castleton take home the second win of the day.

"I felt really comfortable on the mound" said Lively. "I'm feeling confident about the rest of our season."

Castleton moved on to another double-header this past week against RPI of Troy, New York, losing the pair against the dominant Engineers'. The Spartan's struggled at the plate, as RPI's pitcher Brittany Brayman allowed only one hit through the first six innings of play in the first match. RPI went on to win the first game with a score of 8-0.

The second game of the day is where the Spartan's showed some life, getting on the board early in the first inning. Senior Caylee Fleury led off the game with a single and Kristi Lawless brought her home with a deep bomb to the fence in right field, but would be called out sliding into third for the triple. The Spartan's led through the first two innings, but a solo home run for the Engineers' sparked a offensive fire that would tie the score at three a piece.

At the bottom of the fourth inning, RPI

loaded the bases and drove home three runs, making the score 6-3. Castleton failed to make a come back, and would finish the game with a final score of 6-3.

In most recent play, the Spartans dominated Green Mountain in their first NAC game of the season.

In game one of the double header, Taylor Lively pitched the Spartans to the victory. It wasn't until the fourth inning that the Spartans got on the board when Stephanie Sylvester signed off to the right allowing Chelsea Grady to score. It wasn't until the bottom of the sixth and final inning of the game where the Spartans went on a rampage, scoring seven runs between seven players ending the score at 8-0.

The following game was much of the same, with the Spartans scoring six runs in the second inning alone. The game, pitched by senior Emily Sweeney, ended at 14-2.

The Spartan's move forward, undefeated in conference and with a season record of 4-10, they continue their season this Saturday, with a double header at home versus conference rival Husson at 1pm.

Castleton dominates the Chargers

By Deven Savage
Castleton Spartan

The Castleton baseball team proved to be too much for Colby-Sawyer March 30 in Castleton, taking both games in the double header. The Spartans pitching duo of Adam Greenlese and Patrick Riley both went 7 innings and allowed just 1 run each as they lead their teams to 4-1 and 3-1 wins in the home opener.

Greenlese was almost untouchable allowing just three hits while striking out five, earning his third victory of the season. Riley was equally impressive in the second game, striking out three and allowing just a single walk and an unearned run.

The game was not highlighted just by the pitching staff. The Spartans offense showed up to play as well, racking up 15 hits.

The Spartans rookie center fielder Tyler Lord went 4-for-7 on the day with three RBI proving he can be a valuable asset to the lineup.

The first of his RBI's came in the second inning of the first game when he drove in Allen White and Joe Borowski with a base hit. The offense didn't stop there and the next inning Ryan Zielinski was drove in on a base hit by Conner Hoagland.

The following inning, Lord struck again with a beautiful double to the right field gap driving in Macyn Clifford. In the final inning, Colby-Sawyers' Andy Lapple drove in Tyler Stotz on a drive to



Macyn Clifford misses a pitch against Colby-Sawyer.

right center.

The offensive situation was not much different in the second match-up, with Castleton striking in the first on a Borowski double bringing in Zielinski. The Chargers responded the next inning with a run of their own.

The game was a pitcher's duel for the next three innings until Chaz Millett drove in pinch runner Brian Martin in on a sac fly.

The Spartans quickly improved their

lead with back-to-back singles from Lord and Zielinski making it 3-1. This proved too much for the Chargers and they fell short in the second match.

The Spartans, now 4-4 on the season, will host New England College for a double header on April 4.

From Denmark to Castleton



CONTRIBUTED BY NICO JENSEN
Nicoline Jensen plays for the Danish national team.

By JenniLee Mark
Castleton Spartan

Playing college hockey is considered a privilege, but playing for your home country is an honor. Nicoline Jensen, a freshman women's ice hockey player gets to experience it all.

She lives the typical student athlete life of balancing homework and sports, while also having to travel back to Europe to play for her home country.

"It's an amazing feeling to represent a national team," she said. "But it's also amazing to play in college and get an education. I

couldn't do it back home. I had to pick one."

Having to go home and compete takes a toll on Jensen. She says the time difference is tough mentally and the hardest thing is balancing her schoolwork and all of her competitions.

"Most teachers think it's cool that I leave for a national team," she said.

Though she likes playing there, she said playing hockey here is very different. There are only about 300 girls who compete in the Danish league, but there are so many more girls in America who compete at a higher level.

Without a doubt, the highest level of competition she sees is internationally playing for the Rodovre Mighty Bulls in Denmark. They compete for world championships and even played for a chance at the Olympics this year.

Competing at such an elite level, it was no doubt that Jensen was named the North Atlantic Conference's Rookie of the Year this past season.

Castleton Women's Ice Hockey Head Coach Bill Bowes is proud that other coaches see her talent and understand her ability to see the ice. He loves that she dedicates a lot of time to hockey and doesn't take this opportunity to play for granted. Coach Bowes describes her as a "skilled play-

maker," who shoots well and always works hard.

"Her work ethic is very good and I think that in the next three years, she'll get better and better," Bowes said.

Jensen isn't the only player from Europe on the roster. Anna Daniels from Falun, Sweden is also a freshman. He not only likes coaching Jensen, but he loves that many of his players are international students.

"I think it's a good opportunity for the players to meet and befriend people from different places," he said.

Though Jensen had plenty of other schools that wanted her, it was no accident that Jensen chose Castleton. She attended a summer hockey camp in Sweden and was scouted by Bowes' friend, who thought he would be a good coach for her and Castleton, a good fit. She worked with an advisor for the college process, visited the school and just liked the small school atmosphere.

Jensen started playing hockey at the age of ten. Though she comes from a soccer family, her cousin told her to try hockey. She originally thought it was too manly, but when she finally tried it, she fell in love with the game and has worked at it ever since.

When she really wants to get motivated, she thinks back to her best hockey moment. It was a tied

game against Italy and her first world championship at the age of 16. Jensen had the last shot in the shootout and all the pressure was on, but she missed.

"It motivated me to keep going," she said. "It made me realize to work harder."

Not one of her Castleton teammates would disagree that Jensen is a hard worker.

"Anyone she plays with, she makes them look like a superstar because she's so good," said Jenna Duggan, a sophomore on the Castleton squad. "She knows where to put the puck."

Jensen loves being with her teammates too, especially in the locker room, where they apparently get really loud. She said they have made her adapting to college and the United States so much easier.

Duggan, along with the rest of the team, has become close with Jensen and loves hanging out with her.

"My first impression of her was that she was shy and wouldn't talk," Duggan said. "But I was totally wrong."

Sam Pion, a fellow freshman, agrees. She said Jensen is really funny and keeps the team laughing.

"Conversations with her always end in smiles," Pion said.



Sports Talk with Evan Michaud

With the weather finally starting to heat up, our sports teams have been trying to do the same. The men's lacrosse team has continued their hot start to win four of five and begin conference play at 2-0. On the women's side, the ladies got their first win of the year against Roger Williams last week and have two home conference games the weekend of April 7.

On the base paths, the guys began conference play against Colby-Sawyer in their home opening double-header with two defensive showdowns and outscoring their opponent seven to two. For softball, common opposition was a relief after their tough road trip to start the year. Back to back wins at Skidmore and home to Green Mountain has them ready for the long road ahead.

The turn from March to April signifies more than just the arrival of spring. The NCAA Tournament is in full gear as the Final Four is set for this weekend. The most 'shocking' team still in the running is Wichita State, who took out the Ohio State Buckeyes in the Elite Eight to reach Atlanta.

Although college athletes going to the NBA after a year or two needs to be changed, it has made the yearly betting bonanza called the NCAA Tournament more exciting. The compatibility between teams allowed 15 seed Florida Gulf Coast to make the Sweet 16 and 9 seed Wichita State make it all the way to the Final Four. There was still plenty of skill in this tournament and it always masks the bigger problems in college basketball.

April also means the boys of summer are back. Baseball began on Sunday with the Texas Rangers playing the American League rookie Houston Astros. Being a Yankee fan, this season could unfortunately be a long one. With all the injuries to start the year, I find it difficult for them to reach the playoffs. My pick in the American League is the Detroit Tigers. With Justin Verlander signing that massive extension and Victor Martinez returning from injury, they have a great mix of pitching and power to survive in October.

The National league is much more wide open. The Washington Nationals should have Stephen Strasberg for the entire season and Bryce Harper improving on an impressive rookie season. The Giants will also be in contention along with their division rival Dodgers. In the NL Central, I see no reason why the Reds will not reclaim their crown.

Finally, April means The Masters. Thoughts of pristine fairways, white bunkers, and Augusta National terminology such as 'First Nine or patrons' give me goose bumps. There is no better golf tournament. The Masters is four days you cannot miss. There is almost no way to describe the most prestigious and coveted Green Jacket you receive if you win. It may be one of the ugliest jackets, but I wouldn't complain if I won.

Mens lax improving their season

By JenniLee Mark
Castleton Spartan

The Castleton men's lacrosse team split this past weekend with a win over Green Mountain on Friday evening and a loss to Potsdam State on Saturday afternoon. The Green Mountain game ended 20-1 before the Spartans fell 11-8 after a late comeback against Potsdam.

Freshman Matt Nota recorded his first career hat trick in the Green Mountain game and was the Spartans' leading scorer. Seventeen different players scored and 15 of the 20 goals were assisted.

With the win, the Spartan men improved to 5-2 on the season and faced a tough Potsdam team on Saturday.

Senior Sam Bailey and junior Alex Green were the Spartans' leading scorers each with two goals apiece against Potsdam.

The visiting Bears reached the goal first with two quick shots from Derek Frost and a third from Brady Fremont.

With two more goals added by Potsdam, the Spartans found themselves down 5-0, but Sam Bailey stepped up to score with just 1:16 left in the first quarter.

"We knew coming into today that Potsdam would be good just based on the difficulty of their schedule and the strength of their program," said senior midfielder Kenny Bourneuf. "But we also knew today was a good opportunity to test our team."

One minute into the second quarter, Sam Bailey scored behind his head off a pass from senior Spencer Hunt from behind the net. The rest of the quarter remained scoreless and the score at halftime was 5-2 in favor of Potsdam.

With a goal from Rob Kunz, Potsdam was up 6-2 early in the second half. Soon after, the Spartans scored two goals to close the gap to just two.

Frost notched his third goal of the game to break the Castleton scoring streak, but goals from Nohea King and Luke Titus put Castleton right back in it.

Zach Davidson had a goal to tie the score at seven, but the referees called it back because



Castleton's Peter Latiluppe (above) blocks a shot in the Spartans home game against Hartwick. Owen Hartman (below) carries the ball in the Spartans game against Johnson State.

of a crease violation.

Pat Morill began a three-goal streak to put his squad up 10-6. The Spartans answered with goals from junior Will Stuhler and Green to come within two goals, but the Bears got one more goal to seal the win 11-8.

"We have been struggling to play a full 60 minutes. We had the opportunities to take over the game, we just fell short," senior defender Ryan Cave said.

Freshman goalie Peter Latiluppe had 11 saves on the day for CSC, as did Stefan Sloma for Potsdam.

"We know we can compete against better team and we're disappointed about the loss, but if we fix a few things, I'm confident we'll go far," Bourneuf said.

The Spartans will be back in action and looking for another win on Saturday, April 6, at 3:30 p.m. when they face off against Thomas.



Lady Spartans fall to Western New England



Castleton senior Cori Healy cradles the ball up the field in the Spartans game against Roger Williams.

By Andrew Muse
Castleton Spartan

The Castleton women's lacrosse team got off to a great start, but it wasn't enough as they fell to West-

ern New England University 16-11 in Springfield on Saturday, March 30.

"We were bitter from our game against them last year," Junior JenniLee Mark said. "We played against them well last year and lost in a close

game we were looking for revenge."

Amanda Flodstrom played well netting four goals and two draw controls for the Spartans. Mariah Lesure and Sarah Clark each scored two goals and Cori Healy led the Spartans with five ground balls.

The Spartans started the game on a 5-1 run in the first 15 minutes with goals from five different players as the offense seemed to be clicking. The Golden Bears countered with two goals of their own before Mark scored again with 6:08 remaining in the half to put Castleton up 6-3.

Western New England responded with three unanswered goals to end the half with the score tied 6-6.

Coming back from half, the Golden Bears continued their unanswered goal streak with three more before Flodstrom was able to net the Spartans first goal of the half at 15:52. Lesure followed with a goal of her own only 20 seconds later to bring the Spartans within one at 9-8.

Western New England began to pull away from the Spartans scoring three out of the next four goals in the game at 18:30 and 15:37. Flodstrom, who scored the lone Spartans goal over the three minute span, scored again with 13:03 remaining. The Golden Bears rattled off four straight goals though before Clark scored, but it was too little too late for the Spartans as they fell 16-11.

"They were able to control the draws and score at the end and we weren't," Mark said.

Kaitlynn Stevens scored four goals for the Golden Bears in their win.

With the loss the Spartans fall to 1-7 on the season, but look to improve as they enter league play on April 6 against Thomas College.

"We feel we can compete with any team in our conference," Mark said. "Playing the tougher competition in non-conference play is good we learned a lot about ourselves."

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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CastletonSpartan.com

Castleton, Vermont

WCAX anchor to speak at graduation



PHOTO PROVIDED BY DARREN PERRON

Darren Perron reports for Channel 3 News.

By Molly DeMellier
Castleton Spartan

Darren Perron, the award winning WCAX news anchor and Castleton State College alum, is set to step out from behind the camera and return to campus as this year's commencement speaker.

"I'm thrilled to return to Castleton. It keeps getting bigger, in a good way, and better. I am grateful President (Dave) Wolk asked me to join you," Perron said.

The 1995 graduate has received numerous awards and nominations for his reporting including an Emmy, a dozen Associated Press awards, and a GLAAD nomination. In 2010 he spent two weeks in Afghanistan reporting on the war and his coverage contributed to the stations VAB Broadcaster of the Year award in 2011, Perron was also named one of New England's top investigative reporters by the National Television Academy.

Because of these accolades, when it came time

for Wolk and the senior class officers to select a speaker for this year's ceremony, Perron was an obvious choice.

"I've always admired Darren," said Wolk. "I've known him a long time and I'm very proud of him."

According to senior class Vice President Erica Bilodeau, the officers considered abandoning the idea of a commencement speaker to save time and money. However, it was decided that the tradition was too important to the graduates and their families to overlook.

"They were unanimous about Darren," Wolk said of Bilodeau and her fellow officers.

Bilodeau said his numerous accomplishments and former Spartan status made him so appealing.

"Having a Castleton alumnus return to Castleton to speak to current students is the best way to motivate them and encourage them that they have as good of an opportunity to be successful as anyone," she said.

As a rural Vermont native, Perron said CSC was everything he was looking for in a college. He said the

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SGA meets the mayor

By Leah Ede
Castleton Spartan

The Student Government Association on April 17 sat down for a nice dinner and an important chat with Rutland Mayor Christopher Louras.

Huddled around two circular tables, 10 Castleton Students, three staff members and Louras brainstormed ideas that would help bring Castleton students to Rutland.

"It's critically important to the city to have the youthful energy that resides here in Castleton," Louras said.

Nicole Mastropasqua, a College Court justice, excitedly started the meeting reading from a list in front of her.

"I think we should have student discounts," Mastropasqua said.

Other ideas on Mastropasqua's list included offering more music events, theater events and more bars in Rutland so then students didn't have to travel during the week to go to Burlington for that entertainment.

After much discussion, Louras said he would figure out a way to help give students some benefits like discounts to businesses and said he would talk to the movie theater to do college discounts.

Vice President of Academics Erica Bilodeau said she would like to see Castleton students helping Rutland businesses through internships.

"Give the students a perk," Bilodeau said. "So then the students get something out of it as well."

Executive Vice President Corri Keener said transportation is a huge issue for students getting to Rutland.

"Get transportation and you will get students," Keener said frankly.

Louras, after the meeting, said he enjoyed his time with the students.

"I'm extremely happy with the results of the meeting," Louras said. "I'm all about action and results and the SGA was

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The trip of a lifetime

By Erica Bilodeau
Castleton Spartan

Twenty Castleton students, faculty and staff gathered among a handful of volunteers and staff from the Blount County Habitat for Humanity. Tears streamed from underneath the sunglasses of the students as they realized it was time to say goodbye to the Habitat affiliate that adopted them for the week prior.

It was a week that they would never forget.

At 6 a.m. on April 6, members of the Habitat Club loaded into three vans and traveled 15 hours to Maryville, Tenn. for an Alternative Spring Break trip to work with the Blount County Habitat for Humanity affiliate. As they headed south, temperatures rose, the grass got greener and wildlife flourished.

Upon arrival in the Volunteer State, everyone immediately noticed a culture change. They were greeted by site contacts Susan Hughes and Bill Kilgore at the entrance to the First United Methodist Church, where they would be staying for the week. All felt the effects of southern hospitality instantly -- despite the 11:30 p.m. arrival.

"How ya'll doing?" Hughes asked, exciting those in the group who admire a southern accent.

"You're from Vermont? Oh no, we are going to have a hard time understanding you," added another churchgoer.

The group stayed in two of the youth programming rooms at the church; 14 girls in one room and six guys in the other. With only two showers and a limited supply of warm water, students knew that they were in for an interesting week.

Looking past the absence of some of the luxuries they left back in Vermont, the group was ready to dedicate their time to serving others.

The typical workweek for Habitat for Humanity is Monday through Friday, which al-



PHOTO PROVIDED BY ERICA BILODEAU

CSC students join Habitat for Humanity to build homes in Tennessee over spring break.

lowed for a day trip to Nashville on Sunday. The Country Music Hall of Fame, Nashville Zoo, and dinner at BB King's were highlights.

By 8:30 a.m. the following morning, all 20 students were awake, showered, and on route to Norwood Village, the site of the homes they would be working on. There were introductions to Habitat employees and site supervisors who discussed safety issues, expectations and the work that needed to be done over the course of the week.

'Wear your nametag' and 'Slow and Steady' were two of the items stressed each morning.

Under the supervision of the contracted staff on site, students were able to try a variety of

different construction projects throughout the week. They worked on a deck, finished a shed, put roof trusses on two homes and several other construction jobs.

"Everyone on the trip worked hard every day and tried new things that were outside of their comfort zones," said Habitat Club President Molly Stratton.

One of the houses being worked on belonged to Darrell and Becky Dixon. Darrell finished his required hours of 'sweat equity' while they were there and proudly waved his paper that proved it. For him, completing those hours

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Greenhouse initiative sparks student interest

By Sondra Olds and Nicole Irwin
Spartan Contributors

The heat is overpowering as students walk into the naturally lit indoor-outdoor classroom. A forest of plants reflect against the clear glass windows as hints of bright pinks and yellows pop out through the overwhelming shades of green. A nearby white table is placed in the corner for visitors to relax as they absorb the scenery.

Doubling as a classroom and research center for exotic and medicinal plants, the greenhouse extended from the Jeffords science department at Castleton State College has enjoyed use from both students and faculty since the grand opening last year.

Former Castleton professor of science Pat Keller and Middlebury College's Science Department have donated plants and money to the campus greenhouse.

"The greenhouse's main purpose was to provide students with all year-round access to plant research," said Andy Vermilyea, an assistant professor of chemistry at Castleton. "Our plan was to create a community college garden to bring the community together while giving students access to new courses and research opportunities."

Castleton has added six new courses to the curriculum since the development of the green-

house.

The construction of Castleton's greenhouse has also brought about a new organization on campus. The Greenhouse & Garden Club now sports 25 students and faculty.

Mary Droege, manager of the greenhouse and founder of the Greenhouse Club & Garden Club, is responsible for acquiring new plants for the members to research.

"We like adversity in our plants. We have adaptations of different types, economic plants, such as tea, coffee, various foods, dry, aquatic, jurassic, and medicinal and exotic plants as well," she said moments after demonstrating a Venus Fly Trap's quick survival technique as its sharp leaves close around a pencil.

The Greenhouse & Garden Club also hold plant sales to sell old plants for money to buy new ones.

"Plants are interesting and we want students to be aware of that," said Droege.

"Many mistake the greenhouse as a view to walk by rather than a place to visit. Room 136 [the entrance into the greenhouse] is always open."

Adam Boshart, a Castleton junior, isn't tricked by the greenhouses' appearance and enjoys spending his free time in between classes



SONDRA OLDS/CASTLETON SPARTAN

The CSC greenhouse shows signs of spring.

looking at all the plants.

"I love the greenhouse. It smells like summer in six countries," he said.

If you are interested in learning more about what the greenhouse has to offer, the Greenhouse & Garden Club meets Thursdays from 12:30-1:30 inside the greenhouse.

Interns inspires prof.

ited email from my former colleague at The Post-Star newspaper in Glens Falls, N.Y. about student intern Bryanna Allen-Rickstad.

The night before, Allen-Rickstad was one of several journalists firing questions at renowned culinary creator Rachael Ray during her annual visit and cooking show at her former Lake George High School.

The email read: *Dave -- I thought Bryanna nailed it with the Rachael Ray piece. Just a good read all around, filled with details about her and interesting crowd reaction. Thanks for your help in coordinating that.* — Bob

I shared the contents of the email with her and she smiled and told me how much fun it was. She has called me a couple of times to tell me how much she looks forward to going to the newspaper two times a week — despite the nearly two-hour round trip each time.

She also told me how when she arrived, she was told to sit anywhere, and chose the comfiest chair in the room, not knowing that one was reserved for Rachael Ray. Live and learn, right?

On any given day when I arrive to work these days, I'm also likely to see a byline in the Rutland Herald from another student intern, Courtney Parker. For two semesters, Parker has been hop-scotching the region at the behest of Herald Managing Editor Alan Keays writing stories about everything from the goings on of the Rutland Town Select Board to artists who turn trash to art.

But Parker isn't an intern anymore. Following in the footsteps of former intern Anders Ax, she has been hired as a part-time correspondent by the Herald. Keays speaks glowingly about her efforts.

At a time when many question the future of journalism and love to say how the newspaper is dying, it does my heart good to see these young people thriving and actually making some money writing. I know the Post-Star will consider hiring Allen-Rickstad if a position opens up. Officials there have said as much. And the Herald already did hire Parker and I bet if a full-time slot opens there, she's a strong candidate to fill it.

I love to see the passion for journalism blossoming in students and seeing their confidence grow with every story they write. And I love it when they call or text me with questions about a story or ask me to look it over before they submit it to their editor. And I love that Keays will call me periodically after looking over the Castletonspartan.com website and ask if he can use a story. I always say yes, as long as they give credit to the paper and the student writer for use in his or her portfolio.

There are a lot of reasons I consider being a journalism professor one of the coolest jobs out there. I'm still immersed in storytelling, I'm still involved with a newspaper (The Spartan) and I get to see the pride in these students when they get published for the first time and begin to crave that feeling again.

But perhaps the greatest feeling is when they spread their wings and leave me to impress other journalists. I feel like I've made a little difference in their lives, but also in the lives of all who read their stories.

And that's pretty cool.

-Dave Blow

YOU DON'T MESS WITH BOSTON



Finding strength after tragedy

Another tragedy. Another example of the loss of life. Another example of the evils lurking. Without many details and with much confusion, we watch the re-looping of images from the Boston Marathon, hoping that by some chance re-watching the same footage will give us more clarity or insight. Who did this and why?

In the midst of the confusion, misinformation spreads. From rumors of a third undetonated bomb to whispers in false news reports about a Saudi National being arrested, fear fuels our fires.

We are filled with sadness and distress. The loss of 8-year-old Martin Richard, the injuries of more than 170 citizens and the uproar created by the media fear mongers all strike us in the depths of our hearts.

We beg to know if this was an act of terror domestic or foreign, why it happened here, and who it was aimed at. We want answers, but they are slow in their presentation.

What do we initially know? The suspects were brothers, according to a terrorism expert briefed on the investigation. The suspects were said to be from Chechnya who had moved to the United States several years ago, according to the same source. We learned the older brother, Tamerlan Tsarnaev, age 26, was shot dead in a shoot-out with the police

and the younger, Dzhokar Tsarnaev, age 19, was then on the run.

But even before the younger brother was caught Friday, even with the details of why these men would target Boston's Patriot Day marathon unclear, we found hope.

Much like the other tragedies that have occurred in the last 10 years in our country, our fear didn't hold us back from our innate humanity.

A tragedy, yes, but an opportunity as well. It's another chance to show that we are unshakeable, that we can come to the aid of others, that we are united. Even in the times where we are most in danger from bombs bursting, filled with fear from sources unknown to us, we are still human and we still rush to help others when it really matters.

This tragedy even had the New York Yankees singing "Sweet Caroline." It put a baseball rivalry decades old aside for the sake of mourning losses, extending a hand, the offering of sympathies.

And if the footage of men and women running past the finish line and on toward Boston General to donate blood didn't capture the feeling, perhaps the images of former NFL lineman Joe Andruzzi scooping a victim off her feet and whisking her toward medical help will.

And what about the unsung heroes?

There were countless Bostonians opening their homes and apartments to strangers, organizing fund-raisers, donating their time and their medical services. The police and FBI forces are to be commended as well, for their dedication in face of uncertainty, confusion and violence.

In places like Iraq, Afghanistan, and Palestine, bombs burst daily. Loss of life is not necessarily mundane, but regular. Fear in these places is a way of life.

For U.S. citizens, we are shaken. We do not all experience random losses of life, regular explosions or fear. These are not our norms.

It's not that random acts of violence elsewhere don't shake some of us, it's more that in times of trouble in our own country, we are reminded of what really separates us from the rest of the world — our sense of security and faith in democracy to bring the wrong-doers to justice.

With an entire world watching, waiting and hoping, we were united. Tragedy seems to have that effect on Americans — it serves to strengthen our identity as one, redefine what strangers will do for one another and reaffirm our goals in securing our nation.

-Megan Harris

Spartan Spy confession

Dear Spartyers,

Welcome back to the castle for the final push. There's nothing better than a week of 12-oz. curls in warmer climates to give you a taste of summer. But with spring break in the books as just another blurred memory it's time for me to come out from hiding behind my computer.

My name is Molly DeMellier. I'm a sophomore journalism student, party regular, and your Spartan Spy. I've been exposing you all year, but in my two years at Castleton I've caused my fair share of mayhem as well.

I have ended many nights running from Castleton's overwhelming police force. My inebriated stumbles have ruined countless shoes, been the source of reoccurring bruises, and the cause of my shattered iPhone screen. I'll even admit to being the girl to take intoxicated tumbles out of chairs in Huden.

There have been many times when I have missed my opportunity to run and have had to find ways to keep myself from getting a ticket. From the woods to back bedrooms and closets I feel like I've hidden almost every place imaginable. There was even a time I was caught giggling while trying to hide in a shower by an of-age Spartyer trying to relieve himself.

As one to never deny a drinking challenge, I once won a game of shot for shot only to come out of my blackout eating chocolate chip pancakes the next morning with my parents in Birdseye Diner. From what I can recall of that not-so-sober breakfast with Mom and Dad, it still shocks me that they weren't even upset until I told them they should be proud they raised such a champion.

It was about that same time I began referring to my blackouts as time travelling because it seemed less de-

grading to say so often.

In my other extra-curricular activities I've gotten myself into pranks that tended to escalate rather quickly. I tested out my marketing and advertising skills by making fake flyers selling my friend's car. I considered the ad a success until it was retaliated by slipping the world's hottest chili pepper into my drink. I'll spare you the details and say my stomach didn't respond well to anything for days.

My nights as the Spartan Spy may have come to an end but my tendency to walk on the wild side won't ever fade. Between my drunken mayhem and sober mischief I've made memories here with some of the most incredible people I have ever known. I have come to find that even what starts as the quietest of nights always has a story to be told when morning comes around.

Fresh perspective



It's that time of year again! The weather is finally getting warmer and everyone seems to be out and about. Registering for classes is as tedious as always, especially for the freshman. We wait until all of the upperclassman fill their schedules get whatever classes are leftover.

Then we try and get signed into those other classes that we really want, but are already full.

Another thing that comes along with summer for some people are summer jobs! With the nice weather brings lots of customers and more excitement to the job. For me, working at a carhop is anything but boring. Being on your toes at all times is what it's all about.

It's nice to go back to your hometown as well and many look forward to that as we come to the end of this spring semester. Only three more weeks until finals, and summer here we come! Camping, swimming, hiking, amusement parks, and just about everything that involves the outdoors— these are things I'm most looking forward

to. Sitting back and relaxing in the sun for the first time after being cold from the winter weather will be a relief.

On the flip side, while all of this excitement is happening here at Castleton, there is a lot of confusion and tragedy in Boston, Mass. On Monday, April 15 all students were given the opportunity to sign up for a Boston Red Sox game that will be playing this Sunday. I was one of those kids that chose to sign up and am very excited about going. After hearing about all the chaos in Boston it makes everything a little more nerve racking.

All of the innocent people in Boston don't deserve what had been given to them and those horrible suspects really make you stop and think about how messed up people really can be. Some people can be so cruel and the lives lost during the bombing at the Boston Marathon will never be forgotten. It's amazing how everyone can pull together in the harshest time and really help out in any way they can.

No matter what size a community is, it is always such a nice thing to hear about the amount of cooperation and kindness that is shared when something awful has arisen.

-Kaylee Pratt

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Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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*The Spartan is the official student newspaper of Castleton. It functions to inform, educate and entertain readers accurately and responsibly. The College, its administration, faculty, student body and staff are not responsible for the content of the newspaper.

Mock graduation sends 5th graders on their way

By Martina Marchese
Castleton Spartan

Children, proud parents, mentors and Castleton faculty covered the audience in the Fine Arts Center on April 4 to celebrate the fifth graders' graduation from Castleton Elementary School and the Mentoring program here at Castleton.

Jan Rousse founded the mentor program seven years ago when her daughter, who was attending the elementary school, told her that kids were being bullied on the playground and could use a role model.

"It's interesting to see the young ones and college kids and how they connect. The mentees eyes are so big and sparkly when the mentors walk in," said Rousse.

Volunteer mentors from Castleton spend one hour a week with a mentee, one-on-one. The purpose is to get the elementary school kids thinking about attending college in the future.

"[The mentors] are all volunteer. They get nothing for it, no credits, nothing," said Rousse emphasizing the importance

and praising these CSC students for choosing to spend their free time mentoring children.

The mentors and mentees get close to one another and form long-lasting relationships, Rousse said. During the graduation, a few pairs shared their stories and memories with one another.

"I love [this program]! It's great working with kids," said freshman mentor Max Louis.

Louis heard about the program through a fellow football player and thinks there's a strong possibility he will be participating in the program again next year he said.

The mentees also love working with the college students.

"We get to meet a lot of new college students and connect with them," said 5th grader Elizabeth Haggerty.

Parents were sitting proudly in the audience waiting for their child to receive a t-shirt donated by the Student Government Association. They were very pleased that their children had someone to look up to and guide them.

"Truthfully, I'm not really sure what



JOSH BASSETT/CASTLETON SPARTAN

A student involved in the mentoring program takes the stage to accept his mock degree.

the program is about. I wish we, as parents, got more information, but I think it's great that they have someone older to look up to," said parent Tina Robinson.

As part of the ending of the mock graduation, Corrie Keener passed the torch as head of the mentoring program to six mentor leaders for next year.

The graduation wasn't only about the children, but about their mentors as well.

Principal Eloise Ginty, of the Castleton Elementary School, spoke highly of the mentors and the program and how it has affected her students.

"The 5th graders have been seniors of the elementary school for quite some time now and they have been very positive role models for the rest of the children," said Ginty in her welcome speech.



PHOTO CONTRIBUTED BY CHRISTOPHER WILLIAMS

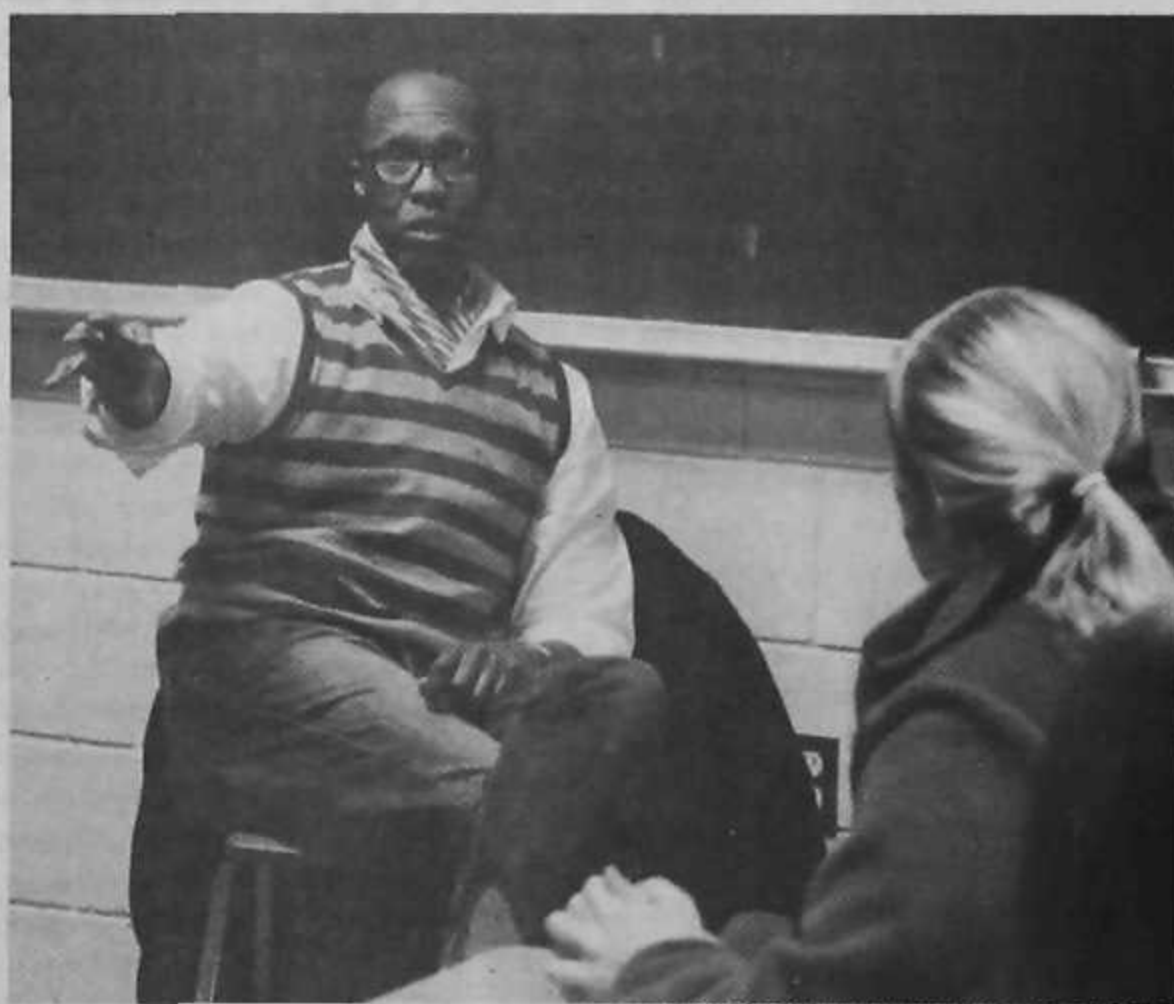


PHOTO CONTRIBUTED BY JANE FOLEY

(Left) Professor Dave Blow speaks with alumnus Mark Noble in the Christine Price Gallery. (Right) Mark Noble visits a communication class.

Hollywood comes home to Castleton

By Molly DeMellier
Castleton Spartan

Mark Noble, Access Hollywood's senior field producer and Castleton State College alumnus, recently stepped off the red carpet and returned to his alma mater for a talk titled "From the Green Mountains to the Red Carpet."

The 1989 graduate spent the day interacting with students from former classmate and current professor David Blow's communication classes and exploring the vastly transformed campus before finally taking the stage in Casella Theater.

"To be back is just mind-blowing," Noble said. "This place is on fire."

Noble took to the stage with Blow on April 3 for essentially a casual conversation between former classmates. Dressed in an electric green button down shirt, striped jacket, bright orange pants, and a glimpse of teal dress socks to boot, Noble dazzled the current Spartans with his Hollywood stories including touring seven countries in seven days with pop star, Rihanna for her Triple Seven Tour.

"It was the most amazing experience of my life," he said.

He told of their encounter with angry bloggers during the tour, including one Australian fan who went streaking through the plane.

"A skinny Carrot Top is the best de-

scription of this guy. Those crazy Aussies," he said with a laugh.

Noble even spilled on his worst moments in front of the camera, like his case of mistaken identity between up and coming stars India.Arie and Erykah Badu.

"Open mouth, insert foot, chew vigorously," he said of his goof asking one a question that was intended for the other.

And then there was his most mortifying moment, when scandalous movie star Russell Brand took his cell phone and called his parents during an interview last June at an FX premiere event.

"I just wanted to say that Mark is doing a wonderful job here. You've raised a fine — if a little overly erotic son," the prank-ridden Brit said into the phone. "You've raised a fine young man, sir. Now I need to talk to your wife."

He went on with stories from Oscar night he was saved from security by Elton John, his interview with Oprah following her Essence Award Nomination, Jay-Z's always dress to impress style vs. wife Beyonce's "home girl" vibe, the scandals of Taylor Swift's love life, and the complexity of covering the death of Farrah Fawcett and Michael Jackson in the same day.

However, his most influential tale proved to be his own of his journey out of the Bronx into the Green Mountains and finally landing on the red carpet. His path gave hope to current students.

"I think the best thing about him being here is that he's successful," said Castleton junior Max Walker. "Sometimes there's this stigma that coming from here you can't make it big."

Walker's fellow classmate, Julianna Combs, agreed that it was powerful to see the potential that the Castleton green can hold.

"It was a very inspiring experience," she said. "It's nice to know that even though you come from little Castleton State College you can still make it big places."

Noble found himself at Castleton on a complete whim. After seeing the opening scene from The Bob Newhart Show he was completely awe-struck by the Vermont foliage so he cracked open a book of Vermont colleges, closed his eyes, and dropped his pointer finger.

"I knew I wanted to go to a school that was journalism and communication," he said. "I wanted to tell stories and my parents wouldn't let me tell stories in the theater."

The first drop of his finger didn't meet these requirements, but on the second try he landed on Castleton. He never stepped foot on campus before making the decision to attend the school. After taking advice from a friend who had visited, calling the campus dorms a few times, and reading the course catalog, Noble packed

his bags and headed north.

"This place spoke to me," he said. "Sometimes you have to step out on your own fate."

Needless to say, a kid from the Bronx experiences a degree of culture shock when first breathing Green Mountain air. Noble said he was used to being a minority because of the high school he attended, however he wasn't prepared for all the ways he would stick out to his classmates in those first few weeks.

An "ambush" in New York City just before coming to college left the young Noble with his jaw wired shut and unable to eat normally.

"I became known as the kid who's a slurper," he said with a chuckle. "That was a story."

Noble recalled using his hunger pains to write one of his first assignments, a descriptive essay about a lobster pizza.

"God, that descriptive pizza," he said.

Courses with communication professors Bob Gershon and Roy Vestrich stuck out most in his memory, he said.

He referred to Gershon as his "primary shepherd" and attributed much of his success to the hands-on technical experiences he had from day one.

"The fact that you could do that as a freshman at that time was unheard of,"

Continued on Page 6

Rosetta Stone expands foreign language department

By Courtney Parker
Castleton Spartan

Opportunities for learning a foreign language are at an all-time high on the Castleton campus as the college's Rosetta Stone program continues to expand.

With a fairly small Modern Foreign Language department, Castleton students and faculty were left yearning for more opportunities to master foreign languages, which lead to the initial purchase of the program last year.

The visually based learning program provides users with tools needed to learn foreign languages and is available for free in the Modern Foreign Language Lab in Leavenworth room 79 for students, faculty, staff and community members.

"It's a great resource," said Ana Alexander, who along with Delma Woods fostered the program.

Seven new languages were added this semester including Persian, Japanese, Hindi and Vietnamese, making a total of 12 languages now offered at Castleton.

"People aren't going to become fluent by using Rosetta Stone," said Alexander. "But it's a good initiation into the language."

Since Fall 2012, a total of 25 people have used the software to embark on a new language journey.

Melissa Orr was one of the first on campus to learn of the program and has been an avid advocate for Castleton's Rosetta Stone ever since.

As a liaison for the program,

Orr helps users during their initial sessions and provides usernames and passwords to those interested.

She has used the interactive technology to practice her Ara-

"People aren't going to become fluent by using Rosetta Stone, but it's a good initiation into the language."

-Ana Alexander

bic after studying the language in class.

"I think that is one of the most important things that many people lack," said Orr of the

ability to speak more than one language. "But I also think it is one of the most important skills a person can possess."

History professor Adam Chill has also reaped the rewards of Rosetta Stone.

After losing much of his French speaking knowledge he learned in college, Chill needed a convenient way to refresh his memory and brush up on his conversational French before his upcoming summer trip to France.

With the spring months being a busy time for Chill, the lab's flexible hours allowed him to work around his schedule and plan learning sessions that were most convenient for him.

Chill plans to continue using the service as frequently as

possible and may learn new languages.

"I think Rosetta Stone is a great benefit," he said. "I'll probably work on my German next."

Junior Erika Wolf used Rosetta Stone to learn German.

Though she hasn't spent much time recently using the program, she hopes to continue her progress in the language.

"It gives people a chance to experience a piece of a different culture," she said. "It would be great if after being on the program long enough I could begin to speak German with my grandmother."

For more information or to get involved in Castleton's Rosetta Stone program please contact Melissa Orr at Melissa.orr@castleton.edu.

Castleton Quips

Martina Marchese
& Sondra Olds

Question:

What are your feelings regarding what happened in Boston?



Jessie Spaulding

"It's tragic, it's very sad. I know people in Boston and I'm just glad they are safe."



Alice Johnson

"Tragic. I don't know anyone personally. People automatically blamed muslims, racial profiling. There has been a lot of racism and thats disappointing."



Derek Fallon

"It's crazy. My dad's friend got a baseball size chunk of metal in his leg."



Andrew Alexander

"I was surprised it didn't happen earlier."



Dennis Shramek

"My first reaction was that it might have been really really bad like the World Trade Center."

CSC alumni returns from Sudan

By JenniLee Mark
Castleton Spartan

Ariel Delaney, a 2007 graduate of Castleton will be returning to campus on Thursday, May 2 to discuss conflict, humanitarian aid and development in Somalia.

All Castleton students are welcome to attend the event that will take place at 12:30 p.m. in the Hoff Hall Conference Room.

Communication Professor Tom Conroy is excited to see one of his students come back to speak. He said it's exciting to see Delaney to be so successful and passionate about what she is doing.

"She is multi-cultural [Dominican and American] and as a student, she worked like crazy," he said. "She worked really, really hard in communication and Spanish."

Delaney has done a lot of traveling since her graduation. After receiving her bachelor's degree in Communication/Spanish Language and Literature, she worked as a counselor until she got a position with the Peace Corps in 2008.

She worked under the Ministry of Health and trained in community health, the local dialect called Tashelheit and Morocco's millennium Development Goal Plan.

"More importantly, I was promoting the three main goals of the Peace Corps," Delaney said.

These three goals include helping the people of certain countries in meeting the need for trained men and women, helping to promote a better understanding of Americans, and helping to promote a better understanding of other cultures.

"I loved being in Morocco as I learned even more about myself," she said.

She explained that she had volunteered before and worked in the field previously, but spending time



PHOTO CONTRIBUTED BY ARIEL DELANEY

Castleton State College alum Ariel Delaney poses with a host family in Morocco during her stint in the Peace Corps.

in Morocco made here realize her passion.

"Journalism and a lot of my other studies at CSC helped me to expose many of the injustices I saw and tell real stories," she said. "But development was the hands on, less glamorous work of assisting to solve major problems instead of just chasing after them."

After her time in Morocco, Delaney moved to Kenya, but due to expenses, she had to come home to the United States. However, after living in such a diverse culture and being immersed in a totally different lifestyle, Delaney said she felt "bored" living in the U.S.

While spending time with the Winooski Coalition for a Safe and Peaceful Community as well as the Vermont Catholic Charities, Delaney had been applying to

graduate schools.

She attended the Heller School for Social Policy and Management at Brandeis University. There, she studied Sustainable International Development.

"I missed how CSC was so nurturing," she said. "At Brandeis, only the fittest survive."

Delaney explained how she read cases about people studying in Somalia and knew she wanted to follow suit. She found an organization that had the same "nurturing" feeling as CSC, called Adeso.

This was a good fit for Delaney because she is so focused on helping people, saving lives and protecting livelihood assets.

These are the topics of her master's thesis including analyzing humanitarian aid delivery in a recovering state from the view of a

sustainable development approach and a gender perspective.

Although being a part of the program since July 2012, she recently made the transition to a full staff member, which now has led her to come back to CSC by invitation from the Global Studies Program. Her talk will include the things she is most passionate about as well as what it's like to live in Somalia and what it's like to work for an organization such as Adeso.

"Many have simply given up on Somalia," she said. "It has been declared a failed state for the last several years... I would like to pose the question to the students of how relevant Somalia is now globally as it is a recovering state."

Right to Play Club is at it again

By Allie Howard
Spartan Contributor

Last year, Castleton State College teamed up with the Right to Play charity for a Guinness Book of World Record breaking 41 hours of dodge ball.

This year, the event will be barefoot soccer.

Right to Play Club member Dan Bell was part of choosing barefoot soccer as the event.

"We want to put ourselves in the kids' situation to not have equipment or shoes," Bell said.

With last year's effort exceeding the original goal of \$1,000 and then surpassing the second goal of \$5,000, students have high hopes

for this year's event.

When it was all tallied, the Castleton community through the dodge ball event raised \$7,500 for the Right to Play organization, which provides sports equipment for kids in underprivileged nations.

Brett Zeggil, captain of the men's hockey team and the president of the Right to Play Club at Castleton, discussed why he wants to fundraise once again.

"From the beginning, it was always set out to be a long term thing. We had so many people beyond who played, tons of volunteers. So this year we want to involve more people and have even greater success," he said.

Right to Play is an international

organization that began in 1993 by Norwegian speed skater Johann Olav Koss. When Koss visited Africa, he saw how the children had no proper equipment to play with, and he wanted to change that for them.

Zeggil sent one school-wide email and ever since, his phone has been blowing up with messages from students who are interested in playing or volunteering for this year's event.

"It's great to see more people getting involved. Last year there were only four in the whole country. Part of last year's goal was to get it recognized and get more people to hear about it. This year, we already have that success, we have

way more people wanting to be involved, and it's great, I love it."

On April 28, 40 students will take the field at Spartan Stadium at 4 p.m. for an outdoor barefoot soccer.

New to the event this year is the ability for online donations prior to the event. Donations can also be made at the event. T-shirts will also be sold at the stadium and there will be auctions, a 50/50 draw and pizza for sale.

To get involved to play, volunteer, join the club or make donations, please contact Brett Zeggil by email at Brett.zeggil@castleton.edu

Rebranding the big-hearted small school

By Josh Bassett
Castleton Spartan

Is Castleton looking to change the school logo and move away from being the "small school with a big heart?"

Despite a rebranding effort going on here on campus, that is hardly the case.

"We're not trying to change the logo. The issue with the logo is that there are so many different ones that they get misused a lot of the time," said Courtney Bates, a student intern for the school's advancement office.

The idea started as a discussion of how people wanted the school to be perceived.

"Just talking about the Castleton brand and how to brand ourselves better and to do that it needs to have consistent logos so when you look at it you go 'that's Castleton,'" said Bates.

Another goal of the initiative is to create an image of the school that symbolizes pride, and not just through the logo.

"You want people to see your image and think your name and what it means," said Jeff Weld, director of College Relations and Sports Information.

Weld also mentioned how even though the college is a state school, a student in Michigan might compare Castleton to a school like Michigan State and not go here because of the meaning they associate with a state school, though it might be a good fit.

That may be accomplished, they said, by not calling the school CSC or C-State, which all convey a different meaning and image.

Just walking around campus it is hard to miss the multiple types of logos. Bates noted that logos are used on letterheads, Castleton clothing, public safety golf carts and Glenbrook Gym.

And there are even different types of logos. Weld displayed a licensing page showing them

all and saying they are broken into subsections like sports, academic, institutional and the school seal.

"One of the things that we're working on right now is making sure our imagery for the institution as a whole, it doesn't get changed," said Weld. "Probably what you'll see as part of that process down the road is that we come up with a distinct image that speaks to the academic side of things and is less athletic than the actual Spartan, but less word based than the

Castleton word mark."

This is not the first rebranding effort Castleton has gone through over the years.

Tom Conroy, a communication professor, mentioned that before Dave Wolk came, the school tried to move away from the Castleton green color switching over to a blue, though that only lasted a year or two.

This effort won't be like that, Weld said.

"We're never gonna be done. It's an evolutionary process, an ongoing process," he said.



MOLLY DEMELLIER/CASTLETON SPARTAN

Two examples of logos used around the Castleton campus.

Game review: Final Fantasy

By Dashiell Monder
Castleton Spartan

Fans waited a long time for Final Fantasy XIII, which was released in North America in 2010. It is the 13th installment in the popular series and is set on a fictional floating world called Cocoon. The evil government, Sanctum, has ordered the killing of civilians who come into contact with Pulse, the much-feared world below Cocoon. People are kidnapped, branded and given certain tasks to accomplish.

A former soldier, Lightning, begins the fight to save her sister, Serah, who was branded an unwilling servant to a god-like being from Pulse called the Fal'cie. Lightning is joined by Snow and other rebels who want to rescue Serah (Snow's fiancée).

They become marked by the same Pulse creature, but don't know their task yet. They rally against Sanctum while trying to discover their assigned task and whether they can avoid being turned into monsters or crystals.

The game includes fast-paced combat and a new customizable "Paradigm" system to control which abilities, called "Crystarium," are used - command, ravager or medic. One example is Snow's ability to turn things to ice, freezing his enemy so he can obliterate them.

Final Fantasy XIII includes elements from previous games like summoned monsters, chocobos, and Airships. As in FF XII, enemies and creatures are out in the open. You can walk by, approach, or avoid them. However, unlike FF XII, when characters touch an enemy, the screen transitions from the regular map to a separate battle map similar to those in FF X. In the new battle map, there can be a maximum of three characters fighting.

This is a single player game, so while characters in the battles advance in the storyline, they are not controlled by other players.

Final Fantasy XIII received mostly positive reviews, praising the battle maps designed by Hiroyuki Ito, graphics, presentation, and battle system. Reviewers were less enthusiastic about the storyline because they felt the maps were too linear. Even so, FF XIII became the fastest-selling title in the series. As of July 2012, it had sold 6.7 million worldwide. A sequel titled Final Fantasy XIII-2 was released in 2012 in North America. A second sequel, Lightning Returns: Final Fantasy XIII, which concludes Lightning's story and the Final Fantasy XIII saga, is in development and set for release in 2013.

This gamer can't wait because I want to see what happens at the end of the series! My favorite character is Snow, a tough guy who doesn't often use any weapons. He relies on his fists and is intelligent and witty. On a scale of 1-100, I give it a 95.75 because the graphics are awesome, and the battle scenes were well thought-out. Have a blast playing Final Fantasy XIII!

Memorializing the life of a critic

By Max Walker
Spartan Contributor

Every critic has a critic, especially famed film critic Roger Ebert who knew exactly how to critique a movie in a thoroughly poignant and completely honest way.

"I would rather eat a golf ball than see this movie again" Ebert said about the film 'On Seven days in Utopia.'

Ebert also expressed his distaste for a 2003 independent art film called 'The Brown Bunny.' He compared it to a colonoscopy. The director of the film, Vincent Gallo, was far from pleased and called Ebert "fat."

"It is true that I am fat, but one day I will be thin, and [Gallo] will still be the director of 'The Brown Bunny,'" said Ebert in response.

Ebert shared his bold

views on movies knowing he had the power to make or break them with a simple "thumbs-up" or "thumbs-down," phrases he popularized.

"I really liked Ebert's reviews," said communication professor Sanjukta Ghosh. "He made thumbs-up and thumbs-down this kind of two-digit review. They were a precursor to Twitter, they did it in two digits, much less than 140."

Ebert began writing sport columns for the News-Gazette in Champaign, Ill. when he was still in high school. During this time Ebert grew fond of writing, but it was MAD magazine that attracted him to critiquing movies.

"I learned to be a movie critic by reading MAD magazine," wrote Ebert in 1998. "MAD's parodies made me aware of the machine inside the skin - of

the way a movie might look original on the outside, while inside it was just recycling the same old dumb formulas. I did not read the magazine; I plundered it for clues to the universe."

In 1967 Ebert was hired as a film critic at the Chicago-Sun Times. During this time, he also wrote a book, taught at the University of Chicago and co-wrote "Beyond the Valley of the Dolls," which became a cult classic. It should be noted that the film was not well received by film critics, a circumstance Ebert found hilarious.

Ebert began his television career by co-hosting a locally produced Chicago show called Sneak Previews with fellow critic Gene Siskel. The show would later move to PBS and be renamed At the Movies with Gene Siskel and Roger Ebert.

It was this show that made the reviews of Ebert and, of course, Siskel, so essential to the world of movies.

"They're analysis of films, not reviews," said Ghosh. "They tell you 'a painting of Matisse is referenced here.' These historical references make reviews so much richer."

In Ebert's last decade, he battled cancer and surgeries related to the disease. He never stopped reviewing movies, even after a partial jaw removal surgery left him unable to speak.

On April 3, 2013 Ebert announced a leave of absence from the Chicago-Sun Times, due to a resurgence of cancer. He also announced that his website (rogerebert.com) would be evolving to include reviews of a wider range of films by a new generation of movie critics, and that

he his and his wife Chaz would be taking control of the site.

Ebert died on April 4, just days after he reviewed "The Host," which would be his last movie review.

Following the announcement of his death, hundreds of celebrities and prominent members of the film industry shared how much of an influence Ebert was to them on various social media sites.

"Roger Ebert will be missed," wrote Seth Macfarlane on Twitter. "He's one of the few critics who had actually written films. His opinion always mattered to me. He was the greatest."

"Thank you for going on this journey with me," wrote Ebert in his final tweet. "I'll see you at the movies."

Soundings: Tuko takes the stage



PHOTOS CONTRIBUTED BY CHRISTOPHER WILLIAMS

Tuku demonstrates peace and social justice through music at a Soundings event on April 16.

Professors publish novels



Tersh Palmer

By Amanda Begin
Spartan Contributor

It may have been April Fools Day and there may have been plenty of laughter, but the gathering in Castleton State College Library on April 1 was no prank. The library lounge seemed like a good place to be around 4 p.m.

when people started trickling in and gathering around the food table.

Students and colleagues were there to congratulate professors Tersh Palmer and Judy Meloy on their recently released books, now available in the school library.

"The Library Department has been known to sponsor lectures too as a more scholarly event. This is just a good excuse for people to get together," said Library Director Sandy Duling. "We need to recognize the effort they put into this... it's an inspiration."

After two years of working, Palmer celebrated his book, "Vampires In The New World." The book surveys vampire films and literature in the historic and national perspectives of the vampire figure and what they mean.

When asked why he had decided to write about vampires, Palmer responded that he's "been into gothic things for a long time." He later noted that this survey on vampires really "pulls out different cultural threads in history."

Unfortunately, Judy Meloy was unable to make it to the book welcoming. Her book, "Twenty-First Century Learning by Doing," consists largely of the thinking and doing of 69 individuals who describe various aspects of what it means to learn about and simultane-

ously undertake qualitative research for their doctoral thesis.

"I wanted to help. I wanted a book that would be a friend and a companion, not a telling, a list of rules or 'how tos,'" Meloy said of her book. She said she wanted to help learners new to the process appreciate the ways of qualitative research.

When interviewed later, she described the process of writing the book like a party, hearing the voices of so many people and doing her best to understand what they wanted to share and then to represent their stories. Organizing and portraying the information was the challenge.

"I am pleased with the work, but remain a bit disquieted with the responsibility of working with so many individual experiences," said Meloy.

But colleagues said she should be pleased with her work. Associate Academic Dean Yasmine Ziesler suggested that no matter where people were in the research process, "they can find themselves in this book."

Duling said it was interesting to have a reception for two new books on "complete opposite ends of the spectrum."

Spring break resonates with students

Continued from Page 1

meant that he was one step closer to becoming an actual homeowner.

To receive a Habitat home, potential homeowners are required to complete 500 hours of 'sweat equity' and a series of financial preparation and management courses before he or she can move in.

Each day, local volunteers donate lunch for all of the people on site working with Habitat. Students expected peanut butter and jelly sandwiches, but were surprised to be served full meals ranging from fried chicken to pulled pork and chicken salad. The hospitality made it apparent that the community members truly appreciated the efforts put forth by the volunteers.

"The people of Blount County are some of the nicest individuals that I have ever met," said Stratton.

The trip to Maryville was special for students because they were given the opportunity to extend volunteer efforts by participating in events and jobs not typically provided to students volunteering with Habitat on spring break.

Along with operating a fully functional affiliate that constructs an average of 10 homes a year, the Blount County HFH also operates a ReStore that sells new and gently-used home goods, clothing and other assorted items to the public at a low cost. All of the proceeds from the ReStore are donated directly to Habitat and used to help purchase building materials.

Each day, some students spent the morning at the ReStore helping to sort and price items, unload donations and even the impossible task of assembling a swing set that was lacking parts.

"Chelsea (Paola) and I worked side by side with two

older women to decide what donations to sell and what to throw away. I thought it was very nice and trusting of them to let two girls from Vermont come in and basically decide whether they would make money or not," said KT Pellegrino.

Monday night, the group attended a graduation ceremony honoring four families who completed 100 hours of classes to prepare them to successfully manage a budget and prepare for the transition to homeownership.

"Is it more important to own a cell phone or a home? That is a question that you will be faced with, but we are here to help you through and remind you that you want to be a homeowner," said one of the directors of the class to the graduates.

The Castleton students were the first college students to attend such an event in the history of the Blount County affiliate's existence.

On Tuesday and Thursday, they mingled with several Maryville residents at the "Welcome Table" community dinners. These dinners are prepared by Chef Amelia Geis and served to anyone, especially those who may not have access to a meal elsewhere. The Castleton students helped in the kitchen, cleaned dishes and served guests.

"At the end of the week, one of the women that I connected with at the dinners gave me her phone number and address so that we can keep in touch," said Pellegrino.

As the returning treasurer of the Habitat Club, I can say that our ASB trip to Maryville has been the most meaningful, educational, and motivational trip that I have attended thus far. The gratitude and appreciation given to us by the entire community made saying goodbye near impossible.



PHOTO PROVIDED BY ERICA BILODEAU

Senior Erica Bilodeau works alongside a homeowner on the Alternative Spring Break trip to Tennessee.

"This trip was by far the best I have attended and I really hope to make it back there to reconnect with our new friends," Stratton said.

"I am confident in saying that while I was in Maryville, I was able to meet some of the smartest, kindest, and more helpful individuals that I will probably ever have the fortunate chance of meeting. Now that I am back in Vermont, I have stayed in touch and look forward to visiting them in the summer," said Pellegrino.

Gershon praises Perron

Continued from Page 1

small class sizes and easy accessibility to faculty helped him to develop valuable skills that have contributed to his success.

"There are several CSC professors who gave me the guts to go for a career in journalism," said Perron. "In different ways, they helped build the confidence it takes to get into this business."

Among these stand out professors was Bob Gershon, who recalled Perron as a strong student and said he continues to use Perron's work as examples and ways to inspire students in his classes.

"I don't think there was a single person in any of his classes who didn't understand the contributions he made to those classes," Gershon said.

Aside from his hard work in the classroom, Perron also attributed much of his success to taking advantage of his WCAX internship opportunity. The experiences he gained through interning made him stand out and helped to polish the skills he had attained in his classes.

"Ask how you can help, what you can write, if you can shoot, edit, and follow crews in the field. You'll learn if you like it. You'll impress the bosses. You'll have a leg up on a lot of your classmates who didn't find internships," he said.

According to Gershon, Perron's work ethic and natural talent for reporting played a major role in his success.

"It only happens, I think, when you have someone with both an inherent ability and the willingness to work hard to hone that talent," he said.

Perron said he is eager to return to his alma mater and honored to speak to graduates as they prepare for their futures.

"I hope I can leave graduates feeling proud, excited and ready for their next chapter," he said. "I hope to entertain their parents, since many of them footed the bill over the last several years."

Alumnus returns to inspire students

Continued from Page 3

Noble said. "Yeah book smarts are great, but give me the camera."

Gershon recalled his time spent with Noble quite fondly and said he had the initiative from the very beginning.

"He had the talent to match his intelligence, a seriousness of purpose and a willingness to work," he said.

According to Vestrich, Noble was bound for the red carpet.

"I think he had the Hollywood bug," said Vestrich. "He was going to make it happen, and you knew it was going to happen."

Outside the classroom, Noble was a man about campus. He participated in theater productions, took an active role in student government, and was a member of the Student Orientation Staff. He said his most valuable experiences while at Castleton he gained through

his internships.

In his junior year he interned at WABC and about half way through the internship a staff member quit. Noble was chosen to fill this paid position for the remaining month of the internship.

Following graduation, Noble spent one month working at Saks 5th Avenue before receiving a phone call from WABC offering him a fulltime position.

He moved around to various networks on the east coast before the snowstorm of 1994 sent him searching for warmer temperatures. His connections from his time spent with Channel 7 news landed him a position with Extra! in California. After a few years in Hollywood Noble stepped onto the Access Hollywood scene and never left.

Looking back, Noble attributed much of his success to the skills and diversity that Castleton provided him with.

"This place, this state, it's a jewel," he said.

"It stands out because it's different."

Under what he calls the "Umbrella of Access Hollywood," Noble can be found with a microphone in his hand or behind the camera on any given day. But he says no matter what side he's on he's surrounded by a staff he considers family and in ten years he expects to be in the same place.

"It's a beat that I love," he said.

When asked by an audience member about the state of journalism, Noble said journalism isn't a dying art, but rather experiencing an evolution. He encouraged Castleton's communication students to familiarize themselves with every aspect of media to become pop culture fed and ready for any job right out of the chute.

"Once you get to the big time you've only got one shot, because there's always someone on your heels" he said.

Castleton hosts psychic fair



BENJAMIN CARSTENS/CASTLETON SPARTAN

Psychic Judy Rizzo gives a free psychic reading to student Nicole Dean in the campus center on April 17.

Scholars recognized Louras vows help

The work of some of Castleton State College's best and brightest students will be on display May 2 as part of the first annual Scholarship Celebration.

Associate Academic Dean Ingrid Johnston-Robledo, who is organizing the event, said 24 presentations from 36 students in 10 different programs will be showcased.

The work will include posters, art displays, videos and even a theater stage scene design display, she said.

Also included will be Ryan Ackerman's editorial cartoons in The Spartan newspaper and the thought process that goes into their development.

"My goal was really to have an opportunity for students and faculty to engage in conversation about work across departments," Johnston-Robledo

do said, adding that a lot of the presentations are also Vermont based, from voting and bullying to wind power.

The event will take place 1787 12:30 to 2 p.m.

Johnston-Robledo praised students and the four-faculty-member planning committee for their effort in making it happen. She also said she's hopeful younger students show up to see what the older students are accomplishing and get the desire to do the same.

"I really want this to inspire other students. I'd like to see first year students come see what upper level students are doing to see the value of close collaboration with faculty," she said, adding that nearly half of the presentations were funded through the faculty student research fund.

Continued from Page 1

sincerely helpful."

Louras said the discussion made him see areas that needed to improve to get Castleton students more involved in Rutland.

"I took for granted that the advertising in Rutland was reaching the students," Louras said.

SGA president Michael Shalginewicz said he thought the meeting went pretty well, but Keener said she was hoping for more of a turnout.

"It went really well," Keener said. "But no one checks their emails. I mean the president and vice president for next year were here to give their ideas and support so that was good."

Shalginewicz said if the mayor follows through with the suggestions, he will be looking forward to going out in Rutland on weekends.

Louras said he was thrilled that some of the students were able to talk with him about these important issues.

"Reaching out to Castleton builds on the great relationship the city has with the college," Louras said "and Dave Wolk's recognition that he wants Castleton State College to be a part of [Rutland's] rebirth."

Spartan Standouts: Amanda Flodstrom



By Ryan Cave
Castleton Spartan

Junior Amanda Flodstrom has been a beast on the turf this spring, ripping 41 goals with one game left in the regular season. The Strathan, N.H. lady laxer is not new to the spotlight. She capped off her freshman year with NEWLA "Rookie of the Year" honors in 2011, and NAC first team All-Conference honors last season. I sat down with Flodstrom to find out more about Castleton's top twine tinger.

Q: Why did you start playing lacrosse?

A: My dad played college lacrosse at Roger Williams University. He started the boys youth program in my hometown and once I showed interest, he had the idea of starting a girls program when I was in fifth grade.

Q: Who was your favorite lacrosse team to watch growing up?

A: I live really close to UNH, so growing up I would go watch them play and one of my friend's cousins played on the team, so we would to cheer for her. She coaches at Plymouth now, so playing her was a really cool experience.

Q: What is your favorite part about playing lacrosse at Castleton?

A: I like that I was able to get a lot of playing time here and be successful for four years at Castleton. I have a lot of friends who have gone to schools and have not seen the field until their junior year, which I really wasn't trying to do.

Q: What is your most memorable moment at Spartan Stadium?

A: I would probably say scoring my hundredth career goal this season. Also winning the NAC championship last season because I never won a championship in high school, that was the first championship I have ever won.

Q: What is your favorite bus trip movie?

A: In high school it was a tradition to watch "Miracle" before games on the bus, so that has just always been my inspiration before a big game.

Q: Do you have any pre-game rituals?

A: I have this weighted thing that I strap to my stick that I go into the gym and shoot with and get warmed up for my game. I also touch the rock out by the field walking out to the field before every game for good luck.

Q: What are your plans after Castleton?

A: I want to be a grad-assistant coach for a college team and go to grad school, and after that possibly teaching.

By Andrew Muse
Castleton Spartan

The Spartans women's lacrosse team was able to put 20 points on the board for the second time this season as they beat Colby-Sawyer 20-10 in North Atlantic Conference play on Saturday.

With the win the Spartans have now gone two years without losing a conference game. Also it was the girls Orange and Purple game to show support for teammate Lexi Cross and for anyone diagnosed with PCD, a rare Lung disease Cross was diagnosed with six years ago.

"We've been playing a lot better lately," Junior Jennilee Mark said. "We had a rough start, but we have been playing great against our conference."

Amanda Flodstrom led the Spartans with six goals and three assists, while Jessica Taplin also had a good game scoring four goals with

one assist. Mariah Lesure and Kate Auer each also had three each for Castleton.

The Spartans did a good job distributing the ball early with three separate Spartans scoring to take a 3-1 lead.

The Chargers came back with four straight goals to take the lead. Castleton answered quickly though, netting two goals in two minutes to bring the score to an even 5-5 with 14:42 left in the half.

After eight minutes without a goal, Mark was able to score a goal to give Castleton the lead but it was short lived as Colby-Sawyer scored two quick to take the lead away. The Spartans were resilient and scored another two before the half to take an 8-7 lead.

"At half we really came together," Mark said. "We realized what we were playing for and what it means to us to win for Lexi."

Castleton came out of the half strong scoring the first five goals of the half in 10 minutes

including two from Flodstrom.

The Chargers answered with two of their own, but the Spartans were too strong scoring seven out of the next eight goals to close the game including three goals from 10:47 to 10:02 to win 20-10.

Cori Healy was able to scoop up seven ground balls and cause four turnovers for the Spartans. While goalie Kelsey McDonald made six saves, earning her second win on the season.

Ashley Reis scored three goals for Colby-Sawyer.

With the win the Spartans improve to 7-7 and 6-0 in conference. Castleton plays next on Thursday, May 2 at home against Norwich.

"It feels good to be the top seed in the tournament," Mark said. "It feels good to win and see all your hard work pay off."

Baseball clinches top seed



DEREK FALLON/CASTLETON SPARTAN

Matt Pause swings for the ball on April 21.

By Deven Savage
Castleton Spartan

The Castleton State baseball team is fresh off of a four game sweep after hosting Thomas on April 21. The Spartans came out of the weekend as the top seed in the NAC conference and are looking forward to playoffs.

The Spartans dominated the first two games winning 9-1 and 11-6. The offensive weapons were abundant for Castleton and they struck early giving pitcher Conner Johnson the run support he needed. Ryan Zielinski started off with a one-out double and the following batter walked. Connor Hoagland stepped up to the plate and delivered after a double steal with a one run base hit.

Up next was Matt McNamee, who knocked in two runners with a single of his own. The inning finally came to an end after Allen White drove one up the middle to have McNamee score.

The run support seemed to come to a sudden halt until the sixth inning when the Spartans came out

and scored five more runs for their side. Zielinski opened the inning with a double and then scored on a double by Joe Borowski. Hoagland reached on an infield single and then stole second, moving Borowski to third.

The following batter hit into a fielder's choice scoring Borowski when Thomas shortstop overthrew the third basemen allowing Hoagland to reach the plate. Tyler Lord drove in the Spartans final two runs on a line drive up the middle. The Terriers were able to score a run in the final half of the seventh but it was not enough.

Lefty Adam Greenlese got the call for the second game improving to 7-0 on the year after six innings allowing six hits and only a pair of earned runs.

Zielinski proved to be the spark for the Spartans offense and started the game off again with a hit. A few batters later he scored on a hit-by-pitch from McNamee.

Tyler Lord added to his day with another RBI single followed by a perfect double steal with Mat Pause.

The next inning the Spartans tacked on two more runs extending their lead to 5-0. The top of the fourth gave Thomas some hope and they cut the Spartans lead in half. The response from Castleton was a five-run pounding the next inning, extending the lead to 10-2. Relief pitcher Ethan Hanson allowed the Terriers to score four in the top half of the seventh until he eventually shut them down helping his team to a 11-6 victory.

A new day spawned a new chance for the Terriers to beat their opponents, but the Spartans proved to be too much for Thomas and came out on top both games on Sunday.

It was clear the Terriers were sick of being beaten as Anree Benitez ripped an RBI double, followed by an RBI groundout by Cody Vigue, giving Thomas a 2-0 lead.

Cam Curler started the rally the next inning with an RBI single and Lord knocked another RBI double a couple batters later. Zielinski continued his performance at the plate as he and Hoagland both had

another RBI single that inning. Hoagland launched a double to the left-center gap the following inning giving the Spartans their 5-3 lead, which was the final score of the first game.

Coach Ted Shipley was please with his teams performance.

"We had a good weekend and for the most part had really good at bats from all players, especially on Saturday. The second day we still had good at bats but not as much. We can certainly get better in all areas," he said.

The Spartans had taken 3 of 3 so far in the weekend and the final game proved to be the one to watch. Castleton's Patrick Riley and Thomas' Eric Sucey battled it out in a pitchers duel and the game was scoreless through the first four. In the bottom of the fifth, Mat Pause led it off with a single and Lord followed with a well-placed bunt single to put runners at the corners. Pause scored on a fielders' choice by Zielinski giving his team a 1-0 lead.

Riley showed some signs of fatigue in the seventh but quickly regained composure and shut down the Terriers completing the weekend sweep.

"We're just trying to put ourselves in good position in our conference. I know that each of the teams that are in the tournament when it comes are going to be a good test," Shipley said. "If you look at our record you might think oh wow we have a dominant record but a lot of those games have been close. Baseball is a game where anyone can win on any given day."

The Spartans improve to 23-7 on the season and 20-2 in conference. They move on to take on Plymouth State on Wednesday, April 24, and wrap up their conference schedule on Saturday April 27 at Lyndon State.

Spartans sweep the Roos

By JenniLee Mark
Castleton Spartan

In regular season play, the men's lacrosse team traveled to play the SUNY Canton Roos on Saturday and beat the home team 18-5 on Saturday afternoon.

Thirteen different players scored for the Spartans and head coach Bo McDougall was proud of his team for that.

"I couldn't be happier with the balanced scoring we've been able to have," he said. "It shows our depth and our unselfishness."

Senior Spencer Hunt led the Spartans' offense for the day grabbing three goals and dishing out three assists, giving him a total of six points.

In the first quarter, the Spartans gained an early lead with two goals from junior Alex Green. Phil Patterson and Paul Saulsbury each followed suit to put the Spartans up 4-0. The Roos answered with two goals from Chris Gamble before the end of the quarter.

However, these were the only two goals the Roos would grab in the first half as Castleton held them scoreless in the second quarter.

The Spartans scored five more before the end of the half, includ-



KATIE SAULT/CASTLETON SPARTAN

Nohea King defends the ball earlier in the season.

ing goals from Hunt and junior Will Stuhler.

Hunt scored his second of the game with 8:59 left in the first half and Kenny Bourmeuf and Sam Bailey each added goals.

The Roos came out in the second half fighting when Garrett DiTullio scored just eight seconds into the quarter. He scored again a few minutes later, but then the Spartans answered with a 6-0 run to have a comfortable 15-4 lead.

In the fourth quarter, the Roos

scored another goal, but that wasn't enough for a comeback. Freshmen Zach Devold, Taylor Devold and Matt Nota each netted goals in the final minutes of play to finalize the score at 18-5.

Sophomore Ben Roberts led the Spartans in ground ball pickups with seven and went 19-for-26 in faceoff wins. Freshman goalie, Peter Latulippe made 18 saves on the day giving him his seventh win of the season.

Castleton is now 11-3 on the

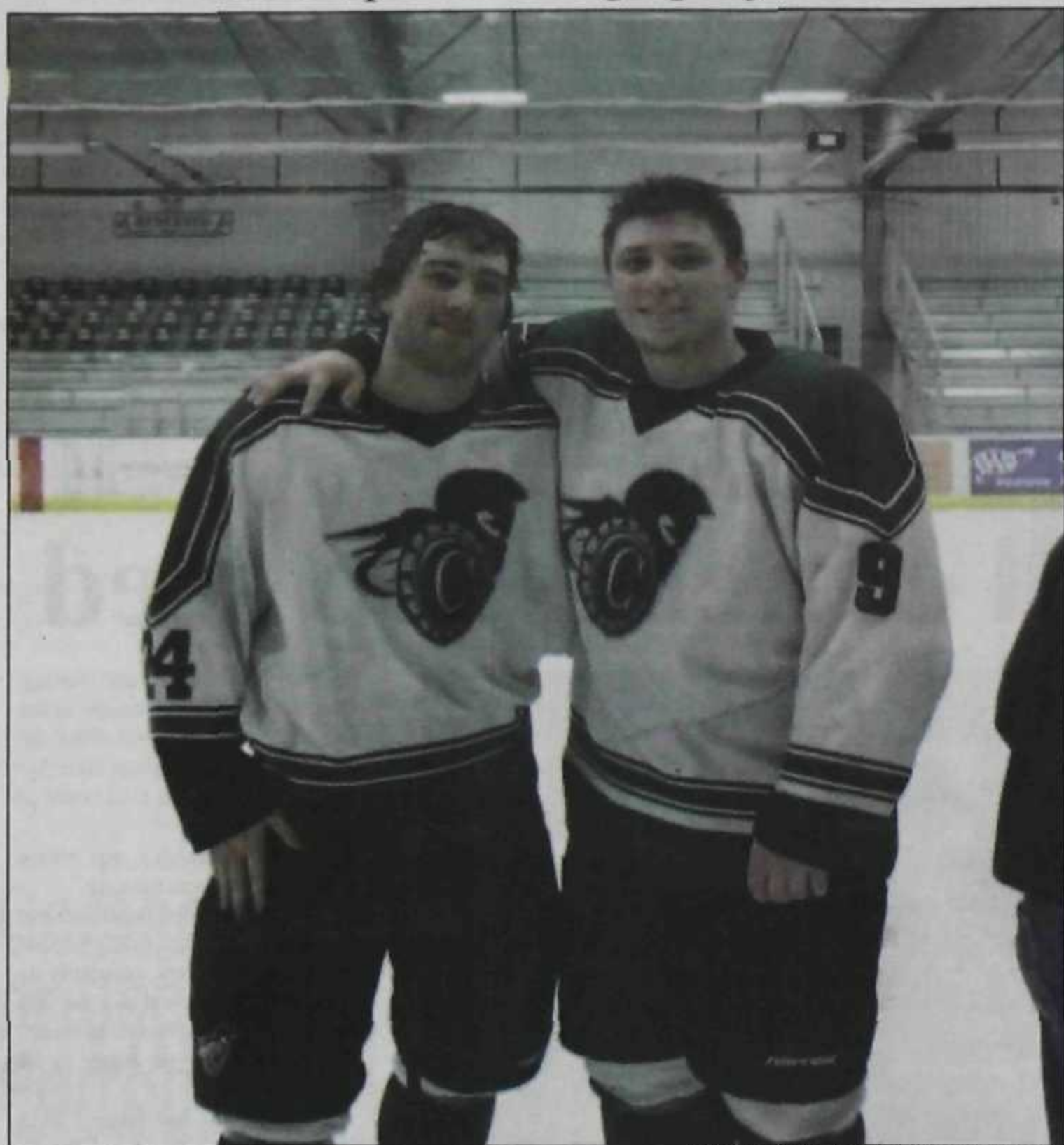
season, which matches their total amount of wins from last season.

"Matching last season's win total is a great accomplishment for our team," McDougall said. "It means we're moving in the right direction as a program. It is also nice to have been able to win games against teams that got the best of us last year."

The Spartans will host Lyndon State for their final North Atlantic Conference game April 24 at 7 p.m.

Getting paid to play

Two Spartans sign professional contracts



Josh Harris and Justin Alonzo pose for a picture after their senior game at Spartan Arena.

By Hannah Messer
Castleton Spartan

Many children grow up playing youth sports and dream of becoming a professional athlete. They want to be stars like Michael Jordan, Wayne Gretzky and Derek Jeter, but most never will.

However, for two California natives and Castleton State College students, their hard work toward their dreams finally paid off. Seniors Justin Alonzo and Josh Harris both signed contracts with professional hockey teams right after their season came to a bitter end, falling to the rival Cadets of Norwich.

"It was definitely really exciting," said Alonzo.

Harris headed to the Las Vegas Wranglers to play in the AA East Coast Hockey League for the final month of their regular season, while Alonzo went south to play for Pensacola Ice Flyers in Florida in the Southern Professional

Hockey League.

"It happened so quickly that I was still bumming about our season being over. The coach pretty much told me what my contract entailed, and I didn't even read it. I was so excited I just signed it," Harris said. "I was really excited knowing that I was able to keep playing."

Both Alonzo and Harris flew out to their teams just days after their final game and started playing.

"I had practice in the mornings, and then promos for my team in the evening, and I had to do the homework my professor's e-mailed to me at night after that," Alonzo said.

Harris spent most of his time on the road with his team, allowing for a lot of down time in hotels where he said he got most of his schoolwork done.

Harris, the Torrance, Calif. Native, will be moving closer to his family, which will make it easier

for them to watch him play. Since playing hockey at Castleton, his family has only been out twice to watch him. They have otherwise been limited to viewing the live online broadcasts of the games provided.

Alonzo leaves behind his 1-and-a-half-year-old daughter, Maeve, who lives in Massachusetts with his family.

"Wherever I go next year, whether it be Pensacola or anywhere else, it's going to be really hard to not see her as much as I used to," he said, "but I'll try and get her to visit as much as I can."

The duo made quite an impression at Castleton. Harris had 127 points in his four years with 47 goals and 80 assists. Alonzo had 116 with 34 goals and 82 assists. Alonzo had two assists in his time with the Ice Flyers, while Harris had one goal with the Wranglers. Adjusting to the professional style of play has been a little more difficult for the players.

"It's a lot different than college hockey," Harris said. "I used to have regular shifts, now when I mess up I sit the bench for 10 minutes."

Alonzo said that there was a lot more control and that he had a lot more space on the ice, allowing him more time to react.

"I had more time to think about plays and where I wanted to put the puck," he said.

Harris described it much like any other type of job.

"Your coach shouldn't have to tell you what to do. You have to know your role on the ice if you want to continue to play. If you want to keep your job, you have to play well, or you'll get fired. The coach shouldn't have to tell you how to do anything just like in the real world."

Back at Castleton, these two aren't just partners on the ice, they are also roommates and have been for the past three years. They share a small two-bedroom apartment just off campus.

"I think their close friendship and living situation helped with their chemistry on the ice," said classmate and teammate Brad Barber. "They always knew where each other were on the ice which resulted in them having very successful careers here."

Alonzo and Harris came back from their pro stint in the beginning of April. Since then, the Wranglers ended their season on April 14 after falling to the Stockton Thunder in game seven of quarterfinals. The Pensacola Ice Flyers went on to win the Presidents Cup for the first time in franchise history, after defeating the Huntsville Havoc. Coincidentally, the Havoc is the team of two of their former teammates at Castleton Nick Lazorko and Stuart Stefan.

"It would have been really exciting to play in the playoffs with my team, especially to play against Stu and Nick," Alonzo said.

Both said they would like to continue playing with the same teams, but said they are willing to go anywhere to play.

"It was overall a really good experience. I got paid to play hockey and live on the beach," Alonzo said. "What more could I want?"



Sports Talk with Evan Michaud

With the school year winding down, our Castleton athletic teams are gearing up for their respective postseason runs. The baseball boys of summer have carried hot bats throughout the month of April while putting together an overall record of 22-7. And after a rough start for the softball Spartans, the ladies have regrouped and are one game out of second place in the NAC.

On the lacrosse field, the women have a chance to go undefeated in conference play and are poised for a long postseason run. The men, rebounding after a tough start, are also undefeated in the NAC and looking forward to the playoffs with just two games left in the regular season.

In professional sports, the last few weeks have been electric. The NCAA tournament may have lacked the skill and fluidity of previous years but the upsets were still very much prevalent. Five-seeded Florida Gulf Coast made the Sweet 16 and no. 9 Wichita State "shocked" the world by making it all the way to the Final Four.

Unfortunately, the tournament was mired by a horrific injury to Louisville's Kevin Ware. If you have yet to see it, count yourself as one of the lucky ones. A compound fracture ended his tournament, but he played a pivotal role in helping will his team to victory.

At the Masters, once again Tiger Woods claimed all the attention. In the second round, his approach shot on 15 hit the flag and spun back into the water. He ended up making bogey, but contrary to popular belief, that was definitely not the end of it. Through a series of replays and weird golf rules, which some players don't even understand, Tiger was given a two-stroke penalty for an illegal drop after his shot went in the pond. In the end, Adam Scott and Angel Cabrera went to a playoff, where Scott took the win, the Green Jacket, and became Australia's first Masters winner ever.

Since golf is now on the backburner before the next major in the summer, the NBA has taken center stage. The playoffs began last weekend with the Miami Heat the obvious favorites to repeat as champions. I believe the only two teams in the East who could give them a run are the Indiana Pacers and the New York Knicks. In the West, Oklahoma City once again holds the top spot and seems primed to make another run at the title. The Los Angeles Lakers limped into the playoffs, literally, after Kobe had his season end on a torn Achilles tendon.

In other news, if there are any soccer fans out there, Liverpool forward Luis Suarez was in the papers again for not only scoring a late equalizer against Chelsea, but for actually biting defender Branislav Ivanovic in the arm. After not shaking the hand of Manchester United's defender Patrice Evra last season, Suarez is once again making headlines for all the wrong reasons.

Strong pitching leads the Spartans

By Ryan Cave
Castleton Spartan

The Spartan softball team swept the Hornets of Lyndon State this passed week in a tight fought double header, featuring highlight-pitching performances out of seniors Emily Sweeney and Taylor Lively. The duo held the Hornets to just one run and six hits on the day, helping the Spartans improve their conference record to 10-4.

The Spartans started the first game off slowly, but an epic solo in-the-park home run from freshman Jessica Babcock in the third inning gave Castleton the 1-0 lead.

"I've been working on hitting the ball to the right side of the field, and the wind was blowing just right. It's something you don't see happen to often, it felt great," said Babcock.

In the fifth, Babcock drove home Chelsea Crehan with an RBI single, which is all Lively needed to pull off the win for the Spartans.

The second game of the day would prove to be just as close as the first.

Junior Tori Fearon lead off the second inning with a single, then pitcher Emily Sweeney blasted a frozen rope to right field for a stand up triple and an RBI.

"The best part about my triple was that I was able to come back from getting hit by a line drive to the chest and in the same inning I got a triple. I was so happy," said Sweeney.

The score stayed at 1-0 in favor of the Spartans, until the bottom of the fourth inning where the Hornet's would tie the ball game at one run a piece off of a Spartan error.

The Spartans went to work with their bats in the next inning. After a lead off walk of freshman Chelsea Grady, a groundout brought her to second and eventually home to take the 2-1 lead at the top of the fifth inning. Sweeney finished the game strong, allowing only one hit in the final two innings for the victory.

The Spartans had to hurry home from their



Senior Taylor Lively throws a pitch in the Spartans home game on April 17.

Friday road trip to face Johnson State in a double header for the Spartans Senior day on Saturday, April 20. Seniors Caylee Fleury, Taylor Lively, Chelsea Crehan and Emily Sweeney were all honored at the beginning of the game for all they done for Castleton softball in their four years as a Spartan.

Lively started off the game as planned, allowing zero hits through the first inning.

The second inning would also go to the Spartans, after a couple of nifty back-to-back bunts from Crehan and Kristy Pinkham. After a passed ball by Johnson State catcher, and a single by Jessica Babcock, the Spartan's had the 3-0 lead at the bottom of the third inning. The Spartan bats proved to be to powerful for the Badgers through the remaining innings, scoring three more runs and finishing the first of two games with a 6-0 win.

"Our bats really came alive in both games, we're looking really good rolling into post season play," said sophomore Kristy Pinkham.

The second game of the double header was all Spartans, sending home eleven Spartans in just the first inning.

Lively on the mound for the second time on the day, struck out four Badgers and held them to two hits through four innings. Strong hitting from freshmen Ruby Bushey and Chelsea Grady helped add to the Spartan lead, finishing the game with a score of 14-1 in favor of the Spartans.

With the senior day sweep, Castleton finishes regular season play with a record of 15-19, and a conference record of 14-4. Moving forward, the Spartans will likely host the NAC quarterfinal on April 24.

DEREK FALLON/CASTLETON SPARTAN

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Castleton, Vermont

Spring at the castle



PHOTO CONTRIBUTED BY CHRISTOPHER WILLIAMS

Students enjoy the first signs of spring outside the Campus Center.

Couples share secrets

By Max Walker
Spartan Contributor

Last Monday night, Castleton students were treated to one of the most entertaining, funny and informative events of the year as six couples from the Castleton community told stories about how they met and how they've stayed together for so long.

'Every Couple has a Story' brought out the very best in an array of couples including Monica and Harry McEnery, Meredith and Diana Fletcher, Colleen and Mark Klatt, Janet and Officer Floyd Morey, Emily Whitehead and Ethan Curtis and Yasmine Ziesler and David Englander.

The couples were asked a series of questions that they were given ahead of time. Unsurprisingly, the most intriguing details came from the unplanned and unexpected commentary.

"Sometimes he brings me Jalapeño Poppers when I really want them and it really turns me on," said education professor Monica McEnery while discuss-

ing her husband, theater professor Harry McEnery -- whose face turned a lovely shade of red.

Public Safety Officer Floyd Morey discussed his relationship with his wife as "not always perfect," to which she replied "we get through the harder times with laughter." Officer Morey, who is Irish, also mentioned that "my wife's family is very Italian, so it's like dealing with the Mafia sometimes."

Academic Dean Yasmine Ziesler brought up the challenge of telling her parents years ago that this new guy she was dating, David Englander, was Jewish. Ziesler's father grew up surrounded by anti-Semitism in anti-Semitic times. "My father was very anti-Semitic," said Ziesler.

"We avoided the issue," said Englander, "until one day I just decided to call him a Nazi. It didn't work."

The Fletchers have experienced a very different kind of hurdle. It probably isn't exactly what you'd expect.

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Campus disrepect raises questions

By Molly DeMellier
Castleton Spartan

From August to May there has been a campus-wide focus on the negative occurrences of the student body. Between countless drinking tickets, beatings, a false arrest and vandalism, the atmosphere of the Castleton State College community is left to question whether campus life is changing.

"When I first started here, we didn't see that type of behavior to the extent that we do now," said director of Public Safety Bob Godlewski.

Godlewski said he doesn't believe this year was abruptly different from those past, but rather that it has been a gradual progression through the years. In his experiences he has found the disturbances to be from the same small group of people who refuse to be held accountable for their actions.

"It's going to hurt them in all future endeavors," he said. "In four years or less they're going to be part of our working world society."

Senior Community Advisor Peter Marciano agreed that while everyone makes their share of mistakes, some students lack the ability to accept responsibility.

"I think people at the end of the day stop being accountable for their own decisions," he said.

In his four years living on campus, three of which he has been a Residence Life employee, Marciano believes he's witnessed almost everything. He says this year's social climate was nothing new and as far as incident reports and documentation go this has been his easiest year.

"Every year there's incidents that makes you wonder how admissions chooses their students," he said with a laugh. "I'm not saying by any means these are bad people."

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March for a cause

By Josh Bassett
Castleton Spartan

Their candles were a bright contrast to the dimming light of the evening. There were about 40 of them, candles in hand marching for a cause.

It was the 18th annual Take Back The Night march at Castleton State College and there was most definitely a presence felt that evening.

"I got chills ... I felt like I was also standing there for people who weren't there that night," said Castleton senior Samantha Barrale, a member of Peer Advocates for Change who helped organize the event.

Though this was only the 18th rally on campus, the first Take Back The Night rallies officially documented was in September in 1976 in Philadelphia, according to the organization's website.

The goal is for women to "be able to walk the streets without fear," said sociology professor Linda Olson, who helped organize and bring the march to Castleton in 1996.

"We want to be able to feel safe at night," said Change Coordinator Amy Bremel.

You could feel the emotion as the group walked from outside the Fine Arts Center over to the front of the Campus Center. There were even signs held by marchers including one that read "Women do not get raped because they were drinking or taking heavy drugs, dressed provocatively, being reckless, women get raped because someone raped them."

Outside the Campus Center, the group stood for a few minutes and then shared poem by Eve Ensler called "Rising," which was read by faculty members and students. After the poem, everyone raised their candle into the air, a symbol of one rising and a group overcoming adversity.

As the group marched from the Campus Center to the pavilion they started chanting as



JOSH BASSETT / CASTLETON SPARTAN

Students and faculty gather outside the Campus Center to support the annual "Take Back the Night" march.

loud as they could.

"Wherever we go, however we dress, No means No, and yes means yes!"

"One, 2, 3, 4 We won't take it anymore! 5, 6, 7, 8 No more violence! No more hate!"

At the pavilion, students and faculty members took part in what was called a speak-out.

Even as the men's lacrosse team practiced in the background and cars wheeled around the parking lot, people still shared their stories and their experiences.

Once the lights were dimmed and the micro-

phone was set up, the floor was open for anyone to share their experience. It was silent for about 10 minutes until the first person stepped forward.

She sat at her seat and shared her experience. Right as she was getting through her story she started breaking down. A friend grabbed the tissues and went over to her, giving her a hand on the knee, before she worked up the courage to

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Women's activist inspires students



PHOTO BY CHRISTOPHER WILLIAMS

Sandra Fluke presents to students in the FAC

By Martina Marchese
Castleton Spartan

Contraceptives, family relations and equality were all important topics of conversation during the Soundings event on April 25. American attorney and women's rights activist, Sandra Fluke took the stage to lecture about general issues in society.

Fluke became famous in February 2013 when Republicans wouldn't let her voice her concerns about insurance covering birth con-

trol.

"Affordable care for contraceptives has nothing to do with government funded contraceptives but about insurance covering it," said Fluke during her opening discussion about access to birth control options.

Before the Soundings event Fluke met with students in the Alumni Room of Huden to celebrate an induction ceremony into the Women and Gender Studies National Honor Society.

At the dinner, she revealed much about herself and her experiences.

She said that after growing up in a predominantly conservative household, college was a very eye opening experience, especially at Cornell University.

"The first semester, I took a women's studies class for two reasons; one because I didn't want class on Fridays and the second was to show them that feminism crap was old school," said Fluke, half-jokingly.

She then said that this class and her experience opened a lot of doors for her in terms of activism. She held a bake sale to demonstrate the pay gap and sold penis and vagina chocolate lollipops— 75 cents for women and one dollar for men. The money was donated to a

women's economic program.

In addition to her conservative household, many idols have given her the drive to get where she is today.

Names like Sondra Day O'Connor and Hillary Clinton came up. Fluke described them as a "mammoth figures" in contributing to her views.

When asked what super hero she would want to be she said "I have a red long sleeve t-shirt with the super logo on it, so I guess super woman."

"Wonder Woman?" asked communication professor Sanjukta Ghosh.

"She doesn't wear enough clothes for me," replied Fluke with a serious grin.

After the dinner, Fluke made her appearance on the stage in the FAC in front of an auditorium filled with students, community members and professors.

CHANGE coordinator, Amy Bremel, introduced Fluke by saying, "she took a risk backed by passion—a passion for women's rights." Her introduction was anything but misleading once Fluke's stories and points were delivered.

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Has CSC changed?

Not long ago, Castleton State College gave the town of Castleton \$5,000 to better police the town in reaction to complaints about rowdy students.

At a recent Castleton Select Board meeting, it was brought to the town's attention that the college's Public Safety officers would be stationed on town streets with the goal to help maintain the peace between the college and the town.

Over the winter, two students were charged after they reportedly beat up two other students.

Just last month, a student, supposedly under the influence, ran streaking through the library and around campus.

So what's going on at Castleton State?

Are students rowdier and more disrespectful than ever before or are they being scrutinized more than ever?

Depends who you talk to.

Some argue the police in town are part of the student rowdiness perception problem. It's not uncommon for town police to stop students walking home from parties and give them tickets and drinking diversions.

It's almost as if being responsible is a crime and it seems to encourage drinking and driving.

Some students say students are no worse than ever before, but they are being put under a microscope far more and that school and community officials are blowing their festivities out of proportion.

Castleton State College Public Safety Director Bob Godlewski thinks students were a little more rambunctious this year, especially the freshman class, which developed a bit of a mob mentality, walking in packs around town.

Seniors, who have been at CSC for four years, agree that students seem a little more rambunctious these days and a little less respectful of their neighbors.

Some say students have become less social drinkers and more outgoing partiers, and perhaps that has led to the behavioral issues and clashes with neighbors.

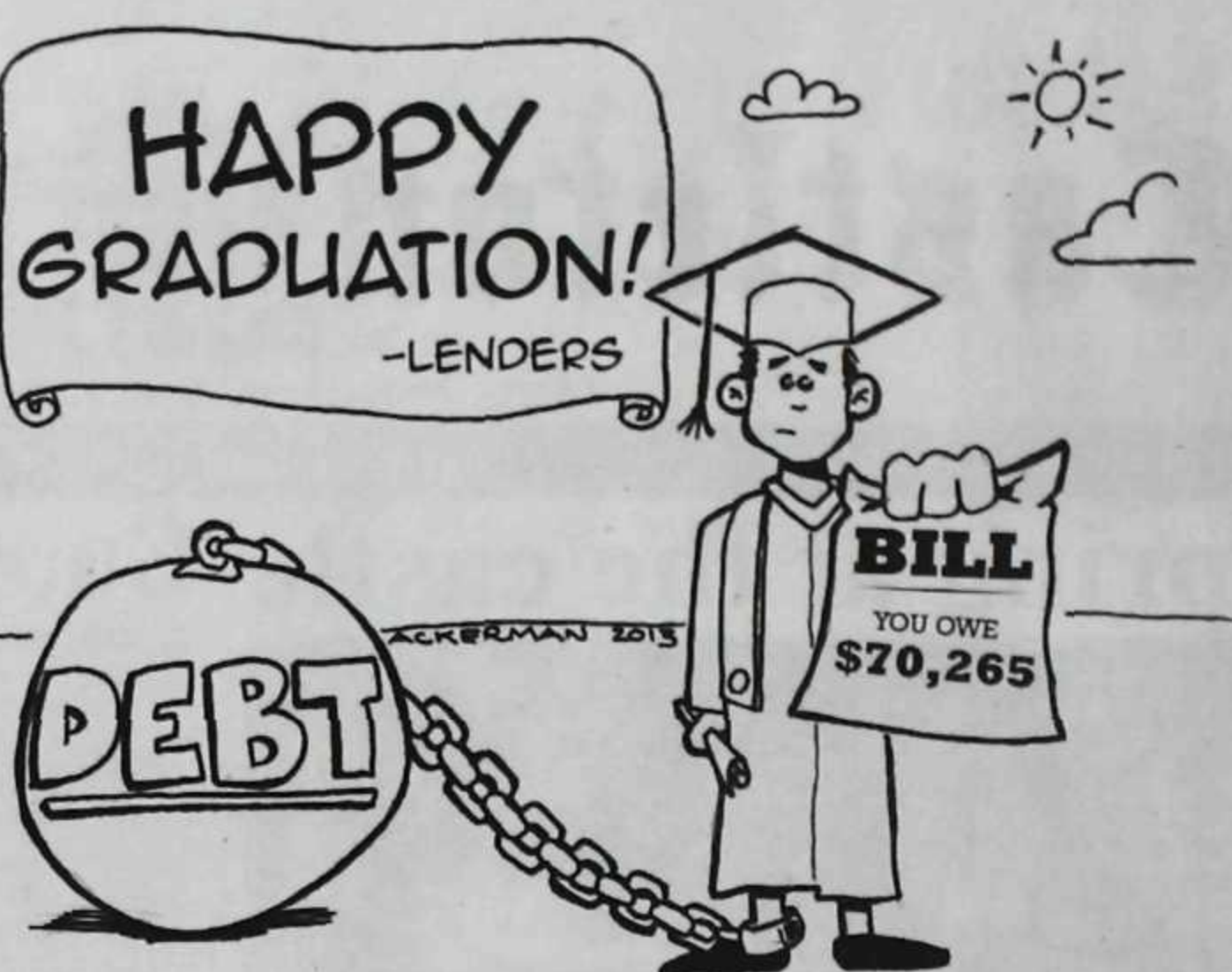
Regardless of the reason, students have damaged relations with community members and we would like to see that relationship mended.

It's sad that we have resorted to paying the police department to watch over our students. It's even worse that the college's Public Safety officers have to help patrol the streets for students.

Even though it's common knowledge that there will be drinking in a college town, including by underage students, we believe there must be a common sense answer to reign in bad behavior without excessive policing and measures that may lead students to make even worse decisions – by driving instead of walking.

We want students to respect residents – but we want residents not to broad brush all students too and we want students to remain safe.

-Leah Ede



The times really are a changin'

Veteran NBA center Jason Collins announced May 6 that he is gay.

"I'm a 34-year-old NBA center. I'm black. And I'm gay," said Collins in the first line of his piece.

"I didn't set out to be the first openly gay athlete playing in a major American team sport. But since I am, I'm happy to start the conversation. I wish I wasn't the kid in the classroom raising his hand and saying, 'I'm different.' If I had my way, someone else would have already done this. Nobody has, which is why I'm raising my hand."

His announcement was met with support from friend and former classmate Chelsea Clinton as well as Kobe Bryant and even the Boston Red Sox.

"Proud of @jasoncollins34. Don't suffocate who u r because of the ignorance of others #courage #support #mambaarmystandup #BYOU," said Bryant in a tweet.

"We salute you, @jasoncollins34 for your courage and leadership. Any time you want to throw out a first pitch at Fenway Park, let us know," the Boston Red Sox said in a statement.

Although some people might note that there have been other openly gay athletes, such as John Amaechi of the NBA, Billy Bean and Glenn Burke in Major League Baseball, and Kwame Harris of the NFL, what seems to set Collins apart is that he has come out during his active career.

Support has also shown through from places seemingly unexpected. Collins' commendable decision to come out has garnered support from the White House and even ESPN's Josh Krulewitz.

"ESPN is fully committed to diversity and welcomes

Jason Collins' announcement," Krulewitz said.

Unfortunately, Krulewitz's comment was prompted by some ill-timed comments from one his own.

ESPN's Chris Broussard, who reports on the NBA for the station, blatantly alluded to some of the challenges still facing this country with his remarks on Collins' message.

"I don't agree with homosexuality," Broussard said on his on-air show "Outside the Lines" on Monday.

"I think it's a sin, as I think all sex outside of marriage between a man and a woman is."

Despite former players coming out after they've secured their savings and a career, Collins has displayed notable courage and honesty as well as integrity in being true to himself.

For most part, as we've seen, there has been acceptance and joy in this step being taken toward social consciousness and support.

However, we still seem to see some less than willing to accept that being gay doesn't seem to be a choice, but being strong enough to honor your identity is.

Despite this prejudicial remark by Broussard—mostly based on the same faith that Collins says he follows too—we see another step in the changing face of America toward approval, diversity and unity.

Another opportunity to have the conversations, give the support and reclaim the multiplicity that defines who we are as a whole.

-Megan Harris

Senior reflects on experience, time spent at Castleton



Over the last four weeks of class, senioritis has been in full swing. In my four years here, I have never been so stressed with what is on my plate. Being sports editor of The Spartan, taking three classes, and an independent study doesn't sound like it would

be too much for this busy-body to handle, but for once in my life school has completely overwhelmed me.

This past semester, I chose to move back home to Bennington, and commute three days a week to school. I also had to get a full-time job in order to afford my expenses.

Between the two, I want nothing more than to get school off my plate.

However, as I come back to Castleton every Monday, Wednesday and Friday to attend class, I realize how much of this small town I'm going to miss.

It might sound foolish, because at first you'd think there's not much this town has to offer, but it's a blessing in disguise. After up and leaving back in December, I never really gave myself a chance to fully appreciate how much fun I had in my past four years in this town.

So, Castleton, my message to you is this; appreciate everything this town has given you. Appreciate the green dump, the closest thing you'll ever have to a beach while attending this school. Enjoy hung-over breakfasts at Birdseye Diner, the only place you can get a milkshake at 8:30 a.m.

and have it sort of be socially acceptable. And enjoy Fishtail Tavern, because once you leave here you'll never be able to get slapped by the tail every week.

Granted it was my choice to send myself home, causing me to do an hour-and-ten-minute commute, but it has made me realize what great memories this town has given me during my undergraduate career.

While many complain saying there is nothing to do, I will admit, this is definitely a school where you have to create your own fun.

Most importantly, appreci-

ate your time with your friends. I have made close friends from California to Toronto, and even Alaska. Once you graduate, you may not lose touch, but it won't be as easy to schedule a simple lunch date, as it was when you were in Castleton.

Thank you Castleton, and to all my wild and crazy friends and professors, for helping me become the person I am today, and giving me some of the best memories in these four years of my life.

-Hannah Messer

Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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Senior Farewell



As I finish up my last few days as a college senior I can't help but reflect on my time here at Castleton.

It seems like just yesterday I stepped foot on campus for the first time as a naïve freshman with nothing but visions of wild college parties, hopes of cake-walk classes and about fifteen fewer pounds.

After several months of celebrating my newfound freedom and lack of parental supervision, I was quick to buckle down and make the most of my college years.

Two internships, several freelance jobs, an editors position and countless hours of field experience later I now realize and can entirely un-

derstand the importance taking full advantage of the benefits and limitless opportunities a small, close-knit school like Castleton has to offer.

Along the way there were sacrifices, such as trading in last summers tan for a summer internship, spending weekends downing in story edits instead of alcohol and being a not so frequent flyer at Sparty parties, but the rewards were much greater.

Now published, employed and experienced I can truly say I have no regrets.

Of course I've stumbled once or twice along the way, let that be clear.

There were plenty of skipped classes, grades I wouldn't exactly bring home to mom and of course a run in or two with Public Safety. But despite the good, the bad, the shitty and the stressful I wouldn't change the last four years for anything.

So just before I trade in my little black party dress for my recycled bottle cap and gown and switch out my drawers full of skinny jeans for nothing but work pants and skirts that strictly fall below the knee, I want to thank all those who have guided and motivated me along the way.

There have been standout professors, who challenged me from the

very beginning to reach for greatness and provided me with more opportunities than ever imaginable.

There have been administrators, who have opened my eyes to business realms I never saw possible and broadened my field experience.

There have been work-study supervisors, who could make even the longest shifts enjoyable.

And most importantly there have been friends, who have provided me with endless support, unforgettable memories and bonds that will be sure to withstand the hands of time.

Without those people, this college, and the last four years I would not be the person I am today.

Though I came to Castleton with mixed intentions, low expectations and a mediocre work ethic, I am leaving a seasoned and well-rounded Communication graduate ready to take on the world of journalism.

I don't exactly know what's next for me, but I do know, thanks to this college, I'm ready.

-Courtney Parker

**The Spartan is the official student newspaper of Castleton. It functions to inform, educate and entertain readers accurately and responsibly. The College, its administration, faculty, student body and staff are not responsible for the content of the newspaper.*

CSC class helps community come together

Castleton Connection

SPORTS AND RECREATION

CALENDAR

PHOTOS

SURVEYS

Inging them in

By Courtney Parker and Martina Marchese

On a cool warm spring day, Rowan is merrily laughing with locals enjoying everything from ice cream cones to mouthwatering burgers and crispy french-fry fries. The aroma makes your taste buds tingle in anticipation.

One of the many frequent visitors to nearby resident Fred Blow, who while showing them on his burger and fries says it's at least a once-a-week occurrence.

Actually that time are captured," said Blow. "They open early in the season and close late, so probably open more often than any other outdoor food place."

A screenshot shows the Castleton Connection site.

By Megan Harris
Castleton Spartan

The Castleton Connection website is the product of a new course at Castleton State College and is doing just what its

title suggests — putting the entire community of Castleton in touch with one another.

The class is being run like a working a newsroom with students constantly working on various feature and hard news stories that end up on [castleton-connections.weebly.com](#).

Professor of communication Dave Blow is teaching the course and said that it came about after about a year of designing.

"Something like this took some time to plan. And I gave up an editing class for this," he said.

"It's a news room setting," he continued. "It's not lectures and tests, but students are actually determining their grades by tracking down stories."

Students in the course agree that the newsroom setting provides a solid opportunity to showcase their skills and experience what work in their field could be like.

"It's good to get outside the college community and get more involved in the community I live in," said student Josh Bassett. "In this class we can venture outside of the college norms. It's definitely been a worthwhile and different experience."

Senior Courtney Parker also agreed that the experience has been beneficial. "It's real field experience in class. We bounce ideas off of each other, do interviews and really make our stories," she said.

One student in the course said she's had an internship, so the experience isn't entirely new. Even so, she agrees that there are valuable things being taught.

"It definitely provides the opportunity to dig deeper into the town. It's so small, some people think there's nothing here, but there are interesting places, people, businesses," said student Bryanna Allen-Rickstad.

The site is proving to be worthwhile, not just for the class, but for the com-

munity as well.

"We get a lot of hits," said Blow. "No one else was doing it and we are."

Castleton Connection has even gained some recognition from the community in terms of feedback.

In an email from the State Police Lt. Charles Cacciatore, he thanked Blow for posting the link to site on [frontporchforum.com](#). He said that there were "Great stories on the Castleton Connection...thanks for posting the link."

Even with all of the positive feedback, Blow says there are still some kinks to work out, however.

"I'm very happy with the product but I'd just like to see more — which is typical me," Blow said smiling. "I'd like to do it again, but with a little more structure — less milling about. Sometimes people take advantage of the lack of structure," he said, "but I get to grade 'em."

For some grads, it's off to work

By Bryanna Allen-Rickstad
Castleton Spartan

As graduation nears, many students are anticipating the excitement of a new chapter in their lives.

Caps and gowns, the diplomas, the graduation parties; all leading up to the simple act of leaving the place and people that have been home for the past four years.

Some are nervous, most are excited. But what happens when the adrenaline and champagne wear off? For some students the answer may be unclear. But for others, they are already making a dent in the universe.

Senior Jeremy Benoit is about to receive a diploma in sports administration and already has a solid job waiting for him as soon as he takes off his gown.

Benoit will be working as a football counselor at a prestigious athletic camp in Western Massachusetts. He found the job on the NCAA Job Market website, and after sending in his resume, he went through three Skype interviews and was eventually told that he would be perfect for the position.

"I am beyond excited for this job," said Benoit. "It not only gives me a chance to build my network, but there is room to work my way up the administrative ladder."

Although the economy has been harsh toward college grads over the past few years, Benoit was not worried at all, saying he knew that "his piece in life would fit somewhere into the grand puzzle."

Ben Petrie is another senior majoring in sports administration, and yet his job prospects are leading him in a completely different direction than Benoit.

Petrie will be working as an outside sales associate for the Vermont Lake Monsters starting this spring. Petrie will be in charge of maximizing sales revenue while maintaining current contacts and building new sales.

"This is a chance to get my feet wet in this type of business," said Petrie, who has been passionate about baseball his entire life.

Petrie is from Chittenden County and has been involved with the people and sports of the community for years.



COURTESY PHOTO ILLUSTRATION
Ben Petrie works in his internship office for the Vermont Lake Monsters.

"Being active in the community has helped me get this job. I know a lot of people and faces," said Petrie, who walked into his first interview in January and real-

ized he knew the people interviewing him.

"It's about who you know and doing what you love. You have to work hard and do what you need to in order to be happy and successful. This is an opportunity for me to see if this is my calling."

Caylee Fleury has found her calling. Having a double major in social work and sociology, she has several career options to choose from once she graduates.

Fleury has spent the year interning at the Park Street Program in Rutland, which is a branch of the Howard Center located in Burlington. As an intern, Fleury works with young boys who are emotionally and behaviorally disturbed. After her first semester as an intern, she proved to be so effective with the children that the program offered her a job as a residential counselor.

Fleury is also working as a part-time special educator at the Fay Honey Knopp Memorial School, and has the potential to work there after graduation as well.

"So no matter what," Fleury said. "I have a job in social work and sociology when I graduate."

However, many students across the country are not as confident or as lucky. According to a recent study done by USA Today, only 47 percent of graduating seniors get a job relating to their major directly after college, leaving the remaining graduates to navigate the waters of unemployment.

"It's so hard to get a teaching job without years of experience," said senior Emily Sweeney, who is majoring in Education and has been on the hunt for a job.

She is not the only one. A recent study done by the Center for College Affordability and Productivity found that nearly half of all American graduates were underemployed, holding relatively low-paying and low-skill required jobs. Of those graduates, roughly 37 percent had jobs that required nothing more than a high school diploma.

Although the availability for degree-related jobs is ultimately suffering, students here at Castleton still have hope that they will eventually get the job they want.

"I will have to work my way up," said Sweeney. "But I will keep applying for teaching jobs because that's my main goal and what I came to college for."

Showcasing student scholarship

By Megan Harris
Castleton Spartan

Junior Chelsea Sheehan stands professionally with her hands tucked behind her back, waiting for someone's interest to peek enough for them to stop and ask her about her poster.

The title, "Time to Weigh In," lines the top and when asked, she begins her well practice and strong presentation on body image, perfectionism, eating disorders and self-esteem.

"In the end, what we found," Sheehan concludes after about seven minutes of carefully thought out points, "is that self-evaluation 'image' tests can be really harmful to girls and women in young age groups."

"By simply asking a participant to disclose or not disclose their weight and height, as well as their reasoning for disclosure or nondisclosure, we found a way to look at whether or not revealing your weight and height correlates to your risks of eating disorders."

Sheehan was just one of the many students lining the 1787 room May 2 to celebrate their scholarly work with the greater college community and their peers.

Although many departments already require final project presentations, theatre and dance recitals or capstones, this event allowed for students in every discipline to come forth and show their work in a more general and open setting.

Students presented more than 20 different projects featuring anything from scientific studies on social support for injured athletes to the effect of indigenous peoples on Latin American culture.

Associate Academic Dean Ingrid Johnston-Robledo, who helped organize the planning community in charge of the event, said she was really happy with the turn out.

"Not only with the people who came out to show support of the students, but that so many students were willing to participate...I can tell they have such ownership over their work," said Johnston-Robledo.

Johnston-Robledo, who suggested the idea of the end of the year showcase, said the idea came from her work with another institution.

"We always did a big end of the year exhibition, so I thought it would be something great to do here as well," she said.

Academic Dean Tony Peffer applauded the event and the students involved in presenting their work.

"Teaching is the core of who we are as a school, but one of the things we are trying to teach is how to be a professional in a chosen field," said Peffer. "So, I see the research and creative endeavor as really the application of what's been taught."

Peffer said that this type of presentation space leaves him feeling proud of students work.

"Professors are mentors, but this is re-



JOSH BASSETT/CASTLETON SPARTAN
(From left), Professor Brendan Lalor, Librarian Sandy Duling and professor Bill Kuehn gather around Ryan Ackerman's presentation on editorial cartoons.

ally, in reality, all their work," he said.

Students seem to be excited about the opportunity to present and discuss their work as well.

"Although we haven't gotten test subjects to test out our theories, we have been working a ton on how to actually present our findings," said junior Anna Olsen, whose work with professor Melinda Mills focuses on female exercise and socialization.

Junior Ryan Ackerman, who presented on his editorial cartoons in The Spartan, said the opportunity was new to him.

"It's cool especially for me. The cartoons go into the paper, I don't get to see the reaction. And now, I see people walking by and laughing and that's great," Ackerman said smiling.

"That's the hardest part," he adds, "refining an idea to make it funny and current and applicable."

Johnston-Robledo hopes that this will become a bigger annual event that helps to promote the hard work students from all departments engage in.

Castleton Quips

MartinaMarchese
& Sondra Olds

Question:
What are you most
afraid of regarding
graduating?



Evan Haley

"The job market."



Kelsey Robbins

"Loosing contact
with my friends."

Alex Dodge

"Not getting a job."



Eric Pollica

"Paying off my
loans."

Kris Jolin

"Getting home-
work in and pass-
ing classes."

Breaking out of social norms

By Kaylee Pratt
Castleton Spartan

Has anyone been wondering why there have been odd things going on around campus like people eating mayonnaise out of a jar, and holding a sign that asks for money even though they don't need it?

Sociology professor Paul Derby has the explanation. Derby explained last week that these students were completing something called the Capstone Seminar and Sociology Project, required of his senior graduate students. This research experiment had to be original and be approved by Derby and the sociology department at Castleton State College. These projects were carefully evaluated so they would not put anyone in harm and sign-offs were required.

The idea of this project was to breach a social norm. Students were asked to go around doing socially unacceptable or inappropriate actions that would get people to react. In the experiments, people

were videotaped and asked about their initial reactions.

One group did an interesting project with mayonnaise and money. The first experiment involved students holding a sign on campus that said "I don't need money I just want it." Most students just walked by and laughed, according to one of the experimenters, Samantha Barrale.

Then they went to Rutland, where people's responses were quite different. One man actually gave them \$5 rather than giving another man 50 cents, a man who looked like he actually needed it. This money was returned and the man was informed it was only an experiment.

The next research idea was to walk around with a mayonnaise jar, which was actually filled with vanilla pudding to see how people would react. A lot of contorted facial expressions and odd conversations ensued at the apparent mayonnaise munching, they said.

Overall, Barrale said the reactions they received from people



PHOTO CREDIT: SAM BARRALE

Sam Barrale and Kate Seager pose with a sign for a sociology project.

were not at all what the group had anticipated. Their hypothesis was that people would act surprised or confused, but people seemed to accept the situations. She said that society has changed a lot and with all of the things shown on television, these things seem normal to most people.

This wasn't the only experiment happening on campus. There are

others that include investigating hookup culture, Castleton Green Campus Initiative and awareness, condom use at Castleton, gender confusion and horseback riding therapy among others.

On May 14, all of the students participating in this project will be presenting publically in Leavenworth Hall, and Derby encourages the public to attend.



KATIE SAULT/CASTLETON SPARTAN

Mark Flanagan and Dave Carrier spin their bumforks.

What the fork?

By Leah Ede
Castleton Spartan

Sitting straight in a chair, legs and bare feet crossed under him, Dave Carrier mindlessly spun a bent fork around his fingers.

"You are nothing without your bumfork and your bumfork is nothing without you," Carrier said with a smirk.

To the unaware, bumforking involves playing with a fork that is contorted and sometimes used to spin around your finger. But bumforkers say the creative possibilities with these mangled forks are endless.

Carrier said he originally created the bumfork on St. Patrick's Day when he picked up a fork and began to bend it.

Since the first initial bumfork, Carrier said he has made about 16 others and co-designer Mark Flanagan has made three.

The group of bumforkers began with five and has expanded to about 12. Carrier said anyone can join, but he prefers if only he or Flanagan creates them.

Fellow bumforker, Kyle Tanner, said he

doesn't consider the group a club, but instead an elite assembly you have to be inducted into.

"Present yourself to Dave and you may get one," Tanner said with a sly smile.

Carrier said the name bumfork came from the fact it's a fork and it's something they could see a bum using.

"It's such a haggard, vile name to match the look," Carrier said. "This would be the tool a bum would want and need."

Forks are bent three different ways. The preacher's finger is pointing straight up and is meant primarily for intimidation. Two prongs are bent forward, which they call the vipers fangs and are meant for taking food and opening things like beer bottles or doors. The last prong is called the Maiden's wrath and is mainly used for spinning the prong around their finger, Carrier said.

Kyle van Gelder is currently out of bumforking commission due to a broken arm, but he said he's impressed with what his friends have done with the creation.

"It's really interesting," van Gelder said. "It's really an art form."

Carrier and Flanagan said they have taken bumforking to a new level by having duels and even writing rules. For example, one rule states that if you are eating and you see a fellow bumforker, you must attempt to steal their food.

"I was going to write it [the rules] on a piece of toilet paper to make it more bummy," Flanagan said with a laugh.

Tanner said the bumforkers duel on a regular basis and must accept the challenge when presented -- even if unprepared.

"You can either have a spin duel or a regular duel," Tanner said while demonstrating. "A spinning duel is two oncoming forks and whoever's remains spinning and doesn't fall off wins. But the actual duelist duels are where you tap the end of your opponent's fork and that's how you win."

But at the end of the day, all that really matters for the bumforking gang is their friendship and their forks.

"It's just a group of guys hanging out with their forks," Carrier said while spinning his bumfork.

SGA kicks down for a new tent

By Leah Ede
Castleton Spartan

This year's graduation will have a new tent thanks to the Student Government Association donating \$100,000 to the school at its May 1 meeting.

The amount donated will cover almost half the more than \$200,000 cost of the tent. That figure also covers set up, tear down, cleaning and storing.

Colleen Kunz, a current delegate and next year's secretary, said she is all for the donation.

"It's a good investment," Kunz said. "We use it about six times a year. Everyone will have the chance to use it."

At the same meeting, Vice President Corrie Keener said SGA members might even request some sort of emblem on the tent to show they contributed a hefty donation.

"It's free publicity for the SGA," Keener said.

Also at the meeting, Keener suggested donating \$3,930 to help fix the senior class window from 1927 in Woodruff Hall. The window is currently in brutal shape due to the many windstorms, she said.

"It would just be a nice gesture," Keener said.

At a previous meeting held on April 24, Vice President of Academics Erica Bilodeau spoke about sending out invitations to everyone nominated for the award ceremony.

Bilodeau hopes that by keeping the award winners names a secret, there will be more people at the ceremony out of curiosity.

Also at the meeting on April 24, Keener said that she had been having trouble figuring out how they were going to get seniors from graduation practice to the candle lighting. But it looks as if they may have found a way.

Any senior who attends the candle lighting vigil will then get a senior shirt.

"Anyone with a senior shirt will have free admissions to Fish Tails to walk the plank," Keener said.

Sparty Secrets expanding comfort zones

By Rebecca Roe
Castleton Spartan

Writing her secret down on a tiny piece of paper, Tiauna Leddick drops it into a brightly colored box with example post cards pasted to it.

"Shhh, it's a secret," Leddick said, leaning in close to whisper. Leddick is pushing to keep the secrets alive.

"Sparty Secrets is a way for people to express themselves without fear of judgment or retribution," Leddick said.

For the month of April, boxes were placed in the Campus Center, Coffee Cottage, and in Haden for students to put their secrets in anonymously.

"The idea came from attending a workshop at a conference this fall at the New England College Health Association annual meeting during which, the director of the counseling center at Boston University described their very successful implementation of 'B.U. Secrets,'" said the Wellness Center Director, Martha Coulter.

Coulter continued saying "our most compelling motivation is to let students know they are not alone and that they should speak up and reach out for help if needed to create an open and safe forum for students to express their secrets, regrets, fears, desires, and talents," she said.

So far, there has been some positive feedback from

some, like Maria Caccurese.

"It's not meant to hurt anyone, it is voluntary activity and identities are kept anonymous," she said. "I think Sparty Secrets is a good thing."

Even with Coulter's high hopes that the program will help students, and despite the positive feedback, not everyone feels the same way.

"I don't know why they have it—secrets aren't meant to be shared," said junior, Amanda Zuber. "I don't want people knowing my secrets."

Some students feel it's silly to put a secret on a note-card because they believe that others will abuse it.

"It has good intentions, but the problem is that a lot of the community here doesn't take things seriously," said Ali Manolla.

During the month of April, the Wellness Center received many sincere cards and they would like to be able to put them on a bulletin board in the campus center.

"We really need to receive more postcards than we have received to fill up a bulletin board," Coulter said. "I think that we have learned that we need to find the best way to contact our Castleton students to express our reasons for doing this and why we think it's helpful."

Though this is a new campaign on campus, it's unknown as to whether or not the Wellness Center will continue to do Sparty Secrets in the future.



PHOTO ILLUSTRATION/COURTNEY PARKER
A student stuffs a secret into the Sparty Secrets box.

"We are not sure if we will undertake the Sparty Secrets campaign in the future," Coulter said.

Much, she says, is dependent on the benefit it will have for the community if it is to continue.

Movie review: Iron Man 3

By Josh Bassett
Castleton Spartan

Iron Man 3 soars into theaters beginning the summer blockbuster season with a simple premise. As Iron Man is just a suit of armor, it begs the age old question: does the man make the suit or do suits make the man?

Luckily with Iron Man 3 you get an answer to that very question.

The last time we met up with Tony Stark, he nearly died after going into space to get rid of an atomic bomb and nearly died. Stark has developed anxiety based on the events in New York which are haunting him and causing him to be unable to sleep.

He has become something of a recluse just staying in his mansion tinkering with his suits. However a horrific attack at Mann's Chinese Theater brings Iron Man back into the picture as it has now gotten personal.

As the first movie follow-up to The Avengers, Iron Man 3 has a lot of expectations to live up to. Depending on your movie going preference you will either enjoy it or really dislike the new direction of the franchise. Shane Black directs the film, the writer of Lethal Weapon, and you see a lot of differences between this film and the two previous films directed by Jon Favreau.

The result is a much more notable feeling of gloom than the other films. Luckily another great performance by Robert Downey Jr. as Stark keeps the film from ever feeling truly gloomy.

The supporting actors all were great in the film, with Don Cheadle playing Stark's on again off again friend James Rhodes as War Machine, who has now been rechristened as Iron Patriot as a friendlier name for kids than War Machine. However, Gwyneth Paltrow's Pepper Potts really anchors the film.

Potts' character really grows over the film, especially when compared to the Potts we met back in the first Iron Man film.

Though the movie staggers to a finish towards the end, it is still a must watch if you saw the other six films that took place in the Marvel cinematic universe that took place before this movie. Iron Man 3 begins the summer blockbuster season as a success.

BEAT IT! A benefit for cancer



BENJAMIN CARSTENS/CASTLETON SPARTAN
Connecticut Central State College a capella group DIVISI performs for the cancer benefit concert held in the FAC Friday April 26.

Game review: Dead or Alive 5



By Dashiell Monder
Castleton Spartan

"Dead or Alive 5" is a two-player fighting game made by the developers Team Ninja and the publishers Tecmo Koei—the Japanese company responsible for the "Dead or Alive" series. The game came out for the Playstation3 and Xbox 360 in September 2012, but is still current enough to play in 2013.

Besides the PS3 and 360, players can also engage in on-line fighting one-on-one with other players.

Some of the characters are Kasumi, a female runaway ninja who is currently trying to defeat her clone Alpha-152; Bayman: a Russian soldier/assassin, now a mercenary who is extremely strong and was almost killed him by a mysterious killer (but we don't know why) which left him a vicious scar across his face.

Another is Bass Armstrong: the father of Tina Armstrong, and a former American professional wrestler who became a worker on an oil platform worker after his retirement from

the ring. In addition, there's Lei Fang: a Chinese female star of T'ai chi ch'uan. She travels and spars now and dreams of being champion in the "DOA5" tournament.

The graphics in the fighting sequences are stunning, and the characters' outfits fit their origin and style of fighting, as well as personality.

Game reviewers gave "DOA5" generally good ratings. Games Radar gave it 4 stars out 5 stars. International Gaming Network gave it an 8.8/10, and Edge Gaming gave it a 6/10.

As for this gamer, "DOA5" gets a rating of 9/10. Each of the different battle sequences has music that helps a player get pumped. With the chance to play the story line from different characters' perspectives, awesome graphics and lively characters with great background stories, "DOA5" shouldn't be missed.

This gamer rented "DOA5" from GameFly.com before deciding to buy the game. I decided it is worth owning, so I can have fun playing it whenever I want.

Have an extreme blast playing "Dead or Alive 5", and enjoy the amazing storyline!!

Music review: Stevie Wonder

By Alexandra Johnstone
Castleton Spartan

I Wake up to Stevie Wonder. Walking to class, more Stevie Wonder. Going to bed, yup, Stevie Wonder.

At any point during the day, I can listen to Stevie Wonder's "Fulfillingness' First Finale" album and feel utter joy inside.

If my day has taken a turn for the worst, I play this album to cheer myself up and whistle to the melody. I've never enjoyed an entire album as much as I do this Stevie Wonder classic.

When I first heard this album, I was incredibly surprised when I realized I had listened to the whole CD without changing the song once. After I heard "Fulfillingness' First Finale," I explored other Stevie Wonder songs and quickly decided he was my all time favorite artist. I listened to such an array of Stevie Wonder songs my dad didn't even recognize a few I played.

My father and I play, "If you were stuck on an island and had to pick five artists who would they be?" quite a lot and each time Ste-

vie Wonder never fails to be in my top choices.

"Please Don't Go" is my favorite song off the album. My father and I have marked it 'our song,' maybe because the feeling and melody of the song can turn my mood completely around.

When this album was released in 1974, it hit the top pop charts and remained there for an impressive two week time period. Later in the year the album was nominated for album of the year and led to a Grammy. Amazingly, Wonder was signed to Motown records at the age of 7, despite being fully blind since shortly after birth. I'm still in disbelief that someone who hasn't seen the world can write such meaningful and colorful music.

Throughout this album, Wonder plays all the instruments in every song and also wrote every song himself. The talent he shows compared to singers now is unbelievable. This is my favorite album for more reasons than just the music. It's rare that you like each and every song an artist produces. I encourage anyone to listen to this album, hopefully others enjoy it like I have and continue to do daily

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Couples talk kids, careers and PMS 'I got chills'

Continued from Page 1

"I wasn't going to say this, but the biggest hurdle is when we're PMSing at the same time," said Meredith Fletcher. The comment earned her a round of applause from the audience and a slight roll of the eyes from her wife.

The Klatts discussed their focus on career and the mutual decision to not have children.

"We just really enjoy spending all of our time together," said head football coach Mark Klatt. "Our careers came first."

"We're so busy. We'd probably forget to feed them," said Colleen Klatt.

"They made the conscious decision to not have kids, while we made the unconscious decision to have them," said McEnerny referencing an earlier discussion on how he and his wife became pregnant in college and they found out while they were on different continents.

The audience remained active throughout the event and seemed to take away genuine lessons.

"I learned that as long as the person you're with is a



PHOTO CONTRIBUTED BY MARTHA COULTER
The Klatts (left) and the McEnernys (right), speak during a panel on long-lasting relationships.

decent person, you have a lot in common with them, and you're willing to work on things you'll end up happy," said Castleton senior Grace Herzog who was in attendance. "I would definitely go to another one."

You're it!



BENJAMIN CARSTENS/CASTLETON SPARTAN
David levoli aims his laser gun during a recent game of laser tag which Campus Activities Board brought to campus Wed. April 24.

Fluke shares opinions

Continued from Page 1

Fluke spoke about violence against women, abortion rights, human trafficking, the recent marriage equality laws that have been passed and equal pay.

"On average a woman will make \$300,000 to \$400,000 less than a man in their lifetime," said Fluke with utter conviction. "The first job out of college women immediately make less than men," she said drilling the point even further into the brains of the female students sitting in the audience.

She mentioned the importance of U.S. involvement in these issues.

"We have an opportunity to show leadership in these areas and create ripple effects around the world," said Fluke, emphasizing the importance of United States involvement as a world leader in social rights.

Fluke said that feminism is more of an equal rights issue than a women's issue and that by claiming the label of "feminists," we publicly fight the stereotype.

"No one should be limited by their gender," said Fluke.

Some say behavior hasn't worsened

Continued from Page 1

According to Marciano and Godlewski, Residence Life and Public Safety try to take a lenient approach when it comes to student consequences.

"We're trying to teach them life lessons," Godlewski said. "We're trying to teach them the difference between right and wrong."

Marciano said Residence Life approaches consequences in a similar fashion and tries to get to know the students on a personal level in order for them to learn from their mistakes.

"We want to help everyone. But I don't know where that line between helping and enabling is drawn," he said.

While they may be walking a fine line, veteran student

Stanti Schonbachlor attests that the message is getting through loud and clear to the majority of students.

"This year alone we've made a lot of improvements. We've made leaps and bounds, especially in the four years I've been here," he said.

Making social changes is a progression and Schonbachlor is hopeful that the improvements will continue on campus and stem into the town in the future.

"There have been incidents in that past, and this year as well, and we need to build a better relationship with the town," he said.

Like Schonbachlor, Godlewski is looking forward and is hopeful that students have reflected on the year and will be making positive resolutions in the future.

"If they make a mistakes that's O.K.," he said. "Move on. Learn from it."

Continued from Page 1

finish her story.

"I think it's a really empowering moment for people," said Bremel.

Though only a handful of stories were shared over the hour, they were all the scariest, saddest stories you could imagine.

One moment stuck out in particular.

A girl got up to share her story and she did, but when she did something especially moving happened. The two people sitting next to her immediately when over and placed their arms around her shoulders consoling her after she sat down.

Even though tears were shed, sadness was not the only emotion swirling around in the pavilion that night.

Both Barrale and Bremel mentioned the kind of courage and pride that it takes to speak up and share your story in front of friends and strangers.

"It can change a person's whole life...people also realize they are not alone" said Bremel.

Bremel was quick to point out that the event was far from only time students can get help on campus mentioning the PAC phone line and the many trained PAC students.

Though both Barrale and Bremel were pleased with both the rally and the speak-out, both believe there is still room for improvements.

Barrale noted that there were not many men present, and that there are certainly more victims who stayed away too.

She said statistics show one in four is assaulted at one point in college.

"I know that there are many other survivors on campus who did not attend," said Bremel.

Even though they realize there are likely ways to increase the rally, both were happy with the turnout and how enthusiastic everyone was.

"Everyone that was there wanted to be there," said Barrale.

Ed. students honored

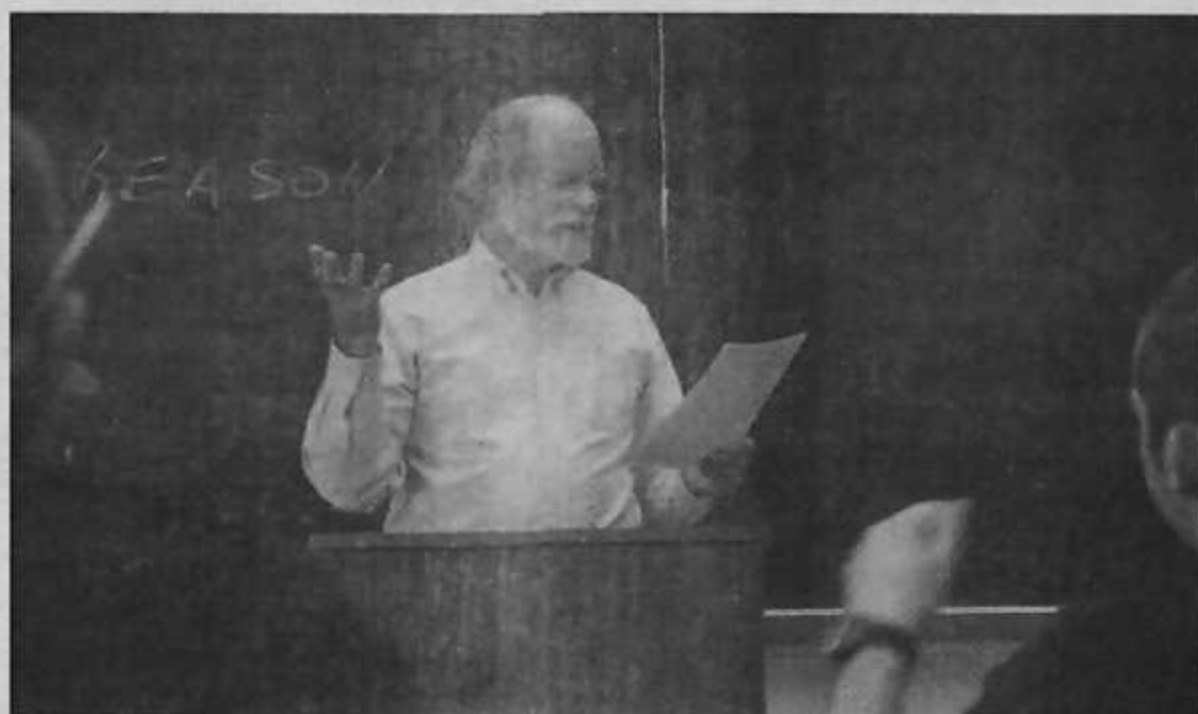
The Education Department at Castleton State College initiated 20 new students into Rho Theta Chapter of Kappa Delta Pi, the international honor society in education.

Membership is extended to undergraduate and graduate students, faculty and professional educators who have demonstrated outstanding scholarship and leadership. The top 10 percent of those entering or working in the field of education are members of the Society.

Kappa Delta Pi has more than 45,000 members in over 582 collegiate and professional chapters in colleges, universities and communities throughout the United States and around the world. Distinguished members have included Albert Einstein, Eleanor Roosevelt and current leaders in education Maxine Greene and Howard Gardner.

The recent inductees into Castleton's Rho Theta chapter include Sam Bonasera, Kelsey Burnell, Amanda Burnham, Courtney Donovan, Amanda Flodstrom, Megan Greeno, Corinne Healy, Kerri Hoag, Julie Ketcham, Brett Lertola, Karen Martin, Megan O'Brien, Abigail Peltier, Stephanie Perkins, Daniel Rivers, Haley Staats, Emily Sweeney, Jessica Taplin, Sara Walczuk and Alyson Wheeler.

Long-time professors rack up the years



BENJAMIN CARSTENS/CASTLETON SPARTAN
Long-time professor Bill Kuehn leads a class.

By Andrew Muse
Castleton Spartan

They have been at Castleton through eight different Unites States presidents. They have seen Leavenworth hall burned down and then rebuilt, and saw a whole new sports complex built on campus.

"They are both among the most student orientated faculty at Castleton," said their longtime friend and colleague Robert Gershon. "Both are great for the school and good friends of mine as well."

Meet Bill Kuehn and John Gillen, two professors who have seen 42 and 43 years respectively of Castleton history happen right before their eyes.

"It's a great place to work the students are great and the faculty is enjoyable to work with," Kuehn said enthusiastically. "I love the area. Maybe my only complaint is it is getting too warm in the winter."

Gillen and Kuehn began work at Castleton in 1970 and 1971, respectively, at a much smaller school that not many people knew about outside of Vermont.

"I knew everybody that worked here including dining hall staff," Kuehn said. "It's no longer the case anymore. Too many people to keep up with."

To have such longevity at anything it takes hard work and being able to find reasons to stay.

Gillen starts each day struggling to get out of bed between 7:30 and 8:30.

"I'm a night person," he says. Every morning he has his cup of coffee and a hot breakfast of either a fried egg or oatmeal. A cold shower helps wake him up, but he notes that he also tries to park as far away in the big parking lot as possible from his office in Leavenworth to help him shake his sleepiness.

"Waking up early is hard," Gillen says. When he finally makes it to his office, depending on the day, he prepares himself for one of the three to four different classes he teaches including effective speaking, touchstones, moral dilemmas or great ideas.

About 28 years ago Gillen also started the Soundings program here at Castleton as a way to re-introduce students into the

liberal arts.

"We want our students to pursue their vocational goals," Gillen said. "We don't want them to ignore other opportunities though and through Soundings we give them other possibilities to explore and be interested in."

Soundings has grown enormously since it started now offering as many as 22 different events from music and lectures to dance troupes and interviews.

Gillen contends that one key to his success is staying in shape by going to the swimming pool two to three times a week as he has done for the last 20 years for both his mental and physical well-being.

"I enjoy what I do," Gillen said with a smile. "A lot of people these days don't like their jobs for whatever reason, but I like mine. It allows me the opportunity to implement my ideas and that is what keeps me going."

For Kuehn, well, he likes to start his day with some cantaloupe, a cup of Joe, some whole wheat toast and the Rutland Herald. An avid skier, Kuehn will get up an hour and a half earlier than usual to get to the slopes and rip it up at Killington for an hour or so before making his 12-mile commute to school.

For the last 11 to 12 years, Kuehn has brought his FYS groups to West Haven where on the side of the road at a popular but illegal dumping spot they pick up trash. They break up into teams of pickers, baggers and recorders. Basically what they do is pick up all the trash and record what is being thrown out to see who is dumping what and what can be done to stop it.

"The students end up learning about different people," Kuehn said. "It's a good lesson in sociology actually and it's a good way for them to bond."

Also a practicing attorney with his law office at Castleton corners he will usually stop by before and after school just to



English professor John Gillen lectures in class.

check up on things.

In the fall Kuehn usually has a full plate of classes teaching 15 credits worth of classes that include research methods and sociology proctorship but in the spring he dials back to about 12 credits.

"My key to success is Balance," Kuehn said with assertion. "You have to have your priorities straight, when you become overwhelmed at work your life can fall apart so you really want to balance out what you need to do with what you want to do."

Both Gillen and Kuehn found what they were looking for at Castleton and haven't looked back yet.

The times may have changed and so has the campus but one constant has remained the same at Castleton over the last 40 years and that is John Gillen teaching writing and speaking classes and Bill Kuehn teaching Sociology class.

"The students have been inspiration to be here," Kuehn said. "I've never had a student make my life miserable, bothersome employees don't last."

Spartan Standouts: Nohea King



By Ryan Cave
Castleton Spartan

Senior men's lacrosse and cross-country captain Nohea King loves a good foot race. Whether it's on the trails or on the turf, the St. Albans, Vt. native has been running the show, capping off his Castleton career with a NAC conference championship trophy and all-conference honors. I sat down with King to find out more about Castleton's flyin' Hawaiian.

Q: Where are you from?

A: I was born in Honolulu, Hawaii. My parents moved to St. Albans, VT when I was 5 and I've been there ever since.

Q: When did you start running cross-country?

A: When I was in seventh grade, my older brother was a runner so when I had the opportunity to compete with him I couldn't resist. He was a huge motivator for me growing up and still is to this day.

Q: What's your favorite part about running?

A: I run because I am able to be more internally motivated through the constant progression of my times and trying to beat myself.

Q: If you had to choose one or the other, what would it be?

A: I would choose lacrosse. As I got older, being able to rely on teammates and having their support has been great thing.

Q: Why did you choose Castleton?

A: I have a big family, so being close to home was important to me. I wanted to play sports in college so Castleton was really just the right place for me

Q: What is your favorite pizza?

A: Hawaiian, naturally.

Q: What is your favorite memory from Spartan Stadium?

A: Honestly, this past weekend was probably my favorite memory. Capping off my senior year by bringing the trophy back home was an awesome experience.

Q: What's next after Castleton?

A: I have student teaching in the fall, after that I plan on becoming a high school physical education teacher and coach.

Softball stumbles in NAC final

By Ryan Cave
Castleton Spartan

Castleton softball team advanced to the first NAC championship in program history after winning the semi-final match taking down Lyndon State 8-0, but fell to Husson in the championship 6-0.

Taylor Lively threw

seven strikeouts in the first game to give her 500 for her Castleton career.

"I knew that I was close to 500 but I didn't think I would be able to reach it before the season ended" said Lively "It felt great having it be the third out of the inning being able to celebrate with my team, it was a really great way to

end my career"

The ladies would struggle to keep the fire burning in the Championship against the lights-out pitching from Husson's Becca McCarty who pitched a slim one hitter for the win.

The Spartans battled, down two runs for the first four innings, but the spark

just wasn't there for the Castleton bats. Sophomore Kayla Daigle was the only Spartan to reach base.

"It was a great opportunity to be a part of the first team at Castleton to compete in the NAC championship game" said Daigle "It's an experience I will never forget, I can't wait

to relive it next year"

Three Spartans were honored for their outstanding play in the NAC tournament, Kristy Pinkham, Stephanie Sylvester and Taylor Lively.

Castleton wraps up this season with a record of 18-21.



KATIE SAULT/CASTLETON SPARTAN

Kate Auer reaches to catch a ball against Thomas College in the NAC championship game.

We are champs once again

By Andrew Muse
Castleton Spartan

Castleton came out after the half ready and focused as they outscored Thomas College 12-4 in the second half to secure their second North Atlantic Conference Women's Lacrosse championship in a row as they won 21-12 last Sunday at Spartan Stadium.

With the win the Spartans also clinched a spot in the NCAA tournament for the second year in a row.

We are really excited about winning," Head coach Mary Kate Scardillo said. "Every year is a new year and we worked hard this year and to win again feels good."

Amanda Flodstrom had a tremendous game garnering career high 11 points on five goals and six assists. Sarah Clark scored four goals, Mariah Lesure scored two goals and had five caused turnovers and NAC tournament MVP Brandi Whittemore scored two goals in the winning effort.

In the first half it was a back and forth contest as each team had an answer for the other. Clark put the first points on the board just a minute and 45 seconds into the contest. Thomas responded with a goal at the 25:13 minute mark to tie the game up at one.

Flodstrom gave Castleton the lead again four minutes later, and a minute later Jessica Taplin scored to put Castleton up 3-1.

The Terriers scored two goals in the next two minutes to tie the game at three. Flodstrom answered with a quick goal only eight seconds later to retake the lead for Castleton. Thomas wouldn't go away though and they scored three goals in 34 seconds to take the 6-4 lead. Castleton responded with three goals this time to lead with seven. Castleton and Thomas each scored two more goals each to close out the half with the score 9-8 in favor of the Spartans.

In the second half Castleton came out with a desire to win and it showed as they started it on an

11-0 run. Eight different Castleton players scored during the stretch of goals including Flodstrom who had three goals and Clark with two.

"We talked at half about things we felt we were doing good at and things we were not doing good at," Scardillo said. "We started fresh as if it were the beginning of a game and we focused on things like winning the draw often which contributed to a few goals."

The Terriers were able to score four straight goals in the last nine minutes of play before Blake Wardwell answered with only 1:23 left in the game to end the scoring and the game at 21-12 in favor of the Spartans.

The Spartans ended the game with an 18-8 advantage in caused turnovers. They also had twice as many draw controls with 24 as opposed to the Terriers 12. Castleton also took 44 shots while Thomas only took 20.

Brittany Premo played well for the Terriers recording four goals,

seven ground balls and six draw controls. Ceara Didiase and Jennifer Day both had three goals for the Terriers.

Thomas ended its season with an 11-5 record the best in the programs history.

On Thursday, May 2, Castleton hosted Norwich for the senior game and won in dominating fashion 18-3. Castleton will lose six players to graduation including Lily Derbyshire, Jessica Taplin, Charlotte Farrell, Cori Healy, Samantha Bonasera and Julia Lesure.

"This senior class is first that I have coached all four years at Castleton," Scardillo said. "I watched them grow for four years and this year they really took on the leadership role, they were proud to lead the team."

However, their season is not quite over yet as they advance in the NCAA tournament. Their opponent and game date has not yet been announced.

Spartans fall short in finals

By Deven Savage
Castleton Spartan

The Spartan baseball season came to a close Monday with a 4-2 loss to Husson College in the North Atlantic Conference finals that finished at the Spartan's presstime.

After an unexpected delay, the team played twice on Sunday looking to keep their championship hopes alive. In both games, they managed to put together a ninth inning rally to seal their victories.

Adam Greenlese took the hill in the first game allowing just two earned runs while striking out six. His offensive weapons were strong as his team jumped out early with a 1-0 lead after Connor Hoagland drove in Joe Borowski from second. Next inning they added two more to the tally leading 3-0. It didn't last long though when Colby-Sawyer's Lapple drilled a triple down the line scoring his teammate in the fifth.

Two innings later, they struck again for three runs giving them the 4-3 lead.

The Spartans entered the final inning down by a run and just three outs away from elimination. Cam Curler started off the rally with a solid base hit up the middle and stole second on the next pitch. Curler slid under the tag at third after the Chargers attempted to throw him out after a bunt from Millet. CSC's Tyler Lord hustled out a double play ball, allowing Curler to score for the tie.

Next, Ryan Zielinski sent a line drive into right field that was misplayed by Cameron Knight, which gave the speedy Spartan the chance to score all the way from first for the victory.

"Once I saw it was a slow grounder I know I'd beat it out. When I was on first with two outs I knew I had to do anything to score. Ryan Timed it perfectly with a single at the same time I was stealing so I just put my head down



KATIE SAULT/CASTLETON SPARTAN

Conner Johnson throws a pitch during the Spartans victory against Thomas.

and kept going," said Lord.

In the second game, Conner Johnson got the call as the Spartans advanced to their second come from behind victory of the day. Thomas was not going down without a fight and scored five runs in the first five innings for a 5-0 lead.

The Spartan offense exploded out of the gate scoring three of their own. Lead by Matt Pause reaching on an error, Lord drilled a double down the line which led to Zielinski who scored two. Borowski followed with a double of his own bringing the deficit to one. Macyn Clifford brought in Lord to tie it up. Curler lead off the sixth with a walk and Pause ripped a double a couple batters later. Lord stepped to the plate and hit a groundball to the infield allowing Curler to score. No more than 3 pitches later Pause motored home on a wild pitch to tie it at 5.

The offense got quiet for the next 2 innings until Lord led off with a single in the ninth. Zielinski came up next and laid down a beautiful bunt in no-mans-land in between the mound and first. Hoadland sent a fly ball to left field, which gave Lord the chance to tag up from third for the win.

The Spartans then played Husson on May 6 and fell to the Eagles, which started off with Lord scoring in the third inning. The Eagles then scored their first run in the fourth inning.

The fifth inning was a bit more exciting as the Spartans scored when McNamee hit into center field and Zielinski was able to get home. Husson came out strong scoring three runs and never gave up the lead for the rest of the game.

Castleton ends its season at 28-13 overall, and 22-3 in the NAC.

Right to Play: blistering feet for good cause

By JenniLee Mark
Castleton Spartan

Imagine running around barefoot and trying to play soccer, a game that revolves around kicking a ball. Imagine the pain on the bottom of your feet from the harsh ground you play on or the sting on your skin that would come from kicking the ball.

For kids in underprivileged countries, this is a reality. This is how they play soccer - with no shoes.

Castleton State College's Right To Play club created an opportunity for some students to experience this. On Sunday, April 28, the club held a barefoot soccer game in Spartan Stadium to raise money and awareness for the foundation that helps support children in third world countries have an opportunity for a better life and a chance to play sports.

"We did it to get a feel for how they stay active," said senior Dan Bell, who helped organize this year's event. "We did it to get the perspective of the kids we raised money for-underprivileged kids who can't afford to buy shoes."

He said it was "rougher on the feet than he thought" and he's still nursing some blisters on his toes, but overall it was worth it.

All 25 participants were required to raise at least \$100 and in total, the club ended up raising just over \$3,000 for the foundation.

The participants were split into two teams, white and black, to



JENNILEE MARK/CASTLETON SPARTAN
The Right to Play club poses for a picture after their barefoot soccer game at Spartan Stadium.

represent two of the Right To Play foundation's colors. The other two colors, red and yellow were used in last year's dodge ball marathon event.

This year, the event was opened up to the entire campus, not just limited to athletes. With a final score of 9-6, the white team prevailed to win over the black team. However, both teams had leading scorers with four goals each from Dan Bell on the black team and Lance Garrett on the white team.

"I thought the event went very well," said senior Corrie Keener, another member of Right To Play. "I hope the club stays alive and

continues to raise money for the foundation once we all leave."

This year's even coordinators, Keener, Bell and Brett Zeggil think the club will keep going. They would like to see a different event each year to change it up and keep things interesting.

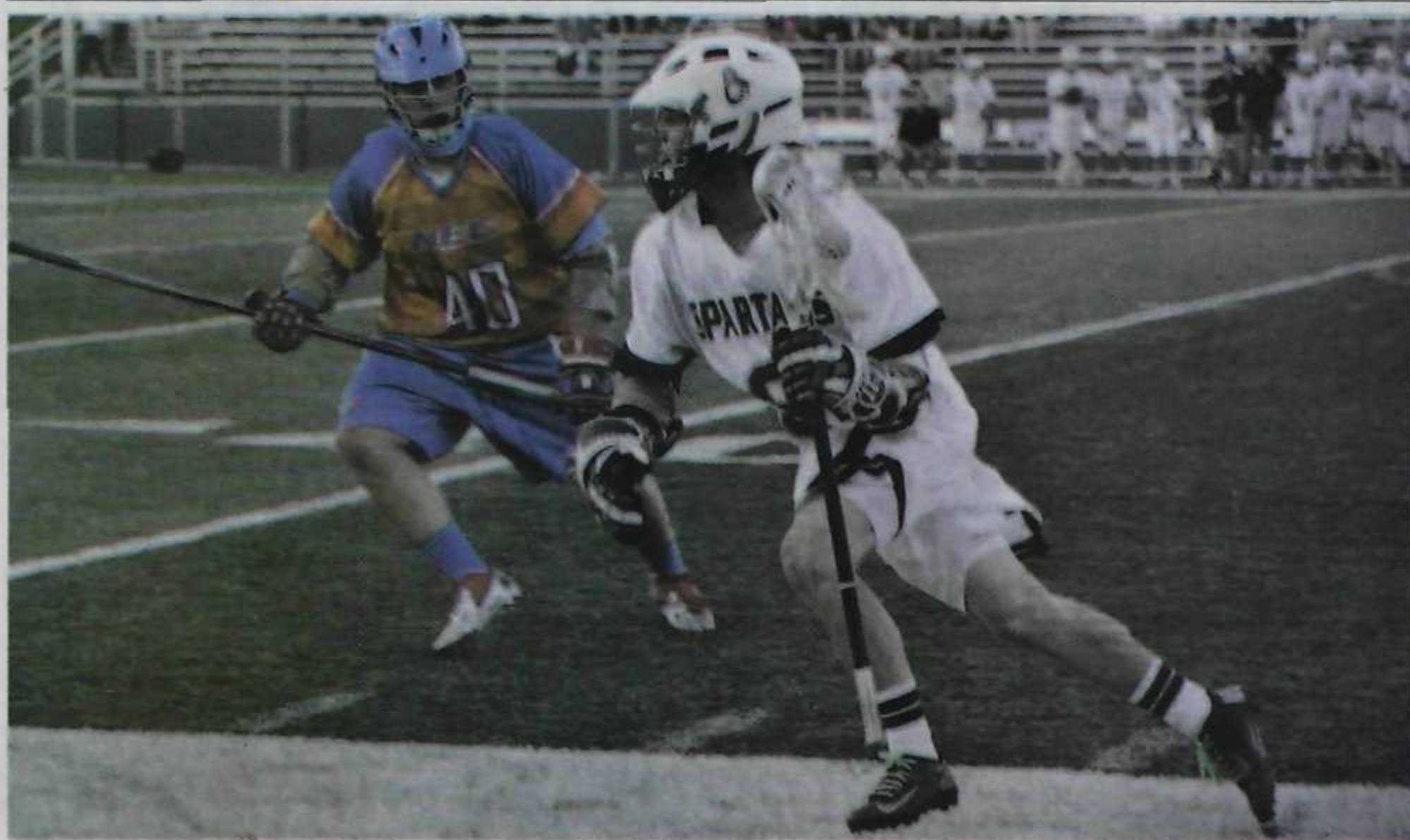
"I want to do this next year," said sophomore Kelsey McDonald, a participant in this year's soccer game. "It's important for us to keep it going, even after Brett, Corrie and Dan graduate."

Last year's event was the first for the Right To Play club on campus and a huge success. Headed by former ice hockey player Lind-

sey Gullett, the club raised over \$7,300 for the foundation. They also broke the world record for the longest dodge ball game, though that record was just broken again this past March.

As upsetting as it is to hear for all those athletes who participated and helped coordinate last year's event, they still see the big picture. They know they raise funds and awareness for a foundation that helps underprivileged kids all around the world.

"We did it for the kids, we didn't do it just for the record," Bell said. "Though we do still have the record in my eyes."



Alex Green carries the ball up the field in the NAC final game against NEC.

Men's lax dominates NAC

By JenniLee Mark
Castleton Spartan

The Castleton men's lacrosse team proved they deserved the top seed in the North Atlantic Conference when they beat New England College 17-5 in the championship game on Saturday night.

The team was glad they hosted and gained home field advantage, which paid off seeing as how there was quite a large and engaged crowd.

"It was electric out there under the lights," said head coach Bo McDougall. "A lot of the momentum we were able to generate during the 8-goal run we went on in the second half, was fueled by the energy our fans were putting out. It was just awesome!"

Spartan senior Ryan Cave earned the tournament's MVP honors after a stellar defensive performance. He held the nation's third leading scorer, Brian Gillis to only one goal, while the entire Castleton defense held the conference's highest scoring offense to just five goals.

"We played solid team D against their guys for four quarters," Cave said. "Having Petey in the goal making big saves boosted my confidence guarding Gillis big time."

The Castleton offense also had a big night as sophomore Zach Davidson earned his hundredth career goal on his third goal of the game. He also dished out four assists as senior Sam Bailey recorded four

goals and two assists.

The first quarter went back and forth between the visiting Pilgrims and the Spartans. NEC's Adam Shute scored his first goal five minutes into the game. Four minutes later, Castleton found its way to the board as Davidson assisted Bailey's first of four goals. NEC tacked on another goal with 1:38 to play in the first, but Davidson tied it up with only 41 seconds remaining.

Junior Alex Green found senior Spencer Hunt in the second quarter to put the Spartans up 3-2. The Spartans had a man advantage and capitalized on it as senior Nohea King scored to make it 4-2. Gillis scored his only goal of the night to bring his team within one, but the Spartans answered again as senior Phil Patterson found the net with only 15 seconds remaining in the half.

"We talked about our overall team depth, and that we needed to come out in the third quarter and impose our will on them," McDougall said. "They only played 15 different guys in the first half, compared to our 20 or so. We knew that if we picked up the pace of play and really pushed transition we could make them tired and get the separation we needed to end the game."

In the second half, Castleton did just that. The team really found its rhythm as they scored twelve goals to NEC's two.

Green started off the second half scoring, followed by another

Davidson goal and back-to-back goals from Bailey. Senior Kenny Bourneuf also scored for the Spartans and Bailey notched his final goal of the game. With 23 seconds remaining in the third quarter, Shute scored his second goal to make the score 12-4.

In the fourth quarter, Bourneuf scored again, but NEC answered to make it a 13-5 game. However, the Spartans had the final say and scored four more goals to end the game 17-5.

The Spartans didn't just dominate in scoring; they also picked up 42 ground balls as NEC only grabbed 25. Sophomore Ben Roberts won 15 of the 26 face offs to help his team win possession and

freshman goalie Peter Latulippe made seven saves. He and Davidson joined Cave on the All-Tournament team.

"The win really helped bring everything we've worked for this year together," McDougall said. "From the senior lead 6 AM workouts all fall, to the early morning shape gym practices in February, to the hard work the guys have put in all spring on the turf; winning the NAC championship, and doing so in such convincing fashion, showed the guys that it all paid off."

The Spartans improve to 15-3 on the season and will advance to the division III NCAA tournament.



KATIE SAULT/CASTLETON SPARTAN
Kenny Bourneuf protects the ball.



Sports Talk with Evan Michaud

Not only does May mean exams and graduation, but it also means it's playoff time in the NAC. The baseball team got off to a tough start in the tournament with a loss to Thomas but rebounded nicely with back to back wins on Sunday against Colby Sawyer and a come from behind elimination game once against Thomas.

Softball had a tough time handling Husson and was eliminated after going 2-2 in the tournament. The ladies lacrosse team is going to the NCAA Tournament after winning their second straight NAC Championship. The men will join them after winning their third title in four years by stomping over New England College 17-5 at Spartan Stadium.

In professional sports, the first round of the NBA playoffs came to an end last Friday when the depleted Chicago Bulls went on the road and knocked off the Brooklyn Nets in game seven. The heat made quick work of Milwaukee, as did the Spurs, who swept the Lakers in an embarrassing series for one of the most successful franchises in history.

The Knicks lost game one to Indians in the Eastern Conference semifinals on Sunday, as the Heat hosted the Bulls on Monday night. The Thunder staved off a tough Memphis Grizzlies side in game one of their semifinal in the West. The Spurs played the upstart Golden State Warriors and their shining star, Steph Curry.

NHL Playoffs have also begun. Most series have been incredibly competitive; perhaps due to the fact the regular season was cut short due to a players strike at the beginning of the year. The Penguins and Blackhawks have the two top seeds and have leads in their first round series. There have not been any major upsets so far, but in the battle for Lord Stanley's Cup, anything can happen.

The Kentucky Derby was Saturday on a muddy track at Churchill Downs. Orb came from behind to take the "Run for the Roses" as he now looks forward to The Preakness Stakes and to become the first Triple Crown winner since Affirmed in 1978.

Baseball has been starting to heat up after about a month of competition. Early surprises in the American League East have been abundant as the new-look Boston Red Sox lead the division, ahead of the injury-depleted/veteran-savvy Yankees. The Blue Jays, who spent so much in the off-season have been disappointing and are in last place. In the National League, the Colorado Rockies have been the biggest surprise, hovering near the top of the NL West. Of course, with so much of the season left to play, let's just sit back and enjoy.